



Ministerstwo
Sportu i Turystyki



Mistrzostwa Polski w pływaniu w kat. Open, Młodzie owców 19-23 lat, Juniorów 17-18 lat
Bydgoszcz, 19- - 22-12-2024

Konkurencja 21

Kobiet, 400m zmienny

Open

2024-12-20 - 10:48

Wyniki Eliminacje

Rekord Polski 4:31.89 BARANOWSKA Katarzyna 00116 Debrecen (HUN) 2007-12-16

Punkty: AQUA 2024

Pozycja			Rok ur.					Czas	Pkt.		
1.	KNOP Aleksandra		03	UKS 190 Łódź				4:50.22	710	A	
	25m:	13.74 13.74	125m:	1:23.23	18.96	225m:	2:37.55	20.23	325m:	3:58.96	17.66
	50m:	30.03 16.29	150m:	1:41.35	18.12	250m:	2:58.83	21.28	350m:	4:16.21	17.25
	75m:	47.02 16.99	175m:	1:59.48	18.13	275m:	3:20.09	21.26	375m:	4:33.34	17.13
	100m:	1:04.27 17.25	200m:	2:17.32	17.84	300m:	3:41.30	21.21	400m:	4:50.22	16.88
2.	PRZYBYLSKA Oliwia		07	KU AZS UMCS Lublin				4:54.54	679	A	
	25m:	14.58 14.58	125m:	1:27.72	19.31	225m:	2:43.14	20.85	325m:	4:02.66	17.95
	50m:	31.89 17.31	150m:	1:45.90	18.18	250m:	3:03.37	20.23	350m:	4:19.75	17.09
	75m:	49.70 17.81	175m:	2:04.40	18.50	275m:	3:24.04	20.67	375m:	4:37.16	17.41
	100m:	1:08.41 18.71	200m:	2:22.29	17.89	300m:	3:44.71	20.67	400m:	4:54.54	17.38
3.	HERBREDER Gabriela		03	UKS GIM 92 Ursynów				4:56.78	664	A	
	25m:	13.88 13.88	125m:	1:28.35	20.05	225m:	2:45.39	20.28	325m:	4:05.34	17.92
	50m:	31.39 17.51	150m:	1:47.60	19.25	250m:	3:05.96	20.57	350m:	4:22.52	17.18
	75m:	49.75 18.36	175m:	2:06.70	19.10	275m:	3:26.78	20.82	375m:	4:39.82	17.30
	100m:	1:08.30 18.55	200m:	2:25.11	18.41	300m:	3:47.42	20.64	400m:	4:56.78	16.96
4.	GLI SKA Oliwia		07	TP Zielona Góra				4:57.40	660	A	
	25m:	15.00 15.00	125m:	1:28.25	18.81	225m:	2:44.48	21.41	325m:	4:06.29	17.73
	50m:	32.80 17.80	150m:	1:46.30	18.05	250m:	3:05.83	21.35	350m:	4:23.29	17.00
	75m:	51.02 18.22	175m:	2:04.97	18.67	275m:	3:27.03	21.20	375m:	4:40.34	17.05
	100m:	1:09.44 18.42	200m:	2:23.07	18.10	300m:	3:48.56	21.53	400m:	4:57.40	17.06
5.	POZNA SKA Justyna		05	AZS AWF Katowice				4:59.14	648	A	
	25m:	14.57 14.57	125m:	1:28.40	19.50	225m:	2:45.51	21.42	325m:	4:08.61	18.23
	50m:	32.02 17.45	150m:	1:47.08	18.68	250m:	3:07.12	21.61	350m:	4:25.81	17.20
	75m:	50.30 18.28	175m:	2:05.79	18.71	275m:	3:28.85	21.73	375m:	4:43.14	17.33
	100m:	1:08.90 18.60	200m:	2:24.09	18.30	300m:	3:50.38	21.53	400m:	4:59.14	16.00
6.	WILK Anna		06	UKP FALA Kra nik				4:59.19	648	A	
	25m:	14.76 14.76	125m:	1:29.69	20.27	225m:	2:48.08	20.76	325m:	4:08.60	18.09
	50m:	32.37 17.61	150m:	1:48.65	18.96	250m:	3:08.68	20.60	350m:	4:25.78	17.18
	75m:	50.83 18.46	175m:	2:08.29	19.64	275m:	3:29.75	21.07	375m:	4:43.14	17.36
	100m:	1:09.42 18.59	200m:	2:27.32	19.03	300m:	3:50.51	20.76	400m:	4:59.19	16.05
7.	NIKIEL Natalia		06	MKS Park Wodny Tarnowskie Góry				4:59.33	647	A	
	25m:	14.62 14.62	125m:	1:29.68	20.36	225m:	2:46.42	20.58	325m:	4:08.55	18.26
	50m:	32.60 17.98	150m:	1:48.52	18.84	250m:	3:07.76	21.34	350m:	4:25.60	17.05
	75m:	50.89 18.29	175m:	2:07.23	18.71	275m:	3:29.07	21.31	375m:	4:42.71	17.11
	100m:	1:09.32 18.43	200m:	2:25.84	18.61	300m:	3:50.29	21.22	400m:	4:59.33	16.62
8.	SULAK Antonina		06	AZS AWF Katowice				4:59.62	645	A	
	25m:	14.88 14.88	125m:	1:29.27	19.95	225m:	2:46.31	20.65	325m:	4:07.59	17.90
	50m:	32.42 17.54	150m:	1:47.89	18.62	250m:	3:07.15	20.84	350m:	4:25.20	17.61
	75m:	50.55 18.13	175m:	2:06.91	19.02	275m:	3:28.38	21.23	375m:	4:42.83	17.63
	100m:	1:09.32 18.77	200m:	2:25.66	18.75	300m:	3:49.69	21.31	400m:	4:59.62	16.79
9.	RODZIEWICZ Alicja		08	UKS NAWA Skierniewice				5:01.66	632	A	
	25m:	14.36 14.36	125m:	1:27.38	19.18	225m:	2:44.43	21.54	325m:	4:07.88	17.92
	50m:	31.56 17.20	150m:	1:45.70	18.32	250m:	3:05.54	21.11	350m:	4:25.52	17.64
	75m:	49.57 18.01	175m:	2:04.20	18.50	275m:	3:27.46	21.92	375m:	4:43.90	18.38
	100m:	1:08.20 18.63	200m:	2:22.89	18.69	300m:	3:49.96	22.50	400m:	5:01.66	17.76
10.	CZUBAK Maria		06	IKS Konstancin				5:04.27	616	A	
	25m:	14.62 14.62	125m:	1:28.71	18.79	225m:	2:47.01	22.48	325m:	4:12.78	18.10
	50m:	32.40 17.78	150m:	1:47.14	18.43	250m:	3:09.30	22.29	350m:	4:29.86	17.08
	75m:	50.86 18.46	175m:	2:05.68	18.54	275m:	3:31.86	22.56	375m:	4:47.11	17.25
	100m:	1:09.92 19.06	200m:	2:24.53	18.85	300m:	3:54.68	22.82	400m:	5:04.27	17.16
11.	KERTY SKA Nadia		03	MKS JUVENIA Wrocław				5:04.87	612	B	
	25m:	13.99 13.99	125m:	1:28.65	19.92	225m:	2:48.00	21.15	325m:	4:11.96	18.92
	50m:	31.51 17.52	150m:	1:48.13	19.48	250m:	3:09.32	21.32	350m:	4:30.16	18.20
	75m:	49.68 18.17	175m:	2:07.48	19.35	275m:	3:31.02	21.70	375m:	4:47.87	17.71
	100m:	1:08.73 19.05	200m:	2:26.85	19.37	300m:	3:53.04	22.02	400m:	5:04.87	17.00

Mistrzostwa Polski w pływaniu w kat. Open, Młodzieowców 19-23 lat, Juniorów 17-18 lat
Bydgoszcz, 19- - 22-12-2024

Konkurencja 21, Kobiet, 400m zmienny, Eliminacje, Open

Pozycja			Rok ur.					Czas	Pkt.			
12.	SKRZYPCZAK Natalia		07	Akademia SMS Racibórz				5:05.15	611	B		
	25m:	14.42	14.42	125m:	1:30.04	20.49	225m:	2:50.09	21.35	325m:	4:12.33	18.45
	50m:	32.15	17.73	150m:	1:49.85	19.81	250m:	3:11.27	21.18	350m:	4:29.91	17.58
	75m:	50.80	18.65	175m:	2:09.44	19.59	275m:	3:32.65	21.38	375m:	4:47.85	17.94
	100m:	1:09.55	18.75	200m:	2:28.74	19.30	300m:	3:53.88	21.23	400m:	5:05.15	17.30
13.	PLAGA Olga		07	TP SKALAR Słupsk				5:06.05	605	B		
	25m:	14.81	14.81	125m:	1:29.87	20.57	225m:	2:49.96	20.74	325m:	4:12.92	18.57
	50m:	32.51	17.70	150m:	1:49.33	19.46	250m:	3:11.18	21.22	350m:	4:30.82	17.90
	75m:	50.86	18.35	175m:	2:09.49	20.16	275m:	3:32.80	21.62	375m:	4:48.67	17.85
	100m:	1:09.30	18.44	200m:	2:29.22	19.73	300m:	3:54.35	21.55	400m:	5:06.05	17.38
14.	LECHOWSKA Magdalena		06	WKS L SK Wrocław				5:06.76	601	B		
	25m:	14.52	14.52	125m:	1:30.57	20.27	225m:	2:49.58	21.56	325m:	4:14.44	18.81
	50m:	32.21	17.69	150m:	1:49.73	19.16	250m:	3:11.35	21.77	350m:	4:32.36	17.92
	75m:	51.13	18.92	175m:	2:08.94	19.21	275m:	3:33.61	22.26	375m:	4:50.27	17.91
	100m:	1:10.30	19.17	200m:	2:28.02	19.08	300m:	3:55.63	22.02	400m:	5:06.76	16.49
15.	KUCZMAR Aleksandra		09	UKP POLONIA Warszawa				5:06.92	600	B		
	25m:	14.85	14.85	125m:	1:30.72	20.08	225m:	2:51.75	21.98	325m:	4:16.47	18.16
	50m:	32.62	17.77	150m:	1:50.42	19.70	250m:	3:13.89	22.14	350m:	4:33.94	17.47
	75m:	51.23	18.61	175m:	2:10.16	19.74	275m:	3:35.87	21.98	375m:	4:51.09	17.15
	100m:	1:10.64	19.41	200m:	2:29.77	19.61	300m:	3:58.31	22.44	400m:	5:06.92	15.83
16.	SKROK Julia		07	WKS L SK Wrocław				5:08.17	593	B		
	25m:	14.53	14.53	125m:	1:31.14	20.92	225m:	2:52.01	21.15	325m:	4:16.41	18.98
	50m:	32.43	17.90	150m:	1:50.97	19.83	250m:	3:13.44	21.43	350m:	4:34.27	17.86
	75m:	50.98	18.55	175m:	2:10.95	19.98	275m:	3:35.39	21.95	375m:	4:51.89	17.62
	100m:	1:10.22	19.24	200m:	2:30.86	19.91	300m:	3:57.43	22.04	400m:	5:08.17	16.28
17.	MLA Viktoria		07	UKP UNIA O wi cim				5:10.35	580	B		
	25m:	14.69	14.69	125m:	1:31.48	21.06	225m:	2:53.59	21.16	325m:	4:16.63	18.74
	50m:	32.51	17.82	150m:	1:51.90	20.42	250m:	3:14.81	21.22	350m:	4:35.08	18.45
	75m:	51.04	18.53	175m:	2:12.37	20.47	275m:	3:36.02	21.21	375m:	4:53.48	18.40
	100m:	1:10.42	19.38	200m:	2:32.43	20.06	300m:	3:57.89	21.87	400m:	5:10.35	16.87
18.	B TKOWSKA Zuzanna		06	UKS SMS Galicja Kraków				5:10.69	578	B		
	25m:	15.08	15.08	125m:	1:30.86	20.83	225m:	2:51.56	21.86	325m:	4:16.94	19.10
	50m:	32.48	17.40	150m:	1:50.39	19.53	250m:	3:13.46	21.90	350m:	4:35.36	18.42
	75m:	50.87	18.39	175m:	2:10.24	19.85	275m:	3:35.57	22.11	375m:	4:53.52	18.16
	100m:	1:10.03	19.16	200m:	2:29.70	19.46	300m:	3:57.84	22.27	400m:	5:10.69	17.17
19.	PIEKARSKA Natalia		06	UKS 190 Łód				5:13.26	564	B		
	25m:	15.10	15.10	125m:	1:31.65	20.97	225m:	2:54.16	23.24	325m:	4:21.44	17.57
	50m:	32.63	17.53	150m:	1:51.58	19.93	250m:	3:17.05	22.89	350m:	4:38.58	17.14
	75m:	51.13	18.50	175m:	2:11.51	19.93	275m:	3:40.32	23.27	375m:	4:56.44	17.86
	100m:	1:10.68	19.55	200m:	2:30.92	19.41	300m:	4:03.87	23.55	400m:	5:13.26	16.82
20.	TEODOROWICZ Michalina		07	UKS SMS Galicja Kraków				5:13.99	560	B		
	25m:	14.56	14.56	125m:	1:30.35	20.21	225m:	2:51.92	22.55	325m:	4:19.82	19.26
	50m:	32.47	17.91	150m:	1:49.95	19.60	250m:	3:14.31	22.39	350m:	4:38.24	18.42
	75m:	51.04	18.57	175m:	2:09.77	19.82	275m:	3:37.49	23.18	375m:	4:56.42	18.18
	100m:	1:10.14	19.10	200m:	2:29.37	19.60	300m:	4:00.56	23.07	400m:	5:13.99	17.57
21.	MARCINIAK Aleksandra		07	UKS SMS Galicja Kraków				5:19.24	533	R		
	25m:	14.82	14.82	125m:	1:30.29	20.95	225m:	2:53.19	22.36	325m:	4:21.33	19.53
	50m:	32.45	17.63	150m:	1:50.65	20.36	250m:	3:15.89	22.70	350m:	4:40.52	19.19
	75m:	50.64	18.19	175m:	2:10.71	20.06	275m:	3:38.49	22.60	375m:	5:00.12	19.60
	100m:	1:09.34	18.70	200m:	2:30.83	20.12	300m:	4:01.80	23.31	400m:	5:19.24	19.12
22.	RYDY SKA Maja		07	MKS SP 63 Bydgoszcz				5:20.54	527	R		
	25m:	14.92	14.92	125m:	1:33.62	20.56	225m:	2:56.27	22.79	325m:	4:24.44	18.69
	50m:	33.26	18.34	150m:	1:53.10	19.48	250m:	3:19.16	22.89	350m:	4:43.37	18.93
	75m:	52.85	19.59	175m:	2:13.76	20.66	275m:	3:42.44	23.28	375m:	5:02.74	19.37
	100m:	1:13.06	20.21	200m:	2:33.48	19.72	300m:	4:05.75	23.31	400m:	5:20.54	17.80



Mistrzostwa Polski w pływaniu w kat. Open, Młodzieowców 19-23 lat, Juniorów 17-18 lat
Bydgoszcz, 19- - 22-12-2024

Konkurencja 21, Kobiet, 400m zmienny, Eliminacje, Open

Pozycja			Rok ur.				Czas		Pkt.
23.	KAMPCZYK Paulina		06	MKS SMS VICTORIA Racibórz		5:26.03		500	
	25m:	16.52 16.52	125m:	1:40.17 22.76	225m:	3:05.96 22.16	325m:	4:32.27 18.82	
	50m:	36.17 19.65	150m:	2:01.57 21.40	250m:	3:28.12 22.16	350m:	4:50.49 18.22	
	75m:	56.41 20.24	175m:	2:22.76 21.19	275m:	3:50.75 22.63	375m:	5:08.79 18.30	
	100m:	1:17.41 21.00	200m:	2:43.80 21.04	300m:	4:13.45 22.70	400m:	5:26.03 17.24	
24.	WALICKA Martyna		07	MKS ASTORIA Bydgoszcz		5:28.12		491	
	25m:	15.76 15.76	125m:	1:37.12 21.52	225m:	3:02.35 22.99	325m:	4:32.81 19.60	
	50m:	34.68 18.92	150m:	1:57.84 20.72	250m:	3:25.90 23.55	350m:	4:51.67 18.86	
	75m:	54.67 19.99	175m:	2:18.83 20.99	275m:	3:49.54 23.64	375m:	5:10.53 18.86	
	100m:	1:15.60 20.93	200m:	2:39.36 20.53	300m:	4:13.21 23.67	400m:	5:28.12 17.59	
25.	BOGIELCZYK Natalia		09	KS NEPTUN widnica		5:28.88		488	
	25m:	15.54 15.54	125m:	1:38.09 23.25	225m:	3:07.63 23.11	325m:	4:36.12 18.54	
	50m:	34.44 18.90	150m:	2:00.42 22.33	250m:	3:30.50 22.87	350m:	4:53.82 17.70	
	75m:	54.09 19.65	175m:	2:22.74 22.32	275m:	3:54.13 23.63	375m:	5:11.70 17.88	
	100m:	1:14.84 20.75	200m:	2:44.52 21.78	300m:	4:17.58 23.45	400m:	5:28.88 17.18	
26.	ZAKRZEWSKA Oliwia		07	UKS NAWA Skierniewice		5:29.87		483	
	25m:	15.01 15.01	125m:	1:35.28 21.35	225m:	2:59.53 23.76	325m:	4:34.68 19.74	
	50m:	33.65 18.64	150m:	1:55.03 19.75	250m:	3:24.73 25.20	350m:	4:53.49 18.81	
	75m:	53.51 19.86	175m:	2:15.34 20.31	275m:	3:49.43 24.70	375m:	5:11.92 18.43	
	100m:	1:13.93 20.42	200m:	2:35.77 20.43	300m:	4:14.94 25.51	400m:	5:29.87 17.95	
27.	JAROS Aleksandra		07	KS NEPTUN widnica		5:34.39		464	
	25m:	15.14 15.14	125m:	1:36.64 23.52	225m:	3:05.86 24.41	325m:	4:38.32 19.41	
	50m:	33.55 18.41	150m:	1:57.90 21.26	250m:	3:30.19 24.33	350m:	4:57.36 19.04	
	75m:	53.15 19.60	175m:	2:20.01 22.11	275m:	3:54.84 24.65	375m:	5:16.47 19.11	
	100m:	1:13.12 19.97	200m:	2:41.45 21.44	300m:	4:18.91 24.07	400m:	5:34.39 17.92	
28.	SOSNÓWKA Milena		07	UKP FALA Krańnik		5:43.90		426	
	25m:	14.83 14.83	125m:	1:35.69 23.96	225m:	3:05.83 24.74	325m:	4:43.47 20.06	
	50m:	32.69 17.86	150m:	1:57.47 21.78	250m:	3:31.38 25.55	350m:	5:03.49 20.02	
	75m:	51.80 19.11	175m:	2:18.91 21.44	275m:	3:57.30 25.92	375m:	5:23.93 20.44	
	100m:	1:11.73 19.93	200m:	2:41.09 22.18	300m:	4:23.41 26.11	400m:	5:43.90 19.97	