

2020 WLJ - I runda  
Lublin, 1.2.2020

Konkurencja 12  
01.02.2020 - 11:19

Kobiet, 400m dowolny

13 lat i starsi  
Wyniki

Rekord LOZP 4:18.01 BARZYCKA Paulina 01403 Ostrowiec Sw. 05.04.2008

Punkty: FINA 2020

Pozycja			Wiek					Czas	Pkt.		
1.	ANDRZEJEWSKA Kamila		21	KU AZS UMCS Lublin				<b>4:30.11</b>	670		
	50m:	31.99 31.99	150m:	1:40.73	34.57	250m:	2:49.22	34.08	350m:	3:57.23	33.44
	100m:	1:06.16 34.17	200m:	2:15.14	34.41	300m:	3:23.79	34.57	400m:	4:30.11	32.88
2.	SZEWCZYK Zofia		18	UKP Fala Kra nik				<b>4:38.20</b>	614		
	50m:	33.19 33.19	150m:	1:44.74	36.11	250m:	2:55.77	35.33	350m:	4:05.39	34.66
	100m:	1:08.63 35.44	200m:	2:20.44	35.70	300m:	3:30.73	34.96	400m:	4:38.20	32.81
3.	RABINIAK Zuzanna		19	KU AZS UMCS Lublin				<b>4:39.97</b>	602		
	50m:	33.17 33.17	150m:	1:44.24	35.67	250m:	2:55.50	35.64	350m:	4:05.95	34.80
	100m:	1:08.57 35.40	200m:	2:19.86	35.62	300m:	3:31.15	35.65	400m:	4:39.97	34.02
4.	MALINO Julia		16	UKS „ORKA” Zamo				<b>4:42.26</b>	587		
	50m:	32.88 32.88	150m:	1:43.52	35.50	250m:	2:55.41	35.91	350m:	4:07.85	36.03
	100m:	1:08.02 35.14	200m:	2:19.50	35.98	300m:	3:31.82	36.41	400m:	4:42.26	34.41
5.	CIOCH-GRADZIK Wiktoria		17	KU AZS UMCS Lublin				<b>4:42.54</b>	586		
	50m:	33.18 33.18	150m:	1:45.15	35.80	250m:			350m:	4:07.90	35.64
	100m:	1:09.35 36.17	200m:	2:21.24	36.09	300m:	3:32.26		400m:	4:42.54	34.64
6.	SIWKO Natalia		16	KU AZS UMCS Lublin				<b>4:42.81</b>	584		
	50m:	32.44 32.44	150m:	1:44.05	36.18	250m:	2:55.78	35.93	350m:	4:07.68	35.72
	100m:	1:07.87 35.43	200m:	2:19.85	35.80	300m:	3:31.96	36.18	400m:	4:42.81	35.13
7.	ŁYSAKOWSKA Julia		19	KU AZS UMCS Lublin				<b>4:44.26</b>	575		
	50m:	33.22 33.22	150m:	1:44.42	35.85	250m:	2:56.14	35.85	350m:	4:08.50	36.54
	100m:	1:08.57 35.35	200m:	2:20.29	35.87	300m:	3:31.96	35.82	400m:	4:44.26	35.76
8.	WILK Anna		14	UKP Fala Kra nik				<b>4:45.40</b>	568		
	50m:	32.76 32.76	150m:	1:45.21	36.74	250m:	2:57.52	36.14	350m:	4:10.25	36.30
	100m:	1:08.47 35.71	200m:	2:21.38	36.17	300m:	3:33.95	36.43	400m:	4:45.40	35.15
9.	PIESKO Martyna		17	KU AZS UMCS Lublin				<b>4:48.12</b>	552		
	50m:	31.74 31.74	150m:	1:44.84	37.53	250m:	2:58.75	37.17	350m:	4:12.37	36.97
	100m:	1:07.31 35.57	200m:	2:21.58	36.74	300m:	3:35.40	36.65	400m:	4:48.12	35.75
10.	KOŁODZIEJCZYK Oliwia		17	KU AZS UMCS Lublin				<b>4:48.87</b>	548		
	50m:	33.46 33.46	150m:	1:46.05	36.72	250m:	2:59.87	36.88	350m:	4:13.81	36.91
	100m:	1:09.33 35.87	200m:	2:22.99	36.94	300m:	3:36.90	37.03	400m:	4:48.87	35.06
11.	KWIATKOWSKA Zofia		19	KU AZS UMCS Lublin				<b>4:54.93</b>	515		
	50m:	33.06 33.06	150m:	1:47.18	37.60	250m:	3:03.23	38.34	350m:	4:18.53	37.17
	100m:	1:09.58 36.52	200m:	2:24.89	37.71	300m:	3:41.36	38.13	400m:	4:54.93	36.40
12.	BORKOWSKA Małgorzata		18	KU AZS UMCS Lublin				<b>4:58.38</b>	497		
	50m:	33.27 33.27	150m:	1:49.14	38.33	250m:	3:05.28	38.30	350m:	4:21.88	38.08
	100m:	1:10.81 37.54	200m:	2:26.98	37.84	300m:	3:43.80	38.52	400m:	4:58.38	36.50
13.	MACHULAK Milena		14	UKP Fala Kra nik				<b>5:00.83</b>	485		
	50m:	34.68 34.68	150m:	1:50.96	38.61	250m:	3:07.35	38.27	350m:	4:24.41	38.60
	100m:	1:12.35 37.67	200m:	2:29.08	38.12	300m:	3:45.81	38.46	400m:	5:00.83	36.42
14.	WIECZOREK Marika		17	KU AZS UMCS Lublin				<b>5:05.59</b>	463		
	50m:	33.53 33.53	150m:	1:51.35	39.42	250m:	3:10.78	39.62	350m:	4:28.82	38.98
	100m:	1:11.93 38.40	200m:	2:31.16	39.81	300m:	3:49.84	39.06	400m:	5:05.59	36.77
15.	SZYNAL Amelia		17	Uks Skarpa Lublin				<b>5:07.52</b>	454		
	50m:	35.00 35.00	150m:	1:53.19	39.67	250m:	3:12.18	40.04	350m:	4:30.70	39.20
	100m:	1:13.52 38.52	200m:	2:32.14	38.95	300m:	3:51.50	39.32	400m:	5:07.52	36.82
16.	SŁOTWI SKA Wiktoria		15	KS „Wisła” Puławy				<b>5:11.72</b>	436		
	50m:	35.73 35.73	150m:	1:54.46	39.72	250m:	3:15.90	40.68	350m:	4:35.41	39.66
	100m:	1:14.74 39.01	200m:	2:35.22	40.76	300m:	3:55.75	39.85	400m:	5:11.72	36.31
17.	GAZDA Małgorzata		16	KU AZS UMCS Lublin				<b>5:12.84</b>	431		
	50m:	33.24 33.24	150m:	1:50.81	39.47	250m:	3:10.57	39.78	350m:	4:31.67	40.61
	100m:	1:11.34 38.10	200m:	2:30.79	39.98	300m:	3:51.06	40.49	400m:	5:12.84	41.17

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Pozycja			Wiek				Czas	Pkt.
18.	YDEK Kinga		15	MTP „Lublinianka”		<b>5:13.48</b>	429	
	50m: 34.84	34.84	150m: 1:54.41	40.09	250m: 3:15.93	40.63	350m: 4:36.40	39.61
	100m: 1:14.32	39.48	200m: 2:35.30	40.89	300m: 3:56.79	40.86	400m: 5:13.48	37.08
19.	NAKLICKA Izabela		14	UKS „ORKA” Zamo		<b>5:14.05</b>	426	
	50m: 36.28	36.28	150m: 1:55.55	40.19	250m: 3:17.01	40.04	350m: 4:36.97	39.99
	100m: 1:15.36	39.08	200m: 2:36.97	41.42	300m: 3:56.98	39.97	400m: 5:14.05	37.08
20.	CHMIELEWSKA Adrianna		15	UKS „Wodnik Krasnystaw”		<b>5:17.62</b>	412	
	50m: 34.89	34.89	150m: 1:54.42	40.35	250m: 3:17.49	41.19	350m: 4:39.90	40.25
	100m: 1:14.07	39.18	200m: 2:36.30	41.88	300m: 3:59.65	42.16	400m: 5:17.62	37.72
21.	CICH Kinga		13	RWKS Sparta Biłgoraj		<b>5:18.16</b>	410	
	50m: 36.24	36.24	150m: 1:56.91	41.38	250m: 3:19.00	41.87	350m: 4:40.30	40.18
	100m: 1:15.53	39.29	200m: 2:37.13	40.22	300m: 4:00.12	41.12	400m: 5:18.16	37.86
22.	SALASA Zuzanna		14	UKP Bychawa		<b>5:49.66</b>	309	
	50m: 37.77	37.77	150m: 2:06.72	45.36	250m: 3:37.80	45.19	350m: 5:07.75	44.44
	100m: 1:21.36	43.59	200m: 2:52.61	45.89	300m: 4:23.31	45.51	400m: 5:49.66	41.91
23.	CIE LAK Amelia		13	RWKS Sparta Biłgoraj		<b>5:51.51</b>	304	
	50m: 37.70	37.70	150m: 2:06.62	45.44	250m: 3:38.77	46.29	350m: 5:08.47	44.56
	100m: 1:21.18	43.48	200m: 2:52.48	45.86	300m: 4:23.91	45.14	400m: 5:51.51	43.04
24.	ROCZON Jagoda		13	Uks 51		<b>6:19.08</b>	242	
	50m: 39.60	39.60	150m: 2:11.69	47.37	250m:		350m:	
	100m: 1:24.32	44.72	200m: 3:02.04	50.35	300m: 4:41.62		400m: 6:19.08	