



Ministerstwo
Sportu i Turystyki



Mistrzostwa Polski w pływaniu w kat. Open, Młodzie owców 19-23 lat, Juniorów 17-18 lat
Bydgoszcz, 19-22.12.2024

Konkurencja 33

2024-12-21 - 11:06

M cyczn, 400m dowolny

Open

Wyniki Eliminacje

Rekord Polski 3:37.57 WOJDAK Wojciech 01006 Netanya (ISR) 2015-12-02

Punkty: AQUA 2024

Pozycja			Rok ur.					Czas	Pkt.			
1.	CHMIELEWSKI Krzysztof		04	IUKS MUSZELKA Warszawa				3:49.01	796	A		
	25m:	12.30	12.30	125m:	1:09.22	14.39	225m:	2:07.05	14.44	325m:	3:05.58	14.74
	50m:	26.19	13.89	150m:	1:23.67	14.45	250m:	2:21.45	14.40	350m:	3:20.36	14.78
	75m:	40.44	14.25	175m:	1:38.22	14.55	275m:	2:36.08	14.63	375m:	3:34.83	14.47
	100m:	54.83	14.39	200m:	1:52.61	14.39	300m:	2:50.84	14.76	400m:	3:49.01	14.18
2.	FILIPIAK Mikołaj		06	KS BARRAKUDA Gda sk				3:49.77	788	A		
	25m:	12.43	12.43	125m:	1:09.32	14.57	225m:	2:07.55	14.66	325m:	3:06.31	14.86
	50m:	26.27	13.84	150m:	1:23.74	14.42	250m:	2:22.13	14.58	350m:	3:20.90	14.59
	75m:	40.47	14.20	175m:	1:38.50	14.76	275m:	2:36.82	14.69	375m:	3:35.68	14.78
	100m:	54.75	14.28	200m:	1:52.89	14.39	300m:	2:51.45	14.63	400m:	3:49.77	14.09
3.	SIERADZKI Kamil		02	AZS AWF Katowice				3:51.78	767	A		
	25m:	11.95	11.95	125m:	1:09.95	14.77	225m:	2:09.14	14.76	325m:	3:07.76	14.84
	50m:	25.99	14.04	150m:	1:24.85	14.90	250m:	2:23.84	14.70	350m:	3:22.54	14.78
	75m:	40.48	14.49	175m:	1:39.70	14.85	275m:	2:38.48	14.64	375m:	3:37.38	14.84
	100m:	55.18	14.70	200m:	1:54.38	14.68	300m:	2:52.92	14.44	400m:	3:51.78	14.40
4.	STANISZEWSKI Bartosz		05	MKP Szczecin				3:52.20	763	A		
	25m:	12.42	12.42	125m:	1:10.10	14.67	225m:	2:09.35	14.75	325m:	3:08.64	14.77
	50m:	26.46	14.04	150m:	1:24.92	14.82	250m:	2:24.19	14.84	350m:	3:23.44	14.80
	75m:	40.82	14.36	175m:	1:39.76	14.84	275m:	2:39.10	14.91	375m:	3:38.33	14.89
	100m:	55.43	14.61	200m:	1:54.60	14.84	300m:	2:53.87	14.77	400m:	3:52.20	13.87
5.	HEBEL Maciej		05	AZS AWF Katowice				3:52.50	760	A		
	25m:	12.38	12.38	125m:	1:10.47	14.67	225m:	2:10.00	15.06	325m:	3:09.33	14.82
	50m:	26.51	14.13	150m:	1:25.27	14.80	250m:	2:24.87	14.87	350m:	3:24.02	14.69
	75m:	41.14	14.63	175m:	1:39.99	14.72	275m:	2:39.77	14.90	375m:	3:38.57	14.55
	100m:	55.80	14.66	200m:	1:54.94	14.95	300m:	2:54.51	14.74	400m:	3:52.50	13.93
6.	CHMIELEWSKI Michał		04	IUKS MUSZELKA Warszawa				3:52.72	758	A		
	25m:	12.71	12.71	125m:	1:12.25	15.03	225m:	2:11.79	14.62	325m:	3:10.65	14.65
	50m:	27.46	14.75	150m:	1:27.30	15.05	250m:	2:26.46	14.67	350m:	3:25.18	14.53
	75m:	42.34	14.88	175m:	1:42.31	15.01	275m:	2:41.21	14.75	375m:	3:39.38	14.20
	100m:	57.22	14.88	200m:	1:57.17	14.86	300m:	2:56.00	14.79	400m:	3:52.72	13.34
7.	MAJOR Erik		07	MKS Park Wodny Tarnowskie Góry				3:52.94	756	A		
	25m:	12.43	12.43	125m:	1:10.48	14.76	225m:	2:10.30	14.83	325m:	3:10.00	14.80
	50m:	26.49	14.06	150m:	1:25.29	14.81	250m:	2:25.19	14.89	350m:	3:24.68	14.68
	75m:	41.06	14.57	175m:	1:40.45	15.16	275m:	2:40.25	15.06	375m:	3:39.17	14.49
	100m:	55.72	14.66	200m:	1:55.47	15.02	300m:	2:55.20	14.95	400m:	3:52.94	13.77
8.	LITOBORSKI Mikołaj		08	O AZS w Poznaniu				3:53.14	754	A		
	25m:	12.58	12.58	125m:	1:10.86	15.00	225m:	2:10.50	14.74	325m:	3:10.04	14.87
	50m:	26.77	14.19	150m:	1:25.94	15.08	250m:	2:25.39	14.89	350m:	3:24.80	14.76
	75m:	41.30	14.53	175m:	1:40.89	14.95	275m:	2:40.33	14.94	375m:	3:39.49	14.69
	100m:	55.86	14.56	200m:	1:55.76	14.87	300m:	2:55.17	14.84	400m:	3:53.14	13.65
9.	GRZEGORCZYK Wiktor		02	AZS AWF Warszawa				3:54.49	741	A		
	25m:	12.64	12.64	125m:	1:11.76	15.01	225m:	2:11.43	15.01	325m:	3:11.12	14.93
	50m:	27.09	14.45	150m:	1:26.71	14.95	250m:	2:26.21	14.78	350m:	3:25.72	14.60
	75m:	41.79	14.70	175m:	1:41.55	14.84	275m:	2:41.23	15.02	375m:	3:40.47	14.75
	100m:	56.75	14.96	200m:	1:56.42	14.87	300m:	2:56.19	14.96	400m:	3:54.49	14.02
10.	MIŁKOWSKI Mikołaj		07	AZS AWF Warszawa				3:54.93	737	A		
	25m:	12.94	12.94	125m:	1:11.13	14.75	225m:	2:11.37	15.00	325m:	3:11.39	14.76
	50m:	27.21	14.27	150m:	1:26.23	15.10	250m:	2:26.46	15.09	350m:	3:26.22	14.83
	75m:	41.60	14.39	175m:	1:41.23	15.00	275m:	2:41.54	15.08	375m:	3:40.85	14.63
	100m:	56.38	14.78	200m:	1:56.37	15.14	300m:	2:56.63	15.09	400m:	3:54.93	14.08
11.	DARUL Bartosz		04	MKP Szczecin				3:55.56	731	B		
	25m:	12.61	12.61	125m:	1:11.18	15.02	225m:	2:11.30	14.97	325m:	3:11.27	14.88
	50m:	26.87	14.26	150m:	1:26.36	15.18	250m:	2:26.27	14.97	350m:	3:26.21	14.94
	75m:	41.44	14.57	175m:	1:41.40	15.04	275m:	2:41.47	15.20	375m:	3:41.11	14.90
	100m:	56.16	14.72	200m:	1:56.33	14.93	300m:	2:56.39	14.92	400m:	3:55.56	14.45

Mistrzostwa Polski w pływaniu w kat. Open, Młodzieowców 19-23 lat, Juniorów 17-18 lat
Bydgoszcz, 19-22.12.2024

Konkurencja 33, M czyzn, 400m dowolny, Eliminacje, Open

Pozycja			Rok ur.						Czas		Pkt.	
12.	BLUJ Aleksander		09	UKS GIM 92 Ursynów						3:56.15	726	B
	25m:	12.95	12.95	125m:	1:12.44	15.01	225m:	2:13.09	15.14	325m:	3:13.10	14.71
	50m:	27.48	14.53	150m:	1:27.61	15.17	250m:	2:28.14	15.05	350m:	3:27.94	14.84
	75m:	42.48	15.00	175m:	1:42.77	15.16	275m:	2:43.11	14.97	375m:	3:42.31	14.37
	100m:	57.43	14.95	200m:	1:57.95	15.18	300m:	2:58.39	15.28	400m:	3:56.15	13.84
13.	GNACZY SKI Michał		07	MKP Szczecin						3:56.24	725	B
	25m:	12.86	12.86	125m:	1:12.21	15.13	225m:	2:12.84	15.05	325m:	3:13.25	14.93
	50m:	27.22	14.36	150m:	1:27.48	15.27	250m:	2:28.01	15.17	350m:	3:28.03	14.78
	75m:	42.09	14.87	175m:	1:42.66	15.18	275m:	2:43.24	15.23	375m:	3:42.46	14.43
	100m:	57.08	14.99	200m:	1:57.79	15.13	300m:	2:58.32	15.08	400m:	3:56.24	13.78
14.	PI TKA Miłosz		07	MKP Szczecin						3:56.61	721	B
	25m:	13.24	13.24	125m:	1:12.86	15.11	225m:	2:12.95	14.90	325m:	3:13.18	14.93
	50m:	27.92	14.68	150m:	1:27.87	15.01	250m:	2:27.98	15.03	350m:	3:28.09	14.91
	75m:	42.84	14.92	175m:	1:42.99	15.12	275m:	2:43.06	15.08	375m:	3:42.63	14.54
	100m:	57.75	14.91	200m:	1:58.05	15.06	300m:	2:58.25	15.19	400m:	3:56.61	13.98
15.	RADKIEWICZ Kajetan		05	KU AZS UW						3:56.62	721	B
	25m:	12.76	12.76	125m:	1:11.71	15.09	225m:	2:12.39	15.22	325m:	3:13.03	14.98
	50m:	26.97	14.21	150m:	1:26.77	15.06	250m:	2:27.34	14.95	350m:	3:28.02	14.99
	75m:	41.64	14.67	175m:	1:42.10	15.33	275m:	2:42.63	15.29	375m:	3:42.59	14.57
	100m:	56.62	14.98	200m:	1:57.17	15.07	300m:	2:58.05	15.42	400m:	3:56.62	14.03
16.	WO NIAK Piotr		05	MTP KORMORAN Olsztyn						3:56.64	721	B
	25m:	13.27	13.27	125m:	1:12.44	15.01	225m:	2:12.15	14.96	325m:	3:12.03	15.07
	50m:	27.66	14.39	150m:	1:27.43	14.99	250m:	2:27.12	14.97	350m:	3:27.11	15.08
	75m:	42.50	14.84	175m:	1:42.27	14.84	275m:	2:42.00	14.88	375m:	3:42.24	15.13
	100m:	57.43	14.93	200m:	1:57.19	14.92	300m:	2:56.96	14.96	400m:	3:56.64	14.40
17.	KAPAŁA Bartosz		06	MTP KORMORAN Olsztyn						3:56.97	718	B
	25m:	13.13	13.13	125m:	1:12.47	15.15	225m:	2:13.09	14.94	325m:	3:13.43	15.03
	50m:	27.41	14.28	150m:	1:27.84	15.37	250m:	2:28.23	15.14	350m:	3:28.54	15.11
	75m:	42.29	14.88	175m:	1:42.90	15.06	275m:	2:43.22	14.99	375m:	3:43.21	14.67
	100m:	57.32	15.03	200m:	1:58.15	15.25	300m:	2:58.40	15.18	400m:	3:56.97	13.76
18.	FRONCZAK Antoni		06	UKS G-8 BIELANY Warszawa						3:57.18	716	B
	25m:	13.07	13.07	125m:	1:12.20	14.84	225m:	2:12.42	14.92	325m:	3:12.10	14.99
	50m:	27.77	14.70	150m:	1:27.15	14.95	250m:	2:27.38	14.96	350m:	3:27.38	15.28
	75m:	42.36	14.59	175m:	1:42.16	15.01	275m:	2:42.16	14.78	375m:	3:42.58	15.20
	100m:	57.36	15.00	200m:	1:57.50	15.34	300m:	2:57.11	14.95	400m:	3:57.18	14.60
19.	WIRASZKA Piotr		09	UKS GIM 92 Ursynów						3:57.88	710	B
	25m:	13.19	13.19	125m:	1:12.82	15.17	225m:	2:13.30	14.85	325m:	3:13.57	15.07
	50m:	27.93	14.74	150m:	1:27.98	15.16	250m:	2:28.27	14.97	350m:	3:28.64	15.07
	75m:	42.74	14.81	175m:	1:43.17	15.19	275m:	2:43.14	14.87	375m:	3:43.50	14.86
	100m:	57.65	14.91	200m:	1:58.45	15.28	300m:	2:58.50	15.36	400m:	3:57.88	14.38
20.	KAPAŁA Szymon		03	MTP KORMORAN Olsztyn						3:58.73	702	B
	25m:	12.99	12.99	125m:	1:12.27	15.05	225m:	2:12.59	14.99	325m:	3:13.40	15.23
	50m:	27.34	14.35	150m:	1:27.32	15.05	250m:	2:27.69	15.10	350m:	3:28.77	15.37
	75m:	42.21	14.87	175m:	1:42.51	15.19	275m:	2:42.84	15.15	375m:	3:44.04	15.27
	100m:	57.22	15.01	200m:	1:57.60	15.09	300m:	2:58.17	15.33	400m:	3:58.73	14.69
21.	OKO Jakub		07	MKS JUVENIA Wrocław						3:59.20	698	C
	25m:	12.97	12.97	125m:	1:13.53	14.90	225m:	2:13.65	14.76	325m:	3:13.77	14.87
	50m:	28.10	15.13	150m:	1:28.60	15.07	250m:	2:28.74	15.09	350m:	3:29.07	15.30
	75m:	43.29	15.19	175m:	1:43.59	14.99	275m:	2:43.66	14.92	375m:	3:44.18	15.11
	100m:	58.63	15.34	200m:	1:58.89	15.30	300m:	2:58.90	15.24	400m:	3:59.20	15.02
22.	REDZI SKI VEL RYDZY SKI Mateusz	07	07	KU AZS UMCS Lublin						3:59.22	698	C
	25m:	12.70	12.70	125m:	1:12.02	15.11	225m:	2:13.38	15.34	325m:	3:14.79	15.20
	50m:	27.04	14.34	150m:	1:27.29	15.27	250m:	2:28.67	15.29	350m:	3:29.88	15.09
	75m:	41.95	14.91	175m:	1:42.72	15.43	275m:	2:44.19	15.52	375m:	3:45.00	15.12
	100m:	56.91	14.96	200m:	1:58.04	15.32	300m:	2:59.59	15.40	400m:	3:59.22	14.22



Ministerstwo
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Mistrzostwa Polski w pływaniu w kat. Open, Młodzieowców 19-23 lat, Juniorów 17-18 lat
Bydgoszcz, 19-22.12.2024

Konkurencja 33, M czyzn, 400m dowolny, Eliminacje, Open

Pozycja				Rok ur.					Czas	Pkt.		
23.	DUDYS Dominik			02	AZS AWF Katowice				4:01.54	678	C	
	25m:	12.06	12.06	125m:	1:12.55	15.51	225m:	2:14.30	15.47	325m:	3:16.31	15.50
	50m:	26.53	14.47	150m:	1:27.96	15.41	250m:	2:29.66	15.36	350m:	3:31.73	15.42
	75m:	41.65	15.12	175m:	1:43.39	15.43	275m:	2:45.15	15.49	375m:	3:47.13	15.40
	100m:	57.04	15.39	200m:	1:58.83	15.44	300m:	3:00.81	15.66	400m:	4:01.54	14.41
24.	KRASKA Mateusz			07	KU AZS UMCS Lublin				4:01.56	678	C	
	25m:	12.81	12.81	125m:	1:11.44	14.95	225m:	2:12.97	15.45	325m:	3:15.48	15.58
	50m:	27.03	14.22	150m:	1:26.69	15.25	250m:	2:28.49	15.52	350m:	3:31.23	15.75
	75m:	41.60	14.57	175m:	1:41.97	15.28	275m:	2:44.11	15.62	375m:	3:46.54	15.31
	100m:	56.49	14.89	200m:	1:57.52	15.55	300m:	2:59.90	15.79	400m:	4:01.56	15.02
25.	SHYPIN Aliaksandr			07	UKS G-8 BIELANY Warszawa				4:01.68	677	C	
	25m:	12.78	12.78	125m:	1:12.97	15.60	225m:	2:16.19	15.90	325m:	3:18.22	14.75
	50m:	27.16	14.38	150m:	1:28.79	15.82	250m:	2:31.83	15.64	350m:	3:32.84	14.62
	75m:	41.94	14.78	175m:	1:44.63	15.84	275m:	2:47.64	15.81	375m:	3:47.54	14.70
	100m:	57.37	15.43	200m:	2:00.29	15.66	300m:	3:03.47	15.83	400m:	4:01.68	14.14
26.	GŁUSZKOWSKI Mateusz			01	KS AZS AWF Pozna				4:02.05	674	C	
	25m:	12.80	12.80	125m:	1:12.67	15.17	225m:	2:14.01	14.95	325m:	3:15.96	15.58
	50m:	27.35	14.55	150m:	1:28.08	15.41	250m:	2:29.23	15.22	350m:	3:31.39	15.43
	75m:	42.35	15.00	175m:	1:43.58	15.50	275m:	2:44.84	15.61	375m:	3:47.18	15.79
	100m:	57.50	15.15	200m:	1:59.06	15.48	300m:	3:00.38	15.54	400m:	4:02.05	14.87
27.	SIENKIEWICZ Ignacy			05	AZS AWF Warszawa				4:03.08	665	C	
	25m:	12.84	12.84	125m:	1:12.65	15.26	225m:	2:14.67	15.55	325m:	3:16.89	15.50
	50m:	27.38	14.54	150m:	1:28.09	15.44	250m:	2:30.14	15.47	350m:	3:32.44	15.55
	75m:	42.17	14.79	175m:	1:43.52	15.43	275m:	2:45.73	15.59	375m:	3:47.94	15.50
	100m:	57.39	15.22	200m:	1:59.12	15.60	300m:	3:01.39	15.66	400m:	4:03.08	15.14
28.	KRYSTY SKI Aleksander			04	KS AGH Kraków				4:03.17	664	C	
	25m:	12.78	12.78	125m:	1:11.62	15.06	225m:	2:12.88	15.24	325m:	3:15.50	15.62
	50m:	27.10	14.32	150m:	1:27.00	15.38	250m:	2:28.51	15.63	350m:	3:31.45	15.95
	75m:	41.56	14.46	175m:	1:42.12	15.12	275m:	2:44.04	15.53	375m:	3:47.50	16.05
	100m:	56.56	15.00	200m:	1:57.64	15.52	300m:	2:59.88	15.84	400m:	4:03.17	15.67
29.	JANKOWSKI Przemysław			05	AZS AWF Katowice				4:04.10	657	C	
	25m:	12.63	12.63	125m:	1:12.09	14.95	225m:	2:13.21	15.24	325m:	3:16.73	16.09
	50m:	27.27	14.64	150m:	1:27.36	15.27	250m:	2:28.88	15.67	350m:	3:32.83	16.10
	75m:	42.09	14.82	175m:	1:42.58	15.22	275m:	2:44.59	15.71	375m:	3:48.77	15.94
	100m:	57.14	15.05	200m:	1:57.97	15.39	300m:	3:00.64	16.05	400m:	4:04.10	15.33
30.	WENTLAND Miłosz			07	MKS TRÓJKA Łód				4:04.36	655	C	
	25m:	13.28	13.28	125m:	1:13.78	15.54	225m:	2:16.49	15.73	325m:	3:19.36	15.45
	50m:	27.83	14.55	150m:	1:29.39	15.61	250m:	2:32.32	15.83	350m:	3:34.80	15.44
	75m:	42.91	15.08	175m:	1:45.14	15.75	275m:	2:47.95	15.63	375m:	3:49.94	15.14
	100m:	58.24	15.33	200m:	2:00.76	15.62	300m:	3:03.91	15.96	400m:	4:04.36	14.42
31.	KUCHARSKI Paweł			05	AZS AWF Katowice				4:04.44	654	R	
	25m:	12.69	12.69	125m:	1:13.38	15.40	225m:	2:15.15	15.47	325m:	3:17.29	15.63
	50m:	27.25	14.56	150m:	1:28.79	15.41	250m:	2:30.51	15.36	350m:	3:33.14	15.85
	75m:	42.42	15.17	175m:	1:44.20	15.41	275m:	2:46.15	15.64	375m:	3:48.85	15.71
	100m:	57.98	15.56	200m:	1:59.68	15.48	300m:	3:01.66	15.51	400m:	4:04.44	15.59
32.	GOŁACKI Sergiusz			04	UKS 190 Łód				4:05.78	644	R	
	25m:	13.19	13.19	125m:	1:13.68	15.29	225m:	2:16.47	15.63	325m:	3:19.27	15.55
	50m:	27.89	14.70	150m:	1:29.29	15.61	250m:	2:32.33	15.86	350m:	3:34.78	15.51
	75m:	42.99	15.10	175m:	1:44.97	15.68	275m:	2:47.74	15.41	375m:	3:50.57	15.79
	100m:	58.39	15.40	200m:	2:00.84	15.87	300m:	3:03.72	15.98	400m:	4:05.78	15.21
33.	ŁOJEWSKI Adam			07	MTP KORMORAN Olsztyn				4:06.05	641		
	25m:	13.26	13.26	125m:	1:12.62	15.04	225m:	2:14.90	15.61	325m:	3:18.70	15.84
	50m:	27.77	14.51	150m:	1:28.06	15.44	250m:	2:31.04	16.14	350m:	3:34.75	16.05
	75m:	42.59	14.82	175m:	1:43.46	15.40	275m:	2:46.83	15.79	375m:	3:50.56	15.81
	100m:	57.58	14.99	200m:	1:59.29	15.83	300m:	3:02.86	16.03	400m:	4:06.05	15.49



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Mistrzostwa Polski w pływaniu w kat. Open, Młodzieowców 19-23 lat, Juniorów 17-18 lat
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Konkurencja 33, Mężczyźni, 400m dowolny, Eliminacje, Open

Pozycja			Rok ur.				Czas	Pkt.
34.	JAREK Oskar		06	UKP UNIA O wi cim		4:06.36	639	
	25m:	13.39 13.39	125m:	1:14.86 15.70	225m:	2:17.77 15.51	325m:	3:20.41 15.58
	50m:	28.04 14.65	150m:	1:30.56 15.70	250m:	2:33.70 15.93	350m:	3:36.16 15.75
	75m:	43.60 15.56	175m:	1:46.42 15.86	275m:	2:49.05 15.35	375m:	3:51.52 15.36
	100m:	59.16 15.56	200m:	2:02.26 15.84	300m:	3:04.83 15.78	400m:	4:06.36 14.84
35.	SZWEDZKI Jakub		00	MKS TRÓJKA Łódź		4:06.55	638	
	25m:	13.59 13.59	125m:	1:16.23 15.82	225m:	2:19.82 15.41	325m:	3:21.10 15.37
	50m:	28.74 15.15	150m:	1:32.22 15.99	250m:	2:34.78 14.96	350m:	3:36.57 15.47
	75m:	44.47 15.73	175m:	1:48.29 16.07	275m:	2:50.13 15.35	375m:	3:51.97 15.40
	100m:	1:00.41 15.94	200m:	2:04.41 16.12	300m:	3:05.73 15.60	400m:	4:06.55 14.58
36.	SELDER Krystian		07	MKS TRÓJKA Łódź		4:07.39	631	
	25m:	13.40 13.40	125m:	1:13.90 15.53	225m:	2:17.41 15.98	325m:	3:20.77 15.69
	50m:	27.92 14.52	150m:	1:29.46 15.56	250m:	2:33.30 15.89	350m:	3:36.59 15.82
	75m:	42.91 14.99	175m:	1:45.42 15.96	275m:	2:49.20 15.90	375m:	3:52.50 15.91
	100m:	58.37 15.46	200m:	2:01.43 16.01	300m:	3:05.08 15.88	400m:	4:07.39 14.89
37.	SOKOŁOWSKI Franciszek		06	MTP KORMORAN Olsztyn		4:07.46	630	
	25m:	13.69 13.69	125m:	1:15.25 15.55	225m:	2:17.98 15.53	325m:	3:20.82 15.51
	50m:	28.88 15.19	150m:	1:30.93 15.68	250m:	2:33.74 15.76	350m:	3:36.68 15.86
	75m:	44.16 15.28	175m:	1:46.57 15.64	275m:	2:49.39 15.65	375m:	3:52.32 15.64
	100m:	59.70 15.54	200m:	2:02.45 15.88	300m:	3:05.31 15.92	400m:	4:07.46 15.14
38.	BURDA Paweł		05	AZS AWF Katowice		4:07.74	628	
	25m:	12.85 12.85	125m:	1:12.15 14.99	225m:	2:14.80 15.69	325m:	3:18.77 15.97
	50m:	27.13 14.28	150m:	1:27.85 15.70	250m:	2:30.68 15.88	350m:	3:35.44 16.67
	75m:	41.80 14.67	175m:	1:43.22 15.37	275m:	2:46.56 15.88	375m:	3:51.93 16.49
	100m:	57.16 15.36	200m:	1:59.11 15.89	300m:	3:02.80 16.24	400m:	4:07.74 15.81
	CHODA Maciej		06	MTP KORMORAN Olsztyn		4:07.74	628	
	25m:	13.81 13.81	125m:	1:14.60 15.37	225m:	2:17.16 15.70	325m:	3:20.50 16.02
	50m:	28.73 14.92	150m:	1:30.14 15.54	250m:	2:32.76 15.60	350m:	3:36.56 16.06
	75m:	43.89 15.16	175m:	1:45.86 15.72	275m:	2:48.57 15.81	375m:	3:52.41 15.85
	100m:	59.23 15.34	200m:	2:01.46 15.60	300m:	3:04.48 15.91	400m:	4:07.74 15.33
40.	LARY Jerzy		06	IUKS MUSZELKA Warszawa		4:07.91	627	
	25m:	13.43 13.43	125m:	1:14.43 15.41	225m:	2:17.29 15.72	325m:	3:20.90 15.86
	50m:	28.41 14.98	150m:	1:30.08 15.65	250m:	2:33.26 15.97	350m:	3:36.89 15.99
	75m:	43.72 15.31	175m:	1:45.85 15.77	275m:	2:49.15 15.89	375m:	3:52.72 15.83
	100m:	59.02 15.30	200m:	2:01.57 15.72	300m:	3:05.04 15.89	400m:	4:07.91 15.19
41.	HERBUT Oskar		06	SSKSit GLOSATOR Kraków		4:07.93	627	
	25m:	13.76 13.76	125m:	1:15.22 15.79	225m:	2:18.65 15.89	325m:	3:21.94 15.69
	50m:	28.83 15.07	150m:	1:30.97 15.75	250m:	2:34.52 15.87	350m:	3:37.69 15.75
	75m:	44.03 15.20	175m:	1:46.76 15.79	275m:	2:50.23 15.71	375m:	3:53.02 15.33
	100m:	59.43 15.40	200m:	2:02.76 16.00	300m:	3:06.25 16.02	400m:	4:07.93 14.91
42.	ZALEWSKI Jacek		06	KS POSNANIA Poznań		4:08.03	626	
	25m:	13.18 13.18	125m:	1:13.16 15.17	225m:	2:16.48 16.28	325m:	3:20.53 16.05
	50m:	28.03 14.85	150m:	1:28.65 15.49	250m:	2:32.30 15.82	350m:	3:36.73 16.20
	75m:	43.05 15.02	175m:	1:44.47 15.82	275m:	2:48.46 16.16	375m:	3:53.02 16.29
	100m:	57.99 14.94	200m:	2:00.20 15.73	300m:	3:04.48 16.02	400m:	4:08.03 15.01
43.	SIKORA Cyprian		07	KS KSZO Ostrowiec w.		4:10.53	608	
	25m:	13.08 13.08	125m:	1:13.29 15.31	225m:	2:17.13 16.25	325m:	3:21.87 15.99
	50m:	27.85 14.77	150m:	1:29.23 15.94	250m:	2:33.51 16.38	350m:	3:38.57 16.70
	75m:	42.75 14.90	175m:	1:44.87 15.64	275m:	2:49.70 16.19	375m:	3:54.84 16.27
	100m:	57.98 15.23	200m:	2:00.88 16.01	300m:	3:05.88 16.18	400m:	4:10.53 15.69
44.	MAZUR Adam		07	Grupa 5Styl		4:11.92	598	
	25m:	13.66 13.66	125m:	1:16.35 15.95	225m:	2:20.67 16.08	325m:	3:24.87 16.16
	50m:	29.09 15.43	150m:	1:32.51 16.16	250m:	2:36.69 16.02	350m:	3:40.81 15.94
	75m:	44.69 15.60	175m:	1:48.60 16.09	275m:	2:52.74 16.05	375m:	3:56.80 15.99
	100m:	1:00.40 15.71	200m:	2:04.59 15.99	300m:	3:08.71 15.97	400m:	4:11.92 15.12



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Konkurencja 33, M czyzn, 400m dowolny, Eliminacje, Open

Pozycja			Rok ur.					Czas	Pkt.
45.	BARANOWSKI Alex		07	KS POSNANIA Pozna				4:12.69	592
	25m:	13.40 13.40	125m:	1:15.88 15.93	225m:	2:19.92 15.92	325m:	3:24.72 16.16	
	50m:	28.55 15.15	150m:	1:31.76 15.88	250m:	2:36.02 16.10	350m:	3:40.83 16.11	
	75m:	44.15 15.60	175m:	1:47.83 16.07	275m:	2:52.21 16.19	375m:	3:56.89 16.06	
	100m:	59.95 15.80	200m:	2:04.00 16.17	300m:	3:08.56 16.35	400m:	4:12.69 15.80	
46.	PONIEWA Oliwier		07	KU AZS UMCS Lublin				4:13.07	589
	25m:	13.36 13.36	125m:	1:14.96 15.49	225m:	2:19.50 16.30	325m:	3:25.05 16.27	
	50m:	28.46 15.10	150m:	1:30.87 15.91	250m:	2:35.90 16.40	350m:	3:41.48 16.43	
	75m:	43.86 15.40	175m:	1:46.84 15.97	275m:	2:52.50 16.60	375m:	3:57.97 16.49	
	100m:	59.47 15.61	200m:	2:03.20 16.36	300m:	3:08.78 16.28	400m:	4:13.07 15.10	
47.	KOWALI SKI Adrian		06	WKS L SK Wrocław				4:13.24	588
	25m:	13.78 13.78	125m:	1:15.71 15.77	225m:	2:19.72 16.04	325m:	3:24.73 16.51	
	50m:	28.96 15.18	150m:	1:31.56 15.85	250m:	2:35.61 15.89	350m:	3:41.24 16.51	
	75m:	44.34 15.38	175m:	1:47.67 16.11	275m:	2:51.90 16.29	375m:	3:57.66 16.42	
	100m:	59.94 15.60	200m:	2:03.68 16.01	300m:	3:08.22 16.32	400m:	4:13.24 15.58	
48.	ŁUKAWSKI Tomasz		07	AZS AWF Warszawa				4:13.81	584
	25m:	13.18 13.18	125m:	1:15.26 16.05	225m:	2:20.59 16.44	325m:	3:26.33 16.57	
	50m:	27.92 14.74	150m:	1:31.60 16.34	250m:	2:37.09 16.50	350m:	3:42.49 16.16	
	75m:	43.37 15.45	175m:	1:47.82 16.22	275m:	2:53.35 16.26	375m:	3:58.55 16.06	
	100m:	59.21 15.84	200m:	2:04.15 16.33	300m:	3:09.76 16.41	400m:	4:13.81 15.26	
	BURCZY SKI Jakub		07	UKS G-8 BIELANY Warszawa				4:13.81	584
	25m:	13.21 13.21	125m:	1:15.21 15.72	225m:	2:20.25 16.36	325m:	3:26.25 16.40	
	50m:	28.21 15.00	150m:	1:31.33 16.12	250m:	2:36.51 16.26	350m:	3:42.63 16.38	
	75m:	43.67 15.46	175m:	1:47.45 16.12	275m:	2:53.09 16.58	375m:	3:58.69 16.06	
	100m:	59.49 15.82	200m:	2:03.89 16.44	300m:	3:09.85 16.76	400m:	4:13.81 15.12	
50.	SKROBISZ Michał		07	UKS 190 Łód				4:13.93	583
	25m:	13.69 13.69	125m:	1:14.96 15.96	225m:	2:20.56 16.75	325m:	3:26.48 16.47	
	50m:	28.36 14.67	150m:	1:31.15 16.19	250m:	2:37.13 16.57	350m:	3:42.71 16.23	
	75m:	43.51 15.15	175m:	1:47.47 16.32	275m:	2:53.43 16.30	375m:	3:58.79 16.08	
	100m:	59.00 15.49	200m:	2:03.81 16.34	300m:	3:10.01 16.58	400m:	4:13.93 15.14	
51.	WOJCIECHOWSKI Wiktor		07	UKS G-8 BIELANY Warszawa				4:14.00	583
	25m:	13.21 13.21	125m:	1:15.98 16.03	225m:	2:20.92 16.27	325m:	3:26.60 16.36	
	50m:	28.34 15.13	150m:	1:32.10 16.12	250m:	2:37.39 16.47	350m:	3:43.21 16.61	
	75m:	43.96 15.62	175m:	1:48.26 16.16	275m:	2:53.84 16.45	375m:	3:59.17 15.96	
	100m:	59.95 15.99	200m:	2:04.65 16.39	300m:	3:10.24 16.40	400m:	4:14.00 14.83	
52.	BORUSZEWSKI Filip		07	UKS SP-149 Łód				4:14.12	582
	25m:	13.32 13.32	125m:	1:16.70 16.20	225m:	2:21.59 16.25	325m:	3:26.29 16.19	
	50m:	28.75 15.43	150m:	1:32.81 16.11	250m:	2:37.60 16.01	350m:	3:42.68 16.39	
	75m:	44.58 15.83	175m:	1:49.12 16.31	275m:	2:53.74 16.14	375m:	3:58.57 15.89	
	100m:	1:00.50 15.92	200m:	2:05.34 16.22	300m:	3:10.10 16.36	400m:	4:14.12 15.55	
53.	KONIECZNY Miłosz		07	UKS NIKA Sport Team Kraków				4:14.68	578
	25m:	13.06 13.06	125m:	1:15.80 15.97	225m:	2:20.82 16.30	325m:	3:27.01 16.66	
	50m:	28.20 15.14	150m:	1:31.98 16.18	250m:	2:37.37 16.55	350m:	3:43.52 16.51	
	75m:	43.99 15.79	175m:	1:48.35 16.37	275m:	2:53.76 16.39	375m:	3:59.94 16.42	
	100m:	59.83 15.84	200m:	2:04.52 16.17	300m:	3:10.35 16.59	400m:	4:14.68 14.74	
54.	MASZEWSKI Mikołaj		06	UKS NAWA Skierniewice				4:17.51	559
	25m:	12.87 12.87	125m:	1:15.82 16.20	225m:	2:21.48 16.45	325m:	3:28.16 16.75	
	50m:	27.75 14.88	150m:	1:32.07 16.25	250m:	2:38.12 16.64	350m:	3:44.70 16.54	
	75m:	43.77 16.02	175m:	1:48.54 16.47	275m:	2:54.71 16.59	375m:	4:01.44 16.74	
	100m:	59.62 15.85	200m:	2:05.03 16.49	300m:	3:11.41 16.70	400m:	4:17.51 16.07	
55.	WALKOWSKI Bartosz		07	MKS TRÓJKA Łód				4:19.44	547
	25m:	13.12 13.12	125m:	1:13.60 15.77	225m:	2:19.46 16.87	325m:	3:28.41 17.38	
	50m:	27.53 14.41	150m:	1:29.68 16.08	250m:	2:36.52 17.06	350m:	3:46.02 17.61	
	75m:	42.55 15.02	175m:	1:45.97 16.29	275m:	2:53.60 17.08	375m:	4:03.05 17.03	
	100m:	57.83 15.28	200m:	2:02.59 16.62	300m:	3:11.03 17.43	400m:	4:19.44 16.39	

Mistrzostwa Polski w pływaniu w kat. Open, Młodzieowców 19-23 lat, Juniorów 17-18 lat
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Konkurencja 33, M czyzn, 400m dowolny, Eliminacje, Open

Pozycja			Rok ur.						Czas	Pkt.		
56.	NIEDZIAŁEK Michał		03	MTP KORMORAN Olsztyn					4:19.60	546		
	25m:	13.93	13.93	125m:	1:18.94	16.41	225m:	2:25.92	16.57	325m:	3:32.17	16.43
	50m:	29.81	15.88	150m:	1:35.84	16.90	250m:	2:42.51	16.59	350m:	3:48.70	16.53
	75m:	46.02	16.21	175m:	1:52.48	16.64	275m:	2:59.10	16.59	375m:	4:04.54	15.84
	100m:	1:02.53	16.51	200m:	2:09.35	16.87	300m:	3:15.74	16.64	400m:	4:19.60	15.06
57.	SYLWESTROWICZ Wiktor		07	MUKS PI TNASTKA Bydgoszcz					4:20.49	540		
	25m:	13.83	13.83	125m:	1:16.73	16.09	225m:	2:23.46	16.61	325m:	3:31.02	16.83
	50m:	28.87	15.04	150m:	1:33.39	16.66	250m:	2:40.37	16.91	350m:	3:48.17	17.15
	75m:	44.54	15.67	175m:	1:49.87	16.48	275m:	2:57.16	16.79	375m:	4:04.93	16.76
	100m:	1:00.64	16.10	200m:	2:06.85	16.98	300m:	3:14.19	17.03	400m:	4:20.49	15.56
58.	TOMCZYK Jan		07	SSP ORKA Iława					4:21.15	536		
	25m:	12.69	12.69	125m:	1:14.75	16.22	225m:	2:21.80	16.92	325m:	3:30.35	17.04
	50m:	26.96	14.27	150m:	1:31.44	16.69	250m:	2:39.09	17.29	350m:	3:47.59	17.24
	75m:	42.46	15.50	175m:	1:47.88	16.44	275m:	2:56.18	17.09	375m:	4:04.66	17.07
	100m:	58.53	16.07	200m:	2:04.88	17.00	300m:	3:13.31	17.13	400m:	4:21.15	16.49
59.	CICHO Patryk		09	KS NEPTUN widnica					4:21.82	532		
	25m:	13.20	13.20	125m:	1:17.59	16.51	225m:	2:24.85	16.73	325m:	3:32.64	16.76
	50m:	28.46	15.26	150m:	1:34.47	16.88	250m:	2:41.92	17.07	350m:	3:49.60	16.96
	75m:	44.61	16.15	175m:	1:51.19	16.72	275m:	2:58.98	17.06	375m:	4:06.00	16.40
	100m:	1:01.08	16.47	200m:	2:08.12	16.93	300m:	3:15.88	16.90	400m:	4:21.82	15.82
60.	KRAMARCZYK Jakub		01	MKS Pałac Młodzie y Katowice					4:24.94	514		
	25m:	13.70	13.70	125m:	1:18.63	16.76	225m:	2:26.42	16.88	325m:	3:34.55	17.04
	50m:	28.85	15.15	150m:	1:35.64	17.01	250m:	2:43.50	17.08	350m:	3:51.66	17.11
	75m:	45.20	16.35	175m:	1:52.51	16.87	275m:	3:00.40	16.90	375m:	4:08.64	16.98
	100m:	1:01.87	16.67	200m:	2:09.54	17.03	300m:	3:17.51	17.11	400m:	4:24.94	16.30
61.	ZINKOVSKYI Nestor		05	MKS TRÓJKA Łód					4:27.32	500		
	25m:	13.23	13.23	125m:	1:19.34	17.12	225m:	2:27.83	16.97	325m:	3:36.64	17.21
	50m:	28.77	15.54	150m:	1:36.56	17.22	250m:	2:44.88	17.05	350m:	3:53.50	16.86
	75m:	45.34	16.57	175m:	1:53.81	17.25	275m:	3:02.18	17.30	375m:	4:10.88	17.38
	100m:	1:02.22	16.88	200m:	2:10.86	17.05	300m:	3:19.43	17.25	400m:	4:27.32	16.44
62.	NARLOCH Aleksander		07	NEPTUN Gda sk					4:29.68	487		
	25m:	13.59	13.59	125m:	1:20.66	17.31	225m:	2:30.57	17.50	325m:	3:39.91	17.04
	50m:	29.70	16.11	150m:	1:38.20	17.54	250m:	2:48.33	17.76	350m:	3:56.74	16.83
	75m:	46.57	16.87	175m:	1:55.72	17.52	275m:	3:05.70	17.37	375m:	4:13.47	16.73
	100m:	1:03.35	16.78	200m:	2:13.07	17.35	300m:	3:22.87	17.17	400m:	4:29.68	16.21
63.	MIECHOWIECKI Mateusz		09	St. KP OLIMPIA wiecie					4:33.85	465		
	25m:	14.64	14.64	125m:	1:24.02	17.63	225m:	2:35.47	17.91	325m:	3:44.02	16.83
	50m:	31.70	17.06	150m:	1:41.84	17.82	250m:	2:52.89	17.42	350m:	4:01.02	17.00
	75m:	48.99	17.29	175m:	1:59.88	18.04	275m:	3:09.55	16.66	375m:	4:17.41	16.39
	100m:	1:06.39	17.40	200m:	2:17.56	17.68	300m:	3:27.19	17.64	400m:	4:33.85	16.44
64.	CHMIELEWSKI Franciszek		07	UKS G-8 BIELANY Warszawa					4:42.60	423		
	25m:	13.10	13.10	125m:	1:12.78	15.59	225m:	2:27.65	25.92	325m:	3:46.25	19.51
	50m:	27.48	14.38	150m:	1:29.30	16.52	250m:	2:47.49	19.84	350m:	4:05.61	19.36
	75m:	42.01	14.53	175m:	1:45.69	16.39	275m:	3:07.01	19.52	375m:	4:24.57	18.96
	100m:	57.19	15.18	200m:	2:01.73	16.04	300m:	3:26.74	19.73	400m:	4:42.60	18.03