

Letnie Parapływackie Mistrzostwa Polski Juniorów 2026  
Warszawa, 9-10.05.2026

Konkurencja 8  
2026-05-09 - 12:08

Chłopców, 400m dowolny

18 lat i młodszy  
Wyniki

Punkty: WPSY 2026

Pozycja			Rok ur.					Czas	Pkt.	
<b>Juniorzy młodszy</b>										
1.	SUKIENNIK Aleksander		15	LKS Gol-Start Cz stochowa				<b>6:55.74</b>	80	S10
	50m:	47.08 47.08	150m:	2:34.47	54.03	250m:	4:21.78	53.45	350m:	6:06.85 52.18
	100m:	1:40.44 53.36	200m:	3:28.33	53.86	300m:	5:14.67	52.89	400m:	6:55.74 48.89
<b>Juniorzy</b>										
1.	GŁADECKI Aleks		11	UKS SP 149 Łódź				<b>5:01.20</b>	1048	S8
	50m:	34.09 34.09	150m:	1:49.60	38.23	250m:	3:06.87	37.98	350m:	4:24.26 38.30
	100m:	1:11.37 37.28	200m:	2:28.89	39.29	300m:	3:45.96	39.09	400m:	5:01.20 36.94
2.	ŁATA Krystian		11	START Tamów				<b>5:24.56</b>	926	S8
	50m:	35.75 35.75	150m:	1:57.66	41.39	250m:	3:21.32	41.66	350m:	4:44.54 41.09
	100m:	1:16.27 40.52	200m:	2:39.66	42.00	300m:	4:03.45	42.13	400m:	5:24.56 40.02
3.	BUŁAT Bartosz		12	KS Korona 1919				<b>5:39.11</b>	828	S8
	50m:	37.46 37.46	150m:	2:01.91	42.71	250m:	3:28.87	43.70	350m:	4:56.95 44.18
	100m:	1:19.20 41.74	200m:	2:45.17	43.26	300m:	4:12.77	43.90	400m:	5:39.11 42.16
4.	DONOCIK Mateusz		12	LKS Gol-Start Cz stochowa				<b>5:38.52</b>	606	S10
	50m:	38.77 38.77	150m:	2:05.19	44.06	250m:	3:32.34	42.89	350m:	4:58.68 41.89
	100m:	1:21.13 42.36	200m:	2:49.45	44.26	300m:	4:16.79	44.45	400m:	5:38.52 39.84
5.	WIRKO Dawid		11	ZSR START Zielona Góra				<b>6:14.55</b>	318	S12
	50m:	36.82 36.82	150m:	2:09.02	47.92	250m:	3:48.99	50.69	350m:	5:29.75 50.54
	100m:	1:21.10 44.28	200m:	2:58.30	49.28	300m:	4:39.21	50.22	400m:	6:14.55 44.80
6.	WIKTOR Mateusz		11	ZSR START Zielona Góra				<b>7:16.27</b>	270	S7
	50m:	48.56 48.56	150m:	2:37.64	54.82	250m:	4:29.22	56.31	350m:	6:22.58 57.03
	100m:	1:42.82 54.26	200m:	3:32.91	55.27	300m:	5:25.55	56.33	400m:	7:16.27 53.69
7.	FR CALA Jakub		13	WSSiRN START				<b>6:42.42</b>	216	S9
	50m:	45.18 45.18	150m:	2:28.30	51.60	250m:	4:11.51	51.38	350m:	5:53.94 51.50
	100m:	1:36.70 51.52	200m:	3:20.13	51.83	300m:	5:02.44	50.93	400m:	6:42.42 48.48
8.	CICHO Paweł		13	KS START Opole				<b>7:40.81</b>	24	S14
	50m:	49.67 49.67	150m:	2:49.36	1:00.65	250m:	4:51.52	1:00.10	350m:	6:49.06 56.98
	100m:	1:48.71 59.04	200m:	3:51.42	1:02.06	300m:	5:52.08	1:00.56	400m:	7:40.81 51.75
9.	BAZAK Adrian		13	IPSON START Mielec				<b>8:27.25</b>	1	S14
	50m:	54.36 54.36	150m:	3:08.18	1:08.14	250m:	5:18.29	1:04.75	350m:	7:28.50 1:03.10
	100m:	2:00.04 1:05.68	200m:	4:13.54	1:05.36	300m:	6:25.40	1:07.11	400m:	8:27.25 58.75
<b>Juniorzy starszy</b>										
1.	KOZŁOWSKI Alex		08	UKS Laski Izabelin				<b>4:57.33</b>	1090	S11
	50m:	32.73 32.73	150m:	1:46.69	37.57	250m:	3:03.53	38.79	350m:	4:20.56 38.53
	100m:	1:09.12 36.39	200m:	2:24.74	38.05	300m:	3:42.03	38.50	400m:	4:57.33 36.77
2.	CYMBALISTA Szymon		09	START Wrocław				<b>4:53.50</b>	1028	S9
	50m:	33.02 33.02	150m:	1:46.45	37.27	250m:	3:02.07	37.57	350m:	4:17.52 37.85
	100m:	1:09.18 36.16	200m:	2:24.50	38.05	300m:	3:39.67	37.60	400m:	4:53.50 35.98
3.	AUGUSTYN Aleks		09	IPSON START Mielec				<b>6:28.02</b>	207	S10
	50m:	40.52 40.52	150m:	2:17.55	49.23	250m:	3:59.49	51.23	350m:	5:41.67 50.76
	100m:	1:28.32 47.80	200m:	3:08.26	50.71	300m:	4:50.91	51.42	400m:	6:28.02 46.35