



Polska Grupa Energetyczna



Politechnika Łódzka



Ministerstwo Sportu i Turystyki

Zimowe Mistrzostwa Polski Juniorów Młodszych 14-lat  
Łód , 19-21.12.2025

Konkurencja 17

Dziewcz t, 400m dowolny

14 lat

2025-12-20 - 9:34

Wyniki Eliminacje

Rekord Polski 14-lat

4:09.54

GU

Wiktoria

01705

Olsztyn

2018-12-15

Punkty: AQUA 2025

Pozycja			Rok ur.							Czas	Pkt.	
1.	RÓZGA Nina		11	CSiR MOS w D browie Górnicej						<b>4:29.50</b>	623	A
	50m:	30.15	30.15	150m:	1:38.04	34.38	250m:	2:46.38	34.26	350m:	3:55.70	34.64
	100m:	1:03.66	33.51	200m:	2:12.12	34.08	300m:	3:21.06	34.68	400m:	4:29.50	33.80
2.	BURANDT Hanna		11	KS Swimmers I za						<b>4:31.89</b>	607	A
	50m:	30.41	30.41	150m:	1:38.74	34.33	250m:	2:48.06	34.82	350m:	3:58.13	35.18
	100m:	1:04.41	34.00	200m:	2:13.24	34.50	300m:	3:22.95	34.89	400m:	4:31.89	33.76
3.	BARCZAK Karolina		11	MTP Kormoran Olsztyn						<b>4:33.17</b>	598	A
	50m:	31.32	31.32	150m:	1:39.73	34.55	250m:	2:48.91	34.54	350m:	3:59.31	35.21
	100m:	1:05.18	33.86	200m:	2:14.37	34.64	300m:	3:24.10	35.19	400m:	4:33.17	33.86
4.	KOKOSZKA Paulina		11	UKS GIM 92 Ursynów						<b>4:33.94</b>	593	A
	50m:	30.49	30.49	150m:	1:38.88	34.86	250m:	2:49.07	35.26	350m:	3:59.86	35.37
	100m:	1:04.02	33.53	200m:	2:13.81	34.93	300m:	3:24.49	35.42	400m:	4:33.94	34.08
5.	NIKIEL Emilia		11	MKS Park Wodny Tarnowskie Góry						<b>4:34.12</b>	592	A
	50m:	31.31	31.31	150m:	1:39.76	34.60	250m:	2:49.74	34.94	350m:	4:00.24	34.99
	100m:	1:05.16	33.85	200m:	2:14.80	35.04	300m:	3:25.25	35.51	400m:	4:34.12	33.88
6.	PALICKA Patrycja		11	TP Skalar Słupsk						<b>4:34.91</b>	587	A
	50m:	30.97	30.97	150m:	1:39.03	34.41	250m:	2:49.26	35.41	350m:	4:00.42	35.54
	100m:	1:04.62	33.65	200m:	2:13.85	34.82	300m:	3:24.88	35.62	400m:	4:34.91	34.49
7.	BOMBA Julia		11	CSiR MOS w D browie Górnicej						<b>4:35.02</b>	586	A
	50m:	30.71	30.71	150m:	1:38.91	34.76	250m:	2:49.60	35.42	350m:	4:00.57	35.79
	100m:	1:04.15	33.44	200m:	2:14.18	35.27	300m:	3:24.78	35.18	400m:	4:35.02	34.45
8.	KAROLEWSKA Julia		11	SWIMLAND Olsztyn						<b>4:37.82</b>	569	A
	50m:	31.11	31.11	150m:	1:40.08	35.11	250m:	2:51.31	35.54	350m:	4:02.25	35.57
	100m:	1:04.97	33.86	200m:	2:15.77	35.69	300m:	3:26.68	35.37	400m:	4:37.82	35.57
9.	MICHALAK Maria		11	KS Warta Pozna						<b>4:40.09</b>	555	A
	50m:	31.32	31.32	150m:	1:40.89	35.53	250m:	2:52.40	35.70	350m:	4:04.84	36.26
	100m:	1:05.36	34.04	200m:	2:16.70	35.81	300m:	3:28.58	36.18	400m:	4:40.09	35.25
10.	KANIEWSKA Lena		11	Mokotowski UKP Warszawianka- Wodny						<b>4:40.93</b>	550	A
	50m:	30.57	30.57	150m:	1:40.45	35.58	250m:	2:52.10	35.91	350m:	4:05.09	36.84
	100m:	1:04.87	34.30	200m:	2:16.19	35.74	300m:	3:28.25	36.15	400m:	4:40.93	35.84
11.	FRO Kinga		11	UKS Victoria Kozy						<b>4:43.61</b>	535	B
	50m:	31.61	31.61	150m:	1:42.93	36.40	250m:	2:56.23	36.65	350m:	4:09.09	36.20
	100m:	1:06.53	34.92	200m:	2:19.58	36.65	300m:	3:32.89	36.66	400m:	4:43.61	34.52
12.	GRZMOCI SKA Martyna		11	Toru ski MKS CHAMPIONS						<b>4:44.21</b>	531	B
	50m:	31.76	31.76	150m:	1:43.02	36.20	250m:	2:56.37	36.84	350m:	4:09.23	36.46
	100m:	1:06.82	35.06	200m:	2:19.53	36.51	300m:	3:32.77	36.40	400m:	4:44.21	34.98
13.	IWA SKA Wiktoria		11	MKS Jagiellonka Warszawa						<b>4:44.38</b>	530	B
	50m:	31.66	31.66	150m:	1:43.23	36.31	250m:	2:56.46	36.57	350m:	4:09.88	36.66
	100m:	1:06.92	35.26	200m:	2:19.89	36.66	300m:	3:33.22	36.76	400m:	4:44.38	34.50
14.	RÓ NICKA Aleksandra		11	KS HARPUN Osiecznica						<b>4:44.58</b>	529	B
	50m:	31.03	31.03	150m:	1:41.52	36.07	250m:	2:54.97	36.93	350m:	4:09.42	37.31
	100m:	1:05.45	34.42	200m:	2:18.04	36.52	300m:	3:32.11	37.14	400m:	4:44.58	35.16
15.	B TKOWSKA Emilia		11	CKiS w Skawinie						<b>4:44.62</b>	529	B
	50m:	31.79	31.79	150m:	1:42.41	35.86	250m:	2:55.94	36.90	350m:	4:09.80	36.81
	100m:	1:06.55	34.76	200m:	2:19.04	36.63	300m:	3:32.99	37.05	400m:	4:44.62	34.82
16.	SULKOWSKA Hanna		11	UKS Juwenia iSwim Białystok						<b>4:46.27</b>	520	B
	50m:	32.42	32.42	150m:	1:44.74	36.87	250m:	2:58.49	36.89	350m:	4:11.62	36.41
	100m:	1:07.87	35.45	200m:	2:21.60	36.86	300m:	3:35.21	36.72	400m:	4:46.27	34.65

Zimowe Mistrzostwa Polski Juniorów Młodszych 14-lat  
Łód , 19-21.12.2025

## Konkurencja 17, Dziewcz t, 400m dowolny, Eliminacje, 14 lat

Pozycja				Rok ur.					Czas	Pkt.		
17.	KRAUS Otylia			11	KS NEPTUN	widnica			<b>4:49.12</b>	505	B	
	50m:	32.27	32.27	150m:	1:43.94	36.17	250m:	2:58.33	37.47	350m:	4:13.04	37.31
	100m:	1:07.77	35.50	200m:	2:20.86	36.92	300m:	3:35.73	37.40	400m:	4:49.12	36.08
18.	SKIERKA Magdalena			11	Dwójka Morena	Gda sk			<b>4:50.96</b>	495	B	
	50m:	31.87	31.87	150m:	1:44.64	37.24	250m:	2:59.66	37.51	350m:	4:15.62	37.49
	100m:	1:07.40	35.53	200m:	2:22.15	37.51	300m:	3:38.13	38.47	400m:	4:50.96	35.34
19.	SUWARA Aleksandra			11	IKS Konstancin				<b>4:52.11</b>	489	B	
	50m:	32.66	32.66	150m:	1:45.08	36.90	250m:	3:00.77	37.92	350m:	4:15.43	37.19
	100m:	1:08.18	35.52	200m:	2:22.85	37.77	300m:	3:38.24	37.47	400m:	4:52.11	36.68
20.	LACH Maria			11	MKS Ochota	Warszawa			<b>4:52.87</b>	485	B	
	50m:	32.77	32.77	150m:	1:45.59	36.79	250m:	3:00.74	37.47	350m:	4:17.23	37.90
	100m:	1:08.80	36.03	200m:	2:23.27	37.68	300m:	3:39.33	38.59	400m:	4:52.87	35.64
21.	HUS Nikola			11	Stow. OLIMPIJCZYK	Kraków			<b>4:54.02</b>	480	R	
	50m:	32.59	32.59	150m:	1:47.36	37.46	250m:	3:02.70	37.50	350m:	4:17.81	37.39
	100m:	1:09.90	37.31	200m:	2:25.20	37.84	300m:	3:40.42	37.72	400m:	4:54.02	36.21
22.	B BAS Lena			11	Swim Team MOSiR	K dzierzyn-Ko le			<b>4:54.16</b>	479	R	
	50m:	32.98	32.98	150m:	1:45.92	36.74	250m:	3:01.84	37.90	350m:	4:17.82	38.32
	100m:	1:09.18	36.20	200m:	2:23.94	38.02	300m:	3:39.50	37.66	400m:	4:54.16	36.34
23.	DEJANA Laura			11	UKS SMS Galicja	Kraków			<b>4:54.32</b>	478		
	50m:	32.90	32.90	150m:	1:45.83	37.01	250m:	3:01.50	37.73	350m:	4:17.72	38.20
	100m:	1:08.82	35.92	200m:	2:23.77	37.94	300m:	3:39.52	38.02	400m:	4:54.32	36.60
24.	WITTBRODT Alicja			11	UKP POLONIA	Warszawa			<b>4:54.85</b>	476		
	50m:	33.88	33.88	150m:	1:49.13	37.71	250m:	3:05.07	37.67	350m:	4:19.47	37.33
	100m:	1:11.42	37.54	200m:	2:27.40	38.27	300m:	3:42.14	37.07	400m:	4:54.85	35.38
25.	WAWRZYNEK Zuzanna			11	UKS Wodnik	Siemianowice I skie			<b>4:56.24</b>	469		
	50m:	32.99	32.99	150m:	1:46.65	37.11	250m:	3:03.87	38.79	350m:	4:20.01	37.79
	100m:	1:09.54	36.55	200m:	2:25.08	38.43	300m:	3:42.22	38.35	400m:	4:56.24	36.23
26.	DOMERADZKA Łucja			11	UKS abianka	Gda sk			<b>4:56.49</b>	468		
	50m:	33.43	33.43	150m:	1:47.96	37.29	250m:	3:04.26	38.29	350m:	4:19.86	37.88
	100m:	1:10.67	37.24	200m:	2:25.97	38.01	300m:	3:41.98	37.72	400m:	4:56.49	36.63
27.	SZYMA SKA Julia			11	KS Warta	Pozna			<b>4:57.07</b>	465		
	50m:	32.94	32.94	150m:	1:45.88	37.14	250m:	3:01.87	38.21	350m:	4:19.74	38.95
	100m:	1:08.74	35.80	200m:	2:23.66	37.78	300m:	3:40.79	38.92	400m:	4:57.07	37.33
28.	KIERO SKA Maryla			11	Stow. Olimpijczyk	Brzesko			<b>4:58.04</b>	461		
	50m:	33.33	33.33	150m:	1:47.03	37.25	250m:	3:03.12	38.28	350m:	4:20.53	38.82
	100m:	1:09.78	36.45	200m:	2:24.84	37.81	300m:	3:41.71	38.59	400m:	4:58.04	37.51
29.	WÓJTOWICZ Sandra			11	KS KSZO	Ostrowiec w.			<b>4:59.44</b>	454		
	50m:	33.13	33.13	150m:	1:46.80	37.49	250m:	3:03.51	38.58	350m:	4:21.66	39.32
	100m:	1:09.31	36.18	200m:	2:24.93	38.13	300m:	3:42.34	38.83	400m:	4:59.44	37.78
30.	SELL Magdalena			11	MUKP Korona-Swim	Kielce			<b>4:59.52</b>	454		
	50m:	34.06	34.06	150m:	1:50.69	38.83	250m:	3:07.71	38.03	350m:	4:22.98	37.57
	100m:	1:11.86	37.80	200m:	2:29.68	38.99	300m:	3:45.41	37.70	400m:	4:59.52	36.54
31.	LUSARCZYK Hanna			11	MKS CKS-SMS	Szczecin			<b>5:00.20</b>	451		
	50m:	33.27	33.27	150m:	1:48.73	38.47	250m:	3:06.78	39.07	350m:	4:23.57	38.30
	100m:	1:10.26	36.99	200m:	2:27.71	38.98	300m:	3:45.27	38.49	400m:	5:00.20	36.63
32.	HANUSZKO Natalia			11	MKS JUVENIA	Wrocław			<b>5:00.44</b>	450		
	50m:	33.36	33.36	150m:	1:48.28	37.90	250m:	3:04.58	37.89	350m:	4:23.16	38.97
	100m:	1:10.38	37.02	200m:	2:26.69	38.41	300m:	3:44.19	39.61	400m:	5:00.44	37.28
33.	KRAKUS Liliana			11	UKS SP-149	Łód			<b>5:00.66</b>	449		
	50m:	33.26	33.26	150m:	1:51.40	39.46	250m:	3:08.80	39.16	350m:	4:24.78	37.67
	100m:	1:11.94	38.68	200m:	2:29.64	38.24	300m:	3:47.11	38.31	400m:	5:00.66	35.88

Zimowe Mistrzostwa Polski Juniorów Młodszych 14-lat  
Łód , 19-21.12.2025

## Konkurencja 17, Dziewcz t, 400m dowolny, Eliminacje, 14 lat

Pozycja			Rok ur.					Czas	Pkt.
34.	MAJZA - WAWRZY	SKA Barbara	11	UKS 3-Wodnik Wolsztyn				<b>5:00.68</b>	449
	50m:	33.16	33.16	150m:	1:46.56	37.92	250m:	3:04.01	38.65
	100m:	1:08.64	35.48	200m:	2:25.36	38.80	300m:	3:43.39	39.38
							350m:	4:22.82	39.43
							400m:	5:00.68	37.86
35.	BŁOCH	Lena	11	UKS KORAL Wrocław				<b>5:01.32</b>	446
	50m:	33.36	33.36	150m:	1:49.85	38.74	250m:	3:07.70	38.79
	100m:	1:11.11	37.75	200m:	2:28.91	39.06	300m:	3:46.37	38.67
							350m:	4:25.05	38.68
							400m:	5:01.32	36.27
36.	KO UCH	Lena	11	Stow. OLIMPIJCZYK Kraków				<b>5:01.66</b>	444
	50m:	33.73	33.73	150m:	1:50.56	39.03	250m:	3:07.97	38.23
	100m:	1:11.53	37.80	200m:	2:29.74	39.18	300m:	3:46.30	38.33
							350m:	4:23.84	37.54
							400m:	5:01.66	37.82
37.	MIKOŁAJEK	Adrianna	11	UKS DELFIN Krapkowice				<b>5:02.22</b>	442
	50m:	34.20	34.20	150m:	1:51.11	38.74	250m:	3:09.11	38.77
	100m:	1:12.37	38.17	200m:	2:30.34	39.23	300m:	3:48.32	39.21
							350m:	4:26.83	38.51
							400m:	5:02.22	35.39
38.	PACYK	Alexandra	11	IUKS Muszelka Warszawa				<b>5:02.89</b>	439
	50m:	33.45	33.45	150m:	1:48.99	38.21	250m:	3:06.22	38.72
	100m:	1:10.78	37.33	200m:	2:27.50	38.51	300m:	3:45.56	39.34
							350m:	4:24.95	39.39
							400m:	5:02.89	37.94
39.	ŁACZEK	Wiktoria	11	KS Waterpolo Pozna				<b>5:03.30</b>	437
	50m:	34.42	34.42	150m:	1:49.89	38.16	250m:	3:07.58	38.94
	100m:	1:11.73	37.31	200m:	2:28.64	38.75	300m:	3:46.63	39.05
							350m:	4:26.03	39.40
							400m:	5:03.30	37.27
40.	SIEWIERSKA	Paulina	11	MKS Znicz Koszalin				<b>5:04.99</b>	430
	50m:	33.57	33.57	150m:	1:49.97	38.78	250m:	3:08.41	39.30
	100m:	1:11.19	37.62	200m:	2:29.11	39.14	300m:	3:47.35	38.94
							350m:	4:26.95	39.60
							400m:	5:04.99	38.04
41.	MALINOWSKA	Maja	11	MUKS Pi tnastrka Bydgoszcz				<b>5:08.03</b>	417
	50m:	34.57	34.57	150m:	1:52.35	39.07	250m:	3:11.90	39.65
	100m:	1:13.28	38.71	200m:	2:32.25	39.90	300m:	3:51.85	39.95
							350m:	4:30.94	39.09
							400m:	5:08.03	37.09
42.	BORCZUCH	Nikola	11	UKS Sokół-Mo cice Tarnów				<b>5:09.01</b>	413
	50m:	34.23	34.23	150m:	1:51.27	39.12	250m:	3:10.73	39.68
	100m:	1:12.15	37.92	200m:	2:31.05	39.78	300m:	3:50.74	40.01
							350m:	4:30.31	39.57
							400m:	5:09.01	38.70
43.	SOŁTYSIAK	Pola	11	MKS TRÓJKA Łód				<b>5:09.55</b>	411
	50m:	35.21	35.21	150m:	1:53.34	39.60	250m:	3:13.26	40.00
	100m:	1:13.74	38.53	200m:	2:33.26	39.92	300m:	3:53.03	39.77
							350m:	4:31.97	38.94
							400m:	5:09.55	37.58
44.	PIOTROWSKA	Julia	11	MKS CKS-SMS Szczecin				<b>5:11.20</b>	405
	50m:	34.88	34.88	150m:	1:54.08	39.75	250m:	3:13.67	39.77
	100m:	1:14.33	39.45	200m:	2:33.90	39.82	300m:	3:53.48	39.81
							350m:	4:32.87	39.39
							400m:	5:11.20	38.33
45.	KOWALCZYK	Helena	11	MKS TRÓJKA Łód				<b>5:13.09</b>	397
	50m:	34.17	34.17	150m:	1:53.13	39.99	250m:	3:13.76	40.76
	100m:	1:13.14	38.97	200m:	2:33.00	39.87	300m:	3:54.09	40.33
							350m:	4:34.03	39.94
							400m:	5:13.09	39.06
46.	GONDZIK	Olga	11	MKS MOS Katowice				<b>5:13.68</b>	395
	50m:	35.59	35.59	150m:	1:53.73	39.71	250m:	3:13.60	40.18
	100m:	1:14.02	38.43	200m:	2:33.42	39.69	300m:	3:53.95	40.35
							350m:	4:34.61	40.66
							400m:	5:13.68	39.07
47.	LE NIOWSKA	Małgorzata	11	Stow. OLIMPIJCZYK Kraków				<b>5:14.16</b>	393
	50m:	34.37	34.37	150m:	1:52.94	39.97	250m:	3:13.45	39.91
	100m:	1:12.97	38.60	200m:	2:33.54	40.60	300m:	3:53.89	40.44
							350m:	4:34.20	40.31
							400m:	5:14.16	39.96
48.	OLEKSIUK	Natalia	11	KU AZS UMCS Lublin				<b>5:15.02</b>	390
	50m:	34.33	34.33	150m:	1:52.91	39.78	250m:	3:13.84	40.54
	100m:	1:13.13	38.80	200m:	2:33.30	40.39	300m:	3:54.39	40.55
							350m:	4:35.13	40.74
							400m:	5:15.02	39.89
49.	GAWŁOWSKA	Julia	11	Stow. Hobby Sport				<b>5:15.38</b>	389
	50m:	34.78	34.78	150m:	1:53.52	39.88	250m:	3:15.24	40.82
	100m:	1:13.64	38.86	200m:	2:34.42	40.90	300m:	3:56.10	40.86
							350m:	4:36.87	40.77
							400m:	5:15.38	38.51
50.	WÓJTOWICZ	Lena	11	KU AZS UMCS Lublin				<b>5:18.89</b>	376
	50m:	36.25	36.25	150m:	1:55.11	39.85	250m:	3:16.51	41.05
	100m:	1:15.26	39.01	200m:	2:35.46	40.35	300m:	3:57.72	41.21
							350m:	4:38.62	40.90
							400m:	5:18.89	40.27

Zimowe Mistrzostwa Polski Juniorów Młodszych 14-lat  
Łód , 19-21.12.2025

## Konkurencja 17, Dziewcz t, 400m dowolny, Eliminacje, 14 lat

Pozycja			Rok ur.					Czas	Pkt.
51.	SZYBISTY Karolina		11	KP SOKÓŁ Rzeszów				<b>5:21.07</b>	368
	50m: 34.87	34.87	150m: 1:54.62	41.16	250m: 3:16.41	41.29	350m: 4:40.46	41.90	
	100m: 1:13.46	38.59	200m: 2:35.12	40.50	300m: 3:58.56	42.15	400m: 5:21.07	40.61	
52.	TUŁAJ Aleksandra		11	UKS Manta Kochłowice Ruda l ska				<b>5:21.49</b>	367
	50m: 35.46	35.46	150m: 1:56.50	41.15	250m: 3:18.34	41.60	350m: 4:41.41	41.70	
	100m: 1:15.35	39.89	200m: 2:36.74	40.24	300m: 3:59.71	41.37	400m: 5:21.49	40.08	
53.	KALINOWSKA Agata		11	UKS Siódemka Brodnica				<b>5:22.21</b>	364
	50m: 34.71	34.71	150m: 1:56.20	41.71	250m: 3:19.04	41.30	350m: 4:44.70	42.43	
	100m: 1:14.49	39.78	200m: 2:37.74	41.54	300m: 4:02.27	43.23	400m: 5:22.21	37.51	
54.	JURKIEWICZ Alicja		11	UKS Ruch Grudzi dz				<b>5:22.98</b>	362
	50m: 34.85	34.85	150m: 1:54.03	40.05	250m: 3:16.95	41.89	350m: 4:42.06	43.05	
	100m: 1:13.98	39.13	200m: 2:35.06	41.03	300m: 3:59.01	42.06	400m: 5:22.98	40.92	
55.	J DRO Zuzanna		11	MKS JUVENIA Wrocław				<b>5:23.98</b>	358
	50m: 35.65	35.65	150m: 1:56.31	41.33	250m: 3:19.79	41.89	350m: 4:43.28	41.97	
	100m: 1:14.98	39.33	200m: 2:37.90	41.59	300m: 4:01.31	41.52	400m: 5:23.98	40.70	
56.	GNIADA Zuzanna		11	KP Płetwal Mława				<b>5:29.96</b>	339
	50m: 35.84	35.84	150m: 1:57.61	41.61	250m: 3:23.27	43.10	350m: 4:49.83	43.29	
	100m: 1:16.00	40.16	200m: 2:40.17	42.56	300m: 4:06.54	43.27	400m: 5:29.96	40.13	
57.	G SKA Małgorzata		11	Toru ski MKS CHAMPIONS				<b>5:30.43</b>	338
	50m: 36.05	36.05	150m: 1:57.56	41.84	250m: 3:23.28	43.10	350m: 4:50.62	43.46	
	100m: 1:15.72	39.67	200m: 2:40.18	42.62	300m: 4:07.16	43.88	400m: 5:30.43	39.81	
58.	WYSOK Amelia		11	UKS Szkoła Pływania 23 Lublin				<b>5:32.11</b>	333
	50m: 36.12	36.12	150m: 1:59.27	42.43	250m: 3:25.99	43.40	350m: 4:52.10	42.77	
	100m: 1:16.84	40.72	200m: 2:42.59	43.32	300m: 4:09.33	43.34	400m: 5:32.11	40.01	
59.	TRUBIC Wiktoria		11	UKS Manta Kochłowice Ruda l ska				<b>5:32.96</b>	330
	50m: 35.87	35.87	150m: 2:00.83	43.02	250m: 3:27.05	43.29	350m: 4:52.39	42.81	
	100m: 1:17.81	41.94	200m: 2:43.76	42.93	300m: 4:09.58	42.53	400m: 5:32.96	40.57	
60.	PIERZY SKA Antonina		11	St. S. Nautilus Brzeziny				<b>5:34.67</b>	325
	50m: 34.80	34.80	150m: 1:57.78	42.65	250m: 3:27.96	45.22	350m: 4:54.66	42.57	
	100m: 1:15.13	40.33	200m: 2:42.74	44.96	300m: 4:12.09	44.13	400m: 5:34.67	40.01	
61.	MICHAŁOWSKA Lena		11	KU AZS UMCS Lublin				<b>5:35.44</b>	323
	50m: 35.98	35.98	150m: 2:01.25	43.82	250m: 3:28.70	43.64	350m: 4:54.95	42.89	
	100m: 1:17.43	41.45	200m: 2:45.06	43.81	300m: 4:12.06	43.36	400m: 5:35.44	40.49	
62.	B K Magda		11	UKS Salmo o ry				<b>5:40.91</b>	308
	50m: 35.82	35.82	150m: 2:02.19	44.72	250m: 3:30.60	44.57	350m: 4:59.14	44.31	
	100m: 1:17.47	41.65	200m: 2:46.03	43.84	300m: 4:14.83	44.23	400m: 5:40.91	41.77	
63.	FILA Marika		11	KS PRESTIGE Rzeszów				<b>5:50.20</b>	284
	50m: 37.89	37.89	150m: 2:06.60	45.27	250m: 3:38.65	46.13	350m: 5:08.12	43.68	
	100m: 1:21.33	43.44	200m: 2:52.52	45.92	300m: 4:24.44	45.79	400m: 5:50.20	42.08	
64.	BIERZANOWSKA Kornelia		11	UKS Ostrobramska				<b>6:20.10</b>	222
	50m: 40.56	40.56	150m: 2:12.69	47.69	250m: 3:52.53	50.49	350m: 5:33.56	50.50	
	100m: 1:25.00	44.44	200m: 3:02.04	49.35	300m: 4:43.06	50.53	400m: 6:20.10	46.54	