



Liga Szkół Mistrzostwa Sportowego Runda I  
Kraków, 20. - 21.10.2023



Konkurencja 11  
20.10.2023 - 17:06

Kobiet, 400m zmienny

14 lat i starsi  
Wyniki

Punkty: FINA 2023

Pozycja	Rok	ur.	Czas	Pkt.	Dru .
1. Gli ska Oliwia	07	SMS Zielona Góra	<b>4:52.56</b>	693	29,00
50m: 32.10 32.10	150m: 1:43.92 35.66	250m: 3:01.37 42.24	350m: 4:18.39 34.09		
100m: 1:08.26 36.16	200m: 2:19.13 35.21	300m: 3:44.30 42.93	400m: 4:52.56 34.17		
2. Przybylska Oliwia	07	SMS Lublin	<b>4:55.27</b>	674	27,00
50m: 31.46 31.46	150m: 1:43.63 36.07	250m: 3:01.63 41.94	350m: 4:20.02 35.88		
100m: 1:07.56 36.10	200m: 2:19.69 36.06	300m: 3:44.14 42.51	400m: 4:55.27 35.25		
3. Lechowska Magdalena	06	SMS O wi cim	<b>4:57.97</b>	656	26,00
50m: 31.42 31.42	150m: 1:45.32 38.11	250m: 3:05.26 42.12	350m: 4:23.66 35.75		
100m: 1:07.21 35.79	200m: 2:23.14 37.82	300m: 3:47.91 42.65	400m: 4:57.97 34.31		
4. Juda Aleksandra	06	SMS O wi cim	<b>4:58.44</b>	653	25,00
50m: 31.59 31.59	150m: 1:45.90 39.04	250m: 3:07.04 42.51	350m: 4:25.66 35.80		
100m: 1:06.86 35.27	200m: 2:24.53 38.63	300m: 3:49.86 42.82	400m: 4:58.44 32.78		
5. Jach Tamara	06	SMS Wrocław	<b>5:02.07</b>	629	24,00
50m: 32.30 32.30	150m: 1:48.81 38.01	250m: 3:09.51 42.55	350m: 4:28.05 35.23		
100m: 1:10.80 38.50	200m: 2:26.96 38.15	300m: 3:52.82 43.31	400m: 5:02.07 34.02		
6. Brzozowska Julia	08	SMS Lublin	<b>5:04.77</b>	613	23,00
50m: 34.00 34.00	150m: 1:48.76 36.54	250m: 3:08.68 43.10	350m: 4:29.72 36.21		
100m: 1:12.22 38.22	200m: 2:25.58 36.82	300m: 3:53.51 44.83	400m: 5:04.77 35.05		
7. Kondrasiuk Zofia	08	SMS Szczecin	<b>5:06.02</b>	605	22,00
50m: 33.77 33.77	150m: 1:50.58 37.79	250m: 3:11.75 44.02	350m: 4:32.71 35.62		
100m: 1:12.79 39.02	200m: 2:27.73 37.15	300m: 3:57.09 45.34	400m: 5:06.02 33.31		
8. B tkowska Zuzanna	06	SMS Kraków	<b>5:07.40</b>	597	21,00
50m: 31.96 31.96	150m: 1:48.42 39.74	250m: 3:10.83 43.72	350m: 4:32.08 36.77		
100m: 1:08.68 36.72	200m: 2:27.11 38.69	300m: 3:55.31 44.48	400m: 5:07.40 35.32		
9. Kuczmar Aleksandra	09	SMS Warszawa Konwiktorska	<b>5:08.02</b>	594	20,00
50m: 32.21 32.21	150m: 1:49.20 38.54	250m: 3:12.26 44.99	350m: 4:34.11 35.40		
100m: 1:10.66 38.45	200m: 2:27.27 38.07	300m: 3:58.71 46.45	400m: 5:08.02 33.91		
10. Kijewska Wiktoria	08	SMS Warszawa Konwiktorska	<b>5:09.45</b>	585	19,00
50m: 32.40 32.40	150m: 1:49.63 39.84	250m: 3:13.36 43.53	350m: 4:34.49 36.65		
100m: 1:09.79 37.39	200m: 2:29.83 40.20	300m: 3:57.84 44.48	400m: 5:09.45 34.96		
11. Skrzypczak Natalia	07	SMS Racibórz	<b>5:10.46</b>	580	18,00
50m: 33.82 33.82	150m: 1:51.20 39.96	250m: 3:14.20 44.20	350m: 4:34.53 37.10		
100m: 1:11.24 37.42	200m: 2:30.00 38.80	300m: 3:57.43 43.23	400m: 5:10.46 35.93		
12. Skrok Julia	07	SMS Wrocław	<b>5:11.52</b>	574	17,00
50m: 32.25 32.25	150m: 1:52.33 41.11	250m: 3:14.85 42.82	350m: 4:34.82 36.89		
100m: 1:11.22 38.97	200m: 2:32.03 39.70	300m: 3:57.93 43.08	400m: 5:11.52 36.70		
13. Teodorowicz Michalina	07	SMS Kraków	<b>5:12.77</b>	567	16,00
50m: 31.79 31.79	150m: 1:49.81 40.88	250m: 3:15.71 45.67	350m: 4:37.29 35.89		
100m: 1:08.93 37.14	200m: 2:30.04 40.23	300m: 4:01.40 45.69	400m: 5:12.77 35.48		
14. ak Zoya	09	SMS Kraków	<b>5:12.89</b>	566	-
50m: 31.06 31.06	150m: 1:48.14 40.80	250m: 3:13.40 45.37	350m: 4:37.01 36.86		
100m: 1:07.34 36.28	200m: 2:28.03 39.89	300m: 4:00.15 46.75	400m: 5:12.89 35.88		
15. Du ko Julia	07	SMS Ostrowiec w.	<b>5:14.67</b>	557	15,00
50m: 31.53 31.53	150m: 1:49.30 42.18	250m: 3:15.66 45.02	350m: 4:38.54 37.65		
100m: 1:07.12 35.59	200m: 2:30.64 41.34	300m: 4:00.89 45.23	400m: 5:14.67 36.13		
16. Tadko Wiktoria	05	SMS Racibórz	<b>5:16.12</b>	549	14,00
50m: 33.36 33.36	150m: 1:52.91 40.88	250m: 3:18.50 45.65	350m: 4:41.33 36.92		
100m: 1:12.03 38.67	200m: 2:32.85 39.94	300m: 4:04.41 45.91	400m: 5:16.12 34.79		

Obsługa zawodów: SMS SwimArt My lenice

www.swimart.pl

e-mail: zawody@swimart.pl

Splash Meet Manager, 11.77730

Registered to Polish Swimming Federation

20.10.2023 17:45 - Strona 1





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Konkurencja 11, Kobiety, 400m zmienny, 14 lat i starsi

Pozycja	Rok ur.	Czas	Pkt.	Dru .
17. Marciniak Aleksandra	07 SMS Kraków	<b>5:16.59</b>	547	-
50m: 31.53 31.53	150m: 1:49.11 40.53	250m: 3:14.54 44.84	350m: 4:38.51 37.94	
100m: 1:08.58 37.05	200m: 2:29.70 40.59	300m: 4:00.57 46.03	400m: 5:16.59 38.08	
18. Zi ba Anastazja	05 SMS Bydgoszcz	<b>5:18.97</b>	534	13,00
50m: 32.96 32.96	150m: 1:52.64 42.50	250m: 3:18.98 44.72	350m: 4:42.19 38.21	
100m: 1:10.14 37.18	200m: 2:34.26 41.62	300m: 4:03.98 45.00	400m: 5:18.97 36.78	
19. Małolepsza Weronika	07 SMS Szczecin	<b>5:21.95</b>	520	12,00
50m: 35.08 35.08	150m: 1:56.88 41.16	250m: 3:24.00 46.64	350m: 4:47.53 36.12	
100m: 1:15.72 40.64	200m: 2:37.36 40.48	300m: 4:11.41 47.41	400m: 5:21.95 34.42	
20. Jabł ska Natalia	08 SMS Olsztyn	<b>5:22.12</b>	519	11,00
50m: 34.34 34.34	150m: 1:54.78 40.40	250m: 3:20.77 46.62	350m: 4:45.61 37.80	
100m: 1:14.38 40.04	200m: 2:34.15 39.37	300m: 4:07.81 47.04	400m: 5:22.12 36.51	
21. Zieli ska Maja	07 SMS Lublin	<b>5:23.91</b>	510	-
50m: 33.23 33.23	150m: 1:55.90 43.94	250m: 3:22.39 43.76	350m: 4:46.54 38.83	
100m: 1:11.96 38.73	200m: 2:38.63 42.73	300m: 4:07.71 45.32	400m: 5:23.91 37.37	
22. Jurczuk Weronika	08 SMS Warszawa Bielany	<b>5:24.62</b>	507	10,00
50m: 34.17 34.17	150m: 1:55.41 42.39	250m: 3:23.04 46.47	350m: 4:48.04 38.95	
100m: 1:13.02 38.85	200m: 2:36.57 41.16	300m: 4:09.09 46.05	400m: 5:24.62 36.58	
23. Karolczak Pola	06 SMS Bydgoszcz	<b>5:32.94</b>	470	9,00
50m: 34.62 34.62	150m: 1:57.94 42.17	250m: 3:25.24 46.55	350m: 4:52.91 41.39	
100m: 1:15.77 41.15	200m: 2:38.69 40.75	300m: 4:11.52 46.28	400m: 5:32.94 40.03	
24. Guzdek Anna	07 SMS Warszawa Bielany	<b>5:35.34</b>	460	8,00
50m: 34.50 34.50	150m: 1:56.62 43.45	250m: 3:29.87 48.85	350m: 4:57.69 38.46	
100m: 1:13.17 38.67	200m: 2:41.02 44.40	300m: 4:19.23 49.36	400m: 5:35.34 37.65	
25. Kuc Weronika	08 SMS Ostrowiec w.	<b>5:46.58</b>	417	7,00
50m: 35.51 35.51	150m: 2:01.80 42.90	250m: 3:35.39 51.12	350m: 5:07.24 41.18	
100m: 1:18.90 43.39	200m: 2:44.27 42.47	300m: 4:26.06 50.67	400m: 5:46.58 39.34	
DYSKW. Paradowska Oliwia	06 SMS Gda sk			-
<i>M11 - Pływak dotkn ł cian nierównocze nie dwiema dło mi przy nawrocie lub na zako czenie wy cigu. (Czas: 17:30)</i>				