



PGE Grand Prix Puchar Polski 4. Memoriał Zbigniewa Pacelta i Jana Wiederka  
Ostrowiec wi tokrzyski, 12-14.06.2026

Konkurencja 3

Kobiet, 400m zmienny

14 lat i starsi

2026-06-12 - 17:03

Wyniki

Rekord Polski Open 4:36.95 BARANOWSKA Katarzyna 00116 Beijing (CHN) 2008-08-09

Min. kwal. ME Juniorów Monachium 14 - 16: 4:56.86; 17 - 18: 4:53.92 / Min. kwal. ME Seniorów Pary (Min A) Open: 4:45.89 /

Min. kwal. ME Seniorów Pary (Min B) - 19: 4:48.72

Punkty: AQUA 2026

Pozycja	Rok ur.	Czas	Pkt.
<b>OPEN</b>			
1. LE NIEWSKA Barbara	10	<b>4:48.16</b>	765
<i>Minimum kwal. B na ME Seniorów Pary</i>			
50m: 30.29 30.29	150m: 1:41.82 36.24	250m: 2:58.65 41.52	350m: 4:14.73 33.99
100m: 1:05.58 35.29	200m: 2:17.13 35.31	300m: 3:40.74 42.09	400m: 4:48.16 33.43
2. BOBROVSKA Alina	08	<b>4:59.24</b>	683
50m: 31.10 31.10	150m: 1:45.74 38.96	250m: 3:07.42 43.72	350m: 4:25.07 33.94
100m: 1:06.78 35.68	200m: 2:23.70 37.96	300m: 3:51.13 43.71	400m: 4:59.24 34.17
3. HERBREder Gabriela	03	<b>5:03.02</b>	658
50m: 31.51 31.51	150m: 1:48.89 40.74	250m: 3:10.99 42.30	350m: 4:27.48 35.10
100m: 1:08.15 36.64	200m: 2:28.69 39.80	300m: 3:52.38 41.39	400m: 5:03.02 35.54
4. BRZOZOWSKA Julia	08	<b>5:08.48</b>	624
50m: 32.63 32.63	150m: 1:48.47 38.94	250m: 3:12.47 45.19	350m: 4:33.45 35.75
100m: 1:09.53 36.90	200m: 2:27.28 38.81	300m: 3:57.70 45.23	400m: 5:08.48 35.03
5. KACER Maria	12	<b>5:09.03</b>	620
50m: 31.45 31.45	150m: 1:48.26 41.14	250m: 3:14.17 45.26	350m: 4:35.19 35.03
100m: 1:07.12 35.67	200m: 2:28.91 40.65	300m: 4:00.16 45.99	400m: 5:09.03 33.84
6. KONDRASIUK Zofia	08	<b>5:14.37</b>	589
50m: 33.77 33.77	150m: 1:51.45 39.36	250m: 3:16.22 45.90	350m: 4:39.36 34.96
100m: 1:12.09 38.32	200m: 2:30.32 38.87	300m: 4:04.40 48.18	400m: 5:14.37 35.01
7. MILANCEJ El bieta	09	<b>5:14.82</b>	587
50m: 31.67 31.67	150m: 1:50.83 41.71	250m: 3:14.86 43.58	350m: 4:37.96 38.15
100m: 1:09.12 37.45	200m: 2:31.28 40.45	300m: 3:59.81 44.95	400m: 5:14.82 36.86
8. MAJ Zuzanna	11	<b>5:17.17</b>	574
50m: 33.81 33.81	150m: 1:54.27 41.47	250m: 3:20.15 45.02	350m: 4:42.35 37.20
100m: 1:12.80 38.99	200m: 2:35.13 40.86	300m: 4:05.15 45.00	400m: 5:17.17 34.82
9. SOBÓTKA Oliwia	10	<b>5:17.36</b>	573
50m: 34.19 34.19	150m: 1:55.72 40.66	250m: 3:20.99 46.05	350m: 4:43.06 35.18
100m: 1:15.06 40.87	200m: 2:34.94 39.22	300m: 4:07.88 46.89	400m: 5:17.36 34.30
10. KULKA Milena	11	<b>5:18.19</b>	568
50m: 33.12 33.12	150m: 1:52.70 41.59	250m: 3:20.17 45.64	350m: 4:42.48 37.06
100m: 1:11.11 37.99	200m: 2:34.53 41.83	300m: 4:05.42 45.25	400m: 5:18.19 35.71
11. NOWACKA Emilia	10	<b>5:21.85</b>	549
50m: 33.39 33.39	150m: 1:54.68 42.61	250m: 3:20.43 44.64	350m: 4:45.06 39.47
100m: 1:12.07 38.68	200m: 2:35.79 41.11	300m: 4:05.59 45.16	400m: 5:21.85 36.79
12. W S Amelia	12	<b>5:22.49</b>	546
50m: 33.39 33.39	150m: 1:54.57 42.00	250m: 3:20.84 44.81	350m: 4:44.41 38.51
100m: 1:12.57 39.18	200m: 2:36.03 41.46	300m: 4:05.90 45.06	400m: 5:22.49 38.08
13. KUCZMAR Aleksandra	09	<b>5:22.84</b>	544
50m: 33.42 33.42	150m: 1:55.65 41.86	250m: 3:22.88 46.31	350m: 4:46.63 36.45
100m: 1:13.79 40.37	200m: 2:36.57 40.92	300m: 4:10.18 47.30	400m: 5:22.84 36.21
14. BANIAK Pola	09	<b>5:28.45</b>	517
50m: 34.66 34.66	150m: 2:00.44 44.36	250m: 3:27.74 43.91	350m: 4:51.61 38.40
100m: 1:16.08 41.42	200m: 2:43.83 43.39	300m: 4:13.21 45.47	400m: 5:28.45 36.84





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## Konkurencja 3, Kobiet, 400m zmienny, OPEN

Pozycja	Rok ur.	Czas	Pkt.
15. ROZWADOWSKA Karolina	09	<b>5:29.51</b>	512
50m: 34.89 34.89 150m: 2:01.04 44.55 250m: 3:29.16 44.41 350m: 4:54.15 38.94	MKS Trójka Łód	400m: 5:29.51 35.36	
100m: 1:16.49 41.60 200m: 2:44.75 43.71 300m: 4:15.21 46.05			
16. KIERO SKA Maryla	11	<b>5:29.63</b>	511
50m: 35.01 35.01 150m: 1:56.00 42.38 250m: 3:26.08 47.18 350m: 4:53.36 38.87	KU AZS UMCS Lublin	400m: 5:29.63 36.27	
100m: 1:13.62 38.61 200m: 2:38.90 42.90 300m: 4:14.49 48.41			
17. ŁYSIUK Karina	11	<b>5:29.93</b>	510
50m: 34.02 34.02 150m: 1:56.89 42.16 250m: 3:25.03 46.55 350m: 4:52.09 39.18	UKS GIM 92 Ursynów	400m: 5:29.93 37.84	
100m: 1:14.73 40.71 200m: 2:38.48 41.59 300m: 4:12.91 47.88			
18. SIATKOWSKA Pola	12	<b>5:30.40</b>	508
50m: 34.56 34.56 150m: 2:01.53 44.43 250m: 3:29.26 46.31 350m: 4:53.47 38.50	MUKP MOSiR Orka Kielce	400m: 5:30.40 36.93	
100m: 1:17.10 42.54 200m: 2:42.95 41.42 300m: 4:14.97 45.71			
19. KLAJMON Karolina	10	<b>5:32.04</b>	500
50m: 33.31 33.31 150m: 1:56.30 43.56 250m: 3:27.34 48.35 350m: 4:54.43 39.48	UKS SMS Galicja Kraków	400m: 5:32.04 37.61	
100m: 1:12.74 39.43 200m: 2:38.99 42.69 300m: 4:14.95 47.61			
20. SKUBIS Weronika	12	<b>5:39.94</b>	466
50m: 33.56 33.56 150m: 2:02.72 45.34 250m: 3:32.55 46.27 350m: 5:01.81 41.77	UKS Omega Olkusz	400m: 5:39.94 38.13	
100m: 1:17.38 43.82 200m: 2:46.28 43.56 300m: 4:20.04 47.49			
21. GUBAŁA Justyna	09	<b>5:45.38</b>	444
50m: 34.26 34.26 150m: 1:58.37 41.66 250m: 3:32.21 52.33 350m: 5:04.58 40.58	Stow. Solne Miasto Wieliczka	400m: 5:45.38 40.80	
100m: 1:16.71 42.45 200m: 2:39.88 41.51 300m: 4:24.00 51.79			
DYSKW. SULAK Antonina	06		
AZS AWF Katowice			
<i>Z3 - Pływak uko czył poszczególne odcinki niezgodnie z przepisami o zakoczeniu wy cigu w danym stylu., G8</i>			

## 18 lat i młodzi

1. LE NIEWSKA Barbara	10	<b>4:48.16</b>	765
<i>Minimum kwal. B na ME Seniorów Pary</i>			
50m: 30.29 30.29 150m: 1:41.82 36.24 250m: 2:58.65 41.52 350m: 4:14.73 33.99	UKS GIM 92 Ursynów	400m: 4:48.16 33.43	
100m: 1:05.58 35.29 200m: 2:17.13 35.31 300m: 3:40.74 42.09			
2. BOBROVSKA Alina	08	<b>4:59.24</b>	683
50m: 31.10 31.10 150m: 1:45.74 38.96 250m: 3:07.42 43.72 350m: 4:25.07 33.94	KS KSZO Ostrowiec w.	400m: 4:59.24 34.17	
100m: 1:06.78 35.68 200m: 2:23.70 37.96 300m: 3:51.13 43.71			
3. BRZOZOWSKA Julia	08	<b>5:08.48</b>	624
50m: 32.63 32.63 150m: 1:48.47 38.94 250m: 3:12.47 45.19 350m: 4:33.45 35.75	KU AZS UMCS Lublin	400m: 5:08.48 35.03	
100m: 1:09.53 36.90 200m: 2:27.28 38.81 300m: 3:57.70 45.23			
4. KACER Maria	12	<b>5:09.03</b>	620
50m: 31.45 31.45 150m: 1:48.26 41.14 250m: 3:14.17 45.26 350m: 4:35.19 35.03	BOSiR Brzesko	400m: 5:09.03 33.84	
100m: 1:07.12 35.67 200m: 2:28.91 40.65 300m: 4:00.16 45.99			
5. KONDRASIUK Zofia	08	<b>5:14.37</b>	589
50m: 33.77 33.77 150m: 1:51.45 39.36 250m: 3:16.22 45.90 350m: 4:39.36 34.96	UKS GIM 92 Ursynów	400m: 5:14.37 35.01	
100m: 1:12.09 38.32 200m: 2:30.32 38.87 300m: 4:04.40 48.18			
6. MILANCEJ El bieta	09	<b>5:14.82</b>	587
50m: 31.67 31.67 150m: 1:50.83 41.71 250m: 3:14.86 43.58 350m: 4:37.96 38.15	UKP Polonia Warszawa	400m: 5:14.82 36.86	
100m: 1:09.12 37.45 200m: 2:31.28 40.45 300m: 3:59.81 44.95			
7. MAJ Zuzanna	11	<b>5:17.17</b>	574
50m: 33.81 33.81 150m: 1:54.27 41.47 250m: 3:20.15 45.02 350m: 4:42.35 37.20	KS KSZO Ostrowiec w.	400m: 5:17.17 34.82	
100m: 1:12.80 38.99 200m: 2:35.13 40.86 300m: 4:05.15 45.00			
8. SOBÓTKA Oliwia	10	<b>5:17.36</b>	573
50m: 34.19 34.19 150m: 1:55.72 40.66 250m: 3:20.99 46.05 350m: 4:43.06 35.18	UKP Polonia Warszawa	400m: 5:17.36 34.30	
100m: 1:15.06 40.87 200m: 2:34.94 39.22 300m: 4:07.88 46.89			





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## Konkurencja 3, Dziewcz t, 400m zmienny, 18 lat i młodszy

Pozycja				Rok ur.					Czas	Pkt.		
9.	KULKA Milena			11	CSiR MOS w D browie Górniczej				<b>5:18.19</b>	568		
	50m:	33.12	33.12	150m:	1:52.70	41.59	250m:	3:20.17	45.64	350m:	4:42.48	37.06
	100m:	1:11.11	37.99	200m:	2:34.53	41.83	300m:	4:05.42	45.25	400m:	5:18.19	35.71
10.	NOWACKA Emilia			10	UKS SMS Galicja Kraków				<b>5:21.85</b>	549		
	50m:	33.39	33.39	150m:	1:54.68	42.61	250m:	3:20.43	44.64	350m:	4:45.06	39.47
	100m:	1:12.07	38.68	200m:	2:35.79	41.11	300m:	4:05.59	45.16	400m:	5:21.85	36.79
11.	W S Amelia			12	Stow. Olimpijczyk Proszówki				<b>5:22.49</b>	546		
	50m:	33.39	33.39	150m:	1:54.57	42.00	250m:	3:20.84	44.81	350m:	4:44.41	38.51
	100m:	1:12.57	39.18	200m:	2:36.03	41.46	300m:	4:05.90	45.06	400m:	5:22.49	38.08
12.	KUCZMAR Aleksandra			09	UKP Polonia Warszawa				<b>5:22.84</b>	544		
	50m:	33.42	33.42	150m:	1:55.65	41.86	250m:	3:22.88	46.31	350m:	4:46.63	36.45
	100m:	1:13.79	40.37	200m:	2:36.57	40.92	300m:	4:10.18	47.30	400m:	5:22.84	36.21
13.	BANIAK Pola			09	BOSiR Brzesko				<b>5:28.45</b>	517		
	50m:	34.66	34.66	150m:	2:00.44	44.36	250m:	3:27.74	43.91	350m:	4:51.61	38.40
	100m:	1:16.08	41.42	200m:	2:43.83	43.39	300m:	4:13.21	45.47	400m:	5:28.45	36.84
14.	ROZWADOWSKA Karolina			09	MKS Trójka Łódź				<b>5:29.51</b>	512		
	50m:	34.89	34.89	150m:	2:01.04	44.55	250m:	3:29.16	44.41	350m:	4:54.15	38.94
	100m:	1:16.49	41.60	200m:	2:44.75	43.71	300m:	4:15.21	46.05	400m:	5:29.51	35.36
15.	KIERO SKA Maryla			11	KU AZS UMCS Lublin				<b>5:29.63</b>	511		
	50m:	35.01	35.01	150m:	1:56.00	42.38	250m:	3:26.08	47.18	350m:	4:53.36	38.87
	100m:	1:13.62	38.61	200m:	2:38.90	42.90	300m:	4:14.49	48.41	400m:	5:29.63	36.27
16.	ŁYSIUŁ Karina			11	UKS GIM 92 Ursynów				<b>5:29.93</b>	510		
	50m:	34.02	34.02	150m:	1:56.89	42.16	250m:	3:25.03	46.55	350m:	4:52.09	39.18
	100m:	1:14.73	40.71	200m:	2:38.48	41.59	300m:	4:12.91	47.88	400m:	5:29.93	37.84
17.	SIATKOWSKA Pola			12	MUKP MOSiR Orka Kielce				<b>5:30.40</b>	508		
	50m:	34.56	34.56	150m:	2:01.53	44.43	250m:	3:29.26	46.31	350m:	4:53.47	38.50
	100m:	1:17.10	42.54	200m:	2:42.95	41.42	300m:	4:14.97	45.71	400m:	5:30.40	36.93
18.	KLAJMON Karolina			10	UKS SMS Galicja Kraków				<b>5:32.04</b>	500		
	50m:	33.31	33.31	150m:	1:56.30	43.56	250m:	3:27.34	48.35	350m:	4:54.43	39.48
	100m:	1:12.74	39.43	200m:	2:38.99	42.69	300m:	4:14.95	47.61	400m:	5:32.04	37.61
19.	SKUBIS Weronika			12	UKS Omega Olkusz				<b>5:39.94</b>	466		
	50m:	33.56	33.56	150m:	2:02.72	45.34	250m:	3:32.55	46.27	350m:	5:01.81	41.77
	100m:	1:17.38	43.82	200m:	2:46.28	43.56	300m:	4:20.04	47.49	400m:	5:39.94	38.13
20.	GUBAŁA Justyna			09	Stow. Solne Miasto Wieliczka				<b>5:45.38</b>	444		
	50m:	34.26	34.26	150m:	1:58.37	41.66	250m:	3:32.21	52.33	350m:	5:04.58	40.58
	100m:	1:16.71	42.45	200m:	2:39.88	41.51	300m:	4:24.00	51.79	400m:	5:45.38	40.80

## Kategoria Memoriałowa Z. Pacelta (Junior mł.)

1.	LE NIEWSKA Barbara			10	UKS GIM 92 Ursynów				<b>4:48.16</b>	765		
	<i>Minimum kwal. B na ME Seniorów Pary</i>											
	50m:	30.29	30.29	150m:	1:41.82	36.24	250m:	2:58.65	41.52	350m:	4:14.73	33.99
	100m:	1:05.58	35.29	200m:	2:17.13	35.31	300m:	3:40.74	42.09	400m:	4:48.16	33.43
2.	KACER Maria			12	BOSiR Brzesko				<b>5:09.03</b>	620		
	50m:	31.45	31.45	150m:	1:48.26	41.14	250m:	3:14.17	45.26	350m:	4:35.19	35.03
	100m:	1:07.12	35.67	200m:	2:28.91	40.65	300m:	4:00.16	45.99	400m:	5:09.03	33.84
3.	MAJ Zuzanna			11	KS KSZO Ostrowiec w.				<b>5:17.17</b>	574		
	50m:	33.81	33.81	150m:	1:54.27	41.47	250m:	3:20.15	45.02	350m:	4:42.35	37.20
	100m:	1:12.80	38.99	200m:	2:35.13	40.86	300m:	4:05.15	45.00	400m:	5:17.17	34.82
4.	SOBÓTKA Oliwia			10	UKP Polonia Warszawa				<b>5:17.36</b>	573		
	50m:	34.19	34.19	150m:	1:55.72	40.66	250m:	3:20.99	46.05	350m:	4:43.06	35.18
	100m:	1:15.06	40.87	200m:	2:34.94	39.22	300m:	4:07.88	46.89	400m:	5:17.36	34.30





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Ostrowiec wi tokrzyski, 12-14.06.2026

## Konkurencja 3, Dziewcz t, 400m zmienny, Kategoria Memoriałowa Z. Pacelta (Junior mł.)

Pozycja				Rok ur.					Czas	Pkt.		
5.	KULKA Milena			11	CSiR MOS w D browie Górniczej				<b>5:18.19</b>	568		
	50m:	33.12	33.12	150m:	1:52.70	41.59	250m:	3:20.17	45.64	350m:	4:42.48	37.06
	100m:	1:11.11	37.99	200m:	2:34.53	41.83	300m:	4:05.42	45.25	400m:	5:18.19	35.71
6.	NOWACKA Emilia			10	UKS SMS Galicja Kraków				<b>5:21.85</b>	549		
	50m:	33.39	33.39	150m:	1:54.68	42.61	250m:	3:20.43	44.64	350m:	4:45.06	39.47
	100m:	1:12.07	38.68	200m:	2:35.79	41.11	300m:	4:05.59	45.16	400m:	5:21.85	36.79
7.	W S Amelia			12	Stow. Olimpijczyk Proszówki				<b>5:22.49</b>	546		
	50m:	33.39	33.39	150m:	1:54.57	42.00	250m:	3:20.84	44.81	350m:	4:44.41	38.51
	100m:	1:12.57	39.18	200m:	2:36.03	41.46	300m:	4:05.90	45.06	400m:	5:22.49	38.08
8.	KIERO SKA Maryla			11	KU AZS UMCS Lublin				<b>5:29.63</b>	511		
	50m:	35.01	35.01	150m:	1:56.00	42.38	250m:	3:26.08	47.18	350m:	4:53.36	38.87
	100m:	1:13.62	38.61	200m:	2:38.90	42.90	300m:	4:14.49	48.41	400m:	5:29.63	36.27
9.	ŁYSIUK Karina			11	UKS GIM 92 Ursynów				<b>5:29.93</b>	510		
	50m:	34.02	34.02	150m:	1:56.89	42.16	250m:	3:25.03	46.55	350m:	4:52.09	39.18
	100m:	1:14.73	40.71	200m:	2:38.48	41.59	300m:	4:12.91	47.88	400m:	5:29.93	37.84
10.	SIATKOWSKA Pola			12	MUKP MOSiR Orka Kielce				<b>5:30.40</b>	508		
	50m:	34.56	34.56	150m:	2:01.53	44.43	250m:	3:29.26	46.31	350m:	4:53.47	38.50
	100m:	1:17.10	42.54	200m:	2:42.95	41.42	300m:	4:14.97	45.71	400m:	5:30.40	36.93
11.	KLAJMON Karolina			10	UKS SMS Galicja Kraków				<b>5:32.04</b>	500		
	50m:	33.31	33.31	150m:	1:56.30	43.56	250m:	3:27.34	48.35	350m:	4:54.43	39.48
	100m:	1:12.74	39.43	200m:	2:38.99	42.69	300m:	4:14.95	47.61	400m:	5:32.04	37.61
12.	SKUBIS Weronika			12	UKS Omega Olkusz				<b>5:39.94</b>	466		
	50m:	33.56	33.56	150m:	2:02.72	45.34	250m:	3:32.55	46.27	350m:	5:01.81	41.77
	100m:	1:17.38	43.82	200m:	2:46.28	43.56	300m:	4:20.04	47.49	400m:	5:39.94	38.13

