

2020 WLJ - I runda  
Lublin, 1.2.2020

Konkurencja 13  
01.02.2020 - 11:39

M czyzn, 400m dowolny

13 lat i starsi  
Wyniki

Rekord LOZP 3:50.57 WITKOWSKI Jan 01003 London (GBR) 16.05.2016

Punkty: FINA 2020

Pozycja			Wiek					Czas	Pkt.
1.	CHODULSKI Jakub		20	KU AZS UMCS Lublin				<b>4:07.95</b>	699
	50m: 28.94	28.94	150m: 1:32.77	32.59	250m: 2:35.94	31.10	350m: 3:38.16	31.38	
	100m: 1:00.18	31.24	200m: 2:04.84	32.07	300m: 3:06.78	30.84	400m: 4:07.95	29.79	
2.	SZCZERBA Adam		18	KU AZS UMCS Lublin				<b>4:10.04</b>	681
	50m: 28.30	28.30	150m: 1:31.54	31.65	250m: 2:34.53	31.39	350m: 3:38.22	31.92	
	100m: 59.89	31.59	200m: 2:03.14	31.60	300m: 3:06.30	31.77	400m: 4:10.04	31.82	
3.	MAŁYSKA Bartosz		21	KU AZS UMCS Lublin				<b>4:15.54</b>	638
	50m: 28.62	28.62	150m: 1:32.50	32.43	250m: 2:37.13	32.33	350m: 3:42.82	32.92	
	100m: 1:00.07	31.45	200m: 2:04.80	32.30	300m: 3:09.90	32.77	400m: 4:15.54	32.72	
4.	OLLER Krzysztof		20	KU AZS UMCS Lublin				<b>4:17.40</b>	624
	50m: 29.70	29.70	150m: 1:34.52	32.63	250m: 2:40.64	33.22	350m: 3:46.59	32.75	
	100m: 1:01.89	32.19	200m: 2:07.42	32.90	300m: 3:13.84	33.20	400m: 4:17.40	30.81	
5.	JANICZUK Patryk		18	KU AZS UMCS Lublin				<b>4:17.75</b>	622
	50m: 28.76	28.76	150m: 1:33.42	32.45	250m: 2:39.34	32.93	350m: 3:45.47	33.47	
	100m: 1:00.97	32.21	200m: 2:06.41	32.99	300m: 3:12.00	32.66	400m: 4:17.75	32.28	
6.	POPIOŁEK Dawid		18	KU AZS UMCS Lublin				<b>4:18.35</b>	618
	50m: 30.03	30.03	150m: 1:36.89	33.73	250m: 2:43.67	33.49	350m: 3:48.33	32.09	
	100m: 1:03.16	33.13	200m: 2:10.18	33.29	300m: 3:16.24	32.57	400m: 4:18.35	30.02	
7.	PACŁAWSKI Jakub		20	KU AZS UMCS Lublin				<b>4:18.47</b>	617
	50m: 30.12	30.12	150m: 1:37.20	34.12	250m: 2:42.93	32.71	350m: 3:48.02	32.46	
	100m: 1:03.08	32.96	200m: 2:10.22	33.02	300m: 3:15.56	32.63	400m: 4:18.47	30.45	
8.	SIEKACZY SKI Artur		18	UKP Fala Kra nik				<b>4:19.23</b>	611
	50m: 29.11	29.11	150m: 1:35.05	33.34	250m: 2:41.32	33.32	350m: 3:47.89	33.60	
	100m: 1:01.71	32.60	200m: 2:08.00	32.95	300m: 3:14.29	32.97	400m: 4:19.23	31.34	
9.	JAWORSKI Norbert		22	KU AZS UMCS Lublin				<b>4:21.57</b>	595
	50m: 29.50	29.50	150m: 1:36.52	34.03	250m: 2:43.63	33.22	350m: 3:50.59	33.24	
	100m: 1:02.49	32.99	200m: 2:10.41	33.89	300m: 3:17.35	33.72	400m: 4:21.57	30.98	
10.	MRÓZ Adam		17	KU AZS UMCS Lublin				<b>4:21.63</b>	595
	50m: 29.81	29.81	150m: 1:37.02	34.02	250m: 2:44.31	33.37	350m: 3:50.99	32.99	
	100m: 1:03.00	33.19	200m: 2:10.94	33.92	300m: 3:18.00	33.69	400m: 4:21.63	30.64	
11.	SOBIESZUK Kacper		18	KU AZS UMCS Lublin				<b>4:21.70</b>	594
	50m: 29.43	29.43	150m: 1:36.67	34.37	250m: 2:45.07	34.36	350m: 3:51.88	32.75	
	100m: 1:02.30	32.87	200m: 2:10.71	34.04	300m: 3:19.13	34.06	400m: 4:21.70	29.82	
12.	SŁAWACKI Wojciech		15	KU AZS UMCS Lublin				<b>4:22.04</b>	592
	50m: 29.40	29.40	150m: 1:35.70	33.11	250m: 2:42.87	33.70	350m: 3:50.02	33.35	
	100m: 1:02.59	33.19	200m: 2:09.17	33.47	300m: 3:16.67	33.80	400m: 4:22.04	32.02	
13.	ZACHARZY SKI Norbert		17	KU AZS UMCS Lublin				<b>4:23.21</b>	584
	50m: 30.96	30.96	150m: 1:40.32	34.69	250m: 2:47.32	32.80	350m: 3:51.83	32.25	
	100m: 1:05.63	34.67	200m: 2:14.52	34.20	300m: 3:19.58	32.26	400m: 4:23.21	31.38	
14.	NOWAK Jan		18	KU AZS UMCS Lublin				<b>4:23.46</b>	582
	50m: 30.04	30.04	150m: 1:36.98	33.78	250m: 2:44.42	33.71	350m: 3:51.89	33.52	
	100m: 1:03.20	33.16	200m: 2:10.71	33.73	300m: 3:18.37	33.95	400m: 4:23.46	31.57	
15.	LECH Filip		19	KU AZS UMCS Lublin				<b>4:23.57</b>	582
	50m: 29.01	29.01	150m: 1:34.05	32.77	250m: 2:42.94	34.97	350m: 3:50.88	33.55	
	100m: 1:01.28	32.27	200m: 2:07.97	33.92	300m: 3:17.33	34.39	400m: 4:23.57	32.69	
16.	KASPERSKI Patryk		17	UKP Fala Kra nik				<b>4:29.91</b>	542
	50m: 30.23	30.23	150m: 1:38.12	34.51	250m: 2:46.69	34.61	350m: 3:56.24	34.76	
	100m: 1:03.61	33.38	200m: 2:12.08	33.96	300m: 3:21.48	34.79	400m: 4:29.91	33.67	
17.	KOTWICA Bartosz		19	KU AZS UMCS Lublin				<b>4:32.61</b>	526
	50m: 29.89	29.89	150m: 1:39.58	35.23	250m: 2:51.72	36.15	350m: 4:00.32	34.28	
	100m: 1:04.35	34.46	200m: 2:15.57	35.99	300m: 3:26.04	34.32	400m: 4:32.61	32.29	

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Pozycja			Wiek				Czas		Pkt.
18.	BORSUK Piotr	17	UKP Fala Kra nik				<b>4:32.83</b>	524	
	50m: 29.69 29.69	150m: 1:38.98	35.24	250m: 2:49.62	35.36	350m: 3:59.30	34.88		
	100m: 1:03.74 34.05	200m: 2:14.26	35.28	300m: 3:24.42	34.80	400m: 4:32.83	33.53		
19.	KUBINIEC Mikołaj	16	KU AZS UMCS Lublin				<b>4:32.86</b>	524	
	50m: 30.59 30.59	150m: 1:39.54	34.90	250m: 2:49.95	35.08	350m: 4:00.62	35.32		
	100m: 1:04.64 34.05	200m: 2:14.87	35.33	300m: 3:25.30	35.35	400m: 4:32.86	32.24		
20.	CHOŁ Y SKI Nikodem	17	KU AZS UMCS Lublin				<b>4:35.21</b>	511	
	50m: 30.41 30.41	150m: 1:40.32	35.42	250m: 2:49.86	34.68	350m: 4:01.01	35.58		
	100m: 1:04.90 34.49	200m: 2:15.18	34.86	300m: 3:25.43	35.57	400m: 4:35.21	34.20		
21.	WOŁOSZYN Roman	19	KU AZS UMCS Lublin				<b>4:35.67</b>	508	
	50m: 30.04 30.04	150m: 1:39.30	35.11	250m: 2:50.19	35.75	350m: 4:01.30	35.66		
	100m: 1:04.19 34.15	200m: 2:14.44	35.14	300m: 3:25.64	35.45	400m: 4:35.67	34.37		
22.	CHAŁAT Wojciech	16	KU AZS UMCS Lublin				<b>4:36.20</b>	505	
	50m: 31.42 31.42	150m: 1:41.01	35.36	250m: 2:52.08	35.24	350m: 4:01.97	34.78		
	100m: 1:05.65 34.23	200m: 2:16.84	35.83	300m: 3:27.19	35.11	400m: 4:36.20	34.23		
23.	ŁOBODA Jakub	18	KU AZS UMCS Lublin				<b>4:36.21</b>	505	
	50m: 31.25 31.25	150m: 1:41.46	34.89	250m: 2:52.87	36.24	350m: 4:03.01	34.56		
	100m: 1:06.57 35.32	200m: 2:16.63	35.17	300m: 3:28.45	35.58	400m: 4:36.21	33.20		
24.	PIEKARU Dawid	18	KP AVIA widnik				<b>4:38.00</b>	496	
	50m: 31.66 31.66	150m: 1:42.04	35.67	250m: 2:52.56	35.40	350m: 4:03.56	35.78		
	100m: 1:06.37 34.71	200m: 2:17.16	35.12	300m: 3:27.78	35.22	400m: 4:38.00	34.44		
25.	MUZYKA Igor	15	KS „Wisła” Puławy				<b>4:39.18</b>	489	
	50m: 29.13 29.13	150m: 1:37.58	35.55	250m:		350m:			
	100m: 1:02.03 32.90	200m: 2:13.92	36.34	300m: 3:27.65		400m: 4:39.18			
26.	LEWTAK Szymon	16	KU AZS UMCS Lublin				<b>4:41.35</b>	478	
	50m: 31.93 31.93	150m: 1:43.06	35.98	250m: 2:54.25	35.72	350m: 4:06.07	36.24		
	100m: 1:07.08 35.15	200m: 2:18.53	35.47	300m: 3:29.83	35.58	400m: 4:41.35	35.28		
27.	URBAN Jakub	17	KU AZS UMCS Lublin				<b>4:44.22</b>	464	
	50m: 31.20 31.20	150m: 1:41.65	35.77	250m: 2:54.62	36.60	350m: 4:08.78	37.29		
	100m: 1:05.88 34.68	200m: 2:18.02	36.37	300m: 3:31.49	36.87	400m: 4:44.22	35.44		
28.	PIETRO Przemysław	13	UKS Olimpijczyk 23				<b>4:44.68</b>	461	
	50m: 31.59 31.59	150m: 1:42.74	35.63	250m: 2:56.47	37.05	350m: 4:09.37	35.92		
	100m: 1:07.11 35.52	200m: 2:19.42	36.68	300m: 3:33.45	36.98	400m: 4:44.68	35.31		
29.	LED Maciej	15	UKS Olimpijczyk 23				<b>4:47.73</b>	447	
	50m: 31.11 31.11	150m: 1:44.52	36.90	250m: 2:58.94	36.53	350m: 4:12.96	36.10		
	100m: 1:07.62 36.51	200m: 2:22.41	37.89	300m: 3:36.86	37.92	400m: 4:47.73	34.77		
30.	LUPA Olaf	14	UKS „ORKA” Zamo				<b>4:49.74</b>	438	
	50m: 32.98 32.98	150m: 1:47.36	37.39	250m: 3:01.58	36.80	350m: 4:15.03	36.62		
	100m: 1:09.97 36.99	200m: 2:24.78	37.42	300m: 3:38.41	36.83	400m: 4:49.74	34.71		
31.	PONIEWA Oliwier	13	KS OLIMPIA Lublin				<b>4:54.55</b>	417	
	50m: 34.92 34.92	150m: 1:51.83	38.69	250m: 3:07.44	36.92	350m: 4:21.23	36.02		
	100m: 1:13.14 38.22	200m: 2:30.52	38.69	300m: 3:45.21	37.77	400m: 4:54.55	33.32		
32.	CZERNIAK Jarosław	17	Uks 51				<b>4:54.98</b>	415	
	50m: 30.50 30.50	150m: 1:41.16	36.27	250m: 2:57.22	38.22	350m: 4:16.08	39.97		
	100m: 1:04.89 34.39	200m: 2:19.00	37.84	300m: 3:36.11	38.89	400m: 4:54.98	38.90		
33.	BUCO Paweł	13	UKP Fala Kra nik				<b>4:56.52</b>	408	
	50m: 33.96 33.96	150m: 1:51.88	39.22	250m: 3:06.70	36.58	350m: 4:20.41	36.56		
	100m: 1:12.66 38.70	200m: 2:30.12	38.24	300m: 3:43.85	37.15	400m: 4:56.52	36.11		
34.	KOZAK Jan	14	KS OLIMPIA Lublin				<b>5:02.46</b>	385	
	50m: 34.53 34.53	150m: 1:51.06	38.77	250m: 3:09.03	39.11	350m:			
	100m: 1:12.29 37.76	200m: 2:29.92	38.86	300m: 3:47.90	38.87	400m: 5:02.46			
35.	MICHAŁEK Krzysztof	14	MTP „Lublinianka”				<b>5:02.48</b>	385	
	50m: 33.40 33.40	150m:		250m:		350m:			
	100m: 1:10.60 37.20	200m: 2:28.62		300m: 3:47.22		400m: 5:02.48			

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Konkurencja 13, M czynn, 400m dowolny, 13 lat i starsi

Pozycja			Wiek					Czas	Pkt.
36.	SIEKACZY	SKI Wojciech	13	UKP Fala Kra	nik		<b>5:04.73</b>	376	
	50m:	34.37 34.37	150m:	1:51.73 39.32	250m:	3:09.99 39.34	350m:	4:28.18 39.14	
	100m:	1:12.41 38.04	200m:	2:30.65 38.92	300m:	3:49.04 39.05	400m:	5:04.73 36.55	
37.	GORDZIEJKO	Konrad	14	MTP „Lublinianka”			<b>5:21.91</b>	319	
	50m:	34.25 34.25	150m:	1:55.01 40.96	250m:	3:20.40 43.28	350m:	4:44.76 41.38	
	100m:	1:14.05 39.80	200m:	2:37.12 42.11	300m:	4:03.38 42.98	400m:	5:21.91 37.15	
38.	D BROWSKI	Filip	13	Uks Skarpa Lublin			<b>5:34.06</b>	285	
	50m:	35.37 35.37	150m:	1:58.13 42.73	250m:	3:25.04 44.08	350m:	4:52.42 43.98	
	100m:	1:15.40 40.03	200m:	2:40.96 42.83	300m:	4:08.44 43.40	400m:	5:34.06 41.64	
39.	GO CI	SKI Jakub	13	Uks 51			<b>5:40.59</b>	269	
	50m:	35.54 35.54	150m:	2:02.38 44.79	250m:	3:30.56 43.86	350m:	4:57.90 42.70	
	100m:	1:17.59 42.05	200m:	2:46.70 44.32	300m:	4:15.20 44.64	400m:	5:40.59 42.69	
40.	LIPI	SKI Szymon	13	UKP Bychawa			<b>5:51.50</b>	245	
	50m:	35.48 35.48	150m:	2:04.15 45.85	250m:	3:35.84 45.48	350m:	5:07.76 45.44	
	100m:	1:18.30 42.82	200m:	2:50.36 46.21	300m:	4:22.32 46.48	400m:	5:51.50 43.74	
41.	BANIAK	Igor	13	UKS „ORKA” Zamo			<b>5:54.18</b>	239	
	50m:	37.67 37.67	150m:		250m:		350m:		
	100m:	1:21.00 43.33	200m:	2:52.78	300m:	4:25.35	400m:	5:54.18	
42.	BATKO	Patryk	15	UKP Bychawa			<b>5:54.84</b>	238	
	50m:	36.99 36.99	150m:	2:06.62 46.12	250m:	3:39.03 46.21	350m:		
	100m:	1:20.50 43.51	200m:	2:52.82 46.20	300m:	4:25.85 46.82	400m:	5:54.84	
43.	SZEWCZAK	Dominik	13	Uks Skarpa Lublin			<b>5:55.20</b>	237	
	50m:	37.08 37.08	150m:	2:05.65 45.41	250m:	3:40.03 48.07	350m:	5:13.51 46.53	
	100m:	1:20.24 43.16	200m:	2:51.96 46.31	300m:	4:26.98 46.95	400m:	5:55.20 41.69	