

Zimowe Mistrzostwa DOZP w kat. 11-13 lat w pływaniu
Nowa Ruda-Stupiec, 14-15.11.2024

Konkurencja 11 Dziewcz t, 400m dowolny 11 - 13 lat
2024-11-14 - 19:19 Wyniki

Rekord DOZP 13 lat	4:33.36	TRACZYK Justyna	00201	Gorzow Wlkp	2017-06-17
Rekord DOZP 12 lat	4:42.53	ZIEBA Katarzyna	00401	Ostrowiec Sw.	2009-06-27
Rekord DOZP 11 lat i mł	4:59.87	KO LAK Hanna	05501	Wroclaw	2021-11-19

Punkty: AQUA 2024

Pozycja	Rok ur.	Czas	Pkt.
11 lat			
1. CZAPNIK Bianka	13	5:30.27	343
50m: 36.02 36.02	150m: 2:00.08 42.88	250m: 3:24.54 41.53	350m: 4:45.19 39.59
100m: 1:17.20 41.18	200m: 2:43.01 42.93	300m: 4:05.60 41.06	400m: 5:30.27 45.08
2. GALUS Konstancja	13	5:36.60	324
50m: 38.73 38.73	150m: 2:04.38 43.12	250m: 3:30.77 42.91	350m: 4:54.41 40.34
100m: 1:21.26 42.53	200m: 2:47.86 43.48	300m: 4:14.07 43.30	400m: 5:36.60 42.19
3. DEJKO Nadia	13	5:59.70	265
50m: 39.69 39.69	150m: 2:12.00 46.57	250m: 3:45.00 45.77	350m: 5:17.35 46.05
100m: 1:25.43 45.74	200m: 2:59.23 47.23	300m: 4:31.30 46.30	400m: 5:59.70 42.35
4. SKULIMOWSKA Zuzanna	13	6:08.52	247
50m: 40.69 40.69	150m: 2:14.01 46.44	250m: 3:49.31 48.08	350m: 5:27.10 48.41
100m: 1:27.57 46.88	200m: 3:01.23 47.22	300m: 4:38.69 49.38	400m: 6:08.52 41.42
5. CYCAK Pola	13	6:15.66	233
50m: 40.16 40.16	150m: 2:15.23 48.80	250m: 3:50.87 48.05	350m: 5:29.18 48.75
100m: 1:26.43 46.27	200m: 3:02.82 47.59	300m: 4:40.43 49.56	400m: 6:15.66 46.48
6. KOWALSKA Stella	13	6:17.67	229
50m: 44.93 44.93	150m: 2:22.44 49.39	250m: 3:58.12 48.47	350m: 5:31.79 46.97
100m: 1:33.05 48.12	200m: 3:09.65 47.21	300m: 4:44.82 46.70	400m: 6:17.67 45.88
7. FISCHER Julia	13	6:20.30	224
50m: 41.46 41.46	150m: 2:21.80 49.85	250m: 4:01.95 48.79	350m: 5:39.38 46.27
100m: 1:31.95 50.49	200m: 3:13.16 51.36	300m: 4:53.11 51.16	400m: 6:20.30 40.92
8. GÓRKA Zofia	13	6:26.30	214
50m: 42.98 42.98	150m: 2:22.00 49.80	250m: 4:03.94 50.87	350m: 5:42.82 49.16
100m: 1:32.20 49.22	200m: 3:13.07 51.07	300m: 4:53.66 49.72	400m: 6:26.30 43.48
9. KOWALSKA Antonina	13	6:31.93	205
50m: 43.63 43.63	150m: 2:23.01 50.29	250m: 4:05.00 50.60	350m: 5:47.28 50.77
100m: 1:32.72 49.09	200m: 3:14.40 51.39	300m: 4:56.51 51.51	400m: 6:31.93 44.65
10. BIELI SKA Wiktoria	13	6:35.81	199
50m: 46.21 46.21	150m: 2:28.72 51.01	250m: 4:11.16 51.24	350m: 5:48.81 45.39
100m: 1:37.71 51.50	200m: 3:19.92 51.20	300m: 5:03.42 52.26	400m: 6:35.81 47.00
11. POSTRO NA Michalina	13	6:38.52	195
50m: 47.38 47.38	150m: 2:30.40 51.11	250m: 4:12.22 50.67	350m: 5:55.06 51.52
100m: 1:39.29 51.91	200m: 3:21.55 51.15	300m: 5:03.54 51.32	400m: 6:38.52 43.46
12. STANKIEWICZ Iga	13	6:39.72	193
50m: 42.62 42.62	150m: 2:23.28 51.38	250m: 4:09.44 53.69	350m: 5:49.57 47.76
100m: 1:31.90 49.28	200m: 3:15.75 52.47	300m: 5:01.81 52.37	400m: 6:39.72 50.15
13. SKOWRON Liliana	13	6:45.36	185
50m: 45.78 45.78	150m: 2:29.45 51.88	250m: 4:13.83 51.93	350m: 5:57.33 51.79
100m: 1:37.57 51.79	200m: 3:21.90 52.45	300m: 5:05.54 51.71	400m: 6:45.36 48.03
14. LEWANDOWSKA Pola	13	6:47.07	183
50m: 47.07 47.07	150m: 2:31.93 52.59	250m: 4:15.52 52.15	350m: 5:59.34 51.84
100m: 1:39.34 52.27	200m: 3:23.37 51.44	300m: 5:07.50 51.98	400m: 6:47.07 47.73
15. LAUKO Maja	13	6:48.02	182
50m: 45.36 45.36	150m: 2:26.91 51.77	250m: 4:13.28 52.76	350m: 5:59.61 52.41
100m: 1:35.14 49.78	200m: 3:20.52 53.61	300m: 5:07.20 53.92	400m: 6:48.02 48.41
16. STECZOWICZ Malwina	13	6:56.80	170
50m: 41.38 41.38	150m:	250m: 4:16.05 56.45	350m: 6:04.70 53.54
100m: 1:30.41 49.03	200m: 3:19.60	300m: 5:11.16 55.11	400m: 6:56.80 52.10

Zimowe Mistrzostwa DOZP w kat. 11-13 lat w pływaniu
Nowa Ruda-Stupiec, 14-15.11.2024

Konkurencja 11, Dziewcz t, 400m dowolny, 11 lat

Pozycja			Rok ur.							Czas	Pkt.
17.	WYSTRYCHOWSKA Adela		13	WKS	L	SK Wrocław				6:59.58	167
	50m:	46.54 46.54	150m:	2:36.09	54.92	250m:	4:26.75	55.00	350m:	6:13.81	53.27
	100m:	1:41.17 54.63	200m:	3:31.75	55.66	300m:	5:20.54	53.79	400m:	6:59.58	45.77
18.	KUŁAKOWSKA Maja		13	KS	NEPTUN	widnica				7:02.57	163
	50m:	47.28 47.28	150m:	2:35.93	55.75	250m:	4:23.98	53.17	350m:	6:12.31	52.85
	100m:	1:40.18 52.90	200m:	3:30.81	54.88	300m:	5:19.46	55.48	400m:	7:02.57	50.26
19.	HOJKA Maja		13	UKS	KORAL	Wrocław				7:02.73	163
	50m:	47.08 47.08	150m:	2:34.43	54.11	250m:	4:25.35	55.83	350m:	6:15.65	55.55
	100m:	1:40.32 53.24	200m:	3:29.52	55.09	300m:	5:20.10	54.75	400m:	7:02.73	47.08
20.	WOZI SKA Hanna		13	WKS	L	SK Wrocław				7:03.88	162
	50m:	45.70 45.70	150m:	2:35.78	55.76	250m:	4:24.55	55.11	350m:	6:13.63	54.52
	100m:	1:40.02 54.32	200m:	3:29.44	53.66	300m:	5:19.11	54.56	400m:	7:03.88	50.25
21.	MASŁOWSKA Natalia		13	WKS	L	SK Wrocław				7:04.35	161
	50m:	48.09 48.09	150m:	2:36.47	54.34	250m:	4:26.84	55.43	350m:	6:14.08	53.36
	100m:	1:42.13 54.04	200m:	3:31.41	54.94	300m:	5:20.72	53.88	400m:	7:04.35	50.27
22.	TORBINA Anastasiia		13	WKS	L	SK Wrocław				7:21.04	144
	50m:	46.00 46.00	150m:	2:34.64	55.41	250m:	4:28.44	56.60	350m:	6:23.57	57.19
	100m:	1:39.23 53.23	200m:	3:31.84	57.20	300m:	5:26.38	57.94	400m:	7:21.04	57.47
23.	UKOWSKA Julia		13	UKS	KORAL	Wrocław				7:33.97	132
	50m:	50.58 50.58	150m:	2:46.11	58.98	250m:	4:44.57	59.47	350m:	6:40.07	57.94
	100m:	1:47.13 56.55	200m:	3:45.10	58.99	300m:	5:42.13	57.56	400m:	7:33.97	53.90
24.	P CHERSKA Oliwia		13	KS	NEPTUN	widnica				7:36.29	130
	50m:	43.56 43.56	150m:	2:36.04	57.53	250m:	4:36.58	1:00.95	350m:	6:36.90	1:00.15
	100m:	1:38.51 54.95	200m:	3:35.63	59.59	300m:	5:36.75	1:00.17	400m:	7:36.29	59.39
25.	KUZMENKO Mariia		13	WKS	L	SK Wrocław				7:37.82	128
	50m:	47.77 47.77	150m:	2:38.36	57.58	250m:	4:42.96	1:07.67	350m:	6:39.56	1:00.07
	100m:	1:40.78 53.01	200m:	3:35.29	56.93	300m:	5:39.49	56.53	400m:	7:37.82	58.26
26.	ROZHKOVSKA Arina		13	UKS	KORAL	Wrocław				7:48.76	120
	50m:	49.11 49.11	150m:	2:46.83	58.89	250m:	4:48.45	1:01.47	350m:	6:50.42	1:00.25
	100m:	1:47.94 58.83	200m:	3:46.98	1:00.15	300m:	5:50.17	1:01.72	400m:	7:48.76	58.34
27.	LEWI SKA Inka		13	WKS	L	SK Wrocław				7:51.36	118
	50m:	53.26 53.26	150m:	2:55.92	1:04.21	250m:	4:53.72	1:00.04	350m:	6:52.89	59.07
	100m:	1:51.71 58.45	200m:	3:53.68	57.76	300m:	5:53.82	1:00.10	400m:	7:51.36	58.47
28.	DREWNIAK Nel		13	UKS	KORAL	Wrocław				7:59.12	112
	50m:	50.65 50.65	150m:	2:52.18	1:01.81	250m:	4:54.90	1:00.11	350m:	6:58.79	1:01.28
	100m:	1:50.37 59.72	200m:	3:54.79	1:02.61	300m:	5:57.51	1:02.61	400m:	7:59.12	1:00.33

12 lat

1.	WERESZCZY SKA Lila		12	WKS	L	SK Wrocław				5:07.94	423
	50m:	34.04 34.04	150m:	1:52.16	39.61	250m:	3:10.82	39.59	350m:	4:30.50	39.77
	100m:	1:12.55 38.51	200m:	2:31.23	39.07	300m:	3:50.73	39.91	400m:	5:07.94	37.44
2.	GOŁ BIEWSKA Helena		12	WKS	L	SK Wrocław				5:20.71	375
	50m:	34.41 34.41	150m:	1:54.57	40.93	250m:	3:19.39	43.04	350m:	4:41.94	40.42
	100m:	1:13.64 39.23	200m:	2:36.35	41.78	300m:	4:01.52	42.13	400m:	5:20.71	38.77
3.	MOCZULSKA Marcelina		12	KS	BALTI	Bielawa				5:29.39	346
	50m:	35.91 35.91	150m:	1:59.12	42.23	250m:	3:25.13	42.91	350m:	4:50.24	41.73
	100m:	1:16.89 40.98	200m:	2:42.22	43.10	300m:	4:08.51	43.38	400m:	5:29.39	39.15
4.	TRACZYK Maja		12	MKS	JUVENIA	Wrocław				5:31.52	339
	50m:	39.08 39.08	150m:	2:03.25	42.50	250m:	3:27.52	42.35	350m:	4:53.27	42.25
	100m:	1:20.75 41.67	200m:	2:45.17	41.92	300m:	4:11.02	43.50	400m:	5:31.52	38.25
5.	GÓRSKA Emilia		12	UKS	KORAL	Wrocław				5:32.72	335
	50m:	36.09 36.09	150m:	1:58.45	41.76	250m:	3:24.88	43.29	350m:	4:52.31	43.36
	100m:	1:16.69 40.60	200m:	2:41.59	43.14	300m:	4:08.95	44.07	400m:	5:32.72	40.41

Zimowe Mistrzostwa DOZP w kat. 11-13 lat w pływaniu
Nowa Ruda-Stupiec, 14-15.11.2024

Konkurencja 11, Dziewcz t, 400m dowolny, 12 lat

Pozycja					Rok ur.					Czas	Pkt.	
6.	MYCEK Zuzanna				12	UKS KORAL Wrocław				5:38.81	318	
	50m:	36.17	36.17	150m:	2:01.75	43.36	250m:	3:28.88	43.78	350m:	4:57.54	44.43
	100m:	1:18.39	42.22	200m:	2:45.10	43.35	300m:	4:13.11	44.23	400m:	5:38.81	41.27
7.	BIEŁOUS Lena				12	KS REKIN wiebodzice				5:45.67	299	
	50m:	37.54	37.54	150m:	2:04.55	44.54	250m:	3:33.81	45.14	350m:	5:03.91	45.31
	100m:	1:20.01	42.47	200m:	2:48.67	44.12	300m:	4:18.60	44.79	400m:	5:45.67	41.76
8.	ROMANOWICZ Ewa				12	WKS L SK Wrocław				5:46.64	297	
	50m:	37.58	37.58	150m:	2:04.71	44.33	250m:	3:35.54	45.62	350m:	5:05.41	44.63
	100m:	1:20.38	42.80	200m:	2:49.92	45.21	300m:	4:20.78	45.24	400m:	5:46.64	41.23
9.	KRUPSKA Hanna				12	Just Swim Beavers				5:46.86	296	
	50m:	37.40	37.40	150m:	2:06.71	45.18	250m:	3:36.37	45.27	350m:	5:05.92	44.08
	100m:	1:21.53	44.13	200m:	2:51.10	44.39	300m:	4:21.84	45.47	400m:	5:46.86	40.94
10.	ZMARZŁA Lena				12	UKS KORAL Wrocław				5:48.77	291	
	50m:	38.31	38.31	150m:	2:06.17	44.86	250m:	3:36.80	45.87	350m:	5:06.89	45.03
	100m:	1:21.31	43.00	200m:	2:50.93	44.76	300m:	4:21.86	45.06	400m:	5:48.77	41.88
11.	BODZIONY Anna				12	WKS L SK Wrocław				5:50.08	288	
	50m:	38.23	38.23	150m:	2:06.97	45.10	250m:	3:37.74	45.92	350m:	5:08.43	45.36
	100m:	1:21.87	43.64	200m:	2:51.82	44.85	300m:	4:23.07	45.33	400m:	5:50.08	41.65
12.	FIKOWSKA Liliana				12	UKS ENERGETYK Zgorzelec				6:00.29	264	
	50m:	37.30	37.30	150m:	2:07.64	45.86	250m:	3:40.08	47.18	350m:	5:13.31	46.13
	100m:	1:21.78	44.48	200m:	2:52.90	45.26	300m:	4:27.18	47.10	400m:	6:00.29	46.98
13.	PIWKOWSKA Iga				12	WKS L SK Wrocław				6:04.96	254	
	50m:	39.55	39.55	150m:	2:14.02	47.96	250m:	3:47.60	46.37	350m:	5:22.88	46.81
	100m:	1:26.06	46.51	200m:	3:01.23	47.21	300m:	4:36.07	48.47	400m:	6:04.96	42.08
14.	G SIOREK Milena				12	UKS KORAL Wrocław				6:11.74	240	
	50m:	40.09	40.09	150m:	2:15.10	47.94	250m:	3:50.97	47.27	350m:	5:23.26	44.92
	100m:	1:27.16	47.07	200m:	3:03.70	48.60	300m:	4:38.34	47.37	400m:	6:11.74	48.48
15.	D BEK Kornelia				12	UKS KORAL Wrocław				6:15.30	234	
	50m:	38.68	38.68	150m:	2:13.78	48.69	250m:	3:51.18	48.92	350m:	5:30.64	49.67
	100m:	1:25.09	46.41	200m:	3:02.26	48.48	300m:	4:40.97	49.79	400m:	6:15.30	44.66
16.	ZAGÓRSKA Julia				12	UKS KORAL Wrocław				6:20.74	224	
	50m:	42.56	42.56	150m:	2:18.62	48.50	250m:	3:57.59	49.49	350m:	5:35.42	47.87
	100m:	1:30.12	47.56	200m:	3:08.10	49.48	300m:	4:47.55	49.96	400m:	6:20.74	45.32
17.	NARKIEWICZ Martyna				12	Stowarzyszenie HYDRA				6:25.79	215	
	50m:	38.18	38.18	150m:	2:12.89	49.16	250m:	3:55.67	52.00	350m:	5:38.56	50.17
	100m:	1:23.73	45.55	200m:	3:03.67	50.78	300m:	4:48.39	52.72	400m:	6:25.79	47.23
18.	RODZIEWICZ Emilia				12	MKS Karkonosze-Jelenia Góra				6:29.86	208	
	50m:	40.52	40.52	150m:	2:19.34	51.71	250m:	4:05.21	53.13	350m:	5:43.94	46.96
	100m:	1:27.63	47.11	200m:	3:12.08	52.74	300m:	4:56.98	51.77	400m:	6:29.86	45.92
19.	SZCZEPA SKA Laura				12	Aquapark Strzelin				6:35.67	199	
	50m:	45.70	45.70	150m:	2:26.78	51.01	250m:	4:09.99	51.99	350m:	5:50.60	49.11
	100m:	1:35.77	50.07	200m:	3:18.00	51.22	300m:	5:01.49	51.50	400m:	6:35.67	45.07
13 lat												
1.	BURANDT Hanna				11	KS Swimmers I za				4:40.73	559	
	50m:	31.48	31.48	150m:	1:41.81	35.71	250m:	2:54.24	36.00	350m:	4:06.59	36.07
	100m:	1:06.10	34.62	200m:	2:18.24	36.43	300m:	3:30.52	36.28	400m:	4:40.73	34.14
2.	RÓ NICKA Aleksandra				11	KS HARPUN Osiecznica				4:53.09	491	
	50m:	31.66	31.66	150m:	1:44.00	37.18	250m:	3:00.58	38.80	350m:	4:17.77	38.10
	100m:	1:06.82	35.16	200m:	2:21.78	37.78	300m:	3:39.67	39.09	400m:	4:53.09	35.32
3.	KRAUS Otylia				11	KS NEPTUN widnica				4:59.45	460	
	50m:	34.54	34.54	150m:	1:48.83	37.65	250m:	3:04.61	38.04	350m:	4:21.48	38.55
	100m:	1:11.18	36.64	200m:	2:26.57	37.74	300m:	3:42.93	38.32	400m:	4:59.45	37.97

Zimowe Mistrzostwa DOZP w kat. 11-13 lat w pływaniu
Nowa Ruda-Stupiec, 14-15.11.2024

Konkurencja 11, Dziewcz t, 400m dowolny, 13 lat

Pozycja					Rok ur.					Czas	Pkt.	
4.	STRAP Blanka				11	MKS JUVENIA Wrocław				5:10.69	412	
	50m:	33.45	33.45	150m:	1:52.15	40.09	250m:	3:13.83	40.72	350m:	4:33.52	39.73
	100m:	1:12.06	38.61	200m:	2:33.11	40.96	300m:	3:53.79	39.96	400m:	5:10.69	37.17
5.	TYMI SKA Adrianna				11	WKS L SK Wrocław				5:11.25	410	
	50m:	35.21	35.21	150m:	1:54.68	40.25	250m:	3:15.56	40.27	350m:	4:36.19	39.97
	100m:	1:14.43	39.22	200m:	2:35.29	40.61	300m:	3:56.22	40.66	400m:	5:11.25	35.06
6.	DONIECKA Natalia				11	UKS Kro nicka Przysa				5:12.12	406	
	50m:	34.61	34.61	150m:	1:53.38	40.46	250m:	3:14.78	40.98	350m:	4:34.55	39.87
	100m:	1:12.92	38.31	200m:	2:33.80	40.42	300m:	3:54.68	39.90	400m:	5:12.12	37.57
7.	BŁOCH Lena				11	UKS KORAL Wrocław				5:13.70	400	
	50m:	33.79	33.79	150m:	1:51.86	39.93	250m:	3:13.26	40.83	350m:	4:35.02	40.78
	100m:	1:11.93	38.14	200m:	2:32.43	40.57	300m:	3:54.24	40.98	400m:	5:13.70	38.68
8.	KOZHUKHAR Mariia				11	MKS JUVENIA Wrocław				5:14.44	398	
	50m:	34.72	34.72	150m:	1:54.81	40.76	250m:	3:17.44	41.02	350m:	4:37.77	40.20
	100m:	1:14.05	39.33	200m:	2:36.42	41.61	300m:	3:57.57	40.13	400m:	5:14.44	36.67
9.	HANUSZKO Natalia				11	MKS JUVENIA Wrocław				5:23.68	364	
	50m:	35.07	35.07	150m:	1:55.21	40.87	250m:	3:17.62	40.68	350m:	4:43.41	43.09
	100m:	1:14.34	39.27	200m:	2:36.94	41.73	300m:	4:00.32	42.70	400m:	5:23.68	40.27
10.	CHUDY Gabriela				11	WKS L SK Wrocław				5:23.96	363	
	50m:	36.40	36.40	150m:	1:58.54	41.79	250m:	3:21.73	41.33	350m:	4:44.08	41.32
	100m:	1:16.75	40.35	200m:	2:40.40	41.86	300m:	4:02.76	41.03	400m:	5:23.96	39.88
11.	J DRO Zuzanna				11	MKS JUVENIA Wrocław				5:32.83	335	
	50m:	35.56	35.56	150m:	1:55.24	41.10	250m:	3:21.34	43.52	350m:	4:49.50	44.42
	100m:	1:14.14	38.58	200m:	2:37.82	42.58	300m:	4:05.08	43.74	400m:	5:32.83	43.33
12.	SUCHAR Aleksandra				11	WKS L SK Wrocław				5:33.06	334	
	50m:	39.04	39.04	150m:	2:05.05	43.15	250m:	3:30.54	42.55	350m:	4:53.90	41.21
	100m:	1:21.90	42.86	200m:	2:47.99	42.94	300m:	4:12.69	42.15	400m:	5:33.06	39.16
13.	TRUSZKOWSKA Ada				11	MKS JUVENIA Wrocław				5:33.73	332	
	50m:	36.47	36.47	150m:	2:01.26	42.78	250m:	3:27.14	43.10	350m:	4:53.33	42.93
	100m:	1:18.48	42.01	200m:	2:44.04	42.78	300m:	4:10.40	43.26	400m:	5:33.73	40.40
14.	DANIELAK Antonina				11	WKS L SK Wrocław				5:36.28	325	
	50m:	38.78	38.78	150m:	2:05.76	43.44	250m:	3:32.62	43.60	350m:	4:57.84	42.25
	100m:	1:22.32	43.54	200m:	2:49.02	43.26	300m:	4:15.59	42.97	400m:	5:36.28	38.44
15.	MA CZYK Emilia				11	KS Swimmers I za				5:49.71	289	
	50m:	37.92	37.92	150m:	2:04.24	43.55	250m:	3:34.53	45.45	350m:	5:06.23	45.76
	100m:	1:20.69	42.77	200m:	2:49.08	44.84	300m:	4:20.47	45.94	400m:	5:49.71	43.48
16.	KO CIELNIAK Wiktoria				11	KS REKIN wiebodzice				5:59.51	266	
	50m:	37.51	37.51	150m:	2:05.87	45.34	250m:	3:40.61	47.49	350m:	5:15.72	47.41
	100m:	1:20.53	43.02	200m:	2:53.12	47.25	300m:	4:28.31	47.70	400m:	5:59.51	43.79
17.	YŁA Natasza				11	KS NEPTUN widnica				6:01.24	262	
	50m:	40.68	40.68	150m:	2:16.30	49.53	250m:	3:57.04	50.49	350m:	5:36.04	50.05
	100m:	1:26.77	46.09	200m:	3:06.55	50.25	300m:	4:45.99	48.95	400m:	6:01.24	25.20
18.	POLACZEK Natalia				11	KS NEPTUN widnica				6:07.20	249	
	50m:	40.89	40.89	150m:	2:11.01	45.86	250m:	3:44.04	46.51	350m:	5:21.00	48.30
	100m:	1:25.15	44.26	200m:	2:57.53	46.52	300m:	4:32.70	48.66	400m:	6:07.20	46.20
19.	SOBA SKA Aleksandra				11	Aquapark Strzelin				6:13.63	237	
	50m:	41.72	41.72	150m:	2:18.74	50.06	250m:	3:56.23	48.93	350m:	5:30.82	47.25
	100m:	1:28.68	46.96	200m:	3:07.30	48.56	300m:	4:43.57	47.34	400m:	6:13.63	42.81
PK	DZIUBI SKA-GAŁKOWSKA Laura				12	WKS L SK Wrocław				5:12.99	403	
	50m:	34.54	34.54	150m:	1:51.92	39.04	250m:	3:12.32	40.48	350m:	4:34.39	41.22
	100m:	1:12.88	38.34	200m:	2:31.84	39.92	300m:	3:53.17	40.85	400m:	5:12.99	38.60