

XXXI Ogólnopolskie Integracyjne Zawody Pływackie, III Runda Parapływackiego Grand Prix Polski
Wrocław, 24-25.05.2025

Konkurencja 14
2025-05-24 - 18:05

Mężczyzn, 400m dowolny

Open
Wyniki

Punkty: WPS 2025

Pozycja	Rok ur.									Czas	Pkt.	
1.	HREHOROWICZ Igor			02	START Wrocław					4:21.45	91918	
	50m:	30.76	30.76	150m:	1:37.50	33.35	250m:	2:43.39	32.73	350m:	3:49.09	32.57
	100m:	1:04.15	33.39	200m:	2:10.66	33.16	300m:	3:16.52	33.13	400m:	4:21.45	32.36
2.	LUBICKI Adam			11	SSN START Łódź					4:40.60	71746	
	50m:	31.19	31.19	150m:	1:40.85	35.24	250m:	2:52.92	35.98	350m:	4:05.23	36.34
	100m:	1:05.61	34.42	200m:	2:16.94	36.09	300m:	3:28.89	35.97	400m:	4:40.60	35.37
3.	BURZYŃSKI Rafał			09	START Wrocław					4:30.11	71732	
	50m:	31.53	31.53	150m:	1:39.84	33.84	250m:	2:48.53	34.46	350m:	3:57.30	34.04
	100m:	1:06.00	34.47	200m:	2:14.07	34.23	300m:	3:23.26	34.73	400m:	4:30.11	32.81
4.	CYMBALISTA Szymon			09	START Wrocław					4:49.08	61662	
	50m:	33.41	33.41	150m:	1:47.38	36.89	250m:	3:00.98	36.59	350m:	4:13.46	36.20
	100m:	1:10.49	37.08	200m:	2:24.39	37.01	300m:	3:37.26	36.28	400m:	4:49.08	35.62
5.	KOSMACZ Bartłomiej			08	IKS DSS Kraków					5:07.49	41470	
	50m:	32.94	32.94	150m:	1:47.29	37.94	250m:	3:06.39	39.95	350m:	4:28.34	40.82
	100m:	1:09.35	36.41	200m:	2:26.44	39.15	300m:	3:47.52	41.13	400m:	5:07.49	39.15
6.	KRAWCZYK Eryk			10	START Wrocław					5:16.83	31378	
	50m:	36.78	36.78	150m:	1:55.73	39.64	250m:	3:16.74	40.61	350m:	4:38.18	41.05
	100m:	1:16.09	39.31	200m:	2:36.13	40.40	300m:	3:57.13	40.39	400m:	5:16.83	38.65
7.	ORWAT Kamil			88	ZSR START Zielona Góra					5:45.87	11154	
	50m:	40.80	40.80	150m:	2:07.02	43.82	250m:	3:36.39	44.49	350m:	5:04.81	44.13
	100m:	1:23.20	42.40	200m:	2:51.90	44.88	300m:	4:20.68	44.29	400m:	5:45.87	41.06
8.	WIEWIÓRSKI Maksymilian			06	START Wrocław					5:58.80	9191	
	50m:	39.02	39.02	150m:	2:05.43	44.20	250m:	3:38.24	46.46	350m:	5:12.56	47.11
	100m:	1:21.23	42.21	200m:	2:51.78	46.35	300m:	4:25.45	47.21	400m:	5:58.80	46.24
9.	DONOCIK Mateusz			12	LKS Gol-Start Częstochowa					5:57.84	4444	
	50m:	41.13	41.13	150m:	2:11.22	44.43	250m:	3:41.98	45.36	350m:	5:14.02	45.17
	100m:	1:26.79	45.66	200m:	2:56.62	45.40	300m:	4:28.85	46.87	400m:	5:57.84	43.82
10.	ŚLÓSARCZYK Sebastian			98	WSSIRN START Katowice					6:33.39	1114	
	50m:	41.86	41.86	150m:	2:20.00	50.20	250m:	4:01.00	50.08	350m:	5:43.77	52.11
	100m:	1:29.80	47.94	200m:	3:10.92	50.92	300m:	4:51.66	50.66	400m:	6:33.39	49.62
11.	MIŚTA Juliusz			09	START Wrocław					7:40.58	33	
	50m:	51.70	51.70	150m:	2:48.10	59.74	250m:	4:48.41	59.39	350m:	6:48.52	59.59
	100m:	1:48.36	56.66	200m:	3:49.02	1:00.92	300m:	5:48.93	1:00.52	400m:	7:40.58	52.06
12.	WAŁASZEK Paweł			09	IPSON START Mielec					8:08.41		
	50m:	50.03	50.03	150m:	2:46.36	1:00.11	250m:	4:49.12	1:02.31	350m:	7:14.01	1:24.39
	100m:	1:46.25	56.22	200m:	3:46.81	1:00.45	300m:	5:49.62	1:00.50	400m:	8:08.41	54.40
PK	SZEWCZUK Leon			13	UKS KORAL Wrocław					5:56.69		
	50m:	40.43	40.43	150m:	2:13.01	46.32	250m:	3:44.01	45.49	350m:	5:15.13	45.57
	100m:	1:26.69	46.26	200m:	2:58.52	45.51	300m:	4:29.56	45.55	400m:	5:56.69	41.56