



Łódzki Okręgowy
Związek Pływacki



Ministerstwo
Sportu i Turystyki



PGE Grand Prix Puchar Polski
Łód , 23-24.11.2024

Event 2

Men, 400m Freestyle

14 years and older

2024-11-23 - 9:16

Results

Rekord Polski 3:37.57 WOJDAK Wojciech 01006 Netanya (ISR) 2015-12-02

Points: AQUA 2024

Rank			YB					Time	Pts
14 years and older									
1.	GNACZYNSKI Michal		07	MKP Szczecin				3:53.44	751
	50m:	27.48 27.48	150m:	1:27.43	30.00	250m:	2:26.93 29.57	350m:	3:25.99 29.46
	100m:	57.43 29.95	200m:	1:57.36	29.93	300m:	2:56.53 29.60	400m:	3:53.44 27.45
2.	STANISZEWSKI Bartosz		05	MKP Szczecin				3:55.55	731
	50m:	27.49 27.49	150m:	1:27.60	30.16	250m:	2:27.55 29.70	350m:	3:27.87 30.52
	100m:	57.44 29.95	200m:	1:57.85	30.25	300m:	2:57.35 29.80	400m:	3:55.55 27.68
3.	GRZEGORCZYK Wiktor		02	AZS AWF Warszawa				3:57.92	709
	50m:	27.14 27.14	150m:	1:26.05	29.85	250m:	2:26.88 30.56	350m:	3:27.94 30.01
	100m:	56.20 29.06	200m:	1:56.32	30.27	300m:	2:57.93 31.05	400m:	3:57.92 29.98
4.	PIETKA Milosz		07	MKP Szczecin				3:59.11	699
	50m:	28.05 28.05	150m:	1:28.23	30.19	250m:	2:28.36 30.03	350m:	3:29.68 30.54
	100m:	58.04 29.99	200m:	1:58.33	30.10	300m:	2:59.14 30.78	400m:	3:59.11 29.43
5.	RADKIEWICZ Kajetan		05	KU AZS UW				3:59.34	697
	50m:	27.89 27.89	150m:	1:29.10	30.60	250m:	2:30.01 30.20	350m:	3:30.71 30.13
	100m:	58.50 30.61	200m:	1:59.81	30.71	300m:	3:00.58 30.57	400m:	3:59.34 28.63
6.	DARUL Bartosz		04	MKP Szczecin				4:01.57	678
	50m:	28.19 28.19	150m:	1:29.63	30.69	250m:	2:31.19 30.62	350m:	3:32.02 30.38
	100m:	58.94 30.75	200m:	2:00.57	30.94	300m:	3:01.64 30.45	400m:	4:01.57 29.55
7.	KLIMCZAK Kacper		04	AZS AWF Warszawa				4:02.66	669
	50m:	26.77 26.77	150m:	1:27.62	30.35	250m:	2:29.71 31.19	350m:	3:32.07 31.39
	100m:	57.27 30.50	200m:	1:58.52	30.90	300m:	3:00.68 30.97	400m:	4:02.66 30.59
8.	SZELAZEK Alan		09	MKP Szczecin				4:03.85	659
	50m:	28.96 28.96	150m:	1:31.55	31.40	250m:	2:33.74 30.77	350m:	3:34.98 30.06
	100m:	1:00.15 31.19	200m:	2:02.97	31.42	300m:	3:04.92 31.18	400m:	4:03.85 28.87
9.	CIBA Mateusz		08	MKP Szczecin				4:04.65	652
	50m:	28.42 28.42	150m:	1:30.62	31.29	250m:	2:32.81 31.01	350m:	3:35.18 31.18
	100m:	59.33 30.91	200m:	2:01.80	31.18	300m:	3:04.00 31.19	400m:	4:04.65 29.47
10.	GWIAZDOWSKI Krzysztof		08	MKS Piaseczno				4:05.13	649
	50m:	28.05 28.05	150m:	1:29.24	30.81	250m:	2:32.16 31.53	350m:	3:35.08 31.41
	100m:	58.43 30.38	200m:	2:00.63	31.39	300m:	3:03.67 31.51	400m:	4:05.13 30.05
11.	JANISZEWSKI Fabian		09	UKS 190 Lodz				4:05.31	647
	50m:	27.85 27.85	150m:	1:29.54	31.26	250m:	2:32.80 31.67	350m:	3:35.41 31.52
	100m:	58.28 30.43	200m:	2:01.13	31.59	300m:	3:03.89 31.09	400m:	4:05.31 29.90
12.	STEFANSKI Leon		07	UKS G-8 Bielany Warszawa				4:06.08	641
	50m:	28.80 28.80	150m:	1:31.14	30.92	250m:	2:34.14 31.06	350m:	3:36.24 30.70
	100m:	1:00.22 31.42	200m:	2:03.08	31.94	300m:	3:05.54 31.40	400m:	4:06.08 29.84
13.	ZIELINSKI Dawid		09	MKP Szczecin				4:06.16	641
	50m:	28.94 28.94	150m:	1:31.88	31.62	250m:	2:34.44 31.14	350m:	3:36.89 31.14
	100m:	1:00.26 31.32	200m:	2:03.30	31.42	300m:	3:05.75 31.31	400m:	4:06.16 29.27
14.	WENTLAND Milosz		07	MKS TROJKA Lodz				4:06.45	638
	50m:	28.20 28.20	150m:	1:30.18	31.36	250m:	2:33.20 31.35	350m:	3:36.19 31.78
	100m:	58.82 30.62	200m:	2:01.85	31.67	300m:	3:04.41 31.21	400m:	4:06.45 30.26
15.	GOLACKI Sergiusz		04	UKS 190 Lodz				4:08.06	626
	50m:	28.23 28.23	150m:	1:30.58	31.16	250m:	2:33.20 31.38	350m:	3:36.78 32.05
	100m:	59.42 31.19	200m:	2:01.82	31.24	300m:	3:04.73 31.53	400m:	4:08.06 31.28
16.	JABLONSKI Jakub		07	UKS G-8 Bielany Warszawa				4:08.55	622
	50m:	27.46 27.46	150m:	1:32.35	33.08	250m:	2:36.54 31.82	350m:	3:39.09 31.18
	100m:	59.27 31.81	200m:	2:04.72	32.37	300m:	3:07.91 31.37	400m:	4:08.55 29.46



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Sportu i Turystyki



PGE Grand Prix Puchar Polski
Łód , 23-24.11.2024

Event 2, Men, 400m Freestyle, 14 years and older

Rank					YB					Time	Pts	
17.	LUKAVETSKYI Oleksandr				09	UKS 190 Lodz				4:08.95	619	
	50m:	28.20	28.20	150m:	1:30.70	31.63	250m:	2:33.61	31.56	350m:	3:37.59	32.10
	100m:	59.07	30.87	200m:	2:02.05	31.35	300m:	3:05.49	31.88	400m:	4:08.95	31.36
18.	PILAT Matej				07	Plavecky Klub Novy Jicin				4:09.52	615	
	50m:	27.51	27.51	150m:	1:30.12	31.31	250m:	2:34.16	31.91	350m:	3:38.33	32.05
	100m:	58.81	31.30	200m:	2:02.25	32.13	300m:	3:06.28	32.12	400m:	4:09.52	31.19
19.	SIENKIEWICZ Ignacy				05	AZS AWF Warszawa				4:10.40	609	
	50m:	28.17	28.17	150m:	1:30.24	31.37	250m:	2:33.89	31.95	350m:	3:38.37	32.22
	100m:	58.87	30.70	200m:	2:01.94	31.70	300m:	3:06.15	32.26	400m:	4:10.40	32.03
20.	SKALACKI Igor				08	UKP UNIA Oswiecim				4:10.56	607	
	50m:	28.30	28.30	150m:	1:31.21	31.60	250m:	2:35.04	31.94	350m:	3:39.19	32.06
	100m:	59.61	31.31	200m:	2:03.10	31.89	300m:	3:07.13	32.09	400m:	4:10.56	31.37
	WISNIEWSKI Jakub				07	UKS G-8 Bielany Warszawa				4:10.56	607	
	50m:	28.41	28.41	150m:	1:32.19	31.86	250m:	2:36.20	32.23	350m:	3:39.49	31.56
	100m:	1:00.33	31.92	200m:	2:03.97	31.78	300m:	3:07.93	31.73	400m:	4:10.56	31.07
22.	PRONIN Patryk				07	MKP Szczecin				4:13.16	589	
	50m:	28.88	28.88	150m:	1:32.81	32.23	250m:	2:37.14	32.02	350m:	3:41.41	32.24
	100m:	1:00.58	31.70	200m:	2:05.12	32.31	300m:	3:09.17	32.03	400m:	4:13.16	31.75
23.	JUCHNO Jeremi				08	IKS Konstancin				4:13.79	584	
	50m:	28.58	28.58	150m:	1:32.94	32.26	250m:	2:37.43	32.06	350m:	3:42.18	32.42
	100m:	1:00.68	32.10	200m:	2:05.37	32.43	300m:	3:09.76	32.33	400m:	4:13.79	31.61
24.	BORUSZEWSKI Filip				07	UKS SP-149 Lodz				4:14.68	578	
	50m:	29.30	29.30	150m:	1:33.47	32.07	250m:	2:38.46	32.72	350m:	3:43.22	32.61
	100m:	1:01.40	32.10	200m:	2:05.74	32.27	300m:	3:10.61	32.15	400m:	4:14.68	31.46
25.	WINKLER Tomasz				08	Sport Club Pardubice				4:14.76	578	
	50m:	28.24	28.24	150m:	1:32.80	32.35	250m:	2:36.57	31.39	350m:	3:42.23	32.83
	100m:	1:00.45	32.21	200m:	2:05.18	32.38	300m:	3:09.40	32.83	400m:	4:14.76	32.53
26.	RAPALA Tomasz				02	Mokotowski UKP Warszawianka- Wodny				4:14.85	577	
	50m:	29.75	29.75	150m:	1:33.90	32.13	250m:	2:37.70	31.45	350m:	3:42.87	32.79
	100m:	1:01.77	32.02	200m:	2:06.25	32.35	300m:	3:10.08	32.38	400m:	4:14.85	31.98
27.	ULAS Antoni				07	MKS TROJKA Lodz				4:14.96	576	
	50m:	28.02	28.02	150m:	1:32.46	32.27	250m:	2:39.46	33.65	350m:	3:45.22	32.63
	100m:	1:00.19	32.17	200m:	2:05.81	33.35	300m:	3:12.59	33.13	400m:	4:14.96	29.74
28.	SVETLYTSKYI Yurii				10	Kvvs Aquapark Plyazh Lviv				4:16.06	569	
	50m:	28.66	28.66	150m:	1:32.72	32.23	250m:	2:38.54	33.02	350m:	3:44.56	32.97
	100m:	1:00.49	31.83	200m:	2:05.52	32.80	300m:	3:11.59	33.05	400m:	4:16.06	31.50
29.	PAWLAK Dawid				08	UKS 190 Lodz				4:18.80	551	
	50m:	28.64	28.64	150m:	1:33.05	32.27	250m:	2:38.72	32.85	350m:	3:45.59	33.35
	100m:	1:00.78	32.14	200m:	2:05.87	32.82	300m:	3:12.24	33.52	400m:	4:18.80	33.21
30.	KOZAKIEWICZ Aleksander				07	Mokotowski UKP Warszawianka- Wodny				4:19.89	544	
	50m:	27.33	27.33	150m:	1:33.21	33.23	250m:	2:38.86	32.32	350m:	3:45.62	33.50
	100m:	59.98	32.65	200m:	2:06.54	33.33	300m:	3:12.12	33.26	400m:	4:19.89	34.27
31.	LUCZAK Filip				08	UKS 190 Lodz				4:19.97	544	
	50m:	29.07	29.07	150m:	1:34.09	32.81	250m:	2:41.35	33.65	350m:	3:47.74	33.25
	100m:	1:01.28	32.21	200m:	2:07.70	33.61	300m:	3:14.49	33.14	400m:	4:19.97	32.23
32.	STACHOWIAK Adam				10	MKP Szczecin				4:21.09	537	
	50m:	28.27	28.27	150m:	1:33.50	32.98	250m:	2:40.45	33.44	350m:	3:44.84	31.24
	100m:	1:00.52	32.25	200m:	2:07.01	33.51	300m:	3:13.60	33.15	400m:	4:21.09	36.25
33.	JEDRYKA Nikodem				04	MKS TROJKA Lodz				4:21.30	535	
	50m:	28.17	28.17	150m:	1:33.27	33.12	250m:	2:40.49	33.83	350m:	3:49.17	34.50
	100m:	1:00.15	31.98	200m:	2:06.66	33.39	300m:	3:14.67	34.18	400m:	4:21.30	32.13
34.	FEDASZ Alan				08	UKP POLONIA Warszawa				4:21.42	535	
	50m:	29.85	29.85	150m:	1:35.70	33.06	250m:	2:42.42	33.42	350m:	3:49.55	33.58
	100m:	1:02.64	32.79	200m:	2:09.00	33.30	300m:	3:15.97	33.55	400m:	4:21.42	31.87



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Sportu i Turystyki



PGE Grand Prix Puchar Polski
Łód , 23-24.11.2024

Event 2, Men, 400m Freestyle, 14 years and older

Rank	Name				YB	Club				Time	Pts	
35.	MASZEWSKI	Mikolaj			06	UKS NAWA	Skierniewice			4:21.63	533	
	50m:	29.38	29.38	150m:	1:35.76	33.48	250m:	2:42.87	33.71	350m:	3:49.43	33.59
	100m:	1:02.28	32.90	200m:	2:09.16	33.40	300m:	3:15.84	32.97	400m:	4:21.63	32.20
36.	CHABOWSKI-PALONKA	Krzysztof			10	MKP	Szczecin			4:22.27	530	
	50m:	29.59	29.59	150m:	1:35.58	33.28	250m:	2:43.21	33.80	350m:	3:50.24	33.59
	100m:	1:02.30	32.71	200m:	2:09.41	33.83	300m:	3:16.65	33.44	400m:	4:22.27	32.03
37.	SEKVARD	Mikulas			06	Plavecky Klub	Novy Jicin			4:24.16	518	
	50m:	29.40	29.40	150m:	1:35.48	33.72	250m:	2:43.57	33.90	350m:	3:50.91	33.36
	100m:	1:01.76	32.36	200m:	2:09.67	34.19	300m:	3:17.55	33.98	400m:	4:24.16	33.25
38.	WOJCIECHOWSKI	Antoni			10	TP Zielona Gora				4:24.68	515	
	50m:	29.59	29.59	150m:	1:35.55	33.26	250m:	2:43.02	33.77	350m:	3:51.13	33.87
	100m:	1:02.29	32.70	200m:	2:09.25	33.70	300m:	3:17.26	34.24	400m:	4:24.68	33.55
39.	BIEZUNSKI	Jakub			07	Squatina	Ostroleka			4:25.09	513	
	50m:	29.43	29.43	150m:	1:37.27	34.04	250m:	2:45.13	34.08	350m:	3:53.06	33.83
	100m:	1:03.23	33.80	200m:	2:11.05	33.78	300m:	3:19.23	34.10	400m:	4:25.09	32.03
40.	SKROBISZ	Michal			07	UKS 190	Lodz			4:25.55	510	
	50m:	30.72	30.72	150m:	1:37.19	33.63	250m:	2:45.06	34.12	350m:	3:52.58	33.58
	100m:	1:03.56	32.84	200m:	2:10.94	33.75	300m:	3:19.00	33.94	400m:	4:25.55	32.97
41.	PRZESLAKIEWICZ	Filip			10	IKS Konstancin				4:27.26	500	
	50m:	30.23	30.23	150m:	1:37.61	34.07	250m:	2:45.34	33.99	350m:	3:53.21	33.98
	100m:	1:03.54	33.31	200m:	2:11.35	33.74	300m:	3:19.23	33.89	400m:	4:27.26	34.05
42.	BOCHENSKI	Tomasz			08	Mokotowski UKP	Warszawianka- Wodny			4:28.30	495	
	50m:	29.96	29.96	150m:	1:39.03	35.09	250m:	2:49.37	35.26	350m:	3:56.97	33.33
	100m:	1:03.94	33.98	200m:	2:14.11	35.08	300m:	3:23.64	34.27	400m:	4:28.30	31.33
43.	MAKOWSKI	Jakub			10	MKP	Szczecin			4:28.31	495	
	50m:	30.83	30.83	150m:	1:39.34	34.51	250m:	2:48.69	34.56	350m:	3:56.58	33.81
	100m:	1:04.83	34.00	200m:	2:14.13	34.79	300m:	3:22.77	34.08	400m:	4:28.31	31.73
44.	KELLER	Lukas			08	Plavecky Klub	Novy Jicin			4:29.65	487	
	50m:	29.70	29.70	150m:	1:36.98	34.39	250m:	2:46.01	34.36	350m:	3:55.27	34.78
	100m:	1:02.59	32.89	200m:	2:11.65	34.67	300m:	3:20.49	34.48	400m:	4:29.65	34.38
45.	PORADA	Antoni			10	UKS SP-149	Lodz			4:29.68	487	
	50m:	31.54	31.54	150m:	1:39.51	34.27	250m:	2:48.35	34.33	350m:	3:56.98	34.22
	100m:	1:05.24	33.70	200m:	2:14.02	34.51	300m:	3:22.76	34.41	400m:	4:29.68	32.70
46.	SKIBINSKI	Szymon			10	MKP	Szczecin			4:31.48	477	
	50m:	29.45	29.45	150m:	1:35.79	33.64	250m:	2:44.91	34.85	350m:	3:56.25	35.85
	100m:	1:02.15	32.70	200m:	2:10.06	34.27	300m:	3:20.40	35.49	400m:	4:31.48	35.23
47.	KUPISZEK	Antoni			10	UKP POLONIA	Warszawa			4:33.36	468	
	50m:	29.95	29.95	150m:	1:39.29	35.38	250m:	2:50.01	35.04	350m:	4:00.37	34.71
	100m:	1:03.91	33.96	200m:	2:14.97	35.68	300m:	3:25.66	35.65	400m:	4:33.36	32.99
48.	WIECEK	Patryk			09	MKP	Szczecin			4:33.69	466	
	50m:	30.66	30.66	150m:	1:39.41	34.72	250m:	2:49.40	35.23	350m:	3:59.69	34.87
	100m:	1:04.69	34.03	200m:	2:14.17	34.76	300m:	3:24.82	35.42	400m:	4:33.69	34.00
49.	PETREK	Daniel			07	Plavecky Klub	Novy Jicin			4:42.74	423	
	50m:	31.46	31.46	150m:	1:43.34	36.03	250m:	2:55.07	36.02	350m:	4:07.37	36.25
	100m:	1:07.31	35.85	200m:	2:19.05	35.71	300m:	3:31.12	36.05	400m:	4:42.74	35.37
50.	PIETROWSKI	Julian			08	UKS NAWA	Skierniewice			4:44.86	413	
	50m:	31.54	31.54	150m:	1:43.94	36.72	250m:	2:57.83	37.23	350m:	4:10.89	36.34
	100m:	1:07.22	35.68	200m:	2:20.60	36.66	300m:	3:34.55	36.72	400m:	4:44.86	33.97



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Event 2, Men, 400m Freestyle

17 - 18 years

1.	GNACZYNSKI Michal	07	MKP Szczecin	3:53.44	751
	50m: 27.48 27.48	150m: 1:27.43	30.00	250m: 2:26.93	29.57
	100m: 57.43 29.95	200m: 1:57.36	29.93	300m: 2:56.53	29.60
				350m: 3:25.99	29.46
				400m: 3:53.44	27.45
2.	PIETKA Milosz	07	MKP Szczecin	3:59.11	699
	50m: 28.05 28.05	150m: 1:28.23	30.19	250m: 2:28.36	30.03
	100m: 58.04 29.99	200m: 1:58.33	30.10	300m: 2:59.14	30.78
				350m: 3:29.68	30.54
				400m: 3:59.11	29.43
3.	STEFANSKI Leon	07	UKS G-8 Bielany Warszawa	4:06.08	641
	50m: 28.80 28.80	150m: 1:31.14	30.92	250m: 2:34.14	31.06
	100m: 1:00.22 31.42	200m: 2:03.08	31.94	300m: 3:05.54	31.40
				350m: 3:36.24	30.70
				400m: 4:06.08	29.84
4.	WENTLAND Milosz	07	MKS TROJKA Lodz	4:06.45	638
	50m: 28.20 28.20	150m: 1:30.18	31.36	250m: 2:33.20	31.35
	100m: 58.82 30.62	200m: 2:01.85	31.67	300m: 3:04.41	31.21
				350m: 3:36.19	31.78
				400m: 4:06.45	30.26
5.	JABLONSKI Jakub	07	UKS G-8 Bielany Warszawa	4:08.55	622
	50m: 27.46 27.46	150m: 1:32.35	33.08	250m: 2:36.54	31.82
	100m: 59.27 31.81	200m: 2:04.72	32.37	300m: 3:07.91	31.37
				350m: 3:39.09	31.18
				400m: 4:08.55	29.46
6.	PILAT Matej	07	Plavecky Klub Novy Jicin	4:09.52	615
	50m: 27.51 27.51	150m: 1:30.12	31.31	250m: 2:34.16	31.91
	100m: 58.81 31.30	200m: 2:02.25	32.13	300m: 3:06.28	32.12
				350m: 3:38.33	32.05
				400m: 4:09.52	31.19
7.	WISNIEWSKI Jakub	07	UKS G-8 Bielany Warszawa	4:10.56	607
	50m: 28.41 28.41	150m: 1:32.19	31.86	250m: 2:36.20	32.23
	100m: 1:00.33 31.92	200m: 2:03.97	31.78	300m: 3:07.93	31.73
				350m: 3:39.49	31.56
				400m: 4:10.56	31.07
8.	PRONIN Patryk	07	MKP Szczecin	4:13.16	589
	50m: 28.88 28.88	150m: 1:32.81	32.23	250m: 2:37.14	32.02
	100m: 1:00.58 31.70	200m: 2:05.12	32.31	300m: 3:09.17	32.03
				350m: 3:41.41	32.24
				400m: 4:13.16	31.75
9.	BORUSZEWSKI Filip	07	UKS SP-149 Lodz	4:14.68	578
	50m: 29.30 29.30	150m: 1:33.47	32.07	250m: 2:38.46	32.72
	100m: 1:01.40 32.10	200m: 2:05.74	32.27	300m: 3:10.61	32.15
				350m: 3:43.22	32.61
				400m: 4:14.68	31.46
10.	ULAS Antoni	07	MKS TROJKA Lodz	4:14.96	576
	50m: 28.02 28.02	150m: 1:32.46	32.27	250m: 2:39.46	33.65
	100m: 1:00.19 32.17	200m: 2:05.81	33.35	300m: 3:12.59	33.13
				350m: 3:45.22	32.63
				400m: 4:14.96	29.74
11.	KOZAKIEWICZ Aleksander	07	Mokotowski UKP Warszawianka- Wodny	4:19.89	544
	50m: 27.33 27.33	150m: 1:33.21	33.23	250m: 2:38.86	32.32
	100m: 59.98 32.65	200m: 2:06.54	33.33	300m: 3:12.12	33.26
				350m: 3:45.62	33.50
				400m: 4:19.89	34.27
12.	MASZEWSKI Mikołaj	06	UKS NAWA Skierniewice	4:21.63	533
	50m: 29.38 29.38	150m: 1:35.76	33.48	250m: 2:42.87	33.71
	100m: 1:02.28 32.90	200m: 2:09.16	33.40	300m: 3:15.84	32.97
				350m: 3:49.43	33.59
				400m: 4:21.63	32.20
13.	SEKVARD Mikulas	06	Plavecky Klub Novy Jicin	4:24.16	518
	50m: 29.40 29.40	150m: 1:35.48	33.72	250m: 2:43.57	33.90
	100m: 1:01.76 32.36	200m: 2:09.67	34.19	300m: 3:17.55	33.98
				350m: 3:50.91	33.36
				400m: 4:24.16	33.25
14.	BIEZUNSKI Jakub	07	Squatina Ostroleka	4:25.09	513
	50m: 29.43 29.43	150m: 1:37.27	34.04	250m: 2:45.13	34.08
	100m: 1:03.23 33.80	200m: 2:11.05	33.78	300m: 3:19.23	34.10
				350m: 3:53.06	33.83
				400m: 4:25.09	32.03
15.	SKROBISZ Michal	07	UKS 190 Lodz	4:25.55	510
	50m: 30.72 30.72	150m: 1:37.19	33.63	250m: 2:45.06	34.12
	100m: 1:03.56 32.84	200m: 2:10.94	33.75	300m: 3:19.00	33.94
				350m: 3:52.58	33.58
				400m: 4:25.55	32.97
16.	PETREK Daniel	07	Plavecky Klub Novy Jicin	4:42.74	423
	50m: 31.46 31.46	150m: 1:43.34	36.03	250m: 2:55.07	36.02
	100m: 1:07.31 35.85	200m: 2:19.05	35.71	300m: 3:31.12	36.05
				350m: 4:07.37	36.25
				400m: 4:42.74	35.37



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16 years

1.	CIBA Mateusz	08	MKP Szczecin	4:04.65	652
	50m: 28.42 28.42	150m: 1:30.62 31.29	250m: 2:32.81 31.01	350m: 3:35.18 31.18	
	100m: 59.33 30.91	200m: 2:01.80 31.18	300m: 3:04.00 31.19	400m: 4:04.65 29.47	
2.	GWIAZDOWSKI Krzysztof	08	MKS Piaseczno	4:05.13	649
	50m: 28.05 28.05	150m: 1:29.24 30.81	250m: 2:32.16 31.53	350m: 3:35.08 31.41	
	100m: 58.43 30.38	200m: 2:00.63 31.39	300m: 3:03.67 31.51	400m: 4:05.13 30.05	
3.	SKALACKI Igor	08	UKP UNIA Oswiecim	4:10.56	607
	50m: 28.30 28.30	150m: 1:31.21 31.60	250m: 2:35.04 31.94	350m: 3:39.19 32.06	
	100m: 59.61 31.31	200m: 2:03.10 31.89	300m: 3:07.13 32.09	400m: 4:10.56 31.37	
4.	JUCHNO Jeremi	08	IKS Konstancin	4:13.79	584
	50m: 28.58 28.58	150m: 1:32.94 32.26	250m: 2:37.43 32.06	350m: 3:42.18 32.42	
	100m: 1:00.68 32.10	200m: 2:05.37 32.43	300m: 3:09.76 32.33	400m: 4:13.79 31.61	
5.	WINKLER Tomasz	08	Sport Club Pardubice	4:14.76	578
	50m: 28.24 28.24	150m: 1:32.80 32.35	250m: 2:36.57 31.39	350m: 3:42.23 32.83	
	100m: 1:00.45 32.21	200m: 2:05.18 32.38	300m: 3:09.40 32.83	400m: 4:14.76 32.53	
6.	PAWLAK Dawid	08	UKS 190 Lodz	4:18.80	551
	50m: 28.64 28.64	150m: 1:33.05 32.27	250m: 2:38.72 32.85	350m: 3:45.59 33.35	
	100m: 1:00.78 32.14	200m: 2:05.87 32.82	300m: 3:12.24 33.52	400m: 4:18.80 33.21	
7.	LUCZAK Filip	08	UKS 190 Lodz	4:19.97	544
	50m: 29.07 29.07	150m: 1:34.09 32.81	250m: 2:41.35 33.65	350m: 3:47.74 33.25	
	100m: 1:01.28 32.21	200m: 2:07.70 33.61	300m: 3:14.49 33.14	400m: 4:19.97 32.23	
8.	FEDASZ Alan	08	UKP POLONIA Warszawa	4:21.42	535
	50m: 29.85 29.85	150m: 1:35.70 33.06	250m: 2:42.42 33.42	350m: 3:49.55 33.58	
	100m: 1:02.64 32.79	200m: 2:09.00 33.30	300m: 3:15.97 33.55	400m: 4:21.42 31.87	
9.	BOCHENSKI Tomasz	08	Mokotowski UKP Warszawianka- Wodny	4:28.30	495
	50m: 29.96 29.96	150m: 1:39.03 35.09	250m: 2:49.37 35.26	350m: 3:56.97 33.33	
	100m: 1:03.94 33.98	200m: 2:14.11 35.08	300m: 3:23.64 34.27	400m: 4:28.30 31.33	
10.	KELLER Lukas	08	Plavecky Klub Novy Jicin	4:29.65	487
	50m: 29.70 29.70	150m: 1:36.98 34.39	250m: 2:46.01 34.36	350m: 3:55.27 34.78	
	100m: 1:02.59 32.89	200m: 2:11.65 34.67	300m: 3:20.49 34.48	400m: 4:29.65 34.38	
11.	PIETROWSKI Julian	08	UKS NAWA Skierniewice	4:44.86	413
	50m: 31.54 31.54	150m: 1:43.94 36.72	250m: 2:57.83 37.23	350m: 4:10.89 36.34	
	100m: 1:07.22 35.68	200m: 2:20.60 36.66	300m: 3:34.55 36.72	400m: 4:44.86 33.97	

15 years

1.	SZELAZEK Alan	09	MKP Szczecin	4:03.85	659
	50m: 28.96 28.96	150m: 1:31.55 31.40	250m: 2:33.74 30.77	350m: 3:34.98 30.06	
	100m: 1:00.15 31.19	200m: 2:02.97 31.42	300m: 3:04.92 31.18	400m: 4:03.85 28.87	
2.	JANISZEWSKI Fabian	09	UKS 190 Lodz	4:05.31	647
	50m: 27.85 27.85	150m: 1:29.54 31.26	250m: 2:32.80 31.67	350m: 3:35.41 31.52	
	100m: 58.28 30.43	200m: 2:01.13 31.59	300m: 3:03.89 31.09	400m: 4:05.31 29.90	
3.	ZIELINSKI Dawid	09	MKP Szczecin	4:06.16	641
	50m: 28.94 28.94	150m: 1:31.88 31.62	250m: 2:34.44 31.14	350m: 3:36.89 31.14	
	100m: 1:00.26 31.32	200m: 2:03.30 31.42	300m: 3:05.75 31.31	400m: 4:06.16 29.27	
4.	LUKAVETSKYI Oleksandr	09	UKS 190 Lodz	4:08.95	619
	50m: 28.20 28.20	150m: 1:30.70 31.63	250m: 2:33.61 31.56	350m: 3:37.59 32.10	
	100m: 59.07 30.87	200m: 2:02.05 31.35	300m: 3:05.49 31.88	400m: 4:08.95 31.36	
5.	WIECEK Patryk	09	MKP Szczecin	4:33.69	466
	50m: 30.66 30.66	150m: 1:39.41 34.72	250m: 2:49.40 35.23	350m: 3:59.69 34.87	
	100m: 1:04.69 34.03	200m: 2:14.17 34.76	300m: 3:24.82 35.42	400m: 4:33.69 34.00	



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14 years

1.	SVETLYTSKYI Yurii	10	Kvvs Aquapark Plyazh Lviv	4:16.06	569
	50m: 28.66 28.66	150m: 1:32.72	32.23 250m: 2:38.54 33.02	350m: 3:44.56	32.97
	100m: 1:00.49 31.83	200m: 2:05.52	32.80 300m: 3:11.59 33.05	400m: 4:16.06	31.50
2.	STACHOWIAK Adam	10	MKP Szczecin	4:21.09	537
	50m: 28.27 28.27	150m: 1:33.50	32.98 250m: 2:40.45 33.44	350m: 3:44.84	31.24
	100m: 1:00.52 32.25	200m: 2:07.01	33.51 300m: 3:13.60 33.15	400m: 4:21.09	36.25
3.	CHABOWSKI-PALONKA Krzysztof	10	MKP Szczecin	4:22.27	530
	50m: 29.59 29.59	150m: 1:35.58	33.28 250m: 2:43.21 33.80	350m: 3:50.24	33.59
	100m: 1:02.30 32.71	200m: 2:09.41	33.83 300m: 3:16.65 33.44	400m: 4:22.27	32.03
4.	WOJCIECHOWSKI Antoni	10	TP Zielona Gora	4:24.68	515
	50m: 29.59 29.59	150m: 1:35.55	33.26 250m: 2:43.02 33.77	350m: 3:51.13	33.87
	100m: 1:02.29 32.70	200m: 2:09.25	33.70 300m: 3:17.26 34.24	400m: 4:24.68	33.55
5.	PRZESLAKIEWICZ Filip	10	IKS Konstancin	4:27.26	500
	50m: 30.23 30.23	150m: 1:37.61	34.07 250m: 2:45.34 33.99	350m: 3:53.21	33.98
	100m: 1:03.54 33.31	200m: 2:11.35	33.74 300m: 3:19.23 33.89	400m: 4:27.26	34.05
6.	MAKOWSKI Jakub	10	MKP Szczecin	4:28.31	495
	50m: 30.83 30.83	150m: 1:39.34	34.51 250m: 2:48.69 34.56	350m: 3:56.58	33.81
	100m: 1:04.83 34.00	200m: 2:14.13	34.79 300m: 3:22.77 34.08	400m: 4:28.31	31.73
7.	PORADA Antoni	10	UKS SP-149 Lodz	4:29.68	487
	50m: 31.54 31.54	150m: 1:39.51	34.27 250m: 2:48.35 34.33	350m: 3:56.98	34.22
	100m: 1:05.24 33.70	200m: 2:14.02	34.51 300m: 3:22.76 34.41	400m: 4:29.68	32.70
8.	SKIBINSKI Szymon	10	MKP Szczecin	4:31.48	477
	50m: 29.45 29.45	150m: 1:35.79	33.64 250m: 2:44.91 34.85	350m: 3:56.25	35.85
	100m: 1:02.15 32.70	200m: 2:10.06	34.27 300m: 3:20.40 35.49	400m: 4:31.48	35.23
9.	KUPISZEK Antoni	10	UKP POLONIA Warszawa	4:33.36	468
	50m: 29.95 29.95	150m: 1:39.29	35.38 250m: 2:50.01 35.04	350m: 4:00.37	34.71
	100m: 1:03.91 33.96	200m: 2:14.97	35.68 300m: 3:25.66 35.65	400m: 4:33.36	32.99
EXH	SKŁODOWSKI Jan	11	MKS JEDYNKA Lodz	4:17.16	562
	50m: 28.98 28.98	150m: 1:33.75	32.54 250m: 2:39.21 32.80	350m: 3:45.27	33.17
	100m: 1:01.21 32.23	200m: 2:06.41	32.66 300m: 3:12.10 32.89	400m: 4:17.16	31.89