

Mistrzostwa Województwa Lubelskiego (short course)  
Lublin, 16. - 17.11.2024

Konkurencja 14  
16.11.2024 - 15:16

M czynn, 400m dowolny

12 lat i starsi  
Wyniki

Rekord LOZP Open	3:45.65	WITKOWSKI Jan	01003	Poznan	25.11.2012
Rekord LOZP 18	3:45.65	WITKOWSKI Jan	01003	Poznan	25.11.2012
Rekord LOZP 17	3:52.83	RYNKIEWICZ Jakub	03103	Bydgoszcz	02.12.2022
Rekord LOZP 16	3:51.89	RYNKIEWICZ Jakub	03103	Gliwice	11.12.2021
Rekord LOZP 15	3:56.90	ACZEK Hubert	00603	Gliwice	09.12.2023
Rekord LOZP 14	4:01.22	JAKIMIAK Jakub	02403	Lodz	19.12.2017
Rekord LOZP 13	4:21.60	HOLUB Jan	00303	Pulawy	05.12.2009
Rekord LOZP 12	4:39.41	WITKOWSKI Jan	01003	Pulawy	09.12.2006

Punkty: AQUA 2024

Pozycja			Wiek			Czas	Pkt.	CR
12 - 13 lat								
1.	PAWLIKOWSKI Karol		13	MTP „Lublinianka”		<b>4:20.45</b>	541	+0,71
	<i>Rekord LOZP</i>							
	50m:	29.72 29.72	150m:	1:35.92 33.12	250m:	2:42.53 33.12	350m:	3:49.34 33.32
	100m:	1:02.80 33.08	200m:	2:09.41 33.49	300m:	3:16.02 33.49	400m:	4:20.45 31.11
2.	JUSIAK Bartłomiej		13	UKS SP5 Swim		<b>4:43.17</b>	421	+0,66
	50m:	30.23 30.23	150m:	1:41.33 36.25	250m:	2:55.08 36.56	350m:	4:09.42 37.27
	100m:	1:05.08 34.85	200m:	2:18.52 37.19	300m:	3:32.15 37.07	400m:	4:43.17 33.75
3.	STEFANIAK Szymon		13	KU AZS UMCS Lublin		<b>4:51.96</b>	384	+0,74
	50m:	32.36 32.36	150m:	1:45.21 36.97	250m:	3:00.19 37.48	350m:	4:15.98 37.51
	100m:	1:08.24 35.88	200m:	2:22.71 37.50	300m:	3:38.47 38.28	400m:	4:51.96 35.98
4.	KOSOWSKI Bartosz		12	UKS Olimpijczyk 23		<b>4:54.79</b>	373	+0,68
	50m:	32.92 32.92	150m:	1:46.81 37.61	250m:	3:02.98 37.90	350m:	4:20.04 38.58
	100m:	1:09.20 36.28	200m:	2:25.08 38.27	300m:	3:41.46 38.48	400m:	4:54.79 34.75
5.	ZI BA Ignacy		12	UKS Szkoła Pływania 23 Lublin		<b>4:54.95</b>	372	+0,68
	50m:	33.53 33.53	150m:	1:47.13 37.20	250m:	3:02.83 37.73	350m:	4:19.36 38.40
	100m:	1:09.93 36.40	200m:	2:25.10 37.97	300m:	3:40.96 38.13	400m:	4:54.95 35.59
6.	STA CZYK Maciej		12	KU AZS UMCS Lublin		<b>5:08.88</b>	324	
	50m:	35.35 35.35	150m:	1:55.32 39.57	250m:	3:16.16 40.80	350m:	4:32.98 37.22
	100m:	1:15.75 40.40	200m:	2:35.36 40.04	300m:	3:55.76 39.60	400m:	5:08.88 35.90
7.	NOWAKOWSKI Oskar		13	UKS Szkoła Pływania 23 Lublin		<b>5:10.92</b>	318	+0,69
	50m:	33.76 33.76	150m:	1:51.01 39.37	250m:	3:11.67 40.90	350m:	4:32.91 40.26
	100m:	1:11.64 37.88	200m:	2:30.77 39.76	300m:	3:52.65 40.98	400m:	5:10.92 38.01
8.	KONACHOWICZ Jan		13	KU AZS UMCS Lublin		<b>5:11.81</b>	315	+0,80
	50m:	35.41 35.41	150m:	1:56.13 40.47	250m:	3:16.97 40.50	350m:	4:35.95 39.32
	100m:	1:15.66 40.25	200m:	2:36.47 40.34	300m:	3:56.63 39.66	400m:	5:11.81 35.86
9.	STASZCZYK Filip		12	UKS Szkoła Pływania 23 Lublin		<b>5:15.83</b>	303	+0,69
	50m:	36.48 36.48	150m:	1:58.23 40.71	250m:	3:20.07 40.91	350m:	4:39.86 39.38
	100m:	1:17.52 41.04	200m:	2:39.16 40.93	300m:	4:00.48 40.41	400m:	5:15.83 35.97
10.	DANYLUK Alan		12	MKS AVIA widnik		<b>5:16.63</b>	301	+0,69
	50m:	36.01 36.01	150m:	1:57.56 40.79	250m:	3:18.68 40.41	350m:	4:38.85 39.83
	100m:	1:16.77 40.76	200m:	2:38.27 40.71	300m:	3:59.02 40.34	400m:	5:16.63 37.78
11.	CISZ Alan		12	UKS Szkoła Pływania 23 Lublin		<b>5:18.03</b>	297	+0,69
	50m:	34.19 34.19	150m:	1:54.34 40.36	250m:	3:16.12 40.69	350m:	4:38.46 40.99
	100m:	1:13.98 39.79	200m:	2:35.43 41.09	300m:	3:57.47 41.35	400m:	5:18.03 39.57
12.	UDALOV Vladyslav		13	KS AZS AWF Biała Podlaska		<b>5:22.49</b>	285	
	50m:	36.40 36.40	150m:	1:56.43 40.21	250m:	3:19.01 41.92	350m:	4:42.04 41.27
	100m:	1:16.22 39.82	200m:	2:37.09 40.66	300m:	4:00.77 41.76	400m:	5:22.49 40.45
13.	WRÓBEL Filip		12	KS „Wisła” Puławy		<b>5:25.52</b>	277	+0,68
	50m:	35.45 35.45	150m:	1:57.48 41.62	250m:	3:21.71 41.93	350m:	4:45.74 41.27
	100m:	1:15.86 40.41	200m:	2:39.78 42.30	300m:	4:04.47 42.76	400m:	5:25.52 39.78
14.	STRUG Igor		13	MTP „Lublinianka”		<b>5:26.19</b>	275	+0,81
	50m:	35.63 35.63	150m:	1:57.25 41.44	250m:	3:21.44 42.35	350m:	4:45.78 42.00
	100m:	1:15.81 40.18	200m:	2:39.09 41.84	300m:	4:03.78 42.34	400m:	5:26.19 40.41

Mistrzostwa Województwa Lubelskiego (short course)  
Lublin, 16. - 17.11.2024

Konkurencja 14, Chłopców, 400m dowolny, 12 - 13 lat

Pozycja			Wiek					Czas	Pkt.	CR
15.	GÓRNY Mikołaj		12	UKS Szkoła Pływania 23 Lublin				<b>5:31.22</b>	263	+0,71
	50m:	36.46 36.46	150m:	2:00.76	42.42	250m:	3:26.24	42.94	350m:	4:51.72 42.50
	100m:	1:18.34 41.88	200m:	2:43.30	42.54	300m:	4:09.22	42.98	400m:	5:31.22 39.50
16.	SAŁEK Ksawier		12	UKS SP5 Swim				<b>5:37.26</b>	249	+0,70
	50m:	37.26 37.26	150m:	2:04.91	44.68	250m:	3:33.60	44.56	350m:	4:59.47 43.66
	100m:	1:20.23 42.97	200m:	2:49.04	44.13	300m:	4:15.81	42.21	400m:	5:37.26 37.79
17.	NOWACKI Oskar		13	UKS SP5 Swim				<b>5:39.31</b>	244	+0,77
	50m:	36.57 36.57	150m:	2:01.29	43.20	250m:	3:29.04	43.90	350m:	4:57.13 43.78
	100m:	1:18.09 41.52	200m:	2:45.14	43.85	300m:	4:13.35	44.31	400m:	5:39.31 42.18
18.	LED Miłosz		12	UKS Szkoła Pływania 23 Lublin				<b>5:41.62</b>	239	
	50m:	37.30 37.30	150m:	2:06.40	45.11	250m:	3:34.53	44.46	350m:	5:02.16 43.31
	100m:	1:21.29 43.99	200m:	2:50.07	43.67	300m:	4:18.85	44.32	400m:	5:41.62 39.46
19.	GŁOS Jakub		12	MKS AVIA widnik				<b>5:43.00</b>	236	+0,78
	50m:	37.84 37.84	150m:	2:05.25	44.71	250m:	3:35.23	44.90	350m:	5:03.70 44.19
	100m:	1:20.54 42.70	200m:	2:50.33	45.08	300m:	4:19.51	44.28	400m:	5:43.00 39.30
20.	WI CZEK Marcel		12	UKS Olimpijczyk 23				<b>5:54.46</b>	214	+0,86
	50m:	37.92 37.92	150m:	2:07.05	45.89	250m:	3:39.87	46.80	350m:	5:11.92 45.44
	100m:	1:21.16 43.24	200m:	2:53.07	46.02	300m:	4:26.48	46.61	400m:	5:54.46 42.54
21.	KOŁODZIEJCZYK Piotr		12	UKS Szkoła Pływania 23 Lublin				<b>6:27.14</b>	164	+0,64
	50m:	41.59 41.59	150m:	2:19.02	49.69	250m:	4:00.06	50.64	350m:	5:38.92 48.84
	100m:	1:29.33 47.74	200m:	3:09.42	50.40	300m:	4:50.08	50.02	400m:	6:27.14 48.22
DYSKW.	TARGO SKI Cyprian		12	UKS Szkoła Pływania 23 Lublin						
	<i>O1 - Pływak zainicjował start przed sygnałem startu - 4.4</i>									

14 - 15 lat

1.	WÓJCIK Remigiusz		15	KU AZS UMCS Lublin				<b>4:01.83</b>	676	+0,71
	50m:	28.10 28.10	150m:	1:29.34	30.93	250m:	2:31.34	30.97	350m:	3:33.46 30.97
	100m:	58.41 30.31	200m:	2:00.37	31.03	300m:	3:02.49	31.15	400m:	4:01.83 28.37
2.	NOWACKI Mieszko		15	KU AZS UMCS Lublin				<b>4:05.78</b>	644	+0,65
	50m:	29.26 29.26	150m:	1:31.40	31.37	250m:	2:34.23	31.32	350m:	3:36.14 30.92
	100m:	1:00.03 30.77	200m:	2:02.91	31.51	300m:	3:05.22	30.99	400m:	4:05.78 29.64
3.	FRONCZEK Błażej		15	KU AZS UMCS Lublin				<b>4:20.75</b>	539	+0,67
	50m:	29.75 29.75	150m:	1:35.42	33.12	250m:	2:42.57	33.58	350m:	3:49.48 33.27
	100m:	1:02.30 32.55	200m:	2:08.99	33.57	300m:	3:16.21	33.64	400m:	4:20.75 31.27
4.	SZOREK Igor		14	KU AZS UMCS Lublin				<b>4:24.33</b>	517	+0,80
	50m:	30.15 30.15	150m:	1:36.45	33.70	250m:	2:44.16	33.96	350m:	3:52.46 34.14
	100m:	1:02.75 32.60	200m:	2:10.20	33.75	300m:	3:18.32	34.16	400m:	4:24.33 31.87
5.	ADAMCZYK Antoni		14	UKS „ORKA” Zamo				<b>4:39.00</b>	440	+0,74
	50m:	31.18 31.18	150m:	1:40.63	35.20	250m:	2:52.06	35.73	350m:	4:03.79 35.91
	100m:	1:05.43 34.25	200m:	2:16.33	35.70	300m:	3:27.88	35.82	400m:	4:39.00 35.21
6.	PIETRA Szymon		14	KU AZS UMCS Lublin				<b>4:49.36</b>	394	+0,70
	50m:	32.26 32.26	150m:	1:46.18	37.79	250m:	3:00.72	37.18	350m:	4:14.14 36.77
	100m:	1:08.39 36.13	200m:	2:23.54	37.36	300m:	3:37.37	36.65	400m:	4:49.36 35.22
7.	CHAŁAT Adam		14	Uks Skarpa Lublin				<b>4:50.07</b>	391	+0,68
	50m:	32.12 32.12	150m:	1:45.12	36.75	250m:	2:59.87	37.52	350m:	4:16.00 38.28
	100m:	1:08.37 36.25	200m:	2:22.35	37.23	300m:	3:37.72	37.85	400m:	4:50.07 34.07
8.	SOBEK Antoni		14	UKS Olimpijczyk 23				<b>4:54.99</b>	372	+0,79
	50m:	33.73 33.73	150m:	1:49.12	37.91	250m:	3:04.47	37.25	350m:	4:19.66 38.22
	100m:	1:11.21 37.48	200m:	2:27.22	38.10	300m:	3:41.44	36.97	400m:	4:54.99 35.33
9.	KOZAK Mateusz		14	KS „Wisła” Puławy				<b>4:58.08</b>	361	+0,72
	50m:	33.07 33.07	150m:	1:48.05	37.43	250m:	3:05.04	38.89	350m:	4:23.19 38.48
	100m:	1:10.62 37.55	200m:	2:26.15	38.10	300m:	3:44.71	39.67	400m:	4:58.08 34.89
10.	JAGIEŁŁO Mateusz		14	MKS AVIA widnik				<b>5:03.67</b>	341	+0,75
	50m:	33.22 33.22	150m:	1:50.19	38.44	250m:	3:08.62	39.39	350m:	4:26.06 38.84
	100m:	1:11.75 38.53	200m:	2:29.23	39.04	300m:	3:47.22	38.60	400m:	5:03.67 37.61

Mistrzostwa Województwa Lubelskiego (short course)  
Lublin, 16. - 17.11.2024

Konkurencja 14, Chłopców, 400m dowolny, 14 - 15 lat

Pozycja			Wiek				Czas	Pkt.	CR		
11.	MAKHLOUF Raafat		14	KU AZS UMCS Lublin			<b>5:14.24</b>	308	+0,88		
	50m:	35.90 35.90	150m:	1:54.30	39.24	250m:	3:14.46	40.19	350m:	4:36.49	41.08
	100m:	1:15.06 39.16	200m:	2:34.27	39.97	300m:	3:55.41	40.95	400m:	5:14.24	37.75
12 lat i starsi											
1.	KRASKA Mateusz		17	KU AZS UMCS Lublin			<b>4:00.05</b>	691	+0,65		
	50m:	27.28 27.28	150m:	1:27.23	30.14	250m:	2:28.74	30.85	350m:	3:30.05	30.55
	100m:	57.09 29.81	200m:	1:57.89	30.66	300m:	2:59.50	30.76	400m:	4:00.05	30.00
2.	WÓJCIK Remigiusz		15	KU AZS UMCS Lublin			<b>4:01.83</b>	676	+0,71		
	50m:	28.10 28.10	150m:	1:29.34	30.93	250m:	2:31.34	30.97	350m:	3:33.46	30.97
	100m:	58.41 30.31	200m:	2:00.37	31.03	300m:	3:02.49	31.15	400m:	4:01.83	28.37
3.	NOWACKI Mieszko		15	KU AZS UMCS Lublin			<b>4:05.78</b>	644	+0,65		
	50m:	29.26 29.26	150m:	1:31.40	31.37	250m:	2:34.23	31.32	350m:	3:36.14	30.92
	100m:	1:00.03 30.77	200m:	2:02.91	31.51	300m:	3:05.22	30.99	400m:	4:05.78	29.64
4.	PAWLIKOWSKI Karol		13	MTP „Lublinianka”			<b>4:20.45</b>	541	+0,71		
	<i>Rekord LOZP</i>										
	50m:	29.72 29.72	150m:	1:35.92	33.12	250m:	2:42.53	33.12	350m:	3:49.34	33.32
	100m:	1:02.80 33.08	200m:	2:09.41	33.49	300m:	3:16.02	33.49	400m:	4:20.45	31.11
5.	FRONCZEK Bła ej		15	KU AZS UMCS Lublin			<b>4:20.75</b>	539	+0,67		
	50m:	29.75 29.75	150m:	1:35.42	33.12	250m:	2:42.57	33.58	350m:	3:49.48	33.27
	100m:	1:02.30 32.55	200m:	2:08.99	33.57	300m:	3:16.21	33.64	400m:	4:20.75	31.27
6.	SZOREK Igor		14	KU AZS UMCS Lublin			<b>4:24.33</b>	517	+0,80		
	50m:	30.15 30.15	150m:	1:36.45	33.70	250m:	2:44.16	33.96	350m:	3:52.46	34.14
	100m:	1:02.75 32.60	200m:	2:10.20	33.75	300m:	3:18.32	34.16	400m:	4:24.33	31.87
7.	KOZAK Jan		18	UKS SP5 Swim			<b>4:25.71</b>	509	+0,65		
	50m:	30.23 30.23	150m:	1:37.50	33.97	250m:	2:45.64	33.99	350m:	3:53.51	33.69
	100m:	1:03.53 33.30	200m:	2:11.65	34.15	300m:	3:19.82	34.18	400m:	4:25.71	32.20
8.	ADAMCZYK Antoni		14	UKS „ORKA” Zamo			<b>4:39.00</b>	440	+0,74		
	50m:	31.18 31.18	150m:	1:40.63	35.20	250m:	2:52.06	35.73	350m:	4:03.79	35.91
	100m:	1:05.43 34.25	200m:	2:16.33	35.70	300m:	3:27.88	35.82	400m:	4:39.00	35.21
9.	LENARD Radosław		17	MTP „Lublinianka”			<b>4:42.82</b>	422	+0,74		
	50m:	31.09 31.09	150m:	1:41.94	35.88	250m:	2:55.71	36.86	350m:	4:08.75	36.16
	100m:	1:06.06 34.97	200m:	2:18.85	36.91	300m:	3:32.59	36.88	400m:	4:42.82	34.07
10.	JUSIAK Bartłomiej		13	UKS SP5 Swim			<b>4:43.17</b>	421	+0,66		
	50m:	30.23 30.23	150m:	1:41.33	36.25	250m:	2:55.08	36.56	350m:	4:09.42	37.27
	100m:	1:05.08 34.85	200m:	2:18.52	37.19	300m:	3:32.15	37.07	400m:	4:43.17	33.75
11.	OLEKSIENKO Oleksandr		16	KS „OLIMPIA” Lublin			<b>4:43.83</b>	418	+0,69		
	50m:	32.18 32.18	150m:	1:45.57	36.95	250m:	2:58.84	36.17	350m:	4:10.51	35.48
	100m:	1:08.62 36.44	200m:	2:22.67	37.10	300m:	3:35.03	36.19	400m:	4:43.83	33.32
12.	KUROMSKI Konstanty		16	MKS AVIA widnik			<b>4:47.52</b>	402	+0,85		
	50m:	31.10 31.10	150m:	1:41.35	35.45	250m:	2:55.30	37.71	350m:	4:10.94	37.73
	100m:	1:05.90 34.80	200m:	2:17.59	36.24	300m:	3:33.21	37.91	400m:	4:47.52	36.58
13.	PIETRA Szymon		14	KU AZS UMCS Lublin			<b>4:49.36</b>	394	+0,70		
	50m:	32.26 32.26	150m:	1:46.18	37.79	250m:	3:00.72	37.18	350m:	4:14.14	36.77
	100m:	1:08.39 36.13	200m:	2:23.54	37.36	300m:	3:37.37	36.65	400m:	4:49.36	35.22
14.	CHAŁAT Adam		14	Uks Skarpa Lublin			<b>4:50.07</b>	391	+0,68		
	50m:	32.12 32.12	150m:	1:45.12	36.75	250m:	2:59.87	37.52	350m:	4:16.00	38.28
	100m:	1:08.37 36.25	200m:	2:22.35	37.23	300m:	3:37.72	37.85	400m:	4:50.07	34.07
15.	STEFANIAK Szymon		13	KU AZS UMCS Lublin			<b>4:51.96</b>	384	+0,74		
	50m:	32.36 32.36	150m:	1:45.21	36.97	250m:	3:00.19	37.48	350m:	4:15.98	37.51
	100m:	1:08.24 35.88	200m:	2:22.71	37.50	300m:	3:38.47	38.28	400m:	4:51.96	35.98
16.	KOSOWSKI Bartosz		12	UKS Olimpijczyk 23			<b>4:54.79</b>	373	+0,68		
	50m:	32.92 32.92	150m:	1:46.81	37.61	250m:	3:02.98	37.90	350m:	4:20.04	38.58
	100m:	1:09.20 36.28	200m:	2:25.08	38.27	300m:	3:41.46	38.48	400m:	4:54.79	34.75

Mistrzostwa Województwa Lubelskiego (short course)  
Lublin, 16. - 17.11.2024

Konkurencja 14, M czyzn, 400m dowolny, 12 lat i starsi

Pozycja			Wiek							Czas	Pkt.	CR
17.	ZI BA Ignacy		12	UKS Szkoła Pływania 23 Lublin						<b>4:54.95</b>	372	+0,68
	50m:	33.53	33.53	150m:	1:47.13	37.20	250m:	3:02.83	37.73	350m:	4:19.36	38.40
	100m:	1:09.93	36.40	200m:	2:25.10	37.97	300m:	3:40.96	38.13	400m:	4:54.95	35.59
18.	SOBEK Antoni		14	UKS Olimpijczyk 23						<b>4:54.99</b>	372	+0,79
	50m:	33.73	33.73	150m:	1:49.12	37.91	250m:	3:04.47	37.25	350m:	4:19.66	38.22
	100m:	1:11.21	37.48	200m:	2:27.22	38.10	300m:	3:41.44	36.97	400m:	4:54.99	35.33
19.	KOZAK Mateusz		14	KS „Wisła” Puławy						<b>4:58.08</b>	361	+0,72
	50m:	33.07	33.07	150m:	1:48.05	37.43	250m:	3:05.04	38.89	350m:	4:23.19	38.48
	100m:	1:10.62	37.55	200m:	2:26.15	38.10	300m:	3:44.71	39.67	400m:	4:58.08	34.89
20.	JAGIEŁŁO Mateusz		14	MKS AVIA widnik						<b>5:03.67</b>	341	+0,75
	50m:	33.22	33.22	150m:	1:50.19	38.44	250m:	3:08.62	39.39	350m:	4:26.06	38.84
	100m:	1:11.75	38.53	200m:	2:29.23	39.04	300m:	3:47.22	38.60	400m:	5:03.67	37.61
21.	STA CZYK Maciej		12	KU AZS UMCS Lublin						<b>5:08.88</b>	324	
	50m:	35.35	35.35	150m:	1:55.32	39.57	250m:	3:16.16	40.80	350m:	4:32.98	37.22
	100m:	1:15.75	40.40	200m:	2:35.36	40.04	300m:	3:55.76	39.60	400m:	5:08.88	35.90
22.	NOWAKOWSKI Oskar		13	UKS Szkoła Pływania 23 Lublin						<b>5:10.92</b>	318	+0,69
	50m:	33.76	33.76	150m:	1:51.01	39.37	250m:	3:11.67	40.90	350m:	4:32.91	40.26
	100m:	1:11.64	37.88	200m:	2:30.77	39.76	300m:	3:52.65	40.98	400m:	5:10.92	38.01
23.	KONACHOWICZ Jan		13	KU AZS UMCS Lublin						<b>5:11.81</b>	315	+0,80
	50m:	35.41	35.41	150m:	1:56.13	40.47	250m:	3:16.97	40.50	350m:	4:35.95	39.32
	100m:	1:15.66	40.25	200m:	2:36.47	40.34	300m:	3:56.63	39.66	400m:	5:11.81	35.86
24.	MAKHLOUF Raafat		14	KU AZS UMCS Lublin						<b>5:14.24</b>	308	+0,88
	50m:	35.90	35.90	150m:	1:54.30	39.24	250m:	3:14.46	40.19	350m:	4:36.49	41.08
	100m:	1:15.06	39.16	200m:	2:34.27	39.97	300m:	3:55.41	40.95	400m:	5:14.24	37.75
25.	STASZCZYK Filip		12	UKS Szkoła Pływania 23 Lublin						<b>5:15.83</b>	303	+0,69
	50m:	36.48	36.48	150m:	1:58.23	40.71	250m:	3:20.07	40.91	350m:	4:39.86	39.38
	100m:	1:17.52	41.04	200m:	2:39.16	40.93	300m:	4:00.48	40.41	400m:	5:15.83	35.97
26.	DANYLUK Alan		12	MKS AVIA widnik						<b>5:16.63</b>	301	+0,69
	50m:	36.01	36.01	150m:	1:57.56	40.79	250m:	3:18.68	40.41	350m:	4:38.85	39.83
	100m:	1:16.77	40.76	200m:	2:38.27	40.71	300m:	3:59.02	40.34	400m:	5:16.63	37.78
27.	CISZ Alan		12	UKS Szkoła Pływania 23 Lublin						<b>5:18.03</b>	297	+0,69
	50m:	34.19	34.19	150m:	1:54.34	40.36	250m:	3:16.12	40.69	350m:	4:38.46	40.99
	100m:	1:13.98	39.79	200m:	2:35.43	41.09	300m:	3:57.47	41.35	400m:	5:18.03	39.57
28.	UDALOV Vladyslav		13	KS AZS AWF Biała Podlaska						<b>5:22.49</b>	285	
	50m:	36.40	36.40	150m:	1:56.43	40.21	250m:	3:19.01	41.92	350m:	4:42.04	41.27
	100m:	1:16.22	39.82	200m:	2:37.09	40.66	300m:	4:00.77	41.76	400m:	5:22.49	40.45
29.	WRÓBEL Filip		12	KS „Wisła” Puławy						<b>5:25.52</b>	277	+0,68
	50m:	35.45	35.45	150m:	1:57.48	41.62	250m:	3:21.71	41.93	350m:	4:45.74	41.27
	100m:	1:15.86	40.41	200m:	2:39.78	42.30	300m:	4:04.47	42.76	400m:	5:25.52	39.78
30.	STRUG Igor		13	MTP „Lublinianka”						<b>5:26.19</b>	275	+0,81
	50m:	35.63	35.63	150m:	1:57.25	41.44	250m:	3:21.44	42.35	350m:	4:45.78	42.00
	100m:	1:15.81	40.18	200m:	2:39.09	41.84	300m:	4:03.78	42.34	400m:	5:26.19	40.41
31.	GÓRNY Mikołaj		12	UKS Szkoła Pływania 23 Lublin						<b>5:31.22</b>	263	+0,71
	50m:	36.46	36.46	150m:	2:00.76	42.42	250m:	3:26.24	42.94	350m:	4:51.72	42.50
	100m:	1:18.34	41.88	200m:	2:43.30	42.54	300m:	4:09.22	42.98	400m:	5:31.22	39.50
32.	SAŁEK Ksawier		12	UKS SP5 Swim						<b>5:37.26</b>	249	+0,70
	50m:	37.26	37.26	150m:	2:04.91	44.68	250m:	3:33.60	44.56	350m:	4:59.47	43.66
	100m:	1:20.23	42.97	200m:	2:49.04	44.13	300m:	4:15.81	42.21	400m:	5:37.26	37.79
33.	NOWACKI Oskar		13	UKS SP5 Swim						<b>5:39.31</b>	244	+0,77
	50m:	36.57	36.57	150m:	2:01.29	43.20	250m:	3:29.04	43.90	350m:	4:57.13	43.78
	100m:	1:18.09	41.52	200m:	2:45.14	43.85	300m:	4:13.35	44.31	400m:	5:39.31	42.18
34.	LED Miłosz		12	UKS Szkoła Pływania 23 Lublin						<b>5:41.62</b>	239	
	50m:	37.30	37.30	150m:	2:06.40	45.11	250m:	3:34.53	44.46	350m:	5:02.16	43.31
	100m:	1:21.29	43.99	200m:	2:50.07	43.67	300m:	4:18.85	44.32	400m:	5:41.62	39.46

Mistrzostwa Województwa Lubelskiego (short course)  
Lublin, 16. - 17.11.2024

Konkurencja 14, M czyzn, 400m dowolny, 12 lat i starsi

Pozycja			Wiek						Czas	Pkt.	CR
35.	GŁOS Jakub		12		MKS AVIA widnik				<b>5:43.00</b>	236	+0,78
	50m:	37.84 37.84	150m:	2:05.25 44.71	250m:	3:35.23 44.90	350m:	5:03.70 44.19			
	100m:	1:20.54 42.70	200m:	2:50.33 45.08	300m:	4:19.51 44.28	400m:	5:43.00 39.30			
36.	WI CZEK Marcel		12		UKS Olimpijczyk 23				<b>5:54.46</b>	214	+0,86
	50m:	37.92 37.92	150m:	2:07.05 45.89	250m:	3:39.87 46.80	350m:	5:11.92 45.44			
	100m:	1:21.16 43.24	200m:	2:53.07 46.02	300m:	4:26.48 46.61	400m:	5:54.46 42.54			
37.	KOŁODZIEJCZYK Piotr		12		UKS Szkoła Pływania 23 Lublin				<b>6:27.14</b>	164	+0,64
	50m:	41.59 41.59	150m:	2:19.02 49.69	250m:	4:00.06 50.64	350m:	5:38.92 48.84			
	100m:	1:29.33 47.74	200m:	3:09.42 50.40	300m:	4:50.08 50.02	400m:	6:27.14 48.22			
DYSKW.	TARGO SKI Cyprian		12		UKS Szkoła Pływania 23 Lublin						
	<i>O1 - Pływak zainicjował start przed sygnałem startu - 4.4</i>										
PK	CIRTAUTAS Giedrius		17		Klaipedos Gintaro SC				<b>4:03.44</b>	662	+0,65
	50m:	27.30 27.30	150m:	1:27.69 30.36	250m:	2:29.22 31.03	350m:	3:31.99 31.64			
	100m:	57.33 30.03	200m:	1:58.19 30.50	300m:	3:00.35 31.13	400m:	4:03.44 31.45			
PK	LEBEDEV Maksim		14		Klaipedos Gintaro SC				<b>4:58.62</b>	359	+0,79
	50m:	32.27 32.27	150m:	1:46.29 37.82	250m:	3:03.43 38.36	350m:	4:22.16 39.30			
	100m:	1:08.47 36.20	200m:	2:25.07 38.78	300m:	3:42.86 39.43	400m:	4:58.62 36.46			