



Polska Grupa
Energetyczna



Ministerstwo
Sportu i Turystyki



Zimowe Mistrzostwa Polski Juniorów Młodszych 15-lat
Bydgoszcz, 12-14.12.2025

Konkurencja 4
2025-12-12 - 9:47

Chłopców, 400m zmienny

15 lat
Wyniki Eliminacje

Rekord Polski 15-lat 4:21.65 MIŁKOWSKI Mikołaj 04114 Gliwice 2022-12-09

Punkt: AQUA 2025

Pozycja				Rok ur.					Czas	Pkt.
1.	LUTOMSKI Jan			10	OŚ AZS w Poznaniu				4:35.03	622 A
	50m: 28.30 28.30	150m: 1:36.79 35.75	250m: 2:51.15 37.99	350m: 4:04.11 32.87						
	100m: 1:01.04 32.74	200m: 2:13.16 36.37	300m: 3:31.24 40.09	400m: 4:35.03 30.92						
2.	STACHOWIAK Wiktor			10	KS WARTA Poznań				4:37.86	603 A
	50m: 28.83 28.83	150m: 1:38.46 35.97	250m: 2:51.54 38.17	350m: 4:04.74 33.46						
	100m: 1:02.49 33.66	200m: 2:13.37 34.91	300m: 3:31.28 39.74	400m: 4:37.86 33.12						
3.	SYNOWIEC Szymon			10	UKS SMS Galicja Kraków				4:39.21	594 A
	50m: 28.95 28.95	150m: 1:38.94 36.03	250m: 2:55.58 40.94	350m: 4:08.57 32.06						
	100m: 1:02.91 33.96	200m: 2:14.64 35.70	300m: 3:36.51 40.93	400m: 4:39.21 30.64						
4.	KWIATKOWSKI Jan			10	UKS GIM 92 Ursynów				4:40.39	587 A
	50m: 29.14 29.14	150m: 1:38.75 35.52	250m: 2:53.47 39.69	350m: 4:08.02 34.05						
	100m: 1:03.23 34.09	200m: 2:13.78 35.03	300m: 3:33.97 40.50	400m: 4:40.39 32.37						
5.	KOWALCZYK Bartosz			10	MUKP Korona-Swim Kielce				4:40.48	586 A
	50m: 29.19 29.19	150m: 1:39.64 36.78	250m: 2:56.95 41.27	350m: 4:09.78 32.07						
	100m: 1:02.86 33.67	200m: 2:15.68 36.04	300m: 3:37.71 40.76	400m: 4:40.48 30.70						
6.	OSTASZEWSKI Szymon			10	UKS GIM 92 Ursynów				4:40.58	586 A
	50m: 29.47 29.47	150m: 1:40.76 37.21	250m: 2:57.15 40.59	350m: 4:10.02 32.63						
	100m: 1:03.55 34.08	200m: 2:16.56 35.80	300m: 3:37.39 40.24	400m: 4:40.58 30.56						
7.	PARDO Kornel			10	UKS Frog Giżycko				4:40.84	584 A
	50m: 28.60 28.60	150m: 1:38.59 36.66	250m: 2:54.76 39.44	350m: 4:08.48 33.25						
	100m: 1:01.93 33.33	200m: 2:15.32 36.73	300m: 3:35.23 40.47	400m: 4:40.84 32.36						
8.	SKAWIŃSKI Aleksander			10	UKS 307 Warszawa				4:41.31	581 A
	50m: 28.79 28.79	150m: 1:39.20 36.67	250m: 2:55.45 39.85	350m: 4:09.39 34.01						
	100m: 1:02.53 33.74	200m: 2:15.60 36.40	300m: 3:35.38 39.93	400m: 4:41.31 31.92						
9.	MISZTAŁ Olaf			10	KS Korona 1919				4:41.91	577 A
	50m: 30.24 30.24	150m: 1:42.90 36.58	250m: 2:56.89 37.77	350m: 4:09.10 33.43						
	100m: 1:06.32 36.08	200m: 2:19.12 36.22	300m: 3:35.67 38.78	400m: 4:41.91 32.81						
10.	OSAK Kacper			10	UKS SMS Galicja Kraków				4:42.31	575 A
	50m: 30.01 30.01	150m: 1:40.54 36.10	250m: 2:55.87 39.68	350m: 4:09.81 32.87						
	100m: 1:04.44 34.43	200m: 2:16.19 35.65	300m: 3:36.94 41.07	400m: 4:42.31 32.50						
11.	KOWALSKI Adrian			10	UKS SMS Galicja Kraków				4:44.79	560 B
	50m: 30.48 30.48	150m: 1:42.34 37.04	250m: 2:59.61 39.92	350m: 4:13.30 32.98						
	100m: 1:05.30 34.82	200m: 2:19.69 37.35	300m: 3:40.32 40.71	400m: 4:44.79 31.49						
12.	PRZEŚLAKIEWICZ Filip			10	IKS Konstancin				4:46.82	548 B
	50m: 28.73 28.73	150m: 1:39.99 36.97	250m: 2:57.29 40.68	350m: 4:13.25 35.28						
	100m: 1:03.02 34.29	200m: 2:16.61 36.62	300m: 3:37.97 40.68	400m: 4:46.82 33.57						
13.	MAKOWSKI Jakub			10	MKP Szczecin				4:47.71	543 B
	50m: 30.51 30.51	150m: 1:43.97 37.80	250m: 3:03.54 43.35	350m: 4:18.05 31.34						
	100m: 1:06.17 35.66	200m: 2:20.19 36.22	300m: 3:46.71 43.17	400m: 4:47.71 29.66						
14.	ZASADA Szymon			10	SP Meduza Pajęczno				4:48.51	539 B
	50m: 30.67 30.67	150m: 1:43.23 36.32	250m: 3:00.63 42.14	350m: 4:16.45 32.90						
	100m: 1:06.91 36.24	200m: 2:18.49 35.26	300m: 3:43.55 42.92	400m: 4:48.51 32.06						
15.	JAKUBCZYK Robert			10	UKS SMS Galicja Kraków				4:50.69	527 B
	50m: 29.37 29.37	150m: 1:42.23 38.58	250m: 3:03.36 43.52	350m: 4:19.54 33.15						
	100m: 1:03.65 34.28	200m: 2:19.84 37.61	300m: 3:46.39 43.03	400m: 4:50.69 31.15						
16.	PORADA Antoni			10	UKS SP-149 Łódź				4:50.75	526 B
	50m: 31.08 31.08	150m: 1:45.07 38.38	250m: 3:03.82 41.63	350m: 4:19.22 33.33						
	100m: 1:06.69 35.61	200m: 2:22.19 37.12	300m: 3:45.89 42.07	400m: 4:50.75 31.53						



Zimowe Mistrzostwa Polski Juniorów Młodszych 15-lat
Bydgoszcz, 12-14.12.2025

Konkurencja 4, Chłopców, 400m zmienny, Eliminacje, 15 lat

Pozycja	Rok ur.								Czas	Pkt.		
17.	PSODA Filip			10	UKP POLONIA Warszawa				4:51.77	521	B	
	50m:	30.75	30.75	150m:	1:45.86	39.43	250m:	3:03.81	39.60	350m:	4:19.65	34.43
	100m:	1:06.43	35.68	200m:	2:24.21	38.35	300m:	3:45.22	41.41	400m:	4:51.77	32.12
18.	WITECKI Wojciech			10	CSiR MOS w Dąbrowie Górniczej				4:51.80	521	B	
	50m:	28.58	28.58	150m:	1:42.70	39.09	250m:	3:02.01	41.74	350m:	4:19.07	33.76
	100m:	1:03.61	35.03	200m:	2:20.27	37.57	300m:	3:45.31	43.30	400m:	4:51.80	32.73
19.	KRZĄKAŁA Dominik			10	UKS Manta Kochłowice Ruda Śląska				4:55.00	504	B	
	50m:	30.17	30.17	150m:	1:44.06	38.32	250m:	3:05.14	43.30	350m:	4:22.71	33.78
	100m:	1:05.74	35.57	200m:	2:21.84	37.78	300m:	3:48.93	43.79	400m:	4:55.00	32.29
20.	KULIK Konstanty			10	UKS GIM 92 Ursynów				4:58.79	485	B	
	50m:	30.28	30.28	150m:	1:44.25	39.15	250m:	3:05.33	42.15	350m:	4:24.71	35.90
	100m:	1:05.10	34.82	200m:	2:23.18	38.93	300m:	3:48.81	43.48	400m:	4:58.79	34.08
21.	NIKOLCHENKO Savellii			10	KS KSZO Ostrowiec Św.				4:59.87	480	R	
	50m:	31.95	31.95	150m:	1:46.66	39.20	250m:	3:07.66	42.99	350m:	4:25.00	34.76
	100m:	1:07.46	35.51	200m:	2:24.67	38.01	300m:	3:50.24	42.58	400m:	4:59.87	34.87
22.	WAŚIŃSKI Dominik			10	Mokotowski UKP Warszawianka-Wodny				5:03.11	464	R	
	50m:	31.22	31.22	150m:	1:43.67	37.12	250m:	3:06.56	46.46	350m:	4:27.57	35.98
	100m:	1:06.55	35.33	200m:	2:20.10	36.43	300m:	3:51.59	45.03	400m:	5:03.11	35.54
23.	PYVOVAR Danylo			10	KS H2O Bochnia				5:05.88	452		
	50m:	30.55	30.55	150m:	1:47.82	40.83	250m:	3:08.99	41.55	350m:	4:30.59	37.56
	100m:	1:06.99	36.44	200m:	2:27.44	39.62	300m:	3:53.03	44.04	400m:	5:05.88	35.29
24.	SZYBURSKI Artur			10	KU AZS UMCS Lublin				5:06.52	449		
	50m:	32.84	32.84	150m:	1:51.00	40.55	250m:	3:12.92	41.60	350m:	4:30.80	35.61
	100m:	1:10.45	37.61	200m:	2:31.32	40.32	300m:	3:55.19	42.27	400m:	5:06.52	35.72
25.	BRYDA Szymon			10	MUKS Piętnastka Bydgoszcz				5:06.86	448		
	50m:	30.31	30.31	150m:	1:45.47	38.72	250m:	3:11.11	46.66	350m:	4:32.88	34.97
	100m:	1:06.75	36.44	200m:	2:24.45	38.98	300m:	3:57.91	46.80	400m:	5:06.86	33.98
26.	FOJT Wiktor			10	UKP Ruda Śląska				5:07.85	443		
	50m:	31.23	31.23	150m:	1:48.76	40.84	250m:	3:12.68	43.56	350m:	4:32.89	36.11
	100m:	1:07.92	36.69	200m:	2:29.12	40.36	300m:	3:56.78	44.10	400m:	5:07.85	34.96
27.	HEINZEL Feliks			10	KS Górnik Sosnowiec				5:11.95	426		
	50m:	31.28	31.28	150m:	1:48.99	40.54	250m:	3:13.66	44.07	350m:	4:36.66	37.20
	100m:	1:08.45	37.17	200m:	2:29.59	40.60	300m:	3:59.46	45.80	400m:	5:11.95	35.29
28.	SZYBURSKI Rafał			10	UKS Ósemka Toruń				5:34.86	344		
	50m:	35.39	35.39	150m:	2:03.25	44.54	250m:	3:32.81	45.32	350m:	4:57.86	38.66
	100m:	1:18.71	43.32	200m:	2:47.49	44.24	300m:	4:19.20	46.39	400m:	5:34.86	37.00
DYSKW.	DĄBROWSKI Jakub			10	MKS Park Wodny Tarnowskie Góry							
	K16 - Pływak dotknął ścianę nierównocześnie dwiema dłońmi przy nawrocie lub na zakończenie wyścigu.											