

Zimowe Mistrzostwa Polski Juniorów Młodszych 15-lat
Bydgoszcz, 12-14.12.2025Konkurencja 17
2025-12-13 - 9:26

Dziewcząt, 400m dowolny

15 lat

Wyniki Eliminacje

Rekord Polski 15-lat

4:08.60

GUŚĆ Wiktoria

01705

Poznan

2019-11-23

Punkty: AQUA 2025

Pozycja				Rok	ur.					Czas	Pkt.	
1.	DUDA Natalia			10		MKP Szczecin				4:33.18	598	A
	50m:	31.03	31.03	150m:	1:39.67	34.72	250m:	2:49.32	34.72	350m:	3:58.99	34.52
	100m:	1:04.95	33.92	200m:	2:14.60	34.93	300m:	3:24.47	35.15	400m:	4:33.18	34.19
2.	KRAWCZYK Aleksandra			10		KS Barrakuda Gdańsk				4:33.92	593	A
	50m:	31.36	31.36	150m:	1:41.41	35.76	250m:	2:51.79	35.01	350m:	4:01.18	34.58
	100m:	1:05.65	34.29	200m:	2:16.78	35.37	300m:	3:26.60	34.81	400m:	4:33.92	32.74
3.	SOBÓTKA Oliwia			10		UKP POLONIA Warszawa				4:34.25	591	A
	50m:	31.46	31.46	150m:	1:41.19	35.29	250m:	2:51.53	34.77	350m:	4:01.62	34.63
	100m:	1:05.90	34.44	200m:	2:16.76	35.57	300m:	3:26.99	35.46	400m:	4:34.25	32.63
4.	PASTUSZUK Zuzanna			10		KU AZS UMCS Lublin				4:34.67	589	A
	50m:	31.05	31.05	150m:	1:39.72	34.83	250m:	2:49.64	34.90	350m:	3:59.85	34.97
	100m:	1:04.89	33.84	200m:	2:14.74	35.02	300m:	3:24.88	35.24	400m:	4:34.67	34.82
5.	EMERLING Diana			10		UKP UNIA Oświęcim				4:36.91	574	A
	50m:	31.49	31.49	150m:	1:41.95	35.49	250m:	2:52.79	35.28	350m:	4:02.81	34.65
	100m:	1:06.46	34.97	200m:	2:17.51	35.56	300m:	3:28.16	35.37	400m:	4:36.91	34.10
6.	CZOPEK Lena			10		KU AZS UMCS Lublin				4:37.59	570	A
	50m:	31.80	31.80	150m:	1:41.93	35.24	250m:	2:52.80	35.33	350m:	4:03.96	35.60
	100m:	1:06.69	34.89	200m:	2:17.47	35.54	300m:	3:28.36	35.56	400m:	4:37.59	33.63
7.	SZUSTAK Lena			10		UKS GIM 92 Ursynów				4:38.70	563	A
	50m:	31.46	31.46	150m:	1:41.17	35.18	250m:	2:52.08	35.48	350m:	4:03.43	35.85
	100m:	1:05.99	34.53	200m:	2:16.60	35.43	300m:	3:27.58	35.50	400m:	4:38.70	35.27
8.	NOSAL Nela			10		MKS JUVENIA Wrocław				4:40.23	554	A
	50m:	31.99	31.99	150m:	1:43.17	36.17	250m:	2:55.31	35.99	350m:	4:06.43	35.10
	100m:	1:07.00	35.01	200m:	2:19.32	36.15	300m:	3:31.33	36.02	400m:	4:40.23	33.80
9.	CZECHMAŃSKA Antonina			10		UKP POLONIA Warszawa				4:40.51	553	A
	50m:	32.34	32.34	150m:	1:43.52	35.92	250m:	2:55.11	35.87	350m:	4:06.71	35.58
	100m:	1:07.60	35.26	200m:	2:19.24	35.72	300m:	3:31.13	36.02	400m:	4:40.51	33.80
10.	RYCHTER Zofia			10		MKS Park Wodny Tarnowskie Góry				4:40.65	552	A
	50m:	32.55	32.55	150m:	1:43.80	35.91	250m:	2:55.12	35.30	350m:	4:06.35	35.43
	100m:	1:07.89	35.34	200m:	2:19.82	36.02	300m:	3:30.92	35.80	400m:	4:40.65	34.30
11.	WALCZYK Hanna			10		Grudziądzki KP ORKA				4:40.83	551	B
	50m:	31.89	31.89	150m:	1:42.50	35.75	250m:	2:54.75	36.36	350m:	4:06.58	35.86
	100m:	1:06.75	34.86	200m:	2:18.39	35.89	300m:	3:30.72	35.97	400m:	4:40.83	34.25
12.	KUNA Alina			10		Stowarzyszenie Solne Miasto Wieliczka				4:41.03	549	B
	50m:	31.90	31.90	150m:	1:44.27	36.50	250m:	2:56.18	35.88	350m:	4:07.02	34.79
	100m:	1:07.77	35.87	200m:	2:20.30	36.03	300m:	3:32.23	36.05	400m:	4:41.03	34.01
13.	BALCERZAK Barbara			10		SKP DELFIN Kozienice				4:42.05	544	B
	50m:	33.04	33.04	150m:	1:44.57	35.92	250m:	2:56.05	35.88	350m:	4:07.65	35.27
	100m:	1:08.65	35.61	200m:	2:20.17	35.60	300m:	3:32.38	36.33	400m:	4:42.05	34.40
14.	KOPP Zuzanna			10		UKP POLONIA Warszawa				4:42.51	541	B
	50m:	32.11	32.11	150m:	1:43.06	35.76	250m:	2:55.27	36.08	350m:	4:07.77	36.00
	100m:	1:07.30	35.19	200m:	2:19.19	36.13	300m:	3:31.77	36.50	400m:	4:42.51	34.74
15.	STEFANIW Martyna			10		SP Meduza Pajęczno				4:44.04	532	B
	50m:	32.89	32.89	150m:	1:45.40	36.37	250m:	2:57.89	36.03	350m:	4:10.58	36.24
	100m:	1:09.03	36.14	200m:	2:21.86	36.46	300m:	3:34.34	36.45	400m:	4:44.04	33.46
16.	WIELGUS Nela			10		Champion Tomaszów Maz.				4:44.18	531	B
	50m:	32.73	32.73	150m:	1:44.29	35.97	250m:	2:56.91	36.32	350m:	4:09.96	36.53
	100m:	1:08.32	35.59	200m:	2:20.59	36.30	300m:	3:33.43	36.52	400m:	4:44.18	34.22

Zimowe Mistrzostwa Polski Juniorów Młodszych 15-lat
Bydgoszcz, 12-14.12.2025

Konkurencja 17, Dziewcząt, 400m dowolny, Eliminacje, 15 lat

Pozycja	Rok ur.								Czas	Pkt.		
17.	PIĄTEK Maja			10	KS Górnik Sosnowiec				4:46.21	520	B	
	50m:	31.26	31.26	150m:	1:41.27	35.41	250m:	2:55.42	37.14	350m:	4:10.22	37.61
	100m:	1:05.86	34.60	200m:	2:18.28	37.01	300m:	3:32.61	37.19	400m:	4:46.21	35.99
18.	SACHA Paulina			10	UKS NIKA Sport Team Kraków				4:46.78	517	B	
	50m:	32.69	32.69	150m:	1:45.16	36.74	250m:	2:59.06	36.79	350m:	4:12.30	36.49
	100m:	1:08.42	35.73	200m:	2:22.27	37.11	300m:	3:35.81	36.75	400m:	4:46.78	34.48
19.	BARTOSZEWSKA Marta			10	KS Poznania Poznań				4:47.81	512	B	
	50m:	32.18	32.18	150m:	1:44.99	37.21	250m:	2:59.64	37.20	350m:	4:13.07	36.56
	100m:	1:07.78	35.60	200m:	2:22.44	37.45	300m:	3:36.51	36.87	400m:	4:47.81	34.74
20.	LIPIŃSKA Natalia			10	MTKP DELFIN Toruń				4:48.32	509	B	
	50m:	32.41	32.41	150m:	1:44.91	36.70	250m:	2:59.48	37.07	350m:	4:12.86	36.35
	100m:	1:08.21	35.80	200m:	2:22.41	37.50	300m:	3:36.51	37.03	400m:	4:48.32	35.46
21.	STANISZEWSKA Maja			10	UKS G-8 Bielany Warszawa				4:48.84	506	R	
	50m:	32.77	32.77	150m:	1:44.63	36.52	250m:	2:58.36	36.68	350m:	4:13.01	37.25
	100m:	1:08.11	35.34	200m:	2:21.68	37.05	300m:	3:35.76	37.40	400m:	4:48.84	35.83
22.	ŚLIWAKOWSKA Magdalena			10	CSiR MOS w Dąbrowie Górniczej				4:51.53	492	R	
	50m:	32.24	32.24	150m:	1:45.70	37.50	250m:	3:02.20	38.59	350m:	4:17.13	36.65
	100m:	1:08.20	35.96	200m:	2:23.61	37.91	300m:	3:40.48	38.28	400m:	4:51.53	34.40
23.	JANAS Oliwia			10	WKS ŚLĄSK Wrocław				4:51.55	492		
	50m:	32.92	32.92	150m:	1:45.46	36.59	250m:	2:59.00	36.37	350m:	4:14.74	37.83
	100m:	1:08.87	35.95	200m:	2:22.63	37.17	300m:	3:36.91	37.91	400m:	4:51.55	36.81
24.	PIETRASZEWICZ Roksana			10	UKP POLONIA Warszawa				4:51.72	491		
	50m:	32.66	32.66	150m:	1:45.49	37.08	250m:	2:59.96	37.29	350m:	4:15.59	37.73
	100m:	1:08.41	35.75	200m:	2:22.67	37.18	300m:	3:37.86	37.90	400m:	4:51.72	36.13
25.	ARTWIK Hanna			10	Akademia SMS Racibórz				4:54.15	479		
	50m:	33.72	33.72	150m:	1:47.29	37.65	250m:	3:02.65	37.49	350m:	4:17.91	38.10
	100m:	1:09.64	35.92	200m:	2:25.16	37.87	300m:	3:39.81	37.16	400m:	4:54.15	36.24
26.	ŚRAMA Elena			10	KS Poznania Poznań				4:54.41	478		
	50m:	32.94	32.94	150m:	1:45.89	37.04	250m:	3:02.86	38.57	350m:	4:18.46	37.51
	100m:	1:08.85	35.91	200m:	2:24.29	38.40	300m:	3:40.95	38.09	400m:	4:54.41	35.95
27.	WÓJTOWICZ Aleksandra			10	Kajman Połaniec				4:55.38	473		
	50m:	32.82	32.82	150m:	1:46.31	37.69	250m:	3:02.29	38.08	350m:	4:18.65	37.83
	100m:	1:08.62	35.80	200m:	2:24.21	37.90	300m:	3:40.82	38.53	400m:	4:55.38	36.73
28.	ŻUK Hanna			10	KS WARTA Poznań				4:56.74	467		
	50m:	32.11	32.11	150m:	1:43.86	36.55	250m:	3:00.14	38.37	350m:	4:18.94	39.22
	100m:	1:07.31	35.20	200m:	2:21.77	37.91	300m:	3:39.72	39.58	400m:	4:56.74	37.80
29.	SUKIENNIK Anna			10	MKS TRÓJKA Łódź				4:56.93	466		
	50m:	33.24	33.24	150m:	1:48.36	38.02	250m:	3:04.43	37.93	350m:	4:20.69	37.80
	100m:	1:10.34	37.10	200m:	2:26.50	38.14	300m:	3:42.89	38.46	400m:	4:56.93	36.24
30.	WÓJCIK Agata			10	KU AZS UMCS Lublin				4:57.21	464		
	50m:	33.81	33.81	150m:	1:47.92	37.63	250m:	3:04.04	37.92	350m:	4:21.05	38.98
	100m:	1:10.29	36.48	200m:	2:26.12	38.20	300m:	3:42.07	38.03	400m:	4:57.21	36.16
31.	KOSTECKA Emilia			10	KP NEPTUN Stargard				4:58.92	457		
	50m:	32.73	32.73	150m:	1:46.33	37.24	250m:	3:02.97	38.29	350m:	4:20.86	39.09
	100m:	1:09.09	36.36	200m:	2:24.68	38.35	300m:	3:41.77	38.80	400m:	4:58.92	38.06
32.	DZIEWANOWSKA Nikola			10	UKS DELFIN Garwolin				4:59.04	456		
	50m:	33.77	33.77	150m:	1:48.83	38.38	250m:	3:06.50	38.77	350m:	4:22.84	37.70
	100m:	1:10.45	36.68	200m:	2:27.73	38.90	300m:	3:45.14	38.64	400m:	4:59.04	36.20
33.	SZŁAPKA Antonina			10	UKS Cityzen				5:00.52	449		
	50m:	33.44	33.44	150m:	1:48.13	37.87	250m:	3:05.38	39.05	350m:	4:23.30	39.22
	100m:	1:10.26	36.82	200m:	2:26.33	38.20	300m:	3:44.08	38.70	400m:	5:00.52	37.22

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Bydgoszcz, 12-14.12.2025

Konkurencja 17, Dziewcząt, 400m dowolny, Eliminacje, 15 lat

Pozycja					Rok ur.					Czas	Pkt.	
34.	GŁOGOWSKA Maja				10	UKS Piątka Konstantynów Łódzki				5:01.68	444	
	50m:	32.86	32.86	150m:	1:47.80	38.29	250m:	3:06.15	39.13	350m:	4:24.45	39.15
	100m:	1:09.51	36.65	200m:	2:27.02	39.22	300m:	3:45.30	39.15	400m:	5:01.68	37.23
35.	WESOŁOWSKA Wiktoria				10	MUKS WODNIK Łask				5:01.86	443	
	50m:	33.67	33.67	150m:	1:47.17	36.71	250m:	3:04.32	38.97	350m:	4:22.90	39.19
	100m:	1:10.46	36.79	200m:	2:25.35	38.18	300m:	3:43.71	39.39	400m:	5:01.86	38.96
36.	MYDŁOWSKA Roxana				10	UKS NAWA Skierniewice				5:01.91	443	
	50m:	32.51	32.51	150m:	1:47.84	38.41	250m:	3:06.04	39.08	350m:	4:24.56	39.11
	100m:	1:09.43	36.92	200m:	2:26.96	39.12	300m:	3:45.45	39.41	400m:	5:01.91	37.35
37.	BASZCZUK Milena				10	UKS FENIKS Dębica				5:02.16	442	
	50m:	32.89	32.89	150m:	1:46.27	37.25	250m:	3:03.29	39.02	350m:	4:22.65	39.75
	100m:	1:09.02	36.13	200m:	2:24.27	38.00	300m:	3:42.90	39.61	400m:	5:02.16	39.51
38.	GRANECKA Lena				10	IKS Konstancin				5:04.41	432	
	50m:	34.45	34.45	150m:	1:51.19	38.79	250m:	3:09.17	38.89	350m:	4:27.96	38.68
	100m:	1:12.40	37.95	200m:	2:30.28	39.09	300m:	3:49.28	40.11	400m:	5:04.41	36.45
39.	HEJMAN Magdalena				10	MKS CKS-SMS Szczecin				5:09.50	411	
	50m:	35.58	35.58	150m:	1:54.00	39.48	250m:	3:13.58	40.14	350m:	4:33.22	39.45
	100m:	1:14.52	38.94	200m:	2:33.44	39.44	300m:	3:53.77	40.19	400m:	5:09.50	36.28
40.	MILBRANT Jagoda				10	UKP UNIA Oświęcim				5:14.69	391	
	50m:	35.53	35.53	150m:	1:55.44	40.15	250m:	3:15.33	40.12	350m:	4:35.24	39.68
	100m:	1:15.29	39.76	200m:	2:35.21	39.77	300m:	3:55.56	40.23	400m:	5:14.69	39.45
41.	WĘGRZYN Emilia				10	KP SOKÓŁ Rzeszów				5:15.52	388	
	50m:	35.24	35.24	150m:	1:54.89	40.47	250m:	3:16.57	40.80	350m:	4:37.02	40.02
	100m:	1:14.42	39.18	200m:	2:35.77	40.88	300m:	3:57.00	40.43	400m:	5:15.52	38.50
42.	MORGAŃSKA Marta				10	UKS Manta Kochłowice Ruda Śląska				5:22.43	364	
	50m:	36.33	36.33	150m:	1:56.64	40.42	250m:	3:19.28	41.63	350m:	4:42.78	41.80
	100m:	1:16.22	39.89	200m:	2:37.65	41.01	300m:	4:00.98	41.70	400m:	5:22.43	39.65
43.	MOSZCZYŃSKA Hanna				10	MKS CKS-SMS Szczecin				5:28.41	344	
	50m:	35.83	35.83	150m:	1:58.06	41.96	250m:	3:23.95	42.91	350m:	4:49.29	42.04
	100m:	1:16.10	40.27	200m:	2:41.04	42.98	300m:	4:07.25	43.30	400m:	5:28.41	39.12
44.	JAKUBCZAK Małgorzata				10	KP NEPTUN Stargard				5:32.85	331	
	50m:	37.07	37.07	150m:	2:00.94	42.96	250m:	3:27.31	43.19	350m:	4:53.24	42.91
	100m:	1:17.98	40.91	200m:	2:44.12	43.18	300m:	4:10.33	43.02	400m:	5:32.85	39.61