



Puchar Polski w Pływaniu w Kategorii Masters
Łódź, 13- - 14-9-2025

Konkurencja 17
2025-09-13 - 16:30

Mężczyzn, 400m dowolny

Open
Wyniki

Punkty: AQUA Master 2025

Pozycja Rok ur. Czas Pkt.

Kat: 0 (20-24)

1.	GROMADA Szymon	03	MASTERS Zdzeszowice	7:19.84	142
	50m: 47.75 47.75	150m: 2:36.01 54.71	250m: 4:29.19 56.60	350m: 6:24.18 57.73	
	100m: 1:41.30 53.55	200m: 3:32.59 56.58	300m: 5:26.45 57.26	400m: 7:19.84 55.66	

Kat: A (25-29)

1.	SZWEDZKI Jakub	00	MKS Trójka Łódź	4:13.72	743
	50m: 29.60 29.60	150m: 1:35.04 32.96	250m: 2:38.99 31.09	350m: 3:43.43 32.58	
	100m: 1:02.08 32.48	200m: 2:07.90 32.86	300m: 3:10.85 31.86	400m: 4:13.72 30.29	
2.	GAWRON Oskar	99	Fundacja Power Swimming	4:13.76	743
	50m: 29.13 29.13	150m: 1:32.74 31.98	250m: 2:37.06 32.09	350m: 3:42.17 32.59	
	100m: 1:00.76 31.63	200m: 2:04.97 32.23	300m: 3:09.58 32.52	400m: 4:13.76 31.59	
3.	KRZEMIŃ Grzegorz	98	Niezzreszeni	7:57.40	111
	50m: 49.64 49.64	150m: 2:45.65 59.76	250m: 4:47.26 1:01.56	350m: 6:56.78 1:04.92	
	100m: 1:45.89 56.25	200m: 3:45.70 1:00.05	300m: 5:51.86 1:04.60	400m: 7:57.40 1:00.62	

Kat: B (30-34)

1.	KARNASZEWSKI Konrad	94	Water Squad	4:31.10	599
	50m: 28.97 28.97	150m: 1:34.14 33.37	250m: 2:44.61 35.74	350m: 3:56.87 35.96	
	100m: 1:00.77 31.80	200m: 2:08.87 34.73	300m: 3:20.91 36.30	400m: 4:31.10 34.23	
2.	BARNASIUK Michał	92	5Styl Warszawa	4:40.60	540
	50m: 30.68 30.68	150m: 1:41.40 36.02	250m: 2:54.11 36.51	350m: 4:04.65 35.03	
	100m: 1:05.38 34.70	200m: 2:17.60 36.20	300m: 3:29.62 35.51	400m: 4:40.60 35.95	
3.	MENDYK Przemysław	92	MUKS Gilus Gilowice	4:59.08	446
	50m: 32.29 32.29	150m: 1:45.28 37.16	250m: 3:02.33 38.50	350m: 4:20.58 39.55	
	100m: 1:08.12 35.83	200m: 2:23.83 38.55	300m: 3:41.03 38.70	400m: 4:59.08 38.50	

Kat: C (35-39)

1.	ZIELONKA Rafał	86	Masters Avia Świdnik	4:46.62	570
	50m: 33.63 33.63	150m: 1:45.94 36.06	250m: 2:58.60 35.79	350m: 4:11.10 36.24	
	100m: 1:09.88 36.25	200m: 2:22.81 36.87	300m: 3:34.86 36.26	400m: 4:46.62 35.52	
2.	KUŚMIDER Przemysław	89	MUKS Zgierz	5:03.20	482
	50m: 33.27 33.27	150m: 1:48.32 38.41	250m: 3:06.88 39.56	350m: 4:25.37 39.21	
	100m: 1:09.91 36.64	200m: 2:27.32 39.00	300m: 3:46.16 39.28	400m: 5:03.20 37.83	
3.	KABALYK Kirill	89	MUKS Zgierz	5:29.85	374
	50m: 38.64 38.64	150m: 2:01.87 41.95	250m: 3:25.12 41.75	350m: 4:48.75 41.75	
	100m: 1:19.92 41.28	200m: 2:43.37 41.50	300m: 4:07.00 41.88	400m: 5:29.85 41.10	
4.	WOJNICKI Łukasz	90	MUKS Huragan Koło	6:46.44	200
	50m: 44.25 44.25	150m: 2:22.29 50.13	250m: 4:07.48 52.80	350m: 5:54.03 53.14	
	100m: 1:32.16 47.91	200m: 3:14.68 52.39	300m: 5:00.89 53.41	400m: 6:46.44 52.41	

Kat: D (40-44)

1.	KUBICA Przemysław	82	Niezzreszeni	5:24.60	407
	50m: 33.61 33.61	150m: 1:49.65 39.22	250m: 3:14.26 43.01	350m: 4:42.95 44.32	
	100m: 1:10.43 36.82	200m: 2:31.25 41.60	300m: 3:58.63 44.37	400m: 5:24.60 41.65	
2.	LATOSZEWSKI Grzegorz	84	Koszalińskie TKKF	5:58.65	302
	50m: 36.86 36.86	150m: 2:01.65 43.99	250m: 3:35.25 46.95	350m: 5:12.45 49.00	
	100m: 1:17.66 40.80	200m: 2:48.30 46.65	300m: 4:23.45 48.20	400m: 5:58.65 46.20	



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Konkurencja 17, Mężczyzn, 400m dowolny, Kat: D (40-44)

Pozycja	Rok ur.										Czas	Pkt.		
3.	BORUCKI Piotr										84	Masters Białystok	6:37.05	222
	50m:	40.40	40.40	150m:	2:15.97	49.30	250m:	4:00.02	52.13	350m:	5:45.68	52.63		
	100m:	1:26.67	46.27	200m:	3:07.89	51.92	300m:	4:53.05	53.03	400m:	6:37.05	51.37		
4.	LIS-PIWOWARSKI Przemysław										84	MUKS Zgierz	7:58.18	127
	50m:	47.24	47.24	150m:	2:40.44	59.28	250m:	4:45.07	1:03.19	350m:	6:54.64	1:05.39		
	100m:	1:41.16	53.92	200m:	3:41.88	1:01.44	300m:	5:49.25	1:04.18	400m:	7:58.18	1:03.54		

Kat: E (45-49)

1.	FRĄCKOWIAK Artur			78	Masters Łódź						4:48.21	600				
	50m:	32.85	32.85		150m:	1:45.39	36.72	250m:	2:59.68				37.10	350m:	4:13.34	36.86
	100m:	1:08.67	35.82		200m:	2:22.58	37.19	300m:	3:36.48				36.80	400m:	4:48.21	34.87
2.	PIEŚLAK Mirosław			79	Koszalińskie TTKF						4:55.16	558				
	50m:	32.44	32.44		150m:	1:45.16	37.10	250m:	3:01.25				38.44	350m:	4:18.83	38.92
	100m:	1:08.06	35.62		200m:	2:22.81	37.65	300m:	3:39.91				38.66	400m:	4:55.16	36.33
3.	NOWAK Piotr			78	5Styl Warszawa						5:24.63	419				
	50m:	34.73	34.73		150m:	1:51.04	38.88	250m:	3:15.10				43.03	350m:	4:41.99	43.63
	100m:	1:12.16	37.43		200m:	2:32.07	41.03	300m:	3:58.36				43.26	400m:	5:24.63	42.64
4.	SZYMAŃSKI Łukasz			78	Niezrzeszeni						5:36.40	377				
	50m:	34.62	34.62		150m:	1:54.51	41.81	250m:	3:24.04				45.40	350m:	4:55.33	45.34
	100m:	1:12.70	38.08		200m:	2:38.64	44.13	300m:	4:09.99				45.95	400m:	5:36.40	41.07

Kat: F (50-54)

1.	HORBACZ Marcin				74	Koszalińskie TTKF					4:28.99	750
	Wynik Lepszy od Rekordu Polski Masters											
	50m:	31.39	31.39	150m:	1:40.17	34.22	250m:	2:48.10	34.04	350m:	3:55.90	33.86
	100m:	1:05.95	34.56	200m:	2:14.06	33.89	300m:	3:22.04	33.94	400m:	4:28.99	33.09
2.	WINIARCZYK Jarosław				72	Koszalińskie TTKF					4:50.32	597
	50m:	32.39	32.39	150m:	1:44.34	36.66	250m:	2:59.80	38.06	350m:	4:14.15	36.03
	100m:	1:07.68	35.29	200m:	2:21.74	37.40	300m:	3:38.12	38.32	400m:	4:50.32	36.17
3.	BUCHOLZ Tomasz				72	Masters Tomaszów Mazowiecki					5:21.20	440
	50m:	36.02	36.02	150m:	1:54.77	40.26	250m:	3:16.63	40.84	350m:	4:39.55	41.61
	100m:	1:14.51	38.49	200m:	2:35.79	41.02	300m:	3:57.94	41.31	400m:	5:21.20	41.65
4.	KEDZIOR Mateusz				73	KS Warta Poznań					5:43.42	360
	50m:	39.37	39.37	150m:	2:06.99	43.97	250m:	3:35.66	44.21	350m:	5:02.40	42.52
	100m:	1:23.02	43.65	200m:	2:51.45	44.46	300m:	4:19.88	44.22	400m:	5:43.42	41.02
5.	WÓJCICKI Rafał				75	Club Natacion Torrevieja					5:58.07	318
	50m:	39.58	39.58	150m:	2:06.33	43.73	250m:	3:38.19	46.44	350m:	5:13.06	47.27
	100m:	1:22.60	43.02	200m:	2:51.75	45.42	300m:	4:25.79	47.60	400m:	5:58.07	45.01
6.	MOROZOWSKI Wiktor				73	MUKS Zgierz					5:59.01	315
	50m:	40.05	40.05	150m:	2:09.61	45.61	250m:	3:40.09	44.89	350m:	5:14.46	47.33
	100m:	1:24.00	43.95	200m:	2:55.20	45.59	300m:	4:27.13	47.04	400m:	5:59.01	44.55
7.	NOWAK Norbert				74	MUKS Zgierz					7:28.12	162
	50m:	46.84	46.84	150m:	2:35.11	56.35	250m:	4:32.56	59.76	350m:	6:29.68	58.49
	100m:	1:38.76	51.92	200m:	3:32.80	57.69	300m:	5:31.19	58.63	400m:	7:28.12	58.44

Kat: G (55-59)

1. POKORNÝ Jiří				69	KPS Ostrava				5:38.93	431	
50m:	37.83	37.83	150m:	2:02.64	43.24	250m:	3:29.08	43.27	350m:	4:57.17	44.43
100m:	1:19.40	41.57	200m:	2:45.81	43.17	300m:	4:12.74	43.66	400m:	5:38.93	41.76



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Konkurencja 17, Mężczyzn, 400m dowolny

Kat: H (60-64)

1.	TWAROWSKI Andrzej	65	Masters Białystok	6:22.77	341
	50m: 44.47 44.47	150m: 2:20.37 48.80	250m: 3:57.07 48.27	350m: 5:36.42 49.43	
	100m: 1:31.57 47.10	200m: 3:08.80 48.43	300m: 4:46.99 49.92	400m: 6:22.77 46.35	
2.	BURZYŃSKI Piotr	62	KS Waterpolo Poznań	6:46.57	285
	50m: 45.42 45.42	150m: 2:26.16 51.40	250m: 4:10.05 52.32	350m: 5:54.63 52.72	
	100m: 1:34.76 49.34	200m: 3:17.73 51.57	300m: 5:01.91 51.86	400m: 6:46.57 51.94	
3.	PIÓRKOWSKI Marek	65	Water Squad	7:00.74	257
	50m: 46.43 46.43	150m: 2:29.69 53.21	250m: 4:19.46 54.54	350m: 6:08.58 54.60	
	100m: 1:36.48 50.05	200m: 3:24.92 55.23	300m: 5:13.98 54.52	400m: 7:00.74 52.16	
4.	MANDZIUK Grzegorz	65	TP Masters Opole	7:07.28	245
	50m: 41.74 41.74	150m: 2:23.99 53.53	250m: 4:17.75 57.22	350m: 6:13.42 57.26	
	100m: 1:30.46 48.72	200m: 3:20.53 56.54	300m: 5:16.16 58.41	400m: 7:07.28 53.86	
5.	JACHNIK Włodzimierz	64	Niezzreszeni	8:01.64	171
	50m: 53.95 53.95	150m: 2:56.37 1:02.83	250m: 5:00.63 1:02.48	350m: 7:04.33 1:02.04	
	100m: 1:53.54 59.59	200m: 3:58.15 1:01.78	300m: 6:02.29 1:01.66	400m: 8:01.64 57.31	

Kat: I (65-69)

1.	MADEJ Leszek	60	Warsaw Masters Team	4:52.24	770
	<i>Wynik Lepszy od Rekordu Polski Masters</i>				
	50m: 33.68 33.68	150m: 1:47.61 37.60	250m: 3:02.25 37.16	350m: 4:15.92 36.69	
	100m: 1:10.01 36.33	200m: 2:25.09 37.48	300m: 3:39.23 36.98	400m: 4:52.24 36.32	
2.	DZIAREK Jacek	59	MUKS Zgierz	5:57.66	420
	50m: 39.59 39.59	150m: 2:09.37 46.29	250m: 3:43.80 47.45	350m: 5:14.67 45.54	
	100m: 1:23.08 43.49	200m: 2:56.35 46.98	300m: 4:29.13 45.33	400m: 5:57.66 42.99	
3.	TWARDYSKO Stanisław	56	Weteran Zabrze	6:45.59	288
	50m:	150m: 2:22.69 50.54	250m: 4:08.07 52.94	350m: 5:53.94 52.70	
	100m: 1:32.15	200m: 3:15.13 52.44	300m: 5:01.24 53.17	400m: 6:45.59 51.65	

Kat: J (70-74)

1.	LASOWY Marian	55	Koszalińskie TKKF	7:11.36	293
	50m: 46.04 46.04	150m: 2:35.36 55.47	250m: 4:26.78 55.41	350m: 6:17.80 55.51	
	100m: 1:39.89 53.85	200m: 3:31.37 56.01	300m: 5:22.29 55.51	400m: 7:11.36 53.56	
2.	MARSZAŁEK Andrzej	54	UKS Cityzen Poznań	7:20.16	276
	50m: 50.77 50.77	150m: 2:43.17 55.63	250m: 4:35.77 55.84	350m: 6:26.77 53.94	
	100m: 1:47.54 56.77	200m: 3:39.93 56.76	300m: 5:32.83 57.06	400m: 7:20.16 53.39	
3.	BORYSKI Jerzy	51	UKS Cityzen Poznań	7:36.03	248
	50m: 52.05 52.05	150m: 2:46.66 58.41	250m: 4:43.56 58.48	350m: 6:39.22 57.74	
	100m: 1:48.25 56.20	200m: 3:45.08 58.42	300m: 5:41.48 57.92	400m: 7:36.03 56.81	

Kat: M (85-89)

1.	WAGA Stanisław	40	KS Korona 1919 Kraków	9:49.22	284
	50m: 1:06.29 1:06.29	150m: 3:39.90 1:17.83	250m: 6:10.66 1:15.28	350m: 8:40.47 1:15.24	
	100m: 2:22.07 1:15.78	200m: 4:55.38 1:15.48	300m: 7:25.23 1:14.57	400m: 9:49.22 1:08.75	

OPEN

1.	MADEJ Leszek	60	Warsaw Masters Team	4:52.24	770
	<i>Wynik Lepszy od Rekordu Polski Masters</i>				
	50m: 33.68 33.68	150m: 1:47.61 37.60	250m: 3:02.25 37.16	350m: 4:15.92 36.69	
	100m: 1:10.01 36.33	200m: 2:25.09 37.48	300m: 3:39.23 36.98	400m: 4:52.24 36.32	



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Łódź, 13- - 14-9-2025

Konkurencja 17, Mężczyzn, 400m dowolny, OPEN

Pozycja	Rok ur.									Czas		Pkt.
2.	HORBACZ Marcin			74	Koszalińskie TKKF						4:28.99	750
	Wynik Lepszy od Rekordu Polski Masters											
	50m:	31.39	31.39	150m:	1:40.17	34.22	250m:	2:48.10	34.04	350m:	3:55.90	33.86
	100m:	1:05.95	34.56	200m:	2:14.06	33.89	300m:	3:22.04	33.94	400m:	4:28.99	33.09
3.	SZWEDZKI Jakub			00	MKS Trójka Łódź						4:13.72	743
	50m:	29.60	29.60	150m:	1:35.04	32.96	250m:	2:38.99	31.09	350m:	3:43.43	32.58
	100m:	1:02.08	32.48	200m:	2:07.90	32.86	300m:	3:10.85	31.86	400m:	4:13.72	30.29
	GAWRON Oskar			99	Fundacja Power Swimming						4:13.76	743
	50m:	29.13	29.13	150m:	1:32.74	31.98	250m:	2:37.06	32.09	350m:	3:42.17	32.59
	100m:	1:00.76	31.63	200m:	2:04.97	32.23	300m:	3:09.58	32.52	400m:	4:13.76	31.59
5.	FRĄCKOWIAK Artur			78	Masters Łódź						4:48.21	600
	50m:	32.85	32.85	150m:	1:45.39	36.72	250m:	2:59.68	37.10	350m:	4:13.34	36.86
	100m:	1:08.67	35.82	200m:	2:22.58	37.19	300m:	3:36.48	36.80	400m:	4:48.21	34.87
6.	KARNASZEWSKI Konrad			94	Water Squad						4:31.10	599
	50m:	28.97	28.97	150m:	1:34.14	33.37	250m:	2:44.61	35.74	350m:	3:56.87	35.96
	100m:	1:00.77	31.80	200m:	2:08.87	34.73	300m:	3:20.91	36.30	400m:	4:31.10	34.23
7.	WINIARCZYK Jarosław			72	Koszalińskie TKKF						4:50.32	597
	50m:	32.39	32.39	150m:	1:44.34	36.66	250m:	2:59.80	38.06	350m:	4:14.15	36.03
	100m:	1:07.68	35.29	200m:	2:21.74	37.40	300m:	3:38.12	38.32	400m:	4:50.32	36.17
8.	ZIELONKA Rafał			86	Masters Avia Świdnik						4:46.62	570
	50m:	33.63	33.63	150m:	1:45.94	36.06	250m:	2:58.60	35.79	350m:	4:11.10	36.24
	100m:	1:09.88	36.25	200m:	2:22.81	36.87	300m:	3:34.86	36.26	400m:	4:46.62	35.52
9.	PIEŚLAK Mirosław			79	Koszalińskie TKKF						4:55.16	558
	50m:	32.44	32.44	150m:	1:45.16	37.10	250m:	3:01.25	38.44	350m:	4:18.83	38.92
	100m:	1:08.06	35.62	200m:	2:22.81	37.65	300m:	3:39.91	38.66	400m:	4:55.16	36.33
10.	BARNASIUK Michał			92	5Styl Warszawa						4:40.60	540
	50m:	30.68	30.68	150m:	1:41.40	36.02	250m:	2:54.11	36.51	350m:	4:04.65	35.03
	100m:	1:05.38	34.70	200m:	2:17.60	36.20	300m:	3:29.62	35.51	400m:	4:40.60	35.95
11.	KUŚMIDER Przemysław			89	MUKS Zgierz						5:03.20	482
	50m:	33.27	33.27	150m:	1:48.32	38.41	250m:	3:06.88	39.56	350m:	4:25.37	39.21
	100m:	1:09.91	36.64	200m:	2:27.32	39.00	300m:	3:46.16	39.28	400m:	5:03.20	37.83
12.	MENDYK Przemysław			92	MUKS Gilus Gilowice						4:59.08	446
	50m:	32.29	32.29	150m:	1:45.28	37.16	250m:	3:02.33	38.50	350m:	4:20.58	39.55
	100m:	1:08.12	35.83	200m:	2:23.83	38.55	300m:	3:41.03	38.70	400m:	4:59.08	38.50
13.	BUCHOLZ Tomasz			72	Masters Tomaszów Mazowiecki						5:21.20	440
	50m:	36.02	36.02	150m:	1:54.77	40.26	250m:	3:16.63	40.84	350m:	4:39.55	41.61
	100m:	1:14.51	38.49	200m:	2:35.79	41.02	300m:	3:57.94	41.31	400m:	5:21.20	41.65
14.	POKORNÝ Jiří			69	KPS Ostrava						5:38.93	431
	50m:	37.83	37.83	150m:	2:02.64	43.24	250m:	3:29.08	43.27	350m:	4:57.17	44.43
	100m:	1:19.40	41.57	200m:	2:45.81	43.17	300m:	4:12.74	43.66	400m:	5:38.93	41.76
15.	DZIAREK Jacek			59	MUKS Zgierz						5:57.66	420
	50m:	39.59	39.59	150m:	2:09.37	46.29	250m:	3:43.80	47.45	350m:	5:14.67	45.54
	100m:	1:23.08	43.49	200m:	2:56.35	46.98	300m:	4:29.13	45.33	400m:	5:57.66	42.99
16.	NOWAK Piotr			78	5Styl Warszawa						5:24.63	419
	50m:	34.73	34.73	150m:	1:51.04	38.88	250m:	3:15.10	43.03	350m:	4:41.99	43.63
	100m:	1:12.16	37.43	200m:	2:32.07	41.03	300m:	3:58.36	43.26	400m:	5:24.63	42.64
17.	KUBICA Przemysław			82	Niezrzeszeni						5:24.60	407
	50m:	33.61	33.61	150m:	1:49.65	39.22	250m:	3:14.26	43.01	350m:	4:42.95	44.32
	100m:	1:10.43	36.82	200m:	2:31.25	41.60	300m:	3:58.63	44.37	400m:	5:24.60	41.65
18.	SZYMAŃSKI Łukasz			78	Niezrzeszeni						5:36.40	377
	50m:	34.62	34.62	150m:	1:54.51	41.81	250m:	3:24.04	45.40	350m:	4:55.33	45.34
	100m:	1:12.70	38.08	200m:	2:38.64	44.13	300m:	4:09.99	45.95	400m:	5:36.40	41.07



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19.	KABALYK Kirill		89	MUKS Zgierz					5:29.85	374
	50m: 38.64	38.64	150m: 2:01.87	41.95	250m: 3:25.12	41.75	350m: 4:48.75	41.75		
	100m: 1:19.92	41.28	200m: 2:43.37	41.50	300m: 4:07.00	41.88	400m: 5:29.85	41.10		
20.	KEDZIOR Mateusz		73	KS Warta Poznań					5:43.42	360
	50m: 39.37	39.37	150m: 2:06.99	43.97	250m: 3:35.66	44.21	350m: 5:02.40	42.52		
	100m: 1:23.02	43.65	200m: 2:51.45	44.46	300m: 4:19.88	44.22	400m: 5:43.42	41.02		
21.	TWAROWSKI Andrzej		65	Masters Białystok					6:22.77	341
	50m: 44.47	44.47	150m: 2:20.37	48.80	250m: 3:57.07	48.27	350m: 5:36.42	49.43		
	100m: 1:31.57	47.10	200m: 3:08.80	48.43	300m: 4:46.99	49.92	400m: 6:22.77	46.35		
22.	WÓJCICKI Rafał		75	Club Natacion Torre Vieja					5:58.07	318
	50m: 39.58	39.58	150m: 2:06.33	43.73	250m: 3:38.19	46.44	350m: 5:13.06	47.27		
	100m: 1:22.60	43.02	200m: 2:51.75	45.42	300m: 4:25.79	47.60	400m: 5:58.07	45.01		
23.	MOROZOWSKI Wiktor		73	MUKS Zgierz					5:59.01	315
	50m: 40.05	40.05	150m: 2:09.61	45.61	250m: 3:40.09	44.89	350m: 5:14.46	47.33		
	100m: 1:24.00	43.95	200m: 2:55.20	45.59	300m: 4:27.13	47.04	400m: 5:59.01	44.55		
24.	LATOSZEWSKI Grzegorz		84	Koszalińskie TKKF					5:58.65	302
	50m: 36.86	36.86	150m: 2:01.65	43.99	250m: 3:35.25	46.95	350m: 5:12.45	49.00		
	100m: 1:17.66	40.80	200m: 2:48.30	46.65	300m: 4:23.45	48.20	400m: 5:58.65	46.20		
25.	LASOWY Marian		55	Koszalińskie TKKF					7:11.36	293
	50m: 46.04	46.04	150m: 2:35.36	55.47	250m: 4:26.78	55.41	350m: 6:17.80	55.51		
	100m: 1:39.89	53.85	200m: 3:31.37	56.01	300m: 5:22.29	55.51	400m: 7:11.36	53.56		
26.	TWARDYSKO Stanisław		56	Weteran Zabrze					6:45.59	288
	50m:		150m: 2:22.69	50.54	250m: 4:08.07	52.94	350m: 5:53.94	52.70		
	100m: 1:32.15		200m: 3:15.13	52.44	300m: 5:01.24	53.17	400m: 6:45.59	51.65		
27.	BURZYŃSKI Piotr		62	KS Waterpolo Poznań					6:46.57	285
	50m: 45.42	45.42	150m: 2:26.16	51.40	250m: 4:10.05	52.32	350m: 5:54.63	52.72		
	100m: 1:34.76	49.34	200m: 3:17.73	51.57	300m: 5:01.91	51.86	400m: 6:46.57	51.94		
28.	WAGA Stanisław		40	KS Korona 1919 Kraków					9:49.22	284
	50m: 1:06.29	1:06.29	150m: 3:39.90	1:17.83	250m: 6:10.66	1:15.28	350m: 8:40.47	1:15.24		
	100m: 2:22.07	1:15.78	200m: 4:55.38	1:15.48	300m: 7:25.23	1:14.57	400m: 9:49.22	1:08.75		
29.	MARSZAŁEK Andrzej		54	UKS Cityzen Poznań					7:20.16	276
	50m: 50.77	50.77	150m: 2:43.17	55.63	250m: 4:35.77	55.84	350m: 6:26.77	53.94		
	100m: 1:47.54	56.77	200m: 3:39.93	56.76	300m: 5:32.83	57.06	400m: 7:20.16	53.39		
30.	PIÓRKOWSKI Marek		65	Water Squad					7:00.74	257
	50m: 46.43	46.43	150m: 2:29.69	53.21	250m: 4:19.46	54.54	350m: 6:08.58	54.60		
	100m: 1:36.48	50.05	200m: 3:24.92	55.23	300m: 5:13.98	54.52	400m: 7:00.74	52.16		
31.	BORYSKI Jerzy		51	UKS Cityzen Poznań					7:36.03	248
	50m: 52.05	52.05	150m: 2:46.66	58.41	250m: 4:43.56	58.48	350m: 6:39.22	57.74		
	100m: 1:48.25	56.20	200m: 3:45.08	58.42	300m: 5:41.48	57.92	400m: 7:36.03	56.81		
32.	MANDZIUK Grzegorz		65	TP Masters Opole					7:07.28	245
	50m: 41.74	41.74	150m: 2:23.99	53.53	250m: 4:17.75	57.22	350m: 6:13.42	57.26		
	100m: 1:30.46	48.72	200m: 3:20.53	56.54	300m: 5:16.16	58.41	400m: 7:07.28	53.86		
33.	BORUCKI Piotr		84	Masters Białystok					6:37.05	222
	50m: 40.40	40.40	150m: 2:15.97	49.30	250m: 4:00.02	52.13	350m: 5:45.68	52.63		
	100m: 1:26.67	46.27	200m: 3:07.89	51.92	300m: 4:53.05	53.03	400m: 6:37.05	51.37		
34.	WOJNICKI Łukasz		90	MUKS Huragan Koło					6:46.44	200
	50m: 44.25	44.25	150m: 2:22.29	50.13	250m: 4:07.48	52.80	350m: 5:54.03	53.14		
	100m: 1:32.16	47.91	200m: 3:14.68	52.39	300m: 5:00.89	53.41	400m: 6:46.44	52.41		
35.	JACHNIK Włodzimierz		64	Niezrzeszeni					8:01.64	171
	50m: 53.95	53.95	150m: 2:56.37	1:02.83	250m: 5:00.63	1:02.48	350m: 7:04.33	1:02.04		
	100m: 1:53.54	59.59	200m: 3:58.15	1:01.78	300m: 6:02.29	1:01.66	400m: 8:01.64	57.31		
36.	NOWAK Norbert		74	MUKS Zgierz					7:28.12	162
	50m: 46.84	46.84	150m: 2:35.11	56.35	250m: 4:32.56	59.76	350m: 6:29.68	58.49		
	100m: 1:38.76	51.92	200m: 3:32.80	57.69	300m: 5:31.19	58.63	400m: 7:28.12	58.44		



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Pozycja	Rok ur.									Czas	Pkt.	
37.	GROMADA Szymon				03	MASTERS Zdzeszowice				7:19.84	142	
	50m:	47.75	47.75	150m:	2:36.01	54.71	250m:	4:29.19	56.60	350m:	6:24.18	57.73
	100m:	1:41.30	53.55	200m:	3:32.59	56.58	300m:	5:26.45	57.26	400m:	7:19.84	55.66
38.	LIS-PIWOWARSKI Przemysław				84	MUKS Zgierz				7:58.18	127	
	50m:	47.24	47.24	150m:	2:40.44	59.28	250m:	4:45.07	1:03.19	350m:	6:54.64	1:05.39
	100m:	1:41.16	53.92	200m:	3:41.88	1:01.44	300m:	5:49.25	1:04.18	400m:	7:58.18	1:03.54
39.	KRZEMIŃ Grzegorz				98	Niezrzeszeni				7:57.40	111	
	50m:	49.64	49.64	150m:	2:45.65	59.76	250m:	4:47.26	1:01.56	350m:	6:56.78	1:04.92
	100m:	1:45.89	56.25	200m:	3:45.70	1:00.05	300m:	5:51.86	1:04.60	400m:	7:57.40	1:00.62