

Konkurencja 5 M czyzn, 400m zmienny 14 lat i starsi
2024-11-15 - 13:54 Wyniki

Rekord DOZP Open	4:07.78	SZWEDZKI Dawid	00601	Olsztyn	2020-12-16
Rekord DOZP 15 lat	4:25.87	CHMIELEWSKI Jakub	00601	Poznan	2014-11-22
Rekord DOZP 14 lat	4:35.37	DZIEDZIC Michał	02101	Poznan	2023-12-08

Punkty: AQUA 2024

Pozycja			Rok ur.				Czas				Pkt.	
14 lat												
1.	PAWLAK Oliwier		10	WKS L SK Wrocław						5:16.36	408	
	50m:	33.52	33.52	150m:	1:53.88	41.60	250m:	3:17.99	43.62	350m:	4:40.59	36.54
	100m:	1:12.28	38.76	200m:	2:34.37	40.49	300m:	4:04.05	46.06	400m:	5:16.36	35.77
2.	I YCKI Mateusz		10	MKS JUVENIA Wrocław						5:28.41	365	
	50m:	34.92	34.92	150m:	1:58.74	42.13	250m:	3:26.27	45.30	350m:	4:51.56	39.07
	100m:	1:16.61	41.69	200m:	2:40.97	42.23	300m:	4:12.49	46.22	400m:	5:28.41	36.85
3.	LEWCZUK Jakub		10	KS Swimmers I za						5:29.05	363	
	50m:	34.57	34.57	150m:	1:55.15	39.00	250m:	3:24.92	49.50	350m:	4:52.44	39.54
	100m:	1:16.15	41.58	200m:	2:35.42	40.27	300m:	4:12.90	47.98	400m:	5:29.05	36.61
4.	SZYMA SKI Bartłomiej		10	MKS JUVENIA Wrocław						5:57.38	283	
	50m:	34.34	34.34	150m:	2:02.58	46.89	250m:	3:41.11	51.60	350m:	5:18.05	42.44
	100m:	1:15.69	41.35	200m:	2:49.51	46.93	300m:	4:35.61	54.50	400m:	5:57.38	39.33

15 lat

1.	DZIEDZIC Michał		09	UKS ORKA Luba						4:41.02	583	
	50m:	28.96	28.96	150m:	1:37.41	36.20	250m:	2:54.20	41.28	350m:	4:09.00	32.40
	100m:	1:01.21	32.25	200m:	2:12.92	35.51	300m:	3:36.60	42.40	400m:	4:41.02	32.02
2.	MARYJOWSKI Marcin		09	WKS L SK Wrocław						4:46.50	550	
	50m:	29.99	29.99	150m:	1:41.20	37.03	250m:	2:58.29	41.26	350m:	4:13.50	33.61
	100m:	1:04.17	34.18	200m:	2:17.03	35.83	300m:	3:39.89	41.60	400m:	4:46.50	33.00

16 lat i starsi

1.	OKO Jakub		07	MKS JUVENIA Wrocław						4:31.64	645	
	50m:	29.19	29.19	150m:	1:36.97	34.83	250m:	2:49.95	38.43	350m:	4:00.42	31.55
	100m:	1:02.14	32.95	200m:	2:11.52	34.55	300m:	3:28.87	38.92	400m:	4:31.64	31.22
2.	PAKUŁA Patryk		08	UKS SHARK Rudna						4:50.61	527	
	50m:	30.43	30.43	150m:	1:43.03	37.99	250m:	3:02.51	41.71	350m:	4:18.66	33.17
	100m:	1:05.04	34.61	200m:	2:20.80	37.77	300m:	3:45.49	42.98	400m:	4:50.61	31.95
3.	TWARÓG Mateusz		08	UKS Kro nicka Przysa						4:52.88	515	
	50m:	29.36	29.36	150m:	1:41.67	38.65	250m:	3:03.01	43.14	350m:	4:20.05	33.91
	100m:	1:03.02	33.66	200m:	2:19.87	38.20	300m:	3:46.14	43.13	400m:	4:52.88	32.83
4.	PLISZKA Jakub		06	MKS DZIEWI TKA Dzier oniów						4:54.10	508	
	50m:	29.41	29.41	150m:	1:44.15	39.80	250m:	3:03.82	40.79	350m:	4:20.65	35.03
	100m:	1:04.35	34.94	200m:	2:23.03	38.88	300m:	3:45.62	41.80	400m:	4:54.10	33.45
5.	GAWRON Oskar		99	Fundacja Power Swimming						4:57.05	493	
	50m:	31.30	31.30	150m:	1:44.01	37.80	250m:	3:04.58	42.23	350m:	4:22.06	34.67
	100m:	1:06.21	34.91	200m:	2:22.35	38.34	300m:	3:47.39	42.81	400m:	4:57.05	34.99