



Łódzki Okręgowy  
Związek Pływacki



Ministerstwo  
Sportu i Turystyki



Zimowe Mistrzostwa Polski Młodzików 13 lat  
Łód , 13-15.12.2024

Konkurencja 11  
2024-12-13 - 18:46

Dziewcz t, 400m zmienny

13 lat  
Wyniki

Punkty: AQUA 2024

Pozycja			Rok ur.					Czas	Pkt.
1.	<b>BOMBA Julia</b>		11	<b>CSiR MOS w D browie Górniczej</b>				<b>5:04.05</b>	617
	25m:	13.98 13.98	125m:	1:26.49 19.94	225m:	2:47.73 21.79	325m:	4:12.80 17.44	
	50m:	30.52 16.54	150m:	1:46.00 19.51	250m:	3:10.17 22.44	350m:	4:30.43 17.63	
	75m:	48.11 17.59	175m:	2:06.03 20.03	275m:	3:32.49 22.32	375m:	4:47.65 17.22	
	100m:	1:06.55 18.44	200m:	2:25.94 19.91	300m:	3:55.36 22.87	400m:	5:04.05 16.40	
2.	<b>KULKA Milena</b>		11	<b>CSiR MOS w D browie Górniczej</b>				<b>5:15.26</b>	554
	25m:	14.98 14.98	125m:	1:33.72 20.92	225m:	2:55.91 21.40	325m:	4:21.60 19.18	
	50m:	33.43 18.45	150m:	1:53.67 19.95	250m:	3:18.47 22.56	350m:	4:39.92 18.32	
	75m:	52.90 19.47	175m:	2:14.07 20.40	275m:	3:40.00 21.53	375m:	4:57.84 17.92	
	100m:	1:12.80 19.90	200m:	2:34.51 20.44	300m:	4:02.42 22.42	400m:	5:15.26 17.42	
3.	<b>JANECKA Zuzanna</b>		11	<b>MKS SP 63 Bydgoszcz</b>				<b>5:17.62</b>	541
	25m:	15.09 15.09	125m:	1:35.69 20.13	225m:	2:56.53 22.06	325m:	4:24.78 19.30	
	50m:	34.02 18.93	150m:	1:55.09 19.40	250m:	3:19.32 22.79	350m:	4:42.99 18.21	
	75m:	53.80 19.78	175m:	2:14.79 19.70	275m:	3:42.38 23.06	375m:	5:00.99 18.00	
	100m:	1:15.56 21.76	200m:	2:34.47 19.68	300m:	4:05.48 23.10	400m:	5:17.62 16.63	
4.	<b>NIKIEL Emilia</b>		11	<b>MKS Park Wodny Tarnowskie Góry</b>				<b>5:19.02</b>	534
	25m:	16.06 16.06	125m:	1:36.83 19.82	225m:	2:58.49 23.35	325m:	4:26.65 18.50	
	50m:	36.05 19.99	150m:	1:55.95 19.12	250m:	3:21.67 23.18	350m:	4:44.47 17.82	
	75m:	56.22 20.17	175m:	2:15.68 19.73	275m:	3:44.79 23.12	375m:	5:02.04 17.57	
	100m:	1:17.01 20.79	200m:	2:35.14 19.46	300m:	4:08.15 23.36	400m:	5:19.02 16.98	
5.	<b>ŁYSIUK Karina</b>		11	<b>UKS GIM 92 Ursynów</b>				<b>5:21.63</b>	521
	25m:	15.23 15.23	125m:	1:34.40 20.44	225m:	2:57.03 23.23	325m:	4:27.03 19.21	
	50m:	34.12 18.89	150m:	1:54.06 19.66	250m:	3:20.72 23.69	350m:	4:45.75 18.72	
	75m:	53.55 19.43	175m:	2:13.90 19.84	275m:	3:44.16 23.44	375m:	5:04.40 18.65	
	100m:	1:13.96 20.41	200m:	2:33.80 19.90	300m:	4:07.82 23.66	400m:	5:21.63 17.23	
6.	<b>TATARA Patrycja</b>		11	<b>MKS AVIA widnik</b>				<b>5:21.64</b>	521
	25m:	15.25 15.25	125m:	1:34.86 20.92	225m:	2:58.16 23.18	325m:	4:27.16 19.06	
	50m:	33.82 18.57	150m:	1:54.94 20.08	250m:	3:21.58 23.42	350m:	4:45.80 18.64	
	75m:	52.90 19.08	175m:	2:15.20 20.26	275m:	3:44.58 23.00	375m:	5:04.48 18.68	
	100m:	1:13.94 21.04	200m:	2:34.98 19.78	300m:	4:08.10 23.52	400m:	5:21.64 17.16	
7.	<b>DANCIKOVA Laura</b>		11	<b>UKS Nowy Klub Pływacki</b>				<b>5:22.75</b>	516
	25m:	15.90 15.90	125m:	1:39.53 20.35	225m:	3:02.26 22.31	325m:	4:27.16 19.25	
	50m:	36.44 20.54	150m:	1:59.54 20.01	250m:	3:24.58 22.32	350m:	4:45.69 18.53	
	75m:	55.93 19.49	175m:	2:19.63 20.09	275m:	3:45.83 21.25	375m:	5:04.54 18.85	
	100m:	1:19.18 23.25	200m:	2:39.95 20.32	300m:	4:07.91 22.08	400m:	5:22.75 18.21	
8.	<b>MAJ Zuzanna</b>		11	<b>KS KSZO Ostrowiec w.</b>				<b>5:26.23</b>	500
	25m:	15.97 15.97	125m:	1:37.83 19.90	225m:	3:01.09 22.53	325m:	4:29.66 19.10	
	50m:	36.51 20.54	150m:	1:57.81 19.98	250m:	3:24.11 23.02	350m:	4:48.98 19.32	
	75m:	55.89 19.38	175m:	2:17.62 19.81	275m:	3:47.02 22.91	375m:	5:08.17 19.19	
	100m:	1:17.93 22.04	200m:	2:38.56 20.94	300m:	4:10.56 23.54	400m:	5:26.23 18.06	
9.	<b>PAJ K Agata</b>		11	<b>UKS Aqua Team Mikołów</b>				<b>5:27.66</b>	493
	25m:	15.89 15.89	125m:	1:36.80 21.21	225m:	3:02.00 23.72	325m:	4:32.83 19.06	
	50m:	34.88 18.99	150m:	1:57.55 20.75	250m:	3:26.98 24.98	350m:	4:51.48 18.65	
	75m:	54.76 19.88	175m:	2:18.18 20.63	275m:	3:49.60 22.62	375m:	5:09.90 18.42	
	100m:	1:15.59 20.83	200m:	2:38.28 20.10	300m:	4:13.77 24.17	400m:	5:27.66 17.76	
10.	<b>PIÓR Julia</b>		11	<b>Grudzi dzki KP ORKA</b>				<b>5:28.74</b>	488
	25m:	15.48 15.48	125m:	1:38.92 20.79	225m:	3:02.93 22.97	325m:	4:31.76 19.55	
	50m:	34.56 19.08	150m:	1:59.21 20.29	250m:	3:25.78 22.85	350m:	4:50.89 19.13	
	75m:	55.44 20.88	175m:	2:19.57 20.36	275m:	3:48.88 23.10	375m:	5:10.23 19.34	
	100m:	1:18.13 22.69	200m:	2:39.96 20.39	300m:	4:12.21 23.33	400m:	5:28.74 18.51	
11.	<b>BARCZAK Karolina</b>		11	<b>MTP KORMORAN Olsztyn</b>				<b>5:29.29</b>	486
	25m:	17.02 17.02	125m:	1:39.57 22.28	225m:	3:04.78 23.11	325m:	4:34.92 18.87	
	50m:	36.53 19.51	150m:	2:00.14 20.57	250m:	3:28.39 23.61	350m:	4:53.13 18.21	
	75m:	56.62 20.09	175m:	2:20.87 20.73	275m:	3:52.07 23.68	375m:	5:11.72 18.59	
	100m:	1:17.29 20.67	200m:	2:41.67 20.80	300m:	4:16.05 23.98	400m:	5:29.29 17.57	



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Konkurencja 11, Dziewcz t, 400m zmienny, 13 lat

Pozycja			Rok ur.			Czas	Pkt.					
12.	<b>SZERSZE</b>	<b>-NIEW</b>	<b>GŁOWSKA Zofia</b>	<b>11</b>	<b>UKS GIM 92 Ursynów</b>	<b>5:30.98</b>	<b>478</b>					
	25m:	16.47	16.47	125m:	1:42.16	21.16	225m:	3:06.50	21.75	325m:	4:33.13	18.93
	50m:	36.40	19.93	150m:	2:03.14	20.98	250m:	3:29.85	23.35	350m:	4:52.89	19.76
	75m:	57.27	20.87	175m:	2:24.09	20.95	275m:	3:50.45	20.60	375m:	5:12.63	19.74
	100m:	1:21.00	23.73	200m:	2:44.75	20.66	300m:	4:14.20	23.75	400m:	5:30.98	18.35
13.	<b>KRAKUS</b>		<b>Liliana</b>	<b>11</b>	<b>UKS SP-149 Łód</b>	<b>5:32.48</b>	<b>472</b>					
	25m:	15.67	15.67	125m:	1:39.92	22.41	225m:	3:06.09	23.13	325m:	4:37.32	18.74
	50m:	35.33	19.66	150m:	2:01.02	21.10	250m:	3:30.20	24.11	350m:	4:56.19	18.87
	75m:	56.03	20.70	175m:	2:22.19	21.17	275m:	3:54.11	23.91	375m:	5:14.60	18.41
	100m:	1:17.51	21.48	200m:	2:42.96	20.77	300m:	4:18.58	24.47	400m:	5:32.48	17.88
14.	<b>KIERO</b>	<b>SKA</b>	<b>Maryla</b>	<b>11</b>	<b>Stow. OLIMPIJCZYK Kraków</b>	<b>5:33.47</b>	<b>468</b>					
	25m:	15.24	15.24	125m:	1:36.94	21.59	225m:	3:01.81	22.61	325m:	4:34.18	19.77
	50m:	33.89	18.65	150m:	1:57.51	20.57	250m:	3:25.46	23.65	350m:	4:54.48	20.30
	75m:	53.84	19.95	175m:	2:18.25	20.74	275m:	3:49.78	24.32	375m:	5:14.66	20.18
	100m:	1:15.35	21.51	200m:	2:39.20	20.95	300m:	4:14.41	24.63	400m:	5:33.47	18.81
15.	<b>SZRAJBER</b>		<b>Rozalia</b>	<b>11</b>	<b>MKS SP 63 Bydgoszcz</b>	<b>5:38.14</b>	<b>449</b>					
	25m:	16.20	16.20	125m:	1:42.88	22.39	225m:	3:09.64	23.23	325m:	4:40.34	19.49
	50m:	36.44	20.24	150m:	2:03.59	20.71	250m:	3:32.57	22.93	350m:	5:00.03	19.69
	75m:	57.94	21.50	175m:	2:25.11	21.52	275m:	3:56.72	24.15	375m:	5:19.62	19.59
	100m:	1:20.49	22.55	200m:	2:46.41	21.30	300m:	4:20.85	24.13	400m:	5:38.14	18.52
16.	<b>SADO</b>		<b>Jagoda</b>	<b>11</b>	<b>Swim Team MOSiR K dzierzyn-Ko le</b>	<b>5:40.44</b>	<b>440</b>					
	25m:	15.99	15.99	125m:	1:39.80	20.89	225m:	3:05.72	25.76	325m:	4:42.44	20.26
	50m:	35.58	19.59	150m:	1:59.59	19.79	250m:	3:30.79	25.07	350m:	5:01.72	19.28
	75m:	56.85	21.27	175m:	2:19.83	20.24	275m:	3:55.18	24.39	375m:	5:21.42	19.70
	100m:	1:18.91	22.06	200m:	2:39.96	20.13	300m:	4:22.18	27.00	400m:	5:40.44	19.02
17.	<b>LUSARCZYK</b>		<b>Hanna</b>	<b>11</b>	<b>MKS CKS-SMS Szczecin</b>	<b>5:41.94</b>	<b>434</b>					
	25m:	16.46	16.46	125m:	1:40.64	21.01	225m:	3:09.62	25.43	325m:	4:45.58	20.33
	50m:	36.66	20.20	150m:	2:01.77	21.13	250m:	3:35.32	25.70	350m:	5:05.06	19.48
	75m:	58.53	21.87	175m:	2:23.14	21.37	275m:	3:59.88	24.56	375m:	5:24.39	19.33
	100m:	1:19.63	21.10	200m:	2:44.19	21.05	300m:	4:25.25	25.37	400m:	5:41.94	17.55
18.	<b>OŁ DEK</b>		<b>Julia</b>	<b>11</b>	<b>MKS JEDYNKA Łód</b>	<b>5:42.32</b>	<b>432</b>					
	25m:	16.72	16.72	125m:	1:46.13	24.13	225m:	3:15.78	22.67	325m:	4:44.69	19.85
	50m:	37.24	20.52	150m:	2:08.83	22.70	250m:	3:38.48	22.70	350m:	5:03.87	19.18
	75m:	58.97	21.73	175m:	2:31.02	22.19	275m:	4:01.47	22.99	375m:	5:23.74	19.87
	100m:	1:22.00	23.03	200m:	2:53.11	22.09	300m:	4:24.84	23.37	400m:	5:42.32	18.58
19.	<b>SULKOWSKA</b>		<b>Hanna</b>	<b>11</b>	<b>UKS JUVENIA iSwim Białystok</b>	<b>5:43.13</b>	<b>429</b>					
	25m:	17.00	17.00	125m:	1:43.93	22.27	225m:	3:13.70	24.39	325m:	4:47.52	19.27
	50m:	37.12	20.12	150m:	2:05.78	21.85	250m:	3:38.42	24.72	350m:	5:06.27	18.75
	75m:	58.64	21.52	175m:	2:27.46	21.68	275m:	4:02.96	24.54	375m:	5:25.31	19.04
	100m:	1:21.66	23.02	200m:	2:49.31	21.85	300m:	4:28.25	25.29	400m:	5:43.13	17.82
20.	<b>WÓJCIK</b>		<b>Maja</b>	<b>11</b>	<b>UKS HURAGAN SP45 Sosnowiec</b>	<b>5:43.21</b>	<b>429</b>					
	25m:	15.92	15.92	125m:	1:42.90	21.70	225m:	3:10.90	22.82	325m:	4:44.84	19.83
	50m:	35.14	19.22	150m:	2:04.14	21.24	250m:	3:35.93	25.03	350m:	5:05.08	20.24
	75m:	57.61	22.47	175m:	2:25.83	21.69	275m:	3:59.72	23.79	375m:	5:24.84	19.76
	100m:	1:21.20	23.59	200m:	2:48.08	22.25	300m:	4:25.01	25.29	400m:	5:43.21	18.37
21.	<b>KULIGA</b>		<b>Katarzyna</b>	<b>11</b>	<b>Dwójka Morena Gda sk</b>	<b>5:51.33</b>	<b>400</b>					
	25m:	16.92	16.92	125m:	1:43.19	22.34	225m:	3:11.57	24.14	325m:	4:48.46	20.32
	50m:	36.55	19.63	150m:	2:04.15	20.96	250m:	3:38.02	26.45	350m:	5:10.08	21.62
	75m:	58.07	21.52	175m:	2:25.62	21.47	275m:	4:01.62	23.60	375m:	5:31.18	21.10
	100m:	1:20.85	22.78	200m:	2:47.43	21.81	300m:	4:28.14	26.52	400m:	5:51.33	20.15
22.	<b>SIEWIERSKA</b>		<b>Paulina</b>	<b>11</b>	<b>MKS ZNICZ Koszalin</b>	<b>5:57.71</b>	<b>379</b>					
	25m:	15.77	15.77	125m:	1:40.09	22.49	225m:	3:14.76	25.72	325m:	4:54.11	20.79
	50m:	36.02	20.25	150m:	2:02.69	22.60	250m:	3:40.70	25.94	350m:	5:15.56	21.45
	75m:	55.19	19.17	175m:	2:25.48	22.79	275m:	4:07.01	26.31	375m:	5:37.00	21.44
	100m:	1:17.60	22.41	200m:	2:49.04	23.56	300m:	4:33.32	26.31	400m:	5:57.71	20.71



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Konkurencja 11, Dziewcz t, 400m zmienny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
23.	KAMI	SKA Oliwia	11	MKS Jagiellonka Warszawa				<b>5:59.98</b>	372
	25m:	16.09 16.09	125m:	1:42.45 23.56	225m:	3:16.79 23.90	325m:	4:56.56 22.27	
	50m:	36.36 20.27	150m:	2:05.62 23.17	250m:	3:42.27 25.48	350m:	5:19.47 22.91	
	75m:	56.59 20.23	175m:	2:29.51 23.89	275m:	4:08.27 26.00	375m:	5:41.77 22.30	
	100m:	1:18.89 22.30	200m:	2:52.89 23.38	300m:	4:34.29 26.02	400m:	5:59.98 18.21	
24.	SMOLAK	Nikola	11	Stow. Sportowe PROSWIM				<b>6:00.53</b>	370
	25m:	16.14 16.14	125m:	1:47.02 22.96	225m:	3:21.48 24.86	325m:	5:01.14 21.91	
	50m:	36.63 20.49	150m:	2:10.42 23.40	250m:	3:47.35 25.87	350m:	5:22.45 21.31	
	75m:	58.96 22.33	175m:	2:33.59 23.17	275m:	4:12.80 25.45	375m:	5:42.70 20.25	
	100m:	1:24.06 25.10	200m:	2:56.62 23.03	300m:	4:39.23 26.43	400m:	6:00.53 17.83	
25.	KOZŁOWSKA	Alicja	11	Stow. Sportowe PROSWIM				<b>6:07.79</b>	348
	25m:	16.02 16.02	125m:	1:49.76 24.71	225m:	3:26.61 25.55	325m:	5:04.57 20.47	
	50m:	37.31 21.29	150m:	2:13.55 23.79	250m:	3:51.83 25.22	350m:	5:25.65 21.08	
	75m:	59.69 22.38	175m:	2:38.21 24.66	275m:	4:17.53 25.70	375m:	5:47.23 21.58	
	100m:	1:25.05 25.36	200m:	3:01.06 22.85	300m:	4:44.10 26.57	400m:	6:07.79 20.56	
26.	URBA	SKA Aleksandra	11	MKS JUVENIA Wrocław				<b>6:09.75</b>	343
	25m:	16.49 16.49	125m:	1:50.04 23.06	225m:	3:24.42 25.09	325m:	5:04.25 20.81	
	50m:	37.97 21.48	150m:	2:12.67 22.63	250m:	3:50.40 25.98	350m:	5:27.23 22.98	
	75m:	1:01.37 23.40	175m:	2:36.35 23.68	275m:	4:16.61 26.21	375m:	5:49.35 22.12	
	100m:	1:26.98 25.61	200m:	2:59.33 22.98	300m:	4:43.44 26.83	400m:	6:09.75 20.40	
DYSKW.	KRAUS	Otylia	11	KS NEPTUN widnica					
	<i>Z3 - Pływak uko czył poszczególne odcinki niezgodnie z przepisami o zako czeniu wy cigu w danym stylu., G8</i>								
DYSKW.	SOLTYS	Anastasiia	11	KS POSNANIA Pozna					
	<i>G6 - Pływak znajduj cy si w pozycji na piersiach nie wykonał nawrotu natychmiast po zako czeniu poci gni cia ramieniem (lub obydwoma ramionami równocze nie).</i>								
DYSKW.	CZARNECKA	Maja	11	MKS JORDAN Kraków					
	<i>K17 - Pływak dotkn ł cian dło mi nało onymi na siebie przy nawrocie lub na zako czenie wy cigu.</i>								