



Łódzki Okręgowy
Związek Pływacki



Ministerstwo
Sportu i Turystyki



Zimowe Mistrzostwa Polski Młodzików 13 lat
Łód , 13-15.12.2024

Konkurencja 18
2024-12-14 - 9:29

Dziewcz t, 400m dowolny

13 lat
Wyniki Eliminacje

Punkty: AQUA 2024

Pozycja			Rok ur.					Czas	Pkt.			
1.	BOMBA Julia		11	CSiR MOS w D browie Górniczej				4:33.60	604	A		
	25m:	14.10	14.10	125m:	1:20.68	16.79	225m:	2:30.74	17.58	325m:	3:41.51	17.77
	50m:	30.48	16.38	150m:	1:37.89	17.21	250m:	2:48.38	17.64	350m:	3:59.00	17.49
	75m:	47.10	16.62	175m:	1:55.44	17.55	275m:	3:06.09	17.71	375m:	4:16.60	17.60
	100m:	1:03.89	16.79	200m:	2:13.16	17.72	300m:	3:23.74	17.65	400m:	4:33.60	17.00
2.	RÓZGA Nina		11	CSiR MOS w D browie Górniczej				4:37.76	577	A		
	25m:	14.68	14.68	125m:	1:24.30	17.81	225m:	2:34.73	17.40	325m:	3:45.88	17.89
	50m:	31.35	16.67	150m:	1:42.10	17.80	250m:	2:52.41	17.68	350m:	4:03.40	17.52
	75m:	48.87	17.52	175m:	1:59.72	17.62	275m:	3:10.26	17.85	375m:	4:20.89	17.49
	100m:	1:06.49	17.62	200m:	2:17.33	17.61	300m:	3:27.99	17.73	400m:	4:37.76	16.87
3.	NIKIEL Emilia		11	MKS Park Wodny Tarnowskie Góry				4:44.62	536	A		
	25m:	15.58	15.58	125m:	1:26.95	18.16	225m:	2:38.97	17.95	325m:	3:51.66	17.85
	50m:	33.10	17.52	150m:	1:45.04	18.09	250m:	2:57.00	18.03	350m:	4:09.68	18.02
	75m:	50.81	17.71	175m:	2:02.86	17.82	275m:	3:15.49	18.49	375m:	4:27.51	17.83
	100m:	1:08.79	17.98	200m:	2:21.02	18.16	300m:	3:33.81	18.32	400m:	4:44.62	17.11
4.	BURANDT Hanna		11	KS Swimmers I za				4:46.63	525	A		
	25m:	14.84	14.84	125m:	1:25.86	18.27	225m:	2:39.48	18.39	325m:	3:52.68	18.32
	50m:	31.87	17.03	150m:	1:44.41	18.55	250m:	2:57.78	18.30	350m:	4:11.16	18.48
	75m:	49.65	17.78	175m:	2:02.59	18.18	275m:	3:16.11	18.33	375m:	4:29.45	18.29
	100m:	1:07.59	17.94	200m:	2:21.09	18.50	300m:	3:34.36	18.25	400m:	4:46.63	17.18
5.	BARCZAK Karolina		11	MTP KORMORAN Olsztyn				4:47.32	521	A		
	25m:	15.99	15.99	125m:	1:27.27	18.11	225m:	2:40.59	18.45	325m:	3:54.04	18.32
	50m:	33.17	17.18	150m:	1:45.59	18.32	250m:	2:59.18	18.59	350m:	4:12.46	18.42
	75m:	51.04	17.87	175m:	2:03.94	18.35	275m:	3:17.42	18.24	375m:	4:30.11	17.65
	100m:	1:09.16	18.12	200m:	2:22.14	18.20	300m:	3:35.72	18.30	400m:	4:47.32	17.21
6.	MICHALAK Maria		11	KS WARTA Pozna				4:48.01	517	A		
	25m:	15.55	15.55	125m:	1:26.10	18.19	225m:	2:40.04	18.68	325m:	3:54.18	18.54
	50m:	32.54	16.99	150m:	1:44.54	18.44	250m:	2:58.58	18.54	350m:	4:12.81	18.63
	75m:	49.98	17.44	175m:	2:02.89	18.35	275m:	3:17.01	18.43	375m:	4:30.76	17.95
	100m:	1:07.91	17.93	200m:	2:21.36	18.47	300m:	3:35.64	18.63	400m:	4:48.01	17.25
7.	B TKOWSKA Emilia		11	CKiS w Skawinie				4:48.13	517	A		
	25m:	15.70	15.70	125m:	1:26.93	18.10	225m:	2:40.30	18.46	325m:	3:54.28	18.84
	50m:	32.81	17.11	150m:	1:45.14	18.21	250m:	2:58.83	18.53	350m:	4:12.68	18.40
	75m:	50.62	17.81	175m:	2:03.34	18.20	275m:	3:17.06	18.23	375m:	4:30.81	18.13
	100m:	1:08.83	18.21	200m:	2:21.84	18.50	300m:	3:35.44	18.38	400m:	4:48.13	17.32
8.	ŁYSIUK Lidia		11	UKS GIM 92 Ursynów				4:49.45	510	A		
	25m:	14.90	14.90	125m:	1:24.98	17.98	225m:	2:38.60	18.52	325m:	3:53.74	18.89
	50m:	31.49	16.59	150m:	1:43.34	18.36	250m:	2:57.41	18.81	350m:	4:12.99	19.25
	75m:	48.94	17.45	175m:	2:01.59	18.25	275m:	3:16.01	18.60	375m:	4:31.71	18.72
	100m:	1:07.00	18.06	200m:	2:20.08	18.49	300m:	3:34.85	18.84	400m:	4:49.45	17.74
9.	RÓ NICKA Aleksandra		11	KS HARPUN Osiecznica				4:49.47	510	A		
	25m:	14.91	14.91	125m:	1:25.98	18.70	225m:	2:40.90	18.71	325m:	3:55.76	18.74
	50m:	31.58	16.67	150m:	1:44.50	18.52	250m:	2:59.54	18.64	350m:	4:14.84	19.08
	75m:	49.13	17.55	175m:	2:03.28	18.78	275m:	3:18.28	18.74	375m:	4:32.99	18.15
	100m:	1:07.28	18.15	200m:	2:22.19	18.91	300m:	3:37.02	18.74	400m:	4:49.47	16.48
10.	KAROLEWSKA Julia		11	SWIMLAND Olsztyn				4:50.40	505	A		
	25m:	15.31	15.31	125m:	1:26.55	18.53	225m:	2:40.16	18.10	325m:	3:54.49	18.76
	50m:	32.32	17.01	150m:	1:45.28	18.73	250m:	2:58.66	18.50	350m:	4:13.34	18.85
	75m:	49.99	17.67	175m:	2:03.69	18.41	275m:	3:17.15	18.49	375m:	4:32.06	18.72
	100m:	1:08.02	18.03	200m:	2:22.06	18.37	300m:	3:35.73	18.58	400m:	4:50.40	18.34
11.	KANIEWSKA Lena		11	Mokotowski UKP Warszawianka- Wodny				4:51.47	499	B		
	25m:	14.90	14.90	125m:	1:26.45	18.40	225m:	2:41.03	18.65	325m:	3:56.61	18.69
	50m:	32.00	17.10	150m:	1:45.02	18.57	250m:	3:00.01	18.98	350m:	4:15.58	18.97
	75m:	49.71	17.71	175m:	2:03.70	18.68	275m:	3:19.16	19.15	375m:	4:33.97	18.39
	100m:	1:08.05	18.34	200m:	2:22.38	18.68	300m:	3:37.92	18.76	400m:	4:51.47	17.50



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Ministerstwo
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Zimowe Mistrzostwa Polski Młodzików 13 lat
Łód , 13-15.12.2024

Konkurencja 18, Dziewcz t, 400m dowolny, Eliminacje, 13 lat

Pozycja					Rok ur.					Czas	Pkt.	
12.	DEJANA Laura				11	UKS SMS GALICJA Kraków				4:53.08	491 B	
	25m:	15.46	15.46	125m:	1:26.77	18.54	225m:	2:41.85	18.99	325m:	3:57.76	19.16
	50m:	32.22	16.76	150m:	1:45.30	18.53	250m:	3:00.71	18.86	350m:	4:17.12	19.36
	75m:	50.04	17.82	175m:	2:03.79	18.49	275m:	3:19.54	18.83	375m:	4:35.46	18.34
	100m:	1:08.23	18.19	200m:	2:22.86	19.07	300m:	3:38.60	19.06	400m:	4:53.08	17.62
13.	KURY Joanna				11	UKS Sokół-Mo cice Tarnów				4:54.08	486 B	
	25m:	14.81	14.81	125m:	1:27.15	18.85	225m:	2:42.71	18.96	325m:	3:58.31	18.55
	50m:	31.72	16.91	150m:	1:46.24	19.09	250m:	3:01.81	19.10	350m:	4:17.30	18.99
	75m:	49.54	17.82	175m:	2:05.00	18.76	275m:	3:20.86	19.05	375m:	4:36.13	18.83
	100m:	1:08.30	18.76	200m:	2:23.75	18.75	300m:	3:39.76	18.90	400m:	4:54.08	17.95
14.	IWA SKA Wiktoria				11	MKS Jagiellonka Warszawa				4:54.86	482 B	
	25m:	14.83	14.83	125m:	1:28.32	19.18	225m:	2:44.23	18.94	325m:	4:00.53	18.12
	50m:	32.07	17.24	150m:	1:47.38	19.06	250m:	3:03.80	19.57	350m:	4:19.78	19.25
	75m:	50.02	17.95	175m:	2:06.24	18.86	275m:	3:23.13	19.33	375m:	4:37.59	17.81
	100m:	1:09.14	19.12	200m:	2:25.29	19.05	300m:	3:42.41	19.28	400m:	4:54.86	17.27
15.	KRAKUS Liliana				11	UKS SP-149 Łód				4:55.26	480 B	
	25m:	15.13	15.13	125m:	1:29.31	18.97	225m:	2:45.34	18.91	325m:	4:00.61	18.42
	50m:	32.75	17.62	150m:	1:48.45	19.14	250m:	3:04.62	19.28	350m:	4:19.69	19.08
	75m:	51.24	18.49	175m:	2:07.56	19.11	275m:	3:23.32	18.70	375m:	4:37.86	18.17
	100m:	1:10.34	19.10	200m:	2:26.43	18.87	300m:	3:42.19	18.87	400m:	4:55.26	17.40
16.	SULKOWSKA Hanna				11	UKS JUVENIA iSwim Białystok				4:55.49	479 B	
	25m:	15.55	15.55	125m:	1:27.76	18.66	225m:	2:43.87	19.19	325m:	4:00.32	19.34
	50m:	32.81	17.26	150m:	1:46.56	18.80	250m:	3:02.94	19.07	350m:	4:19.13	18.81
	75m:	50.69	17.88	175m:	2:05.61	19.05	275m:	3:21.71	18.77	375m:	4:38.16	19.03
	100m:	1:09.10	18.41	200m:	2:24.68	19.07	300m:	3:40.98	19.27	400m:	4:55.49	17.33
17.	KRAUS Otylia				11	KS NEPTUN widnica				4:56.57	474 B	
	25m:	15.76	15.76	125m:	1:28.64	18.57	225m:	2:44.09	18.69	325m:	4:00.38	18.93
	50m:	33.51	17.75	150m:	1:47.32	18.68	250m:	3:03.14	19.05	350m:	4:19.49	19.11
	75m:	51.66	18.15	175m:	2:06.13	18.81	275m:	3:22.33	19.19	375m:	4:38.15	18.66
	100m:	1:10.07	18.41	200m:	2:25.40	19.27	300m:	3:41.45	19.12	400m:	4:56.57	18.42
18.	WOYTERSKA Lena				11	MKS IKAR Stal Mielec				4:57.21	471 B	
	25m:	15.47	15.47	125m:	1:29.23	19.27	225m:	2:47.09	19.40	325m:	4:03.40	18.94
	50m:	32.85	17.38	150m:	1:48.67	19.44	250m:	3:06.13	19.04	350m:	4:21.99	18.59
	75m:	50.95	18.10	175m:	2:08.06	19.39	275m:	3:25.16	19.03	375m:	4:40.32	18.33
	100m:	1:09.96	19.01	200m:	2:27.69	19.63	300m:	3:44.46	19.30	400m:	4:57.21	16.89
19.	KO UCH Lena				11	Stow. OLIMPIJCZYK Kraków				4:59.13	462 B	
	25m:	15.45	15.45	125m:	1:29.37	19.20	225m:	2:46.12	19.27	325m:	4:02.78	19.51
	50m:	33.16	17.71	150m:	1:48.51	19.14	250m:	3:05.06	18.94	350m:	4:22.00	19.22
	75m:	51.38	18.22	175m:	2:08.01	19.50	275m:	3:24.94	19.88	375m:	4:41.38	19.38
	100m:	1:10.17	18.79	200m:	2:26.85	18.84	300m:	3:43.27	18.33	400m:	4:59.13	17.75
	WYLE YK Natalia				11	UKS MANTA Kochłowice Ruda I ska				4:59.13	462 B	
	25m:	15.65	15.65	125m:	1:29.44	19.06	225m:	2:45.43	18.90	325m:	4:02.76	19.39
	50m:	33.41	17.76	150m:	1:48.25	18.81	250m:	3:04.56	19.13	350m:	4:21.97	19.21
	75m:	51.77	18.36	175m:	2:07.34	19.09	275m:	3:23.89	19.33	375m:	4:41.12	19.15
	100m:	1:10.38	18.61	200m:	2:26.53	19.19	300m:	3:43.37	19.48	400m:	4:59.13	18.01
21.	SKIERKA Magdalena				11	Dwójka Morena Gda sk				4:59.31	461 R	
	25m:	15.44	15.44	125m:	1:27.95	18.64	225m:	2:44.60	19.19	325m:	4:02.26	19.13
	50m:	32.97	17.53	150m:	1:47.16	19.21	250m:	3:03.70	19.10	350m:	4:21.99	19.73
	75m:	51.01	18.04	175m:	2:05.98	18.82	275m:	3:23.28	19.58	375m:	4:41.22	19.23
	100m:	1:09.31	18.30	200m:	2:25.41	19.43	300m:	3:43.13	19.85	400m:	4:59.31	18.09
22.	OSICZKO Kaja				11	MKS OCHOTA Warszawa				4:59.60	460 R	
	25m:	14.87	14.87	125m:	1:25.74	18.90	225m:	2:43.28	19.61	325m:	4:02.19	19.93
	50m:	31.17	16.30	150m:	1:44.80	19.06	250m:	3:02.86	19.58	350m:	4:21.62	19.43
	75m:	48.54	17.37	175m:	2:04.21	19.41	275m:	3:22.44	19.58	375m:	4:41.17	19.55
	100m:	1:06.84	18.30	200m:	2:23.67	19.46	300m:	3:42.26	19.82	400m:	4:59.60	18.43

Zimowe Mistrzostwa Polski Młodzików 13 lat
Łód , 13-15.12.2024

Konkurencja 18, Dziewcz t, 400m dowolny, Eliminacje, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
23.	NOWI SKA Nina		11	UKS HURAGAN SP45 Sosnowiec				5:01.38	452
	25m: 14.94	14.94	125m: 1:26.88	18.72	225m: 2:44.30	19.37	325m: 4:02.82	19.62	
	50m: 31.84	16.90	150m: 1:46.28	19.40	250m: 3:04.07	19.77	350m: 4:22.89	20.07	
	75m: 49.59	17.75	175m: 2:05.61	19.33	275m: 3:23.52	19.45	375m: 4:42.22	19.33	
	100m: 1:08.16	18.57	200m: 2:24.93	19.32	300m: 3:43.20	19.68	400m: 5:01.38	19.16	
24.	B BAS Lena		11	Swim Team MOSiR K dzierzyn-Ko le				5:02.06	449
	25m: 15.24	15.24	125m: 1:29.26	18.91	225m: 2:45.75	18.92	325m: 4:02.93	19.82	
	50m: 32.76	17.52	150m: 1:48.58	19.32	250m: 3:04.94	19.19	350m: 4:23.24	20.31	
	75m: 51.29	18.53	175m: 2:07.45	18.87	275m: 3:23.77	18.83	375m: 4:42.94	19.70	
	100m: 1:10.35	19.06	200m: 2:26.83	19.38	300m: 3:43.11	19.34	400m: 5:02.06	19.12	
25.	MAJ Zuzanna		11	KS KSZO Ostrowiec w.				5:02.43	447
	25m: 15.70	15.70	125m: 1:28.70	18.58	225m: 2:45.72	19.39	325m: 4:04.47	19.46	
	50m: 33.41	17.71	150m: 1:47.71	19.01	250m: 3:05.48	19.76	350m: 4:24.51	20.04	
	75m: 51.52	18.11	175m: 2:06.75	19.04	275m: 3:25.13	19.65	375m: 4:43.94	19.43	
	100m: 1:10.12	18.60	200m: 2:26.33	19.58	300m: 3:45.01	19.88	400m: 5:02.43	18.49	
26.	DOMERADZKA Łucja		11	UKS ABIANKA Gda sk				5:03.07	444
	25m: 15.82	15.82	125m: 1:29.98	19.21	225m: 2:46.98	18.95	325m: 4:05.50	20.08	
	50m: 33.32	17.50	150m: 1:49.33	19.35	250m: 3:06.43	19.45	350m: 4:25.39	19.89	
	75m: 51.76	18.44	175m: 2:08.70	19.37	275m: 3:25.71	19.28	375m: 4:44.78	19.39	
	100m: 1:10.77	19.01	200m: 2:28.03	19.33	300m: 3:45.42	19.71	400m: 5:03.07	18.29	
27.	SELL Magdalena		11	MUKP Korona-Swim Kielce				5:03.54	442
	25m: 16.49	16.49	125m: 1:33.29	19.81	225m: 2:52.27	19.70	325m: 4:10.18	19.11	
	50m: 34.77	18.28	150m: 1:52.98	19.69	250m: 3:11.99	19.72	350m: 4:29.54	19.36	
	75m: 53.78	19.01	175m: 2:12.72	19.74	275m: 3:31.33	19.34	375m: 4:47.38	17.84	
	100m: 1:13.48	19.70	200m: 2:32.57	19.85	300m: 3:51.07	19.74	400m: 5:03.54	16.16	
28.	BŁOCH Lena		11	UKS KORAL Wrocław				5:05.07	435
	25m: 15.18	15.18	125m: 1:28.81	19.56	225m: 2:47.90	19.91	325m: 4:06.91	19.81	
	50m: 32.21	17.03	150m: 1:48.55	19.74	250m: 3:07.56	19.66	350m: 4:26.60	19.69	
	75m: 50.46	18.25	175m: 2:08.32	19.77	275m: 3:27.43	19.87	375m: 4:45.79	19.19	
	100m: 1:09.25	18.79	200m: 2:27.99	19.67	300m: 3:47.10	19.67	400m: 5:05.07	19.28	
29.	KOWALCZYK Helena		11	MKS TRÓJKA Łód				5:05.19	435
	25m: 15.77	15.77	125m: 1:32.71	19.91	225m: 2:53.02	20.39	325m: 4:11.61	19.20	
	50m: 33.85	18.08	150m: 1:52.76	20.05	250m: 3:12.92	19.90	350m: 4:30.48	18.87	
	75m: 53.18	19.33	175m: 2:12.50	19.74	275m: 3:32.52	19.60	375m: 4:47.81	17.33	
	100m: 1:12.80	19.62	200m: 2:32.63	20.13	300m: 3:52.41	19.89	400m: 5:05.19	17.38	
30.	LACH Maria		11	MKS OCHOTA Warszawa				5:05.30	434
	25m: 15.34	15.34	125m: 1:29.58	19.22	225m: 2:47.68	19.65	325m: 4:07.75	20.01	
	50m: 32.86	17.52	150m: 1:49.08	19.50	250m: 3:07.72	20.04	350m: 4:27.77	20.02	
	75m: 51.54	18.68	175m: 2:08.42	19.34	275m: 3:27.75	20.03	375m: 4:46.54	18.77	
	100m: 1:10.36	18.82	200m: 2:28.03	19.61	300m: 3:47.74	19.99	400m: 5:05.30	18.76	
31.	GIELZA Emilia		11	UKS MANTA Kochłowice Ruda l ska				5:05.69	433
	25m: 15.70	15.70	125m: 1:29.48	19.11	225m: 2:47.62	19.68	325m: 4:06.64	20.16	
	50m: 33.35	17.65	150m: 1:48.65	19.17	250m: 3:06.99	19.37	350m: 4:26.45	19.81	
	75m: 51.83	18.48	175m: 2:08.34	19.69	275m: 3:26.75	19.76	375m: 4:46.65	20.20	
	100m: 1:10.37	18.54	200m: 2:27.94	19.60	300m: 3:46.48	19.73	400m: 5:05.69	19.04	
32.	PACYK Alexandra		11	IUKS MUSZELKA Warszawa				5:06.16	431
	25m: 15.53	15.53	125m: 1:29.80	19.36	225m: 2:48.19	19.51	325m: 4:07.69	19.64	
	50m: 32.94	17.41	150m: 1:49.26	19.46	250m: 3:08.10	19.91	350m: 4:27.87	20.18	
	75m: 51.34	18.40	175m: 2:08.95	19.69	275m: 3:28.08	19.98	375m: 4:47.53	19.66	
	100m: 1:10.44	19.10	200m: 2:28.68	19.73	300m: 3:48.05	19.97	400m: 5:06.16	18.63	
33.	DONIECKA Natalia		11	UKS Kro nicka Przysta				5:06.52	429
	25m: 16.45	16.45	125m: 1:32.00	19.31	225m: 2:50.60	19.57	325m: 4:09.00	19.38	
	50m: 34.67	18.22	150m: 1:51.77	19.77	250m: 3:10.41	19.81	350m: 4:28.86	19.86	
	75m: 53.45	18.78	175m: 2:11.34	19.57	275m: 3:29.70	19.29	375m: 4:48.26	19.40	
	100m: 1:12.69	19.24	200m: 2:31.03	19.69	300m: 3:49.62	19.92	400m: 5:06.52	18.26	



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Pozycja			Rok ur.					Czas	Pkt.
34.	MAJZA - WAWRZY	SKA Barbara	11	UKS 3 WODNIK	Wolsztyn			5:06.79	428
	25m:	16.70 16.70	125m:	1:32.34	19.37	225m:	2:50.60 19.64	325m:	4:09.49 19.56
	50m:	34.70 18.00	150m:	1:51.99	19.65	250m:	3:10.48 19.88	350m:	4:29.46 19.97
	75m:	53.59 18.89	175m:	2:11.46	19.47	275m:	3:30.25 19.77	375m:	4:48.70 19.24
	100m:	1:12.97 19.38	200m:	2:30.96	19.50	300m:	3:49.93 19.68	400m:	5:06.79 18.09
35.	WÓJTOWICZ	Sandra	11	KS KSZO	Ostrowiec w.			5:06.82	428
	25m:	15.77 15.77	125m:	1:29.94	19.32	225m:	2:49.14 20.02	325m:	4:08.43 19.72
	50m:	33.34 17.57	150m:	1:49.51	19.57	250m:	3:08.93 19.79	350m:	4:28.29 19.86
	75m:	51.71 18.37	175m:	2:09.47	19.96	275m:	3:28.80 19.87	375m:	4:48.14 19.85
	100m:	1:10.62 18.91	200m:	2:29.12	19.65	300m:	3:48.71 19.91	400m:	5:06.82 18.68
36.	KASI	SKA Michalina	11	UKS 307	Warszawa			5:08.55	421
	25m:	15.64 15.64	125m:	1:33.36	19.72	225m:	2:52.57 19.41	325m:	4:12.75 19.05
	50m:	34.37 18.73	150m:	1:53.72	20.36	250m:	3:13.01 20.44	350m:	4:32.07 19.32
	75m:	53.73 19.36	175m:	2:13.19	19.47	275m:	3:33.16 20.15	375m:	4:50.80 18.73
	100m:	1:13.64 19.91	200m:	2:33.16	19.97	300m:	3:53.70 20.54	400m:	5:08.55 17.75
37.	WITTBRODT	Alicja	11	UKP POLONIA	Warszawa			5:08.57	421
	25m:	15.64 15.64	125m:	1:32.08	19.93	225m:	2:52.29 19.72	325m:	4:10.82 19.35
	50m:	33.36 17.72	150m:	1:52.32	20.24	250m:	3:12.31 20.02	350m:	4:30.50 19.68
	75m:	52.43 19.07	175m:	2:12.42	20.10	275m:	3:31.84 19.53	375m:	4:49.96 19.46
	100m:	1:12.15 19.72	200m:	2:32.57	20.15	300m:	3:51.47 19.63	400m:	5:08.57 18.61
38.	ROKICKA	Alicja	11	MKS Jagiellonka	Warszawa			5:09.21	418
	25m:	15.92 15.92	125m:	1:31.53	19.89	225m:	2:51.97 20.17	325m:	4:12.55 19.78
	50m:	34.04 18.12	150m:	1:51.49	19.96	250m:	3:12.45 20.48	350m:	4:32.79 20.24
	75m:	52.60 18.56	175m:	2:11.63	20.14	275m:	3:32.32 19.87	375m:	4:51.33 18.54
	100m:	1:11.64 19.04	200m:	2:31.80	20.17	300m:	3:52.77 20.45	400m:	5:09.21 17.88
39.	SOSNOWSKA	Natalia	11	UKS G-8	Bielany Warszawa			5:09.33	418
	25m:	16.30 16.30	125m:	1:31.98	19.29	225m:	2:51.66 19.92	325m:	4:11.24 19.82
	50m:	34.45 18.15	150m:	1:51.89	19.91	250m:	3:11.54 19.88	350m:	4:30.92 19.68
	75m:	53.12 18.67	175m:	2:11.56	19.67	275m:	3:31.47 19.93	375m:	4:49.92 19.00
	100m:	1:12.69 19.57	200m:	2:31.74	20.18	300m:	3:51.42 19.95	400m:	5:09.33 19.41
40.	BORCZUCH	Nikola	11	UKS Sokół-Mo	cice Tarnów			5:09.45	417
	25m:	16.98 16.98	125m:	1:32.71	19.20	225m:	2:51.49 20.06	325m:	4:11.45 19.69
	50m:	35.48 18.50	150m:	1:52.01	19.30	250m:	3:11.49 20.00	350m:	4:31.57 20.12
	75m:	54.24 18.76	175m:	2:11.64	19.63	275m:	3:31.90 20.41	375m:	4:51.00 19.43
	100m:	1:13.51 19.27	200m:	2:31.43	19.79	300m:	3:51.76 19.86	400m:	5:09.45 18.45
41.	GÓRNY	Weronika	11	KS Marbi-Sport	Zywiec			5:11.42	409
	25m:	15.48 15.48	125m:	1:30.35	19.49	250m:	3:10.37 20.47	400m:	5:11.42 19.29
	50m:	33.27 17.79	150m:	1:49.97	19.62	275m:	3:30.71 20.34		
	75m:	51.65 18.38	175m:	2:09.95	19.98	325m:	4:11.08 40.37		
	100m:	1:10.86 19.21	225m:	2:49.90	39.95	375m:	4:52.13 41.05		
42.	ROSZCZYK	Kamila	11	UKS G-8	Bielany Warszawa			5:13.89	400
	25m:	16.32 16.32	125m:	1:33.34	20.06	225m:	2:54.36 20.37	325m:	4:15.82 20.04
	50m:	34.65 18.33	150m:	1:53.51	20.17	250m:	3:15.44 21.08	350m:	4:35.63 19.81
	75m:	53.89 19.24	175m:	2:13.68	20.17	275m:	3:35.28 19.84	375m:	4:54.97 19.34
	100m:	1:13.28 19.39	200m:	2:33.99	20.31	300m:	3:55.78 20.50	400m:	5:13.89 18.92
43.	KOCL	GA Antonina	11	UKS Aqua Team	Mikołów			5:15.86	392
	25m:	16.19 16.19	125m:	1:34.09	20.01	225m:	2:55.07 20.55	325m:	4:16.78 19.97
	50m:	35.20 19.01	150m:	1:53.99	19.90	250m:	3:15.69 20.62	350m:	4:36.91 20.13
	75m:	54.37 19.17	175m:	2:14.27	20.28	275m:	3:35.92 20.23	375m:	4:57.58 20.67
	100m:	1:14.08 19.71	200m:	2:34.52	20.25	300m:	3:56.81 20.89	400m:	5:15.86 18.28
44.	ŁACZEK	Wiktoria	11	KS Waterpolo	Pozna			5:17.02	388
	25m:	15.97 15.97	125m:	1:30.86	19.82	225m:	2:53.83 20.98	325m:	4:18.18 21.05
	50m:	33.51 17.54	150m:	1:51.11	20.25	250m:	3:15.20 21.37	350m:	4:38.84 20.66
	75m:	51.89 18.38	175m:	2:11.81	20.70	275m:	3:35.90 20.70	375m:	4:58.80 19.96
	100m:	1:11.04 19.15	200m:	2:32.85	21.04	300m:	3:57.13 21.23	400m:	5:17.02 18.22



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Pozycja					Rok ur.					Czas	Pkt.	
45.	DANISZEWSKA Aleksandra				11	UKS GIM 92 Ursynów				5:17.11	388	
	25m:	15.85	15.85	125m:	1:32.45	20.01	225m:	2:54.09	20.65	325m:	4:16.20	20.39
	50m:	34.29	18.44	150m:	1:52.70	20.25	250m:	3:14.56	20.47	350m:	4:36.94	20.74
	75m:	53.18	18.89	175m:	2:13.18	20.48	275m:	3:35.17	20.61	375m:	4:57.44	20.50
	100m:	1:12.44	19.26	200m:	2:33.44	20.26	300m:	3:55.81	20.64	400m:	5:17.11	19.67
46.	BOROWSKA Natalia				11	UKS JUVENIA iSwim Białystok				5:18.42	383	
	25m:	17.13	17.13	125m:	1:36.02	20.14	225m:	2:57.45	20.41	325m:	4:19.07	20.35
	50m:	36.57	19.44	150m:	1:56.31	20.29	250m:	3:17.74	20.29	350m:	4:39.69	20.62
	75m:	55.92	19.35	175m:	2:16.50	20.19	275m:	3:37.79	20.05	375m:	4:59.80	20.11
	100m:	1:15.88	19.96	200m:	2:37.04	20.54	300m:	3:58.72	20.93	400m:	5:18.42	18.62
47.	SIEWIERSKA Paulina				11	MKS ZNICZ Koszalin				5:18.56	382	
	25m:	15.30	15.30	125m:	1:30.29	19.96	225m:	2:51.25	20.28	325m:	4:14.91	21.43
	50m:	32.82	17.52	150m:	1:50.33	20.04	250m:	3:11.84	20.59	350m:	4:36.44	21.53
	75m:	50.99	18.17	175m:	2:10.65	20.32	275m:	3:32.69	20.85	375m:	4:58.41	21.97
	100m:	1:10.33	19.34	200m:	2:30.97	20.32	300m:	3:53.48	20.79	400m:	5:18.56	20.15
48.	PROCHOWICZ Hanna				11	MUKS PIORUN Gołdap				5:19.40	379	
	25m:	16.78	16.78	125m:	1:35.18	20.09	225m:	2:56.78	20.61	325m:	4:19.87	21.38
	50m:	35.76	18.98	150m:	1:55.52	20.34	250m:	3:17.44	20.66	350m:	4:40.38	20.51
	75m:	55.13	19.37	175m:	2:15.61	20.09	275m:	3:38.02	20.58	375m:	5:00.07	19.69
	100m:	1:15.09	19.96	200m:	2:36.17	20.56	300m:	3:58.49	20.47	400m:	5:19.40	19.33
49.	ONEILL Kiera				11	UKP POLONIA Warszawa				5:19.58	379	
	25m:	16.35	16.35	125m:	1:34.26	20.20	225m:	2:56.21	20.46	325m:	4:17.93	20.30
	50m:	35.11	18.76	150m:	1:54.67	20.41	250m:	3:17.15	20.94	350m:	4:38.51	20.58
	75m:	54.08	18.97	175m:	2:15.10	20.43	275m:	3:37.51	20.36	375m:	5:00.11	21.60
	100m:	1:14.06	19.98	200m:	2:35.75	20.65	300m:	3:57.63	20.12	400m:	5:19.58	19.47
50.	KOWALCZYK Magdalena				11	PUKS ORKA Ostrów Mazowiecka				5:19.74	378	
	25m:	16.21	16.21	125m:	1:35.34	19.92	225m:	2:57.48	21.27	325m:	4:21.17	19.62
	50m:	34.95	18.74	150m:	1:55.56	20.22	250m:	3:18.96	21.48	350m:	4:42.07	20.90
	75m:	55.04	20.09	175m:	2:15.91	20.35	275m:	3:40.53	21.57	375m:	5:01.70	19.63
	100m:	1:15.42	20.38	200m:	2:36.21	20.30	300m:	4:01.55	21.02	400m:	5:19.74	18.04
51.	BIAŁCZAK Julia				11	Grudzi dzki KP ORKA				5:20.08	377	
	25m:	15.81	15.81	125m:	1:34.86	20.61	225m:	2:57.26	20.86	325m:	4:20.49	20.57
	50m:	34.58	18.77	150m:	1:55.35	20.49	250m:	3:18.70	21.44	350m:	4:40.78	20.29
	75m:	54.25	19.67	175m:	2:15.94	20.59	275m:	3:39.32	20.62	375m:	5:01.06	20.28
	100m:	1:14.25	20.00	200m:	2:36.40	20.46	300m:	3:59.92	20.60	400m:	5:20.08	19.02
52.	SMOLAK Nikola				11	Stow. Sportowe PROSWIM				5:21.57	372	
	25m:	16.78	16.78	125m:	1:35.74	20.33	225m:	2:58.89	21.03	325m:	4:21.86	20.73
	50m:	35.89	19.11	150m:	1:56.24	20.50	250m:	3:19.80	20.91	350m:	4:42.53	20.67
	75m:	55.47	19.58	175m:	2:16.90	20.66	275m:	3:40.41	20.61	375m:	5:02.74	20.21
	100m:	1:15.41	19.94	200m:	2:37.86	20.96	300m:	4:01.13	20.72	400m:	5:21.57	18.83
53.	KLIMEK Antonina				11	KP Totis Viribus wiebodziń				5:22.83	367	
	25m:	16.91	16.91	125m:	1:37.11	20.59	225m:	3:00.30	21.01	325m:	4:24.84	20.77
	50m:	36.48	19.57	150m:	1:57.54	20.43	250m:	3:21.25	20.95	350m:	4:45.20	20.36
	75m:	56.61	20.13	175m:	2:18.33	20.79	275m:	3:42.51	21.26	375m:	5:04.92	19.72
	100m:	1:16.52	19.91	200m:	2:39.29	20.96	300m:	4:04.07	21.56	400m:	5:22.83	17.91
54.	TARGOWSKA Wiktoria				11	MKS SP 63 Bydgoszcz				5:25.13	360	
	25m:	16.83	16.83	125m:	1:34.64	20.31	225m:	2:59.31	21.60	325m:	4:24.80	21.26
	50m:	35.17	18.34	150m:	1:55.95	21.31	250m:	3:20.70	21.39	350m:	4:46.29	21.49
	75m:	54.29	19.12	175m:	2:16.54	20.59	275m:	3:42.16	21.46	375m:	5:05.79	19.50
	100m:	1:14.33	20.04	200m:	2:37.71	21.17	300m:	4:03.54	21.38	400m:	5:25.13	19.34
55.	JANKIEWICZ-DELGADO Natalia				11	UKS NAWA Skierniewice				5:25.56	358	
	25m:	16.68	16.68	125m:	1:37.84	21.09	225m:	3:02.35	21.14	325m:	4:25.79	20.50
	50m:	35.68	19.00	150m:	1:58.72	20.88	250m:	3:23.75	21.40	350m:	4:46.66	20.87
	75m:	56.11	20.43	175m:	2:19.93	21.21	275m:	3:44.46	20.71	375m:	5:06.86	20.20
	100m:	1:16.75	20.64	200m:	2:41.21	21.28	300m:	4:05.29	20.83	400m:	5:25.56	18.70



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Pozycja			Rok ur.				Czas				Pkt.
56.	J	DRYSZEK Milena	11	UKS ORKA Cz stochowa			5:26.36				355
	25m:	16.47 16.47	125m:	1:35.63	20.49	225m:	3:00.58	21.42	325m:	4:26.42	21.30
	50m:	35.35 18.88	150m:	1:56.59	20.96	250m:	3:22.00	21.42	350m:	4:47.41	20.99
	75m:	54.79 19.44	175m:	2:17.42	20.83	275m:	3:43.53	21.53	375m:	5:08.12	20.71
	100m:	1:15.14 20.35	200m:	2:39.16	21.74	300m:	4:05.12	21.59	400m:	5:26.36	18.24
57.	KALINOWSKA Agata		11	UKS SIÓDEMKA Brodnica			5:29.45				346
	25m:	17.00 17.00	125m:	1:38.51	20.58	225m:	3:04.56	21.45	325m:	4:29.97	21.33
	50m:	36.67 19.67	150m:	1:59.64	21.13	250m:	3:25.78	21.22	350m:	4:50.83	20.86
	75m:	56.91 20.24	175m:	2:21.19	21.55	275m:	3:47.03	21.25	375m:	5:11.01	20.18
	100m:	1:17.93 21.02	200m:	2:43.11	21.92	300m:	4:08.64	21.61	400m:	5:29.45	18.44
58.	ŁUKASZEWICZ Maria		11	UKS SP 23 Lublin			5:34.66				330
	25m:	16.28 16.28	125m:	1:34.72	20.60	225m:	3:00.79	22.25	325m:	4:29.57	22.03
	50m:	35.05 18.77	150m:	1:55.51	20.79	250m:	3:23.10	22.31	350m:	4:51.68	22.11
	75m:	54.42 19.37	175m:	2:16.78	21.27	275m:	3:45.53	22.43	375m:	5:13.88	22.20
	100m:	1:14.12 19.70	200m:	2:38.54	21.76	300m:	4:07.54	22.01	400m:	5:34.66	20.78
59.	JURKIEWICZ Alicja		11	UKS RUCH Grudzi dz			5:39.94				315
	25m:	16.29 16.29	125m:	1:35.44	20.92	225m:	3:04.73	22.70	325m:	4:35.02	21.88
	50m:	34.71 18.42	150m:	1:57.16	21.72	250m:	3:27.79	23.06	350m:	4:57.03	22.01
	75m:	54.10 19.39	175m:	2:19.57	22.41	275m:	3:50.70	22.91	375m:	5:17.78	20.75
	100m:	1:14.52 20.42	200m:	2:42.03	22.46	300m:	4:13.14	22.44	400m:	5:39.94	22.16
PK	KUPISZEK Maria		11	UKS Cityzen			5:29.24				346
	25m:	16.67 16.67	125m:	1:37.90	21.20	225m:	3:03.03	21.40	325m:	4:28.80	21.00
	50m:	35.81 19.14	150m:	1:59.09	21.19	250m:	3:24.80	21.77	350m:	4:49.96	21.16
	75m:	56.01 20.20	175m:	2:20.37	21.28	275m:	3:46.39	21.59	375m:	5:10.33	20.37
	100m:	1:16.70 20.69	200m:	2:41.63	21.26	300m:	4:07.80	21.41	400m:	5:29.24	18.91