

Zimowe Mistrzostwa Polski Juniorów Młodszych 15-lat
Bydgoszcz, 12-14.12.2025Konkurencja 4
2025-12-12 - 17:23

Chłopców, 400m zmienny

15 lat
Wyniki Finał

Rekord Polski 15-lat 4:21.65 MIŁKOWSKI Mikołaj 04114 Gliwice 2022-12-09

Punkty: AQUA 2025

Pozycja	Rok ur.								Czas	Pkt.		
Finał A												
1.	STACHOWIAK Wiktor			10	KS WARTA Poznań				4:28.00	672		
	50m:	28.01	28.01	150m:	1:35.91	34.90	250m:	2:47.87	37.64	350m:	3:57.59	31.49
	100m:	1:01.01	33.00	200m:	2:10.23	34.32	300m:	3:26.10	38.23	400m:	4:28.00	30.41
2.	LUTOMSKI Jan			10	OŚ AZS w Poznaniu				4:32.86	637		
	50m:	28.32	28.32	150m:	1:35.63	34.29	250m:	2:48.70	38.21	350m:	4:01.13	32.80
	100m:	1:01.34	33.02	200m:	2:10.49	34.86	300m:	3:28.33	39.63	400m:	4:32.86	31.73
3.	SYNOWIEC Szymon			10	UKS SMS Galicja Kraków				4:35.41	619		
	50m:	28.72	28.72	150m:	1:38.63	36.54	250m:	2:53.97	40.61	350m:	4:05.33	30.94
	100m:	1:02.09	33.37	200m:	2:13.36	34.73	300m:	3:34.39	40.42	400m:	4:35.41	30.08
4.	KWIATKOWSKI Jan			10	UKS GIM 92 Ursynów				4:35.59	618		
	50m:	28.91	28.91	150m:	1:38.01	34.99	250m:	2:52.14	39.32	350m:	4:04.66	32.22
	100m:	1:03.02	34.11	200m:	2:12.82	34.81	300m:	3:32.44	40.30	400m:	4:35.59	30.93
5.	OSTASZEWSKI Szymon			10	UKS GIM 92 Ursynów				4:37.19	607		
	50m:	29.07	29.07	150m:	1:38.71	35.67	250m:	2:54.16	39.76	350m:	4:06.47	32.37
	100m:	1:03.04	33.97	200m:	2:14.40	35.69	300m:	3:34.10	39.94	400m:	4:37.19	30.72
6.	MISZTAŁ Olaf			10	KS Korona 1919				4:38.32	600		
	50m:	29.84	29.84	150m:	1:41.73	36.50	250m:	2:55.76	37.99	350m:	4:06.81	32.34
	100m:	1:05.23	35.39	200m:	2:17.77	36.04	300m:	3:34.47	38.71	400m:	4:38.32	31.51
7.	OSAK Kacper			10	UKS SMS Galicja Kraków				4:39.59	592		
	50m:	29.19	29.19	150m:	1:39.72	35.94	250m:	2:54.73	39.76	350m:	4:08.44	32.94
	100m:	1:03.78	34.59	200m:	2:14.97	35.25	300m:	3:35.50	40.77	400m:	4:39.59	31.15
8.	KOWALCZYK Bartosz			10	MUKP Korona-Swim Kielce				4:39.63	592		
	50m:	29.62	29.62	150m:	1:40.82	37.79	250m:	2:57.45	41.26	350m:	4:09.29	32.51
	100m:	1:03.03	33.41	200m:	2:16.19	35.37	300m:	3:36.78	39.33	400m:	4:39.63	30.34
9.	SKAWIŃSKI Aleksander			10	UKS 307 Warszawa				4:40.21	588		
	50m:	28.68	28.68	150m:	1:39.66	36.90	250m:	2:55.03	38.88	350m:	4:08.74	33.69
	100m:	1:02.76	34.08	200m:	2:16.15	36.49	300m:	3:35.05	40.02	400m:	4:40.21	31.47
10.	PARDO Kornel			10	UKS Frog Giżycko				4:40.98	583		
	50m:	29.33	29.33	150m:	1:40.07	36.60	250m:	2:55.65	39.27	350m:	4:09.08	32.76
	100m:	1:03.47	34.14	200m:	2:16.38	36.31	300m:	3:36.32	40.67	400m:	4:40.98	31.90
Finał B												
11.	PRZEŚLAKIEWICZ Filip			10	IKS Konstancin				4:42.77	572		
	50m:	30.40	30.40	150m:	1:42.12	36.59	250m:	2:58.71	39.62	350m:	4:11.52	32.78
	100m:	1:05.53	35.13	200m:	2:19.09	36.97	300m:	3:38.74	40.03	400m:	4:42.77	31.25
12.	KOWALSKI Adrian			10	UKS SMS Galicja Kraków				4:42.79	572		
	50m:	29.84	29.84	150m:	1:41.29	36.78	250m:	2:57.87	39.68	350m:	4:12.37	33.70
	100m:	1:04.51	34.67	200m:	2:18.19	36.90	300m:	3:38.67	40.80	400m:	4:42.79	30.42
13.	ZASADA Szymon			10	SP Meduza Pajęczno				4:44.65	561		
	50m:	29.87	29.87	150m:	1:41.47	36.35	250m:	2:58.51	41.44	350m:	4:13.74	32.54
	100m:	1:05.12	35.25	200m:	2:17.07	35.60	300m:	3:41.20	42.69	400m:	4:44.65	30.91
14.	WITECKI Wojciech			10	CSiR MOS w Dąbrowie Górniczej				4:50.01	530		
	50m:	28.32	28.32	150m:	1:41.25	38.26	250m:	3:01.12	41.92	350m:	4:18.21	33.45
	100m:	1:02.99	34.67	200m:	2:19.20	37.95	300m:	3:44.76	43.64	400m:	4:50.01	31.80
15.	JAKUBCZYK Robert			10	UKS SMS Galicja Kraków				4:50.33	529		
	50m:	30.05	30.05	150m:	1:45.04	39.51	250m:	3:05.49	43.12	350m:	4:19.94	31.84
	100m:	1:05.53	35.48	200m:	2:22.37	37.33	300m:	3:48.10	42.61	400m:	4:50.33	30.39

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Bydgoszcz, 12-14.12.2025

Konkurencja 4, Chłopców, 400m zmienny, Finał, 15 lat

Pozycja	Rok ur.										Czas	Pkt.
16.	PSODA Filip 10 UKP POLONIA Warszawa										4:50.75	526
	50m:	30.98	30.98	150m:	1:47.10	40.06	250m:	3:06.01	40.01	350m:	4:19.76	33.65
	100m:	1:07.04	36.06	200m:	2:26.00	38.90	300m:	3:46.11	40.10	400m:	4:50.75	30.99
17.	PORADA Antoni 10 UKS SP-149 Łódź										4:53.42	512
	50m:	31.27	31.27	150m:	1:45.80	38.67	250m:	3:05.23	41.71	350m:	4:21.54	33.59
	100m:	1:07.13	35.86	200m:	2:23.52	37.72	300m:	3:47.95	42.72	400m:	4:53.42	31.88
18.	KULIK Konstanty 10 UKS GIM 92 Ursynów										4:56.97	494
	50m:	29.85	29.85	150m:	1:43.81	39.53	250m:	3:04.90	42.13	350m:	4:23.57	35.85
	100m:	1:04.28	34.43	200m:	2:22.77	38.96	300m:	3:47.72	42.82	400m:	4:56.97	33.40
19.	KRZĄKAŁA Dominik 10 UKS Manta Kochłowice Ruda Śląska										4:58.77	485
	50m:	31.02	31.02	150m:	1:46.00	38.25	250m:	3:08.20	44.13	350m:	4:25.93	35.42
	100m:	1:07.75	36.73	200m:	2:24.07	38.07	300m:	3:50.51	42.31	400m:	4:58.77	32.84
20.	WĄSIŃSKI Dominik 10 Mokotowski UKP Warszawianka-Wodny										4:59.44	482
	50m:	30.72	30.72	150m:	1:44.62	37.51	250m:	3:05.65	44.78	350m:	4:25.27	35.10
	100m:	1:07.11	36.39	200m:	2:20.87	36.25	300m:	3:50.17	44.52	400m:	4:59.44	34.17