

INTERNATIONAL SWIMMING COMPETITION FOR THE ZSOMS KRAKÓW DIRECTOR'S CUP



ORGANIZATIONAL ANNOUNCEMENT



11-12.10.2025

ORGANIZATIONAL ANNOUNCEMENT

1. DATE AND PLACE OF THE COMPETITION:

1.1. OCTOBER 11-12, 2025 - ZSOMS KRAKÓW SWIMMING POOL, UL. GROCHOWSKA 20;

1.2. POOL LENGTH - 25M, 6 LANES, WATER TEMPERATURE 27°C;

1.3. TIME MEASUREMENT – AUTOMATIC;

2. ORGANIZER:

2.1. ZESPÓŁ SZKÓŁ OGÓLNOKSZTAŁCĄCYCH MISTRZOSTWA SPORTOWEGO;

2.2. UKS SMS GALICJA KRAKÓW;

2.3. MAŁOPOLSKI OKRĘGOWY ZWIĄZEK PLYWACKI;

3. COMPETITION MANAGEMENT:

3.1. HEAD OF THE COMPETITION – ROBERT BRUS, MICHAŁ MAJERSKI

4. RULES OF PARTICIPATION:

4.1. RIGHT TO PARTICIPATE IN THE COMPETITION HAVE COMPETITORS BORN IN 2012 AND OLDER WITH VALID COMPETITION LICENSE AND MEDICAL EXAMINATIONS.

5. AGE CATEGORIES:

5.1 CATEGORY I – 13 AND 14 YEARS OLD (2012-2011)

5.2 CATEGORY II – 15 AND 16 YEARS OLD (2010-2009)

5.3 CATEGORY III – OPEN (2012 AND OLDER)

6. COMPETITON PROGRAM:

I DAY COMPETITION – 11.10 (SATURDAY)

I SESSION – MORNING: WARM-UP GODZ. 7:45, START GODZ. 9:00

	FEMALE		MALE
1	50m Freestyle *	2	50m Freestyle *
3	50m Breaststroke	4	50m Breaststroke
5	100m Butterfly	6	100m Butterfly
7	200m Freestyle	8	200m Freestyle
9	200m Backstroke	10	200m Backstroke
11	400m Individual Medley*	12	400m Individual Medley*

II SESSION – AFERNOON: WARM-UP GODZ. 14:45,
START GODZ. 16:00
CEREMONY OPENING COMPETITION 15:45

	FEMALE		MALE
13	Special Medley Relay MIX **		
14	100m Breaststroke	15	100m Breaststroke
16	400m Freestyle	17	400m Freestyle
18	50m Butterfly	19	50m Butterfly
20	50m Backstroke	21	50m Backstroke
22	200m Individual Medley	23	200m Individual Medley

INTERNATIONAL SWIMMING
COMPETITION FOR THE
ZSOMS KRAKÓW DIRECTOR'S CUP
11-12.10.2025

II DAY COMPETITION – 12.10 (SUNDAY)

III SESSION – MORNING: WARM-UP GODZ. 08:45, START GODZ. 10.00

	FEMALE		MALE
24	100m Freestyle	25	100m Freestyle
26	100m Backstroke	27	100m Backstroke
28	200m Breaststroke	29	200m Breaststroke
30	100m Individual Medley	31	100m Individual Medley
32	200m Butterfly *	33	200m Butterfly *
34	4x50m Medley Relay MIX - ZSOMS Director Cup		

7. TECHNICAL REGULATIONS:

- 7.1. THE COMPETITION WILL BE CONDUCTED IN TIMED.
- 7.2. A COMPETITOR IS ALLOWED TO PARTICIPATE IN ANY NUMBER INDIVIDUAL EVENTS AND RELAY RACE.
- 7.3. IN THE 4 X 50 MEDLEY RELAY RACE MIX, 2 MEN AND 2 WOMEN SWIM IN ANY ORDER. THE RELAY IS BELONG TO THE OPEN CATEGORY.
- 7.4. IN THE RELAY RACE – "SPECIAL RELAY" 4 COMPETITORS (2 MALE AND 2 FEMALE COMPETITORS), SWIMMERS ALTERNATELY IN DESIGNATED SEQUENCE:
- FIRST RELAY SEQUENCE - GIRL, BOY, GIRL, BOY
- SECOND RELAY SEQUENCE – BOY, GIRL, BOY, GIRL
- THE CHOICE OF SEQUENCE IS DETERMINED BY THE APPLYING CLUB, THE FOLLOWING SECTIONS ARE SWUM IN THE SPECIFIED ORDER:
- 150M BACKSTROKE
- 50M BREASTSTROKE
- 100M BUTTERFLY
- 200M FREESTYLE
- 7.5. FINA SCORING WILL BE APPLIED.

8. ENTRY TO THE COMPETITION AND FUNDING RULES:

- 8.1. ENTRIES THE PARTICIPATION IN THE COMPETITION MAY BY MADE THE HOME CLUB.
- 8.2. ENTRY TO THE COMPETITION IMPLIES CONFIRMATION OF THE VALIDITY OF THE MEDICAL EXAMINATIONS OF ATHLETES DURATION THE COMPETITION.
- 8.3. ENTRIES MUST BE SUBMITTED BY 24:00, 07.10.2025 (TUESDAY) IN THE SEL SYSTEM. THIS IS FINAL ENTRY DEADLINE. ONLY COMPETITORS REGISTERED ON TIME MAY PARTICIPATE IN THE COMPETITION. SCRATCHES ARE POSSIBLE UNTIL 09.10.2025 (THURSDAY), 20:00 TO THE ADDRESS ROBERTBRUS@POCZTA.ONET.PL
- 8.3 THE ENTRY FEE IS PLN 15 PER THE INDIVIDUAL START AND RELAY. THE PAYMENT SHOULD BE MADE BY BANK TRANSFER BY 7.10.2025 TO THE ACCOUNT OF UKS SMS GALICJA KRAKÓW BOŚ BANK: 19 1540 1115 2083 9093 3877 0000

INTERNATIONAL SWIMMING COMPETITION FOR THE ZSOMS KRAKÓW DIRECTOR'S CUP 11-12.10.2025

9 PRIZES:

9.1 IN EACH COMPETITION AND CATEGORY, COMMEMORATIVE MEDALS AND DIPLOMAS WILL BE AWARDED TO THE TOP 3 FEMALES AND MALE ATHLETES.

9.2 IN THE 4X50 M MEDLEY MIX RELAY**, THE BEST 3 TEAMS RECEIVE THE CUPS OF THE DIRECTOR OF ZSOMS KRAKÓW.

9.3 FOR THE WINNIG TEAM IN THE "SPECIAL RELAY" – A COMMEMORATIVE "SWEET SURPRISE BASKET"

9.4 PRIZE ARE PROVIDED FOR THE TOP 3 FEMALE AND MALEI IN EACH AGE CATEGORY BASED ON MULTI-EVENTS POINTS TOTAL IN 3 INDIVIDUAL COMPETITIONS.

9.5 IN COMPETITIONS MARKED WITH NA ASTERISK *, ADDITIONAL PRIZES FOR THE WINNERS.

9.6 THE ORGANIZER PROVIDES ANCIPITATES ADDITIONAL PRIZES DEPENDING ON THE ACQUIRED SPONSORS AND FINANCIAL RESOURCES.

10 WARM-UP REGULATIONS:

10.1 LANE 6 IS A ONE-WAY LANE DESTIGNATED. PERFORMING STARTS FROM BLOCKS IN OTHER LOCATIONS IS NOT ALLOWED.

10.2 THE SWIMMING POOL IS AVAILABLE FOR WARM-UP 60 MINUTES BEFORE THE START OF EACH COMPETITION BLOCK.

10.3 THE ORGANIZER RESERVES THE RIGHT TO DIVIDE THE WARM-UP INTO 2 PARTS (FOR WOMEN AND MEN 30 MINUTES EACH - DEPENDING ON THE NUMBER OF REGISTERED COMPETITORS).

11 FINAL PROVISIONS:

11.1 ALL PLAYERS ARE REQUIRED TO HAVE CURRENT MEDICAL EXAMINATIONS. COACHES OR TEAM LEADERS ARE RESPONSIBLE FOR ENSURING THIS.

11.2 REGISTRATIONS FOR THE COMPETITION IMPLIES ACCEPTANSE OF THE PROVISIONS OF THIS ANNOUNCEMENT AND THE COMPETITION REGULATIONS.

11.3 THE ORGANIZER RESERVES THE RIGHT TO CLOSE THE LIST OF REGISTERED COMPETITORS EARLIER DUE TO FACILITY LIMITATIONS.

11.4 IN MATTERS NOT COVERED BY THE ANNOUNCEMENT, THE HEAD OF THE COMPETITION AND THE HEAD REFEREE WILL BE DECISIONS.