



Zimowe Mistrzostwa Polski Juniorów Młodszych 15-lat
Bydgoszcz, 12-14.12.2025

Konkurencja 18
2025-12-13 - 17:22

Chłopców, 400m dowolny

15 lat
Wyniki Finał

Rekord Polski 15-lat 3:50.76 MŁYNARCZYK Karol 05114 Lublin 2015-12-17

Punkty: AQUA 2025

Pozycja	Rok ur.	Czas	Pkt.
Finał A			
1. STACHOWIAK Adam	10 MKP Szczecin	3:55.67	730
50m: 26.97 26.97	150m: 1:26.30 29.79	250m: 2:26.60 30.26	350m: 3:26.73 30.30
100m: 56.51 29.54	200m: 1:56.34 30.04	300m: 2:56.43 29.83	400m: 3:55.67 28.94
2. TRYDULSKI Wiktor	10 KU AZS UMCS Lublin	3:55.70	730
50m: 26.88 26.88	150m: 1:26.29 29.88	250m: 2:25.73 29.35	350m: 3:26.22 30.55
100m: 56.41 29.53	200m: 1:56.38 30.09	300m: 2:55.67 29.94	400m: 3:55.70 29.48
3. TARASEK Igor	10 UKP UNIA O wi cim	3:55.76	729
50m: 27.66 27.66	150m: 1:27.68 30.15	250m: 2:27.87 29.86	350m: 3:27.54 29.75
100m: 57.53 29.87	200m: 1:58.01 30.33	300m: 2:57.79 29.92	400m: 3:55.76 28.22
4. WISZNIOWSKI Tymoteusz	10 LKS Jedno 32 Przyszowice	3:56.38	723
50m: 27.06 27.06	150m: 1:26.95 30.31	250m: 2:27.67 30.33	350m: 3:27.94 29.89
100m: 56.64 29.58	200m: 1:57.34 30.39	300m: 2:58.05 30.38	400m: 3:56.38 28.44
5. KONOPKO Michał	10 UKS G-8 Bielany Warszawa	4:04.58	653
50m: 27.54 27.54	150m: 1:27.75 30.28	250m: 2:29.76 30.95	350m: 3:33.53 31.81
100m: 57.47 29.93	200m: 1:58.81 31.06	300m: 3:01.72 31.96	400m: 4:04.58 31.05
6. KRZE NIAK Jakub	10 O AZS w Poznaniu	4:05.88	643
50m: 27.22 27.22	150m: 1:28.83 31.38	250m: 2:32.38 31.94	350m: 3:35.67 31.37
100m: 57.45 30.23	200m: 2:00.44 31.61	300m: 3:04.30 31.92	400m: 4:05.88 30.21
7. MAKOWSKI Jakub	10 MKP Szczecin	4:08.21	625
50m: 28.37 28.37	150m: 1:30.74 31.49	250m: 2:34.89 32.14	350m: 3:38.20 31.51
100m: 59.25 30.88	200m: 2:02.75 32.01	300m: 3:06.69 31.80	400m: 4:08.21 30.01
8. ANDRZEJCZAK Maciej	10 MUKP Korona-Swim Kielce	4:08.24	625
50m: 27.70 27.70	150m: 1:28.93 30.80	250m: 2:31.96 31.49	350m: 3:36.77 32.53
100m: 58.13 30.43	200m: 2:00.47 31.54	300m: 3:04.24 32.28	400m: 4:08.24 31.47
9. TOPA Daniel	10 MTP KORMORAN Olsztyn	4:08.47	623
50m: 27.71 27.71	150m: 1:28.63 30.72	250m: 2:32.13 31.98	350m: 3:36.94 32.39
100m: 57.91 30.20	200m: 2:00.15 31.52	300m: 3:04.55 32.42	400m: 4:08.47 31.53
10. KOSIAREK Mateusz	10 WKS L SK Wrocław	4:08.57	622
50m: 27.34 27.34	150m: 1:29.86 31.51	250m: 2:34.11 32.19	350m: 3:38.44 32.49
100m: 58.35 31.01	200m: 2:01.92 32.06	300m: 3:05.95 31.84	400m: 4:08.57 30.13
Finał B			
11. SYNOWIEC Szymon	10 UKS SMS Galicja Kraków	4:10.05	611
50m: 27.82 27.82	150m: 1:30.91 31.93	250m: 2:35.53 32.32	350m: 3:39.49 31.65
100m: 58.98 31.16	200m: 2:03.21 32.30	300m: 3:07.84 32.31	400m: 4:10.05 30.56
12. KUPISZEK Antoni	10 UKP POLONIA Warszawa	4:11.38	601
50m: 27.98 27.98	150m: 1:32.45 32.55	250m: 2:37.30 31.72	350m: 3:41.40 31.89
100m: 59.90 31.92	200m: 2:05.58 33.13	300m: 3:09.51 32.21	400m: 4:11.38 29.98
13. KOTYNIA Juliusz	10 UKS SMS Galicja Kraków	4:12.09	596
50m: 28.80 28.80	150m: 1:32.53 32.10	250m: 2:36.87 32.17	350m: 3:41.62 32.55
100m: 1:00.43 31.63	200m: 2:04.70 32.17	300m: 3:09.07 32.20	400m: 4:12.09 30.47
14. KOWALSKI Adrian	10 UKS SMS Galicja Kraków	4:12.13	596
50m: 27.61 27.61	150m: 1:30.90 32.49	250m: 2:35.84 32.28	350m: 3:41.35 32.83
100m: 58.41 30.80	200m: 2:03.56 32.66	300m: 3:08.52 32.68	400m: 4:12.13 30.78
15. PARDO Kornel	10 UKS Frog Gi ycko	4:12.88	591
50m: 28.02 28.02	150m: 1:31.26 32.14	250m: 2:36.11 32.70	350m: 3:41.30 32.48
100m: 59.12 31.10	200m: 2:03.41 32.15	300m: 3:08.82 32.71	400m: 4:12.88 31.58



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Pozycja				Rok ur.					Czas	Pkt.		
16.	BIELECKI Konrad			10	KS DELFIN Gdynia				4:13.53	586		
	50m:	28.20	28.20	150m:	1:32.38	32.71	250m:	2:37.53	32.28	350m:	3:42.65	32.48
	100m:	59.67	31.47	200m:	2:05.25	32.87	300m:	3:10.17	32.64	400m:	4:13.53	30.88
17.	GÓRECKI Wiktor			10	UKS abianka Gda sk				4:13.96	583		
	50m:	28.33	28.33	150m:	1:32.20	32.31	250m:	2:37.12	32.50	350m:	3:42.34	32.45
	100m:	59.89	31.56	200m:	2:04.62	32.42	300m:	3:09.89	32.77	400m:	4:13.96	31.62
18.	ZASADA Szymon			10	SP Meduza Paj czno				4:14.40	580		
	50m:	28.22	28.22	150m:	1:31.97	32.24	250m:	2:37.65	32.88	350m:	3:42.69	32.68
	100m:	59.73	31.51	200m:	2:04.77	32.80	300m:	3:10.01	32.36	400m:	4:14.40	31.71
19.	SMOLAREK Filip			10	SP Meduza Paj czno				4:15.97	570		
	50m:	28.05	28.05	150m:	1:31.98	32.61	250m:	2:38.07	33.15	350m:	3:44.25	32.90
	100m:	59.37	31.32	200m:	2:04.92	32.94	300m:	3:11.35	33.28	400m:	4:15.97	31.72
20.	JAKUBCZYK Robert			10	UKS SMS Galicja Kraków				4:16.43	567		
	50m:	29.20	29.20	150m:	1:34.52	33.16	250m:	2:40.42	33.00	350m:	3:45.65	32.64
	100m:	1:01.36	32.16	200m:	2:07.42	32.90	300m:	3:13.01	32.59	400m:	4:16.43	30.78