



Liga Szkół Mistrzostwa Sportowego - II runda
Lublin, 22. - 23.3.2024

Konkurencja 11
22.03.2024 - 17:29

Kobiet, 400m zmienny

Open
Wyniki

Punkty: FINA 2024

Pozycja					Wiek					Czas	Pkt.	
1.	GLI SKA Oliwia				17	SMS Zielona Góra				5:00.16	694	27,00
	50m: 33.46	33.46	150m: 1:47.15	37.81	250m: 3:08.54	44.51	350m: 4:27.17	35.23				
	100m: 1:09.34	35.88	200m: 2:24.03	36.88	300m: 3:51.94	43.40	400m: 5:00.16	32.99				
2.	PRZYBYLSKA Oliwia				17	SMS Lublin				5:01.47	685	25,00
	50m: 32.50	32.50	150m: 1:48.56	38.82	250m: 3:08.78	42.19	350m: 4:26.83	35.36				
	100m: 1:09.74	37.24	200m: 2:26.59	38.03	300m: 3:51.47	42.69	400m: 5:01.47	34.64				
3.	WILK Anna				18	SMS O wi cim				5:09.36	634	24,00
	50m: 32.67	32.67	150m: 1:51.92	41.59	250m: 3:15.97	43.41	350m: 4:35.41	35.70				
	100m: 1:10.33	37.66	200m: 2:32.56	40.64	300m: 3:59.71	43.74	400m: 5:09.36	33.95				
4.	JUDA Aleksandra				18	SMS O wi cim				5:09.39	634	23,00
	50m: 32.45	32.45	150m: 1:50.47	40.98	250m: 3:13.99	43.69	350m: 4:34.02	36.30				
	100m: 1:09.49	37.04	200m: 2:30.30	39.83	300m: 3:57.72	43.73	400m: 5:09.39	35.37				
5.	JANISZEWSKA Natalia				18	SMS Warszawa Bielany				5:10.16	629	22,00
	50m: 32.27	32.27	150m: 1:48.84	40.63	250m: 3:12.33	45.08	350m:					
	100m: 1:08.21	35.94	200m: 2:27.25	38.41	300m: 3:58.17	45.84	400m: 5:10.16					
6.	B TKOWSKA Zuzanna				18	SMS Kraków				5:11.90	619	21,00
	50m: 31.92	31.92	150m: 1:50.25	41.65	250m: 3:13.60	43.23	350m: 4:35.99	38.31				
	100m: 1:08.60	36.68	200m: 2:30.37	40.12	300m: 3:57.68	44.08	400m: 5:11.90	35.91				
7.	KUCZMAR Aleksandra				15	SMS Warszawa Konwiktorska				5:16.06	595	20,00
	50m: 33.51	33.51	150m: 1:53.12	41.04	250m: 3:19.69	47.61	350m: 4:42.12	35.23				
	100m: 1:12.08	38.57	200m: 2:32.08	38.96	300m: 4:06.89	47.20	400m: 5:16.06	33.94				
8.	KONDRASIUK Zofia				16	SMS Szczecin				5:16.29	593	19,00
	50m: 35.06	35.06	150m: 1:54.70	39.62	250m: 3:20.36	47.24	350m: 4:43.40	35.31				
	100m: 1:15.08	40.02	200m: 2:33.12	38.42	300m: 4:08.09	47.73	400m: 5:16.29	32.89				
9.	BRZOZOWSKA Julia				16	SMS Lublin				5:16.42	593	18,00
	50m: 33.73	33.73	150m: 1:53.01	39.67	250m: 3:18.58	45.89	350m: 4:41.43	36.56				
	100m: 1:13.34	39.61	200m: 2:32.69	39.68	300m: 4:04.87	46.29	400m: 5:16.42	34.99				
10.	TADKO Wiktoria				19	SMS Racibórz				5:17.52	587	17,00
	50m: 32.17	32.17	150m: 1:53.16	42.94	250m: 3:20.06	46.59	350m: 4:42.86	36.39				
	100m: 1:10.22	38.05	200m: 2:33.47	40.31	300m: 4:06.47	46.41	400m: 5:17.52	34.66				
11.	SKROK Julia				17	SMS Wrocław				5:18.02	584	16,00
	50m: 32.78	32.78	150m: 1:55.12	43.88	250m: 3:20.42	43.77	350m: 4:42.84	37.85				
	100m: 1:11.24	38.46	200m: 2:36.65	41.53	300m: 4:04.99	44.57	400m: 5:18.02	35.18				
12.	TEODOROWICZ Michalina				17	SMS Kraków				5:23.23	556	15,00
	50m: 33.60	33.60	150m: 1:53.58	41.86	250m: 3:21.53	46.64	350m:					
	100m: 1:11.72	38.12	200m: 2:34.89	41.31	300m: 4:07.83	46.30	400m: 5:23.23					
	SKRZYPCZAK Natalia				17	SMS Racibórz				5:23.23	556	15,00
	50m: 33.70	33.70	150m: 1:53.84	41.61	250m: 3:21.27	46.01	350m: 4:45.89	38.86				
	100m: 1:12.23	38.53	200m: 2:35.26	41.42	300m: 4:07.03	45.76	400m: 5:23.23	37.34				
14.	DU KO Julia				17	SMS Ostrowiec				5:24.81	548	13,00
	50m: 33.72	33.72	150m: 1:57.60	45.82	250m: 3:26.96	46.79	350m: 4:49.78	37.43				
	100m: 1:11.78	38.06	200m: 2:40.17	42.57	300m: 4:12.35	45.39	400m: 5:24.81	35.03				
15.	ZIELI SKA Maja				17	SMS Lublin				5:26.20	541	-
	50m: 34.02	34.02	150m: 1:56.85	43.75	250m: 3:24.89	44.44	350m: 4:49.56	39.00				
	100m: 1:13.10	39.08	200m: 2:40.45	43.60	300m: 4:10.56	45.67	400m: 5:26.20	36.64				
16.	JABŁO SKA Natalia				16	SMS Olsztyn				5:29.65	524	12,00
	50m: 35.37	35.37	150m: 1:59.43	42.83	250m: 3:28.00	46.78	350m: 4:52.91	37.94				
	100m: 1:16.60	41.23	200m: 2:41.22	41.79	300m: 4:14.97	46.97	400m: 5:29.65	36.74				



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Pozycja			Wiek				Czas				Pkt.	
17.	MARCINIAK Aleksandra	17	SMS Kraków				5:35.02				499	-
	50m: 31.97 31.97	150m: 1:52.08 42.89	250m: 3:21.90 47.41	350m: 4:52.37 41.75								
	100m: 1:09.19 37.22	200m: 2:34.49 42.41	300m: 4:10.62 48.72	400m: 5:35.02 42.65								
18.	JURCZUK Weronika	16	SMS Warszawa Bielany				5:35.58				497	11,00
	50m: 34.31 34.31	150m: 1:59.87 43.61	250m: 3:30.89 47.96	350m: 4:58.36 39.11								
	100m: 1:16.26 41.95	200m: 2:42.93 43.06	300m: 4:19.25 48.36	400m: 5:35.58 37.22								
19.	GRZESIAK Oliwia	17	SMS Wrocław				5:36.14				494	10,00
	50m: 33.39 33.39	150m: 1:57.03 44.22	250m: 3:29.52 48.88	350m: 4:58.32 38.11								
	100m: 1:12.81 39.42	200m: 2:40.64 43.61	300m: 4:20.21 50.69	400m: 5:36.14 37.82								
20.	MINTA Zofia	15	SMS Bydgoszcz				5:42.39				468	9,00
	50m: 33.52 33.52	150m: 2:00.65 46.92	250m: 3:30.80 44.16	350m: 4:59.10 42.67								
	100m: 1:13.73 40.21	200m: 2:46.64 45.99	300m: 4:16.43 45.63	400m: 5:42.39 43.29								
21.	PANCERZ Oliwia	18	SMS Warszawa Bielany				5:46.16				453	-
	50m: 34.58 34.58	150m: 2:03.36 47.86	250m: 3:37.87 50.51	350m: 5:07.83 39.03								
	100m: 1:15.50 40.92	200m: 2:47.36 44.00	300m: 4:28.80 50.93	400m: 5:46.16 38.33								
22.	BIEDRZYCKA Blanka	16	SMS Warszawa Konwiktorska				5:53.38				425	8,00
	50m: 33.93 33.93	150m: 2:00.27 46.92	250m: 3:37.33 52.74	350m: 5:12.77 41.21								
	100m: 1:13.35 39.42	200m: 2:44.59 44.32	300m: 4:31.56 54.23	400m: 5:53.38 40.61								
23.	ALEKSANDROWICZ Hanna	18	SMS Szczecin				5:55.91				416	7,00
	50m: 35.45 35.45	150m: 2:02.56 45.88	250m: 3:40.15 52.18	350m: 5:15.96 43.83								
	100m: 1:16.68 41.23	200m: 2:47.97 45.41	300m: 4:32.13 51.98	400m: 5:55.91 39.95								
24.	KUC Weronika	16	SMS Ostrowiec				6:02.04				396	6,00
	50m: 36.08 36.08	150m: 2:06.16 45.95	250m: 3:42.84 51.95	350m: 5:20.17 44.79								
	100m: 1:20.21 44.13	200m: 2:50.89 44.73	300m: 4:35.38 52.54	400m: 6:02.04 41.87								
25.	IWANOWSKA Zuzanna	16	SMS Bydgoszcz				6:10.60				369	5,00
	50m: 35.67 35.67	150m: 2:08.18 48.95	250m: 3:48.88 53.82	350m: 5:28.14 43.64								
	100m: 1:19.23 43.56	200m: 2:55.06 46.88	300m: 4:44.50 55.62	400m: 6:10.60 42.46								