


 Zimowe Mistrzostwa DOZP w kat. 14 lat i starsi w pływaniu
 Nowa Ruda-Stupiec, 15-16.11.2024

Konkurencja 41

M czyzn, 400m dowolny

14 lat i starsi

2024-11-16 - 11:00

Wyniki

Rekord DOZP Open	3:40.57	KLICH Kacper	00601	Lublin	2015-12-17
Rekord DOZP 15 lat	3:54.17	KU WIK Maciej	00601	Poznan	2011-12-15
Rekord DOZP 14 lat	3:59.77	ZONIUK Maciej	00601	Saint Dizier (FRA)	2008-11-15

Punkty: AQUA 2024

Pozycja	Rok ur.	Czas	Pkt.
14 lat			
1. D BICKI Marcel	10	4:24.59	516
50m: 29.64 29.64	150m: 1:36.21 33.68	250m: 2:44.00 33.75	350m: 3:52.31 34.02
100m: 1:02.53 32.89	200m: 2:10.25 34.04	300m: 3:18.29 34.29	400m: 4:24.59 32.28
2. ŁUKAWSKI Emanuel	10	4:33.83	465
50m: 30.02 30.02	150m: 1:39.03 35.17	250m: 2:50.01 35.51	350m: 4:00.26 34.95
100m: 1:03.86 33.84	200m: 2:14.50 35.47	300m: 3:25.31 35.30	400m: 4:33.83 33.57
3. SKORUPA Sławek	10	4:39.48	438
50m: 30.98 30.98	150m: 1:41.15 35.50	250m: 2:51.64 35.10	350m: 4:04.08 36.70
100m: 1:05.65 34.67	200m: 2:16.54 35.39	300m: 3:27.38 35.74	400m: 4:39.48 35.40
4. PISARSKI Kornel	10	4:40.50	433
50m: 28.99 28.99	150m: 1:38.10 35.57	250m: 2:51.27 36.51	350m: 4:05.88 37.35
100m: 1:02.53 33.54	200m: 2:14.76 36.66	300m: 3:28.53 37.26	400m: 4:40.50 34.62
5. YSZKIEWICZ Arkadiusz	10	4:40.76	432
50m: 30.43 30.43	150m: 1:39.60 35.28	250m: 2:52.35 36.72	350m: 4:06.30 37.32
100m: 1:04.32 33.89	200m: 2:15.63 36.03	300m: 3:28.98 36.63	400m: 4:40.76 34.46
6. PAWLAK Oliwier	10	4:50.92	388
50m: 31.87 31.87	150m: 1:45.06 37.59	250m: 3:00.31 36.67	350m: 4:16.06 37.81
100m: 1:07.47 35.60	200m: 2:23.64 38.58	300m: 3:38.25 37.94	400m: 4:50.92 34.86
7. KRYNICKI Tymoteusz	10	5:00.51	352
50m: 33.71 33.71	150m: 1:49.88 38.64	250m: 3:06.71 38.53	350m: 4:24.48 38.69
100m: 1:11.24 37.53	200m: 2:28.18 38.30	300m: 3:45.79 39.08	400m: 5:00.51 36.03
8. SMOLI SKI Jan	10	5:04.50	338
50m: 34.05 34.05	150m: 1:50.80 39.64	250m: 3:09.25 39.42	350m: 4:28.07 38.83
100m: 1:11.16 37.11	200m: 2:29.83 39.03	300m: 3:49.24 39.99	400m: 5:04.50 36.43
9. CYGAL Mikołaj	10	5:43.26	236
50m: 35.96 35.96	150m: 2:01.42 44.19	250m: 3:31.40 44.49	350m: 5:00.40 44.61
100m: 1:17.23 41.27	200m: 2:46.91 45.49	300m: 4:15.79 44.39	400m: 5:43.26 42.86
15 lat			
1. NAWOJCZYK Michał	09	4:08.52	622
50m: 27.55 27.55	150m: 1:30.07 31.93	250m: 2:33.55 31.59	350m: 3:38.43 32.64
100m: 58.14 30.59	200m: 2:01.96 31.89	300m: 3:05.79 32.24	400m: 4:08.52 30.09
2. DZIEDZIC Michał	09	4:11.81	598
50m: 28.79 28.79	150m: 1:31.98 31.99	250m: 2:36.03 32.11	350m: 3:40.53 32.02
100m: 59.99 31.20	200m: 2:03.92 31.94	300m: 3:08.51 32.48	400m: 4:11.81 31.28
3. CICHO Patryk	09	4:20.59	540
50m: 29.73 29.73	150m: 1:35.57 32.98	250m: 2:41.78 32.82	350m: 3:48.73 33.47
100m: 1:02.59 32.86	200m: 2:08.96 33.39	300m: 3:15.26 33.48	400m: 4:20.59 31.86
4. GOŁ BIEWSKI Wiktor	09	4:41.57	428
50m: 30.62 30.62	150m: 1:40.94 36.33	250m: 2:54.72 36.79	350m: 4:07.32 35.82
100m: 1:04.61 33.99	200m: 2:17.93 36.99	300m: 3:31.50 36.78	400m: 4:41.57 34.25
16 lat i starsi			
1. BORKOWSKI Marcel	07	4:08.77	621
50m: 29.20 29.20	150m: 1:32.22 31.57	250m: 2:35.46 31.51	350m: 3:39.29 31.88
100m: 1:00.65 31.45	200m: 2:03.95 31.73	300m: 3:07.41 31.95	400m: 4:08.77 29.48

Zimowe Mistrzostwa DOZP w kat. 14 lat i starsi w pływaniu
Nowa Ruda-Stupiec, 15-16.11.2024

Konkurencja 41, M czyzn, 400m dowolny, 16 lat i starsi

Pozycja	Rok ur.								Czas	Pkt.	
2. PAKUŁA Patryk	08 UKS SHARK Rudna								4:08.85	620	
50m:	28.68	28.68	150m:	1:31.34	31.59	250m:	2:35.21	31.85	350m:	3:38.80	31.71
100m:	59.75	31.07	200m:	2:03.36	32.02	300m:	3:07.09	31.88	400m:	4:08.85	30.05
3. TWARÓG Mateusz	08 UKS Kro nicka Przysta								4:20.40	541	
50m:	29.28	29.28	150m:	1:33.85	32.49	250m:	2:40.40	33.41	350m:	3:47.47	33.89
100m:	1:01.36	32.08	200m:	2:06.99	33.14	300m:	3:13.58	33.18	400m:	4:20.40	32.93
4. GONERA Miłosz	08 UKS SHARK Rudna								4:21.52	534	
50m:	30.13	30.13	150m:	1:36.22	33.09	250m:	2:43.23	33.19	350m:	3:49.38	32.72
100m:	1:03.13	33.00	200m:	2:10.04	33.82	300m:	3:16.66	33.43	400m:	4:21.52	32.14