

Mistrzostwa Polski w pływaniu w kat. Open, Młodzie owców 19-23 lat, Juniorów 17-18 lat  
Bydgoszcz, 19-22.12.2024

## Konkurencja 32

## Kobiet, 400m dowolny

## Open

2024-12-21

Wyniki Finał

Rekord Polski 4:02.68 POLANSKA Aleksandra 07614 Olsztyn 2020-12-18

Punkty: AQUA 2024

Pozycja			Rok ur.					Czas	Pkt.		
<b>Finał A</b>											
1.	GU	Wiktorja	04	MKP Szczecin				<b>4:08.36</b>	807		
	25m:	13.64 13.64	125m:	1:16.17	15.87	225m:	2:19.28	15.82	325m:	3:22.10	15.69
	50m:	29.07 15.43	150m:	1:31.82	15.65	250m:	2:35.00	15.72	350m:	3:37.58	15.48
	75m:	44.75 15.68	175m:	1:47.67	15.85	275m:	2:50.77	15.77	375m:	3:53.38	15.80
	100m:	1:00.30 15.55	200m:	2:03.46	15.79	300m:	3:06.41	15.64	400m:	4:08.36	14.98
2.	TARASIEWICZ	Klaudia	04	MKP Szczecin				<b>4:10.04</b>	791		
	25m:	13.81 13.81	125m:	1:16.43	15.84	225m:	2:20.04	15.89	325m:	3:24.04	16.03
	50m:	28.89 15.08	150m:	1:32.33	15.90	250m:	2:35.95	15.91	350m:	3:39.84	15.80
	75m:	44.63 15.74	175m:	1:48.28	15.95	275m:	2:51.91	15.96	375m:	3:55.20	15.36
	100m:	1:00.59 15.96	200m:	2:04.15	15.87	300m:	3:08.01	16.10	400m:	4:10.04	14.84
3.	KOWALSKA	Klara	05	KU AZS UMCS Lublin				<b>4:10.63</b>	786		
	25m:	13.77 13.77	125m:	1:16.83	16.03	225m:	2:20.57	15.95	325m:	3:24.52	16.03
	50m:	29.22 15.45	150m:	1:32.68	15.85	250m:	2:36.51	15.94	350m:	3:40.41	15.89
	75m:	44.97 15.75	175m:	1:48.65	15.97	275m:	2:52.51	16.00	375m:	3:56.14	15.73
	100m:	1:00.80 15.83	200m:	2:04.62	15.97	300m:	3:08.49	15.98	400m:	4:10.63	14.49
4.	POLA SKA	Aleksandra	00	KU AZS UW				<b>4:10.79</b>	784		
	25m:	13.30 13.30	125m:	1:14.76	15.65	225m:	2:18.12	15.85	325m:	3:22.55	16.23
	50m:	28.26 14.96	150m:	1:30.59	15.83	250m:	2:34.15	16.03	350m:	3:38.71	16.16
	75m:	43.66 15.40	175m:	1:46.31	15.72	275m:	2:50.25	16.10	375m:	3:55.01	16.30
	100m:	59.11 15.45	200m:	2:02.27	15.96	300m:	3:06.32	16.07	400m:	4:10.79	15.78
5.	CZUBAK	Maria	06	IKS Konstancin				<b>4:16.74</b>	731		
	25m:	14.11 14.11	125m:	1:17.57	15.85	225m:	2:21.80	16.16	325m:	3:27.79	16.63
	50m:	29.66 15.55	150m:	1:33.40	15.83	250m:	2:38.11	16.31	350m:	3:44.25	16.46
	75m:	45.44 15.78	175m:	1:49.45	16.05	275m:	2:54.64	16.53	375m:	4:00.81	16.56
	100m:	1:01.72 16.28	200m:	2:05.64	16.19	300m:	3:11.16	16.52	400m:	4:16.74	15.93
6.	RESZKO	Lena	09	UKP POLONIA Warszawa				<b>4:19.47</b>	708		
	25m:	13.90 13.90	125m:	1:18.09	16.53	225m:	2:25.00	16.59	325m:	3:31.33	16.36
	50m:	29.42 15.52	150m:	1:35.02	16.93	250m:	2:41.83	16.83	350m:	3:47.83	16.50
	75m:	45.16 15.74	175m:	1:51.58	16.56	275m:	2:58.25	16.42	375m:	4:03.87	16.04
	100m:	1:01.56 16.40	200m:	2:08.41	16.83	300m:	3:14.97	16.72	400m:	4:19.47	15.60
7.	KOSSAKOWSKA	Dominika	01	KU AZS UMCS Lublin				<b>4:19.67</b>	706		
	25m:	13.93 13.93	125m:	1:17.62	16.25	225m:	2:23.83	16.69	325m:	3:31.12	16.59
	50m:	29.59 15.66	150m:	1:34.01	16.39	250m:	2:40.73	16.90	350m:	3:47.76	16.64
	75m:	45.30 15.71	175m:	1:50.49	16.48	275m:	2:57.53	16.80	375m:	4:04.07	16.31
	100m:	1:01.37 16.07	200m:	2:07.14	16.65	300m:	3:14.53	17.00	400m:	4:19.67	15.60
8.	WŁADYCZKA	Amelia	07	WKS L SK Wrocław				<b>4:20.11</b>	703		
	25m:	13.66 13.66	125m:	1:17.47	16.24	225m:	2:24.38	16.72	325m:	3:31.66	16.57
	50m:	29.10 15.44	150m:	1:34.18	16.71	250m:	2:41.48	17.10	350m:	3:48.28	16.62
	75m:	45.01 15.91	175m:	1:50.75	16.57	275m:	2:58.30	16.82	375m:	4:04.63	16.35
	100m:	1:01.23 16.22	200m:	2:07.66	16.91	300m:	3:15.09	16.79	400m:	4:20.11	15.48
9.	WIERNICKA	Julia	07	KU AZS UMCS Lublin				<b>4:20.41</b>	700		
	25m:	13.96 13.96	125m:	1:18.21	16.02	225m:	2:24.37	16.61	325m:	3:31.24	16.61
	50m:	29.77 15.81	150m:	1:34.70	16.49	250m:	2:41.04	16.67	350m:	3:48.22	16.98
	75m:	45.79 16.02	175m:	1:51.10	16.40	275m:	2:57.67	16.63	375m:	4:04.69	16.47
	100m:	1:02.19 16.40	200m:	2:07.76	16.66	300m:	3:14.63	16.96	400m:	4:20.41	15.72
10.	MAŁOLEPSZA	Weronika	07	MKP Szczecin				<b>4:20.55</b>	699		
	25m:	14.02 14.02	125m:	1:17.93	16.36	225m:	2:24.38	16.54	325m:	3:32.01	16.94
	50m:	29.71 15.69	150m:	1:34.34	16.41	250m:	2:41.30	16.92	350m:	3:49.01	17.00
	75m:	45.55 15.84	175m:	1:51.10	16.76	275m:	2:58.11	16.81	375m:	4:05.60	16.59
	100m:	1:01.57 16.02	200m:	2:07.84	16.74	300m:	3:15.07	16.96	400m:	4:20.55	14.95

Mistrzostwa Polski w pływaniu w kat. Open, Młodzie owców 19-23 lat, Juniorów 17-18 lat  
Bydgoszcz, 19-22.12.2024

## Konkurencja 32, Kobiet, 400m dowolny, Finał, Open

Pozycja			Rok ur.				Czas		Pkt.
<b>Finał B</b>									
11.	KULIK Julia		05	KU AZS UW		<b>4:20.87</b>		697	
	25m:	13.99	13.99	125m:	1:18.35	16.37	225m:	2:24.94	16.65
	50m:	29.92	15.93	150m:	1:34.87	16.52	250m:	2:41.57	16.63
	75m:	45.87	15.95	175m:	1:51.62	16.75	275m:	2:58.46	16.89
	100m:	1:01.98	16.11	200m:	2:08.29	16.67	300m:	3:15.29	16.83
							325m:	3:31.87	16.58
							350m:	3:48.61	16.74
							375m:	4:05.09	16.48
							400m:	4:20.87	15.78
12.	POPPE Marta		07	KU AZS UMCS Lublin		<b>4:21.79</b>		689	
	25m:	14.66	14.66	125m:	1:19.02	16.43	225m:	2:25.73	16.77
	50m:	30.40	15.74	150m:	1:35.55	16.53	250m:	2:42.41	16.68
	75m:	46.39	15.99	175m:	1:52.21	16.66	275m:	2:59.39	16.98
	100m:	1:02.59	16.20	200m:	2:08.96	16.75	300m:	3:16.08	16.69
							325m:	3:32.93	16.85
							350m:	3:49.50	16.57
							375m:	4:06.08	16.58
							400m:	4:21.79	15.71
13.	MIŁEK Alicja		06	KS BARRAKUDA Gda sk		<b>4:23.17</b>		678	
	25m:	13.92	13.92	125m:	1:17.60	16.41	225m:	2:24.04	16.67
	50m:	29.40	15.48	150m:	1:34.11	16.51	250m:	2:40.97	16.93
	75m:	45.12	15.72	175m:	1:50.68	16.57	275m:	2:57.95	16.98
	100m:	1:01.19	16.07	200m:	2:07.37	16.69	300m:	3:15.00	17.05
							325m:	3:32.27	17.27
							350m:	3:49.67	17.40
							375m:	4:06.72	17.05
							400m:	4:23.17	16.45
14.	GULCZY SKA Natalia		07	KS AZS AWF Pozna		<b>4:23.95</b>		672	
	25m:	14.37	14.37	125m:	1:20.21	16.75	225m:	2:28.36	16.73
	50m:	30.29	15.92	150m:	1:37.14	16.93	250m:	2:44.94	16.58
	75m:	46.84	16.55	175m:	1:54.33	17.19	275m:	3:01.72	16.78
	100m:	1:03.46	16.62	200m:	2:11.63	17.30	300m:	3:18.57	16.85
							325m:	3:35.21	16.64
							350m:	3:51.91	16.70
							375m:	4:08.42	16.51
							400m:	4:23.95	15.53
15.	WILK Anna		06	UKP FALA Kra nik		<b>4:25.30</b>		662	
	25m:	14.31	14.31	125m:	1:20.48	16.86	225m:	2:27.76	16.78
	50m:	30.29	15.98	150m:	1:37.20	16.72	250m:	2:44.81	17.05
	75m:	46.91	16.62	175m:	1:54.16	16.96	275m:	3:01.91	17.10
	100m:	1:03.62	16.71	200m:	2:10.98	16.82	300m:	3:18.90	16.99
							325m:	3:35.66	16.76
							350m:	3:52.72	17.06
							375m:	4:09.39	16.67
							400m:	4:25.30	15.91
16.	WALCZAK Barbara		06	UKS G-8 BIELANY Warszawa		<b>4:25.84</b>		658	
	25m:	14.19	14.19	125m:	1:19.08	16.58	225m:	2:26.52	16.87
	50m:	29.99	15.80	150m:	1:35.83	16.75	250m:	2:43.58	17.06
	75m:	46.10	16.11	175m:	1:52.66	16.83	275m:	3:00.77	17.19
	100m:	1:02.50	16.40	200m:	2:09.65	16.99	300m:	3:18.07	17.30
							325m:	3:35.40	17.33
							350m:	3:52.51	17.11
							375m:	4:09.42	16.91
							400m:	4:25.84	16.42
17.	JAKUBCZYK Natalia		08	CSiR MOS w D browie Górniczej		<b>4:26.01</b>		657	
	25m:	14.40	14.40	125m:	1:21.14	16.97	225m:	2:29.92	17.30
	50m:	30.49	16.09	150m:	1:38.24	17.10	250m:	2:46.95	17.03
	75m:	47.14	16.65	175m:	1:55.35	17.11	275m:	3:03.84	16.89
	100m:	1:04.17	17.03	200m:	2:12.62	17.27	300m:	3:20.52	16.68
							325m:	3:37.28	16.76
							350m:	3:54.04	16.76
							375m:	4:10.48	16.44
							400m:	4:26.01	15.53
18.	GAWĘŁKO Zuzanna		06	KU AZS UMCS Lublin		<b>4:27.33</b>		647	
	25m:	14.38	14.38	125m:	1:20.07	16.69	225m:	2:27.75	16.91
	50m:	30.55	16.17	150m:	1:37.03	16.96	250m:	2:44.95	17.20
	75m:	46.81	16.26	175m:	1:53.75	16.72	275m:	3:02.02	17.07
	100m:	1:03.38	16.57	200m:	2:10.84	17.09	300m:	3:19.47	17.45
							325m:	3:36.67	17.20
							350m:	3:54.03	17.36
							375m:	4:11.04	17.01
							400m:	4:27.33	16.29
19.	KUCZMAR Zuzanna		07	UKP POLONIA Warszawa		<b>4:33.26</b>		606	
	25m:	14.68	14.68	125m:	1:22.28	17.49	225m:	2:31.65	17.33
	50m:	31.26	16.58	150m:	1:39.61	17.33	250m:	2:48.98	17.33
	75m:	47.90	16.64	175m:	1:57.09	17.48	275m:	3:06.60	17.62
	100m:	1:04.79	16.89	200m:	2:14.32	17.23	300m:	3:24.06	17.46
							325m:	3:41.67	17.61
							350m:	3:58.83	17.16
							375m:	4:16.42	17.59
							400m:	4:33.26	16.84
20.	KUCZMAR Aleksandra		09	UKP POLONIA Warszawa		<b>4:33.40</b>		605	
	25m:	14.37	14.37	125m:	1:21.01	16.95	225m:	2:29.93	17.29
	50m:	30.74	16.37	150m:	1:38.20	17.19	250m:	2:47.45	17.52
	75m:	47.28	16.54	175m:	1:55.24	17.04	275m:	3:04.84	17.39
	100m:	1:04.06	16.78	200m:	2:12.64	17.40	300m:	3:22.65	17.81
							325m:	3:40.35	17.70
							350m:	3:58.16	17.81
							375m:	4:16.10	17.94
							400m:	4:33.40	17.30
<b>Finał C</b>									
21.	CHMIELEWSKA Aleksandra		06	UKS ABIANKA Gda sk		<b>4:25.06</b>		664	
	25m:	14.63	14.63	125m:	1:19.86	16.51	225m:	2:26.52	16.79
	50m:	30.47	15.84	150m:	1:36.34	16.48	250m:	2:43.36	16.84
	75m:	46.76	16.29	175m:	1:52.99	16.65	275m:	3:00.12	16.76
	100m:	1:03.35	16.59	200m:	2:09.73	16.74	300m:	3:17.18	17.06
							325m:	3:34.43	17.25
							350m:	3:51.43	17.00
							375m:	4:08.60	17.17
							400m:	4:25.06	16.46

Mistrzostwa Polski w pływaniu w kat. Open, Młodzie owców 19-23 lat, Juniorów 17-18 lat  
Bydgoszcz, 19-22.12.2024

Konkurencja 32, Kobiet, 400m dowolny, Finał, Open

Pozycja			Rok ur.				Czas		Pkt.
22.	PIEKARSKA Natalia		06	UKS 190 Łód		<b>4:26.88</b>		650	
	25m:	14.38 14.38	125m:	1:19.43 16.52	225m:	2:27.04 16.99	325m:	3:35.98 17.53	
	50m:	30.31 15.93	150m:	1:36.13 16.70	250m:	2:43.96 16.92	350m:	3:53.58 17.60	
	75m:	46.56 16.25	175m:	1:52.94 16.81	275m:	3:01.01 17.05	375m:	4:10.46 16.88	
	100m:	1:02.91 16.35	200m:	2:10.05 17.11	300m:	3:18.45 17.44	400m:	4:26.88 16.42	
23.	SOWA Barbara		07	UKP UNIA O wi cim		<b>4:29.25</b>		633	
	25m:	14.51 14.51	125m:	1:21.33 17.16	225m:	2:29.77 17.17	325m:	3:38.58 17.41	
	50m:	30.73 16.22	150m:	1:38.33 17.00	250m:	2:46.81 17.04	350m:	3:55.68 17.10	
	75m:	47.43 16.70	175m:	1:55.44 17.11	275m:	3:03.88 17.07	375m:	4:13.06 17.38	
	100m:	1:04.17 16.74	200m:	2:12.60 17.16	300m:	3:21.17 17.29	400m:	4:29.25 16.19	
24.	R P Apolonia		06	MKS JUVENIA Wrocław		<b>4:31.44</b>		618	
	25m:	14.10 14.10	125m:	1:20.29 16.93	225m:	2:29.19 17.40	325m:	3:40.45 17.96	
	50m:	30.35 16.25	150m:	1:37.31 17.02	250m:	2:46.80 17.61	350m:	3:58.09 17.64	
	75m:	46.77 16.42	175m:	1:54.51 17.20	275m:	3:04.67 17.87	375m:	4:15.58 17.49	
	100m:	1:03.36 16.59	200m:	2:11.79 17.28	300m:	3:22.49 17.82	400m:	4:31.44 15.86	
25.	BUDZE Monika		07	MKP ASTROMAL Leszno		<b>4:31.45</b>		618	
	25m:	14.70 14.70	125m:	1:20.28 16.77	225m:	2:29.44 17.43	325m:	3:40.88 17.53	
	50m:	30.66 15.96	150m:	1:37.17 16.89	250m:	2:47.21 17.77	350m:	3:58.56 17.68	
	75m:	46.97 16.31	175m:	1:54.50 17.33	275m:	3:05.25 18.04	375m:	4:15.75 17.19	
	100m:	1:03.51 16.54	200m:	2:12.01 17.51	300m:	3:23.35 18.10	400m:	4:31.45 15.70	
26.	R CZKOWSKA Maja		07	LKS Jedno 32 Przyszowice		<b>4:32.15</b>		613	
	25m:	14.29 14.29	125m:	1:20.22 16.63	225m:	2:29.84 17.48	325m:	3:40.18 17.49	
	50m:	30.29 16.00	150m:	1:37.40 17.18	250m:	2:47.49 17.65	350m:	3:57.83 17.65	
	75m:	46.86 16.57	175m:	1:54.71 17.31	275m:	3:04.97 17.48	375m:	4:15.32 17.49	
	100m:	1:03.59 16.73	200m:	2:12.36 17.65	300m:	3:22.69 17.72	400m:	4:32.15 16.83	
27.	WO AKOWSKA Zofia		07	KU AZS UMCS Lublin		<b>4:32.34</b>		612	
	25m:	14.72 14.72	125m:	1:21.49 17.07	225m:	2:31.07 17.61	325m:	3:40.78 17.42	
	50m:	30.95 16.23	150m:	1:38.60 17.11	250m:	2:48.46 17.39	350m:	3:58.16 17.38	
	75m:	47.41 16.46	175m:	1:55.86 17.26	275m:	3:05.88 17.42	375m:	4:15.56 17.40	
	100m:	1:04.42 17.01	200m:	2:13.46 17.60	300m:	3:23.36 17.48	400m:	4:32.34 16.78	
28.	SITKIEWICZ Jagoda		07	UKS WODNIK Siemianowice I skie		<b>4:34.42</b>		598	
	25m:	14.71 14.71	125m:	1:22.09 17.36	225m:	2:31.57 17.85	325m:	3:42.42 17.90	
	50m:	30.93 16.22	150m:	1:39.09 17.00	250m:	2:49.07 17.50	350m:	4:00.19 17.77	
	75m:	47.76 16.83	175m:	1:56.43 17.34	275m:	3:06.77 17.70	375m:	4:17.73 17.54	
	100m:	1:04.73 16.97	200m:	2:13.72 17.29	300m:	3:24.52 17.75	400m:	4:34.42 16.69	
29.	TRAFALSKA Zuzanna		07	UKS 190 Łód		<b>4:35.01</b>		594	
	25m:	15.44 15.44	125m:	1:21.80 16.79	225m:	2:29.94 17.22	325m:	3:41.21 18.01	
	50m:	32.08 16.64	150m:	1:38.56 16.76	250m:	2:47.42 17.48	350m:	3:59.24 18.03	
	75m:	48.59 16.51	175m:	1:55.67 17.11	275m:	3:05.26 17.84	375m:	4:17.46 18.22	
	100m:	1:05.01 16.42	200m:	2:12.72 17.05	300m:	3:23.20 17.94	400m:	4:35.01 17.55	
30.	DROBNA Angelika		07	UKP UNIA O wi cim		<b>4:44.86</b>		535	
	25m:	14.82 14.82	125m:	1:22.89 17.54	225m:	2:35.67 18.45	325m:	3:49.84 18.64	
	50m:	31.31 16.49	150m:	1:40.78 17.89	250m:	2:54.18 18.51	350m:	4:08.44 18.60	
	75m:	48.04 16.73	175m:	1:58.95 18.17	275m:	3:12.81 18.63	375m:	4:27.09 18.65	
	100m:	1:05.35 17.31	200m:	2:17.22 18.27	300m:	3:31.20 18.39	400m:	4:44.86 17.77	