



Ministerstwo
Sportu i Turystyki



Mistrzostwa Polski w pływaniu w kat. Open, Młodzie owców 19-23 lat, Juniorów 17-18 lat
Bydgoszcz, 19-22.12.2024

Konkurencja 32

Kobiet, 400m dowolny

Open

2024-12-21 - 10:34

Wyniki Eliminacje

Rekord Polski 4:02.68 POLANSKA Aleksandra 07614 Olsztyn 2020-12-18

Punkty: AQUA 2024

Pozycja			Rok ur.					Czas	Pkt.			
1.	CZUBAK Maria		06	IKS Konstancin				4:18.53	716	A		
	25m:	14.11	14.11	125m:	1:18.82	16.50	225m:	2:24.44	16.16	325m:	3:30.04	16.34
	50m:	29.87	15.76	150m:	1:35.35	16.53	250m:	2:40.78	16.34	350m:	3:46.48	16.44
	75m:	46.10	16.23	175m:	1:51.80	16.45	275m:	2:57.15	16.37	375m:	4:02.79	16.31
	100m:	1:02.32	16.22	200m:	2:08.28	16.48	300m:	3:13.70	16.55	400m:	4:18.53	15.74
2.	TARASIEWICZ Klaudia		04	MKP Szczecin				4:18.58	715	A		
	25m:	14.09	14.09	125m:	1:17.59	16.06	225m:	2:23.14	16.45	325m:	3:29.47	16.53
	50m:	29.67	15.58	150m:	1:33.88	16.29	250m:	2:39.70	16.56	350m:	3:45.91	16.44
	75m:	45.51	15.84	175m:	1:50.25	16.37	275m:	2:56.31	16.61	375m:	4:02.60	16.69
	100m:	1:01.53	16.02	200m:	2:06.69	16.44	300m:	3:12.94	16.63	400m:	4:18.58	15.98
3.	GU Wiktoria		04	MKP Szczecin				4:18.66	715	A		
	25m:	13.89	13.89	125m:	1:18.30	16.25	225m:	2:23.69	16.30	325m:	3:29.52	16.41
	50m:	29.83	15.94	150m:	1:34.67	16.37	250m:	2:40.07	16.38	350m:	3:46.20	16.68
	75m:	45.92	16.09	175m:	1:51.00	16.33	275m:	2:56.58	16.51	375m:	4:02.57	16.37
	100m:	1:02.05	16.13	200m:	2:07.39	16.39	300m:	3:13.11	16.53	400m:	4:18.66	16.09
4.	POLA SKA Aleksandra		00	KU AZS UW				4:18.76	714	A		
	25m:	13.48	13.48	125m:	1:17.45	16.21	225m:	2:23.06	16.49	325m:	3:29.22	16.74
	50m:	29.04	15.56	150m:	1:33.68	16.23	250m:	2:39.45	16.39	350m:	3:45.96	16.74
	75m:	45.14	16.10	175m:	1:50.15	16.47	275m:	2:56.00	16.55	375m:	4:02.66	16.70
	100m:	1:01.24	16.10	200m:	2:06.57	16.42	300m:	3:12.48	16.48	400m:	4:18.76	16.10
5.	KOSSAKOWSKA Dominika		01	KU AZS UMCS Lublin				4:19.06	711	A		
	25m:	13.98	13.98	125m:	1:17.39	16.13	225m:	2:23.10	16.48	325m:	3:29.51	16.67
	50m:	29.55	15.57	150m:	1:33.79	16.40	250m:	2:39.58	16.48	350m:	3:46.34	16.83
	75m:	45.20	15.65	175m:	1:50.16	16.37	275m:	2:56.10	16.52	375m:	4:03.02	16.68
	100m:	1:01.26	16.06	200m:	2:06.62	16.46	300m:	3:12.84	16.74	400m:	4:19.06	16.04
6.	KOWALSKA Klara		05	KU AZS UMCS Lublin				4:19.64	706	A		
	25m:	14.18	14.18	125m:	1:19.25	16.45	225m:	2:25.42	16.49	325m:	3:30.82	16.51
	50m:	30.04	15.86	150m:	1:35.94	16.69	250m:	2:41.70	16.28	350m:	3:47.36	16.54
	75m:	46.36	16.32	175m:	1:52.50	16.56	275m:	2:58.06	16.36	375m:	4:03.85	16.49
	100m:	1:02.80	16.44	200m:	2:08.93	16.43	300m:	3:14.31	16.25	400m:	4:19.64	15.79
7.	WŁADYCZKA Amelia		07	WKS L SK Wrocław				4:20.42	700	A		
	25m:	13.88	13.88	125m:	1:18.52	16.66	225m:	2:24.76	16.61	325m:	3:31.47	16.82
	50m:	29.39	15.51	150m:	1:34.99	16.47	250m:	2:41.41	16.65	350m:	3:48.10	16.63
	75m:	45.56	16.17	175m:	1:51.47	16.48	275m:	2:58.27	16.86	375m:	4:04.57	16.47
	100m:	1:01.86	16.30	200m:	2:08.15	16.68	300m:	3:14.65	16.38	400m:	4:20.42	15.85
8.	MAŁOLEPSZA Weronika		07	MKP Szczecin				4:21.27	693	A		
	25m:	14.09	14.09	125m:	1:17.94	16.22	225m:	2:24.57	16.68	325m:	3:32.34	16.77
	50m:	29.76	15.67	150m:	1:34.28	16.34	250m:	2:41.22	16.65	350m:	3:49.25	16.91
	75m:	45.69	15.93	175m:	1:50.98	16.70	275m:	2:58.36	17.14	375m:	4:05.83	16.58
	100m:	1:01.72	16.03	200m:	2:07.89	16.91	300m:	3:15.57	17.21	400m:	4:21.27	15.44
9.	RESZKO Lena		09	UKP POLONIA Warszawa				4:21.53	691	A		
	25m:	14.04	14.04	125m:	1:18.49	16.54	225m:	2:25.14	16.62	325m:	3:32.06	16.53
	50m:	29.58	15.54	150m:	1:35.19	16.70	250m:	2:42.09	16.95	350m:	3:48.86	16.80
	75m:	45.66	16.08	175m:	1:51.93	16.74	275m:	2:58.87	16.78	375m:	4:05.55	16.69
	100m:	1:01.95	16.29	200m:	2:08.52	16.59	300m:	3:15.53	16.66	400m:	4:21.53	15.98
10.	WIERNICKA Julia		07	KU AZS UMCS Lublin				4:21.77	689	A		
	25m:	14.04	14.04	125m:	1:19.61	16.53	225m:	2:26.23	16.84	325m:	3:33.43	16.81
	50m:	30.08	16.04	150m:	1:36.18	16.57	250m:	2:42.87	16.64	350m:	3:50.10	16.67
	75m:	46.43	16.35	175m:	1:52.81	16.63	275m:	2:59.61	16.74	375m:	4:06.75	16.65
	100m:	1:03.08	16.65	200m:	2:09.39	16.58	300m:	3:16.62	17.01	400m:	4:21.77	15.02
11.	POPPE Marta		07	KU AZS UMCS Lublin				4:22.22	686	B		
	25m:	14.54	14.54	125m:	1:19.47	16.42	225m:	2:25.97	16.84	325m:	3:33.14	16.80
	50m:	30.46	15.92	150m:	1:35.99	16.52	250m:	2:42.71	16.74	350m:	3:49.93	16.79
	75m:	46.64	16.18	175m:	1:52.54	16.55	275m:	2:59.59	16.88	375m:	4:06.65	16.72
	100m:	1:03.05	16.41	200m:	2:09.13	16.59	300m:	3:16.34	16.75	400m:	4:22.22	15.57



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Mistrzostwa Polski w pływaniu w kat. Open, Młodzieowców 19-23 lat, Juniorów 17-18 lat
Bydgoszcz, 19-22.12.2024

Konkurencja 32, Kobiety, 400m dowolny, Eliminacje, Open

Pozycja			Rok ur.				Czas		Pkt.	
12.	KULIK Julia		05	KU AZS UW		4:22.70		682	B	
	25m:	14.14 14.14	125m:	1:19.47 16.49	225m:	2:25.75 16.84	325m:	3:32.85 16.92		
	50m:	30.06 15.92	150m:	1:35.90 16.43	250m:	2:42.58 16.83	350m:	3:49.69 16.84		
	75m:	46.69 16.63	175m:	1:52.32 16.42	275m:	2:59.21 16.63	375m:	4:06.58 16.89		
	100m:	1:02.98 16.29	200m:	2:08.91 16.59	300m:	3:15.93 16.72	400m:	4:22.70 16.12		
13.	MILEK Alicja		06	KS BARRAKUDA Gda sk		4:23.21		678	B	
	25m:	13.50 13.50	125m:	1:16.23 16.33	225m:	2:22.32 16.51	325m:	3:30.91 17.60		
	50m:	28.42 14.92	150m:	1:32.62 16.39	250m:	2:39.15 16.83	350m:	3:48.51 17.60		
	75m:	44.00 15.58	175m:	1:49.12 16.50	275m:	2:56.09 16.94	375m:	4:06.11 17.60		
	100m:	59.90 15.90	200m:	2:05.81 16.69	300m:	3:13.31 17.22	400m:	4:23.21 17.10		
14.	GULCZY SKA Natalia		07	KS AZS AWF Pozna		4:24.74		666	B	
	25m:	14.25 14.25	125m:	1:20.97 17.11	225m:	2:29.22 16.43	325m:	3:35.44 16.31		
	50m:	30.29 16.04	150m:	1:38.26 17.29	250m:	2:45.73 16.51	350m:	3:52.02 16.58		
	75m:	46.82 16.53	175m:	1:55.42 17.16	275m:	3:02.19 16.46	375m:	4:08.38 16.36		
	100m:	1:03.86 17.04	200m:	2:12.79 17.37	300m:	3:19.13 16.94	400m:	4:24.74 16.36		
15.	KONDRASIUK Zofia		08	UKS GIM 92 Ursynów		4:24.98		665	B	
	25m:	14.27 14.27	125m:	1:19.20 16.61	225m:	2:26.32 16.87	325m:	3:34.35 17.02		
	50m:	29.95 15.68	150m:	1:35.89 16.69	250m:	2:43.46 17.14	350m:	3:51.63 17.28		
	75m:	46.17 16.22	175m:	1:52.63 16.74	275m:	3:00.49 17.03	375m:	4:08.57 16.94		
	100m:	1:02.59 16.42	200m:	2:09.45 16.82	300m:	3:17.33 16.84	400m:	4:24.98 16.41		
16.	KUCZMAR Zuzanna		07	UKP POLONIA Warszawa		4:26.81		651	B	
	25m:	13.98 13.98	125m:	1:19.29 16.95	225m:	2:27.74 16.97	325m:	3:36.46 17.12		
	50m:	29.54 15.56	150m:	1:36.46 17.17	250m:	2:44.86 17.12	350m:	3:53.51 17.05		
	75m:	45.76 16.22	175m:	1:53.67 17.21	275m:	3:02.16 17.30	375m:	4:10.70 17.19		
	100m:	1:02.34 16.58	200m:	2:10.77 17.10	300m:	3:19.34 17.18	400m:	4:26.81 16.11		
17.	GERBIER Kiara		04	O AZS w Poznaniu		4:27.01		650	B	
	25m:	14.12 14.12	125m:	1:21.34 16.82	225m:	2:29.88 17.16	325m:	3:37.98 16.86		
	50m:	30.62 16.50	150m:	1:38.63 17.29	250m:	2:46.95 17.07	350m:	3:54.74 16.76		
	75m:	47.50 16.88	175m:	1:55.68 17.05	275m:	3:03.93 16.98	375m:	4:11.37 16.63		
	100m:	1:04.52 17.02	200m:	2:12.72 17.04	300m:	3:21.12 17.19	400m:	4:27.01 15.64		
18.	SIWKO Natalia		04	KU AZS UMCS Lublin		4:27.32		647	B	
	25m:	14.12 14.12	125m:	1:19.50 16.76	225m:	2:27.60 17.10	325m:	3:36.51 17.18		
	50m:	29.86 15.74	150m:	1:36.37 16.87	250m:	2:44.74 17.14	350m:	3:53.79 17.28		
	75m:	46.08 16.22	175m:	1:53.34 16.97	275m:	3:02.04 17.30	375m:	4:10.64 16.85		
	100m:	1:02.74 16.66	200m:	2:10.50 17.16	300m:	3:19.33 17.29	400m:	4:27.32 16.68		
19.	WILK Anna		06	UKP FALA Kra nik		4:27.81		644	B	
	25m:	14.34 14.34	125m:	1:21.46 16.94	225m:	2:29.99 16.94	325m:	3:38.69 16.93		
	50m:	30.71 16.37	150m:	1:38.76 17.30	250m:	2:47.24 17.25	350m:	3:55.47 16.78		
	75m:	47.43 16.72	175m:	1:55.79 17.03	275m:	3:04.40 17.16	375m:	4:12.01 16.54		
	100m:	1:04.52 17.09	200m:	2:13.05 17.26	300m:	3:21.76 17.36	400m:	4:27.81 15.80		
20.	WALCZAK Barbara		06	UKS G-8 BIELANY Warszawa		4:27.83		644	B	
	25m:	14.42 14.42	125m:	1:21.42 17.01	225m:	2:30.27 17.09	325m:	3:38.83 17.07		
	50m:	30.72 16.30	150m:	1:38.68 17.26	250m:	2:47.62 17.35	350m:	3:55.50 16.67		
	75m:	47.36 16.64	175m:	1:56.04 17.36	275m:	3:04.79 17.17	375m:	4:12.13 16.63		
	100m:	1:04.41 17.05	200m:	2:13.18 17.14	300m:	3:21.76 16.97	400m:	4:27.83 15.70		
21.	JAKUBCZYK Natalia		08	CSiR MOS w D browie Górnicyej		4:28.01		642	R	
	25m:	14.39 14.39	125m:	1:21.25 16.97	225m:	2:30.12 17.25	325m:	3:39.13 17.05		
	50m:	30.61 16.22	150m:	1:38.40 17.15	250m:	2:47.42 17.30	350m:	3:55.88 16.75		
	75m:	47.42 16.81	175m:	1:55.62 17.22	275m:	3:04.79 17.37	375m:	4:12.56 16.68		
	100m:	1:04.28 16.86	200m:	2:12.87 17.25	300m:	3:22.08 17.29	400m:	4:28.01 15.45		
22.	GAWELKO Zuzanna		06	KU AZS UMCS Lublin		4:28.03		642	R	
	25m:	14.46 14.46	125m:	1:21.01 17.05	225m:	2:29.02 16.91	325m:	3:37.00 17.10		
	50m:	30.53 16.07	150m:	1:38.04 17.03	250m:	2:45.89 16.87	350m:	3:54.37 17.37		
	75m:	47.18 16.65	175m:	1:55.16 17.12	275m:	3:02.84 16.95	375m:	4:11.48 17.11		
	100m:	1:03.96 16.78	200m:	2:12.11 16.95	300m:	3:19.90 17.06	400m:	4:28.03 16.55		

Mistrzostwa Polski w pływaniu w kat. Open, Młodzieowców 19-23 lat, Juniorów 17-18 lat
Bydgoszcz, 19-22.12.2024

Konkurencja 32, Kobiet, 400m dowolny, Eliminacje, Open

Pozycja			Rok ur.					Czas	Pkt.		
23.	KUCZMAR Aleksandra		09	UKP POLONIA Warszawa				4:28.84	636		
	25m:	14.34 14.34	125m:	1:20.32	16.81	225m:	2:28.86	17.09	325m:	3:37.85	17.32
	50m:	30.45 16.11	150m:	1:37.49	17.17	250m:	2:45.95	17.09	350m:	3:55.16	17.31
	75m:	46.88 16.43	175m:	1:54.62	17.13	275m:	3:03.31	17.36	375m:	4:12.30	17.14
	100m:	1:03.51 16.63	200m:	2:11.77	17.15	300m:	3:20.53	17.22	400m:	4:28.84	16.54
24.	R P Apolonia		06	MKS JUVENIA Wrocław				4:29.72	630		
	25m:	14.24 14.24	125m:	1:21.22	16.95	225m:	2:29.59	16.99	325m:	3:38.68	17.38
	50m:	30.59 16.35	150m:	1:38.25	17.03	250m:	2:46.68	17.09	350m:	3:56.53	17.85
	75m:	47.28 16.69	175m:	1:55.35	17.10	275m:	3:03.85	17.17	375m:	4:13.53	17.00
	100m:	1:04.27 16.99	200m:	2:12.60	17.25	300m:	3:21.30	17.45	400m:	4:29.72	16.19
25.	BUDZE Monika		07	MKP ASTROMAL Leszno				4:29.88	629		
	25m:	14.75 14.75	125m:	1:22.08	17.29	225m:	2:31.20	17.05	325m:	3:39.91	17.13
	50m:	31.04 16.29	150m:	1:39.31	17.23	250m:	2:48.35	17.15	350m:	3:56.94	17.03
	75m:	47.79 16.75	175m:	1:56.89	17.58	275m:	3:05.67	17.32	375m:	4:13.93	16.99
	100m:	1:04.79 17.00	200m:	2:14.15	17.26	300m:	3:22.78	17.11	400m:	4:29.88	15.95
26.	KUSION Judyta		06	UKP UNIA O wi cim				4:31.34	619		
	25m:	14.67 14.67	125m:	1:21.24	17.09	225m:	2:30.74	17.65	325m:	3:40.38	17.51
	50m:	30.79 16.12	150m:	1:38.48	17.24	250m:	2:48.03	17.29	350m:	3:57.73	17.35
	75m:	47.41 16.62	175m:	1:55.79	17.31	275m:	3:05.52	17.49	375m:	4:15.15	17.42
	100m:	1:04.15 16.74	200m:	2:13.09	17.30	300m:	3:22.87	17.35	400m:	4:31.34	16.19
27.	WO AKOWSKA Zofia		07	KU AZS UMCS Lublin				4:31.85	615		
	25m:	14.54 14.54	125m:	1:21.57	17.27	225m:	2:30.66	17.10	325m:	3:40.08	17.51
	50m:	30.62 16.08	150m:	1:38.91	17.34	250m:	2:47.72	17.06	350m:	3:57.26	17.18
	75m:	47.33 16.71	175m:	1:56.23	17.32	275m:	3:05.21	17.49	375m:	4:14.80	17.54
	100m:	1:04.30 16.97	200m:	2:13.56	17.33	300m:	3:22.57	17.36	400m:	4:31.85	17.05
28.	TRAFALSKA Zuzanna		07	UKS 190 Łód				4:32.15	613		
	25m:	15.32 15.32	125m:	1:23.11	17.04	225m:	2:31.55	17.01	325m:	3:40.33	17.32
	50m:	32.14 16.82	150m:	1:40.07	16.96	250m:	2:48.57	17.02	350m:	3:57.97	17.64
	75m:	49.05 16.91	175m:	1:57.21	17.14	275m:	3:05.66	17.09	375m:	4:15.62	17.65
	100m:	1:06.07 17.02	200m:	2:14.54	17.33	300m:	3:23.01	17.35	400m:	4:32.15	16.53
29.	TRACZYK Anna		06	MKS JUVENIA Wrocław				4:32.66	610		
	25m:	14.28 14.28	125m:	1:20.85	17.15	225m:	2:30.46	17.51	325m:	3:41.24	17.50
	50m:	30.30 16.02	150m:	1:38.11	17.26	250m:	2:48.13	17.67	350m:	3:58.78	17.54
	75m:	46.82 16.52	175m:	1:55.42	17.31	275m:	3:06.03	17.90	375m:	4:15.97	17.19
	100m:	1:03.70 16.88	200m:	2:12.95	17.53	300m:	3:23.74	17.71	400m:	4:32.66	16.69
30.	CHMIELEWSKA Aleksandra		06	UKS ABIANKA Gda sk				4:33.36	605		
	25m:	14.70 14.70	125m:	1:21.58	16.97	225m:	2:30.42	17.59	325m:	3:41.15	17.60
	50m:	31.12 16.42	150m:	1:38.52	16.94	250m:	2:47.99	17.57	350m:	3:58.58	17.43
	75m:	47.87 16.75	175m:	1:55.85	17.33	275m:	3:05.62	17.63	375m:	4:16.33	17.75
	100m:	1:04.61 16.74	200m:	2:12.83	16.98	300m:	3:23.55	17.93	400m:	4:33.36	17.03
31.	SOWA Barbara		07	UKP UNIA O wi cim				4:34.28	599		
	25m:	14.31 14.31	125m:	1:21.71	17.21	225m:	2:31.63	17.54	325m:	3:42.12	17.44
	50m:	30.56 16.25	150m:	1:39.13	17.42	250m:	2:49.36	17.73	350m:	3:59.77	17.65
	75m:	47.17 16.61	175m:	1:56.47	17.34	275m:	3:07.07	17.71	375m:	4:17.28	17.51
	100m:	1:04.50 17.33	200m:	2:14.09	17.62	300m:	3:24.68	17.61	400m:	4:34.28	17.00
32.	PIEKARSKA Natalia		06	UKS 190 Łód				4:35.75	590		
	25m:	14.89 14.89	125m:	1:23.17	17.40	225m:	2:33.37	17.65	325m:	3:44.18	17.81
	50m:	31.35 16.46	150m:	1:40.65	17.48	250m:	2:51.03	17.66	350m:	4:01.60	17.42
	75m:	48.48 17.13	175m:	1:58.35	17.70	275m:	3:08.91	17.88	375m:	4:19.19	17.59
	100m:	1:05.77 17.29	200m:	2:15.72	17.37	300m:	3:26.37	17.46	400m:	4:35.75	16.56
33.	SITKIEWICZ Jagoda		07	UKS WODNIK Siemianowice lskie				4:36.24	587		
	25m:	14.11 14.11	125m:	1:23.07	17.70	225m:	2:34.78	18.13	325m:	3:45.52	17.44
	50m:	30.72 16.61	150m:	1:40.85	17.78	250m:	2:52.39	17.61	350m:	4:03.45	17.93
	75m:	47.77 17.05	175m:	1:58.79	17.94	275m:	3:10.31	17.92	375m:	4:20.48	17.03
	100m:	1:05.37 17.60	200m:	2:16.65	17.86	300m:	3:28.08	17.77	400m:	4:36.24	15.76

Mistrzostwa Polski w pływaniu w kat. Open, Młodzieowców 19-23 lat, Juniorów 17-18 lat
Bydgoszcz, 19-22.12.2024

Konkurencja 32, Kobiety, 400m dowolny, Eliminacje, Open

Pozycja			Rok ur.					Czas	Pkt.
34.	DROBNA Angelika		07	UKP UNIA O	wi cim			4:37.01	582
	25m:	14.78 14.78	125m:	1:23.57 17.68	225m:	2:34.60 17.61	325m:	3:45.83 17.51	
	50m:	31.41 16.63	150m:	1:41.00 17.43	250m:	2:52.37 17.77	350m:	4:03.10 17.27	
	75m:	48.63 17.22	175m:	1:59.03 18.03	275m:	3:10.59 18.22	375m:	4:20.30 17.20	
	100m:	1:05.89 17.26	200m:	2:16.99 17.96	300m:	3:28.32 17.73	400m:	4:37.01 16.71	
35.	R CZKOWSKA Maja		07	LKS Jedno	32 Przyszowice			4:37.06	581
	25m:	15.04 15.04	125m:	1:23.19 17.24	225m:	2:33.26 17.86	325m:	3:45.13 18.08	
	50m:	31.50 16.46	150m:	1:40.27 17.08	250m:	2:50.97 17.71	350m:	4:02.82 17.69	
	75m:	48.68 17.18	175m:	1:57.90 17.63	275m:	3:09.07 18.10	375m:	4:20.70 17.88	
	100m:	1:05.95 17.27	200m:	2:15.40 17.50	300m:	3:27.05 17.98	400m:	4:37.06 16.36	
36.	KURYSIA Anna		07	UKP UNIA O	wi cim			4:37.29	580
	25m:	15.17 15.17	125m:	1:23.49 17.51	225m:	2:33.73 17.71	325m:	3:45.17 17.94	
	50m:	31.80 16.63	150m:	1:40.96 17.47	250m:	2:51.49 17.76	350m:	4:03.01 17.84	
	75m:	48.86 17.06	175m:	1:58.47 17.51	275m:	3:09.34 17.85	375m:	4:20.62 17.61	
	100m:	1:05.98 17.12	200m:	2:16.02 17.55	300m:	3:27.23 17.89	400m:	4:37.29 16.67	
37.	BATYRA Julia		08	UKS SP5 Swim	Lublin			4:37.31	580
	25m:	14.99 14.99	125m:	1:23.37 17.57	225m:	2:34.07 17.54	325m:	3:44.94 17.70	
	50m:	31.43 16.44	150m:	1:40.91 17.54	250m:	2:51.80 17.73	350m:	4:02.76 17.82	
	75m:	48.32 16.89	175m:	1:58.48 17.57	275m:	3:09.30 17.50	375m:	4:20.19 17.43	
	100m:	1:05.80 17.48	200m:	2:16.53 18.05	300m:	3:27.24 17.94	400m:	4:37.31 17.12	
38.	BAKUN Maja		07	UKS G-8 BIELANY	Warszawa			4:39.58	566
	25m:	14.64 14.64	125m:	1:23.69 17.83	225m:	2:35.47 17.87	325m:	3:48.00 18.02	
	50m:	31.51 16.87	150m:	1:41.58 17.89	250m:	2:53.54 18.07	350m:	4:06.07 18.07	
	75m:	48.57 17.06	175m:	1:59.47 17.89	275m:	3:11.72 18.18	375m:	4:23.55 17.48	
	100m:	1:05.86 17.29	200m:	2:17.60 18.13	300m:	3:29.98 18.26	400m:	4:39.58 16.03	
39.	LYAKH Kira		07	UKP POLONIA	Warszawa			4:40.48	560
	25m:	14.78 14.78	125m:	1:24.05 17.68	225m:	2:35.44 17.74	325m:	3:47.19 17.82	
	50m:	31.53 16.75	150m:	1:41.80 17.75	250m:	2:53.38 17.94	350m:	4:05.24 18.05	
	75m:	48.60 17.07	175m:	1:59.67 17.87	275m:	3:11.36 17.98	375m:	4:22.87 17.63	
	100m:	1:06.37 17.77	200m:	2:17.70 18.03	300m:	3:29.37 18.01	400m:	4:40.48 17.61	
40.	DZI GIEL Marta		07	AZS AWF	Warszawa			4:41.54	554
	25m:	14.68 14.68	125m:	1:24.00 17.85	225m:	2:35.99 18.22	325m:	3:48.36 18.07	
	50m:	31.16 16.48	150m:	1:41.73 17.73	250m:	2:54.05 18.06	350m:	4:06.50 18.14	
	75m:	48.60 17.44	175m:	1:59.68 17.95	275m:	3:12.42 18.37	375m:	4:24.46 17.96	
	100m:	1:06.15 17.55	200m:	2:17.77 18.09	300m:	3:30.29 17.87	400m:	4:41.54 17.08	
41.	RYDY SKA Maja		07	MKS SP 63	Bydgoszcz			4:42.70	547
	25m:	14.69 14.69	125m:	1:22.26 17.21	225m:	2:33.38 17.95	325m:	3:47.20 18.88	
	50m:	30.97 16.28	150m:	1:39.97 17.71	250m:	2:51.35 17.97	350m:	4:05.78 18.58	
	75m:	47.98 17.01	175m:	1:57.69 17.72	275m:	3:09.65 18.30	375m:	4:24.53 18.75	
	100m:	1:05.05 17.07	200m:	2:15.43 17.74	300m:	3:28.32 18.67	400m:	4:42.70 18.17	
42.	CZECHYRA Agata		03	O AZS w	Poznaniu			4:43.67	542
	25m:	15.25 15.25	125m:	1:24.36 17.59	225m:	2:35.67 17.97	325m:	3:48.68 18.39	
	50m:	32.19 16.94	150m:	1:42.12 17.76	250m:	2:53.97 18.30	350m:	4:07.30 18.62	
	75m:	49.41 17.22	175m:	1:59.81 17.69	275m:	3:11.91 17.94	375m:	4:25.86 18.56	
	100m:	1:06.77 17.36	200m:	2:17.70 17.89	300m:	3:30.29 18.38	400m:	4:43.67 17.81	
43.	RYBACKA Małgorzata		08	O AZS w	Poznaniu			4:44.37	538
	25m:	14.94 14.94	125m:	1:25.15 18.17	225m:	2:38.44 18.43	325m:	3:51.63 18.17	
	50m:	31.78 16.84	150m:	1:43.48 18.33	250m:	2:56.41 17.97	350m:	4:09.52 17.89	
	75m:	49.15 17.37	175m:	2:01.95 18.47	275m:	3:15.19 18.78	375m:	4:27.20 17.68	
	100m:	1:06.98 17.83	200m:	2:20.01 18.06	300m:	3:33.46 18.27	400m:	4:44.37 17.17	
44.	FIGAS Alicja		04	MKP	Szczecin			4:44.86	535
	25m:	15.21 15.21	125m:	1:24.29 17.53	225m:	2:36.41 18.10	325m:	3:49.77 18.19	
	50m:	31.82 16.61	150m:	1:42.42 18.13	250m:	2:54.67 18.26	350m:	4:08.48 18.71	
	75m:	49.12 17.30	175m:	2:00.18 17.76	275m:	3:12.82 18.15	375m:	4:26.96 18.48	
	100m:	1:06.76 17.64	200m:	2:18.31 18.13	300m:	3:31.58 18.76	400m:	4:44.86 17.90	

Mistrzostwa Polski w pływaniu w kat. Open, Młodzieowców 19-23 lat, Juniorów 17-18 lat
Bydgoszcz, 19-22.12.2024

Konkurencja 32, Kobiet, 400m dowolny, Eliminacje, Open

Pozycja			Rok ur.						Czas	Pkt.		
45.	TARASZKIEWICZ Zofia		07	Mokotowski UKP Warszawianka-Wodny	4:46.24	527						
	25m:	15.13	15.13	125m:	1:25.70	18.33	225m:	2:38.82	18.13	325m:	3:52.57	18.20
	50m:	31.99	16.86	150m:	1:44.02	18.32	250m:	2:57.28	18.46	350m:	4:10.95	18.38
	75m:	49.67	17.68	175m:	2:02.39	18.37	275m:	3:15.90	18.62	375m:	4:29.09	18.14
	100m:	1:07.37	17.70	200m:	2:20.69	18.30	300m:	3:34.37	18.47	400m:	4:46.24	17.15
46.	CAŁA Anastazja		07	UKP UNIA O wi cim	4:47.95	518						
	25m:	15.52	15.52	125m:	1:25.36	17.89	225m:	2:38.24	18.26	325m:	3:53.11	18.83
	50m:	32.58	17.06	150m:	1:43.31	17.95	250m:	2:56.70	18.46	350m:	4:11.98	18.87
	75m:	50.04	17.46	175m:	2:01.71	18.40	275m:	3:15.35	18.65	375m:	4:30.65	18.67
	100m:	1:07.47	17.43	200m:	2:19.98	18.27	300m:	3:34.28	18.93	400m:	4:47.95	17.30
47.	VOLKERT Julia		05	AZS AWF Katowice	4:47.99	518						
	25m:	15.40	15.40	125m:	1:25.64	17.81	225m:	2:38.39	18.07	325m:	3:52.32	18.47
	50m:	32.56	17.16	150m:	1:43.89	18.25	250m:	2:56.96	18.57	350m:	4:11.00	18.68
	75m:	50.09	17.53	175m:	2:02.02	18.13	275m:	3:15.28	18.32	375m:	4:29.65	18.65
	100m:	1:07.83	17.74	200m:	2:20.32	18.30	300m:	3:33.85	18.57	400m:	4:47.99	18.34
48.	WALICKA Martyna		07	MKS ASTORIA Bydgoszcz	4:48.18	517						
	25m:	15.20	15.20	125m:	1:24.79	18.00	225m:	2:38.48	18.44	325m:	3:54.01	18.73
	50m:	31.77	16.57	150m:	1:43.06	18.27	250m:	2:57.40	18.92	350m:	4:12.94	18.93
	75m:	49.09	17.32	175m:	2:01.47	18.41	275m:	3:16.18	18.78	375m:	4:31.49	18.55
	100m:	1:06.79	17.70	200m:	2:20.04	18.57	300m:	3:35.28	19.10	400m:	4:48.18	16.69
49.	GAWLIK Jagoda		06	UKS HURAGAN SP45 Sosnowiec	4:48.85	513						
	25m:	15.32	15.32	125m:	1:26.35	18.05	225m:	2:40.38	18.60	325m:	3:54.48	18.31
	50m:	32.70	17.38	150m:	1:44.91	18.56	250m:	2:59.04	18.66	350m:	4:13.28	18.80
	75m:	50.24	17.54	175m:	2:03.22	18.31	275m:	3:17.54	18.50	375m:	4:31.51	18.23
	100m:	1:08.30	18.06	200m:	2:21.78	18.56	300m:	3:36.17	18.63	400m:	4:48.85	17.34
50.	PODPORA Marta		06	UKP POLONIA Warszawa	4:53.24	490						
	25m:	15.58	15.58	125m:	1:26.06	18.22	225m:	2:40.16	19.09	325m:	3:56.95	19.15
	50m:	32.55	16.97	150m:	1:44.18	18.12	250m:	2:58.78	18.62	350m:	4:16.11	19.16
	75m:	50.21	17.66	175m:	2:02.64	18.46	275m:	3:18.53	19.75	375m:	4:35.43	19.32
	100m:	1:07.84	17.63	200m:	2:21.07	18.43	300m:	3:37.80	19.27	400m:	4:53.24	17.81
51.	ZAKRZEWSKA Oliwia		07	UKS NAWA Skierniewice	4:53.99	487						
	25m:	15.35	15.35	125m:	1:28.53	18.30	225m:	2:43.72	18.62	325m:	3:59.17	18.75
	50m:	33.26	17.91	150m:	1:47.46	18.93	250m:	3:02.76	19.04	350m:	4:17.87	18.70
	75m:	51.51	18.25	175m:	2:06.14	18.68	275m:	3:21.39	18.63	375m:	4:36.39	18.52
	100m:	1:10.23	18.72	200m:	2:25.10	18.96	300m:	3:40.42	19.03	400m:	4:53.99	17.60
52.	WARSI SKA Julia		07	MUKS PI TNASTKA Bydgoszcz	4:54.71	483						
	25m:	15.14	15.14	125m:	1:26.83	18.58	225m:	2:42.10	18.92	325m:	3:58.62	19.17
	50m:	32.21	17.07	150m:	1:45.34	18.51	250m:	3:01.27	19.17	350m:	4:17.78	19.16
	75m:	50.01	17.80	175m:	2:04.24	18.90	275m:	3:20.43	19.16	375m:	4:37.00	19.22
	100m:	1:08.25	18.24	200m:	2:23.18	18.94	300m:	3:39.45	19.02	400m:	4:54.71	17.71
53.	GRABOWSKA Aleksandra		07	MUKS PI TNASTKA Bydgoszcz	5:12.93	403						
	25m:	15.69	15.69	125m:	1:32.52	19.94	225m:	2:54.30	20.88	325m:	4:15.03	20.39
	50m:	33.67	17.98	150m:	1:52.28	19.76	250m:	3:14.19	19.89	350m:	4:34.80	19.77
	75m:	53.15	19.48	175m:	2:13.01	20.73	275m:	3:34.42	20.23	375m:	4:54.59	19.79
	100m:	1:12.58	19.43	200m:	2:33.42	20.41	300m:	3:54.64	20.22	400m:	5:12.93	18.34