

Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 1  
30.05.2025 - 14:00

Kobiet, 50m dowolny

20 - 94 lat  
Wyniki

|                    |         |                    |                 |            |
|--------------------|---------|--------------------|-----------------|------------|
| RP Masters 85 - 89 | 1:19.53 | WALKOWICZ Urszula  | Warszawa        | 16.06.2017 |
| RP Masters 80 - 84 | 59.65   | WILCZYŃSKA Wacława | Poznań          | 21.06.2009 |
| RP Masters 75 - 79 | 38.75   | BASTEK Renata      | Poznań          | 22.06.2018 |
| RP Masters 70 - 74 | 35.07   | BASTEK Renata      | Eindhoven (NED) | 06.09.2013 |
| RP Masters 65 - 69 | 34.50   | BASTEK Renata      | Cadiz (ESP)     | 18.09.2009 |
| RP Masters 60 - 64 | 33.68   | BASTEK Renata      | Köln (GER)      | 07.02.2004 |
| RP Masters 55 - 59 | 30.99   | KULIŚ Mariola      | Olsztyn         | 10.06.2022 |
| RP Masters 50 - 54 | 29.83   | KULIŚ Mariola      | Gliwice         | 10.06.2016 |
| RP Masters 45 - 49 | 28.99   | FRĄCZEK Izabela    | Warszawa        | 17.06.2017 |
| RP Masters 40 - 44 | 28.91   | ZIELIŃSKA Joanna   | Cadiz (ESP)     | 19.09.2009 |
| RP Masters 35 - 39 | 27.14   | KORC Agata         | Warszawa        | 03.06.2023 |
| RP Masters 30 - 34 | 27.58   | KORC Agata         | Warszawa        | 04.12.2016 |
| RP Masters 25 - 29 | 26.54   | WÓJTOWICZ Gabriela | Olsztyn         | 10.06.2022 |

Punkty: AOIJA Master 2025

| Pozycja      | Wiek             |    | Czas                      | Pkt.         | CR        |
|--------------|------------------|----|---------------------------|--------------|-----------|
| KATEGORIA MŁ |                  |    |                           |              |           |
| 1.           | ŁUCZAK Dominika  | 23 | Niezrzeszony Zielona Góra | <b>29.24</b> | 653 +0,74 |
| 2.           | ZIELIŃSKA Oliwia | 24 | KS Warta Poznań           | <b>29.62</b> | 628 +0,65 |
| 3.           | MARKUNAS Julia   | 24 | MKP Szczecin              | <b>31.87</b> | 504 +0,81 |

## KATEGORIA A

|     |                   |    |                            |              |     |       |
|-----|-------------------|----|----------------------------|--------------|-----|-------|
| 1.  | KUREK Wiktoria    | 28 | UKS Trójka Częstochowa     | <b>27.68</b> | 769 | +0,79 |
| 2.  | JANKOWSKA Klaudia | 27 | Warsaw Masters Team        | <b>28.36</b> | 715 | +0,80 |
| 3.  | WEŁŁAWIAK Rina    | 27 | Water Squad                | <b>28.40</b> | 712 | +0,63 |
| 4.  | WRÓBEL Angelika   | 28 | Fundacja Power Swimming    | <b>28.42</b> | 711 | +0,85 |
| 5.  | CHOJECKA Karolina | 25 | Warsaw Masters Team        | <b>29.35</b> | 645 | +0,77 |
| 6.  | GÜRAY Sinem       | 27 | Itu Swimming               | <b>30.01</b> | 604 | +0,92 |
| 7.  | SZATANEK Julia    | 26 | SMT Szczecin               | <b>30.90</b> | 553 | +0,81 |
| 8.  | RUPA Patrycja     | 29 | KS PRESTIGE Rzeszów        | <b>30.96</b> | 550 | +0,69 |
| 9.  | ZIMIŃSKA Julia    | 28 | Niezrzeszony               | <b>31.80</b> | 507 | +0,72 |
| 10. | FRĄCKOWIAK Agata  | 28 | Niezrzeszony Bydgoszcz     | <b>33.33</b> | 441 | +0,81 |
| 11. | GWIŹDŹ Martyna    | 29 | Fundacja Palestra Pływania | <b>34.78</b> | 388 | +0,90 |

## KATEGORIA B

|     |                     |    |                      |              |     |       |
|-----|---------------------|----|----------------------|--------------|-----|-------|
| 1.  | SASIN Dominika      | 31 | Water Squad          | <b>28.08</b> | 748 | +0,75 |
| 2.  | GAJDOWSKA Agnieszka | 30 | Water Squad          | <b>28.13</b> | 744 | +0,67 |
| 3.  | KOLASA Magda        | 34 | 5Styl Warszawa       | <b>28.70</b> | 700 | +0,73 |
| 4.  | KOZAK Dominika      | 32 | Water Squad          | <b>29.54</b> | 642 | +0,74 |
| 5.  | STACHOWICZ Lena     | 33 | 5Styl Warszawa       | <b>29.68</b> | 633 | +0,79 |
| 6.  | KOŚLA Marta         | 32 | Warsaw Masters Team  | <b>30.96</b> | 558 | +0,82 |
| 7.  | ZARZECZNA Kamila    | 31 | Masters Avia Świdnik | <b>31.30</b> | 540 | +0,84 |
| 8.  | KUCHARSKA Magdalena | 31 | 5Styl Warszawa       | <b>32.12</b> | 499 | +0,73 |
| 9.  | JANCEWICZ Joanna    | 30 | 5Styl Warszawa       | <b>32.34</b> | 489 | +0,72 |
| 10. | WOJNICKA Joanna     | 31 | MUKS HURAGAN Koło    | <b>33.17</b> | 453 | +0,77 |
| 11. | WEJNEROWSKA Klaudia | 32 | Koszalińskie TKKF    | <b>34.30</b> | 410 | +0,89 |
| 12. | SŁOWIK Magdalena    | 33 | 5Styl Warszawa       | <b>35.78</b> | 361 | +0,75 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
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Konkurencja 1, Kobiety, 50m dowolny

KATEGORIA C

|    |                            |    |                         |                |     |       |
|----|----------------------------|----|-------------------------|----------------|-----|-------|
| 1. | KOBA-GOŁASZEWSKA Katarzyna | 39 | Fundacja Power Swimming | <b>30.74</b>   | 576 | +0,75 |
| 2. | KĘDZIERSKA Magdalena       | 38 | Masters Avia Świdnik    | <b>32.94</b>   | 468 | +0,90 |
| 3. | DOLIŃSKA Aneta             | 35 | KS Warta Poznań         | <b>33.30</b>   | 453 | +0,86 |
| 4. | WIELECHOWSKA Anna          | 35 | UKS Cityzen Poznań      | <b>33.87</b>   | 430 | +0,85 |
| 5. | WOLSKA Katarzyna           | 38 | 5Styl Warszawa          | <b>34.28</b>   | 415 | +0,78 |
| 6. | BIELAWSKA Magdalena        | 39 | IKS Herkules Suwałki    | <b>35.86</b>   | 362 | +0,81 |
| 7. | SOBCZAK- PORADA Joanna     | 38 | Warsaw Masters Team     | <b>41.29</b>   | 237 | +0,73 |
| 8. | KOENIG Agnieszka           | 38 | UKS Wodnik 29 Katowice  | <b>1:07.89</b> | 53  |       |

KATEGORIA D

|    |                            |    |                            |              |     |       |
|----|----------------------------|----|----------------------------|--------------|-----|-------|
| 1. | SIKORA Sabina              | 41 | UKS Jasień Sucha Beskidzka | <b>29.65</b> | 709 | +0,76 |
| 2. | PALMOWSKA-LATUSZEK Paulina | 40 | Stow. TEAM SPORT           | <b>30.69</b> | 639 | +0,73 |
| 3. | DUDA Anna                  | 44 | Rybnicki MKS               | <b>30.76</b> | 635 | +0,77 |
| 4. | PODGÓRSKA-GDAŃSKA Kamila   | 42 | 5Styl Warszawa             | <b>31.33</b> | 601 | +0,71 |
| 5. | JABŁONKA Agnieszka         | 44 | UKS Zespołu SMS            | <b>32.75</b> | 526 | +0,82 |
| 6. | GŁOWACKA Marta             | 40 | 5Styl Warszawa             | <b>34.04</b> | 468 | +0,83 |
| 7. | WIATR Patrycja             | 41 | KS Mako                    | <b>36.54</b> | 378 | +0,92 |
| 8. | LECH Monika                | 41 | Fundacja Palestra Pływania | <b>43.11</b> | 230 | +0,88 |
| 9. | FIGIEL Magda               | 44 | Fundacja Palestra Pływania | <b>43.69</b> | 221 | +0,94 |

KATEGORIA E

|     |                        |    |                                |              |     |       |
|-----|------------------------|----|--------------------------------|--------------|-----|-------|
| 1.  | MICHALIK Dominika      | 46 | Masters Białystok              | <b>30.43</b> | 667 | +0,70 |
| 2.  | IWANIUK MRÓZ Magdalena | 46 | Iswim Białystok                | <b>31.21</b> | 618 | +0,77 |
| 3.  | LORENC Agnieszka       | 45 | UKS Zespołu SMS                | <b>33.16</b> | 515 | +0,77 |
| 4.  | ŁUKASIUŁ Ewa           | 45 | Stow. Pływ. Sebastiana Karasia | <b>33.33</b> | 507 | +0,68 |
| 5.  | KOWALCZYK Izabela      | 49 | SMT Szczecin                   | <b>33.84</b> | 485 | +0,92 |
| 6.  | DUSZAK Dominika        | 47 | GKP 7 Zdrój Trzebnica          | <b>34.04</b> | 476 | +0,92 |
| 7.  | MARZENOWSKA Karolina   | 46 | Masters Avia Świdnik           | <b>35.11</b> | 434 | +0,71 |
| 8.  | MRÓZ Edyta             | 46 | UKS Wodnik 29 Katowice         | <b>36.34</b> | 391 | +0,86 |
| 9.  | LUŻNIAKOWSKA Dagmara   | 45 | MUKS Zgierz                    | <b>36.80</b> | 377 | +0,95 |
| 10. | ŁAWNICZAK Aleksandra   | 46 | MUKS Zgierz                    | <b>38.18</b> | 337 | +0,95 |
| 11. | BARAŃSKA Justyna       | 48 | MUKS Zgierz                    | <b>39.04</b> | 315 | +0,73 |
| 12. | CYGAŃSKA Monika        | 46 | Fundacja Palestra Pływania     | <b>42.98</b> | 236 | +0,78 |
| 13. | RADOSZ Sylwia          | 47 | Niezrzeszony                   | <b>56.52</b> | 104 |       |

KATEGORIA F

|    |                       |    |                       |              |     |       |
|----|-----------------------|----|-----------------------|--------------|-----|-------|
| 1. | ŚCIBIOREK Małgorzata  | 54 | MUKS Zgierz           | <b>31.48</b> | 637 | +0,74 |
| 2. | CISZEK Agnieszka      | 50 | WKS Śląsk Wrocław     | <b>33.62</b> | 523 | +0,89 |
| 3. | ŁOŚ-JANCZUR Monika    | 51 | UKS Siemaszka Piekary | <b>34.28</b> | 493 | +0,74 |
| 4. | LIPIEC Edyta          | 52 | Masters Avia Świdnik  | <b>34.75</b> | 473 | +0,68 |
| 5. | BALAJCZA Timea        | 54 | Water Squad           | <b>36.98</b> | 393 | +0,83 |
| 6. | SOLECKA Małgorzata    | 51 | KS Mako               | <b>38.15</b> | 358 | +0,78 |
| 7. | KABAT-KOPERSKA Joanna | 52 | SMT Szczecin          | <b>45.49</b> | 211 |       |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
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Konkurencja 1, Kobiet, 50m dowolny

KATEGORIA G

|    |                               |    |                             |              |     |       |
|----|-------------------------------|----|-----------------------------|--------------|-----|-------|
| 1. | KULIŚ Mariola                 | 59 | KS Korona 1919 Kraków       | <b>31.90</b> | 671 | +0,75 |
| 2. | SERBIN Małgorzata             | 59 | MKP Szczecin                | <b>34.42</b> | 534 | +0,82 |
| 3. | REMBOWSKA-ŚWIEBODA Małgorzata | 57 | MUKS Zgierz                 | <b>35.00</b> | 508 | +0,79 |
| 4. | PIWOWARCZYK Elżbieta          | 59 | Iswim Białystok             | <b>35.78</b> | 476 | +0,62 |
| 5. | GOŹDZIEJEWSKA Anna            | 58 | Stow. Pływ. Masters Olsztyn | <b>37.09</b> | 427 | +0,75 |
| 6. | AYOMO Bożena                  | 59 | Water Squad                 | <b>40.93</b> | 318 | +0,90 |
| 7. | SEKUŁA Joanna                 | 56 | Masters Avia Świdnik        | <b>53.73</b> | 140 | +0,98 |

KATEGORIA H

|    |                        |    |                 |              |     |       |
|----|------------------------|----|-----------------|--------------|-----|-------|
| 1. | MRÓZ Urszula           | 63 | MUKS Zgierz     | <b>36.23</b> | 504 | +0,92 |
| 2. | TARASIEWICZ Małgorzata | 62 | Iswim Białystok | <b>43.41</b> | 293 | +0,91 |
| 3. | MYSIAK Katarzyna       | 64 | Gdynia Masters  | <b>43.59</b> | 289 | +0,99 |

KATEGORIA I

|    |                        |    |                       |              |     |       |
|----|------------------------|----|-----------------------|--------------|-----|-------|
| 1. | MACIERZEWSKA Agnieszka | 65 | KS Korona 1919 Kraków | <b>36.58</b> | 503 |       |
| 2. | WASILEWICZ Joanna      | 66 | Masters Białystok     | <b>39.44</b> | 401 | +0,73 |
| 3. | SKIBA Eliza            | 65 | Masters Avia Świdnik  | <b>39.96</b> | 386 | +0,81 |
| 4. | DĄBROWSKA Zofia        | 67 | Weteran Zabrze        | <b>45.63</b> | 259 | +0,91 |

KATEGORIA J

|    |                                |    |                         |                |     |       |
|----|--------------------------------|----|-------------------------|----------------|-----|-------|
| 1. | HEISLER Grażyna                | 74 | Gdynia Masters          | <b>46.70</b>   | 284 |       |
| 2. | ŁABUZ Ewa                      | 70 | Swim Club Masters Ślęza | <b>50.83</b>   | 220 | +0,95 |
| 3. | ŁASIŃSKA-BŁACHOWICZ Małgorzata | 71 | UKS Cityzen Poznań      | <b>55.05</b>   | 173 |       |
| 4. | SEROŻYŃSKA Lucyna              | 70 | Toruń Multisport Team   | <b>1:02.01</b> | 121 |       |

KATEGORIA K

|    |                |    |                     |                |     |  |
|----|----------------|----|---------------------|----------------|-----|--|
| 1. | ŁUTOWICZ Maria | 75 | UKS Cityzen Poznań  | <b>52.71</b>   | 270 |  |
| 2. | SZEMBERG Anna  | 76 | Warsaw Masters Team | <b>1:02.19</b> | 164 |  |
| 3. | LIPPA Maria    | 79 | Rydułtowska AAS 60+ | <b>2:18.12</b> | 15  |  |

KATEGORIA M

|    |                 |    |                        |                |    |  |
|----|-----------------|----|------------------------|----------------|----|--|
| 1. | NICPOŃ Krystyna | 85 | UKS Wodnik 29 Katowice | <b>1:25.02</b> | 95 |  |
|----|-----------------|----|------------------------|----------------|----|--|



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 2  
30.05.2025 - 14:15

Mężczyzn, 50m dowolny

20 - 94 lat  
Wyniki

|                    |       |                        |                 |            |
|--------------------|-------|------------------------|-----------------|------------|
| RP Masters 90 - 94 | 54.74 | KROKOSZYŃSKI Stanisław | Oświęcim        | 11.06.2021 |
| RP Masters 85 - 89 | 41.87 | KROKOSZYŃSKI Stanisław | Gliwice         | 10.06.2016 |
| RP Masters 80 - 84 | 36.79 | MARTYNIUK Bogdan       | Gliwice         | 31.05.2019 |
| RP Masters 75 - 79 | 34.63 | KROKOSZYŃSKI Stanisław | Poznań          | 21.06.2009 |
| RP Masters 70 - 74 | 31.78 | BASTEK Ewald           | Cadiz (ESP)     | 19.09.2009 |
| RP Masters 65 - 69 | 29.29 | WARCHOŁ Mirosław       | Gliwice         | 31.05.2019 |
| RP Masters 60 - 64 | 28.10 | RUBASZKIEWICZ Andrzej  | Poznań          | 21.06.2009 |
| RP Masters 55 - 59 | 26.54 | BARANIK Mariusz        | Lublin          | 15.06.2024 |
| RP Masters 50 - 54 | 25.79 | BIELICZ Leonard        | Majorka (ESP)   | 07.07.2001 |
| RP Masters 45 - 49 | 25.35 | KACZMAREK Marcin       | Warszawa        | 02.06.2023 |
| RP Masters 40 - 44 | 25.08 | KACZMAREK Marcin       | Budapeszt (HUN) | 18.08.2017 |
| RP Masters 35 - 39 | 23.41 | KORZENIOWSKI Paweł     | Warszawa        | 02.06.2023 |
| RP Masters 30 - 34 | 22.75 | CZERNIAK Konrad        | Warszawa        | 02.12.2023 |
| RP Masters 25 - 29 | 23.86 | KUNKEVICH Uładzislau   | Lublin          | 15.06.2024 |

Punkty: AQUA Master 2025

| Pozycja      | Wiek                |    | Czas              | Pkt.         | CR        |
|--------------|---------------------|----|-------------------|--------------|-----------|
| KATEGORIA MŁ |                     |    |                   |              |           |
| 1.           | KALEK Bartosz       | 21 | KU AZS UAM Poznań | <b>26.91</b> | 569 +0,66 |
| 2.           | CHŁAD Bartosz       | 24 | Niezrzeszony      | <b>27.73</b> | 520 +0,82 |
| 3.           | WIŚNIEWSKI Wojciech | 23 | Niezrzeszony      | <b>27.87</b> | 512 +0,96 |

## KATEGORIA A

|    |                    |    |                         |              |     |       |
|----|--------------------|----|-------------------------|--------------|-----|-------|
| 1. | OLBORSKI Krzysztof | 28 | Water Squad             | <b>25.42</b> | 675 | +0,71 |
| 2. | LIS Patryk         | 27 | Masters Avia Świdnik    | <b>25.68</b> | 654 | +0,79 |
| 3. | ĆWIKLIŃSKI Mateusz | 27 | Water Squad             | <b>25.76</b> | 648 | +0,70 |
| 4. | MOREŃ Wojciech     | 29 | Water Squad             | <b>26.38</b> | 604 | +0,70 |
| 5. | ŻRÓDLAK Patryk     | 28 | Fundacja Power Swimming | <b>27.59</b> | 528 | +0,75 |
| 6. | SZEWCZYK Maciej    | 29 | KS Korona 1919 Kraków   | <b>28.12</b> | 498 | +0,66 |
| 7. | GRYGLEWICZ Juliusz | 27 | Niezrzeszony            | <b>28.37</b> | 485 | +0,81 |

## KATEGORIA B

|     |                       |    |                         |              |     |       |
|-----|-----------------------|----|-------------------------|--------------|-----|-------|
| 1.  | CIEŚLAK Marcin        | 33 | 5Styl Warszawa          | <b>23.82</b> | 801 | +0,68 |
| 2.  | RZADKOWSKI Daniel     | 31 | Warsaw Masters Team     | <b>23.97</b> | 786 | +0,73 |
| 3.  | SOKULSKI Jacek        | 34 | Fundacja Power Swimming | <b>24.51</b> | 736 | +0,70 |
| 4.  | MAZUR Andrzej         | 30 | Masters Avia Świdnik    | <b>24.71</b> | 718 | +0,66 |
| 5.  | KARNASZEWSKI Konrad   | 31 | Niezrzeszony            | <b>24.85</b> | 706 | +0,70 |
| 6.  | WEISS Aleksander      | 31 | TRI Starogard Gdański   | <b>24.95</b> | 697 | +0,73 |
| 7.  | WITT Piotr            | 34 | KS Warta Poznań         | <b>25.13</b> | 682 | +0,75 |
| 8.  | KEMPIAK Amadeusz      | 31 | Niezrzeszony            | <b>25.16</b> | 680 | +0,65 |
| 9.  | JASNOS Adam           | 34 | TP Zielona Góra         | <b>25.61</b> | 645 | +0,66 |
| 10. | WENGERSKI Jędrzej     | 33 | 5Styl Warszawa          | <b>26.41</b> | 588 | +0,76 |
| 11. | SADOWY Bartosz        | 30 | Niezrzeszony            | <b>26.86</b> | 559 | +0,76 |
| 12. | PYDA Jakub            | 31 | Masters Avia Świdnik    | <b>26.91</b> | 556 | +0,72 |
| 13. | KASZYCA Jakub         | 30 | SMT Szczecin            | <b>27.39</b> | 527 | +0,72 |
| 14. | JANKOWSKI Jędrzej     | 31 | KS Korona 1919 Kraków   | <b>28.18</b> | 484 | +0,78 |
| 15. | KUREK Mateusz         | 31 | UKS Trójka Częstochowa  | <b>28.47</b> | 469 | +0,64 |
| 16. | KONIECZNIK Przemysław | 30 | Niezrzeszony            | <b>31.44</b> | 348 | +0,84 |



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Lublin, 30.5. - 1.6.2025

Konkurencja 2, Mężczyzn, 50m dowolny

KATEGORIA C

|                        |    |                            |              |     |       |
|------------------------|----|----------------------------|--------------|-----|-------|
| 1. ZIELONKA Rafał      | 39 | Masters Avia Świdnik       | <b>26.93</b> | 600 | +0,68 |
| 2. OLSZEWSKI Krzysztof | 36 | Warsaw Masters Team        | <b>26.98</b> | 597 | +0,75 |
| 3. PIK Paweł           | 37 | Masters Avia Świdnik       | <b>27.07</b> | 591 | +0,76 |
| 4. SZEWCZYK Piotr      | 38 | Warsaw Masters Team        | <b>27.68</b> | 553 | +0,83 |
| 5. WOLAK Piotr         | 38 | Fundacja JK TEAM           | <b>27.94</b> | 537 | +0,66 |
| 6. BOCHNIA Piotr       | 36 | Fundacja Palestra Pływania | <b>28.00</b> | 534 | +0,80 |
| 7. DAWIDEK Łukasz      | 39 | MASTERS Lublin             | <b>28.46</b> | 508 | +0,74 |
| 8. SIWKA Sebastian     | 36 | Niezrzeszony               | <b>29.39</b> | 461 | +0,83 |
| 9. GORBACZOW Jacek     | 38 | Gdynia Masters             | <b>29.52</b> | 455 | +0,76 |
| 10. PIETRZAK Adam      | 37 | Masters Avia Świdnik       | <b>30.51</b> | 412 | +0,77 |
| 11. SZNAJDER Michał    | 39 | Warsaw Masters Team        | <b>30.92</b> | 396 | +0,79 |
| 12. BIALIK Grzegorz    | 37 | MUKS Gilus Gilowice        | <b>33.96</b> | 299 | +0,70 |
| 13. WOŹNIAK Marcin     | 39 | Niezrzeszony Pruszków      | <b>38.31</b> | 208 |       |

KATEGORIA D

|                                                       |    |                       |              |     |       |
|-------------------------------------------------------|----|-----------------------|--------------|-----|-------|
| 1. KORZENIOWSKI Paweł<br><i>Rekord Polski Masters</i> | 40 | 5Styl Warszawa        | <b>23.56</b> | 947 | +0,77 |
| 2. TYSZKOWSKI Sebastian                               | 42 | UKS KORAL Wrocław     | <b>25.94</b> | 709 | +0,71 |
| 3. SERAFIN Sebastian                                  | 44 | Niezrzeszony Lublin   | <b>26.83</b> | 641 | +0,79 |
| 4. ŚLUSARCZYK Bartosz                                 | 40 | KS Korona 1919 Kraków | <b>26.94</b> | 633 | +0,68 |
| 5. SKORULSKI Jacek                                    | 42 | Niezrzeszony          | <b>27.21</b> | 615 | +0,95 |
| 6. PORADA Tomasz                                      | 42 | Warsaw Masters Team   | <b>28.25</b> | 549 | +0,79 |
| 7. KACZMAREK Bartosz                                  | 42 | KU AZS UAM Poznań     | <b>28.78</b> | 519 | +0,71 |
| 8. BUKOWSKI Marcin                                    | 44 | Fundacja JK TEAM      | <b>29.09</b> | 503 | +0,77 |
| 9. AWRUK Bartosz                                      | 43 | Iswim Białystok       | <b>29.12</b> | 501 | +0,81 |
| 10. DERA Maciej                                       | 43 | Niezrzeszony Lublin   | <b>29.32</b> | 491 | +0,73 |
| 11. KRUK Marcin                                       | 43 | Koszalińskie TKKF     | <b>30.49</b> | 437 | +0,76 |
| 12. KOTULSKI Michał                                   | 44 | MUKS Zgierz           | <b>30.96</b> | 417 | +0,77 |
| 13. JĘDRAŚ Łukasz                                     | 42 | KS Mako               | <b>31.40</b> | 400 | +0,75 |
| 14. RUTKOWSKI Daniel                                  | 41 | 5Styl Warszawa        | <b>31.50</b> | 396 | +0,85 |
| 15. ZIMKOWSKI Dawid                                   | 44 | Weteran Zabrze        | <b>32.09</b> | 374 | +0,89 |
| 16. WYSOCKI Karol                                     | 42 | MUKS Gilus Gilowice   | <b>32.62</b> | 356 | +0,76 |

KATEGORIA E

|                        |    |                                |              |     |       |
|------------------------|----|--------------------------------|--------------|-----|-------|
| 1. KRÓLIKOWSKI Michał  | 45 | Niezrzeszony                   | <b>26.29</b> | 718 | +0,73 |
| 2. GŁOWA Michał        | 46 | UKS Sparta Grodzisk Mazowiecki | <b>26.80</b> | 678 | +0,80 |
| 3. OLEJARCZYK Igor     | 46 | Masters Łódź                   | <b>27.11</b> | 655 | +0,77 |
| 4. KAJAK Maciej        | 47 | MASTERS Lublin                 | <b>27.60</b> | 621 | +0,80 |
| 5. FRĄCKOWIAK Artur    | 47 | Masters Łódź                   | <b>27.78</b> | 609 | +0,69 |
| 6. RYBAK Tomasz        | 45 | KS Warta Poznań                | <b>27.87</b> | 603 | +0,80 |
| 7. PIEŚLAK Roman       | 46 | Koszalińskie TKKF              | <b>28.62</b> | 557 | +0,69 |
| 8. WACHOWSKI Błażej    | 45 | KS Warta Poznań                | <b>28.98</b> | 536 | +0,85 |
| 9. GÓŹDŹ Maciej        | 49 | Gdynia Masters                 | <b>29.12</b> | 528 | +0,97 |
| 10. FINDEL Paul        | 48 | 5Styl Warszawa                 | <b>29.30</b> | 519 | +0,74 |
| 11. SZYMAŃSKI Łukasz   | 47 | Niezrzeszony                   | <b>29.39</b> | 514 | +0,84 |
| 12. DZIEDZICZAK Marek  | 48 | MUKS Zgierz                    | <b>31.81</b> | 405 | +0,75 |
| 13. BRONISZEWSKI Jakub | 45 | 5Styl Warszawa                 | <b>31.87</b> | 403 | +0,85 |
| 14. FILIPCZYŃSKI Artur | 48 | Niezrzeszony                   | <b>32.43</b> | 382 | +0,89 |
| 15. GAJDA Tomasz       | 47 | MUKS Zgierz                    | <b>32.52</b> | 379 | +0,89 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 2, Mężczyzn, 50m dowolny

KATEGORIA F

|     |                       |    |                               |              |     |       |
|-----|-----------------------|----|-------------------------------|--------------|-----|-------|
| 1.  | GREGOROWICZ Paweł     | 51 | Stow. Pływ. Masters Olsztyn   | <b>26.59</b> | 742 | +0,76 |
| 2.  | HORBACZ Marcin        | 51 | Koszalińskie TKKF             | <b>27.33</b> | 683 | +0,70 |
| 3.  | SARNA Tomasz          | 50 | KSW Stal Rzeszów              | <b>27.73</b> | 654 | +0,72 |
| 4.  | ŚLĘCZKA Krzysztof     | 51 | UKS Delfin Masters Tarnobrzeg | <b>27.92</b> | 641 | +0,76 |
| 5.  | WINIARCZYK Jarosław   | 53 | Koszalińskie TKKF             | <b>28.41</b> | 608 | +0,72 |
| 6.  | SITKOWSKI Tomasz      | 51 | Masters Avia Świdnik          | <b>28.44</b> | 606 | +0,72 |
| 7.  | LIPIŃSKI Cezary       | 53 | Masters Avia Świdnik          | <b>28.51</b> | 602 | +0,75 |
|     | OPALIŃSKI Paweł       | 51 | SP Motyl Stalowa Wola         | <b>28.51</b> | 602 | +0,78 |
| 9.  | PLANETA Maciej        | 51 | UKS Delfin Masters Tarnobrzeg | <b>31.41</b> | 450 | +0,75 |
| 10. | WILKOWSKI Leszek      | 54 | Gdynia Masters                | <b>31.50</b> | 446 | +0,94 |
| 11. | MATYSZEWSKI Grzegorz  | 54 | Water Squad                   | <b>32.94</b> | 390 | +0,72 |
| 12. | PATERA Jacek          | 54 | Niezzrzeszony Bolesławiec     | <b>33.56</b> | 369 |       |
| 13. | KRZYSZTOFIK Krzysztof | 50 | Weteran Zabrze                | <b>38.39</b> | 246 | +0,79 |

KATEGORIA G

|    |                     |    |                            |              |     |       |
|----|---------------------|----|----------------------------|--------------|-----|-------|
| 1. | BARANIK Mariusz     | 56 | KS Korona 1919 Kraków      | <b>26.92</b> | 749 | +0,73 |
| 2. | MONCZAK Piotr       | 58 | KS Warta Poznań            | <b>28.03</b> | 663 | +0,75 |
| 3. | SKOŚKIEWICZ Rafał   | 59 | Warsaw Masters Team        | <b>29.01</b> | 598 | +0,75 |
| 4. | ZAJĄC Robert        | 59 | SMT Szczecin               | <b>32.30</b> | 433 | +0,89 |
| 5. | LEWANDOWSKI Andrzej | 57 | Fundacja Palestra Pływania | <b>34.03</b> | 370 | +0,89 |
| 6. | BOLANOWSKI Bogdan   | 59 | Fundacja JK TEAM           | <b>41.04</b> | 211 | +0,89 |

KATEGORIA H

|    |                   |    |                         |              |     |       |
|----|-------------------|----|-------------------------|--------------|-----|-------|
| 1. | ŻMIEJKO Wojciech  | 62 | Niezzrzeszony Białystok | <b>29.60</b> | 589 | +0,76 |
| 2. | BIAŁY Michał      | 63 | 5Styl Warszawa          | <b>30.51</b> | 538 | +0,92 |
| 3. | FAFF Mariusz      | 62 | KSW Stal Rzeszów        | <b>30.66</b> | 530 | +0,81 |
| 4. | PISZCZEK Waldemar | 63 | KS Korona 1919 Kraków   | <b>31.63</b> | 483 | +0,96 |
| 5. | KONSTANCIUK Piotr | 64 | Masters Avia Świdnik    | <b>32.23</b> | 456 | +0,84 |
| 6. | KAMIŃSKI Robert   | 60 | Niezzrzeszony           | <b>33.57</b> | 404 | +0,96 |
| 7. | WIERZCHOŃ Aleksy  | 63 | Koszalińskie TKKF       | <b>36.11</b> | 324 |       |
| 8. | PIÓRKOWSKI Marek  | 60 | Water Squad             | <b>38.35</b> | 271 |       |
| 9. | BURZYŃSKI Piotr   | 63 | KS Waterpolo Poznań     | <b>38.51</b> | 267 | +0,99 |

KATEGORIA I

|     |                     |    |                        |              |     |       |
|-----|---------------------|----|------------------------|--------------|-----|-------|
| 1.  | PAVLIK Rastislav    | 65 | PSK Zilina             | <b>29.04</b> | 733 | +0,84 |
| 2.  | STYPIŃSKI Zdzisław  | 69 | Masters Avia Świdnik   | <b>30.39</b> | 640 | +0,84 |
| 3.  | GORBACZOW Dariusz   | 67 | Gdynia Masters         | <b>31.12</b> | 596 | +0,87 |
| 4.  | LAIKARI Jukka       | 66 | Meisterujumise U-Klubi | <b>31.93</b> | 551 | +0,89 |
| 5.  | MROZIŃSKI Jerzy     | 66 | UKS Wodnik 29 Katowice | <b>33.26</b> | 488 | +0,87 |
| 6.  | LORKOWSKI Robert    | 65 | SP Motyl Stalowa Wola  | <b>33.41</b> | 481 | +0,86 |
| 7.  | JASIŃSKI Zdzisław   | 65 | MUKS Zgierz            | <b>34.58</b> | 434 | +0,94 |
| 8.  | ŻAK Marek           | 66 | KS KSZO Ostrowiec Św.  | <b>36.10</b> | 381 |       |
| 9.  | TWARDYSKO Stanisław | 69 | Weteran Zabrze         | <b>36.21</b> | 378 |       |
| 10. | MATUSIK Mirosław    | 69 | Masters Białystok      | <b>39.20</b> | 298 | +0,94 |
| 11. | GAWKOWSKI Mariusz   | 67 | Niezzrzeszony Warszawa | <b>41.70</b> | 247 | +0,97 |
| 12. | MICHALCZYK Jerzy    | 69 | Masters Krasnik        | <b>48.99</b> | 152 |       |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 2, Mężczyzn, 50m dowolny

KATEGORIA J

|                           |    |                            |              |     |       |
|---------------------------|----|----------------------------|--------------|-----|-------|
| 1. ZABRZAŃSKI Alfred      | 71 | UKS SP8 Chrzanów           | <b>34.21</b> | 498 | +0,87 |
| 2. DUBIŃSKI Bogdan        | 72 | Stow. Pływ. Legia Warszawa | <b>35.62</b> | 441 | +0,88 |
| 3. LIETZ Krzysztof        | 73 | Toruń Multisport Team      | <b>36.43</b> | 412 | +0,96 |
| 4. VALLEMAA Ossi          | 71 | Meisterujumise U-Klubi     | <b>36.63</b> | 405 | +0,87 |
| 5. SERAFIN Andrzej        | 73 | KS Korona 1919 Kraków      | <b>39.24</b> | 330 |       |
| 6. KALETA Janusz          | 73 | KS Warta Poznań            | <b>39.58</b> | 321 |       |
| 7. PIETRASZEWSKI Zbigniew | 70 | UKS Cityzen Poznań         | <b>39.62</b> | 320 | +0,99 |
| 8. KULIŚ Zenon            | 71 | Warsaw Masters Team        | <b>40.97</b> | 290 | +0,86 |

KATEGORIA K

|                                                    |    |                       |              |     |       |
|----------------------------------------------------|----|-----------------------|--------------|-----|-------|
| 1. ZAŁUSKI Wiesław<br><i>Rekord Polski Masters</i> | 75 | Koszalińskie TKKF     | <b>33.27</b> | 627 | +0,75 |
| 2. KORNICKI Wiesław                                | 76 | Weteran Zabrze        | <b>35.63</b> | 511 | +0,88 |
| 3. BOBOLI Jan                                      | 77 | Gdynia Masters        | <b>39.51</b> | 374 | +0,85 |
| 4. POLOCZEK Bernard                                | 78 | Rydułtowska AAS 60+   | <b>41.66</b> | 319 | +0,98 |
| 5. ZIENTARA Henryk                                 | 79 | Toruń Multisport Team | <b>52.65</b> | 158 |       |
| 6. BOSOWSKI Włodzimierz                            | 77 | Weteran Zabrze        | <b>54.04</b> | 146 |       |

KATEGORIA L

|                                  |    |                     |              |     |       |
|----------------------------------|----|---------------------|--------------|-----|-------|
| 1. RÓŻAŁSKI Józef                | 80 | MOSiR Ostrowiec Św. | <b>46.89</b> | 295 |       |
| 2. DEDESZKO-WIERCIŃSKI Kazimierz | 82 | KU AZS UMCS Lublin  | <b>51.10</b> | 228 | +0,98 |

KATEGORIA M

|                    |    |                |                |     |  |
|--------------------|----|----------------|----------------|-----|--|
| 1. SKWARŁO Andrzej | 86 | Gdynia Masters | <b>1:03.63</b> | 149 |  |
|--------------------|----|----------------|----------------|-----|--|

Konkurencja 3

Kobiet, 200m zmienny

20 - 94 lat

30.05.2025 - 14:39

Wyniki

|                    |         |                      |                 |            |
|--------------------|---------|----------------------|-----------------|------------|
| RP Masters 75 - 79 | 4:06.05 | BASTEK Renata        | Gliwice         | 31.05.2019 |
| RP Masters 70 - 74 | 3:42.82 | BASTEK Renata        | Eindhoven (NED) | 01.09.2013 |
| RP Masters 65 - 69 | 3:18.22 | SZAŁA Ewa            | Lublin          | 14.06.2024 |
| RP Masters 60 - 64 | 3:08.73 | SZAŁA Ewa            | Gliwice         | 31.05.2019 |
| RP Masters 55 - 59 | 3:00.98 | KULIŚ Mariola        | Warszawa        | 02.06.2023 |
| RP Masters 50 - 54 | 2:49.88 | ŚCIBIOREK Małgorzata | Olsztyn         | 10.06.2022 |
| RP Masters 45 - 49 | 2:44.11 | ŚCIBIOREK Małgorzata | Gliwice         | 31.05.2019 |
| RP Masters 40 - 44 | 2:37.72 | FAJKOWSKA Daria      | Gliwice         | 11.06.2016 |
| RP Masters 35 - 39 | 2:36.25 | GOŁĘBIEWSKA Joanna   | Warszawa        | 01.12.2018 |
| RP Masters 30 - 34 | 2:31.27 | SASIN Dominika       | Doha            | 29.02.2024 |
| RP Masters 25 - 29 | 2:26.16 | KACZMAREK Magdalena  | Warszawa        | 03.12.2017 |

Punkty: AQUA Master 2025

| Pozycja | Wiek |  | Czas | Pkt. | CR | 50m | 100m | 150m | 200m |
|---------|------|--|------|------|----|-----|------|------|------|
|---------|------|--|------|------|----|-----|------|------|------|

KATEGORIA MŁ

|                        |    |                           |                |     |       |       |       |       |       |
|------------------------|----|---------------------------|----------------|-----|-------|-------|-------|-------|-------|
| 1. ŁUCZAK Dominika     | 23 | Niezrzeszony Zielona Góra | <b>2:40.38</b> | 675 | +0,78 | 35.98 | 38.39 | 49.27 | 36.74 |
| 2. MARKUNAS Julia      | 24 | MKP Szczecin              | <b>2:48.65</b> | 580 | +0,90 | 35.41 | 45.37 | 47.09 | 40.78 |
| 3. DENISIEWICZ Natalia | 24 | Niezrzeszony Opole        | <b>3:22.88</b> | 333 | +0,83 | 44.09 | 49.85 | 59.57 | 49.37 |

KATEGORIA A

|                         |    |                     |                |     |       |       |       |       |       |
|-------------------------|----|---------------------|----------------|-----|-------|-------|-------|-------|-------|
| 1. SZYSZKOWSKA Karolina | 29 | Water Squad         | <b>2:33.60</b> | 768 | +0,85 | 33.03 | 40.45 | 44.85 | 35.27 |
| 2. WIŚNIEWSKA Natalia   | 28 | KS Warta Poznań     | <b>2:37.20</b> | 717 | +0,85 | 32.43 | 42.51 | 43.42 | 38.84 |
| 3. JANKOWSKA Klaudia    | 27 | Warsaw Masters Team | <b>2:39.88</b> | 681 | +0,82 | 34.11 | 44.87 | 47.31 | 33.59 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 3, Kobiet, 200m zmienny, KATEGORIA A

| Pozycja            | Wiek |             | Czas           | Pkt. | CR    | 50m   | 100m  | 150m  | 200m  |
|--------------------|------|-------------|----------------|------|-------|-------|-------|-------|-------|
| 4. BORCZYK Martyna | 25   | Water Squad | <b>2:44.22</b> | 629  | +0,78 | 34.00 | 40.98 | 48.82 | 40.42 |

KATEGORIA B

|                    |    |                   |                |     |       |       |       |         |       |
|--------------------|----|-------------------|----------------|-----|-------|-------|-------|---------|-------|
| 1. SASIN Dominika  | 31 | Water Squad       | <b>2:35.17</b> | 642 | +0,77 | 32.20 | 41.28 | 47.09   | 34.60 |
| 2. KOLASA Magda    | 34 | 5Styl Warszawa    | <b>2:44.27</b> | 541 | +0,75 | 32.69 | 43.45 | 49.71   | 38.42 |
| 3. WOJNICKA Joanna | 31 | MUKS HURAGAN Koło | <b>3:32.72</b> | 249 | +0,79 | 49.36 | 57.63 | 1:03.10 | 42.63 |
| 4. ĆWIK Katarzyna  | 33 | MUKS Zgierz       | <b>3:33.51</b> | 246 | +0,74 | 42.57 | 56.05 | 56.60   | 58.29 |

KATEGORIA C

|                        |    |                             |                |     |       |       |       |         |       |
|------------------------|----|-----------------------------|----------------|-----|-------|-------|-------|---------|-------|
| 1. MAZUREK-ŚWISTAK K.  | 36 | Fala Masters Kraśnik        | <b>2:45.63</b> | 618 | +0,83 | 35.01 | 44.14 | 48.08   | 38.40 |
| 2. ZALESKA Anna        | 37 | Stow. Pływ. Masters Olsztyn | <b>3:00.44</b> | 478 | +0,84 | 36.52 | 47.65 | 53.85   | 42.42 |
| 3. DOLIŃSKA Aneta      | 35 | KS Warta Poznań             | <b>3:24.43</b> | 328 | +0,84 | 44.13 | 54.39 | 1:01.78 | 44.13 |
| 4. BIELAWSKA Magdalena | 39 | IKS Herkules Suwałki        | <b>3:27.78</b> | 313 | +0,81 | 43.26 | 55.79 | 1:03.33 | 45.40 |

KATEGORIA D

|                       |    |                           |                |     |       |       |       |       |       |
|-----------------------|----|---------------------------|----------------|-----|-------|-------|-------|-------|-------|
| 1. MAJEWSKI Michalina | 41 | MKP Gdańsk                | <b>2:39.58</b> | 685 | +0,88 | 34.45 | 42.68 | 46.17 | 36.28 |
| 2. DZIEDZIC Katarzyna | 40 | Warsaw Masters Team       | <b>3:04.77</b> | 441 | +0,81 | 39.52 | 47.28 | 55.51 | 42.46 |
| 3. TARKOWSKA Iwona    | 43 | Swim Team Lubartów        | <b>3:21.87</b> | 338 | +0,83 | 45.39 | 55.18 | 56.87 | 44.43 |
| 4. LARA Anna          | 40 | Niezrzeszony Jelenia Góra | <b>3:32.38</b> | 290 | +0,99 | 50.48 | 58.45 | 58.54 | 44.91 |

KATEGORIA E

|                           |    |                            |                |     |       |       |         |         |       |
|---------------------------|----|----------------------------|----------------|-----|-------|-------|---------|---------|-------|
| 1. SZELAŃGOWSKA Katarzyna | 46 | MUKS Zgierz                | <b>3:00.75</b> | 478 | +0,70 | 36.60 | 46.94   | 56.12   | 41.09 |
| 2. LORENC Agnieszka       | 45 | UKS Zespołu SMS            | <b>3:03.04</b> | 460 | +0,79 | 39.03 | 48.61   | 54.03   | 41.37 |
| 3. ZIELIŃSKA Dominika     | 45 | SMT Szczecin               | <b>3:05.72</b> | 441 | +0,71 | 38.42 | 46.75   | 55.23   | 45.32 |
| 4. JAROSZ Izabela         | 49 | MUKS Gilus Gilowice        | <b>3:18.65</b> | 360 |       | 43.59 | 53.58   | 55.00   | 46.48 |
| 5. KLARECKA Monika        | 48 | MUKS Zgierz                | <b>4:07.38</b> | 186 | +0,86 | 55.01 | 1:09.22 | 1:09.13 | 54.02 |
| 6. CYGAŃSKA Monika        | 46 | Fundacja Palestra Pływania | <b>4:23.06</b> | 155 | +0,91 |       |         | 1:14.50 | 57.33 |

KATEGORIA F

|                              |    |                    |                |     |       |       |       |       |       |
|------------------------------|----|--------------------|----------------|-----|-------|-------|-------|-------|-------|
| 1. SULEWSKA Beata            | 53 | Weteran Zabrze     | <b>2:49.31</b> | 709 | +0,93 | 36.90 | 46.43 | 47.56 | 38.42 |
| <i>Rekord Polski Masters</i> |    |                    |                |     |       |       |       |       |       |
| 2. RYBAK-STARCZAK A.         | 50 | UKS Cityzen Poznań | <b>3:07.80</b> | 520 |       | 39.83 | 52.59 | 52.64 | 42.74 |
| 3. BALAJCZA Timea            | 54 | Water Squad        | <b>3:16.57</b> | 453 | +0,83 | 43.42 | 54.97 | 52.03 | 46.15 |

KATEGORIA G

|                         |    |                       |                |     |       |       |       |       |       |
|-------------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|-------|
| 1. WYPYCH-STASZEWSKA I. | 55 | MUKS Zgierz           | <b>3:20.18</b> | 433 | +0,72 | 43.82 | 51.41 | 59.86 | 45.09 |
| 2. PETECKA Maria        | 58 | SP Motyl Stalowa Wola | <b>3:26.34</b> | 395 | +0,92 | 44.37 | 55.88 | 58.68 | 47.41 |

KATEGORIA H

|                       |    |                |                |     |       |       |       |         |       |
|-----------------------|----|----------------|----------------|-----|-------|-------|-------|---------|-------|
| 1. DAMLJANOVIC-WACŁAW | 60 | SMT Szczecin   | <b>3:25.33</b> | 408 | +0,85 | 41.30 | 58.59 | 58.43   | 47.01 |
| 2. ŁATKOWSKA Ewa      | 60 | 5Styl Warszawa | <b>3:56.99</b> | 265 | +0,90 | 55.42 | 59.98 | 1:08.79 | 52.80 |

KATEGORIA I

|              |    |                 |                |     |       |       |       |       |       |
|--------------|----|-----------------|----------------|-----|-------|-------|-------|-------|-------|
| 1. SZAŁA Ewa | 66 | KS Warta Poznań | <b>3:24.09</b> | 593 | +0,93 | 44.72 | 52.68 | 59.91 | 46.78 |
|--------------|----|-----------------|----------------|-----|-------|-------|-------|-------|-------|

KATEGORIA J

|                        |    |                    |                |     |       |         |         |         |         |
|------------------------|----|--------------------|----------------|-----|-------|---------|---------|---------|---------|
| 1. ŁASIŃSKA-BŁACHOWICZ | 71 | UKS Cityzen Poznań | <b>5:11.45</b> | 196 | +0,80 |         |         | 1:23.27 | 1:12.50 |
| 2. CHOMICKA Barbara    | 73 | Gdynia Masters     | <b>5:38.64</b> | 152 |       | 1:18.76 | 1:24.96 | 1:37.21 | 1:17.71 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 4  
30.05.2025 - 14:59

Mężczyzn, 200m zmienny

20 - 94 lat  
Wyniki

|                    |         |                        |                |            |
|--------------------|---------|------------------------|----------------|------------|
| RP Masters 85 - 89 | 4:14.16 | KROKOSZYŃSKI Stanisław | Szczecin       | 26.06.2015 |
| RP Masters 80 - 84 | 3:41.70 | KROKOSZYŃSKI Stanisław | Gliwice        | 07.05.2010 |
| RP Masters 75 - 79 | 3:39.40 | KROKOSZYŃSKI Stanisław | Poznań         | 20.06.2009 |
| RP Masters 70 - 74 | 3:03.87 | BASTEK Ewald           | Cadiz (ESP)    | 15.09.2009 |
| RP Masters 65 - 69 | 2:59.67 | GORBACZOW Dariusz      | Warszawa       | 02.06.2023 |
| RP Masters 60 - 64 | 2:42.23 | MADEJ Leszek           | Olsztyn        | 10.06.2022 |
| RP Masters 55 - 59 | 2:27.43 | FORMAS Sławomir        | Lublin         | 14.06.2024 |
| RP Masters 50 - 54 | 2:25.89 | WOLNY Dariusz          | Göteborg (SWE) | 03.08.2010 |
| RP Masters 45 - 49 | 2:21.13 | BERWECKI Arkadiusz     | Kranj          | 05.09.2018 |
| RP Masters 40 - 44 | 2:16.44 | STANEK Grzegorz        | Cadiz (ESP)    | 15.09.2009 |
| RP Masters 35 - 39 | 2:09.30 | KORZENIOWSKI Paweł     | Warszawa       | 02.06.2023 |
| RP Masters 30 - 34 | 2:14.89 | BABUCHOWSKI Marcin     | Olsztyn        | 27.06.2014 |
| RP Masters 25 - 29 | 2:13.30 | PALMI-KUKIEŁKO Mieszko | Gliwice        | 31.05.2019 |

Punkty: AQUA Master 2025

| Pozycja | Wiek |  | Czas | Pkt. | CR | 50m | 100m | 150m | 200m |
|---------|------|--|------|------|----|-----|------|------|------|
|---------|------|--|------|------|----|-----|------|------|------|

KATEGORIA MŁ

|                   |    |                      |                |           |  |       |       |       |       |
|-------------------|----|----------------------|----------------|-----------|--|-------|-------|-------|-------|
| 1. KOZIOŁEK Kewin | 21 | Niezrzeszony Gliwice | <b>2:30.98</b> | 548 +0,72 |  | 28.54 | 38.55 | 48.71 | 35.18 |
| 2. KAŁEK Bartosz  | 21 | KU AZS UAM Poznań    | <b>2:36.09</b> | 496 +0,66 |  | 30.75 | 43.75 | 45.18 | 36.41 |
| 3. CHŁAD Bartosz  | 24 | Niezrzeszony         | <b>2:47.80</b> | 399 +0,82 |  | 35.33 | 42.35 | 50.90 | 39.22 |

KATEGORIA A

|                       |    |                         |                |           |  |       |       |       |       |
|-----------------------|----|-------------------------|----------------|-----------|--|-------|-------|-------|-------|
| 1. LIS Patryk         | 27 | Masters Avia Świdnik    | <b>2:25.34</b> | 615 +0,80 |  | 29.68 | 40.33 | 40.99 | 34.34 |
| 2. GRYGLEWICZ Juliusz | 27 | Niezrzeszony            | <b>2:47.61</b> | 401 +0,82 |  | 31.47 | 42.43 | 53.08 | 40.63 |
| DYSKW. GAWRON Oskar   | 26 | Fundacja Power Swimming |                |           |  |       |       |       |       |

G8 - Pływak ukończył wyścig w położeniu na piersiach - 6.5

KATEGORIA B

|                              |    |                        |                |           |  |       |       |       |       |
|------------------------------|----|------------------------|----------------|-----------|--|-------|-------|-------|-------|
| 1. DUBIEL Adam               | 32 | Water Squad            | <b>2:12.07</b> | 791 +0,73 |  | 27.36 | 33.82 | 39.33 | 31.56 |
| <i>Rekord Polski Masters</i> |    |                        |                |           |  |       |       |       |       |
| 2. GALON Michał              | 30 | 5Styl Warszawa         | <b>2:15.48</b> | 733 +0,71 |  | 28.54 | 36.30 | 38.48 | 32.16 |
| 3. MAZUR Andrzej             | 30 | Masters Avia Świdnik   | <b>2:32.09</b> | 518 +0,71 |  | 32.29 | 40.19 | 45.86 | 33.75 |
| 4. CHOWANIEC Mateusz         | 30 | UKS Trójka Częstochowa | <b>2:33.49</b> | 504 +0,75 |  | 31.47 | 40.51 | 44.11 | 37.40 |
| 5. MENDYK Przemysław         | 33 | MUKS Gilus Gilowice    | <b>2:45.78</b> | 400 +0,85 |  | 32.81 | 47.12 | 46.19 | 39.66 |
| 6. GROCHOWSKI Łukasz         | 34 | Warsaw Masters Team    | <b>2:46.02</b> | 398 +0,82 |  | 36.31 | 43.60 | 46.95 | 39.16 |
| 7. WANDZIOCH Krzysztof       | 33 | IKS Herkules Suwałki   | <b>3:00.58</b> | 309 +0,83 |  | 36.54 | 47.78 | 54.02 | 42.24 |

KATEGORIA C

|                    |    |                            |                |           |  |       |       |       |       |
|--------------------|----|----------------------------|----------------|-----------|--|-------|-------|-------|-------|
| 1. BOCHNIA Piotr   | 36 | Fundacja Palestra Pływania | <b>2:45.11</b> | 440 +0,76 |  | 32.94 | 46.37 | 45.05 | 40.75 |
| 2. SIWKA Sebastian | 36 | Niezrzeszony               | <b>2:58.74</b> | 347 +0,90 |  | 32.05 | 47.87 | 51.90 | 46.92 |
| 3. DAWIDEK Łukasz  | 39 | MASTERS Lublin             | <b>2:59.78</b> | 341 +0,80 |  | 33.93 | 50.61 | 55.67 | 39.57 |

KATEGORIA D

|                       |    |                       |                |           |  |       |       |         |       |
|-----------------------|----|-----------------------|----------------|-----------|--|-------|-------|---------|-------|
| 1. HASIK Konrad       | 42 | Masters Łódź          | <b>2:30.97</b> | 618 +0,85 |  | 32.38 | 38.54 | 44.65   | 35.40 |
| 2. PORADA Tomasz      | 42 | Warsaw Masters Team   | <b>2:36.90</b> | 551 +0,70 |  | 32.00 | 45.86 | 43.02   | 36.02 |
| 3. ŚLUSARCZYK Bartosz | 40 | KS Korona 1919 Kraków | <b>2:42.34</b> | 497 +0,70 |  | 31.12 | 42.42 | 48.60   | 40.20 |
| 4. JUREK Przemysław   | 44 | UKS Trójka Puławy     | <b>2:43.06</b> | 490 +0,83 |  | 32.79 | 43.45 | 49.64   | 37.18 |
| 5. ZIMKOWSKI Dawid    | 44 | Weteran Zabrze        | <b>3:13.44</b> | 294 +0,70 |  | 39.29 | 52.48 | 57.80   | 43.87 |
| 6. JEŃDRAŚ Łukasz     | 42 | KS Mako               | <b>3:25.75</b> | 244 +0,80 |  | 36.90 | 52.62 | 1:07.58 | 48.65 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 4, Mężczyzn, 200m zmienny

KATEGORIA E

|                        |    |                       |                |           |       |       |       |       |
|------------------------|----|-----------------------|----------------|-----------|-------|-------|-------|-------|
| 1. FRĄCKOWIAK Artur    | 47 | Masters Łódź          | <b>2:32.39</b> | 622 +0,77 | 31.39 | 41.93 | 44.53 | 34.54 |
| 2. PIĄSCIŃSKI Daniel   | 49 | Water Squad           | <b>2:33.05</b> | 614 +0,82 | 31.48 | 38.58 | 46.43 | 36.56 |
| 3. ROGOSZ Paweł        | 49 | Warsaw Masters Team   | <b>2:35.37</b> | 586 +0,95 | 33.91 | 43.03 | 43.42 | 35.01 |
| 4. WILMOWICZ Adam      | 46 | Koszalińskie TKKF     | <b>2:36.55</b> | 573 +0,73 | 32.54 | 41.38 | 47.06 | 35.57 |
| 5. DZIADOSZ Robert     | 46 | 5Styl Warszawa        | <b>2:38.83</b> | 549 +0,69 | 32.11 | 42.19 | 46.61 | 37.92 |
| 6. KRÓLIKOWSKI Michał  | 45 | Niezrzeszony          | <b>2:39.24</b> | 545 +0,80 | 32.15 | 42.88 | 47.85 | 36.36 |
| 7. PAWŁOWSKI Krzysztof | 48 | SP Motyl Stalowa Wola | <b>2:51.40</b> | 437 +0,80 | 36.22 | 45.68 | 50.71 | 38.79 |
| 8. GAJDA Tomasz        | 47 | MUKS Zgierz           | <b>3:12.15</b> | 310 +0,83 | 37.48 | 51.26 | 56.55 | 46.86 |
| 9. FINDEL Paul         | 48 | 5Styl Warszawa        | <b>3:14.90</b> | 297 +0,78 | 37.69 | 56.84 | 58.41 | 41.96 |
| 10. DZIEDZICZAK Marek  | 48 | MUKS Zgierz           | <b>3:18.33</b> | 282 +0,81 | 37.93 | 57.09 | 59.07 | 44.24 |

KATEGORIA F

|                              |    |                             |                |           |       |       |       |       |
|------------------------------|----|-----------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. HORBACZ Marcin            | 51 | Koszalińskie TKKF           | <b>2:24.60</b> | 746 +0,76 | 30.26 | 40.65 | 40.69 | 33.00 |
| <i>Rekord Polski Masters</i> |    |                             |                |           |       |       |       |       |
| 2. BERWECKI Arkadiusz        | 52 | SP Motyl Stalowa Wola       | <b>2:30.78</b> | 658 +0,77 | 31.05 | 40.37 | 44.05 | 35.31 |
| 3. ŚLĘCZKA Krzysztof         | 51 | UKS Delfin Masters Tarnob   | <b>2:36.96</b> | 583 +0,80 | 32.67 | 41.92 | 46.99 | 35.38 |
| 4. SARNA Tomasz              | 50 | KSW Stal Rzeszów            | <b>2:38.01</b> | 571 +0,78 | 30.83 | 41.12 | 49.10 | 36.96 |
| 5. DĄBROWSKI Paweł           | 51 | Stow. Pływ. Masters Olsztyn | <b>2:55.68</b> | 416 +0,87 | 36.08 | 46.88 | 54.16 | 38.56 |
| 6. SITKOWSKI Tomasz          | 51 | Masters Avia Świdnik        | <b>2:58.56</b> | 396 +0,78 | 36.10 | 46.57 | 55.46 | 40.43 |
| 7. ŁYSIAK Piotr              | 52 | KS Korona 1919 Kraków       | <b>2:59.51</b> | 389 +0,95 | 37.65 | 47.57 | 52.48 | 41.81 |
| 8. WIERZBIK Bernard          | 50 | Niezrzeszony Warszawa       | <b>3:17.52</b> | 292 +0,90 | 38.96 | 55.95 | 57.75 | 44.86 |
| 9. MATYSZEWSKI Grzegorz      | 54 | Water Squad                 | <b>3:18.48</b> | 288 +0,81 | 43.57 | 55.87 | 51.53 | 47.51 |
| 10. MAMROT Artur             | 53 | Koszalińskie TKKF           | <b>3:19.66</b> | 283 +0,99 | 36.55 | 52.19 | 58.50 | 52.42 |

KATEGORIA G

|                      |    |                     |                |           |       |       |         |       |
|----------------------|----|---------------------|----------------|-----------|-------|-------|---------|-------|
| 1. FORMAS Sławomir   | 56 | MUKS Gilus Gilowice | <b>2:29.13</b> | 839 +0,78 | 30.34 | 41.26 | 40.61   | 36.92 |
| 2. MONCZAK Piotr     | 58 | KS Warta Poznań     | <b>2:37.55</b> | 711 +0,77 | 33.70 | 41.18 | 47.60   | 35.07 |
| 3. SKOŚKIEWICZ Rafał | 59 | Warsaw Masters Team | <b>2:40.31</b> | 675 +0,77 | 32.69 | 42.74 | 48.66   | 36.22 |
| 4. HARENDA Andrzej   | 57 | Niezrzeszony Piła   | <b>3:22.97</b> | 332 +0,88 | 40.96 | 52.12 | 1:00.98 | 48.91 |

KATEGORIA H

|                      |    |                        |                |           |       |       |       |       |
|----------------------|----|------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. ŻMIEJKO Wojciech  | 62 | Niezrzeszony Białystok | <b>2:52.29</b> | 559 +0,79 | 34.68 | 44.64 | 52.41 | 40.56 |
| 2. TWAROWSKI Andrzej | 60 | Masters Białystok      | <b>3:26.96</b> | 322 +0,86 | 51.05 | 52.10 | 57.74 | 46.07 |

KATEGORIA I

|                              |    |                       |                |           |       |         |         |       |
|------------------------------|----|-----------------------|----------------|-----------|-------|---------|---------|-------|
| 1. MADEJ Leszek              | 65 | Warsaw Masters Team   | <b>2:41.21</b> | 730 +0,73 | 32.63 | 42.98   | 47.77   | 37.83 |
| <i>Rekord Polski Masters</i> |    |                       |                |           |       |         |         |       |
| 2. LORKOWSKI Robert          | 65 | SP Motyl Stalowa Wola | <b>3:08.48</b> | 457 +0,96 | 39.71 | 48.50   | 57.18   | 43.09 |
| 3. PRZYTULSKI Włodzimierz    | 68 | MUKS Zgierz           | <b>3:14.03</b> | 419 +0,86 | 38.37 | 51.88   | 1:01.36 | 42.42 |
| 4. KORPETTA Wojciech         | 66 | Water Squad           | <b>3:37.41</b> | 298 +0,87 | 51.22 | 55.82   | 1:06.89 | 43.48 |
| 5. TOPORSKI Janusz           | 66 | KS Korona 1919 Kraków | <b>3:51.10</b> | 248 +0,92 | 54.11 | 1:08.72 | 59.32   | 48.95 |
| 6. SAMONEK Krzysztof         | 68 | Masters Krasnik       | <b>4:19.71</b> | 174       | 59.08 | 1:05.26 | 1:19.11 | 56.26 |

KATEGORIA J

|                         |    |                     |                |           |       |         |         |       |
|-------------------------|----|---------------------|----------------|-----------|-------|---------|---------|-------|
| 1. NOWAK Michał         | 73 | Warsaw Masters Team | <b>3:29.02</b> | 415 +0,92 | 49.65 | 54.89   | 55.81   | 48.67 |
| 2. GRZESZEWSKI Sławomir | 72 | MKP Szczecin        | <b>3:41.31</b> | 350 +0,90 | 44.26 | 1:01.63 | 1:02.28 | 53.14 |
| 3. CIECIOR Jerzy        | 72 | Rydułtowska AAS 60+ | <b>4:01.24</b> | 270 +0,92 | 53.53 | 1:01.51 | 1:12.59 | 53.61 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 4, Mężczyzn, 200m zmienny

KATEGORIA K

|                              |    |                         |                |           |         |         |         |         |
|------------------------------|----|-------------------------|----------------|-----------|---------|---------|---------|---------|
| 1. ZAŁUSKI Wiesław           | 75 | Koszalińskie TKKF       | <b>3:24.55</b> | 606 +0,94 | 46.72   | 52.01   | 1:00.62 | 45.20   |
| <i>Rekord Polski Masters</i> |    |                         |                |           |         |         |         |         |
| 2. BARTKOWIAK Roman          | 76 | KS Warta Poznań         | <b>4:25.67</b> | 276 +0,99 | 1:11.82 | 1:11.54 | 1:09.61 | 52.70   |
| 3. DASZYŃSKI Andrzej         | 77 | UKS Energetyk Zgorzelec | <b>4:51.86</b> | 208       | 1:10.49 | 1:13.95 | 1:25.94 | 1:01.48 |

Konkurencja 5

30.05.2025 - 15:31

Mieszane, 4 x 50m dowolny

AG 100 - 359

Wyniki

Punkty: AQUA Master 2025

Pozycja Czas Pkt. CR

KATEGORIA A

|                          |    |       |                     |                    |    |                |       |       |
|--------------------------|----|-------|---------------------|--------------------|----|----------------|-------|-------|
| 1. Water Squad 1         |    |       | Water Squad         |                    |    | <b>1:46.52</b> | 791   | +0,81 |
| SZYSZKOWSKA Karolina     | 29 | +0,81 | 28.58               | ĆWIKLIŃSKI Mateusz | 27 | +0,19          | 24.94 |       |
| WĘCŁAWIAK Rina           | 27 | +0,26 | 27.77               | MOREŃ Wojciech     | 29 | +0,08          | 25.23 |       |
| 2. Warsaw Masters Team 1 |    |       | Warsaw Masters Team |                    |    | <b>1:46.86</b> | 784   | +0,72 |
| OLSZEWSKI Krzysztof      | 36 | +0,72 | 29.92               | CHOJECKA Karolina  | 25 | +0,46          |       |       |
| JANKOWSKA Klaudia        | 27 |       |                     | RZADKOWSKI Daniel  | 31 | +0,28          | 23.31 |       |

KATEGORIA B

|                                 |    |       |                            |                            |    |                |       |       |
|---------------------------------|----|-------|----------------------------|----------------------------|----|----------------|-------|-------|
| 1. Water Squad 2                |    |       | Water Squad                |                            |    | <b>1:44.35</b> | 883   | +0,74 |
| <i>Rekord Polski Masters</i>    |    |       |                            |                            |    |                |       |       |
| SASIN Dominika                  | 31 | +0,74 | 28.13                      | GAJDOWSKA Agnieszka        | 30 | +0,34          | 28.17 |       |
| OLBORSKI Krzysztof              | 28 | +0,18 | 24.19                      | DUBIEL Adam                | 32 | +0,16          | 23.86 |       |
| 2. 5Styl Warszawa 1             |    |       | 5Styl Warszawa             |                            |    | <b>1:45.83</b> | 847   | +0,72 |
| KORZENIOWSKI Paweł              | 40 | +0,72 | 23.55                      | STACHOWICZ Lena            | 33 | +0,42          | 29.30 |       |
| GALON Michał                    | 30 | +0,41 | 24.52                      | KOLASA Magda               | 34 | +0,54          | 28.46 |       |
| 3. Fundacja Power Swimming      |    |       | Fundacja Power Swimming    |                            |    | <b>1:50.28</b> | 748   | +0,69 |
| SOKULSKI Jacek                  | 34 | +0,69 | 24.75                      | KOBA-GOŁASZEWSKA Katarzyna | 39 | +0,40          | 30.62 |       |
| ŻRÓDLAK Patryk                  | 28 | +0,18 | 26.81                      | WRÓBEL Angelika            | 28 | +0,66          | 28.10 |       |
| 4. KS Warta Poznań              |    |       | KS Warta Poznań            |                            |    | <b>1:54.99</b> | 660   | +0,72 |
| WITT Piotr                      | 34 | +0,72 | 25.19                      | WIŚNIEWSKA Natalia         | 28 | +0,66          | 29.84 |       |
| RYBAK Tomasz                    | 45 | +0,37 | 26.43                      | DOLIŃSKA Aneta             | 35 | +0,62          | 33.53 |       |
| 5. SMT Szczecin 2               |    |       | SMT Szczecin               |                            |    | <b>1:55.20</b> | 656   | +0,75 |
| KASZYCA Jakub                   | 30 | +0,75 | 27.15                      | SZATANEK Julia             | 26 | +0,73          | 30.93 |       |
| ZIELIŃSKA Dominika              | 45 | +0,34 | 32.76                      | ZIELIŃSKI Dawid            | 33 | +0,47          | 24.36 |       |
| 6. 5Styl Warszawa 2             |    |       | 5Styl Warszawa             |                            |    | <b>1:57.41</b> | 620   | +0,72 |
| WENGERSKI Jędrzej               | 33 | +0,72 | 26.29                      | JANCEWICZ Joanna           | 30 | +0,45          | 31.29 |       |
| MAKOLSKI Tomasz                 | 35 | +0,56 | 28.71                      | PODGÓRSKA-GDAŃSKA Kamila   | 42 | +0,57          | 31.12 |       |
| 7. Warsaw Masters Team 2        |    |       | Warsaw Masters Team        |                            |    | <b>2:09.79</b> | 459   | +0,71 |
| PORADA Tomasz                   | 42 | +0,71 | 28.22                      | SOBCZAK- PORADA Joanna     | 38 | +0,60          | 41.58 |       |
| KOŚLA Marta                     | 32 | +0,39 | 30.36                      | SZNAJDER Michał            | 39 | +0,19          | 29.63 |       |
| 8. 5Styl Warszawa 4             |    |       | 5Styl Warszawa             |                            |    | <b>2:10.24</b> | 454   | +0,81 |
| BRONISZEWSKI Jakub              | 45 | +0,81 | 32.03                      | KUCHARSKA Magdalena        | 31 |                | 31.85 |       |
| RUTKOWSKI Daniel                | 41 |       | 31.17                      | SŁOWIK Magdalena           | 33 |                | 35.19 |       |
| 9. Fundacja Palestra Pływania 1 |    |       | Fundacja Palestra Pływania |                            |    | <b>2:15.35</b> | 404   | +0,77 |
| BOCHNIA Piotr                   | 36 | +0,77 | 28.88                      | GWIZDŹ Martyna             | 29 |                | 33.96 |       |
| CYGAŃSKA Monika                 | 46 |       | 43.72                      | DZIEDZIC Andrzej           | 32 |                | 28.79 |       |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 5, Mieszane, 4 x 50m dowolny

KATEGORIA C

|                                 |    |       |                            |                 |    |                |       |       |
|---------------------------------|----|-------|----------------------------|-----------------|----|----------------|-------|-------|
| 1. MUKS Zgierz 3                |    |       | MUKS Zgierz                |                 |    | <b>2:20.10</b> | 388   | +0,98 |
| GAJDA Tomasz                    | 47 | +0,98 | 33.06                      | ĆWIK Katarzyna  | 33 |                | 41.32 |       |
| LUŻNIAKOWSKA Dagmara            | 45 |       | 35.97                      | KOTULSKI Michał | 44 |                | 29.75 |       |
| 2. Fundacja Palestra Pływania 2 |    |       | Fundacja Palestra Pływania |                 |    | <b>2:30.60</b> | 313   | +0,94 |
| LEWANDOWSKI Andrzej             | 57 | +0,94 | 35.05                      | LECH Monika     | 41 | +0,42          | 43.32 |       |
| FIGIEL Magda                    | 44 | +0,55 | 43.84                      | WALCZAK Aleks   | 29 | +0,24          | 28.39 |       |

DYSKW. Masters Avia Świdnik 2

Masters Avia Świdnik

*S1 - Pływak utracił kontakt stopami z platformą startową słupka zanim poprzedzający go pływak dotknął ściany (przedwczesna zmiana sztafetowa) - 10.12*

SEKUŁA Joanna, MARZENOWSKA Karolina, LIPÍŃSKI Cezary, PIK Paweł

KATEGORIA D

|                           |    |       |                      |                            |    |                |       |       |
|---------------------------|----|-------|----------------------|----------------------------|----|----------------|-------|-------|
| 1. Masters Avia Świdnik 1 |    |       | Masters Avia Świdnik |                            |    | <b>2:08.22</b> | 548   | +0,81 |
| LIPIEC Edyta              | 52 | +0,81 | 35.31                | KONSTANCIUK Piotr          | 64 |                | 31.53 |       |
| ZARZECZNA Kamila          | 31 |       | 31.17                | STYPIŃSKI Zdzisław         | 69 |                | 30.21 |       |
| 2. 5Styl Warszawa 3       |    |       | 5Styl Warszawa       |                            |    | <b>2:15.06</b> | 469   | +0,85 |
| WOLSKA Katarzyna          | 38 | +0,85 | 34.24                | ŁATKOWSKA Ewa              | 60 |                |       |       |
| BIAŁY Michał              | 63 |       | 30.04                | FINDEL Paul                | 48 |                |       |       |
| 3. SMT Szczecin 1         |    |       | SMT Szczecin         |                            |    | <b>2:25.09</b> | 378   | +0,94 |
| ZAJĄC Robert              | 59 | +0,94 | 32.37                | DAMLJANOVIC-WACŁAWIK Iwona | 60 |                |       |       |
| KABAT-KOPERSKA Joanna     | 52 |       | 44.39                | BAŁKA Michał               | 38 |                |       |       |
| 4. Water Squad 3          |    |       | Water Squad          |                            |    | <b>2:26.28</b> | 369   | +0,93 |
| AYOMO Bożena              | 59 | +0,93 | 40.77                | KORPETTA Wojciech          | 66 |                | 35.95 |       |
| BALAJCZA Timea            | 54 |       | 36.57                | MATYSZEWSKI Grzegorz       | 54 |                | 32.99 |       |

KATEGORIA E

|                              |    |       |                       |                        |    |                |       |       |
|------------------------------|----|-------|-----------------------|------------------------|----|----------------|-------|-------|
| 1. KS Korona 1919 Kraków     |    |       | KS Korona 1919 Kraków |                        |    | <b>2:04.78</b> | 800   | +0,72 |
| <i>Rekord Polski Masters</i> |    |       |                       |                        |    |                |       |       |
| BARANIK Mariusz              | 56 | +0,72 | 26.85                 | KULIŚ Mariola          | 59 | +0,56          | 32.22 |       |
| PISZCZEK Waldemar            | 63 | +0,39 | 30.62                 | MACIERZEWSKA Agnieszka | 65 | +0,34          | 35.09 |       |
| 2. MUKS Zgierz 1             |    |       | MUKS Zgierz           |                        |    | <b>2:18.73</b> | 582   | +0,96 |
| MRÓZ Urszula                 | 63 | +0,96 | 36.59                 | ŚCIBIOREK Małgorzata   | 54 |                | 31.51 |       |
| SEJMICKI Stanisław           | 64 |       | 35.80                 | JASIŃSKI Zdzisław      | 65 |                | 34.83 |       |

KATEGORIA F

|                   |    |       |                |                   |    |                |       |  |
|-------------------|----|-------|----------------|-------------------|----|----------------|-------|--|
| 1. Weteran Zabrze |    |       | Weteran Zabrze |                   |    | <b>2:42.00</b> | 418   |  |
| FECICA Daniel     | 85 |       | 49.81          | KORNICKI Wiesław  | 76 | +0,71          | 36.10 |  |
| FECICA Krystyna   | 82 | +0,45 | 43.40          | SULEWSKA Beata    | 53 | +0,64          | 32.69 |  |
| 2. Gdynia Masters |    |       | Gdynia Masters |                   |    | <b>2:42.40</b> | 415   |  |
| MYSIAK Katarzyna  | 64 |       | 44.06          | HEISLER Grażyna   | 74 | +0,55          | 47.77 |  |
| BOBOLI Jan        | 77 | +0,42 | 40.53          | GORBACZOW Dariusz | 67 | +0,52          | 30.04 |  |





Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 6, Kobiety, 800m dowolny, KATEGORIA D

| Pozycja |               |         | Wiek    |                  |              |         |       |         | Czas            | Pkt.  | CR               |
|---------|---------------|---------|---------|------------------|--------------|---------|-------|---------|-----------------|-------|------------------|
| 3.      | LARA Anna     |         | 40      | Niezrzeszony     | Jelenia Góra |         |       |         | <b>12:36.03</b> | 362   | +0,91            |
|         | 100m:         | 1:23.97 | 1:23.97 | 300m:            | 4:32.99      | 1:35.52 | 500m: | 7:46.04 | 1:37.06         | 700m: | 11:00.49 1:36.96 |
|         | 200m:         | 2:57.47 | 1:33.50 | 400m:            | 6:08.98      | 1:35.99 | 600m: | 9:23.53 | 1:37.49         | 800m: | 12:36.03 1:35.54 |
| 4.      | JASIK Agata   |         | 41      | Fundacja JK TEAM |              |         |       |         | <b>12:57.78</b> | 332   | +0,81            |
|         | 100m:         | 1:23.69 | 1:23.69 | 300m:            | 4:38.13      | 1:39.53 | 500m: | 8:00.79 | 1:41.39         | 700m: | 11:22.47 1:40.64 |
|         | 200m:         | 2:58.60 | 1:34.91 | 400m:            | 6:19.40      | 1:41.27 | 600m: | 9:41.83 | 1:41.04         | 800m: | 12:57.78 1:35.31 |
| 5.      | GRYCZ Urszula |         | 40      | Ursynów Masters  |              |         |       |         | <b>13:26.44</b> | 298   | +0,92            |
|         | 100m:         | 1:24.94 | 1:24.94 | 300m:            | 4:46.20      | 1:43.26 | 500m: | 8:14.92 | 1:45.08         | 700m: | 11:44.11 1:44.77 |
|         | 200m:         | 3:02.94 | 1:38.00 | 400m:            | 6:29.84      | 1:43.64 | 600m: | 9:59.34 | 1:44.42         | 800m: | 13:26.44 1:42.33 |

KATEGORIA E

|    |                        |         |         |                        |         |         |       |          |                 |       |                  |
|----|------------------------|---------|---------|------------------------|---------|---------|-------|----------|-----------------|-------|------------------|
| 1. | SZELAŃGOWSKA Katarzyna |         | 46      | MUKS Zgierz            |         |         |       |          | <b>11:32.21</b> | 505   | +0,76            |
|    | 100m:                  | 1:18.81 | 1:18.81 | 300m:                  | 4:13.09 | 1:27.81 | 500m: | 7:09.06  | 1:28.30         | 700m: | 10:06.09 1:28.25 |
|    | 200m:                  | 2:45.28 | 1:26.47 | 400m:                  | 5:40.76 | 1:27.67 | 600m: | 8:37.84  | 1:28.78         | 800m: | 11:32.21 1:26.12 |
| 2. | MRÓZ Edyta             |         | 46      | UKS Wodnik 29 Katowice |         |         |       |          | <b>11:53.51</b> | 461   | +0,98            |
|    | 100m:                  | 1:24.05 | 1:24.05 | 300m:                  | 4:24.42 | 1:30.53 | 500m: | 7:24.78  | 1:29.62         | 700m: | 10:26.01 1:30.38 |
|    | 200m:                  | 2:53.89 | 1:29.84 | 400m:                  | 5:55.16 | 1:30.74 | 600m: | 8:55.63  | 1:30.85         | 800m: | 11:53.51 1:27.50 |
| 3. | BABICA Izabela         |         | 46      | KS Warta Poznań        |         |         |       |          | <b>12:02.92</b> | 443   | +0,75            |
|    | 100m:                  | 1:21.64 | 1:21.64 | 300m:                  | 4:24.25 | 1:31.67 | 500m: | 7:29.26  | 1:32.74         | 700m: | 10:35.64 1:32.52 |
|    | 200m:                  | 2:52.58 | 1:30.94 | 400m:                  | 5:56.52 | 1:32.27 | 600m: | 9:03.12  | 1:33.86         | 800m: | 12:02.92 1:27.28 |
| 4. | KOWALCZYK Izabela      |         | 49      | SMT Szczecin           |         |         |       |          | <b>12:14.32</b> | 423   | +0,91            |
|    | 100m:                  | 1:22.90 | 1:22.90 | 300m:                  | 4:26.74 | 1:32.86 | 500m: | 7:34.04  | 1:34.76         | 700m: | 10:43.61 1:34.43 |
|    | 200m:                  | 2:53.88 | 1:30.98 | 400m:                  | 5:59.28 | 1:32.54 | 600m: | 9:09.18  | 1:35.14         | 800m: | 12:14.32 1:30.71 |
| 5. | LUŻNIAKOWSKA Dagmara   |         | 45      | MUKS Zgierz            |         |         |       |          | <b>13:38.86</b> | 305   | +0,92            |
|    | 100m:                  | 1:31.85 | 1:31.85 | 300m:                  | 4:55.55 | 1:41.85 | 500m: | 8:26.86  | 1:45.11         | 700m: | 11:59.18 1:45.43 |
|    | 200m:                  | 3:13.70 | 1:41.85 | 400m:                  | 6:41.75 | 1:46.20 | 600m: | 10:13.75 | 1:46.89         | 800m: | 13:38.86 1:39.68 |

KATEGORIA F

|    |               |         |         |                |         |         |       |          |                 |       |                  |
|----|---------------|---------|---------|----------------|---------|---------|-------|----------|-----------------|-------|------------------|
| 1. | WÓJCICKA Anna |         | 50      | MASTERS Lublin |         |         |       |          | <b>14:22.97</b> | 294   | +0,98            |
|    | 100m:         | 1:32.89 | 1:32.89 | 300m:          | 5:11.19 | 1:50.19 | 500m: | 8:53.43  | 1:51.84         | 700m: | 12:35.46 1:50.02 |
|    | 200m:         | 3:21.00 | 1:48.11 | 400m:          | 7:01.59 | 1:50.40 | 600m: | 10:45.44 | 1:52.01         | 800m: | 14:22.97 1:47.51 |

KATEGORIA G

|    |                           |         |         |              |         |         |       |          |                 |       |                  |
|----|---------------------------|---------|---------|--------------|---------|---------|-------|----------|-----------------|-------|------------------|
| 1. | SERBIN Małgorzata         |         | 59      | MKP Szczecin |         |         |       |          | <b>11:48.42</b> | 562   | +0,85            |
|    | 100m:                     | 1:20.53 | 1:20.53 | 300m:        | 4:17.82 | 1:29.17 | 500m: | 7:17.51  | 1:30.10         | 700m: | 10:18.65 1:30.88 |
|    | 200m:                     | 2:48.65 | 1:28.12 | 400m:        | 5:47.41 | 1:29.59 | 600m: | 8:47.77  | 1:30.26         | 800m: | 11:48.42 1:29.77 |
| 2. | WYPYCH-STASZEWSKA Izabela |         | 55      | MUKS Zgierz  |         |         |       |          | <b>13:27.99</b> | 379   | +0,79            |
|    | 100m:                     | 1:35.83 | 1:35.83 | 300m:        | 5:01.82 | 1:42.69 | 500m: | 8:27.02  | 1:42.63         | 700m: | 11:52.52 1:41.87 |
|    | 200m:                     | 3:19.13 | 1:43.30 | 400m:        | 6:44.39 | 1:42.57 | 600m: | 10:10.65 | 1:43.63         | 800m: | 13:27.99 1:35.47 |

KATEGORIA H

|    |                            |         |         |              |         |         |       |          |                 |       |                  |
|----|----------------------------|---------|---------|--------------|---------|---------|-------|----------|-----------------|-------|------------------|
| 1. | DAMLJANOVIC-WACŁAWIK Iwona |         | 60      | SMT Szczecin |         |         |       |          | <b>13:41.89</b> | 394   | +0,91            |
|    | 100m:                      | 1:31.67 | 1:31.67 | 300m:        | 4:58.54 | 1:44.29 | 500m: | 8:27.51  | 1:44.18         | 700m: | 11:57.97 1:45.33 |
|    | 200m:                      | 3:14.25 | 1:42.58 | 400m:        | 6:43.33 | 1:44.79 | 600m: | 10:12.64 | 1:45.13         | 800m: | 13:41.89 1:43.92 |





Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 7, Mężczyzn, 800m dowolny

KATEGORIA B

|    |                       |                       |                        |                        |     |       |
|----|-----------------------|-----------------------|------------------------|------------------------|-----|-------|
| 1. | EL SABBAHY Loay       | 32                    | KS Warta Poznań        | <b>9:48.66</b>         | 571 | +0,72 |
|    | 100m: 1:04.64 1:04.64 | 300m: 3:31.34 1:14.39 | 500m: 6:01.86 1:15.16  | 700m: 8:35.07 1:17.07  |     |       |
|    | 200m: 2:16.95 1:12.31 | 400m: 4:46.70 1:15.36 | 600m: 7:18.00 1:16.14  | 800m: 9:48.66 1:13.59  |     |       |
| 2. | MENDYK Przemysław     | 33                    | MUKS Gilus Gilowice    | <b>10:31.07</b>        | 463 | +0,83 |
|    | 100m: 1:12.01 1:12.01 | 300m: 3:50.32 1:19.51 | 500m: 6:32.68 1:21.34  | 700m: 9:15.50 1:20.85  |     |       |
|    | 200m: 2:30.81 1:18.80 | 400m: 5:11.34 1:21.02 | 600m: 7:54.65 1:21.97  | 800m: 10:31.07 1:15.57 |     |       |
| 3. | KEMPIAK Amadeusz      | 31                    | Niezrzeszony           | <b>11:08.24</b>        | 390 | +0,69 |
|    | 100m: 1:11.07 1:11.07 | 300m: 3:56.20 1:23.78 | 500m: 6:49.72 1:28.00  | 700m: 9:47.69 1:28.53  |     |       |
|    | 200m: 2:32.42 1:21.35 | 400m: 5:21.72 1:25.52 | 600m: 8:19.16 1:29.44  | 800m: 11:08.24 1:20.55 |     |       |
| 4. | KUREK Mateusz         | 31                    | UKS Trójka Częstochowa | <b>11:24.25</b>        | 363 | +0,70 |
|    | 100m: 1:15.46 1:15.46 | 300m: 4:05.50 1:25.49 | 500m: 6:59.59 1:28.01  | 700m: 9:59.39 1:30.07  |     |       |
|    | 200m: 2:40.01 1:24.55 | 400m: 5:31.58 1:26.08 | 600m: 8:29.32 1:29.73  | 800m: 11:24.25 1:24.86 |     |       |
| 5. | WANDZIOCH Krzysztof   | 33                    | IKS Herkules Suwałki   | <b>11:30.56</b>        | 354 | +0,87 |
|    | 100m: 1:17.88 1:17.88 | 300m: 4:08.92 1:26.35 | 500m: 7:05.44 1:28.74  | 700m: 10:04.09 1:29.20 |     |       |
|    | 200m: 2:42.57 1:24.69 | 400m: 5:36.70 1:27.78 | 600m: 8:34.89 1:29.45  | 800m: 11:30.56 1:26.47 |     |       |
| 6. | KONIECZNAK Przemysław | 30                    | Niezrzeszony           | <b>12:09.19</b>        | 300 | +0,93 |
|    | 100m: 1:26.44 1:26.44 | 300m: 4:30.23 1:31.79 | 500m: 7:35.92 1:32.52  | 700m: 10:39.18 1:32.15 |     |       |
|    | 200m: 2:58.44 1:32.00 | 400m: 6:03.40 1:33.17 | 600m: 9:07.03 1:31.11  | 800m: 12:09.19 1:30.01 |     |       |

KATEGORIA C

|    |                       |                       |                       |                        |     |       |
|----|-----------------------|-----------------------|-----------------------|------------------------|-----|-------|
| 1. | ZIELONKA Rafał        | 39                    | Masters Avia Świdnik  | <b>10:25.85</b>        | 502 | +0,77 |
|    | 100m: 1:11.98 1:11.98 | 300m: 3:46.13 1:17.80 | 500m: 6:25.74 1:20.39 | 700m: 9:07.31 1:20.59  |     |       |
|    | 200m: 2:28.33 1:16.35 | 400m: 5:05.35 1:19.22 | 600m: 7:46.72 1:20.98 | 800m: 10:25.85 1:18.54 |     |       |
| 2. | SZEWCZYK Piotr        | 38                    | Warsaw Masters Team   | <b>10:56.13</b>        | 436 | +0,86 |
|    | 100m: 1:14.38 1:14.38 | 300m: 3:59.95 1:23.42 | 500m: 6:48.57 1:24.21 | 700m: 9:36.79 1:23.88  |     |       |
|    | 200m: 2:36.53 1:22.15 | 400m: 5:24.36 1:24.41 | 600m: 8:12.91 1:24.34 | 800m: 10:56.13 1:19.34 |     |       |
| 3. | BAŁKA Michał          | 38                    | SMT Szczecin          | <b>11:08.02</b>        | 413 | +0,95 |
|    | 100m: 1:11.83 1:11.83 | 300m: 3:57.59 1:25.24 | 500m: 6:53.45 1:28.55 | 700m: 9:46.08 1:24.40  |     |       |
|    | 200m: 2:32.35 1:20.52 | 400m: 5:24.90 1:27.31 | 600m: 8:21.68 1:28.23 | 800m: 11:08.02 1:21.94 |     |       |

KATEGORIA D

|    |                       |                       |                       |                        |     |       |
|----|-----------------------|-----------------------|-----------------------|------------------------|-----|-------|
| 1. | KRUK Marcin           | 43                    | Koszalińskie TKKF     | <b>11:40.84</b>        | 398 | +0,82 |
|    | 100m: 1:19.30 1:19.30 | 300m: 4:10.88 1:26.76 | 500m: 7:07.57 1:29.97 | 700m: 10:10.82 1:32.14 |     |       |
|    | 200m: 2:44.12 1:24.82 | 400m: 5:37.60 1:26.72 | 600m: 8:38.68 1:31.11 | 800m: 11:40.84 1:30.02 |     |       |

KATEGORIA E

|    |                       |                       |                       |                        |     |       |
|----|-----------------------|-----------------------|-----------------------|------------------------|-----|-------|
| 1. | GOGACZ Sebastian      | 49                    | UKS Trójka Puławy     | <b>10:54.97</b>        | 502 | +0,93 |
|    | 100m: 1:15.27 1:15.27 | 300m: 3:57.59 1:21.87 | 500m: 6:44.22 1:23.01 | 700m: 9:32.94 1:25.02  |     |       |
|    | 200m: 2:35.72 1:20.45 | 400m: 5:21.21 1:23.62 | 600m: 8:07.92 1:23.70 | 800m: 10:54.97 1:22.03 |     |       |
| 2. | DZIADOSZ Robert       | 46                    | 5Styl Warszawa        | <b>10:55.65</b>        | 501 | +0,67 |
|    | 100m: 1:13.99 1:13.99 | 300m: 3:59.58 1:23.21 | 500m: 6:48.11 1:24.41 | 700m: 9:35.89 1:23.44  |     |       |
|    | 200m: 2:36.37 1:22.38 | 400m: 5:23.70 1:24.12 | 600m: 8:12.45 1:24.34 | 800m: 10:55.65 1:19.76 |     |       |
| 3. | ROGOSZ Paweł          | 49                    | Warsaw Masters Team   | <b>10:58.72</b>        | 494 | +0,95 |
|    | 100m: 1:17.31 1:17.31 | 300m: 4:06.43 1:24.99 | 500m: 6:55.37 1:23.74 | 700m: 9:41.85 1:22.18  |     |       |
|    | 200m: 2:41.44 1:24.13 | 400m: 5:31.63 1:25.20 | 600m: 8:19.67 1:24.30 | 800m: 10:58.72 1:16.87 |     |       |
| 4. | WACHOWSKI Błażej      | 45                    | KS Warta Poznań       | <b>11:00.04</b>        | 491 | +0,88 |
|    | 100m: 1:18.17 1:18.17 | 300m: 4:05.89 1:23.85 | 500m: 6:54.52 1:24.49 | 700m: 9:42.32 1:23.58  |     |       |
|    | 200m: 2:42.04 1:23.87 | 400m: 5:30.03 1:24.14 | 600m: 8:18.74 1:24.22 | 800m: 11:00.04 1:17.72 |     |       |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 7, Mężczyzn, 800m dowolny

KATEGORIA F

|                              |                       |                               |                        |     |       |
|------------------------------|-----------------------|-------------------------------|------------------------|-----|-------|
| 1. GREGOROWICZ Paweł         | 51                    | Stow. Pływ. Masters Olsztyn   | <b>9:52.61</b>         | 735 | +0,78 |
| <i>Rekord Polski Masters</i> |                       |                               |                        |     |       |
| 100m: 1:10.60 1:10.60        | 300m: 3:41.61 1:15.51 | 500m: 6:11.68 1:14.73         | 700m: 8:40.61 1:14.21  |     |       |
| 200m: 2:26.10 1:15.50        | 400m: 4:56.95 1:15.34 | 600m: 7:26.40 1:14.72         | 800m: 9:52.61 1:12.00  |     |       |
| 2. WINIARCZYK Jarosław       | 53                    | Koszalińskie TKKF             | <b>10:48.23</b>        | 562 | +0,75 |
| 100m: 1:11.48 1:11.48        | 300m: 3:52.65 1:21.67 | 500m: 6:39.92 1:23.54         | 700m: 9:28.81 1:24.45  |     |       |
| 200m: 2:30.98 1:19.50        | 400m: 5:16.38 1:23.73 | 600m: 8:04.36 1:24.44         | 800m: 10:48.23 1:19.42 |     |       |
| 3. DĄBROWSKI Paweł           | 51                    | Stow. Pływ. Masters Olsztyn   | <b>11:34.34</b>        | 457 | +0,93 |
| 100m: 1:22.15 1:22.15        | 300m: 4:15.88 1:26.64 | 500m: 7:10.30 1:27.89         | 700m: 10:07.79 1:28.65 |     |       |
| 200m: 2:49.24 1:27.09        | 400m: 5:42.41 1:26.53 | 600m: 8:39.14 1:28.84         | 800m: 11:34.34 1:26.55 |     |       |
| 4. PŁANETA Maciej            | 51                    | UKS Delfin Masters Tarnobrzeg | <b>12:27.44</b>        | 366 | +0,82 |
| 100m: 1:23.85 1:23.85        | 300m: 4:29.30 1:33.66 | 500m: 7:40.60 1:35.88         | 700m: 10:53.52 1:36.74 |     |       |
| 200m: 2:55.64 1:31.79        | 400m: 6:04.72 1:35.42 | 600m: 9:16.78 1:36.18         | 800m: 12:27.44 1:33.92 |     |       |
| 5. WÓJCICKI Rafał            | 50                    | MASTERS Lublin                | <b>12:47.95</b>        | 338 | +0,87 |
| 100m: 1:25.48 1:25.48        | 300m: 4:34.32 1:36.43 | 500m: 7:52.71 1:40.05         | 700m: 11:11.95 1:39.12 |     |       |
| 200m: 2:57.89 1:32.41        | 400m: 6:12.66 1:38.34 | 600m: 9:32.83 1:40.12         | 800m: 12:47.95 1:36.00 |     |       |
| 6. MAMROT Artur              | 53                    | Koszalińskie TKKF             | <b>13:33.70</b>        | 284 | +0,86 |
| 100m: 1:23.64 1:23.64        | 300m: 4:43.53 1:42.92 | 500m: 8:18.67 1:47.45         | 700m: 11:51.40 1:46.62 |     |       |
| 200m: 3:00.61 1:36.97        | 400m: 6:31.22 1:47.69 | 600m: 10:04.78 1:46.11        | 800m: 13:33.70 1:42.30 |     |       |

KATEGORIA G

|                       |                       |                       |                        |     |       |
|-----------------------|-----------------------|-----------------------|------------------------|-----|-------|
| 1. PRZYBYLSKI Adam    | 58                    | SP Motyl Stalowa Wola | <b>12:23.07</b>        | 383 | +0,90 |
| 100m: 1:22.93 1:22.93 | 300m: 4:30.05 1:34.04 | 500m: 7:40.47 1:34.75 | 700m: 10:50.70 1:34.80 |     |       |
| 200m: 2:56.01 1:33.08 | 400m: 6:05.72 1:35.67 | 600m: 9:15.90 1:35.43 | 800m: 12:23.07 1:32.37 |     |       |

KATEGORIA H

|                       |                       |                        |                        |     |       |
|-----------------------|-----------------------|------------------------|------------------------|-----|-------|
| 1. KAMIŃSKI Robert    | 60                    | Niezzrzeszony          | <b>12:08.61</b>        | 456 | +0,94 |
| 100m: 1:24.59 1:24.59 | 300m: 4:29.21 1:32.49 | 500m: 7:34.10 1:32.28  | 700m: 10:38.72 1:32.01 |     |       |
| 200m: 2:56.72 1:32.13 | 400m: 6:01.82 1:32.61 | 600m: 9:06.71 1:32.61  | 800m: 12:08.61 1:29.89 |     |       |
| 2. PIÓRKOWSKI Marek   | 60                    | Water Squad            | <b>14:58.54</b>        | 243 | +0,95 |
| 100m: 1:35.56 1:35.56 | 300m: 5:23.51 1:55.72 | 500m: 9:15.41 1:56.17  | 700m: 13:06.98 1:56.20 |     |       |
| 200m: 3:27.79 1:52.23 | 400m: 7:19.24 1:55.73 | 600m: 11:10.78 1:55.37 | 800m: 14:58.54 1:51.56 |     |       |

KATEGORIA I

|                              |                       |                        |                        |     |       |
|------------------------------|-----------------------|------------------------|------------------------|-----|-------|
| 1. MADEJ Leszek              | 65                    | Warsaw Masters Team    | <b>10:52.72</b>        | 734 | +0,75 |
| <i>Rekord Polski Masters</i> |                       |                        |                        |     |       |
| 100m: 1:20.00 1:20.00        | 300m: 4:09.68 1:24.34 | 500m: 6:54.67 1:21.74  | 700m: 9:34.62 1:19.38  |     |       |
| 200m: 2:45.34 1:25.34        | 400m: 5:32.93 1:23.25 | 600m: 8:15.24 1:20.57  | 800m: 10:52.72 1:18.10 |     |       |
| 2. KORPETTA Wojciech         | 66                    | Water Squad            | <b>13:40.59</b>        | 369 |       |
| 100m: 1:34.71 1:34.71        | 300m: 5:06.75 1:46.64 | 500m: 8:38.28 1:44.81  | 700m: 12:06.73 1:44.58 |     |       |
| 200m: 3:20.11 1:45.40        | 400m: 6:53.47 1:46.72 | 600m: 10:22.15 1:43.87 | 800m: 13:40.59 1:33.86 |     |       |
| 3. TWARDYSKO Stanisław       | 69                    | Weteran Zabrze         | <b>13:49.38</b>        | 358 |       |
| 100m: 1:34.60 1:34.60        | 300m: 5:03.94 1:45.00 | 500m: 8:35.18 1:46.30  | 700m: 12:07.94 1:46.38 |     |       |
| 200m: 3:18.94 1:44.34        | 400m: 6:48.88 1:44.94 | 600m: 10:21.56 1:46.38 | 800m: 13:49.38 1:41.44 |     |       |
| 4. KOZYRA Daniel             | 66                    | 5Styl Warszawa         | <b>14:38.87</b>        | 300 |       |
| 100m: 1:39.89 1:39.89        | 300m: 5:25.19 1:52.72 | 500m: 9:12.34 1:52.63  | 700m: 12:54.35 1:49.64 |     |       |
| 200m: 3:32.47 1:52.58        | 400m: 7:19.71 1:54.52 | 600m: 11:04.71 1:52.37 | 800m: 14:38.87 1:44.52 |     |       |





Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 8, Kobiety, 1500m dowolny, KATEGORIA E

| Pozycja |                   |         | Wiek    |                   |          |         |        |                 | Czas    | Pkt.   | CR               |
|---------|-------------------|---------|---------|-------------------|----------|---------|--------|-----------------|---------|--------|------------------|
| 2.      | MICHALIK Dominika |         | 46      | Masters Białystok |          |         |        | <b>21:05.20</b> | 566     | +0,81  |                  |
|         | 100m:             | 1:16.94 | 1:16.94 | 500m:             | 6:51.51  | 1:24.13 | 900m:  | 12:32.43        | 1:25.43 | 1300m: | 18:16.27 1:27.39 |
|         | 200m:             | 2:39.43 | 1:22.49 | 600m:             | 8:16.04  | 1:24.53 | 1000m: | 13:57.61        | 1:25.18 | 1400m: | 19:42.12 1:25.85 |
|         | 300m:             | 4:03.11 | 1:23.68 | 700m:             | 9:41.44  | 1:25.40 | 1100m: | 15:23.05        | 1:25.44 | 1500m: | 21:05.20 1:23.08 |
|         | 400m:             | 5:27.38 | 1:24.27 | 800m:             | 11:07.00 | 1:25.56 | 1200m: | 16:48.88        | 1:25.83 |        |                  |
| 3.      | KLARECKA Monika   |         | 48      | MUKS Zgierz       |          |         |        | <b>29:13.43</b> | 212     | +0,93  |                  |
|         | 100m:             | 1:45.45 | 1:45.45 | 500m:             | 9:28.28  | 1:56.83 | 900m:  | 17:15.58        | 1:57.46 | 1300m: | 25:15.90 2:01.74 |
|         | 200m:             | 3:40.75 | 1:55.30 | 600m:             | 11:24.27 | 1:55.99 | 1000m: | 19:14.70        | 1:59.12 | 1400m: | 27:16.26 2:00.36 |
|         | 300m:             | 5:36.26 | 1:55.51 | 700m:             | 13:20.85 | 1:56.58 | 1100m: | 21:13.90        | 1:59.20 | 1500m: | 29:13.43 1:57.17 |
|         | 400m:             | 7:31.45 | 1:55.19 | 800m:             | 15:18.12 | 1:57.27 | 1200m: | 23:14.16        | 2:00.26 |        |                  |

KATEGORIA F

|    |                          |         |         |                    |          |         |        |                 |         |        |                  |
|----|--------------------------|---------|---------|--------------------|----------|---------|--------|-----------------|---------|--------|------------------|
| 1. | RYBAK-STARCZAK Agnieszka |         | 50      | UKS Cityzen Poznań |          |         |        | <b>23:36.47</b> | 462     |        |                  |
|    | 100m:                    | 1:28.10 | 1:28.10 | 500m:              | 7:47.02  | 1:35.33 | 900m:  | 14:10.02        | 1:35.63 | 1300m: | 20:32.56 1:35.69 |
|    | 200m:                    | 3:02.96 | 1:34.86 | 600m:              | 9:22.55  | 1:35.53 | 1000m: | 15:45.40        | 1:35.38 | 1400m: | 22:07.13 1:34.57 |
|    | 300m:                    | 4:37.33 | 1:34.37 | 700m:              | 10:58.89 | 1:36.34 | 1100m: | 17:20.88        | 1:35.48 | 1500m: | 23:36.47 1:29.34 |
|    | 400m:                    | 6:11.69 | 1:34.36 | 800m:              | 12:34.39 | 1:35.50 | 1200m: | 18:56.87        | 1:35.99 |        |                  |
| 2. | TIULCHENKO Natalia       |         | 53      | 5Styl Warszawa     |          |         |        | <b>26:18.48</b> | 334     | +0,96  |                  |
|    | 100m:                    | 1:30.73 | 1:30.73 | 500m:              | 8:32.45  | 1:45.97 | 900m:  | 15:37.72        | 1:46.79 | 1300m: | 22:46.34 1:47.82 |
|    | 200m:                    | 3:14.98 | 1:44.25 | 600m:              | 10:18.16 | 1:45.71 | 1000m: | 17:24.19        | 1:46.47 | 1400m: | 24:33.91 1:47.57 |
|    | 300m:                    | 5:01.46 | 1:46.48 | 700m:              | 12:04.92 | 1:46.76 | 1100m: | 19:10.80        | 1:46.61 | 1500m: | 26:18.48 1:44.57 |
|    | 400m:                    | 6:46.48 | 1:45.02 | 800m:              | 13:50.93 | 1:46.01 | 1200m: | 20:58.52        | 1:47.72 |        |                  |

KATEGORIA G

|    |                    |         |         |                             |          |         |        |                 |         |        |                  |
|----|--------------------|---------|---------|-----------------------------|----------|---------|--------|-----------------|---------|--------|------------------|
| 1. | GOŹDZIEJEWSKA Anna |         | 58      | Stow. Pływ. Masters Olsztyn |          |         |        | <b>24:14.24</b> | 452     | +0,80  |                  |
|    | 100m:              | 1:30.64 | 1:30.64 | 500m:                       | 7:58.21  | 1:37.12 | 900m:  | 14:29.15        | 1:37.44 | 1300m: | 20:59.91 1:37.98 |
|    | 200m:              | 3:07.53 | 1:36.89 | 600m:                       | 9:35.83  | 1:37.62 | 1000m: | 16:07.32        | 1:38.17 | 1400m: | 22:37.92 1:38.01 |
|    | 300m:              | 4:44.46 | 1:36.93 | 700m:                       | 11:13.55 | 1:37.72 | 1100m: | 17:44.73        | 1:37.41 | 1500m: | 24:14.24 1:36.32 |
|    | 400m:              | 6:21.09 | 1:36.63 | 800m:                       | 12:51.71 | 1:38.16 | 1200m: | 19:21.93        | 1:37.20 |        |                  |

KATEGORIA H

|    |               |         |         |                             |          |         |        |                 |         |        |                  |
|----|---------------|---------|---------|-----------------------------|----------|---------|--------|-----------------|---------|--------|------------------|
| 1. | VILIMIENE Ada |         | 63      | Plaukimo Veteranu SK Nendre |          |         |        | <b>22:54.97</b> | 585     | +0,81  |                  |
|    | 100m:         | 1:25.11 | 1:25.11 | 500m:                       | 7:35.35  | 1:33.14 | 900m:  | 13:45.12        | 1:32.33 | 1300m: | 19:53.97 1:31.95 |
|    | 200m:         | 2:56.02 | 1:30.91 | 600m:                       | 9:07.86  | 1:32.51 | 1000m: | 15:17.45        | 1:32.33 | 1400m: | 21:26.37 1:32.40 |
|    | 300m:         | 4:28.83 | 1:32.81 | 700m:                       | 10:40.03 | 1:32.17 | 1100m: | 16:49.85        | 1:32.40 | 1500m: | 22:54.97 1:28.60 |
|    | 400m:         | 6:02.21 | 1:33.38 | 800m:                       | 12:12.79 | 1:32.76 | 1200m: | 18:22.02        | 1:32.17 |        |                  |
| 2. | ŁATKOWSKA Ewa |         | 60      | 5Styl Warszawa              |          |         |        | <b>28:19.46</b> | 310     | +0,92  |                  |
|    | 100m:         | 1:41.24 | 1:41.24 | 500m:                       | 9:16.39  | 1:54.68 | 900m:  | 16:56.06        | 1:54.92 | 1300m: | 24:36.13 1:56.33 |
|    | 200m:         | 3:34.28 | 1:53.04 | 600m:                       | 11:10.77 | 1:54.38 | 1000m: | 18:50.85        | 1:54.79 | 1400m: | 26:31.50 1:55.37 |
|    | 300m:         | 5:27.73 | 1:53.45 | 700m:                       | 13:05.82 | 1:55.05 | 1100m: | 20:45.63        | 1:54.78 | 1500m: | 28:19.46 1:47.96 |
|    | 400m:         | 7:21.71 | 1:53.98 | 800m:                       | 15:01.14 | 1:55.32 | 1200m: | 22:39.80        | 1:54.17 |        |                  |

KATEGORIA I

|    |                        |         |         |       |          |                       |        |          |         |          |          |         |
|----|------------------------|---------|---------|-------|----------|-----------------------|--------|----------|---------|----------|----------|---------|
| 1. | MACIERZEWSKA Agnieszka |         |         |       | 65       | KS Korona 1919 Kraków |        |          |         | 25:53.23 |          | 510     |
|    | Rekord Polski Masters  |         |         |       |          |                       |        |          |         |          |          |         |
|    | 100m:                  | 1:33.09 | 1:33.09 | 500m: | 8:27.77  | 1:44.53               | 900m:  | 15:25.17 | 1:43.99 | 1300m:   | 22:29.38 | 1:45.73 |
|    | 200m:                  | 3:15.56 | 1:42.47 | 600m: | 10:11.74 | 1:43.97               | 1000m: | 17:11.17 | 1:46.00 | 1400m:   | 24:14.52 | 1:45.14 |
|    | 300m:                  | 4:59.12 | 1:43.56 | 700m: | 11:56.36 | 1:44.62               | 1100m: | 18:57.52 | 1:46.35 | 1500m:   | 25:53.23 | 1:38.71 |
|    | 400m:                  | 6:43.24 | 1:44.12 | 800m: | 13:41.18 | 1:44.82               | 1200m: | 20:43.65 | 1:46.13 |          |          |         |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 8, Kobiet, 1500m dowolny

KATEGORIA K

|                       |                        |                         |                         |     |       |
|-----------------------|------------------------|-------------------------|-------------------------|-----|-------|
| 1. SZEMBERG Anna      | 76                     | Warsaw Masters Team     | 38:02.50                | 273 | +0,98 |
| 100m: 2:23.28 2:23.28 | 500m: 12:24.95 2:30.83 | 900m: 22:33.70 2:31.54  | 1300m: 32:52.85 2:35.55 |     |       |
| 200m: 4:54.89 2:31.61 | 600m: 14:56.01 2:31.06 | 1000m: 25:07.13 2:33.43 | 1400m: 35:29.85 2:37.00 |     |       |
| 300m: 7:23.89 2:29.00 | 700m: 17:28.08 2:32.07 | 1100m: 27:40.01 2:32.88 | 1500m: 38:02.50 2:32.65 |     |       |
| 400m: 9:54.12 2:30.23 | 800m: 20:02.16 2:34.08 | 1200m: 30:17.30 2:37.29 |                         |     |       |

Konkurencja 9

Mężczyzn, 1500m dowolny

20 - 94 lat

30.05.2025 - 18:40

Wyniki

|                    |          |                           |         |            |
|--------------------|----------|---------------------------|---------|------------|
| RP Masters 85 - 89 | 37:15.55 | WIŚNIEWSKI Andrzej        | Lublin  | 14.06.2024 |
| RP Masters 80 - 84 | 34:54.91 | WIŚNIEWSKI (R.38) Andrzej | Poznań  | 22.06.2018 |
| RP Masters 75 - 79 | 26:28.80 | BASTEK Ewald              | Olsztyn | 27.06.2014 |
| RP Masters 70 - 74 | 26:01.92 | BASTEK Ewald              | Dębica  | 14.06.2013 |
| RP Masters 65 - 69 | 22:31.71 | DE MAKAY Waldemar         | Gliwice | 10.06.2016 |
| RP Masters 60 - 64 | 22:42.42 | KASPEREK Piotr            | Lublin  | 14.06.2024 |
| RP Masters 55 - 59 | 19:59.04 | GABIEC Mariusz            | Olsztyn | 30.08.2014 |
| RP Masters 50 - 54 | 18:59.66 | GREGOROWICZ Paweł         | Lublin  | 14.06.2024 |
| RP Masters 45 - 49 | 18:45.61 | MONCZAK Grzegorz          | Poznań  | 22.06.2018 |
| RP Masters 40 - 44 | 18:13.66 | STANEK Grzegorz           | Poznań  | 15.06.2008 |
| RP Masters 35 - 39 | 17:58.35 | KACZMAREK Stanisław       | Gliwice | 10.06.2016 |
| RP Masters 30 - 34 | 17:01.63 | LASSEK Bartłomiej         | Lublin  | 14.06.2024 |
| RP Masters 25 - 29 | 17:13.46 | APTEWICZ Arkadiusz        | Olsztyn | 10.06.2022 |

Punkty: AQUA Master 2025

Pozycja

Wiek

Czas

Pkt.

CR

KATEGORIA B

|                       |                        |                         |                         |     |       |
|-----------------------|------------------------|-------------------------|-------------------------|-----|-------|
| 1. GAJDA Maciej       | 30                     | MKP Wodnik 29 Tychy     | 20:24.36                | 432 | +0,79 |
| 100m: 1:12.99 1:12.99 | 500m: 6:42.51 1:23.29  | 900m: 12:17.92 1:25.15  | 1300m: 17:47.54 1:22.31 |     |       |
| 200m: 2:34.10 1:21.11 | 600m: 8:05.41 1:22.90  | 1000m: 13:41.67 1:23.75 | 1400m: 19:09.89 1:22.35 |     |       |
| 300m: 3:55.37 1:21.27 | 700m: 9:28.67 1:23.26  | 1100m: 15:03.44 1:21.77 | 1500m: 20:24.36 1:14.47 |     |       |
| 400m: 5:19.22 1:23.85 | 800m: 10:52.77 1:24.10 | 1200m: 16:25.23 1:21.79 |                         |     |       |

KATEGORIA C

|                        |                        |                         |                         |     |       |
|------------------------|------------------------|-------------------------|-------------------------|-----|-------|
| 1. KUŚMIDER Przemysław | 36                     | MUKS Zgierz             | 20:16.02                | 492 | +0,81 |
| 100m: 1:13.32 1:13.32  | 500m: 6:39.81 1:22.25  | 900m: 12:08.36 1:22.30  | 1300m: 17:35.60 1:22.14 |     |       |
| 200m: 2:33.48 1:20.16  | 600m: 8:01.82 1:22.01  | 1000m: 13:30.47 1:22.11 | 1400m: 18:57.58 1:21.98 |     |       |
| 300m: 3:55.80 1:22.32  | 700m: 9:23.62 1:21.80  | 1100m: 14:52.35 1:21.88 | 1500m: 20:16.02 1:18.44 |     |       |
| 400m: 5:17.56 1:21.76  | 800m: 10:46.06 1:22.44 | 1200m: 16:13.46 1:21.11 |                         |     |       |

KATEGORIA D

|                       |                        |                                |                         |     |       |
|-----------------------|------------------------|--------------------------------|-------------------------|-----|-------|
| 1. AWRUK Bartosz      | 43                     | Iswim Białystok                | 21:55.01                | 419 | +0,92 |
| 100m: 1:14.70 1:14.70 | 500m: 7:03.84 1:30.03  | 900m: 12:59.58 1:28.86         | 1300m: 19:00.08 1:29.98 |     |       |
| 200m: 2:38.61 1:23.91 | 600m: 8:32.57 1:28.73  | 1000m: 14:29.88 1:30.30        | 1400m: 20:30.32 1:30.24 |     |       |
| 300m: 4:05.48 1:26.87 | 700m: 10:01.64 1:29.07 | 1100m: 16:00.05 1:30.17        | 1500m: 21:55.01 1:24.69 |     |       |
| 400m: 5:33.81 1:28.33 | 800m: 11:30.72 1:29.08 | 1200m: 17:30.10 1:30.05        |                         |     |       |
| 2. KIERES Michał      | 41                     | Stow. Pływ. Masters Olsztyn    | 22:05.51                | 410 | +0,81 |
| 100m: 1:16.77 1:16.77 | 500m: 7:07.42 1:30.00  | 900m: 13:05.37 1:28.72         | 1300m: 19:07.90 1:29.77 |     |       |
| 200m: 2:41.83 1:25.06 | 600m: 8:36.13 1:28.71  | 1000m: 14:35.48 1:30.11        | 1400m: 20:37.33 1:29.43 |     |       |
| 300m: 4:09.79 1:27.96 | 700m: 10:07.02 1:30.89 | 1100m: 16:06.91 1:31.43        | 1500m: 22:05.51 1:28.18 |     |       |
| 400m: 5:37.42 1:27.63 | 800m: 11:36.65 1:29.63 | 1200m: 17:38.13 1:31.22        |                         |     |       |
| 3. NYKOWSKI Andrzej   | 42                     | Stow. Pływ. Sebastiana Karasia | 24:38.09                | 295 | +0,89 |
| 100m: 1:25.61 1:25.61 | 500m: 8:00.16 1:41.23  | 900m: 14:37.06 1:39.81         | 1300m: 21:19.67 1:40.45 |     |       |
| 200m: 3:01.24 1:35.63 | 600m: 9:40.32 1:40.16  | 1000m: 16:16.72 1:39.66        | 1400m: 23:00.70 1:41.03 |     |       |
| 300m: 4:38.54 1:37.30 | 700m: 11:18.40 1:38.08 | 1100m: 17:58.71 1:41.99        | 1500m: 24:38.09 1:37.39 |     |       |
| 400m: 6:18.93 1:40.39 | 800m: 12:57.25 1:38.85 | 1200m: 19:39.22 1:40.51        |                         |     |       |

Splash Meet Manager, 11.81803



Registered to Piotr Bujak

01.06.2025 12:55 - Strona 20

Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 9, Mężczyzn, 1500m dowolny

KATEGORIA E

|                        |                        |                         |                         |     |       |
|------------------------|------------------------|-------------------------|-------------------------|-----|-------|
| 1. WILMOWICZ Adam      | 46                     | Koszalińskie TKKF       | <b>20:36.98</b>         | 526 | +0,79 |
| 100m: 1:12.05 1:12.05  | 500m: 6:39.50 1:22.99  | 900m: 12:13.59 1:23.72  | 1300m: 17:53.03 1:25.54 |     |       |
| 200m: 2:31.21 1:19.16  | 600m: 8:02.91 1:23.41  | 1000m: 13:38.01 1:24.42 | 1400m: 19:18.59 1:25.56 |     |       |
| 300m: 3:53.16 1:21.95  | 700m: 9:26.07 1:23.16  | 1100m: 15:02.73 1:24.72 | 1500m: 20:36.98 1:18.39 |     |       |
| 400m: 5:16.51 1:23.35  | 800m: 10:49.87 1:23.80 | 1200m: 16:27.49 1:24.76 |                         |     |       |
| 2. PAWŁOWSKI Krzysztof | 48                     | SP Motyl Stalowa Wola   | <b>22:49.89</b>         | 387 | +0,92 |
| 100m: 1:23.49 1:23.49  | 500m: 7:30.89 1:33.09  | 900m: 13:40.49 1:32.32  | 1300m: 19:51.96 1:33.08 |     |       |
| 200m: 2:53.66 1:30.17  | 600m: 9:02.97 1:32.08  | 1000m: 15:13.46 1:32.97 | 1400m: 21:24.26 1:32.30 |     |       |
| 300m: 4:25.57 1:31.91  | 700m: 10:35.42 1:32.45 | 1100m: 16:46.27 1:32.81 | 1500m: 22:49.89 1:25.63 |     |       |
| 400m: 5:57.80 1:32.23  | 800m: 12:08.17 1:32.75 | 1200m: 18:18.88 1:32.61 |                         |     |       |

KATEGORIA F

|                       |                        |                         |                         |     |       |
|-----------------------|------------------------|-------------------------|-------------------------|-----|-------|
| 1. LIPIŃSKI Cezary    | 53                     | Masters Avia Świdnik    | <b>20:51.12</b>         | 555 | +0,75 |
| 100m: 1:17.09 1:17.09 | 500m: 6:45.75 1:23.00  | 900m: 12:20.62 1:23.09  | 1300m: 18:00.63 1:25.36 |     |       |
| 200m: 2:37.76 1:20.67 | 600m: 8:09.91 1:24.16  | 1000m: 13:45.52 1:24.90 | 1400m: 19:27.04 1:26.41 |     |       |
| 300m: 4:00.12 1:22.36 | 700m: 9:33.41 1:23.50  | 1100m: 15:09.95 1:24.43 | 1500m: 20:51.12 1:24.08 |     |       |
| 400m: 5:22.75 1:22.63 | 800m: 10:57.53 1:24.12 | 1200m: 16:35.27 1:25.32 |                         |     |       |
| 2. KUBICA Ryszard     | 53                     | KS Górnik Radlin        | <b>23:34.26</b>         | 384 | +0,95 |
| 100m: 1:26.08 1:26.08 | 500m: 7:45.24 1:34.95  | 900m: 14:04.86 1:34.99  | 1300m: 20:26.96 1:35.37 |     |       |
| 200m: 2:59.96 1:33.88 | 600m: 9:20.13 1:34.89  | 1000m: 15:39.94 1:35.08 | 1400m: 22:01.92 1:34.96 |     |       |
| 300m: 4:34.87 1:34.91 | 700m: 10:55.05 1:34.92 | 1100m: 17:15.64 1:35.70 | 1500m: 23:34.26 1:32.34 |     |       |
| 400m: 6:10.29 1:35.42 | 800m: 12:29.87 1:34.82 | 1200m: 18:51.59 1:35.95 |                         |     |       |
| 3. MOROZOWSKI Wiktor  | 52                     | MUKS Zgierz             | <b>24:30.47</b>         | 342 |       |
| 100m: 1:25.09 1:25.09 | 500m: 7:55.26 1:40.26  | 900m: 14:35.95 1:39.30  | 1300m: 21:13.23 1:38.14 |     |       |
| 200m: 2:57.62 1:32.53 | 600m: 9:35.43 1:40.17  | 1000m: 16:17.89 1:41.94 | 1400m: 22:55.17 1:41.94 |     |       |
| 300m: 4:35.73 1:38.11 | 700m: 11:16.24 1:40.81 | 1100m: 17:59.19 1:41.30 | 1500m: 24:30.47 1:35.30 |     |       |
| 400m: 6:15.00 1:39.27 | 800m: 12:56.65 1:40.41 | 1200m: 19:35.09 1:35.90 |                         |     |       |
| 4. WILKOWSKI Leszek   | 54                     | Gdynia Masters          | <b>26:00.83</b>         | 285 |       |
| 100m: 1:29.14 1:29.14 | 500m: 8:26.51 1:45.79  | 900m: 15:29.12 1:45.96  | 1300m: 22:34.04 1:46.26 |     |       |
| 200m: 3:09.92 1:40.78 | 600m: 10:11.42 1:44.91 | 1000m: 17:15.50 1:46.38 | 1400m: 24:20.25 1:46.21 |     |       |
| 300m: 4:54.43 1:44.51 | 700m: 11:56.94 1:45.52 | 1100m: 19:02.72 1:47.22 | 1500m: 26:00.83 1:40.58 |     |       |
| 400m: 6:40.72 1:46.29 | 800m: 13:43.16 1:46.22 | 1200m: 20:47.78 1:45.06 |                         |     |       |

KATEGORIA G

|                       |                        |                         |                         |     |       |
|-----------------------|------------------------|-------------------------|-------------------------|-----|-------|
| 1. HARENDA Andrzej    | 57                     | Niezrzeszony Piła       | <b>25:25.75</b>         | 319 | +0,70 |
| 100m: 1:28.03 1:28.03 | 500m: 8:10.00 1:41.53  | 900m: 15:01.81 1:43.06  | 1300m: 21:57.27 1:46.26 |     |       |
| 200m: 3:05.88 1:37.85 | 600m: 9:52.32 1:42.32  | 1000m: 16:44.34 1:42.53 | 1400m: 23:44.04 1:46.77 |     |       |
| 300m: 4:46.36 1:40.48 | 700m: 11:34.83 1:42.51 | 1100m: 18:27.57 1:43.23 | 1500m: 25:25.75 1:41.71 |     |       |
| 400m: 6:28.47 1:42.11 | 800m: 13:18.75 1:43.92 | 1200m: 20:11.01 1:43.44 |                         |     |       |

KATEGORIA H

|                              |                        |                         |                         |     |       |
|------------------------------|------------------------|-------------------------|-------------------------|-----|-------|
| 1. KASPEREK Piotr            | 64                     | KU AZS UMCS Lublin      | <b>22:22.37</b>         | 514 | +0,91 |
| <i>Rekord Polski Masters</i> |                        |                         |                         |     |       |
| 100m: 1:22.69 1:22.69        | 500m: 7:23.74 1:30.59  | 900m: 13:24.92 1:30.78  | 1300m: 19:25.82 1:30.09 |     |       |
| 200m: 2:52.36 1:29.67        | 600m: 8:53.43 1:29.69  | 1000m: 14:55.78 1:30.86 | 1400m: 20:56.51 1:30.69 |     |       |
| 300m: 4:22.81 1:30.45        | 700m: 10:23.66 1:30.23 | 1100m: 16:26.74 1:30.96 | 1500m: 22:22.37 1:25.86 |     |       |
| 400m: 5:53.15 1:30.34        | 800m: 11:54.14 1:30.48 | 1200m: 17:55.73 1:28.99 |                         |     |       |
| 2. AMBROZIAK Tomasz          | 61                     | UŚKS Ostrołęka          | <b>26:14.20</b>         | 319 | +0,93 |
| 100m: 1:35.44 1:35.44        | 500m: 8:33.84 1:45.35  | 900m: 15:37.91 1:45.81  | 1300m: 22:44.29 1:47.25 |     |       |
| 200m: 3:18.81 1:43.37        | 600m: 10:20.98 1:47.14 | 1000m: 17:23.99 1:46.08 | 1400m: 24:30.84 1:46.55 |     |       |
| 300m: 5:03.75 1:44.94        | 700m: 12:06.13 1:45.15 | 1100m: 19:09.93 1:45.94 | 1500m: 26:14.20 1:43.36 |     |       |
| 400m: 6:48.49 1:44.74        | 800m: 13:52.10 1:45.97 | 1200m: 20:57.04 1:47.11 |                         |     |       |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 9, Mężczyzn, 1500m dowolny, KATEGORIA H

| Pozycja | Wiek              |         |         |       |                       |         |        |          | Czas            | Pkt.   | CR       |         |
|---------|-------------------|---------|---------|-------|-----------------------|---------|--------|----------|-----------------|--------|----------|---------|
| 3.      | TWAROWSKI Andrzej |         |         | 60    | Masters Białystok     |         |        |          | <b>26:27.44</b> | 311    | +0,93    |         |
|         | 100m:             | 1:38.54 | 1:38.54 | 500m: | 8:45.93               | 1:47.71 | 900m:  | 15:55.41 | 1:47.07         | 1300m: | 23:03.19 | 1:47.63 |
|         | 200m:             | 3:23.50 | 1:44.96 | 600m: | 10:33.81              | 1:47.88 | 1000m: | 17:43.35 | 1:47.94         | 1400m: | 24:50.02 | 1:46.83 |
|         | 300m:             | 5:10.30 | 1:46.80 | 700m: | 12:21.10              | 1:47.29 | 1100m: | 19:29.46 | 1:46.11         | 1500m: | 26:27.44 | 1:37.42 |
|         | 400m:             | 6:58.22 | 1:47.92 | 800m: | 14:08.34              | 1:47.24 | 1200m: | 21:15.56 | 1:46.10         |        |          |         |
| 4.      | PAWLAK Tadeusz    |         |         | 62    | UKS Nawa Skierniewice |         |        |          | <b>27:02.90</b> | 291    |          |         |
|         | 100m:             | 1:42.29 | 1:42.29 | 500m: | 8:49.53               | 1:47.21 | 900m:  | 16:01.90 | 1:48.43         | 1300m: | 23:22.08 | 1:50.93 |
|         | 200m:             | 3:27.81 | 1:45.52 | 600m: | 10:37.58              | 1:48.05 | 1000m: | 17:51.20 | 1:49.30         | 1400m: | 25:12.98 | 1:50.90 |
|         | 300m:             | 5:14.92 | 1:47.11 | 700m: | 12:25.65              | 1:48.07 | 1100m: | 19:41.20 | 1:50.00         | 1500m: | 27:02.90 | 1:49.92 |
|         | 400m:             | 7:02.32 | 1:47.40 | 800m: | 14:13.47              | 1:47.82 | 1200m: | 21:31.15 | 1:49.95         |        |          |         |
| 5.      | BURZYŃSKI Piotr   |         |         | 63    | KS Waterpolo Poznań   |         |        |          | <b>27:35.91</b> | 274    |          |         |
|         | 100m:             | 1:35.15 | 1:35.15 | 500m: | 8:50.10               | 1:50.06 | 900m:  | 16:16.50 | 1:52.68         | 1300m: | 23:48.14 | 1:53.56 |
|         | 200m:             | 3:21.41 | 1:46.26 | 600m: | 10:41.32              | 1:51.22 | 1000m: | 18:08.02 | 1:51.52         | 1400m: | 25:41.93 | 1:53.79 |
|         | 300m:             | 5:10.14 | 1:48.73 | 700m: | 12:32.69              | 1:51.37 | 1100m: | 19:59.87 | 1:51.85         | 1500m: | 27:35.91 | 1:53.98 |
|         | 400m:             | 7:00.04 | 1:49.90 | 800m: | 14:23.82              | 1:51.13 | 1200m: | 21:54.58 | 1:54.71         |        |          |         |
| 6.      | WIERZCHOŃ Aleksy  |         |         | 63    | Koszalińskie TKKF     |         |        |          | <b>28:12.84</b> | 256    |          |         |
|         | 100m:             | 1:42.95 | 1:42.95 | 500m: | 9:17.03               | 1:54.12 | 900m:  | 16:52.44 | 1:54.21         | 1300m: | 24:29.88 | 1:55.01 |
|         | 200m:             | 3:34.99 | 1:52.04 | 600m: | 11:10.05              | 1:53.02 | 1000m: | 18:46.60 | 1:54.16         | 1400m: | 26:25.46 | 1:55.58 |
|         | 300m:             | 5:29.51 | 1:54.52 | 700m: | 13:03.64              | 1:53.59 | 1100m: | 20:41.46 | 1:54.86         | 1500m: | 28:12.84 | 1:47.38 |
|         | 400m:             | 7:22.91 | 1:53.40 | 800m: | 14:58.23              | 1:54.59 | 1200m: | 22:34.87 | 1:53.41         |        |          |         |

KATEGORIA I

|    |                   |         |         |       |                       |         |        |          |          |        |          |         |
|----|-------------------|---------|---------|-------|-----------------------|---------|--------|----------|----------|--------|----------|---------|
| 1. | GAWKOWSKI Mariusz |         |         | 67    | Niezrzeszony Warszawa |         |        |          | 27:18.27 | 322    |          |         |
|    | 100m:             | 1:42.25 | 1:42.25 | 500m: | 9:05.33               | 1:50.36 | 900m:  | 16:26.08 | 1:49.74  | 1300m: | 23:44.77 | 1:49.00 |
|    | 200m:             | 3:32.15 | 1:49.90 | 600m: | 10:56.31              | 1:50.98 | 1000m: | 18:16.28 | 1:50.20  | 1400m: | 25:34.12 | 1:49.35 |
|    | 300m:             | 5:23.86 | 1:51.71 | 700m: | 12:46.38              | 1:50.07 | 1100m: | 20:06.44 | 1:50.16  | 1500m: | 27:18.27 | 1:44.15 |
|    | 400m:             | 7:14.97 | 1:51.11 | 800m: | 14:36.34              | 1:49.96 | 1200m: | 21:55.77 | 1:49.33  |        |          |         |

KATEGORIA J

|    |               |         |         |       |          |         |                     |          |         |          |          |         |     |       |
|----|---------------|---------|---------|-------|----------|---------|---------------------|----------|---------|----------|----------|---------|-----|-------|
| 1. | CIECIOR Jerzy |         |         | 72    |          |         | Rydułtowska AAS 60+ |          |         | 29:20.22 |          |         | 337 | +0,98 |
|    | 100m:         | 1:45.51 | 1:45.51 | 500m: | 9:39.35  | 1:59.04 | 900m:               | 17:36.75 | 2:00.16 | 1300m:   | 25:31.17 | 2:01.45 |     |       |
|    | 200m:         | 3:42.19 | 1:56.68 | 600m: | 11:38.74 | 1:59.39 | 1000m:              | 19:34.24 | 1:57.49 | 1400m:   | 27:27.92 | 1:56.75 |     |       |
|    | 300m:         | 5:40.03 | 1:57.84 | 700m: | 13:38.21 | 1:59.47 | 1100m:              | 21:32.60 | 1:58.36 | 1500m:   | 29:20.22 | 1:52.30 |     |       |
|    | 400m:         | 7:40.31 | 2:00.28 | 800m: | 15:36.59 | 1:58.38 | 1200m:              | 23:29.72 | 1:57.12 |          |          |         |     |       |
| 2. | LASOWY Marian |         |         | 70    |          |         | Koszalińskie TKKF   |          |         | 29:35.39 |          |         | 329 |       |
|    | 100m:         | 1:43.72 | 1:43.72 | 500m: | 9:32.71  | 1:58.40 | 900m:               | 17:29.27 | 1:59.69 | 1300m:   | 25:35.03 | 2:02.34 |     |       |
|    | 200m:         | 3:38.92 | 1:55.20 | 600m: | 11:31.27 | 1:58.56 | 1000m:              | 19:29.45 | 2:00.18 | 1400m:   | 27:37.62 | 2:02.59 |     |       |
|    | 300m:         | 5:35.81 | 1:56.89 | 700m: | 13:31.51 | 2:00.24 | 1100m:              | 21:31.42 | 2:01.97 | 1500m:   | 29:35.39 | 1:57.77 |     |       |
|    | 400m:         | 7:34.31 | 1:58.50 | 800m: | 15:29.58 | 1:58.07 | 1200m:              | 23:32.69 | 2:01.27 |          |          |         |     |       |

KATEGORIA K

|    |                  |         |         |       |                 |         |        |          |         |          |          |         |
|----|------------------|---------|---------|-------|-----------------|---------|--------|----------|---------|----------|----------|---------|
| 1. | BARTKOWIAK Roman |         |         | 76    | KS Warta Poznań |         |        |          |         | 32:19.10 | 276      |         |
|    | 100m:            | 1:50.16 | 1:50.16 | 500m: | 10:24.85        | 2:09.85 | 900m:  | 19:12.74 | 2:13.63 | 1300m:   | 28:04.54 | 2:13.81 |
|    | 200m:            | 3:55.74 | 2:05.58 | 600m: | 12:35.23        | 2:10.38 | 1000m: | 21:26.28 | 2:13.54 | 1400m:   | 30:17.14 | 2:12.60 |
|    | 300m:            | 6:04.39 | 2:08.65 | 700m: | 14:46.02        | 2:10.79 | 1100m: | 23:38.22 | 2:11.94 | 1500m:   | 32:19.10 | 2:01.96 |
|    | 400m:            | 8:15.00 | 2:10.61 | 800m: | 16:59.11        | 2:13.09 | 1200m: | 25:50.73 | 2:12.51 |          |          |         |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 10 Kobiet, 50m grzbietowy 20 - 94 lat  
31.05.2025 - 9:00 Wyniki

|                    |         |                    |                 |            |
|--------------------|---------|--------------------|-----------------|------------|
| RP Masters 85 - 89 | 1:24.08 | WALKOWICZ Urszula  | Warszawa        | 17.06.2017 |
| RP Masters 80 - 84 | 1:01.14 | WALKOWICZ Urszula  | Warszawa        | 26.05.2012 |
| RP Masters 75 - 79 | 46.93   | BASTEK Renata      | Poznań          | 23.06.2018 |
| RP Masters 70 - 74 | 42.79   | BASTEK Renata      | Eindhoven (NED) | 04.09.2013 |
| RP Masters 65 - 69 | 41.65   | BASTEK Renata      | Göteborg (SWE)  | 06.08.2010 |
| RP Masters 60 - 64 | 38.91   | KISZCZAK Grażyna   | Riccione (ITA)  | 14.06.2012 |
| RP Masters 55 - 59 | 37.56   | KULIŚ Mariola      | Olsztyn         | 11.06.2022 |
| RP Masters 50 - 54 | 35.80   | KULIŚ Mariola      | Gliwice         | 11.06.2016 |
| RP Masters 45 - 49 | 33.83   | FAJKOWSKA Daria    | Łódź            | 21.04.2018 |
| RP Masters 40 - 44 | 32.74   | FAJKOWSKA Daria    | Gliwice         | 11.06.2016 |
| RP Masters 35 - 39 | 32.95   | OLSZANOWSKA Iga    | Budapeszt (HUN) | 20.08.2017 |
| RP Masters 30 - 34 | 32.45   | URBAŃSKA Karolina  | Warszawa        | 03.06.2023 |
| RP Masters 25 - 29 | 29.73   | WÓJTOWICZ Gabriela | Olsztyn         | 11.06.2022 |

Punkty: AQUA Master 2025

Pozycja Wiek Czas Pkt. CR

KATEGORIA MŁ

|                    |    |                           |              |     |
|--------------------|----|---------------------------|--------------|-----|
| 1. ŁUCZAK Dominika | 23 | Niezzreszony Zielona Góra | <b>33.69</b> | 598 |
| 2. ZAWADZKA Hanna  | 23 | Niezzreszony              | <b>37.70</b> | 427 |

KATEGORIA A

|                    |    |                            |              |     |       |
|--------------------|----|----------------------------|--------------|-----|-------|
| 1. BORCZYK Martyna | 25 | Water Squad                | <b>32.74</b> | 652 | +0,71 |
| 2. GÜRAY Sinem     | 27 | Itu Swimming               | <b>33.28</b> | 620 | +0,68 |
| 3. KUREK Wiktoria  | 28 | UKS Trójka Częstochowa     | <b>34.09</b> | 577 | +0,63 |
| 4. RUPA Patrycja   | 29 | KS PRESTIGE Rzeszów        | <b>34.10</b> | 577 | +0,63 |
| 5. ZIMIŃSKA Julia  | 28 | Niezzreszony               | <b>38.32</b> | 406 | +0,71 |
| 6. GWIŹDŹ Martyna  | 29 | Fundacja Palestra Pływania | <b>41.34</b> | 323 |       |

KATEGORIA B

|                               |    |                            |              |     |       |
|-------------------------------|----|----------------------------|--------------|-----|-------|
| 1. MAZUREK-FRANKOWSKA Zuzanna | 34 | Fala Masters Kraśnik       | <b>32.77</b> | 662 | +0,72 |
| 2. KOŚLA Marta                | 32 | Warsaw Masters Team        | <b>33.12</b> | 641 | +0,69 |
| 3. STACHOWICZ Lena            | 33 | 5Styl Warszawa             | <b>35.15</b> | 536 | +0,78 |
| 4. ZARZECZNA Kamila           | 31 | Masters Avia Świdnik       | <b>36.48</b> | 480 | +0,70 |
| 5. ĆWIK Katarzyna             | 33 | MUKS Zgierz                | <b>45.31</b> | 250 | +0,71 |
| 6. WOJNICKA Joanna            | 31 | MUKS HURAGAN Koło          | <b>45.35</b> | 250 | +0,75 |
| 7. OSOJCA Karolina            | 32 | Fundacja Palestra Pływania | <b>47.69</b> | 215 | +0,83 |

KATEGORIA C

|                               |    |                             |              |     |       |
|-------------------------------|----|-----------------------------|--------------|-----|-------|
| 1. KOBĄ-GOŁASZEWSKA Katarzyna | 39 | Fundacja Power Swimming     | <b>37.27</b> | 453 | +0,69 |
| 2. ZALESKA Anna               | 37 | Stow. Pływ. Masters Olsztyn | <b>38.77</b> | 402 | +0,73 |
| 3. WIELECHOWSKA Anna          | 35 | UKS Cityzen Poznań          | <b>38.99</b> | 395 | +0,82 |
| 4. JANAS Karolina             | 35 | Koszalińskie TKKF           | <b>40.17</b> | 362 | +0,78 |
| 5. DOLIŃSKA Aneta             | 35 | KS Warta Poznań             | <b>43.28</b> | 289 | +0,81 |
| 6. MARDZIEL Aleksandra        | 38 | Koszalińskie TKKF           | <b>44.81</b> | 260 | +0,72 |
| 7. KUPTSOVA Ganna             | 38 | Warsaw Masters Team         | <b>49.35</b> | 195 | +0,98 |

KATEGORIA D

|                               |    |                            |              |     |       |
|-------------------------------|----|----------------------------|--------------|-----|-------|
| 1. PALMOWSKA-LATUSZEK Paulina | 40 | Stow. TEAM SPORT           | <b>36.01</b> | 556 | +0,70 |
| 2. PODGÓRSKA-GDAŃSKA Kamila   | 42 | 5Styl Warszawa             | <b>36.55</b> | 532 | +0,67 |
| 3. DUDA Anna                  | 44 | Rybnicki MKS               | <b>38.38</b> | 459 | +0,66 |
| 4. JABŁONKA Agnieszka         | 44 | UKS Zespołu SMS            | <b>38.48</b> | 456 | +0,73 |
| 5. LECH Monika                | 41 | Fundacja Palestra Pływania | <b>50.35</b> | 203 | +0,73 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 10, Kobiet, 50m grzbietowy

KATEGORIA E

|                            |    |                                |              |     |       |
|----------------------------|----|--------------------------------|--------------|-----|-------|
| 1. DIABY-LIPKA Anna        | 45 | Stow. Pływ. Sebastiana Karasia | <b>38.02</b> | 543 | +0,78 |
| 2. KAŃSKA-PAPIERNIK Joanna | 49 | MUKS Zgierz                    | <b>38.97</b> | 504 | +0,90 |
| 3. ZIELIŃSKA Dominika      | 45 | SMT Szczecin                   | <b>38.99</b> | 503 | +0,73 |
| 4. SZELAŃGOWSKA Katarzyna  | 46 | MUKS Zgierz                    | <b>39.73</b> | 475 | +0,67 |
| 5. MRÓZ Edyta              | 46 | UKS Wodnik 29 Katowice         | <b>40.82</b> | 438 | +0,82 |
| 6. DUSZAK Dominika         | 47 | GKP 7 Zdrój Trzebnica          | <b>41.15</b> | 428 |       |
| 7. MARZENOWSKA Karolina    | 46 | Masters Avia Świdnik           | <b>42.58</b> | 386 | +0,76 |
| 8. ŁAWNICZAK Aleksandra    | 46 | MUKS Zgierz                    | <b>47.17</b> | 284 | +0,92 |

KATEGORIA F

|                         |    |                       |              |     |       |
|-------------------------|----|-----------------------|--------------|-----|-------|
| 1. ŚCIBIOREK Małgorzata | 54 | MUKS Zgierz           | <b>37.65</b> | 590 | +0,73 |
| 2. WÓJCICKA Anna        | 50 | MASTERS Lublin        | <b>41.30</b> | 447 |       |
| 3. LIPIEC Edyta         | 52 | Masters Avia Świdnik  | <b>41.31</b> | 447 | +0,79 |
| 4. ŁOŚ-JANCZUR Monika   | 51 | UKS Siemaszka Piekary | <b>41.98</b> | 426 | +0,62 |

KATEGORIA G

|                                  |    |                       |              |     |       |
|----------------------------------|----|-----------------------|--------------|-----|-------|
| 1. KULIŚ Mariola                 | 59 | KS Korona 1919 Kraków | <b>38.57</b> | 570 | +0,67 |
| 2. REMBOWSKA-ŚWIEBODA Małgorzata | 57 | MUKS Zgierz           | <b>40.05</b> | 509 | +0,75 |
| 3. PIWOWARCZYK Elżbieta          | 59 | Iswim Białystok       | <b>43.63</b> | 394 | +0,71 |

KATEGORIA H

|                           |    |                 |              |     |       |
|---------------------------|----|-----------------|--------------|-----|-------|
| 1. MRÓZ Urszula           | 63 | MUKS Zgierz     | <b>43.44</b> | 425 | +0,31 |
| 2. MYSIAK Katarzyna       | 64 | Gdynia Masters  | <b>51.39</b> | 257 | +0,80 |
| 3. ŁATKOWSKA Ewa          | 60 | 5Styl Warszawa  | <b>52.26</b> | 244 | +0,88 |
| 4. TARASIEWICZ Małgorzata | 62 | Iswim Białystok | <b>57.66</b> | 182 | +0,71 |

KATEGORIA I

|                           |    |                       |              |     |       |
|---------------------------|----|-----------------------|--------------|-----|-------|
| 1. MACIERZEWSKA Agnieszka | 65 | KS Korona 1919 Kraków | <b>43.24</b> | 468 | +0,80 |
| 2. WASILEWICZ Joanna      | 66 | Masters Białystok     | <b>49.45</b> | 313 | +0,87 |

KATEGORIA J

|                                   |    |                         |                |     |       |
|-----------------------------------|----|-------------------------|----------------|-----|-------|
| 1. CHOMICKA Barbara               | 73 | Gdynia Masters          | <b>59.54</b>   | 197 |       |
| 2. ŁASIŃSKA-BŁACHOWICZ Małgorzata | 71 | UKS Cityzen Poznań      | <b>1:00.13</b> | 191 | +0,81 |
| 3. HEISLER Grażyna                | 74 | Gdynia Masters          | <b>1:01.90</b> | 175 | +0,82 |
| 4. ŁABUZ Ewa                      | 70 | Swim Club Masters Ślęza | <b>1:06.12</b> | 143 | +0,90 |
| 5. SEROŻYŃSKA Lucyna              | 70 | Toruń Multisport Team   | <b>1:08.05</b> | 132 | +0,79 |

KATEGORIA K

|                   |    |                     |                |     |       |
|-------------------|----|---------------------|----------------|-----|-------|
| 1. ŁUTOWICZ Maria | 75 | UKS Cityzen Poznań  | <b>1:12.28</b> | 170 | +0,87 |
| 2. LIPPA Maria    | 79 | Rydułtowska AAS 60+ | <b>1:50.39</b> | 47  |       |

KATEGORIA M

|                    |    |                        |                |     |       |
|--------------------|----|------------------------|----------------|-----|-------|
| 1. NICPOŃ Krystyna | 85 | UKS Wodnik 29 Katowice | <b>1:19.98</b> | 193 | +0,72 |
|--------------------|----|------------------------|----------------|-----|-------|

*Rekord Polski Masters*



Konkurencja 11      Mężczyzn, 50m grzbietowy      20 - 94 lat  
 31.05.2025 - 9:16      Wyniki

Punkty: AOI IA Master 2025KATEGORIA MŁKATEGORIA AKATEGORIA BKATEGORIA CKATEGORIA D

Splash Meet Manager, 11.81803



Registered to Piotr Bujak

01.06.2025 12:55 - Strona 25

Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 11, Mężczyzn, 50m grzbietowy

KATEGORIA E

|    |                    |    |                                |              |     |       |
|----|--------------------|----|--------------------------------|--------------|-----|-------|
| 1. | KACZMAREK Marcin   | 48 | Water Squad                    | <b>28.51</b> | 903 | +0,70 |
| 2. | PIĄSCIŃSKI Daniel  | 49 | Water Squad                    | <b>31.87</b> | 646 |       |
| 3. | RYBAK Tomasz       | 45 | KS Warta Poznań                | <b>32.47</b> | 611 | +0,66 |
| 4. | DZIADOSZ Robert    | 46 | 5Styl Warszawa                 | <b>33.00</b> | 582 | +0,70 |
| 5. | KRÓLIKOWSKI Michał | 45 | Niezrzeszony                   | <b>34.26</b> | 520 | +0,73 |
| 6. | SZYMAŃSKI Łukasz   | 47 | Niezrzeszony                   | <b>34.53</b> | 508 | +0,77 |
| 7. | PLICH Jarosław     | 47 | UKS Sparta Grodzisk Mazowiecki | <b>35.76</b> | 457 | +0,97 |
| 8. | DZIEDZICZAK Marek  | 48 | MUKS Zgierz                    | <b>42.23</b> | 277 | +0,86 |

KATEGORIA F

|    |                     |    |                               |              |     |       |
|----|---------------------|----|-------------------------------|--------------|-----|-------|
| 1. | SITKOWSKI Tomasz    | 51 | Masters Avia Świdnik          | <b>34.10</b> | 565 | +0,70 |
| 2. | LIS Hubert          | 50 | Stow. Pływ. SWIMMERS          | <b>35.40</b> | 505 | +0,74 |
| 3. | WINIARCZYK Jarosław | 53 | Koszalińskie TKKF             | <b>35.97</b> | 481 |       |
| 4. | KUBICA Ryszard      | 53 | KS Górnik Radlin              | <b>36.40</b> | 464 | +0,65 |
| 5. | DĄBROWSKI Paweł     | 51 | Stow. Pływ. Masters Olsztyn   | <b>36.50</b> | 461 | +0,68 |
| 6. | PŁANETA Maciej      | 51 | UKS Delfin Masters Tarnobrzeg | <b>38.73</b> | 386 | +0,71 |
| 7. | WILKOWSKI Leszek    | 54 | Gdynia Masters                | <b>44.15</b> | 260 | +0,77 |

KATEGORIA G

|    |                     |    |                            |              |     |       |
|----|---------------------|----|----------------------------|--------------|-----|-------|
| 1. | ROTHER Marek        | 57 | WKS Śląsk Wrocław          | <b>31.92</b> | 752 | +0,66 |
| 2. | SKOŚKIEWICZ Rafał   | 59 | Warsaw Masters Team        | <b>34.27</b> | 607 | +0,77 |
| 3. | PRZYBYLSKI Adam     | 58 | SP Motyl Stalowa Wola      | <b>38.54</b> | 427 | +0,89 |
| 4. | ZAJĄC Robert        | 59 | SMT Szczecin               | <b>42.97</b> | 308 | +0,80 |
| 5. | LEWANDOWSKI Andrzej | 57 | Fundacja Palestra Pływania | <b>44.25</b> | 282 | +0,80 |
| 6. | BOLANOWSKI Bogdan   | 59 | Fundacja JK TEAM           | <b>50.12</b> | 194 |       |
| 7. | PALUSZAK Zbigniew   | 58 | Warsaw Masters Team        | <b>51.14</b> | 182 | +0,66 |

KATEGORIA H

|        |                   |    |                       |              |     |       |
|--------|-------------------|----|-----------------------|--------------|-----|-------|
| 1.     | PISZCZEK Waldemar | 63 | KS Korona 1919 Kraków | <b>36.46</b> | 579 | +0,83 |
| 2.     | TWAROWSKI Andrzej | 60 | Masters Białystok     | <b>38.89</b> | 477 | +0,68 |
| 3.     | KAMIŃSKI Robert   | 60 | Niezrzeszony          | <b>39.14</b> | 468 | +0,83 |
| 4.     | PIÓRKOWSKI Marek  | 60 | Water Squad           | <b>46.52</b> | 279 | +0,62 |
| DYSKW. | SKRZYPCZAK Marek  | 62 | KS KSZO Ostrowiec Św. |              |     |       |

G8 - Pływak ukończył wyścig w położeniu na piersiach - 6.5

KATEGORIA I

|    |                        |    |                       |              |     |       |
|----|------------------------|----|-----------------------|--------------|-----|-------|
| 1. | PAVLIK Rastislav       | 65 | PSK Zilina            | <b>33.74</b> | 771 | +0,79 |
| 2. | GORBACZOW Dariusz      | 67 | Gdynia Masters        | <b>37.19</b> | 576 | +0,76 |
| 3. | STYPIŃSKI Zdzisław     | 69 | Masters Avia Świdnik  | <b>39.07</b> | 497 | +0,75 |
| 4. | PRZYTULSKI Włodzimierz | 68 | MUKS Zgierz           | <b>39.16</b> | 493 | +0,41 |
| 5. | JASIŃSKI Zdzisław      | 65 | MUKS Zgierz           | <b>44.73</b> | 331 | +0,85 |
| 6. | TWARDYSKO Stanisław    | 69 | Weteran Zabrze        | <b>45.86</b> | 307 | +0,78 |
| 7. | SAMONEK Krzysztof      | 68 | Masters Krasnik       | <b>48.56</b> | 258 | +0,86 |
| 8. | ŻAK Marek              | 66 | KS KSZO Ostrowiec Św. | <b>49.00</b> | 251 | +0,79 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 11, Mężczyzn, 50m grzbietowy

KATEGORIA J

|                           |    |                            |                |     |       |
|---------------------------|----|----------------------------|----------------|-----|-------|
| 1. DUBIŃSKI Bogdan        | 72 | Stow. Pływ. Legia Warszawa | <b>43.96</b>   | 395 | +0,82 |
| 2. SERAFIN Andrzej        | 73 | KS Korona 1919 Kraków      | <b>44.02</b>   | 393 | +0,88 |
| 3. CIECIOR Jerzy          | 72 | Rydułtowska AAS 60+        | <b>44.66</b>   | 377 | +0,85 |
| 4. ZABRZAŃSKI Alfred      | 71 | UKS SP8 Chrzanów           | <b>46.48</b>   | 334 | +0,79 |
| 5. PIETRASZEWSKI Zbigniew | 70 | UKS Cityzen Poznań         | <b>54.11</b>   | 212 | +0,86 |
| 6. SZCZUREK Bogdan        | 73 | IKS Druga Strona Sportu    | <b>1:01.55</b> | 144 | +0,92 |

KATEGORIA K

|                                                    |    |                         |                |     |       |
|----------------------------------------------------|----|-------------------------|----------------|-----|-------|
| 1. ZAŁUSKI Wiesław<br><i>Rekord Polski Masters</i> | 75 | Koszalińskie TKKF       | <b>40.19</b>   | 629 | +0,75 |
| 2. POLOCZEK Bernard                                | 78 | Rydułtowska AAS 60+     | <b>46.36</b>   | 410 | +0,82 |
| 3. ZIENTARA Henryk                                 | 79 | Toruń Multisport Team   | <b>55.86</b>   | 234 | +0,94 |
| 4. DASZYŃSKI Andrzej                               | 77 | UKS Energetyk Zgorzelec | <b>57.26</b>   | 217 | +0,94 |
| 5. BOBOLI Jan                                      | 77 | Gdynia Masters          | <b>1:02.70</b> | 165 | +0,86 |

KATEGORIA L

|                   |    |                     |              |     |  |
|-------------------|----|---------------------|--------------|-----|--|
| 1. RÓŻALSKI Józef | 80 | MOSiR Ostrowiec Św. | <b>59.34</b> | 239 |  |
|-------------------|----|---------------------|--------------|-----|--|

KATEGORIA M

|                    |    |                |                |     |  |
|--------------------|----|----------------|----------------|-----|--|
| 1. SKWARŁO Andrzej | 86 | Gdynia Masters | <b>1:10.94</b> | 177 |  |
|--------------------|----|----------------|----------------|-----|--|

Konkurencja 12  
31.05.2025 - 9:40

Kobiet, 200m klasyczny

20 - 94 lat  
Wyniki

|                    |         |                      |                |            |
|--------------------|---------|----------------------|----------------|------------|
| RP Masters 80 - 84 | 4:52.22 | FECICA Krystyna      | Belgrad        | 29.06.2024 |
| RP Masters 75 - 79 | 4:20.84 | FECICA Krystyna      | Poznań         | 23.06.2018 |
| RP Masters 70 - 74 | 4:02.65 | FECICA Krystyna      | Gliwice        | 12.06.2016 |
| RP Masters 65 - 69 | 3:53.86 | FECICA Krystyna      | Göteborg (SWE) | 05.08.2010 |
| RP Masters 60 - 64 | 3:28.61 | DRELA Grażyna        | Warszawa       | 17.06.2017 |
| RP Masters 55 - 59 | 3:18.14 | WYSOCKA Marta        | Olsztyn        | 28.06.2014 |
| RP Masters 50 - 54 | 3:06.29 | SULEWSKA Beata       | Lublin         | 15.06.2024 |
| RP Masters 45 - 49 | 3:05.28 | SULEWSKA Beata       | Poznań         | 23.06.2018 |
| RP Masters 40 - 44 | 3:04.71 | SULEWSKA Beata       | Gliwice        | 11.06.2016 |
| RP Masters 35 - 39 | 3:04.09 | SULEWSKA Beata       | Göteborg (SWE) | 05.08.2010 |
| RP Masters 30 - 34 | 2:47.83 | BYSTRZYCKA Agnieszka | Dębica         | 15.06.2013 |
| RP Masters 25 - 29 | 2:42.50 | WIŚNIEWSKA Natalia   | Belgrad        | 29.06.2024 |

Punkty: AQUA Master 2025

| Pozycja | Wiek |  | Czas | Pkt. | CR | 50m | 100m | 150m | 200m |
|---------|------|--|------|------|----|-----|------|------|------|
|---------|------|--|------|------|----|-----|------|------|------|

KATEGORIA MŁ

|                        |    |                    |                |     |       |       |       |         |         |
|------------------------|----|--------------------|----------------|-----|-------|-------|-------|---------|---------|
| 1. MARKUNAS Julia      | 24 | MKP Szczecin       | <b>3:00.52</b> | 601 | +0,84 | 38.83 | 45.67 | 47.22   | 48.80   |
| 2. DECHNIK Anna        | 24 | Niezrzeszony       | <b>3:04.08</b> | 566 | +0,85 | 41.70 | 46.91 | 47.86   | 47.61   |
| 3. DENISIEWICZ Natalia | 24 | Niezrzeszony Opole | <b>3:57.13</b> | 265 | +0,89 | 52.13 | 59.48 | 1:04.17 | 1:01.35 |

KATEGORIA A

|                         |    |                 |                |     |       |       |       |       |       |
|-------------------------|----|-----------------|----------------|-----|-------|-------|-------|-------|-------|
| 1. WIŚNIEWSKA Natalia   | 28 | KS Warta Poznań | <b>2:44.27</b> | 797 | +0,80 | 36.41 | 42.46 | 42.06 | 43.34 |
| 2. SZYSZKOWSKA Karolina | 29 | Water Squad     | <b>2:45.33</b> | 782 | +0,84 | 38.04 | 42.46 | 42.84 | 41.99 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 12, Kobiet, 200m klasyczny

KATEGORIA B

|                        |    |                   |                |           |       |       |       |       |
|------------------------|----|-------------------|----------------|-----------|-------|-------|-------|-------|
| 1. ĆWIK Katarzyna      | 33 | MUKS Zgierz       | <b>3:25.74</b> | 379 +0,72 | 45.23 | 50.74 | 54.52 | 55.25 |
| 2. WEJNEROWSKA Klaudia | 32 | Koszalińskie TKKF | <b>3:33.41</b> | 339 +0,89 | 47.37 | 54.48 | 56.30 | 55.26 |

KATEGORIA C

|                         |    |                        |                |           |         |         |         |         |
|-------------------------|----|------------------------|----------------|-----------|---------|---------|---------|---------|
| 1. KĘDZIERSKA Magdalena | 38 | Masters Avia Świdnik   | <b>3:24.14</b> | 441 +0,84 | 43.35   | 50.04   | 54.21   | 56.54   |
| 2. JANAS Karolina       | 35 | Koszalińskie TKKF      | <b>3:35.05</b> | 377 +0,47 | 46.87   | 53.50   | 57.10   | 57.58   |
| 3. MARDZIEL Aleksandra  | 38 | Koszalińskie TKKF      | <b>3:42.23</b> | 341 +0,81 | 51.19   | 58.02   | 57.89   | 55.13   |
| 4. BIELAWSKA Magdalena  | 39 | IKS Herkules Suwałki   | <b>3:44.48</b> | 331 +0,82 | 48.98   | 58.33   | 1:00.70 | 56.47   |
| 5. KOENIG Agnieszka     | 38 | UKS Wodnik 29 Katowice | <b>5:08.21</b> | 128       | 1:06.55 | 1:17.28 | 1:20.52 | 1:23.86 |

KATEGORIA D

|                              |    |                           |                |           |       |       |         |         |
|------------------------------|----|---------------------------|----------------|-----------|-------|-------|---------|---------|
| 1. MAJEWSKI Michalina        | 41 | MKP Gdańsk                | <b>2:56.64</b> | 721 +0,77 | 40.30 | 44.74 | 45.72   | 45.88   |
| <i>Rekord Polski Masters</i> |    |                           |                |           |       |       |         |         |
| 2. SIKORA Sabina             | 41 | UKS Jasień Sucha Beskidzk | <b>3:34.17</b> | 404 +0,82 | 38.52 | 45.92 | 1:06.60 | 1:03.13 |
| 3. DARGAS-MISZCZAK M.        | 44 | Warsaw Masters Team       | <b>3:38.02</b> | 383 +0,87 | 47.21 | 55.19 | 57.64   | 57.98   |
| 4. TARKOWSKA Iwona           | 43 | Swim Team Lubartów        | <b>3:38.37</b> | 381 +0,81 | 48.23 | 55.55 | 57.47   | 57.12   |

KATEGORIA E

|                        |    |                            |                |           |         |         |         |         |
|------------------------|----|----------------------------|----------------|-----------|---------|---------|---------|---------|
| 1. KAŃSKA-PAPIERNIK J. | 49 | MUKS Zgierz                | <b>3:25.78</b> | 469 +0,83 | 48.17   | 53.20   | 53.18   | 51.23   |
| 2. BARAŃSKA Justyna    | 48 | MUKS Zgierz                | <b>3:41.64</b> | 375 +0,64 | 51.67   | 55.75   | 58.63   | 55.59   |
| 3. ŁUKASIUŁ Ewa        | 45 | Stow. Pływ. Sebastiana Kar | <b>3:42.20</b> | 373 +0,74 | 50.90   | 58.47   | 58.48   | 54.35   |
| 4. KLARECKA Monika     | 48 | MUKS Zgierz                | <b>4:34.80</b> | 197 +0,91 | 1:06.66 | 1:09.85 | 1:10.95 | 1:07.34 |

KATEGORIA F

|                         |    |                    |                |           |       |         |         |         |
|-------------------------|----|--------------------|----------------|-----------|-------|---------|---------|---------|
| 1. SULEWSKA Beata       | 53 | Weteran Zabrze     | <b>3:08.67</b> | 664 +0,87 | 44.33 | 46.39   | 48.97   | 48.98   |
| 2. BALAJCZA Timea       | 54 | Water Squad        | <b>3:21.77</b> | 543 +0,81 | 46.14 | 51.66   | 52.26   | 51.71   |
| 3. RYBAK-STARCZAK A.    | 50 | UKS Cityzen Poznań | <b>3:23.96</b> | 526       | 45.46 | 51.72   | 54.11   | 52.67   |
| 4. KABAT-KOPERSKA Joann | 52 | SMT Szczecin       | <b>4:06.89</b> | 296 +0,89 | 56.39 | 1:03.86 | 1:05.76 | 1:00.88 |

KATEGORIA G

|                         |    |                             |                |           |         |         |         |         |
|-------------------------|----|-----------------------------|----------------|-----------|---------|---------|---------|---------|
| 1. WYPYCH-STASZEWSKA I. | 55 | MUKS Zgierz                 | <b>3:43.95</b> | 496 +0,71 | 51.59   | 58.57   | 58.62   | 55.17   |
| 2. PETECKA Maria        | 58 | SP Motyl Stalowa Wola       | <b>3:46.30</b> | 480 +0,88 | 52.30   | 57.51   | 58.26   | 58.23   |
| 3. GOŹDZIEJEWSKA Anna   | 58 | Stow. Pływ. Masters Olsztyn | <b>3:48.07</b> | 469 +0,89 |         |         | 1:00.18 | 56.73   |
| 4. SEKUŁA Joanna        | 56 | Masters Avia Świdnik        | <b>5:18.65</b> | 172       | 1:08.56 | 1:19.26 | 1:26.72 | 1:24.11 |

KATEGORIA H

|                       |    |              |                |           |       |       |       |       |
|-----------------------|----|--------------|----------------|-----------|-------|-------|-------|-------|
| 1. DAMLJANOVIC-WACŁAW | 60 | SMT Szczecin | <b>3:42.08</b> | 533 +0,78 | 48.68 | 56.33 | 58.45 | 58.62 |
|-----------------------|----|--------------|----------------|-----------|-------|-------|-------|-------|

KATEGORIA I

|                    |    |                         |                |           |         |         |         |         |
|--------------------|----|-------------------------|----------------|-----------|---------|---------|---------|---------|
| 1. DĄBROWSKA Zofia | 67 | Weteran Zabrze          | <b>5:12.53</b> | 234 +0,93 | 1:07.02 | 1:21.27 | 1:22.92 | 1:21.32 |
| 2. RUPP Ewa        | 69 | IKS Druga Strona Sportu | <b>5:17.79</b> | 222 +0,93 | 1:11.77 | 1:18.25 | 1:23.75 | 1:24.02 |

KATEGORIA J

|                      |    |                       |                |     |         |         |         |         |
|----------------------|----|-----------------------|----------------|-----|---------|---------|---------|---------|
| 1. SEROŻYŃSKA Lucyna | 70 | Toruń Multisport Team | <b>5:46.80</b> | 219 | 1:10.72 | 1:22.39 | 1:37.86 | 1:35.83 |
|----------------------|----|-----------------------|----------------|-----|---------|---------|---------|---------|

KATEGORIA L

|                    |    |                |                |     |         |         |         |         |
|--------------------|----|----------------|----------------|-----|---------|---------|---------|---------|
| 1. FECICA Krystyna | 82 | Weteran Zabrze | <b>4:54.50</b> | 485 | 1:05.14 | 1:20.69 | 1:18.13 | 1:10.54 |
|--------------------|----|----------------|----------------|-----|---------|---------|---------|---------|



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 13  
31.05.2025 - 10:02

Mężczyzn, 200m klasyczny

20 - 94 lat  
Wyniki

|                    |         |                   |                    |            |
|--------------------|---------|-------------------|--------------------|------------|
| RP Masters 85 - 89 | 4:57.69 | PRZĄDO Lucjan     | Budapeszt (HUN)    | 19.08.2017 |
| RP Masters 80 - 84 | 4:04.90 | FECICA Daniel     | Rome               | 01.09.2022 |
| RP Masters 75 - 79 | 3:37.24 | FECICA Daniel     | Londyn (GBR)       | 29.05.2016 |
| RP Masters 70 - 74 | 3:21.92 | FECICA Daniel     | Göteborg (SWE)     | 05.08.2010 |
| RP Masters 65 - 69 | 3:15.63 | FECICA Daniel     | Brandenburg (GER)  | 28.05.2005 |
| RP Masters 60 - 64 | 2:59.30 | KLUKOWSKI Józef   | Perth (AUS)        | 22.04.2008 |
| RP Masters 55 - 59 | 2:37.04 | FORMAS Sławomir   | Belgrad            | 29.06.2024 |
| RP Masters 50 - 54 | 2:36.18 | FORMAS Sławomir   | Rome               | 01.09.2022 |
| RP Masters 45 - 49 | 2:37.24 | FORMAS Sławomir   | Poznań             | 23.06.2018 |
| RP Masters 40 - 44 | 2:37.59 | SZYMKOWIAK Marcin | Belgrad            | 29.06.2024 |
| RP Masters 35 - 39 | 2:28.22 | DUSZYŃSKI Tomasz  | Montreal (CAN)     | 09.08.2014 |
| RP Masters 30 - 34 | 2:21.28 | DUSZYŃSKI Tomasz  | Perth (AUS)        | 22.04.2008 |
| RP Masters 25 - 29 | 2:26.74 | DUSZYŃSKI Tomasz  | Christchurch (NZL) | 26.03.2002 |

Punkty: AQUA Master 2025

| Pozycja                | Wiek |                             | Czas           | Pkt.      | CR | 50m   | 100m  | 150m  | 200m  |
|------------------------|------|-----------------------------|----------------|-----------|----|-------|-------|-------|-------|
| KATEGORIA MŁ           |      |                             |                |           |    |       |       |       |       |
| 1. CHŁAD Bartosz       | 24   | Niezzreszony                | <b>3:16.84</b> | 300 +0,87 |    | 43.50 | 49.78 | 52.33 | 51.23 |
| 2. WIŚNIEWSKI Wojciech | 23   | Niezzreszony                | <b>3:23.40</b> | 271 +0,96 |    | 42.21 | 49.89 | 54.23 | 57.07 |
| KATEGORIA A            |      |                             |                |           |    |       |       |       |       |
| 1. GAWRON Oskar        | 26   | Fundacja Power Swimming     | <b>2:36.20</b> | 600 +0,77 |    | 35.30 | 40.13 | 40.64 | 40.13 |
| 2. SZEWCZYK Maciej     | 29   | KS Korona 1919 Kraków       | <b>2:58.86</b> | 399 +0,67 |    | 38.68 | 43.98 | 46.81 | 49.39 |
| KATEGORIA B            |      |                             |                |           |    |       |       |       |       |
| 1. APTEWICZ Arkadiusz  | 32   | Water Squad                 | <b>2:28.31</b> | 784 +0,67 |    | 33.45 | 37.71 | 38.58 | 38.57 |
| 2. BARNASIUK Michał    | 33   | 5Styl Warszawa              | <b>2:36.21</b> | 671 +0,70 |    | 33.98 | 39.86 | 41.47 | 40.90 |
| 3. CHOWANIEC Mateusz   | 30   | UKS Trójka Częstochowa      | <b>2:47.48</b> | 544 +0,72 |    | 36.16 | 43.09 | 45.34 | 42.89 |
| 4. KASZYCA Jakub       | 30   | SMT Szczecin                | <b>2:50.33</b> | 517 +0,76 |    | 35.13 | 42.18 | 46.31 | 46.71 |
| 5. MENDYK Przemysław   | 33   | MUKS Gilus Gilowice         | <b>2:59.88</b> | 439 +0,87 |    | 38.97 | 45.94 | 47.55 | 47.42 |
| 6. KAMIŃSKI Patryk     | 30   | Niezzreszony                | <b>3:04.39</b> | 408 +0,70 |    | 39.02 | 45.55 | 48.59 | 51.23 |
| 7. KUREK Mateusz       | 31   | UKS Trójka Częstochowa      | <b>3:14.29</b> | 348 +0,72 |    | 40.74 | 48.54 | 51.47 | 53.54 |
| KATEGORIA C            |      |                             |                |           |    |       |       |       |       |
| 1. PIK Paweł           | 37   | Masters Avia Świdnik        | <b>2:47.83</b> | 581 +0,81 |    | 36.41 | 42.66 | 44.19 | 44.57 |
| 2. BIALIK Grzegorz     | 37   | MUKS Gilus Gilowice         | <b>3:14.17</b> | 375 +0,62 |    | 41.00 | 47.76 | 51.25 | 54.16 |
| KATEGORIA D            |      |                             |                |           |    |       |       |       |       |
| 1. PORADA Tomasz       | 42   | Warsaw Masters Team         | <b>2:47.34</b> | 567 +0,75 |    | 37.52 | 42.55 | 43.75 | 43.52 |
| 2. KIERES Michał       | 41   | Stow. Pływ. Masters Olsztyn | <b>3:13.08</b> | 369 +0,93 |    | 42.58 | 48.17 | 51.45 | 50.88 |
| KATEGORIA E            |      |                             |                |           |    |       |       |       |       |
| 1. ROGOSZ Paweł        | 49   | Warsaw Masters Team         | <b>2:50.18</b> | 550 +0,85 |    | 39.41 | 42.42 | 45.08 | 43.27 |
| 2. PIEŚLAK Roman       | 46   | Koszalińskie TKKF           | <b>2:56.87</b> | 490 +0,78 |    | 39.29 | 44.77 | 46.96 | 45.85 |
| 3. ZIELIŃSKI Karol     | 45   | UKS Sparta Grodzisk Mazo    | <b>3:01.32</b> | 454 +0,83 |    | 40.51 | 46.32 | 48.23 | 46.26 |
| 4. WILMOWICZ Adam      | 46   | Koszalińskie TKKF           | <b>3:01.40</b> | 454 +0,82 |    | 40.92 | 45.08 | 47.59 | 47.81 |
| 5. BIELSKI Dymitr      | 48   | Warsaw Masters Team         | <b>3:04.27</b> | 433 +0,94 |    | 41.62 | 47.86 | 47.78 | 47.01 |
| 6. PAWŁOWSKI Krzysztof | 48   | SP Motyl Stalowa Wola       | <b>3:15.93</b> | 360 +0,85 |    | 44.65 | 49.77 | 51.40 | 50.11 |
| 7. GAJDA Tomasz        | 47   | MUKS Zgierz                 | <b>3:40.36</b> | 253       |    | 48.90 | 54.74 | 59.21 | 57.51 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 13, Mężczyzn, 200m klasyczny

KATEGORIA F

|                         |    |                       |                |           |       |       |       |       |
|-------------------------|----|-----------------------|----------------|-----------|-------|-------|-------|-------|
| 1. OPALIŃSKI Paweł      | 51 | SP Motyl Stalowa Wola | <b>3:06.68</b> | 463 +0,83 | 40.77 | 47.48 | 51.20 | 47.23 |
| 2. ŁYSIAK Piotr         | 52 | KS Korona 1919 Kraków | <b>3:13.57</b> | 415 +0,91 | 44.24 | 48.72 | 50.12 | 50.49 |
| 3. MATYSZEWSKI Grzegorz | 54 | Water Squad           | <b>3:18.65</b> | 384 +0,73 | 43.39 | 50.26 | 52.08 | 52.92 |
| 4. WÓJCICKI Rafał       | 50 | MASTERS Lublin        | <b>3:29.42</b> | 328 +0,84 | 48.53 | 54.20 | 55.16 | 51.53 |
| 5. MAMROT Artur         | 53 | Koszalińskie TKKF     | <b>3:35.56</b> | 300 +0,81 | 46.78 | 52.25 | 56.88 | 59.65 |

KATEGORIA G

|                     |    |                     |                |           |       |         |         |         |
|---------------------|----|---------------------|----------------|-----------|-------|---------|---------|---------|
| 1. FORMAS Sławomir  | 56 | MUKS Gilus Gilowice | <b>2:40.63</b> | 824 +0,80 | 34.80 | 41.08   | 42.55   | 42.20   |
| 2. HARENDĄ Andrzej  | 57 | Niezrzeszony Piła   | <b>3:47.67</b> | 289       | 51.53 | 57.27   | 59.95   | 58.92   |
| 3. RUDZIŃSKI Michał | 59 | MUKS Zgierz         | <b>3:51.64</b> | 274       | 50.91 | 1:00.65 | 1:00.06 | 1:00.02 |

KATEGORIA H

|                       |    |                   |                |           |       |       |         |       |
|-----------------------|----|-------------------|----------------|-----------|-------|-------|---------|-------|
| 1. WARACZEWSKI P.     | 63 | KS Warta Poznań   | <b>3:27.04</b> | 408 +0,94 | 45.75 | 52.87 | 53.77   | 54.65 |
| 2. WIERZCHOŃ Aleksy   | 63 | Koszalińskie TKKF | <b>3:39.98</b> | 340       | 49.36 | 56.30 | 58.51   | 55.81 |
| 3. SEJMICKI Stanisław | 64 | MUKS Zgierz       | <b>3:43.86</b> | 322       | 51.19 | 56.31 | 59.85   | 56.51 |
| 4. TWAROWSKI Andrzej  | 60 | Masters Białystok | <b>3:44.25</b> | 321 +0,96 | 51.45 | 58.67 | 1:00.33 | 53.80 |

KATEGORIA I

|                        |    |                          |                |           |       |         |         |         |
|------------------------|----|--------------------------|----------------|-----------|-------|---------|---------|---------|
| 1. MROZIŃSKI Jerzy     | 66 | UKS Wodnik 29 Katowice   | <b>3:19.69</b> | 529 +0,91 | 43.53 | 50.15   | 52.09   | 53.92   |
| 2. TOPORSKI Janusz     | 66 | KS Korona 1919 Kraków    | <b>3:36.96</b> | 412 +0,81 | 51.41 | 55.01   | 55.68   | 54.86   |
| 3. JASIŃSKI Zdzisław   | 65 | MUKS Zgierz              | <b>3:56.87</b> | 317       | 51.95 | 1:01.44 | 1:03.10 | 1:00.38 |
| 4. PRZENIOSŁO Grzegorz | 65 | UKS Sparta Grodzisk Mazo | <b>4:14.03</b> | 257       | 55.28 | 1:02.29 | 1:06.98 | 1:09.48 |

KATEGORIA J

|                         |    |                        |                |           |         |         |         |         |
|-------------------------|----|------------------------|----------------|-----------|---------|---------|---------|---------|
| 1. NOWAK Michał         | 73 | Warsaw Masters Team    | <b>3:39.20</b> | 458 +0,88 | 48.74   | 55.08   | 58.01   | 57.37   |
| 2. VALLEMAA Ossi        | 71 | Meisterujumise U-Klubi | <b>3:47.65</b> | 408 +0,77 | 51.47   | 56.47   | 58.84   | 1:00.87 |
| 3. KALETA Janusz        | 73 | KS Warta Poznań        | <b>3:53.72</b> | 377       | 53.50   | 59.03   | 1:01.33 | 59.86   |
| 4. GRZESZEWSKI Sławomir | 72 | MKP Szczecin           | <b>3:55.00</b> | 371 +0,85 | 54.28   | 1:00.16 | 1:01.48 | 59.08   |
| 5. LASOWY Marian        | 70 | Koszalińskie TKKF      | <b>4:34.28</b> | 233       | 1:00.26 | 1:10.45 | 1:11.59 | 1:11.98 |

KATEGORIA K

|                     |    |                       |                |           |         |         |         |         |
|---------------------|----|-----------------------|----------------|-----------|---------|---------|---------|---------|
| 1. WICZEL Roman     | 77 | MUKS Zgierz           | <b>3:54.24</b> | 567       | 52.60   | 1:01.00 | 1:03.05 | 57.59   |
| 2. BARTKOWIAK Roman | 76 | KS Warta Poznań       | <b>4:35.70</b> | 348 +0,99 | 1:01.08 | 1:11.25 | 1:15.55 | 1:07.82 |
| 3. ZIENTARA Henryk  | 79 | Toruń Multisport Team | <b>5:11.16</b> | 242 +0,80 | 1:08.11 | 1:21.97 | 1:24.29 | 1:16.79 |

KATEGORIA M

|                              |    |                |                |     |         |         |         |         |
|------------------------------|----|----------------|----------------|-----|---------|---------|---------|---------|
| 1. FECICA Daniel             | 85 | Weteran Zabrze | <b>4:14.72</b> | 692 | 56.66   | 1:04.63 | 1:06.85 | 1:06.58 |
| <i>Rekord Polski Masters</i> |    |                |                |     |         |         |         |         |
| 2. SKWARŁO Andrzej           | 86 | Gdynia Masters | <b>6:09.66</b> | 226 | 1:19.84 | 1:38.47 | 1:39.75 | 1:31.60 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 14  
31.05.2025 - 10:31

Kobiet, 100m dowolny

20 - 94 lat  
Wyniki

|                    |         |                     |                 |            |
|--------------------|---------|---------------------|-----------------|------------|
| RP Masters 85 - 89 | 3:01.96 | WALKOWICZ Urszula   | Warszawa        | 17.06.2017 |
| RP Masters 80 - 84 | 2:03.35 | FECICA Krystyna     | Lublin          | 30.05.2025 |
| RP Masters 75 - 79 | 1:29.04 | BASTEK Renata       | Poznań          | 23.06.2018 |
| RP Masters 70 - 74 | 1:21.38 | BASTEK Renata       | Eindhoven (NED) | 06.09.2013 |
| RP Masters 65 - 69 | 1:19.32 | BASTEK Renata       | Cadiz (ESP)     | 18.09.2009 |
| RP Masters 60 - 64 | 1:17.88 | MRÓZ Urszula        | Olsztyn         | 11.06.2022 |
| RP Masters 55 - 59 | 1:11.44 | SERBIN Małgorzata   | Olsztyn         | 11.06.2022 |
| RP Masters 50 - 54 | 1:08.61 | KULIŚ Mariola       | Szczecin        | 11.06.2016 |
| RP Masters 45 - 49 | 1:04.86 | KRAKOWIAK Elżbieta  | Gliwice         | 11.06.2016 |
| RP Masters 40 - 44 | 1:04.97 | MICHALIK Dominika   | Gwangju (KOR)   | 13.08.2019 |
| RP Masters 35 - 39 | 1:01.63 | GOŁĘBIEWSKA Joanna  | Poznań          | 23.06.2018 |
| RP Masters 30 - 34 | 1:01.29 | SASIN Dominika      | Doha            | 27.02.2024 |
| RP Masters 25 - 29 | 59.69   | GAJDOWSKA Agnieszka | Warszawa        | 02.12.2023 |

Punktury: AQUA Master 2025

| Pozycja      | Wiek                |    | Czas                      | Pkt.           | CR  | 50m   | 100m  |       |
|--------------|---------------------|----|---------------------------|----------------|-----|-------|-------|-------|
| KATEGORIA MŁ |                     |    |                           |                |     |       |       |       |
| 1.           | ŁUCZAK Dominika     | 23 | Niezrzeszony Zielona Góra | <b>1:04.31</b> | 694 | +0,74 | 30.48 | 33.83 |
| 2.           | ZIELIŃSKA Oliwia    | 24 | KS Warta Poznań           | <b>1:06.58</b> | 626 | +0,68 | 31.65 | 34.93 |
| 3.           | KOWALCZYK Katarzyna | 20 | Niezrzeszony              | <b>1:07.11</b> | 611 | +0,77 | 31.64 | 35.47 |
| 4.           | MARKUNAS Julia      | 24 | MKP Szczecin              | <b>1:09.23</b> | 556 | +0,84 | 32.88 | 36.35 |
| 5.           | DECHNIK Anna        | 24 | Niezrzeszony              | <b>1:12.45</b> | 485 | +0,81 | 34.52 | 37.93 |
| 6.           | ZAWADZKA Hanna      | 23 | Niezrzeszony              | <b>1:13.96</b> | 456 | +0,77 | 35.34 | 38.62 |

KATEGORIA A

|    |    |                   |                            |                |     |       |       |       |
|----|----|-------------------|----------------------------|----------------|-----|-------|-------|-------|
| 1. | 28 | KUREK Wiktoria    | UKS Trójka Częstochowa     | <b>1:01.53</b> | 793 | +0,77 | 29.53 | 32.00 |
| 2. | 27 | WĘCŁAWIAK Rina    | Water Squad                | <b>1:01.57</b> | 791 | +0,66 | 29.16 | 32.41 |
| 3. | 27 | JANKOWSKA Klaudia | Warsaw Masters Team        | <b>1:01.83</b> | 781 | +0,80 | 29.81 | 32.02 |
| 4. | 28 | WRÓBEL Angelika   | Fundacja Power Swimming    | <b>1:03.66</b> | 716 | +0,79 | 30.03 | 33.63 |
| 5. | 25 | CHOJECKA Karolina | Warsaw Masters Team        | <b>1:03.81</b> | 711 | +0,76 | 30.18 | 33.63 |
| 6. | 29 | RUPA Patrycja     | KS PRESTIGE Rzeszów        | <b>1:08.71</b> | 569 | +0,69 | 33.63 | 35.08 |
| 7. | 28 | ZIMIŃSKA Julia    | Niezrzeszony               | <b>1:10.78</b> | 521 | +0,70 | 33.33 | 37.45 |
| 8. | 28 | FRĄCKOWIAK Agata  | Niezrzeszony Bydgoszcz     | <b>1:15.17</b> | 435 | +0,72 | 34.77 | 40.40 |
| 9. | 29 | GWIZDŹ Martyna    | Fundacja Palestra Pływania | <b>1:22.00</b> | 335 | +0,87 | 38.25 | 43.75 |

KATEGORIA B

|    |    |                              |                   |                |     |       |       |       |
|----|----|------------------------------|-------------------|----------------|-----|-------|-------|-------|
| 1. | 30 | GAJDOWSKA Agnieszka          | Water Squad       | <b>1:01.15</b> | 737 | +0,66 | 29.09 | 32.06 |
|    |    | <i>Rekord Polski Masters</i> |                   |                |     |       |       |       |
| 2. | 31 | SASIN Dominika               | Water Squad       | <b>1:01.44</b> | 726 | +0,74 | 29.25 | 32.19 |
| 3. | 34 | KOLASA Magda                 | 5Styl Warszawa    | <b>1:03.88</b> | 646 | +0,73 | 30.66 | 33.22 |
| 4. | 32 | KOZAK Dominika               | Water Squad       | <b>1:06.31</b> | 578 | +0,74 | 31.14 | 35.17 |
| 5. | 33 | STACHOWICZ Lena              | 5Styl Warszawa    | <b>1:10.37</b> | 483 | +0,87 | 32.66 | 37.71 |
| 6. | 31 | ZYGA Paulina                 | 5Styl Warszawa    | <b>1:11.90</b> | 453 | +0,82 | 34.32 | 37.58 |
| 7. | 31 | WOJNICKA Joanna              | MUKS HURAGAN Koło | <b>1:17.03</b> | 368 | +0,84 | 36.26 | 40.77 |
| 8. | 33 | SŁOWIK Magdalena             | 5Styl Warszawa    | <b>1:23.91</b> | 285 | +0,74 | 41.36 | 42.55 |

KATEGORIA C

|    |    |                        |                         |                |     |       |       |       |
|----|----|------------------------|-------------------------|----------------|-----|-------|-------|-------|
| 1. | 39 | KOBA-GOŁASZEWSKA K.    | Fundacja Power Swimming | <b>1:12.02</b> | 505 | +0,79 | 34.03 | 37.99 |
| 2. | 35 | WIELECHOWSKA Anna      | UKS Cityzen Poznań      | <b>1:15.63</b> | 436 | +0,89 | 35.78 | 39.85 |
| 3. | 35 | DOLIŃSKA Aneta         | KS Warta Poznań         | <b>1:17.43</b> | 406 | +0,82 | 35.60 | 41.83 |
| 4. | 39 | BIELAWSKA Magdalena    | IKS Herkules Suwałki    | <b>1:19.63</b> | 374 | +0,89 | 38.11 | 41.52 |
| 5. | 38 | WOLSKA Katarzyna       | 5Styl Warszawa          | <b>1:21.66</b> | 346 | +0,79 | 38.61 | 43.05 |
| 6. | 38 | SOBCZAK- PORADA Joanna | Warsaw Masters Team     | <b>1:31.77</b> | 244 | +0,89 | 42.89 | 48.88 |
| 7. | 38 | KUPTSOVA Ganna         | Warsaw Masters Team     | <b>1:33.41</b> | 231 | +0,95 | 44.47 | 48.94 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 14, Kobiet, 100m dowolny

KATEGORIA D

|     |                       |    |                            |                |     |       |       |         |
|-----|-----------------------|----|----------------------------|----------------|-----|-------|-------|---------|
| 1.  | PALMOWSKA-LATUSZEK P. | 40 | Stow. TEAM SPORT           | <b>1:07.86</b> | 625 | +0,73 | 31.92 | 35.94   |
| 2.  | DUDA Anna             | 44 | Rybnicki MKS               | <b>1:07.87</b> | 625 | +0,77 | 32.14 | 35.73   |
| 3.  | SIKORA Sabina         | 41 | UKS Jasień Sucha Beskidzka | <b>1:08.60</b> | 605 | +0,82 | 32.40 | 36.20   |
| 4.  | JABŁONKA Agnieszka    | 44 | UKS Zespołu SMS            | <b>1:14.89</b> | 465 | +0,81 | 35.13 | 39.76   |
| 5.  | GŁOWACKA Marta        | 40 | 5Styl Warszawa             | <b>1:16.18</b> | 442 | +0,84 | 34.58 | 41.60   |
| 6.  | JASIK Agata           | 41 | Fundacja JK TEAM           | <b>1:17.94</b> | 412 | +0,79 | 36.96 | 40.98   |
| 7.  | GRYCZ Urszula         | 40 | Ursynów Masters            | <b>1:20.17</b> | 379 | +0,97 | 36.58 | 43.59   |
| 8.  | LARA Anna             | 40 | Niezrzeszony Jelenia Góra  | <b>1:27.60</b> | 290 | +0,96 | 41.35 | 46.25   |
| 9.  | WIATR Patrycja        | 41 | KS Mako                    | <b>1:28.10</b> | 285 | +0,92 | 39.71 | 48.39   |
| 10. | FIGIEL Magda          | 44 | Fundacja Palestra Pływania | <b>1:40.14</b> | 194 |       | 48.08 | 52.06   |
| 11. | JANAS-SANECKA Anna    | 44 | 5Styl Warszawa             | <b>1:54.05</b> | 131 |       | 51.06 | 1:02.99 |

KATEGORIA E

|     |                        |    |                            |                |     |       |       |       |
|-----|------------------------|----|----------------------------|----------------|-----|-------|-------|-------|
| 1.  | MICHALIK Dominika      | 46 | Masters Białystok          | <b>1:06.48</b> | 643 | +0,81 | 31.93 | 34.55 |
| 2.  | KÜTTEL Dorota          | 48 | Svømmeklubben Sonderborg   | <b>1:09.84</b> | 555 | +0,96 | 33.20 | 36.64 |
| 3.  | IWANIUK MRÓZ Magdalena | 46 | Iswim Białystok            | <b>1:11.04</b> | 527 | +0,80 | 33.29 | 37.75 |
| 4.  | LORENC Agnieszka       | 45 | UKS Zespołu SMS            | <b>1:12.06</b> | 505 | +0,80 | 33.38 | 38.68 |
| 5.  | BUTKIEWICZ Magdalena   | 45 | KS Mako                    | <b>1:12.97</b> | 486 | +0,86 | 35.25 | 37.72 |
| 6.  | KOWALCZYK Izabela      | 49 | SMT Szczecin               | <b>1:14.79</b> | 452 | +0,94 | 35.39 | 39.40 |
| 7.  | ZIELIŃSKA Dominika     | 45 | SMT Szczecin               | <b>1:16.76</b> | 418 | +0,70 | 35.93 | 40.83 |
| 8.  | MRÓZ Edyta             | 46 | UKS Wodnik 29 Katowice     | <b>1:18.60</b> | 389 | +0,93 | 36.76 | 41.84 |
| 9.  | JAROSZ Izabela         | 49 | MUKS Gilus Gilowice        | <b>1:21.24</b> | 352 | +0,95 | 38.84 | 42.40 |
| 10. | LUŻNIAKOWSKA Dagmara   | 45 | MUKS Zgierz                | <b>1:23.57</b> | 324 | +0,99 | 40.16 | 43.41 |
| 11. | ŁAWNICZAK Aleksandra   | 46 | MUKS Zgierz                | <b>1:30.23</b> | 257 |       | 43.93 | 46.30 |
| 12. | CYGAŃSKA Monika        | 46 | Fundacja Palestra Pływania | <b>1:42.80</b> | 174 | +0,84 | 46.42 | 56.38 |

KATEGORIA F

|    |                       |    |                      |                |     |       |       |       |
|----|-----------------------|----|----------------------|----------------|-----|-------|-------|-------|
| 1. | ŚCIBIOREK Małgorzata  | 54 | MUKS Zgierz          | <b>1:10.60</b> | 626 | +0,79 | 33.79 | 36.81 |
| 2. | CISZEK Agnieszka      | 50 | WKS Śląsk Wrocław    | <b>1:15.58</b> | 510 | +0,86 | 36.59 | 38.99 |
| 3. | LIPIEC Edyta          | 52 | Masters Avia Świdnik | <b>1:17.91</b> | 465 | +0,82 | 36.68 | 41.23 |
| 4. | BALAJCZA Timea        | 54 | Water Squad          | <b>1:22.11</b> | 398 | +0,87 | 38.74 | 43.37 |
| 5. | SOLECKA Małgorzata    | 51 | KS Mako              | <b>1:29.58</b> | 306 | +0,86 | 41.21 | 48.37 |
| 6. | KABAT-KOPERSKA Joanna | 52 | SMT Szczecin         | <b>1:42.84</b> | 202 | +0,91 | 48.92 | 53.92 |

KATEGORIA G

|    |                       |    |                             |                |     |       |       |         |
|----|-----------------------|----|-----------------------------|----------------|-----|-------|-------|---------|
| 1. | KULIŚ Mariola         | 59 | KS Korona 1919 Kraków       | <b>1:12.65</b> | 617 | +0,76 | 34.71 | 37.94   |
| 2. | SERBIN Małgorzata     | 59 | MKP Szczecin                | <b>1:15.41</b> | 552 | +0,82 | 36.30 | 39.11   |
| 3. | REMBOWSKA-ŚWIEBODA M. | 57 | MUKS Zgierz                 | <b>1:19.16</b> | 477 | +0,82 | 37.17 | 41.99   |
| 4. | PIWOWARCZYK Elżbieta  | 59 | Iswim Białystok             | <b>1:20.81</b> | 448 | +0,70 | 38.46 | 42.35   |
| 5. | GOŹDZIEJEWSKA Anna    | 58 | Stow. Pływ. Masters Olsztyn | <b>1:21.51</b> | 437 | +0,77 | 38.52 | 42.99   |
| 6. | ŁUBIŃSKA Anna         | 57 | Masters Avia Świdnik        | <b>1:33.17</b> | 292 | +0,86 | 41.52 | 51.65   |
| 7. | SEKUŁA Joanna         | 56 | Masters Avia Świdnik        | <b>1:58.50</b> | 142 |       | 54.96 | 1:03.54 |

KATEGORIA H

|    |                  |    |                |                |     |       |       |       |
|----|------------------|----|----------------|----------------|-----|-------|-------|-------|
| 1. | MRÓZ Urszula     | 63 | MUKS Zgierz    | <b>1:20.71</b> | 491 | +0,96 | 38.24 | 42.47 |
| 2. | ŁATKOWSKA Ewa    | 60 | 5Styl Warszawa | <b>1:35.80</b> | 293 | +0,91 | 45.48 | 50.32 |
| 3. | MYSIAK Katarzyna | 64 | Gdynia Masters | <b>1:41.49</b> | 247 | +0,99 | 46.95 | 54.54 |

KATEGORIA I

|    |                   |    |                         |                |     |       |       |         |
|----|-------------------|----|-------------------------|----------------|-----|-------|-------|---------|
| 1. | WASILEWICZ Joanna | 66 | Masters Białystok       | <b>1:31.35</b> | 358 | +0,97 | 43.95 | 47.40   |
| 2. | DĄBROWSKA Zofia   | 67 | Weteran Zabrze          | <b>1:55.80</b> | 175 | +0,94 | 53.48 | 1:02.32 |
| 3. | RUPP Ewa          | 69 | IKS Druga Strona Sportu | <b>2:01.74</b> | 151 | +0,92 | 57.47 | 1:04.27 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 14, Kobiety, 100m dowolny

KATEGORIA J

|                           |    |                         |                |     |       |       |         |
|---------------------------|----|-------------------------|----------------|-----|-------|-------|---------|
| 1. ŁABUZ Ewa              | 70 | Swim Club Masters Ślęza | <b>1:58.53</b> | 178 |       | 52.42 | 1:06.11 |
| 2. ŁASIŃSKA-BŁACHOWICZ M. | 71 | UKS Cityzen Poznań      | <b>2:12.51</b> | 127 | +0,99 |       |         |

KATEGORIA K

|                   |    |                     |                |     |  |         |         |
|-------------------|----|---------------------|----------------|-----|--|---------|---------|
| 1. ŁUTOWICZ Maria | 75 | UKS Cityzen Poznań  | <b>2:04.45</b> | 240 |  | 56.97   | 1:07.48 |
| 2. LIPPA Maria    | 79 | Rydułtowska AAS 60+ | <b>4:26.69</b> | 24  |  | 2:05.21 | 2:21.48 |

KATEGORIA M

|                              |    |                        |                |     |  |         |         |
|------------------------------|----|------------------------|----------------|-----|--|---------|---------|
| 1. NICPOŃ Krystyna           | 85 | UKS Wodnik 29 Katowice | <b>3:00.50</b> | 113 |  | 1:24.42 | 1:36.08 |
| <i>Rekord Polski Masters</i> |    |                        |                |     |  |         |         |

Konkurencja 15

Mężczyzn, 100m dowolny

20 - 94 lat

31.05.2025 - 10:56

Wyniki

|                    |         |                        |                |            |
|--------------------|---------|------------------------|----------------|------------|
| RP Masters 90 - 94 | 2:01.51 | KROKOSZYŃSKI Stanisław | Oświęcim       | 12.06.2021 |
| RP Masters 85 - 89 | 1:35.99 | KROKOSZYŃSKI Stanisław | Szczecin       | 27.06.2015 |
| RP Masters 80 - 84 | 1:25.21 | KROKOSZYŃSKI Stanisław | Gliwice        | 08.05.2010 |
| RP Masters 75 - 79 | 1:20.22 | KROKOSZYŃSKI Stanisław | Poznań         | 20.06.2009 |
| RP Masters 70 - 74 | 1:10.35 | BASTEK Ewald           | Cadiz (ESP)    | 18.09.2009 |
| RP Masters 65 - 69 | 1:05.29 | WARCHOŁ Mirosław       | Poznań         | 23.06.2018 |
| RP Masters 60 - 64 | 1:02.35 | MADEJ Leszek           | Olsztyn        | 11.06.2022 |
| RP Masters 55 - 59 | 58.55   | MADEJ Leszek           | Londyn (GBR)   | 28.05.2016 |
| RP Masters 50 - 54 | 58.44   | SZUTER Bolesław        | Lublin         | 15.06.2024 |
| RP Masters 45 - 49 | 55.50   | SZUTER Bolesław        | Londyn (GBR)   | 28.05.2016 |
| RP Masters 40 - 44 | 56.10   | KACZMAREK Marcin       | Limassol (CYP) | 20.10.2018 |
| RP Masters 35 - 39 | 51.69   | KORZENIOWSKI Paweł     | Olsztyn        | 11.06.2022 |
| RP Masters 30 - 34 | 50.79   | KORZENIOWSKI Paweł     | Warszawa       | 01.12.2018 |
| RP Masters 25 - 29 | 51.85   | BIELAWSKI Michał       | Poznań         | 23.06.2018 |

Punkty: AQUA Master 2025

| Pozycja | Wiek |  | Czas | Pkt. | CR | 50m | 100m |
|---------|------|--|------|------|----|-----|------|
|---------|------|--|------|------|----|-----|------|

KATEGORIA MŁ

|                  |    |                      |                |     |       |       |       |
|------------------|----|----------------------|----------------|-----|-------|-------|-------|
| 1. KRZYKAŁA Emil | 24 | Masters Avia Świdnik | <b>58.28</b>   | 584 | +0,73 | 27.67 | 30.61 |
| 2. KAŁEK Bartosz | 21 | KU AZS UAM Poznań    | <b>1:01.47</b> | 497 | +0,64 | 29.97 | 31.50 |

KATEGORIA A

|                       |    |                         |                |     |       |       |       |
|-----------------------|----|-------------------------|----------------|-----|-------|-------|-------|
| 1. ĆWIKLIŃSKI Mateusz | 27 | Water Squad             | <b>56.13</b>   | 653 | +0,69 | 26.83 | 29.30 |
| 2. LODARSKI Kacper    | 27 | Kajman Połaniec         | <b>57.52</b>   | 607 | +0,64 | 27.32 | 30.20 |
| 3. LIS Przemysław     | 29 | Masters Avia Świdnik    | <b>59.13</b>   | 559 | +0,68 | 27.18 | 31.95 |
| 4. ŻRÓDLAK Patryk     | 28 | Fundacja Power Swimming | <b>1:03.44</b> | 452 | +0,76 | 30.05 | 33.39 |
| 5. GRYGLEWICZ Juliusz | 27 | Niezrzeszony            | <b>1:04.02</b> | 440 | +0,78 | 29.59 | 34.43 |

KATEGORIA B

|                        |    |                         |              |     |       |       |       |
|------------------------|----|-------------------------|--------------|-----|-------|-------|-------|
| 1. RZADKOWSKI Daniel   | 31 | Warsaw Masters Team     | <b>52.76</b> | 840 | +0,72 | 24.83 | 27.93 |
| 2. DUBIEL Adam         | 32 | Water Squad             | <b>53.27</b> | 817 | +0,73 | 25.51 | 27.76 |
| 3. MAZUR Andrzej       | 30 | Masters Avia Świdnik    | <b>54.06</b> | 781 | +0,63 | 25.44 | 28.62 |
| 4. GALON Michał        | 30 | 5Styl Warszawa          | <b>54.28</b> | 772 | +0,71 | 26.19 | 28.09 |
| 5. SOKULSKI Jacek      | 34 | Fundacja Power Swimming | <b>54.99</b> | 742 | +0,72 | 26.73 | 28.26 |
| 6. KARNASZEWSKI Konrad | 31 | Niezrzeszony            | <b>55.78</b> | 711 | +0,69 | 26.48 | 29.30 |
| 7. WITT Piotr          | 34 | KS Warta Poznań         | <b>55.90</b> | 707 | +0,70 | 26.71 | 29.19 |
| 8. KEMPIAK Amadeusz    | 31 | Niezrzeszony            | <b>56.38</b> | 689 | +0,66 | 26.60 | 29.78 |
| 9. GAJDA Maciej        | 30 | MKP Wodnik 29 Tychy     | <b>57.12</b> | 662 | +0,73 | 27.06 | 30.06 |
| 10. JASNOS Adam        | 34 | TP Zielona Góra         | <b>57.41</b> | 652 | +0,70 | 26.79 | 30.62 |
| 11. WENGERSKI Jędrzej  | 33 | 5Styl Warszawa          | <b>59.59</b> | 583 | +0,78 | 29.56 | 30.03 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 15, Mężczyzn, 100m dowolny, KATEGORIA B

| Pozycja |                       | Wiek |                            | Czas           | Pkt. | CR    | 50m   | 100m  |
|---------|-----------------------|------|----------------------------|----------------|------|-------|-------|-------|
| 12.     | SADOWY Bartosz        | 30   | Niezrzeszony               | <b>1:01.36</b> | 534  | +0,70 | 29.11 | 32.25 |
| 13.     | MENDYK Przemysław     | 33   | MUKS Gilus Gilowice        | <b>1:03.88</b> | 473  | +0,83 | 30.69 | 33.19 |
| 14.     | JANKOWSKI Jędrzej     | 31   | KS Korona 1919 Kraków      | <b>1:04.04</b> | 470  | +0,77 | 30.00 | 34.04 |
| 15.     | KUREK Mateusz         | 31   | UKS Trójka Częstochowa     | <b>1:04.71</b> | 455  | +0,69 | 30.06 | 34.65 |
| 16.     | DZIEDZIC Andrzej      | 32   | Fundacja Palestra Pływania | <b>1:05.54</b> | 438  | +0,72 | 31.09 | 34.45 |
| 17.     | KONIECZNIK Przemysław | 30   | Niezrzeszony               | <b>1:12.20</b> | 328  | +0,82 | 35.76 | 36.44 |

KATEGORIA C

|     |                     |    |                                |                |     |       |       |       |
|-----|---------------------|----|--------------------------------|----------------|-----|-------|-------|-------|
| 1.  | RĘBAS Igor          | 36 | Water Squad                    | <b>57.26</b>   | 697 | +0,74 | 27.28 | 29.98 |
| 2.  | ZIELONKA Rafał      | 39 | Masters Avia Świdnik           | <b>58.08</b>   | 668 | +0,70 | 27.70 | 30.38 |
| 3.  | OLSZEWSKI Krzysztof | 36 | Warsaw Masters Team            | <b>1:01.09</b> | 574 | +0,71 | 28.71 | 32.38 |
| 4.  | BOCHNIA Piotr       | 36 | Fundacja Palestra Pływania     | <b>1:02.69</b> | 531 | +0,77 | 29.39 | 33.30 |
| 5.  | DAWIDEK Łukasz      | 39 | MASTERS Lublin                 | <b>1:04.73</b> | 482 | +0,83 | 30.02 | 34.71 |
| 6.  | KUŚMIDER Przemysław | 36 | MUKS Zgierz                    | <b>1:05.80</b> | 459 | +0,80 | 31.35 | 34.45 |
| 7.  | SZNAJDER Michał     | 39 | Warsaw Masters Team            | <b>1:08.33</b> | 410 | +0,72 | 32.28 | 36.05 |
| 8.  | GORBACZOW Jacek     | 38 | Gdynia Masters                 | <b>1:08.68</b> | 404 | +0,76 | 30.88 | 37.80 |
| 9.  | PIETRZAK Adam       | 37 | Masters Avia Świdnik           | <b>1:09.30</b> | 393 | +0,81 | 33.43 | 35.87 |
| 10. | KAIM Ignacy         | 36 | Stow. Pływ. Sebastiana Karasia | <b>1:09.77</b> | 385 | +0,71 | 33.73 | 36.04 |
| 11. | WOŹNIAK Marcin      | 39 | Niezrzeszony Pruszków          | <b>1:30.45</b> | 176 | +0,80 | 38.36 | 52.09 |

KATEGORIA D

|     |                              |    |                                |                |     |       |       |       |
|-----|------------------------------|----|--------------------------------|----------------|-----|-------|-------|-------|
| 1.  | KORZENIOWSKI Paweł           | 40 | 5Styl Warszawa                 | <b>51.22</b>   | 971 | +0,75 | 25.01 | 26.21 |
|     | <i>Rekord Polski Masters</i> |    |                                |                |     |       |       |       |
| 2.  | TYSZKOWSKI Sebastian         | 42 | UKS KORAL Wrocław              | <b>57.31</b>   | 693 | +0,75 | 27.36 | 29.95 |
| 3.  | ŚLUSARCZYK Bartosz           | 40 | KS Korona 1919 Kraków          | <b>1:00.00</b> | 604 | +0,68 | 27.82 | 32.18 |
| 4.  | SKORULSKI Jacek              | 42 | Niezrzeszony                   | <b>1:02.23</b> | 541 | +0,91 | 28.42 | 33.81 |
| 5.  | JUREK Przemysław             | 44 | UKS Trójka Puławy              | <b>1:03.79</b> | 502 | +0,80 | 31.08 | 32.71 |
| 6.  | AWRUK Bartosz                | 43 | Iswim Białystok                | <b>1:04.26</b> | 492 | +0,86 | 30.06 | 34.20 |
| 7.  | KACZMAREK Bartosz            | 42 | KU AZS UAM Poznań              | <b>1:04.43</b> | 488 | +0,76 | 30.78 | 33.65 |
| 8.  | TUSIŃSKI Mikołaj             | 42 | Stow. Pływ. SWIMMERS           | <b>1:04.46</b> | 487 | +0,84 | 30.57 | 33.89 |
| 9.  | KRUK Marcin                  | 43 | Koszalińskie TKKF              | <b>1:07.41</b> | 426 | +0,76 | 32.28 | 35.13 |
| 10. | GRABKOWSKI Michał            | 44 | Stow. Pływ. Sebastiana Karasia | <b>1:09.53</b> | 388 | +0,79 | 32.39 | 37.14 |
| 11. | NYKOWSKI Andrzej             | 42 | Stow. Pływ. Sebastiana Karasia | <b>1:14.07</b> | 321 |       | 35.02 | 39.05 |
| 12. | RUTKOWSKI Daniel             | 41 | 5Styl Warszawa                 | <b>1:15.25</b> | 306 | +0,88 | 36.73 | 38.52 |
| 13. | ZAJĄC Ryszard                | 41 | Fundacja JK TEAM               | <b>1:15.59</b> | 302 | +0,77 | 35.41 | 40.18 |
| 14. | WYSOCKI Karol                | 42 | MUKS Gilus Gilowice            | <b>1:16.24</b> | 294 | +0,79 | 34.76 | 41.48 |

KATEGORIA E

|     |                    |    |                                |                |     |       |       |       |
|-----|--------------------|----|--------------------------------|----------------|-----|-------|-------|-------|
| 1.  | KRÓLIKOWSKI Michał | 45 | Niezrzeszony                   | <b>57.34</b>   | 756 | +0,74 | 27.15 | 30.19 |
| 2.  | GŁOWA Michał       | 46 | UKS Sparta Grodzisk Mazowiecki | <b>59.48</b>   | 677 | +0,82 | 28.94 | 30.54 |
| 3.  | OLEJARCZYK Igor    | 46 | Masters Łódź                   | <b>1:00.11</b> | 656 | +0,77 | 28.90 | 31.21 |
| 4.  | OSTROWSKI Bartosz  | 48 | Warsaw Masters Team            | <b>1:00.16</b> | 654 | +0,76 | 28.00 | 32.16 |
| 5.  | FRĄCKOWIAK Artur   | 47 | Masters Łódź                   | <b>1:01.09</b> | 625 | +0,66 | 29.59 | 31.50 |
| 6.  | PIAŚCIŃSKI Daniel  | 49 | Water Squad                    | <b>1:01.78</b> | 604 | +0,82 | 28.99 | 32.79 |
| 7.  | WILMOWICZ Adam     | 46 | Koszalińskie TKKF              | <b>1:03.94</b> | 545 | +0,76 | 30.76 | 33.18 |
| 8.  | SZYMAŃSKI Łukasz   | 47 | Niezrzeszony                   | <b>1:05.52</b> | 506 | +0,90 | 31.18 | 34.34 |
| 9.  | FINDEL Paul        | 48 | 5Styl Warszawa                 | <b>1:09.63</b> | 422 | +0,84 | 32.70 | 36.93 |
| 10. | LIS Roman          | 46 | Stow. Pływ. SWIMMERS           | <b>1:10.48</b> | 407 | +0,80 | 32.64 | 37.84 |
| 11. | BIELSKI Dymitr     | 48 | Warsaw Masters Team            | <b>1:11.30</b> | 393 | +0,91 | 33.88 | 37.42 |
| 12. | DZIEDZICZAK Marek  | 48 | MUKS Zgierz                    | <b>1:13.44</b> | 359 | +0,78 | 36.09 | 37.35 |
| 13. | ADAMCZYK Michał    | 49 | MUKS Zgierz                    | <b>1:14.60</b> | 343 | +0,92 | 34.44 | 40.16 |
| 14. | FILIPCZYŃSKI Artur | 48 | Niezrzeszony                   | <b>1:17.61</b> | 304 | +0,88 | 34.52 | 43.09 |
| 15. | ORSZULAK Maciej    | 47 | UKS Peyomi Tarnów              | <b>1:23.91</b> | 241 | +0,83 | 37.58 | 46.33 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 15, Mężczyzn, 100m dowolny

KATEGORIA F

|     |                       |    |                               |                |     |       |       |       |
|-----|-----------------------|----|-------------------------------|----------------|-----|-------|-------|-------|
| 1.  | HORBACZ Marcin        | 51 | Koszalińskie TKKF             | <b>58.80</b>   | 733 | +0,77 | 28.24 | 30.56 |
| 2.  | BERWECKI Arkadiusz    | 52 | SP Motyl Stalowa Wola         | <b>1:00.91</b> | 660 | +0,78 | 29.25 | 31.66 |
| 3.  | WINIARCZYK Jarosław   | 53 | Koszalińskie TKKF             | <b>1:01.21</b> | 650 | +0,76 | 28.58 | 32.63 |
| 4.  | SARNA Tomasz          | 50 | KSW Stal Rzeszów              | <b>1:01.48</b> | 642 | +0,75 | 28.64 | 32.84 |
| 5.  | ŚLĘCZKA Krzysztof     | 51 | UKS Delfin Masters Tarnobrzeg | <b>1:02.12</b> | 622 | +0,78 | 29.19 | 32.93 |
| 6.  | LIPIŃSKI Cezary       | 53 | Masters Avia Świdnik          | <b>1:03.57</b> | 580 | +0,67 | 29.61 | 33.96 |
| 7.  | OPALIŃSKI Paweł       | 51 | SP Motyl Stalowa Wola         | <b>1:03.86</b> | 572 | +0,79 | 30.37 | 33.49 |
| 8.  | DĄBROWSKI Paweł       | 51 | Stow. Pływ. Masters Olsztyn   | <b>1:09.98</b> | 435 | +0,83 | 31.90 | 38.08 |
| 9.  | PATERA Jacek          | 54 | Niezrzeszony Bolesławiec      | <b>1:14.62</b> | 359 | +0,98 | 36.27 | 38.35 |
| 10. | MATYSZEWSKI Grzegorz  | 54 | Water Squad                   | <b>1:16.19</b> | 337 | +0,76 | 34.94 | 41.25 |
| 11. | KRZYSZTOFIK Krzysztof | 50 | Weteran Zabrze                | <b>1:35.03</b> | 173 | +0,79 | 39.01 | 56.02 |

KATEGORIA G

|    |                     |    |                             |                |     |       |       |       |
|----|---------------------|----|-----------------------------|----------------|-----|-------|-------|-------|
| 1. | SZUTER Bolesław     | 55 | Water Squad                 | <b>59.60</b>   | 818 | +0,75 | 28.35 | 31.25 |
| 2. | MONCZAK Piotr       | 58 | KS Warta Poznań             | <b>1:01.03</b> | 762 | +0,77 | 29.85 | 31.18 |
| 3. | BARANIK Mariusz     | 56 | KS Korona 1919 Kraków       | <b>1:01.92</b> | 730 | +0,71 | 29.33 | 32.59 |
| 4. | SKOŚKIEWICZ Rafał   | 59 | Warsaw Masters Team         | <b>1:02.80</b> | 699 | +0,72 | 30.22 | 32.58 |
| 5. | LEWANDOWSKI Andrzej | 57 | Fundacja Palestra Pływania  | <b>1:21.98</b> | 314 | +0,88 | 38.09 | 43.89 |
| 6. | GOZDAN Dariusz      | 57 | Stow. Pływ. Masters Olsztyn | <b>1:25.45</b> | 277 | +0,99 | 40.38 | 45.07 |
| 7. | BOLANOWSKI Bogdan   | 59 | Fundacja JK TEAM            | <b>1:25.94</b> | 273 | +0,60 | 40.82 | 45.12 |
| 8. | PALUSZAK Zbigniew   | 58 | Warsaw Masters Team         | <b>1:35.39</b> | 199 | +0,79 | 44.24 | 51.15 |

KATEGORIA H

|    |                   |    |                        |                |     |       |       |       |
|----|-------------------|----|------------------------|----------------|-----|-------|-------|-------|
| 1. | ŻMIEJKO Wojciech  | 62 | Niezrzeszony Białystok | <b>1:07.28</b> | 620 | +0,76 | 31.58 | 35.70 |
| 2. | FAFF Mariusz      | 62 | KSW Stal Rzeszów       | <b>1:11.14</b> | 525 | +0,84 | 33.22 | 37.92 |
| 3. | KONSTANCIUK Piotr | 64 | Masters Avia Świdnik   | <b>1:12.93</b> | 487 | +0,96 | 35.62 | 37.31 |
| 4. | KAMIŃSKI Robert   | 60 | Niezrzeszony           | <b>1:14.15</b> | 463 | +0,95 | 34.18 | 39.97 |
| 5. | WIERZCHOŃ Aleksy  | 63 | Koszalińskie TKKF      | <b>1:24.44</b> | 313 |       | 40.49 | 43.95 |
| 6. | BURZYŃSKI Piotr   | 63 | KS Waterpolo Poznań    | <b>1:30.28</b> | 256 |       | 41.92 | 48.36 |

KATEGORIA I

|     |                              |    |                       |                |     |       |       |         |
|-----|------------------------------|----|-----------------------|----------------|-----|-------|-------|---------|
| 1.  | MADEJ Leszek                 | 65 | Warsaw Masters Team   | <b>1:03.38</b> | 826 | +0,74 | 30.53 | 32.85   |
|     | <i>Rekord Polski Masters</i> |    |                       |                |     |       |       |         |
| 2.  | LORKOWSKI Robert             | 65 | SP Motyl Stalowa Wola | <b>1:14.60</b> | 507 | +0,91 | 35.44 | 39.16   |
| 3.  | STYPIŃSKI Zdzisław           | 69 | Masters Avia Świdnik  | <b>1:14.89</b> | 501 | +0,86 | 35.20 | 39.69   |
| 4.  | KORPETTA Wojciech            | 66 | Water Squad           | <b>1:19.60</b> | 417 |       | 38.62 | 40.98   |
| 5.  | TWARDYSKO Stanisław          | 69 | Weteran Zabrze        | <b>1:23.18</b> | 365 |       | 39.54 | 43.64   |
| 6.  | MATUSIK Mirosław             | 69 | Masters Białystok     | <b>1:23.81</b> | 357 | +0,97 | 40.81 | 43.00   |
| 7.  | ŻAK Marek                    | 66 | KS KSZO Ostrowiec Św. | <b>1:28.43</b> | 304 |       | 39.79 | 48.64   |
| 8.  | GAWKOWSKI Mariusz            | 67 | Niezrzeszony Warszawa | <b>1:31.83</b> | 271 |       | 42.98 | 48.85   |
| 9.  | SAMONEK Krzysztof            | 68 | Masters Krasnik       | <b>1:44.15</b> | 186 |       | 50.41 | 53.74   |
| 10. | MICHALCZYK Jerzy             | 69 | Masters Krasnik       | <b>1:54.92</b> | 138 |       | 54.69 | 1:00.23 |

KATEGORIA J

|    |                        |    |                            |                |     |       |         |         |
|----|------------------------|----|----------------------------|----------------|-----|-------|---------|---------|
| 1. | ZABRZAŃSKI Alfred      | 71 | UKS SP8 Chrzanów           | <b>1:20.43</b> | 480 | +0,88 | 37.30   | 43.13   |
| 2. | DUBIŃSKI Bogdan        | 72 | Stow. Pływ. Legia Warszawa | <b>1:22.71</b> | 442 | +0,94 | 39.29   | 43.42   |
| 3. | LIETZ Krzysztof        | 73 | Toruń Multisport Team      | <b>1:23.07</b> | 436 | +0,86 | 40.04   | 43.03   |
| 4. | SERAFIN Andrzej        | 73 | KS Korona 1919 Kraków      | <b>1:28.15</b> | 365 |       | 41.48   | 46.67   |
| 5. | PIETRASZEWSKI Zbigniew | 70 | UKS Cityzen Poznań         | <b>1:30.44</b> | 338 |       | 43.00   | 47.44   |
| 6. | LASOWY Marian          | 70 | Koszalińskie TKKF          | <b>1:38.84</b> | 259 |       | 46.40   | 52.44   |
| 7. | SZCZUREK Bogdan        | 73 | IKS Druga Strona Sportu    | <b>2:11.03</b> | 111 |       | 1:00.83 | 1:10.20 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 15, Mężczyzn, 100m dowolny

KATEGORIA K

|                                                    |    |                   |                |     |       |       |       |
|----------------------------------------------------|----|-------------------|----------------|-----|-------|-------|-------|
| 1. ZAŁUSKI Wiesław<br><i>Rekord Polski Masters</i> | 75 | Koszalińskie TKKF | <b>1:17.51</b> | 628 | +0,92 | 36.17 | 41.34 |
| 2. KORNICKI Wiesław                                | 76 | Weteran Zabrze    | <b>1:29.56</b> | 407 | +0,90 | 41.11 | 48.45 |
| 3. BARTKOWIAK Roman                                | 76 | KS Warta Poznań   | <b>1:39.02</b> | 301 |       | 46.20 | 52.82 |

KATEGORIA L

|                           |    |                    |                |     |       |       |       |
|---------------------------|----|--------------------|----------------|-----|-------|-------|-------|
| 1. DEDESZKO-WIERCIŃSKI K. | 82 | KU AZS UMCS Lublin | <b>1:47.11</b> | 264 | +0,96 | 50.43 | 56.68 |
|---------------------------|----|--------------------|----------------|-----|-------|-------|-------|

Konkurencja 16

31.05.2025 - 11:26

Kobiet, 200m motylkowy

20 - 94 lat

Wyniki

|                    |         |                         |                 |            |
|--------------------|---------|-------------------------|-----------------|------------|
| RP Masters 75 - 79 | 4:31.50 | GAWLIK-BUCAR Ewa        | Rome            | 02.09.2022 |
| RP Masters 70 - 74 | 4:17.70 | FECICA Krystyna         | Eindhoven (NED) | 04.09.2013 |
| RP Masters 65 - 69 | 3:27.73 | SZAŁA Ewa               | Lublin          | 15.06.2024 |
| RP Masters 60 - 64 | 3:22.41 | MACIERZEWSKA Agnieszka  | Rome            | 02.09.2022 |
| RP Masters 55 - 59 | 3:19.42 | MACIERZEWSKA Agnieszka  | Kranj           | 07.09.2018 |
| RP Masters 50 - 54 | 2:47.61 | NIESPODZIANA Aleksandra | Poznań          | 14.06.2008 |
| RP Masters 45 - 49 | 2:46.66 | NIESPODZIANA Aleksandra | Riccione (ITA)  | 09.06.2004 |
| RP Masters 40 - 44 | 2:49.96 | ŚCIBIOREK Małgorzata    | Szczecin        | 27.06.2015 |
| RP Masters 35 - 39 | 2:47.98 | DUDA (R.81) Anna        | Budapeszt (HUN) | 19.08.2017 |
| RP Masters 30 - 34 | 2:36.15 | KOWALIŃSKA Oriana       | Lublin          | 15.06.2024 |
| RP Masters 25 - 29 | 2:30.53 | LEWANDOWSKA Oriana      | Gliwice         | 01.06.2019 |

Punkty: AQUA Master 2025

| Pozycja | Wiek |  | Czas | Pkt. | CR | 50m | 100m | 150m | 200m |
|---------|------|--|------|------|----|-----|------|------|------|
|---------|------|--|------|------|----|-----|------|------|------|

KATEGORIA MŁ

|                        |    |                    |                |     |       |       |       |         |       |
|------------------------|----|--------------------|----------------|-----|-------|-------|-------|---------|-------|
| 1. DENISIEWICZ Natalia | 24 | Niezrzeszony Opole | <b>3:49.07</b> | 204 | +0,82 | 50.68 | 58.26 | 1:01.03 | 59.10 |
|------------------------|----|--------------------|----------------|-----|-------|-------|-------|---------|-------|

KATEGORIA A

|                    |    |             |                |     |       |       |       |       |       |
|--------------------|----|-------------|----------------|-----|-------|-------|-------|-------|-------|
| 1. BORCZYK Martyna | 25 | Water Squad | <b>2:56.21</b> | 449 | +0,80 | 35.75 | 42.93 | 48.57 | 48.96 |
|--------------------|----|-------------|----------------|-----|-------|-------|-------|-------|-------|

KATEGORIA B

|                     |    |                      |                |     |       |       |       |       |       |
|---------------------|----|----------------------|----------------|-----|-------|-------|-------|-------|-------|
| 1. DWORSKA Karolina | 31 | Masters Avia Świdnik | <b>3:20.76</b> | 294 | +0,94 | 47.89 | 51.20 | 54.14 | 47.53 |
|---------------------|----|----------------------|----------------|-----|-------|-------|-------|-------|-------|

KATEGORIA C

|                 |    |                             |                |     |       |       |       |       |       |
|-----------------|----|-----------------------------|----------------|-----|-------|-------|-------|-------|-------|
| 1. ZALESKA Anna | 37 | Stow. Pływ. Masters Olsztyn | <b>2:55.79</b> | 507 | +0,88 | 37.29 | 43.67 | 47.53 | 47.30 |
|-----------------|----|-----------------------------|----------------|-----|-------|-------|-------|-------|-------|

KATEGORIA D

|                       |    |                           |                |     |       |       |       |         |         |
|-----------------------|----|---------------------------|----------------|-----|-------|-------|-------|---------|---------|
| 1. DARGAS-MISZCZAK M. | 44 | Warsaw Masters Team       | <b>3:44.77</b> | 267 | +0,86 | 44.39 | 56.67 | 1:03.84 | 59.87   |
| 2. LARA Anna          | 40 | Niezrzeszony Jelenia Góra | <b>3:49.37</b> | 251 |       | 51.30 | 57.43 | 1:00.42 | 1:00.22 |

KATEGORIA E

|                          |    |                 |                |     |       |       |         |         |         |
|--------------------------|----|-----------------|----------------|-----|-------|-------|---------|---------|---------|
| 1. SZELAŁGOWSKA Katarzyn | 46 | MUKS Zgierz     | <b>3:12.95</b> | 418 | +0,81 | 40.95 | 46.90   | 50.97   | 54.13   |
| 2. BABICA Izabela        | 46 | KS Warta Poznań | <b>3:20.45</b> | 373 | +0,82 | 42.67 | 49.20   | 53.21   | 55.37   |
| 3. KLARECKA Monika       | 48 | MUKS Zgierz     | <b>4:26.47</b> | 158 | +0,99 | 58.33 | 1:08.27 | 1:10.32 | 1:09.55 |

KATEGORIA G

|                           |  |             |                |     |       |       |       |       |       |
|---------------------------|--|-------------|----------------|-----|-------|-------|-------|-------|-------|
| 1. WYPYCH-STASZEWSKA I.55 |  | MUKS Zgierz | <b>3:21.99</b> | 463 | +0,79 | 46.08 | 51.16 | 53.91 | 50.84 |
|---------------------------|--|-------------|----------------|-----|-------|-------|-------|-------|-------|



Splash Meet Manager, 11.81803

Registered to Piotr Bujak

01.06.2025 12:55 - Strona 36

Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 16, Kobiet, 200m motylkowy

KATEGORIA I

|                    |    |                       |                |     |       |       |       |       |
|--------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|
| 1. MACIERZEWSKA A. | 65 | KS Korona 1919 Kraków | <b>3:35.39</b> | 557 | 46.68 | 55.62 | 58.31 | 54.78 |
|--------------------|----|-----------------------|----------------|-----|-------|-------|-------|-------|

Konkurencja 17

31.05.2025 - 11:36

Mężczyzn, 200m motylkowy

20 - 94 lat

Wyniki

|                    |         |                     |                     |            |
|--------------------|---------|---------------------|---------------------|------------|
| RP Masters 75 - 79 | 4:33.53 | GOLIK Janusz        | Budapeszt (HUN)     | 19.08.2017 |
| RP Masters 70 - 74 | 3:36.29 | RACZYŃSKI Marian    | San Francisco (USA) | 09.08.2006 |
| RP Masters 65 - 69 | 3:12.13 | RACZYŃSKI Marian    | Majorka (ESP)       | 05.07.2001 |
| RP Masters 60 - 64 | 2:52.97 | GABIEC Mariusz      | Kranj               | 07.09.2018 |
| RP Masters 55 - 59 | 2:47.03 | GABIEC Mariusz      | Dębica              | 15.06.2013 |
| RP Masters 50 - 54 | 2:26.74 | BERWECKI Arkadiusz  | Belgrad             | 01.07.2024 |
| RP Masters 45 - 49 | 2:20.77 | BERWECKI Arkadiusz  | Kranj               | 07.09.2018 |
| RP Masters 40 - 44 | 2:19.69 | BERWECKI Arkadiusz  | Eindhoven (NED)     | 04.09.2013 |
| RP Masters 35 - 39 | 2:18.17 | KACZMAREK Stanisław | Londyn (GBR)        | 27.05.2016 |
| RP Masters 30 - 34 | 2:14.10 | KUCA Przemysław     | Belgrad             | 01.07.2024 |
| RP Masters 25 - 29 | 2:11.77 | KUCA Przemysław     | Kyushu              | 10.08.2023 |

Punkt: AQUA Master 2025

|         |      |  |      |      |    |     |      |      |      |
|---------|------|--|------|------|----|-----|------|------|------|
| Pozycja | Wiek |  | Czas | Pkt. | CR | 50m | 100m | 150m | 200m |
|---------|------|--|------|------|----|-----|------|------|------|

KATEGORIA A

|                       |    |             |                |           |  |       |       |       |       |
|-----------------------|----|-------------|----------------|-----------|--|-------|-------|-------|-------|
| 1. CIĘŻKOWSKI Dominik | 29 | Water Squad | <b>2:13.96</b> | 732 +0,71 |  | 29.74 | 34.02 | 34.77 | 35.43 |
|-----------------------|----|-------------|----------------|-----------|--|-------|-------|-------|-------|

KATEGORIA B

|                        |    |                        |                |           |  |       |       |       |       |
|------------------------|----|------------------------|----------------|-----------|--|-------|-------|-------|-------|
| 1. GAJDA Maciej        | 30 | MKP Wodnik 29 Tychy    | <b>2:34.69</b> | 508 +0,78 |  | 32.52 | 38.79 | 42.08 | 41.30 |
| 2. CHOWANIEC Mateusz   | 30 | UKS Trójka Częstochowa | <b>2:49.13</b> | 388 +0,83 |  | 35.43 | 43.12 | 45.90 | 44.68 |
| 3. MAZUR Andrzej       | 30 | Masters Avia Świdnik   | <b>2:52.97</b> | 363 +0,69 |  | 34.83 | 43.44 | 47.10 | 47.60 |
| 4. WANDZIOCH Krzysztof | 33 | IKS Herkules Suwałki   | <b>3:04.59</b> | 298 +0,88 |  | 39.04 | 47.04 | 50.00 | 48.51 |

KATEGORIA C

|                   |    |                     |                |           |  |       |       |       |       |
|-------------------|----|---------------------|----------------|-----------|--|-------|-------|-------|-------|
| 1. BAŁKA Michał   | 38 | SMT Szczecin        | <b>2:48.93</b> | 381 +0,74 |  | 35.01 | 41.91 | 44.90 | 47.11 |
| 2. SZEWCZYK Piotr | 38 | Warsaw Masters Team | <b>2:50.80</b> | 369 +0,82 |  | 36.62 | 44.19 | 45.82 | 44.17 |

KATEGORIA D

|                       |    |                             |                |           |  |       |       |       |       |
|-----------------------|----|-----------------------------|----------------|-----------|--|-------|-------|-------|-------|
| 1. HASIK Konrad       | 42 | Masters Łódź                | <b>2:53.81</b> | 376 +0,93 |  | 35.78 | 42.20 | 46.38 | 49.45 |
| 2. KIERES Michał      | 41 | Stow. Pływ. Masters Olsztyn | <b>3:02.18</b> | 327 +0,76 |  | 35.66 | 42.70 | 50.30 | 53.52 |
| DYSKW. SANECKI Wojtek | 44 | 5Styl Warszawa              |                |           |  |       |       |       |       |

O2 - Pływak nie ukończył całego dystansu - 10.2

KATEGORIA E

|                     |    |                   |                |           |  |       |       |       |       |
|---------------------|----|-------------------|----------------|-----------|--|-------|-------|-------|-------|
| 1. GOGACZ Sebastian | 49 | UKS Trójka Puławy | <b>2:34.91</b> | 550 +0,78 |  | 34.55 | 39.55 | 40.86 | 39.95 |
| 2. DZIADOSZ Robert  | 46 | 5Styl Warszawa    | <b>2:49.96</b> | 416 +0,71 |  | 35.66 | 43.38 | 45.78 | 45.14 |
| 3. WACHOWSKI Błażej | 45 | KS Warta Poznań   | <b>2:58.11</b> | 362 +0,86 |  | 35.68 | 43.02 | 46.15 | 53.26 |

KATEGORIA F

|                      |    |                             |                |           |  |       |         |         |         |
|----------------------|----|-----------------------------|----------------|-----------|--|-------|---------|---------|---------|
| 1. GREGOROWICZ Paweł | 51 | Stow. Pływ. Masters Olsztyn | <b>2:28.76</b> | 718 +0,88 |  | 33.40 | 37.98   | 39.03   | 38.35   |
| 2. PŁANETA Maciej    | 51 | UKS Delfin Masters Tarnob   | <b>3:19.60</b> | 297 +0,89 |  | 42.67 | 50.97   | 53.06   | 52.90   |
| 3. WIERZBIK Bernard  | 50 | Niezrzeszony Warszawa       | <b>3:38.22</b> | 227 +0,83 |  | 41.09 | 55.74   | 1:02.26 | 59.13   |
| 4. MOROZOWSKI Wiktor | 52 | MUKS Zgierz                 | <b>4:02.20</b> | 166       |  | 51.14 | 58.12   | 1:06.76 | 1:06.18 |
| 5. WILKOWSKI Leszek  | 54 | Gdynia Masters              | <b>4:20.33</b> | 134       |  | 49.07 | 1:02.12 | 1:14.47 | 1:14.67 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 17, Mężczyzn, 200m motylkowy

KATEGORIA G

|                        |    |                          |                |           |       |         |         |         |
|------------------------|----|--------------------------|----------------|-----------|-------|---------|---------|---------|
| 1. PRZYBYLSKI Adam     | 58 | SP Motyl Stalowa Wola    | <b>3:35.47</b> | 255       | 46.20 | 55.19   | 57.15   | 56.93   |
| 2. STACHURSKI Ireneusz | 56 | Niezrzeszony Częstochowa | <b>3:54.10</b> | 199       | 49.13 | 57.83   | 1:00.78 | 1:06.36 |
| 3. RUDZIŃSKI Michał    | 59 | MUKS Zgierz              | <b>4:29.22</b> | 131 +0,98 | 50.79 | 1:04.64 | 1:15.74 | 1:18.05 |

KATEGORIA H

|                     |    |                     |                |           |       |         |         |         |
|---------------------|----|---------------------|----------------|-----------|-------|---------|---------|---------|
| 1. KASPEREK Piotr   | 64 | KU AZS UMCS Lublin  | <b>3:24.83</b> | 343       | 45.11 | 53.42   | 53.96   | 52.34   |
| 2. BIAŁY Michał     | 63 | 5Styl Warszawa      | <b>3:28.08</b> | 328 +0,96 | 41.46 | 51.89   | 56.13   | 58.60   |
| 3. AMBROZIAK Tomasz | 61 | UŚKS Ostrołęka      | <b>4:08.50</b> | 192 +0,93 | 53.36 | 1:06.82 | 1:09.36 | 58.96   |
| 4. BURZYŃSKI Piotr  | 63 | KS Waterpolo Poznań | <b>4:33.26</b> | 144       | 58.36 | 1:08.73 | 1:12.95 | 1:13.22 |

KATEGORIA I

|                    |    |                       |                |           |       |         |         |         |
|--------------------|----|-----------------------|----------------|-----------|-------|---------|---------|---------|
| 1. TOPORSKI Janusz | 66 | KS Korona 1919 Kraków | <b>4:13.32</b> | 216 +0,89 | 55.73 | 1:02.14 | 1:08.00 | 1:07.45 |
|--------------------|----|-----------------------|----------------|-----------|-------|---------|---------|---------|

KATEGORIA J

|                  |    |                     |                |           |       |         |         |         |
|------------------|----|---------------------|----------------|-----------|-------|---------|---------|---------|
| 1. CIECIOR Jerzy | 72 | Rydułtowska AAS 60+ | <b>4:52.03</b> | 187 +0,99 | 58.73 | 1:13.20 | 1:20.87 | 1:19.23 |
|------------------|----|---------------------|----------------|-----------|-------|---------|---------|---------|

KATEGORIA K

|                      |    |                         |                |           |         |         |         |         |
|----------------------|----|-------------------------|----------------|-----------|---------|---------|---------|---------|
| 1. DASZYŃSKI Andrzej | 77 | UKS Energetyk Zgorzelec | <b>6:10.69</b> | 131 +0,84 | 1:20.10 | 1:39.02 | 1:38.36 | 1:33.21 |
|----------------------|----|-------------------------|----------------|-----------|---------|---------|---------|---------|

Konkurencja 18  
31.05.2025 - 11:58

Kobiet, 4 x 50m zmienny

AG 100 - 359  
Wyniki

Punkty: AQUA Master 2025

Pozycja Czas Pkt. CR

KATEGORIA B

|                               |    |       |       |                            |    |                |       |       |
|-------------------------------|----|-------|-------|----------------------------|----|----------------|-------|-------|
| 1. Warsaw Masters Team        |    |       |       | Warsaw Masters Team        |    | <b>2:14.77</b> | 687   | +0,69 |
| KOŚLA Marta                   | 32 | +0,69 | 34.17 | JANKOWSKA Klaudia          | 27 | +0,72          | 32.41 |       |
| DOBRASIEWICZ Marlena          | 37 | +0,24 | 39.55 | CHOJECKA Karolina          | 25 | +0,46          | 28.64 |       |
| 2. 5Styl Warszawa             |    |       |       | 5Styl Warszawa             |    | <b>2:22.86</b> | 576   | +0,76 |
| ZYGA Paulina                  | 31 | +0,76 | 39.83 | KOLASA Magda               | 34 | +0,53          | 30.90 |       |
| PODGÓRSKA-GDAŃSKA Kamila      | 42 | +0,69 | 41.22 | JANCEWICZ Joanna           | 30 | +0,15          | 30.91 |       |
| 3. Fundacja Palestra Pływania |    |       |       | Fundacja Palestra Pływania |    | <b>3:08.47</b> | 251   | +0,73 |
| OSOJCA Karolina               | 32 | +0,73 | 47.81 | GWIZDŹ Martyna             | 29 | +0,71          | 39.19 |       |
| FIGIEL Magda                  | 44 |       | 56.90 | CYGAŃSKA Monika            | 46 | +0,40          | 44.57 |       |

KATEGORIA C

|                            |    |       |       |                      |    |                |       |       |
|----------------------------|----|-------|-------|----------------------|----|----------------|-------|-------|
| 1. Water Squad             |    |       |       | Water Squad          |    | <b>2:24.41</b> | 616   | +0,71 |
| BORCZYK Martyna            | 25 | +0,71 | 32.93 | SASIN Dominika       | 31 | -0,02          | 29.51 |       |
| BALAJCZA Timea             | 54 | +0,40 | 41.66 | AYOMO Bożena         | 59 | +0,71          | 40.31 |       |
| 2. Masters Avia Świdnik    |    |       |       | Masters Avia Świdnik |    | <b>2:31.68</b> | 532   | +0,69 |
| MARZENOWSKA Karolina       | 46 | +0,69 | 42.18 | DWORSKA Karolina     | 31 | +0,19          | 33.42 |       |
| KĘDZIERSKA Magdalena       | 38 | +0,85 | 41.41 | LIPIEC Edyta         | 52 | +0,62          | 34.67 |       |
| 3. SMT Szczecin            |    |       |       | SMT Szczecin         |    | <b>2:31.89</b> | 530   | +0,68 |
| ZIELIŃSKA Dominika         | 45 | +0,68 | 39.08 | KOWALCZYK Izabela    | 49 | +0,86          | 35.82 |       |
| DAMLJANOVIC-WACŁAWIK Iwona | 60 | +0,83 | 46.30 | SZATANEK Julia       | 26 | +0,66          | 30.69 |       |
| 4. KS Warta Poznań         |    |       |       | KS Warta Poznań      |    | <b>2:32.39</b> | 524   |       |
| DOLIŃSKA Aneta             | 35 |       | 43.08 | SZAŁA Ewa            | 66 | +0,62          | 42.53 |       |
| WIŚNIEWSKA Natalia         | 28 | +0,63 | 33.65 | BABICA Izabela       | 46 | +0,53          | 33.13 |       |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 18, Kobiet, 4 x 50m zmienny, KATEGORIA C

| Pozycja |                    |    |       |             |                        |    | Czas           | Pkt.  | CR    |
|---------|--------------------|----|-------|-------------|------------------------|----|----------------|-------|-------|
| 5.      | MUKS Zgierz 1      |    |       | MUKS Zgierz |                        |    | <b>2:44.55</b> | 416   | +0,75 |
|         | BARAŃSKA Justyna   | 48 | +0,75 | 48.33       | LUŻNIAKOWSKA Dagmara   | 45 | +0,47          | 40.20 |       |
|         | ĆWIK Katarzyna     | 33 | +0,65 | 44.93       | SZELAŃGOWSKA Katarzyna | 46 | +0,87          | 31.09 |       |
| 6.      | KS Mako            |    |       | KS Mako     |                        |    | <b>2:57.53</b> | 331   | +0,85 |
|         | PACŁAWSKA Dorota   | 44 | +0,85 | 53.58       | BUTKIEWICZ Magdalena   | 45 | +0,69          | 37.53 |       |
|         | SOLECKA Małgorzata | 51 | +0,68 | 51.31       | WIATR Patrycja         | 41 | +0,39          | 35.11 |       |

KATEGORIA D

|    |                               |     |       |             |                           |    |                |       |       |
|----|-------------------------------|-----|-------|-------------|---------------------------|----|----------------|-------|-------|
| 1. | MUKS Zgierz 2                 |     |       | MUKS Zgierz |                           |    | <b>2:35.10</b> | 573   | +0,70 |
|    | REMBOWSKA-ŚWIEBODA Małgorzata | 57a | +0,70 | 39.88       | WYPYCH-STASZEWSKA Izabela | 55 | +0,40          | 39.87 |       |
|    | KANSA-PAPIERNIK Joanna        | 49  | +0,39 | 40.39       | MRÓZ Urszula              | 63 | +0,56          | 34.96 |       |

Konkurencja 19

Mężczyzn, 4 x 50m zmienny

AG 100 - 359

31.05.2025 - 12:03

Wyniki

Punkty: AQUA Master 2025

| Pozycja |             |  |  |  |  |  | Czas | Pkt. | CR |
|---------|-------------|--|--|--|--|--|------|------|----|
|         | KATEGORIA A |  |  |  |  |  |      |      |    |

|    |                        |    |       |                      |                |    |                |       |       |
|----|------------------------|----|-------|----------------------|----------------|----|----------------|-------|-------|
| 1. | Masters Avia Świdnik 1 |    |       | Masters Avia Świdnik |                |    | <b>1:54.21</b> | 707   | +0,67 |
|    | PYDA Jakub             | 31 | +0,67 | 29.44                | MAZUR Andrzej  | 30 | +0,57          | 26.72 |       |
|    | LIS Patryk             | 27 | +0,33 | 31.31                | LIS Przemysław | 29 | +0,46          | 26.74 |       |

KATEGORIA B

|    |                       |    |       |                     |                    |    |                |       |       |
|----|-----------------------|----|-------|---------------------|--------------------|----|----------------|-------|-------|
| 1. | Water Squad 1         |    |       | Water Squad         |                    |    | <b>1:50.28</b> | 792   | +0,61 |
|    | DUBIEL Adam           | 32 | +0,61 | 28.61               | CIĘŻKOWSKI Dominik | 29 | +0,39          | 26.17 |       |
|    | APTEWICZ Arkadiusz    | 32 | +0,37 | 30.92               | OLBORSKI Krzysztof | 28 | +0,48          | 24.58 |       |
| 2. | Warsaw Masters Team 1 |    |       | Warsaw Masters Team |                    |    | <b>1:53.65</b> | 724   | +0,66 |
|    | OLSZEWSKI Krzysztof   | 36 | +0,66 | 31.47               | OSTROWSKI Bartosz  | 48 | +0,34          | 30.53 |       |
|    | KOSOWICZ Wojciech     | 28 | -0,07 | 28.87               | RZADKOWSKI Daniel  | 31 | -0,03          | 22.78 |       |
| 3. | KS Warta Poznań 1     |    |       | KS Warta Poznań     |                    |    | <b>2:01.51</b> | 592   | +0,65 |
|    | RYBAK Tomasz          | 45 | +0,65 | 32.54               | WITT Piotr         | 34 | +0,54          | 26.96 |       |
|    | EL SABBAHY Loay       | 32 | +0,47 | 33.73               | WACHOWSKI Błażej   | 45 | +0,21          | 28.28 |       |
| 4. | 5Styl Warszawa        |    |       | 5Styl Warszawa      |                    |    | <b>2:05.11</b> | 542   |       |
|    | DZIADOSZ Robert       | 46 |       | 33.00               | GALON Michał       | 30 | +0,47          | 26.53 |       |
|    | MAKOLSKI Tomasz       | 35 | +0,55 | 36.59               | FINDEL Paul        | 48 | +0,48          | 28.99 |       |

KATEGORIA C

|    |                        |    |       |                      |                     |    |                |       |       |
|----|------------------------|----|-------|----------------------|---------------------|----|----------------|-------|-------|
| 1. | Masters Avia Świdnik 2 |    |       | Masters Avia Świdnik |                     |    | <b>2:04.72</b> | 604   | +0,65 |
|    | SITKOWSKI Tomasz       | 51 | +0,65 | 34.13                | ZIELONKA Rafał      | 39 | +0,36          | 28.54 |       |
|    | PIK Paweł              | 37 | +0,47 | 31.30                | STYPIŃSKI Zdzisław  | 69 | +0,54          | 30.75 |       |
| 2. | SMT Szczecin           |    |       | SMT Szczecin         |                     |    | <b>2:04.98</b> | 600   | +0,80 |
|    | ZIELIŃSKI Dawid        | 33 | +0,80 | 29.40                | BAŁKA Michał        | 38 | +0,46          | 31.62 |       |
|    | KASZYCA Jakub          | 30 | +0,38 | 31.81                | ZAJĄC Robert        | 59 | +0,61          | 32.15 |       |
| 3. | Koszalińskie TKKF      |    |       | Koszalińskie TKKF    |                     |    | <b>2:06.23</b> | 583   | +0,73 |
|    | HORBACZ Marcin         | 51 | +0,73 | 32.37                | KRUK Marcin         | 43 | +0,31          | 32.76 |       |
|    | PIEŚLAK Roman          | 46 | +0,45 | 34.08                | WINIARCZYK Jarosław | 53 | +0,25          | 27.02 |       |
| 4. | Warsaw Masters Team 2  |    |       | Warsaw Masters Team  |                     |    | <b>2:06.37</b> | 581   | +0,76 |
|    | SKOŚKIEWICZ Rafał      | 59 | +0,76 | 34.98                | SZYMAŃSKI Marcin    | 44 | 0.00           | 30.01 |       |
|    | ROGOSZ Paweł           | 49 | +0,35 | 34.18                | IWANIUK Damian      | 38 | +0,49          | 27.20 |       |

Splash Meet Manager, 11.81803



Registered to Piotr Bujak

01.06.2025 12:55 - Strona 39

Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 19, Mężczyzn, 4 x 50m zmienny, KATEGORIA C

| Pozycja |                                |    |       |                                |                    | Czas           | Pkt.  | CR    |
|---------|--------------------------------|----|-------|--------------------------------|--------------------|----------------|-------|-------|
| 5.      | UKS Sparta Grodzisk Mazowiecki |    |       | UKS Sparta Grodzisk Mazowiecki |                    | <b>2:13.46</b> | 493   | +0,98 |
|         | PLICH Jarosław                 | 47 | +0,98 | 35.86                          | PŁOTNICKI Andrzej  | 43             | +0,18 | 37.09 |
|         | ZIELIŃSKI Karol                | 45 | -0,05 | 34.73                          | GŁOWA Michał       | 46             | +0,22 | 25.78 |
| 6.      | Stow. Pływ. SWIMMERS           |    |       | Stow. Pływ. SWIMMERS           |                    | <b>2:14.05</b> | 487   |       |
|         | LIS Hubert                     | 50 |       | 35.90                          | DRYNKOWSKI Łukasz  | 50             | +0,63 | 30.58 |
|         | LIS Roman                      | 46 | +0,39 | 39.60                          | TUSIŃSKI Mikołaj   | 42             | +0,34 | 27.97 |
| 7.      | KS Korona 1919 Kraków 1        |    |       | KS Korona 1919 Kraków          |                    | <b>2:15.92</b> | 467   |       |
|         | SZEWCZYK Maciej                | 29 |       | 34.61                          | ŚLUSARCZYK Bartosz | 40             | +0,20 | 28.16 |
|         | TOPORSKI Janusz                | 66 | +0,55 | 46.07                          | JANKOWSKI Jędrzej  | 31             | 0.00  | 27.08 |
| 8.      | MUKS Gilus Gilowice            |    |       | MUKS Gilus Gilowice            |                    | <b>2:16.59</b> | 460   | +0,84 |
|         | MENDYK Przemysław              | 33 | +0,84 | 36.91                          | FORMAS Sławomir    | 56             | +0,47 | 29.12 |
|         | BIALIŁK Grzegorz               | 37 | +0,20 | 39.06                          | WYSOCKI Karol      | 42             | +0,23 | 31.50 |
| 9.      | Fundacja JK TEAM               |    |       | Fundacja JK TEAM               |                    | <b>2:35.11</b> | 314   | +0,95 |
|         | BOLANOWSKI Bogdan              | 59 | +0,95 | 51.16                          | BUKOWSKI Marcin    | 44             | +0,29 | 30.19 |
|         | ZAJĄC Ryszard                  | 41 | -0,72 | 45.98                          | WOLAK Piotr        | 38             | +0,18 | 27.78 |

KATEGORIA D

|    |                       |    |       |                       |                     |                |       |       |
|----|-----------------------|----|-------|-----------------------|---------------------|----------------|-------|-------|
| 1. | Water Squad 2         |    |       | Water Squad           |                     | <b>2:02.88</b> | 733   | +0,75 |
|    | PIAŚCIŃSKI Daniel     | 49 | +0,75 | 32.22                 | KACZMAREK Marcin    | 48             | +0,25 | 25.71 |
|    | MATYSZEWSKI Grzegorz  | 54 | +0,09 | 37.58                 | SZUTER Bolesław     | 55             | +0,51 | 27.37 |
| 2. | SP Motyl Stalowa Wola |    |       | SP Motyl Stalowa Wola |                     | <b>2:10.51</b> | 612   | +0,97 |
|    | PAWŁOWSKI Krzysztof   | 48 | +0,97 | 35.10                 | BERWECKI Arkadiusz  | 52             | +0,49 | 29.34 |
|    | OPALIŃSKI Paweł       | 51 | +0,40 | 36.46                 | PRZYBYLSKI Adam     | 58             | +0,42 | 29.61 |
| 3. | Gdynia Masters        |    |       | Gdynia Masters        |                     | <b>2:27.41</b> | 425   | +0,78 |
|    | GORBACZOW Dariusz     | 67 | +0,78 | 38.99                 | WILKOWSKI Leszek    | 54             | +0,62 | 39.57 |
|    | GORBACZOW Jacek       | 38 | +0,37 | 39.78                 | GÓŹDŹ Maciej        | 49             | +0,23 | 29.07 |
| 4. | MUKS Zgierz 2         |    |       | MUKS Zgierz           |                     | <b>2:33.29</b> | 377   |       |
|    | DZIEDZICZAK Marek     | 48 |       | 42.20                 | MOROZOWSKI Wiktor   | 52             | +0,50 | 37.37 |
|    | SEJMICKI Stanisław    | 64 | +0,65 | 43.80                 | KUŚMIDER Przemysław | 36             | +0,23 | 29.92 |

KATEGORIA E

|    |                         |    |       |                       |                   |                |       |       |
|----|-------------------------|----|-------|-----------------------|-------------------|----------------|-------|-------|
| 1. | KS Korona 1919 Kraków 2 |    |       | KS Korona 1919 Kraków |                   | <b>2:22.83</b> | 556   | +0,78 |
|    | BARANIK Mariusz         | 56 | +0,78 | 34.56                 | PISZCZEK Waldemar | 63             | +0,30 | 31.28 |
|    | ŁYSIAK Piotr            | 52 | +0,02 | 39.78                 | SERAFIN Andrzej   | 73             | +0,92 | 37.21 |
| 2. | KS Warta Poznań 2       |    |       | KS Warta Poznań       |                   | <b>2:51.44</b> | 321   | +0,85 |
|    | BARTKOWIAK Roman        | 76 | +0,85 | 56.68                 | MONCZAK Piotr     | 58             | +0,48 | 31.69 |
|    | WARACZEWSKI Przemysław  | 63 | +0,54 | 42.97                 | KALETA Janusz     | 73             | +0,72 | 40.10 |

KATEGORIA F

|    |                     |    |       |                |                         |                |       |       |
|----|---------------------|----|-------|----------------|-------------------------|----------------|-------|-------|
| 1. | MUKS Zgierz 1       |    |       | MUKS Zgierz    |                         | <b>2:43.90</b> | 465   | +0,80 |
|    | JASIŃSKI Zdzisław   | 65 | +0,80 | 45.96          | PRZYTULSKI Włodzimierz  | 68             | +0,49 | 35.39 |
|    | WICZEL Roman        | 77 | +0,83 | 45.29          | WOJCIECHOWSKI Krzysztof | 76             | +0,68 | 37.26 |
| 2. | Weteran Zabrze      |    |       | Weteran Zabrze |                         | <b>3:08.47</b> | 306   | +0,73 |
|    | TWARDYSKO Stanisław | 69 | +0,73 | 45.53          | KORNICKI Wiesław        | 76             | +0,84 | 50.37 |
|    | FECICA Daniel       | 85 | +0,63 | 54.35          | KRZYSZTOFIK Krzysztof   | 50             | +0,53 | 38.22 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 19, Mężczyzn, 4 x 50m zmienny

|    |                   |       |                   |                |       |
|----|-------------------|-------|-------------------|----------------|-------|
| PK | Po transplantacji |       | Po transplantacji | <b>2:16.19</b> | +0,69 |
|    |                   | +0,69 | 32.73             | +0,48          | 31.52 |
|    |                   | +0,51 | 41.90             | +0,34          | 30.04 |

Konkurencja 20  
31.05.2025 - 15:00

Kobiet, 100m klasyczny

20 - 94 lat  
Wyniki

|                    |         |                      |                 |            |
|--------------------|---------|----------------------|-----------------|------------|
| RP Masters 85 - 89 | 3:35.02 | NOETZEL Stefania     | Olsztyn         | 11.06.2022 |
| RP Masters 80 - 84 | 2:18.04 | FECICA Krystyna      | Belgrad         | 29.06.2024 |
| RP Masters 75 - 79 | 1:56.18 | FECICA Krystyna      | Poznań          | 23.06.2018 |
| RP Masters 70 - 74 | 1:50.35 | FECICA Krystyna      | Szczecin        | 28.06.2015 |
| RP Masters 65 - 69 | 1:47.12 | BUCZKOWSKA Maria     | Gliwice         | 17.06.2011 |
| RP Masters 60 - 64 | 1:34.26 | DRELA Grażyna        | Warszawa        | 17.06.2017 |
| RP Masters 55 - 59 | 1:28.74 | STĘPIEŃ Ewa          | Budapeszt (HUN) | 15.08.2017 |
| RP Masters 50 - 54 | 1:25.89 | KULIŚ Mariola        | Gliwice         | 12.06.2016 |
| RP Masters 45 - 49 | 1:24.41 | SULEWSKA Beata       | Budapeszt (HUN) | 15.08.2017 |
| RP Masters 40 - 44 | 1:24.17 | SULEWSKA Beata       | Gliwice         | 12.06.2016 |
| RP Masters 35 - 39 | 1:21.31 | GOŁĘBIEWSKA Joanna   | Warszawa        | 02.12.2018 |
| RP Masters 30 - 34 | 1:16.20 | BYSTRZYCKA Agnieszka | Gliwice         | 17.06.2011 |
| RP Masters 25 - 29 | 1:13.80 | WIŚNIEWSKA Natalia   | Lublin          | 15.06.2024 |

Punkt: AQUA Master 2025

| Pozycja                     | Wiek |                            | Czas           | Pkt. | CR    | 50m     | 100m    |
|-----------------------------|------|----------------------------|----------------|------|-------|---------|---------|
| <b>KATEGORIA MŁ</b>         |      |                            |                |      |       |         |         |
| 1. MARKUNAS Julia           | 24   | MKP Szczecin               | <b>1:24.14</b> | 589  | +0,85 | 38.78   | 45.36   |
| 2. DECHNIK Anna             | 24   | Niezrzeszony               | <b>1:25.83</b> | 555  | +0,81 | 41.13   | 44.70   |
| <b>KATEGORIA A</b>          |      |                            |                |      |       |         |         |
| 1. WIŚNIEWSKA Natalia       | 28   | KS Warta Poznań            | <b>1:13.81</b> | 873  | +0,79 | 34.61   | 39.20   |
| 2. SZYSZKOWSKA Karolina     | 29   | Water Squad                | <b>1:15.84</b> | 805  | +0,78 | 35.97   | 39.87   |
| <b>KATEGORIA B</b>          |      |                            |                |      |       |         |         |
| 1. ĆWIK Katarzyna           | 33   | MUKS Zgierz                | <b>1:34.74</b> | 405  | +0,72 | 44.43   | 50.31   |
| 2. WEJNEROWSKA Klaudia      | 32   | Koszalińskie TKKF          | <b>1:35.97</b> | 389  | +0,85 | 44.23   | 51.74   |
| 3. WOJNICKA Joanna          | 31   | MUKS HURAGAN Koło          | <b>1:54.66</b> | 228  | +0,83 | 53.89   | 1:00.77 |
| <b>KATEGORIA C</b>          |      |                            |                |      |       |         |         |
| 1. MAZUREK-ŚWISTAK Karolina | 36   | Fala Masters Kraśnik       | <b>1:23.04</b> | 611  | +0,84 | 39.87   | 43.17   |
| 2. KĘDZIERSKA Magdalena     | 38   | Masters Avia Świdnik       | <b>1:30.68</b> | 469  | +0,83 | 42.50   | 48.18   |
| 3. JANAS Karolina           | 35   | Koszalińskie TKKF          | <b>1:40.14</b> | 348  | +0,98 | 46.23   | 53.91   |
| 4. MARDZIEL Aleksandra      | 38   | Koszalińskie TKKF          | <b>1:40.45</b> | 345  | +0,85 | 46.78   | 53.67   |
| 5. KOENIG Agnieszka         | 38   | UKS Wodnik 29 Katowice     | <b>2:19.99</b> | 127  |       | 1:08.44 | 1:11.55 |
| <b>KATEGORIA D</b>          |      |                            |                |      |       |         |         |
| 1. SIKORA Sabina            | 41   | UKS Jasień Sucha Beskidzka | <b>1:25.44</b> | 605  | +0,78 | 40.52   | 44.92   |
| 2. PODGÓRSKA-GDAŃSKA K.     | 42   | 5Styl Warszawa             | <b>1:34.34</b> | 449  | +0,80 | 42.63   | 51.71   |
| 3. GŁOWACKA Marta           | 40   | 5Styl Warszawa             | <b>1:37.00</b> | 413  | +0,80 | 43.75   | 53.25   |
| 4. TARKOWSKA Iwona          | 43   | Swim Team Lubartów         | <b>1:39.11</b> | 388  | +0,82 | 46.64   | 52.47   |
| 5. DARGAS-MISZCZAK Monika   | 44   | Warsaw Masters Team        | <b>1:43.00</b> | 345  | +0,78 | 47.76   | 55.24   |
| 6. GRYCZ Urszula            | 40   | Ursynów Masters            | <b>1:44.05</b> | 335  |       | 48.64   | 55.41   |
| 7. FIGIEL Magda             | 44   | Fundacja Palestra Pływania | <b>2:05.03</b> | 193  | +0,92 | 59.50   | 1:05.53 |
| 8. WIŚNIEWSKA Katarzyna     | 44   | MUKS Zgierz                | <b>2:14.48</b> | 155  |       | 1:03.79 | 1:10.69 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 20, Kobiet, 100m klasyczny

KATEGORIA E

|    |                         |    |                                |                |     |       |       |       |
|----|-------------------------|----|--------------------------------|----------------|-----|-------|-------|-------|
| 1. | KAŃSKA-PAPIERNIK Joanna | 49 | MUKS Zgierz                    | <b>1:32.75</b> | 474 | +0,84 | 43.90 | 48.85 |
| 2. | ŁUKASIUŁ Ewa            | 45 | Stow. Pływ. Sebastiana Karasia | <b>1:36.61</b> | 419 | +0,68 | 44.40 | 52.21 |
| 3. | DUSZAK Dominika         | 47 | GKP 7 Zdrój Trzebnica          | <b>1:40.04</b> | 378 | +0,81 | 47.19 | 52.85 |
| 4. | JAROSZ Izabela          | 49 | MUKS Gilus Gilowice            | <b>1:40.11</b> | 377 | +0,92 | 47.53 | 52.58 |
| 5. | MARZENOWSKA Karolina    | 46 | Masters Avia Świdnik           | <b>1:40.64</b> | 371 | +0,70 | 47.65 | 52.99 |
| 6. | BARAŃSKA Justyna        | 48 | MUKS Zgierz                    | <b>1:43.31</b> | 343 | +0,84 | 48.06 | 55.25 |

KATEGORIA F

|    |                          |    |                    |                |     |       |       |       |
|----|--------------------------|----|--------------------|----------------|-----|-------|-------|-------|
| 1. | SULEWSKA Beata           | 53 | Weteran Zabrze     | <b>1:28.21</b> | 625 | +0,89 | 42.15 | 46.06 |
| 2. | RYBAK-STARCZAK Agnieszka | 50 | UKS Cityzen Poznań | <b>1:33.42</b> | 526 |       | 44.36 | 49.06 |
| 3. | BALAJCZA Timea           | 54 | Water Squad        | <b>1:34.65</b> | 506 | +0,85 | 44.92 | 49.73 |
| 4. | KABAT-KOPERSKA Joanna    | 52 | SMT Szczecin       | <b>1:48.96</b> | 331 | +0,95 | 51.88 | 57.08 |

KATEGORIA G

|    |               |    |                       |                |     |       |         |         |
|----|---------------|----|-----------------------|----------------|-----|-------|---------|---------|
| 1. | KULIŚ Mariola | 59 | KS Korona 1919 Kraków | <b>1:33.32</b> | 627 | +0,79 | 42.91   | 50.41   |
| 2. | PETECKA Maria | 58 | SP Motyl Stalowa Wola | <b>1:48.02</b> | 404 | +0,88 | 51.28   | 56.74   |
| 3. | AYOMO Bożena  | 59 | Water Squad           | <b>1:51.09</b> | 372 | +0,89 | 50.55   | 1:00.54 |
| 4. | SEKUŁA Joanna | 56 | Masters Avia Świdnik  | <b>2:23.58</b> | 172 | +0,96 | 1:06.39 | 1:17.19 |

KATEGORIA H

|    |                         |    |              |                |     |       |       |       |
|----|-------------------------|----|--------------|----------------|-----|-------|-------|-------|
| 1. | DAMLJANOVIC-WACŁAWIK I. | 60 | SMT Szczecin | <b>1:43.28</b> | 515 | +0,78 | 48.32 | 54.96 |
|----|-------------------------|----|--------------|----------------|-----|-------|-------|-------|

KATEGORIA I

|    |                              |    |                      |                |     |       |         |         |
|----|------------------------------|----|----------------------|----------------|-----|-------|---------|---------|
| 1. | SKIBA Eliza                  | 65 | Masters Avia Świdnik | <b>1:45.20</b> | 588 | +0,94 | 50.35   | 54.85   |
|    | <i>Rekord Polski Masters</i> |    |                      |                |     |       |         |         |
| 2. | DĄBROWSKA Zofia              | 67 | Weteran Zabrze       | <b>2:14.34</b> | 282 |       | 1:04.26 | 1:10.08 |

KATEGORIA J

|    |                   |    |                       |                |     |       |         |         |
|----|-------------------|----|-----------------------|----------------|-----|-------|---------|---------|
| 1. | HEISLER Grażyna   | 74 | Gdynia Masters        | <b>2:26.00</b> | 283 | +0,98 | 1:04.97 | 1:21.03 |
| 2. | SEROŻYŃSKA Lucyna | 70 | Toruń Multisport Team | <b>2:35.57</b> | 234 |       | 1:09.29 | 1:26.28 |

KATEGORIA L

|    |                              |    |                |                |     |  |         |         |
|----|------------------------------|----|----------------|----------------|-----|--|---------|---------|
| 1. | FECICA Krystyna              | 82 | Weteran Zabrze | <b>2:14.93</b> | 456 |  | 1:05.07 | 1:09.86 |
|    | <i>Rekord Polski Masters</i> |    |                |                |     |  |         |         |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 21  
31.05.2025 - 15:15

Mężczyzn, 100m klasyczny

20 - 94 lat  
Wyniki

|                    |         |                      |                |            |
|--------------------|---------|----------------------|----------------|------------|
| RP Masters 85 - 89 | 2:01.29 | FECICA Daniel        | Lublin         | 31.05.2025 |
| RP Masters 80 - 84 | 1:48.92 | CIUNDZIEWICKI Bogdan | Olsztyn        | 28.06.2014 |
| RP Masters 75 - 79 | 1:39.75 | WICZEL Roman         | Belgrad        | 28.06.2024 |
| RP Masters 70 - 74 | 1:29.97 | KLUKOWSKI Józef      | London (GBR)   | 27.05.2016 |
| RP Masters 65 - 69 | 1:23.78 | KLUKOWSKI Józef      | Montreal (CAN) | 04.08.2014 |
| RP Masters 60 - 64 | 1:20.53 | KLUKOWSKI Józef      | Perth (AUS)    | 19.04.2008 |
| RP Masters 55 - 59 | 1:08.93 | FORMAS Sławomir      | Belgrad        | 28.06.2024 |
| RP Masters 50 - 54 | 1:09.67 | FORMAS Sławomir      | Warszawa       | 03.06.2023 |
| RP Masters 45 - 49 | 1:11.04 | FORMAS Sławomir      | Poznań         | 23.06.2018 |
| RP Masters 40 - 44 | 1:07.38 | SZYMKOWIAK Marcin    | Poznań         | 26.06.2021 |
| RP Masters 35 - 39 | 1:07.57 | SZYMKOWIAK Marcin    | Gliwice        | 01.06.2019 |
| RP Masters 30 - 34 | 1:05.23 | SAFRONCZYK Piotr     | Gliwice        | 01.06.2019 |
| RP Masters 25 - 29 | 1:06.05 | WINOGRÓDZKI Mariusz  | Olsztyn        | 28.06.2014 |

Punkty: AQUA Master 2025

| Pozycja | Wiek | Czas | Pkt. | CR | 50m | 100m |
|---------|------|------|------|----|-----|------|
|---------|------|------|------|----|-----|------|

## KATEGORIA MŁ

|    |               |    |              |         |     |       |       |       |
|----|---------------|----|--------------|---------|-----|-------|-------|-------|
| 1. | CHŁAD Bartosz | 24 | Niezrzeszony | 1:27.16 | 332 | +0,84 | 40.95 | 46.21 |
|----|---------------|----|--------------|---------|-----|-------|-------|-------|

## KATEGORIA A

|    |                                                   |    |                         |                |     |       |       |       |
|----|---------------------------------------------------|----|-------------------------|----------------|-----|-------|-------|-------|
| 1. | KOSOWICZ Wojciech<br><i>Rekord Polski Masters</i> | 28 | Warsaw Masters Team     | <b>1:05.95</b> | 767 | +0,65 | 29.77 | 36.18 |
| 2. | LIS Patryk                                        | 27 | Masters Avia Świdnik    | <b>1:11.86</b> | 593 | +0,78 | 33.27 | 38.59 |
| 3. | SZEWczyk Maciej                                   | 29 | KS Korona 1919 Kraków   | <b>1:20.57</b> | 421 | +0,66 | 34.29 | 46.28 |
| 4. | ŻRÓDLAK Patryk                                    | 28 | Fundacja Power Swimming | <b>1:26.42</b> | 341 | +0,78 | 39.01 | 47.41 |

## KATEGORIA B

|    |                       |    |                        |                |     |       |       |       |
|----|-----------------------|----|------------------------|----------------|-----|-------|-------|-------|
| 1. | GALON Michał          | 30 | 5Styl Warszawa         | <b>1:07.02</b> | 747 | +0,72 | 31.87 | 35.15 |
| 2. | BARNASIUK Michał      | 33 | 5Styl Warszawa         | <b>1:10.68</b> | 637 | +0,72 | 32.11 | 38.57 |
| 3. | WEISS Aleksander      | 31 | TRI Starogard Gdański  | <b>1:11.82</b> | 607 | +0,80 | 31.96 | 39.86 |
| 4. | KASZYCA Jakub         | 30 | SMT Szczecin           | <b>1:13.32</b> | 571 | +0,74 | 33.11 | 40.21 |
| 5. | CHOWANIEC Mateusz     | 30 | UKS Trójka Częstochowa | <b>1:15.41</b> | 524 | +0,76 | 35.06 | 40.35 |
| 6. | KAMIŃSKI Patryk       | 30 | Niezrzeszony           | <b>1:20.48</b> | 431 | +0,71 | 36.35 | 44.13 |
| 7. | MIKOŁAJKÓW Aleksander | 33 | Warsaw Masters Team    | <b>1:22.59</b> | 399 | +0,89 | 37.90 | 44.69 |
| 8. | MENDYK Przemysław     | 33 | MUKS Gilus Gilowice    | <b>1:24.17</b> | 377 | +0,88 | 38.06 | 46.11 |
| 9. | KUREK Mateusz         | 31 | UKS Trójka Częstochowa | <b>1:25.37</b> | 361 | +0,68 | 39.21 | 46.16 |

## KATEGORIA C

|    |                 |    |                      |                |     |       |       |       |
|----|-----------------|----|----------------------|----------------|-----|-------|-------|-------|
| 1. | PIK Paweł       | 37 | Masters Avia Świdnik | <b>1:11.50</b> | 651 | +0,79 | 31.72 | 39.78 |
| 2. | MAKOLSKI Tomasz | 35 | 5Styl Warszawa       | <b>1:22.16</b> | 429 | +0,76 | 38.02 | 44.14 |
| 3. | PIETRZAK Adam   | 37 | Masters Avia Świdnik | <b>1:24.87</b> | 389 | +0,81 | 38.78 | 46.09 |
| 4. | BIALIK Grzegorz | 37 | MUKS Gilus Gilowice  | <b>1:27.98</b> | 349 | +0,77 | 41.48 | 46.50 |

## KATEGORIA D

|    |                   |    |                                |                |     |       |       |       |
|----|-------------------|----|--------------------------------|----------------|-----|-------|-------|-------|
| 1. | PORADA Tomasz     | 42 | Warsaw Masters Team            | <b>1:16.15</b> | 582 | +0,73 | 35.58 | 40.57 |
| 2. | SKORULSKI Jacek   | 42 | Niezrzeszony                   | <b>1:18.78</b> | 526 | +0,95 | 37.28 | 41.50 |
| 3. | WYSOCKI Karol     | 42 | MUKS Gilus Gilowice            | <b>1:25.97</b> | 404 | +0,77 | 39.85 | 46.12 |
| 4. | KIERES Michał     | 41 | Stow. Plyw. Masters Olsztyn    | <b>1:26.35</b> | 399 | +0,81 | 39.53 | 46.82 |
| 5. | PŁOTNICKI Andrzej | 43 | UKS Sparta Grodzisk Mazowiecki | <b>1:32.25</b> | 327 | +0,89 | 41.44 | 50.81 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 21, Mężczyzn, 100m klasyczny

KATEGORIA E

|    |                 |    |                                |                |     |       |       |       |
|----|-----------------|----|--------------------------------|----------------|-----|-------|-------|-------|
| 1. | PIEŚLAK Roman   | 46 | Koszalińskie TKKF              | <b>1:18.10</b> | 570 | +0,75 | 36.47 | 41.63 |
| 2. | ZIELIŃSKI Karol | 45 | UKS Sparta Grodzisk Mazowiecki | <b>1:21.17</b> | 508 | +0,88 | 37.45 | 43.72 |
| 3. | WILMOWICZ Adam  | 46 | Koszalińskie TKKF              | <b>1:24.99</b> | 442 | +0,81 | 40.55 | 44.44 |
| 4. | BIELSKI Dymitr  | 48 | Warsaw Masters Team            | <b>1:25.11</b> | 440 | +0,94 | 40.34 | 44.77 |
| 5. | LIS Roman       | 46 | Stow. Pływ. SWIMMERS           | <b>1:31.29</b> | 357 | +0,86 | 42.78 | 48.51 |
| 6. | ORSZULAK Maciej | 47 | UKS Peyomi Tarnów              | <b>1:36.24</b> | 304 | +0,89 | 45.57 | 50.67 |
| 7. | GAJDA Tomasz    | 47 | MUKS Zgierz                    | <b>1:37.94</b> | 289 | +0,84 | 47.90 | 50.04 |

KATEGORIA F

|    |                      |    |                               |                |     |       |       |       |
|----|----------------------|----|-------------------------------|----------------|-----|-------|-------|-------|
| 1. | ŚLĘCZKA Krzysztof    | 51 | UKS Delfin Masters Tarnobrzeg | <b>1:18.08</b> | 607 | +0,81 | 36.00 | 42.08 |
| 2. | OPALIŃSKI Paweł      | 51 | SP Motyl Stalowa Wola         | <b>1:21.88</b> | 526 | +0,85 | 37.82 | 44.06 |
| 3. | MATYSZEWSKI Grzegorz | 54 | Water Squad                   | <b>1:26.87</b> | 440 | +0,66 | 40.16 | 46.71 |
| 4. | ŁYSIAK Piotr         | 52 | KS Korona 1919 Kraków         | <b>1:28.12</b> | 422 | +0,99 | 42.00 | 46.12 |
| 5. | WÓJCICKI Rafał       | 50 | MASTERS Lublin                | <b>1:33.10</b> | 358 | +0,82 | 44.23 | 48.87 |
| 6. | MAMROT Artur         | 53 | Koszalińskie TKKF             | <b>1:36.97</b> | 317 | +0,85 | 43.56 | 53.41 |

KATEGORIA G

|    |                     |    |                             |                |     |       |       |       |
|----|---------------------|----|-----------------------------|----------------|-----|-------|-------|-------|
| 1. | FORMAS Sławomir     | 56 | MUKS Gilus Gilowice         | <b>1:11.03</b> | 863 | +0,79 | 33.29 | 37.74 |
| 2. | RUDZIŃSKI Michał    | 59 | MUKS Zgierz                 | <b>1:40.13</b> | 308 | +0,98 | 46.81 | 53.32 |
| 3. | LEWANDOWSKI Andrzej | 57 | Fundacja Palestra Pływania  | <b>1:41.10</b> | 299 | +0,90 | 46.20 | 54.90 |
| 4. | HARENDĄ Andrzej     | 57 | Niezzreszony Piła           | <b>1:41.62</b> | 295 |       | 46.32 | 55.30 |
| 5. | GOZDAN Dariusz      | 57 | Stow. Pływ. Masters Olsztyn | <b>1:43.44</b> | 279 | +0,93 | 48.48 | 54.96 |

KATEGORIA H

|    |                        |    |                       |                |     |       |       |       |
|----|------------------------|----|-----------------------|----------------|-----|-------|-------|-------|
| 1. | BIAŁY Michał           | 63 | 5Styl Warszawa        | <b>1:26.73</b> | 516 | +0,91 | 41.23 | 45.50 |
| 2. | WARACZEWSKI Przemysław | 63 | KS Warta Poznań       | <b>1:32.93</b> | 419 | +0,88 | 45.07 | 47.86 |
| 3. | SEJMICKI Stanisław     | 64 | MUKS Zgierz           | <b>1:38.85</b> | 348 |       |       |       |
| 4. | SKRZYPCZAK Marek       | 62 | KS KSZO Ostrowiec Św. | <b>1:41.10</b> | 325 |       | 46.44 | 54.66 |
| 5. | WIERZCHOŃ Aleksy       | 63 | Koszalińskie TKKF     | <b>1:41.61</b> | 320 |       | 48.53 | 53.08 |

KATEGORIA I

|    |                     |    |                                |                |     |       |       |         |
|----|---------------------|----|--------------------------------|----------------|-----|-------|-------|---------|
| 1. | MROZIŃSKI Jerzy     | 66 | UKS Wodnik 29 Katowice         | <b>1:27.49</b> | 624 | +0,82 | 39.53 | 47.96   |
| 2. | TOPORSKI Janusz     | 66 | KS Korona 1919 Kraków          | <b>1:42.76</b> | 385 | +0,84 | 49.63 | 53.13   |
| 3. | JASIŃSKI Zdzisław   | 65 | MUKS Zgierz                    | <b>1:48.00</b> | 331 | +0,84 | 49.29 | 58.71   |
| 4. | PRZENIOSŁO Grzegorz | 65 | UKS Sparta Grodzisk Mazowiecki | <b>1:52.86</b> | 290 |       | 51.69 | 1:01.17 |

KATEGORIA J

|    |               |    |                       |                |     |       |       |         |
|----|---------------|----|-----------------------|----------------|-----|-------|-------|---------|
| 1. | NOWAK Michał  | 73 | Warsaw Masters Team   | <b>1:35.48</b> | 541 | +0,92 | 45.57 | 49.91   |
| 2. | KALETA Janusz | 73 | KS Warta Poznań       | <b>1:45.84</b> | 397 |       | 50.49 | 55.35   |
| 3. | VALLEMAA Ossi | 71 | Meisterjumise U-Klubi | <b>1:46.05</b> | 394 | +0,75 | 49.11 | 56.94   |
| 4. | LASOWY Marian | 70 | Koszalińskie TKKF     | <b>2:09.26</b> | 218 |       | 59.69 | 1:09.57 |

KATEGORIA K

|    |                         |    |                       |                |     |       |         |         |
|----|-------------------------|----|-----------------------|----------------|-----|-------|---------|---------|
| 1. | WICZEL Roman            | 77 | MUKS Zgierz           | <b>1:43.15</b> | 609 |       | 48.28   | 54.87   |
| 2. | WOJCIECHOWSKI Krzysztof | 76 | MUKS Zgierz           | <b>1:48.96</b> | 517 |       | 51.26   | 57.70   |
| 3. | ZIENTARA Henryk         | 79 | Toruń Multisport Team | <b>2:16.67</b> | 262 | +0,92 | 1:01.88 | 1:14.79 |

KATEGORIA M

|    |                              |    |                |                |     |       |         |         |
|----|------------------------------|----|----------------|----------------|-----|-------|---------|---------|
| 1. | FECICA Daniel                | 85 | Weteran Zabrze | <b>1:59.70</b> | 586 | +0,99 | 56.08   | 1:03.62 |
|    | <i>Rekord Polski Masters</i> |    |                |                |     |       |         |         |
| 2. | SKWARŁO Andrzej              | 86 | Gdynia Masters | <b>2:43.96</b> | 228 | +0,92 | 1:14.47 | 1:29.49 |





Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 22, Kobiet, 50m motylkowy

KATEGORIA E

|                           |    |                            |                |     |       |
|---------------------------|----|----------------------------|----------------|-----|-------|
| 1. IWANIUK MRÓZ Magdalena | 46 | Iswim Białystok            | <b>33.22</b>   | 624 | +0,81 |
| 2. KOWALCZYK Izabela      | 49 | SMT Szczecin               | <b>36.29</b>   | 479 | +0,92 |
| 3. BUTKIEWICZ Magdalena   | 45 | KS Mako                    | <b>36.91</b>   | 455 | +0,87 |
| 4. LUŻNIAKOWSKA Dagmara   | 45 | MUKS Zgierz                | <b>41.14</b>   | 328 | +0,92 |
| 5. CYGAŃSKA Monika        | 46 | Fundacja Palestra Pływania | <b>1:01.61</b> | 97  | +0,87 |

KATEGORIA F

|                         |    |                     |              |     |       |
|-------------------------|----|---------------------|--------------|-----|-------|
| 1. ŚCIBIOREK Małgorzata | 54 | MUKS Zgierz         | <b>33.92</b> | 630 | +0,70 |
| 2. WOŹNIAK Dorota       | 52 | Masters Zdieszowice | <b>37.58</b> | 463 | +0,90 |

KATEGORIA G

|                              |    |                       |              |     |       |
|------------------------------|----|-----------------------|--------------|-----|-------|
| 1. WYPYCH-STASZEWSKA Izabela | 55 | MUKS Zgierz           | <b>39.97</b> | 438 | +0,76 |
| 2. PETECKA Maria             | 58 | SP Motyl Stalowa Wola | <b>46.29</b> | 282 | +0,94 |
| 3. ŁUBIŃSKA Anna             | 57 | Masters Avia Świdnik  | <b>47.91</b> | 254 | +0,89 |

KATEGORIA H

|                               |    |                 |              |     |       |
|-------------------------------|----|-----------------|--------------|-----|-------|
| 1. MRÓZ Urszula               | 63 | MUKS Zgierz     | <b>38.08</b> | 484 | +0,91 |
| 2. DAMLJANOVIC-WACŁAWIK Iwona | 60 | SMT Szczecin    | <b>39.80</b> | 423 | +0,80 |
| 3. TARASIEWICZ Małgorzata     | 62 | Iswim Białystok | <b>51.73</b> | 193 | +0,87 |
| 4. ŁATKOWSKA Ewa              | 60 | 5Styl Warszawa  | <b>54.73</b> | 163 | +0,85 |

KATEGORIA I

|                    |    |                         |                |     |       |
|--------------------|----|-------------------------|----------------|-----|-------|
| 1. DĄBROWSKA Zofia | 67 | Weteran Zabrze          | <b>1:05.51</b> | 120 | +0,92 |
| 2. RUPP Ewa        | 69 | IKS Druga Strona Sportu | <b>1:27.67</b> | 50  |       |

KATEGORIA J

|                                   |    |                         |                |     |       |
|-----------------------------------|----|-------------------------|----------------|-----|-------|
| 1. ŁASIŃSKA-BŁACHOWICZ Małgorzata | 71 | UKS Cityzen Poznań      | <b>1:06.64</b> | 137 |       |
| 2. ŁABUZ Ewa                      | 70 | Swim Club Masters Ślęza | <b>1:12.09</b> | 108 | +0,64 |

KATEGORIA L

|                    |    |                |              |     |       |
|--------------------|----|----------------|--------------|-----|-------|
| 1. FECICA Krystyna | 82 | Weteran Zabrze | <b>59.95</b> | 363 | +0,98 |
|--------------------|----|----------------|--------------|-----|-------|



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

| Konkurencja 23     | Mężczyzn, 50m motylkowy |                        |               | 20 - 94 lat |
|--------------------|-------------------------|------------------------|---------------|-------------|
| 31.05.2025 - 15:44 |                         |                        |               | Wyniki      |
| RP Masters 85 - 89 | 1:03.73                 | KROKOSZYŃSKI Stanisław | Szczecin      | 26.06.2015  |
| RP Masters 80 - 84 | 52.09                   | KROKOSZYŃSKI Stanisław | Warszawa      | 26.05.2012  |
| RP Masters 75 - 79 | 41.71                   | KORNICKI Wiesław       | Lublin        | 15.06.2024  |
| RP Masters 70 - 74 | 35.10                   | BASTEK Ewald           | Poznań        | 21.06.2009  |
| RP Masters 65 - 69 | 31.76                   | GORBACZOW Dariusz      | Lublin        | 15.06.2024  |
| RP Masters 60 - 64 | 31.12                   | ŻMIEJKO Wojciech       | Warszawa      | 03.06.2023  |
| RP Masters 55 - 59 | 29.05                   | BARANIK Mariusz        | Lublin        | 15.06.2024  |
| RP Masters 50 - 54 | 28.10                   | BIELICZ Leonard        | Majorka (ESP) | 06.07.2001  |
| RP Masters 45 - 49 | 25.74                   | KACZMAREK Marcin       | Warszawa      | 03.12.2022  |
| RP Masters 40 - 44 | 25.72                   | KACZMAREK Marcin       | Warszawa      | 02.12.2018  |
| RP Masters 35 - 39 | 24.41                   | KORZENIOWSKI Paweł     | Olsztyn       | 11.06.2022  |
| RP Masters 30 - 34 | 23.73                   | CZERNIAK Konrad        | Warszawa      | 02.12.2023  |
| RP Masters 25 - 29 | 24.82                   | SOKULSKI Jacek         | Gwangju       | 14.08.2019  |

Punkty: AQUA Master 2025

| Pozycja      |                    | Wiek |                                | Czas  | Pkt. | CR    |
|--------------|--------------------|------|--------------------------------|-------|------|-------|
| KATEGORIA MŁ |                    |      |                                |       |      |       |
| 1.           | KAŁEK Bartosz      | 21   | KU AZS UAM Poznań              | 29.56 | 516  | +0,63 |
| KATEGORIA A  |                    |      |                                |       |      |       |
| 1.           | CIĘŻKOWSKI Dominik | 29   | Water Squad                    | 26.51 | 715  | +0,71 |
| 2.           | OLBORSKI Krzysztof | 28   | Water Squad                    | 26.81 | 691  | +0,69 |
| 3.           | ĆWIKLIŃSKI Mateusz | 27   | Water Squad                    | 27.17 | 664  | +0,72 |
| 4.           | LIS Patryk         | 27   | Masters Avia Świdnik           | 27.18 | 663  | +0,73 |
| 5.           | GRYGLEWICZ Juliusz | 27   | Niezrzeszony                   | 29.81 | 503  | +0,82 |
| KATEGORIA B  |                    |      |                                |       |      |       |
| 1.           | CIEŚLAK Marcin     | 33   | 5Styl Warszawa                 | 25.14 | 781  | +0,68 |
| 2.           | SOKULSKI Jacek     | 34   | Fundacja Power Swimming        | 26.32 | 681  | +0,69 |
| 3.           | GAJDA Maciej       | 30   | MKP Wodnik 29 Tychy            | 26.66 | 655  | +0,68 |
| 4.           | KIELIN Łukasz      | 31   | 5Styl Warszawa                 | 26.89 | 638  | +0,72 |
| 5.           | WITT Piotr         | 34   | KS Warta Poznań                | 27.11 | 623  | +0,71 |
| 6.           | JASNOS Adam        | 34   | TP Zielona Góra                | 27.49 | 597  | +0,80 |
| 7.           | KEMPIAK Amadeusz   | 31   | Niezrzeszony                   | 27.86 | 574  | +0,68 |
| 8.           | WEISS Aleksander   | 31   | TRI Starogard Gdański          | 28.49 | 537  | +0,76 |
| KATEGORIA C  |                    |      |                                |       |      |       |
| 1.           | SZWIEC Szymon      | 39   | UKS Peyomi Tarnów              | 26.99 | 705  | +0,70 |
| 2.           | RĘBAS Igor         | 36   | Water Squad                    | 27.68 | 654  | +0,73 |
| 3.           | ZIELONKA Rafał     | 39   | Masters Avia Świdnik           | 29.29 | 552  | +0,73 |
| 4.           | WOLAK Piotr        | 38   | Fundacja JK TEAM               | 30.27 | 500  | +0,72 |
| 5.           | DAWIDEK Łukasz     | 39   | MASTERS Lublin                 | 30.98 | 466  | +0,79 |
| 6.           | SIWKA Sebastian    | 36   | Niezrzeszony                   | 31.07 | 462  | +0,85 |
| 7.           | BOCHNIA Piotr      | 36   | Fundacja Palestra Pływania     | 31.25 | 454  | +0,79 |
| 8.           | GORBACZOW Jacek    | 38   | Gdynia Masters                 | 35.11 | 320  | +0,72 |
| 9.           | KAIM Ignacy        | 36   | Stow. Pływ. Sebastiana Karasia | 37.15 | 270  | +0,71 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 23, Mężczyzn, 50m motylkowy

KATEGORIA D

|     |                              |    |                                |              |     |       |
|-----|------------------------------|----|--------------------------------|--------------|-----|-------|
| 1.  | KORZENIOWSKI Paweł           | 40 | 5Styl Warszawa                 | <b>24.51</b> | 906 | +0,72 |
|     | <i>Rekord Polski Masters</i> |    |                                |              |     |       |
| 2.  | TYSZKOWSKI Sebastian         | 42 | UKS KORAL Wrocław              | <b>26.61</b> | 708 | +0,71 |
| 3.  | SERAFIN Sebastian            | 44 | Niezrzeszony Lublin            | <b>28.04</b> | 605 | +0,75 |
| 4.  | ŚLUSARCZYK Bartosz           | 40 | KS Korona 1919 Kraków          | <b>28.34</b> | 586 | +0,68 |
| 5.  | SZYMAŃSKI Marcin             | 44 | Warsaw Masters Team            | <b>30.62</b> | 464 | +0,82 |
| 6.  | BUKOWSKI Marcin              | 44 | Fundacja JK TEAM               | <b>30.64</b> | 463 | +0,69 |
| 7.  | KRUK Marcin                  | 43 | Koszalińskie TKKF              | <b>32.58</b> | 385 | +0,79 |
| 8.  | ZIMKOWSKI Dawid              | 44 | Weteran Zabrze                 | <b>32.72</b> | 380 | +0,86 |
| 9.  | KOTULSKI Michał              | 44 | MUKS Zgierz                    | <b>32.78</b> | 378 | +0,81 |
| 10. | JANKOWSKI Tobiasz            | 42 | Niezrzeszony                   | <b>32.88</b> | 375 | +0,76 |
| 11. | SANECKI Wojtek               | 44 | 5Styl Warszawa                 | <b>33.16</b> | 366 | +0,83 |
| 12. | KACZMAREK Bartosz            | 42 | KU AZS UAM Poznań              | <b>33.49</b> | 355 | +0,75 |
| 13. | GRABKOWSKI Michał            | 44 | Stow. Pływ. Sebastiana Karasia | <b>35.60</b> | 295 | +0,81 |
| 14. | JĘDRAŚ Łukasz                | 42 | KS Mako                        | <b>36.55</b> | 273 | +0,78 |
| 15. | ZAJĄC Ryszard                | 41 | Fundacja JK TEAM               | <b>37.53</b> | 252 | +0,73 |
| 16. | RUTKOWSKI Daniel             | 41 | 5Styl Warszawa                 | <b>45.12</b> | 145 | +0,87 |

KATEGORIA E

|     |                   |    |                     |              |     |       |
|-----|-------------------|----|---------------------|--------------|-----|-------|
| 1.  | KACZMAREK Marcin  | 48 | Water Squad         | <b>26.16</b> | 868 | +0,76 |
| 2.  | RYBAK Tomasz      | 45 | KS Warta Poznań     | <b>28.63</b> | 662 | +0,89 |
| 3.  | OLEJARCZYK Igor   | 46 | Masters Łódź        | <b>29.38</b> | 613 | +0,77 |
| 4.  | FRĄCKOWIAK Artur  | 47 | Masters Łódź        | <b>29.72</b> | 592 | +0,70 |
| 5.  | OSTROWSKI Bartosz | 48 | Warsaw Masters Team | <b>30.67</b> | 539 | +0,75 |
| 6.  | DYCZEK Mariusz    | 46 | Masters Zdzeszowice | <b>34.16</b> | 390 | +0,87 |
| 7.  | GÓŹDŹ Maciej      | 49 | Gdynia Masters      | <b>34.40</b> | 381 | +0,93 |
| 8.  | FINDEL Paul       | 48 | 5Styl Warszawa      | <b>34.52</b> | 378 | +0,75 |
| 9.  | DZIEDZICZAK Marek | 48 | MUKS Zgierz         | <b>35.47</b> | 348 | +0,76 |
| 10. | ADAMCZYK Michał   | 49 | MUKS Zgierz         | <b>38.86</b> | 264 | +0,90 |

KATEGORIA F

|    |                    |    |                               |              |     |       |
|----|--------------------|----|-------------------------------|--------------|-----|-------|
| 1. | GREGOROWICZ Paweł  | 51 | Stow. Pływ. Masters Olsztyn   | <b>28.46</b> | 721 | +0,75 |
| 2. | BERWECKI Arkadiusz | 52 | SP Motyl Stalowa Wola         | <b>29.41</b> | 654 | +0,78 |
| 3. | DRYNKOWSKI Łukasz  | 50 | Stow. Pływ. SWIMMERS          | <b>30.94</b> | 561 | +0,84 |
| 4. | LIPIŃSKI Cezary    | 53 | Masters Avia Świdnik          | <b>32.28</b> | 494 | +0,72 |
| 5. | KUBICA Ryszard     | 53 | KS Górnik Radlin              | <b>32.79</b> | 471 | +0,79 |
| 6. | SITKOWSKI Tomasz   | 51 | Masters Avia Świdnik          | <b>33.03</b> | 461 | +0,74 |
| 7. | WIERZBIK Bernard   | 50 | Niezrzeszony Warszawa         | <b>35.79</b> | 362 | +0,84 |
| 8. | PŁANETA Maciej     | 51 | UKS Delfin Masters Tarnobrzeg | <b>36.09</b> | 353 | +0,83 |

KATEGORIA G

|    |                     |    |                          |              |     |       |
|----|---------------------|----|--------------------------|--------------|-----|-------|
| 1. | BARANIK Mariusz     | 56 | KS Korona 1919 Kraków    | <b>29.50</b> | 722 | +0,75 |
| 2. | SKOŚKIEWICZ Rafał   | 59 | Warsaw Masters Team      | <b>30.91</b> | 628 | +0,75 |
| 3. | PRZYBYLSKI Adam     | 58 | SP Motyl Stalowa Wola    | <b>33.75</b> | 482 | +0,85 |
| 4. | ZAJĄC Robert        | 59 | SMT Szczecin             | <b>35.07</b> | 429 | +0,85 |
| 5. | PALUSZAK Zbigniew   | 58 | Warsaw Masters Team      | <b>45.53</b> | 196 | +0,76 |
| 6. | STACHURSKI Ireneusz | 56 | Niezrzeszony Częstochowa | <b>46.31</b> | 186 | +0,45 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 23, Mężczyzn, 50m motylkowy

KATEGORIA H

|                      |    |                        |              |     |       |
|----------------------|----|------------------------|--------------|-----|-------|
| 1. ŻMIEJKO Wojciech  | 62 | Niezrzeszony Białystok | <b>31.68</b> | 659 | +0,81 |
| 2. PISZCZEK Waldemar | 63 | KS Korona 1919 Kraków  | <b>32.20</b> | 627 | +0,90 |
| 3. FAFF Mariusz      | 62 | KSW Stal Rzeszów       | <b>33.94</b> | 536 | +0,81 |

KATEGORIA I

|                      |    |                       |                |     |       |
|----------------------|----|-----------------------|----------------|-----|-------|
| 1. PAVLIK Rastislav  | 65 | PSK Zilina            | <b>31.46</b>   | 724 | +0,59 |
| 2. GORBACZOW Dariusz | 67 | Gdynia Masters        | <b>33.03</b>   | 626 | +0,84 |
| 3. LAIKARI Jukka     | 66 | Meisterjumise U-Klubi | <b>35.38</b>   | 509 | +0,82 |
| 4. SAMONEK Krzysztof | 68 | Masters Krasnik       | <b>59.14</b>   | 109 | +0,97 |
| 5. MICHALCZYK Jerzy  | 69 | Masters Krasnik       | <b>1:03.00</b> | 90  |       |

KATEGORIA J

|                         |    |                            |              |     |       |
|-------------------------|----|----------------------------|--------------|-----|-------|
| 1. GRZESZEWSKI Sławomir | 72 | MKP Szczecin               | <b>40.40</b> | 402 | +0,83 |
| 2. LIETZ Krzysztof      | 73 | Toruń Multisport Team      | <b>42.62</b> | 343 | +0,91 |
| 3. DUBIŃSKI Bogdan      | 72 | Stow. Pływ. Legia Warszawa | <b>43.24</b> | 328 | +0,95 |
| 4. CIECIOR Jerzy        | 72 | Rydułtowska AAS 60+        | <b>44.13</b> | 309 | +0,93 |

KATEGORIA K

|                     |    |                     |              |     |       |
|---------------------|----|---------------------|--------------|-----|-------|
| 1. KORNICKI Wiesław | 76 | Weteran Zabrze      | <b>45.06</b> | 349 | +0,97 |
| 2. POLOCZEK Bernard | 78 | Rydułtowska AAS 60+ | <b>46.22</b> | 324 | +0,81 |

Konkurencja 24

Kobiet, 100m grzbietowy

20 - 94 lat

31.05.2025 - 15:59

Wyniki

|                    |         |                     |                |            |
|--------------------|---------|---------------------|----------------|------------|
| RP Masters 85 - 89 | 2:53.11 | WALKOWICZ Urszula   | Warszawa       | 17.06.2017 |
| RP Masters 80 - 84 | 2:32.10 | WALKOWICZ Urszula   | Warszawa       | 26.05.2012 |
| RP Masters 75 - 79 | 1:46.70 | BASTEK Renata       | Poznań         | 23.06.2018 |
| RP Masters 70 - 74 | 1:38.99 | BASTEK Renata       | Dębica         | 15.06.2013 |
| RP Masters 65 - 69 | 1:31.88 | SZAŁA Ewa           | Lublin         | 15.06.2024 |
| RP Masters 60 - 64 | 1:26.68 | SZAŁA Ewa           | Gliwice        | 01.06.2019 |
| RP Masters 55 - 59 | 1:24.28 | KULIŚ Mariola       | Olsztyn        | 11.06.2022 |
| RP Masters 50 - 54 | 1:21.07 | KULIŚ Mariola       | Warszawa       | 17.06.2017 |
| RP Masters 45 - 49 | 1:14.63 | FAJKOWSKA Daria     | Warszawa       | 01.12.2019 |
| RP Masters 40 - 44 | 1:10.84 | FAJKOWSKA Daria     | Londyn (GBR)   | 29.05.2016 |
| RP Masters 35 - 39 | 1:12.42 | KACZMAREK Agnieszka | Warszawa       | 02.12.2023 |
| RP Masters 30 - 34 | 1:12.57 | KACZMAREK Agnieszka | Saloniki (GRE) | 14.06.2019 |
| RP Masters 25 - 29 | 1:05.18 | WÓJTOWICZ Gabriela  | Olsztyn        | 11.06.2022 |

Punkty: AQUA Master 2025

| Pozycja | Wiek |  | Czas | Pkt. | CR | 50m | 100m |
|---------|------|--|------|------|----|-----|------|
|---------|------|--|------|------|----|-----|------|

KATEGORIA MŁ

|                    |    |                           |                |     |       |       |       |
|--------------------|----|---------------------------|----------------|-----|-------|-------|-------|
| 1. ŁUCZAK Dominika | 23 | Niezrzeszony Zielona Góra | <b>1:13.83</b> | 580 | +0,70 | 35.95 | 37.88 |
|--------------------|----|---------------------------|----------------|-----|-------|-------|-------|

KATEGORIA A

|                    |    |                     |                |     |       |       |       |
|--------------------|----|---------------------|----------------|-----|-------|-------|-------|
| 1. BORCZYK Martyna | 25 | Water Squad         | <b>1:11.77</b> | 632 | +0,73 | 35.15 | 36.62 |
| 2. RUPA Patrycja   | 29 | KS PRESTIGE Rzeszów | <b>1:15.27</b> | 548 |       | 36.96 | 38.31 |
| 3. GÜRAY Sinem     | 27 | Itu Swimming        | <b>1:20.02</b> | 456 | +0,66 | 37.30 | 42.72 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 24, Kobiet, 100m grzbietowy

KATEGORIA B

|    |                              |    |                            |                |     |       |       |       |
|----|------------------------------|----|----------------------------|----------------|-----|-------|-------|-------|
| 1. | MAZUREK-FRANKOWSKA Z.        | 34 | Fala Masters Kraśnik       | <b>1:09.10</b> | 714 | +0,70 | 33.42 | 35.68 |
|    | <i>Rekord Polski Masters</i> |    |                            |                |     |       |       |       |
| 2. | KOŚLA Marta                  | 32 | Warsaw Masters Team        | <b>1:12.37</b> | 622 | +0,67 | 35.26 | 37.11 |
| 3. | WOJNICKA Joanna              | 31 | MUKS HURAGAN Koło          | <b>1:40.52</b> | 232 | +0,77 | 49.54 | 50.98 |
| 4. | OSOJCA Karolina              | 32 | Fundacja Palestra Pływania | <b>1:46.12</b> | 197 | +0,66 | 50.76 | 55.36 |

KATEGORIA C

|    |                          |    |                      |                |     |       |       |       |
|----|--------------------------|----|----------------------|----------------|-----|-------|-------|-------|
| 1. | MAZUREK-ŚWISTAK Karolina | 36 | Fala Masters Kraśnik | <b>1:16.30</b> | 530 | +0,78 | 36.68 | 39.62 |
| 2. | WIELECHOWSKA Anna        | 35 | UKS Cityzen Poznań   | <b>1:23.14</b> | 409 | +0,83 | 40.21 | 42.93 |
| 3. | MARDZIEL Aleksandra      | 38 | Koszalińskie TKKF    | <b>1:43.11</b> | 214 | +0,80 | 50.18 | 52.93 |

KATEGORIA D

|    |                       |    |                            |                |     |       |       |         |
|----|-----------------------|----|----------------------------|----------------|-----|-------|-------|---------|
| 1. | PALMOWSKA-LATUSZEK P. | 40 | Stow. TEAM SPORT           | <b>1:18.66</b> | 556 | +0,72 | 37.73 | 40.93   |
| 2. | JABLONKA Agnieszka    | 44 | UKS Zespołu SMS            | <b>1:23.87</b> | 459 | +0,71 | 40.00 | 43.87   |
| 3. | TARKOWSKA Iwona       | 43 | Swim Team Lubartów         | <b>1:29.56</b> | 377 | +0,76 | 44.12 | 45.44   |
| 4. | LECH Monika           | 41 | Fundacja Palestra Pływania | <b>1:56.49</b> | 171 | +0,75 | 56.39 | 1:00.10 |

KATEGORIA E

|    |                         |    |              |                |     |       |       |       |
|----|-------------------------|----|--------------|----------------|-----|-------|-------|-------|
| 1. | ZIELIŃSKA Dominika      | 45 | SMT Szczecin | <b>1:24.46</b> | 500 | +0,72 | 40.48 | 43.98 |
| 2. | KAŃSKA-PAPIERNIK Joanna | 49 | MUKS Zgierz  | <b>1:27.18</b> | 454 | +0,77 | 42.47 | 44.71 |
| 3. | SZELAŃGOWSKA Katarzyna  | 46 | MUKS Zgierz  | <b>1:29.71</b> | 417 | +0,73 | 44.18 | 45.53 |
| 4. | ŁAWNICZAK Aleksandra    | 46 | MUKS Zgierz  | <b>1:46.72</b> | 247 | +0,90 | 52.18 | 54.54 |

KATEGORIA F

|    |                      |    |                     |                |     |       |       |       |
|----|----------------------|----|---------------------|----------------|-----|-------|-------|-------|
| 1. | ŚCIBIOREK Małgorzata | 54 | MUKS Zgierz         | <b>1:22.88</b> | 549 | +0,72 | 40.55 | 42.33 |
| 2. | WOŹNIAK Dorota       | 52 | Masters Zdzeszowice | <b>1:28.54</b> | 450 | +0,77 | 42.62 | 45.92 |
| 3. | WÓJCICKA Anna        | 50 | MASTERS Lublin      | <b>1:33.15</b> | 386 | +0,91 | 44.33 | 48.82 |

KATEGORIA G

|    |                       |    |                       |                |     |       |       |       |
|----|-----------------------|----|-----------------------|----------------|-----|-------|-------|-------|
| 1. | KULIŚ Mariola         | 59 | KS Korona 1919 Kraków | <b>1:26.18</b> | 528 | +0,60 | 42.00 | 44.18 |
| 2. | REMBOWSKA-ŚWIEBODA M. | 57 | MUKS Zgierz           | <b>1:26.97</b> | 514 | +0,78 | 42.26 | 44.71 |
| 3. | PIWOWARCZYK Elżbieta  | 59 | Iswim Białystok       | <b>1:34.50</b> | 401 | +0,74 | 45.49 | 49.01 |

KATEGORIA H

|    |                  |    |                |                |     |       |       |         |
|----|------------------|----|----------------|----------------|-----|-------|-------|---------|
| 1. | MYSIAK Katarzyna | 64 | Gdynia Masters | <b>2:00.07</b> | 200 | +0,95 | 56.81 | 1:03.26 |
|----|------------------|----|----------------|----------------|-----|-------|-------|---------|

KATEGORIA I

|    |                   |    |                         |                |     |       |         |         |
|----|-------------------|----|-------------------------|----------------|-----|-------|---------|---------|
| 1. | SZAŁA Ewa         | 66 | KS Warta Poznań         | <b>1:33.50</b> | 505 | +0,89 | 45.05   | 48.45   |
| 2. | WASILEWICZ Joanna | 66 | Masters Białystok       | <b>2:00.10</b> | 238 | +0,82 | 57.72   | 1:02.38 |
| 3. | RUPP Ewa          | 69 | IKS Druga Strona Sportu | <b>2:19.90</b> | 150 | +0,85 | 1:06.69 | 1:13.21 |

KATEGORIA J

|    |                        |    |                       |                |     |       |         |         |
|----|------------------------|----|-----------------------|----------------|-----|-------|---------|---------|
| 1. | CHOMICKA Barbara       | 73 | Gdynia Masters        | <b>2:13.65</b> | 185 | +0,71 | 1:04.00 | 1:09.65 |
| 2. | ŁASIŃSKA-BŁACHOWICZ M. | 71 | UKS Cityzen Poznań    | <b>2:17.21</b> | 171 | +0,93 | 1:06.79 | 1:10.42 |
| 3. | SEROŻYŃSKA Lucyna      | 70 | Toruń Multisport Team | <b>2:25.80</b> | 143 | +0,91 | 1:11.24 | 1:14.56 |

KATEGORIA K

|    |                |    |                     |                |     |  |         |         |
|----|----------------|----|---------------------|----------------|-----|--|---------|---------|
| 1. | ŁUTOWICZ Maria | 75 | UKS Cityzen Poznań  | <b>2:38.75</b> | 174 |  | 1:14.62 | 1:24.13 |
| 2. | LIPPA Maria    | 79 | Rydułtowska AAS 60+ | <b>4:04.19</b> | 47  |  | 1:55.09 | 2:09.10 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 24, Kobiety, 100m grzbietowy

KATEGORIA M

|                    |    |                        |                |     |       |         |         |
|--------------------|----|------------------------|----------------|-----|-------|---------|---------|
| 1. NICPOŃ Krystyna | 85 | UKS Wodnik 29 Katowice | <b>2:56.46</b> | 204 | +0,63 | 1:25.75 | 1:30.71 |
|--------------------|----|------------------------|----------------|-----|-------|---------|---------|

Konkurencja 25

31.05.2025 - 16:19

Mężczyzn, 100m grzbietowy

20 - 94 lat

Wyniki

|                    |         |                        |                 |            |
|--------------------|---------|------------------------|-----------------|------------|
| RP Masters 85 - 89 | 2:12.64 | PRZĄDO Lucjan          | Łódź            | 22.04.2018 |
| RP Masters 80 - 84 | 1:58.98 | PRZĄDO Lucjan          | Gliwice         | 19.06.2011 |
| RP Masters 75 - 79 | 1:40.79 | WICZEL Roman           | Warszawa        | 03.06.2023 |
| RP Masters 70 - 74 | 1:22.75 | WARCHOŁ Mirosław       | Warszawa        | 03.06.2023 |
| RP Masters 65 - 69 | 1:15.91 | WARCHOŁ Mirosław       | Poznań          | 23.06.2018 |
| RP Masters 60 - 64 | 1:09.10 | JANUSZKIEWICZ Zbigniew | Warszawa        | 03.06.2023 |
| RP Masters 55 - 59 | 1:07.36 | JANUSZKIEWICZ Zbigniew | Łódź            | 22.04.2018 |
| RP Masters 50 - 54 | 1:07.03 | WOLNY Dariusz          | Göteborg (SWE)  | 05.08.2010 |
| RP Masters 45 - 49 | 1:01.80 | KACZMAREK Marcin       | Warszawa        | 03.12.2022 |
| RP Masters 40 - 44 | 1:00.52 | KACZMAREK Marcin       | Budapeszt (HUN) | 19.08.2017 |
| RP Masters 35 - 39 | 1:01.09 | ŻEMIER Karol           | Kranj           | 04.09.2018 |
| RP Masters 30 - 34 | 1:01.90 | KACZMAREK Marcin       | Gliwice         | 19.06.2011 |
| RP Masters 25 - 29 | 59.71   | ŻEMIER Karol           | Perth (AUS)     | 22.04.2008 |

Punkty: AQUA Master 2025

| Pozycja | Wiek |  | Czas | Pkt. | CR | 50m | 100m |
|---------|------|--|------|------|----|-----|------|
|---------|------|--|------|------|----|-----|------|

KATEGORIA MŁ

|                  |    |              |                |     |       |       |       |
|------------------|----|--------------|----------------|-----|-------|-------|-------|
| 1. CHŁAD Bartosz | 24 | Niezrzeszony | <b>1:13.93</b> | 413 | +0,85 | 36.24 | 37.69 |
|------------------|----|--------------|----------------|-----|-------|-------|-------|

KATEGORIA A

|                    |    |                      |                |     |       |       |       |
|--------------------|----|----------------------|----------------|-----|-------|-------|-------|
| 1. SPRINGER Adrian | 28 | Niezrzeszony         | <b>1:06.97</b> | 556 | +0,54 | 32.12 | 34.85 |
| 2. MOREŃ Wojciech  | 29 | Water Squad          | <b>1:07.10</b> | 553 | +0,73 | 32.05 | 35.05 |
| 3. LODARSKI Kacper | 27 | Kajman Połaniec      | <b>1:07.24</b> | 549 | +0,58 | 32.56 | 34.68 |
| 4. LIS Przemysław  | 29 | Masters Avia Świdnik | <b>1:16.88</b> | 367 | +0,68 | 35.78 | 41.10 |

KATEGORIA B

|                    |    |                      |                |     |       |       |       |
|--------------------|----|----------------------|----------------|-----|-------|-------|-------|
| 1. CIEPIELA Kacper | 31 | Kajman Połaniec      | <b>1:03.44</b> | 685 | +0,57 | 30.92 | 32.52 |
| 2. KIELIN Łukasz   | 31 | 5Styl Warszawa       | <b>1:04.14</b> | 663 | +0,60 | 32.21 | 31.93 |
| 3. PYDA Jakub      | 31 | Masters Avia Świdnik | <b>1:06.47</b> | 595 | +0,67 | 31.93 | 34.54 |
| 4. MAZUR Andrzej   | 30 | Masters Avia Świdnik | <b>1:08.89</b> | 535 | +0,67 | 32.71 | 36.18 |

KATEGORIA C

|                        |    |                                |                |     |       |       |       |
|------------------------|----|--------------------------------|----------------|-----|-------|-------|-------|
| 1. OLSZEWSKI Krzysztof | 36 | Warsaw Masters Team            | <b>1:10.75</b> | 511 | +0,70 | 35.07 | 35.68 |
| 2. SZEWCZYK Piotr      | 38 | Warsaw Masters Team            | <b>1:14.94</b> | 430 | +0,68 | 37.27 | 37.67 |
| 3. PIETRZAK Adam       | 37 | Masters Avia Świdnik           | <b>1:18.43</b> | 375 | +0,74 | 38.51 | 39.92 |
| 4. KAIM Ignacy         | 36 | Stow. Pływ. Sebastiana Karasia | <b>1:26.79</b> | 277 |       |       |       |

KATEGORIA D

|                      |    |                     |                |     |       |       |       |
|----------------------|----|---------------------|----------------|-----|-------|-------|-------|
| 1. HASIK Konrad      | 42 | Masters Łódź        | <b>1:09.55</b> | 591 | +0,70 | 34.67 | 34.88 |
| 2. GORCZYCA Karol    | 43 | Niezrzeszony Mielec | <b>1:16.76</b> | 439 | +0,72 | 36.72 | 40.04 |
| 3. JUREK Przemysław  | 44 | UKS Trójka Puławy   | <b>1:16.83</b> | 438 |       | 36.88 | 39.95 |
| 4. KACZMAREK Bartosz | 42 | KU AZS UAM Poznań   | <b>1:18.13</b> | 417 |       | 37.53 | 40.60 |
| 5. ZIMKOWSKI Dawid   | 44 | Weteran Zabrze      | <b>1:29.22</b> | 280 | +0,76 | 42.75 | 46.47 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 25, Mężczyzn, 100m grzbietowy

KATEGORIA E

|    |                     |    |                                |                |     |       |       |       |
|----|---------------------|----|--------------------------------|----------------|-----|-------|-------|-------|
| 1. | PIĄSCIŃSKI Daniel   | 49 | Water Squad                    | <b>1:08.73</b> | 651 | +0,76 | 33.05 | 35.68 |
| 2. | DZIADOSZ Robert     | 46 | 5Styl Warszawa                 | <b>1:13.66</b> | 528 | +0,70 | 35.45 | 38.21 |
| 3. | PLICH Jarosław      | 47 | UKS Sparta Grodzisk Mazowiecki | <b>1:19.29</b> | 424 | +0,95 | 38.96 | 40.33 |
| 4. | PAWŁOWSKI Krzysztof | 48 | SP Motyl Stalowa Wola          | <b>1:21.00</b> | 397 | +0,93 | 39.09 | 41.91 |
| 5. | GAJDA Tomasz        | 47 | MUKS Zgierz                    | <b>1:28.40</b> | 306 | +0,65 | 43.36 | 45.04 |

KATEGORIA F

|    |                  |    |                               |                |     |       |       |       |
|----|------------------|----|-------------------------------|----------------|-----|-------|-------|-------|
| 1. | SITKOWSKI Tomasz | 51 | Masters Avia Świdnik          | <b>1:17.20</b> | 507 | +0,77 | 36.40 | 40.80 |
| 2. | DĄBROWSKI Paweł  | 51 | Stow. Pływ. Masters Olsztyn   | <b>1:21.08</b> | 437 | +0,69 | 39.57 | 41.51 |
| 3. | KUBICA Ryszard   | 53 | KS Górnik Radlin              | <b>1:22.10</b> | 421 | +0,69 | 39.54 | 42.56 |
| 4. | PLANETA Maciej   | 51 | UKS Delfin Masters Tarnobrzeg | <b>1:27.07</b> | 353 | +0,79 | 42.38 | 44.69 |
| 5. | WILKOWSKI Leszek | 54 | Gdynia Masters                | <b>1:41.68</b> | 222 |       | 49.51 | 52.17 |

KATEGORIA G

|    |                   |    |                       |                |     |       |       |       |
|----|-------------------|----|-----------------------|----------------|-----|-------|-------|-------|
| 1. | ROTHER Marek      | 57 | WKS Śląsk Wrocław     | <b>1:10.93</b> | 717 |       | 35.30 | 35.63 |
| 2. | SKOŚKIEWICZ Rafał | 59 | Warsaw Masters Team   | <b>1:16.10</b> | 580 | +0,74 | 37.19 | 38.91 |
| 3. | PRZYBYLSKI Adam   | 58 | SP Motyl Stalowa Wola | <b>1:28.38</b> | 370 | +0,96 | 42.51 | 45.87 |
| 4. | BOLANOWSKI Bogdan | 59 | Fundacja JK TEAM      | <b>1:52.44</b> | 180 | +0,90 | 54.03 | 58.41 |

KATEGORIA H

|    |                   |    |                       |                |     |       |       |       |
|----|-------------------|----|-----------------------|----------------|-----|-------|-------|-------|
| 1. | PISZCZEK Waldemar | 63 | KS Korona 1919 Kraków | <b>1:23.10</b> | 502 | +0,83 | 39.99 | 43.11 |
| 2. | KAMIŃSKI Robert   | 60 | Niezrzeszony          | <b>1:27.60</b> | 429 | +0,77 | 43.78 | 43.82 |
| 3. | SKRZYPCZAK Marek  | 62 | KS KSZO Ostrowiec Św. | <b>1:44.09</b> | 255 | +0,76 | 50.20 | 53.89 |

KATEGORIA I

|    |                     |    |                                |                |     |       |       |         |
|----|---------------------|----|--------------------------------|----------------|-----|-------|-------|---------|
| 1. | PAVLIK Rastislav    | 65 | PSK Zilina                     | <b>1:14.69</b> | 759 | +0,74 | 35.85 | 38.84   |
| 2. | GORBACZOW Dariusz   | 67 | Gdynia Masters                 | <b>1:25.97</b> | 498 | +0,79 | 42.10 | 43.87   |
| 3. | KORPETTA Wojciech   | 66 | Water Squad                    | <b>1:35.36</b> | 365 | +0,77 | 47.22 | 48.14   |
| 4. | TWARDYSKO Stanisław | 69 | Weteran Zabrze                 | <b>1:40.80</b> | 309 | +0,83 | 48.75 | 52.05   |
| 5. | SAMONEK Krzysztof   | 68 | Masters Krasnik                | <b>1:57.84</b> | 193 | +0,89 | 56.86 | 1:00.98 |
| 6. | PRZENIOSŁO Grzegorz | 65 | UKS Sparta Grodzisk Mazowiecki | <b>2:09.46</b> | 145 |       | 59.82 | 1:09.64 |

KATEGORIA J

|    |                        |    |                            |                |     |       |         |         |
|----|------------------------|----|----------------------------|----------------|-----|-------|---------|---------|
| 1. | SERAFIN Andrzej        | 73 | KS Korona 1919 Kraków      | <b>1:42.05</b> | 325 | +0,86 | 50.73   | 51.32   |
| 2. | DUBIŃSKI Bogdan        | 72 | Stow. Pływ. Legia Warszawa | <b>1:42.33</b> | 322 | +0,92 | 49.20   | 53.13   |
| 3. | CIECIOR Jerzy          | 72 | Rydułtowska AAS 60+        | <b>1:46.16</b> | 289 | +0,94 | 51.28   | 54.88   |
| 4. | PIETRASZEWSKI Zbigniew | 70 | UKS Cityzen Poznań         | <b>1:51.30</b> | 250 | +0,93 | 54.43   | 56.87   |
| 5. | SZCZUREK Bogdan        | 73 | IKS Druga Strona Sportu    | <b>2:12.02</b> | 150 |       | 1:05.35 | 1:06.67 |

KATEGORIA K

|    |                              |    |                         |                |     |       |         |         |
|----|------------------------------|----|-------------------------|----------------|-----|-------|---------|---------|
| 1. | ZAŁUSKI Wiesław              | 75 | Koszalińskie TKKF       | <b>1:38.72</b> | 477 | +0,80 | 46.93   | 51.79   |
|    | <i>Rekord Polski Masters</i> |    |                         |                |     |       |         |         |
| 2. | POLOCZEK Bernard             | 78 | Rydułtowska AAS 60+     | <b>1:47.19</b> | 373 | +0,81 | 52.70   | 54.49   |
| 3. | DASZYŃSKI Andrzej            | 77 | UKS Energetyk Zgorzelec | <b>2:07.50</b> | 221 | +0,88 | 1:02.71 | 1:04.79 |
| 4. | ZIENTARA Henryk              | 79 | Toruń Multisport Team   | <b>2:20.27</b> | 166 | +0,89 | 1:04.42 | 1:15.85 |

KATEGORIA M

|    |                 |    |                |                |     |       |         |         |
|----|-----------------|----|----------------|----------------|-----|-------|---------|---------|
| 1. | SKWARŁO Andrzej | 86 | Gdynia Masters | <b>2:34.46</b> | 208 | +0,99 | 1:10.92 | 1:23.54 |
|----|-----------------|----|----------------|----------------|-----|-------|---------|---------|



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 26  
31.05.2025 - 16:45

Kobiet, 200m dowolny

20 - 94 lat  
Wyniki

|                    |         |                        |                     |            |
|--------------------|---------|------------------------|---------------------|------------|
| RP Masters 80 - 84 | 4:18.79 | FECICA Krystyna        | Lublin              | 30.05.2025 |
| RP Masters 75 - 79 | 3:27.62 | BASTEK Renata          | Gliwice             | 01.06.2019 |
| RP Masters 70 - 74 | 3:08.68 | BASTEK Renata          | Eindhoven (NED)     | 04.09.2013 |
| RP Masters 65 - 69 | 2:57.74 | BASTEK Renata          | Cadiz (ESP)         | 16.09.2009 |
| RP Masters 60 - 64 | 2:55.26 | MACIERZEWSKA Agnieszka | Olsztyn             | 11.06.2022 |
| RP Masters 55 - 59 | 2:32.49 | SERBIN Małgorzata      | Poznań              | 26.06.2021 |
| RP Masters 50 - 54 | 2:29.45 | SERBIN Małgorzata      | Gwangju (KOR)       | 14.08.2019 |
| RP Masters 45 - 49 | 2:23.65 | SERBIN Małgorzata      | Warszawa            | 26.05.2012 |
| RP Masters 40 - 44 | 2:19.03 | SERBIN Małgorzata      | San Francisco (USA) | 06.08.2006 |
| RP Masters 35 - 39 | 2:22.69 | GOŁĘBIEWSKA Joanna     | Łódź                | 22.04.2018 |
| RP Masters 30 - 34 | 2:19.11 | GOŁĘBIEWSKA Joanna     | Warszawa            | 26.05.2012 |
| RP Masters 25 - 29 | 2:10.71 | KACZMAREK Magdalena    | Kranj (SLO)         | 03.09.2018 |

Punkty: AQUA Master 2025

| Pozycja                | Wiek |                     | Czas           | Pkt.      | CR | 50m   | 100m  | 150m  | 200m  |
|------------------------|------|---------------------|----------------|-----------|----|-------|-------|-------|-------|
| <b>KATEGORIA MŁ</b>    |      |                     |                |           |    |       |       |       |       |
| 1. WIĘCKOWSKA Alicja   | 22   | UKS Delfin Garwolin | <b>2:24.52</b> | 602 +0,75 |    | 32.67 | 36.16 | 38.13 | 37.56 |
| 2. ZIELIŃSKA Oliwia    | 24   | KS Warta Poznań     | <b>2:25.18</b> | 594 +0,70 |    | 32.89 | 37.17 | 38.42 | 36.70 |
| 3. MARKUNAS Julia      | 24   | MKP Szczecin        | <b>2:30.53</b> | 533 +0,91 |    | 33.44 | 38.82 | 39.90 | 38.37 |
| 4. KOWALCZYK Katarzyna | 20   | Niezrzeszony        | <b>2:32.80</b> | 509 +0,78 |    | 34.68 | 37.87 | 40.02 | 40.23 |
| 5. DECHNIK Anna        | 24   | Niezrzeszony        | <b>2:40.55</b> | 439 +0,85 |    | 35.91 | 40.75 | 42.40 | 41.49 |

**KATEGORIA A**

|                      |    |                            |                |           |  |       |       |       |       |
|----------------------|----|----------------------------|----------------|-----------|--|-------|-------|-------|-------|
| 1. WĘCŁAWIAK Rina    | 27 | Water Squad                | <b>2:20.92</b> | 649 +0,66 |  | 31.71 | 34.75 | 37.18 | 37.28 |
| 2. KUREK Wiktoria    | 28 | UKS Trójka Częstochowa     | <b>2:24.26</b> | 605 +0,81 |  | 31.52 | 36.03 | 38.21 | 38.50 |
| 3. CHOJECKA Karolina | 25 | Warsaw Masters Team        | <b>2:26.06</b> | 583 +0,77 |  | 32.75 | 37.45 | 39.00 | 36.86 |
| 4. SZATANEK Julia    | 26 | SMT Szczecin               | <b>2:34.73</b> | 490 +0,80 |  | 32.83 | 37.43 | 41.43 | 43.04 |
| 5. FRĄCKOWIAK Agata  | 28 | Niezrzeszony Bydgoszcz     | <b>2:52.67</b> | 353 +0,73 |  | 37.65 | 44.10 | 46.13 | 44.79 |
| 6. GÜRAY Sinem       | 27 | Itu Swimming               | <b>2:53.70</b> | 346 +0,79 |  | 34.61 | 42.53 | 48.25 | 48.31 |
| 7. GWIŹDŹ Martyna    | 29 | Fundacja Palestra Pływania | <b>3:04.05</b> | 291 +0,76 |  | 42.04 | 46.80 | 48.30 | 46.91 |

**KATEGORIA B**

|                              |    |                      |                |           |  |       |       |       |       |
|------------------------------|----|----------------------|----------------|-----------|--|-------|-------|-------|-------|
| 1. GAJDOWSKA Agnieszka       | 30 | Water Squad          | <b>2:12.71</b> | 783 +0,69 |  | 30.10 | 33.61 | 35.04 | 33.96 |
| <i>Rekord Polski Masters</i> |    |                      |                |           |  |       |       |       |       |
| 2. SASIN Dominika            | 31 | Water Squad          | <b>2:16.60</b> | 718 +0,75 |  | 30.43 | 34.95 | 35.76 | 35.46 |
| 3. KOLASA Magda              | 34 | 5Styl Warszawa       | <b>2:30.67</b> | 535 +0,81 |  | 34.28 | 37.70 | 39.74 | 38.95 |
| 4. KOZAK Dominika            | 32 | Water Squad          | <b>2:33.87</b> | 502 +0,72 |  | 36.00 | 39.64 | 40.68 | 37.55 |
| 5. ZARZECZNA Kamila          | 31 | Masters Avia Świdnik | <b>2:36.70</b> | 475 +0,88 |  | 35.82 | 39.57 | 41.46 | 39.85 |
| 6. ZYGA Paulina              | 31 | 5Styl Warszawa       | <b>2:42.42</b> | 427 +0,84 |  | 37.60 | 41.43 | 43.11 | 40.28 |
| 7. DWORSKA Karolina          | 31 | Masters Avia Świdnik | <b>2:47.35</b> | 390 +0,92 |  | 37.65 | 42.74 | 44.91 | 42.05 |

**KATEGORIA C**

|                        |    |                      |                |           |  |       |       |       |       |
|------------------------|----|----------------------|----------------|-----------|--|-------|-------|-------|-------|
| 1. WIELECHOWSKA Anna   | 35 | UKS Cityzen Poznań   | <b>2:46.25</b> | 430 +0,89 |  | 37.55 | 41.69 | 43.39 | 43.62 |
| 2. DOLIŃSKA Aneta      | 35 | KS Warta Poznań      | <b>2:55.01</b> | 368 +0,84 |  | 38.02 | 44.73 | 46.66 | 45.60 |
| 3. BIELAWSKA Magdalena | 39 | IKS Herkules Suwałki | <b>3:00.17</b> | 337 +0,85 |  | 40.59 | 46.63 | 48.10 | 44.85 |
| 4. SOBCZAK- PORADA J.  | 38 | Warsaw Masters Team  | <b>3:13.29</b> | 273 +0,84 |  | 43.50 | 48.99 | 50.68 | 50.12 |
| 5. KUPTSOVA Ganna      | 38 | Warsaw Masters Team  | <b>3:27.05</b> | 222 +0,95 |  | 46.99 | 52.76 | 53.94 | 53.36 |

**KATEGORIA D**

|                       |    |                           |                |           |  |       |       |       |       |
|-----------------------|----|---------------------------|----------------|-----------|--|-------|-------|-------|-------|
| 1. MAJEWSKI Michalina | 41 | MKP Gdańsk                | <b>2:22.94</b> | 725 +0,82 |  | 32.97 | 36.09 | 37.37 | 36.51 |
| 2. PALMOWSKA-LATUSZEK | 40 | Stow. TEAM SPORT          | <b>2:40.40</b> | 513 +0,72 |  | 36.16 | 40.41 | 43.29 | 40.54 |
| 3. JASIK Agata        | 41 | Fundacja JK TEAM          | <b>2:53.03</b> | 408 +0,97 |  | 37.80 | 43.03 | 46.72 | 45.48 |
| 4. LARA Anna          | 40 | Niezrzeszony Jelenia Góra | <b>3:01.03</b> | 356 +0,91 |  | 41.55 | 45.66 | 47.00 | 46.82 |
| 5. GRYCZ Urszula      | 40 | Ursynów Masters           | <b>3:03.11</b> | 344 +0,98 |  | 41.71 | 46.21 | 48.64 | 46.55 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 26, Kobiet, 200m dowolny

KATEGORIA E

|                        |    |                            |                |           |       |       |       |       |
|------------------------|----|----------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. MICHALIK Dominika   | 46 | Masters Białystok          | <b>2:25.46</b> | 715 +0,72 | 34.04 | 37.02 | 37.79 | 36.61 |
| 2. KÜTTEL Dorota       | 48 | Svommeklubben Sonderbo     | <b>2:26.41</b> | 701 +0,71 | 33.72 | 37.54 | 38.18 | 36.97 |
| 3. LORENC Agnieszka    | 45 | UKS Zespołu SMS            | <b>2:40.66</b> | 530 +0,76 | 36.70 | 40.31 | 42.48 | 41.17 |
| 4. BABICA Izabela      | 46 | KS Warta Poznań            | <b>2:44.27</b> | 496 +0,81 | 37.63 | 42.15 | 43.34 | 41.15 |
| 5. DIABY-LIPKA Anna    | 45 | Stow. Pływ. Sebastiana Kar | <b>2:45.84</b> | 482       | 35.84 | 39.11 | 43.17 | 47.72 |
| 6. MRÓZ Edyta          | 46 | UKS Wodnik 29 Katowice     | <b>2:46.08</b> | 480 +0,84 | 37.95 | 41.85 | 43.84 | 42.44 |
| 7. ZIELIŃSKA Dominika  | 45 | SMT Szczecin               | <b>2:47.60</b> | 467 +0,75 | 37.54 | 42.17 | 44.43 | 43.46 |
| 8. LUŻNIAKOWSKA Dagmar | 45 | MUKS Zgierz                | <b>3:04.41</b> | 351 +0,90 | 42.63 | 46.79 | 50.48 | 44.51 |
| 9. KLARECKA Monika     | 48 | MUKS Zgierz                | <b>3:35.22</b> | 220 +0,84 | 47.77 | 55.97 | 56.87 | 54.61 |
| 10. CYGAŃSKA Monika    | 46 | Fundacja Palestra Pływania | <b>3:35.46</b> | 220 +0,79 | 48.11 | 55.73 | 56.70 | 54.92 |

KATEGORIA F

|                          |    |                      |                |           |       |       |         |       |
|--------------------------|----|----------------------|----------------|-----------|-------|-------|---------|-------|
| 1. LIPIEC Edyta          | 52 | Masters Avia Świdnik | <b>2:53.17</b> | 436 +0,93 | 39.09 | 43.59 | 46.36   | 44.13 |
| 2. BALAJCZA Timea        | 54 | Water Squad          | <b>3:00.30</b> | 387 +0,86 | 40.96 | 46.28 | 46.74   | 46.32 |
| 3. KABAT-KOPERSKA Joanna | 52 | SMT Szczecin         | <b>3:48.47</b> | 190 +0,97 | 52.92 | 58.81 | 1:00.49 | 56.25 |

KATEGORIA G

|                         |    |                             |                |           |       |         |         |         |
|-------------------------|----|-----------------------------|----------------|-----------|-------|---------|---------|---------|
| 1. SERBIN Małgorzata    | 59 | MKP Szczecin                | <b>2:41.96</b> | 595 +0,79 | 36.93 | 41.75   | 42.66   | 40.62   |
| 2. GOŹDZIEJEWSKA Anna   | 58 | Stow. Pływ. Masters Olsztyn | <b>2:57.70</b> | 451 +0,91 | 41.09 | 45.47   | 45.73   | 45.41   |
| 3. PIWOWARCZYK Elżbieta | 59 | Iswim Białystok             | <b>3:03.95</b> | 406 +0,74 | 41.76 | 46.52   | 48.43   | 47.24   |
| 4. SEKUŁA Joanna        | 56 | Masters Avia Świdnik        | <b>4:43.67</b> | 110 +0,90 | 54.74 | 1:13.14 | 1:20.57 | 1:15.22 |

KATEGORIA H

|                     |    |                          |                |           |       |         |         |         |
|---------------------|----|--------------------------|----------------|-----------|-------|---------|---------|---------|
| 1. VILIMIENE Ada    | 63 | Plaukimo Veteranu SK Nen | <b>2:42.54</b> | 593 +0,81 | 36.35 | 41.62   | 42.64   | 41.93   |
| 2. ŁATKOWSKA Ewa    | 60 | 5Styl Warszawa           | <b>3:27.82</b> | 283 +0,92 | 47.34 | 54.17   | 55.24   | 51.07   |
| 3. MYŚIAK Katarzyna | 64 | Gdynia Masters           | <b>3:55.57</b> | 194       | 50.53 | 1:00.52 | 1:03.45 | 1:01.07 |

KATEGORIA I

|                    |    |                       |                |           |       |       |       |       |
|--------------------|----|-----------------------|----------------|-----------|-------|-------|-------|-------|
| 1. MACIERZEWSKA A. | 65 | KS Korona 1919 Kraków | <b>3:02.26</b> | 506 +0,95 | 41.47 | 46.57 | 48.79 | 45.43 |
|--------------------|----|-----------------------|----------------|-----------|-------|-------|-------|-------|

KATEGORIA J

|              |    |                         |                |           |       |         |         |         |
|--------------|----|-------------------------|----------------|-----------|-------|---------|---------|---------|
| 1. ŁABUZ Ewa | 70 | Swim Club Masters Ślęza | <b>4:14.48</b> | 202 +0,97 | 55.37 | 1:07.76 | 1:07.45 | 1:03.90 |
|--------------|----|-------------------------|----------------|-----------|-------|---------|---------|---------|

KATEGORIA K

|                   |    |                     |                |     |         |         |         |         |
|-------------------|----|---------------------|----------------|-----|---------|---------|---------|---------|
| 1. ŁUTOWICZ Maria | 75 | UKS Cityzen Poznań  | <b>4:41.49</b> | 237 | 59.05   | 1:15.61 | 1:22.38 | 1:04.45 |
| 2. SZEMBERG Anna  | 76 | Warsaw Masters Team | <b>4:55.81</b> | 204 | 1:08.61 | 1:17.49 | 1:16.08 | 1:13.63 |
| 3. LIPPA Maria    | 79 | Rydułtowska AAS 60+ | <b>8:31.14</b> | 39  | 2:06.55 | 2:11.02 | 2:06.80 | 2:06.77 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 27  
31.05.2025 - 17:10

Mężczyzn, 200m dowolny

20 - 94 lat  
Wyniki

|                    |         |                        |                 |            |
|--------------------|---------|------------------------|-----------------|------------|
| RP Masters 90 - 94 | 5:30.88 | MRÓWCZYŃSKI Kazimierz  | Olsztyn         | 28.06.2014 |
| RP Masters 85 - 89 | 3:36.93 | KROKOSZYŃSKI Stanisław | Szczecin        | 28.06.2015 |
| RP Masters 80 - 84 | 3:11.92 | KROKOSZYŃSKI Stanisław | Gliwice         | 08.05.2010 |
| RP Masters 75 - 79 | 3:09.81 | BASTEK Ewald           | Olsztyn         | 28.06.2014 |
| RP Masters 70 - 74 | 2:39.95 | BASTEK Ewald           | Cadiz (ESP)     | 16.09.2009 |
| RP Masters 65 - 69 | 2:26.40 | WARCHOŁ Mirosław       | Poznań          | 23.06.2018 |
| RP Masters 60 - 64 | 2:18.90 | MADEJ Leszek           | Olsztyn         | 11.06.2022 |
| RP Masters 55 - 59 | 2:11.03 | MADEJ Leszek           | Kecskemet (HUN) | 05.06.2015 |
| RP Masters 50 - 54 | 2:09.74 | BERWECKI Arkadiusz     | Lublin          | 15.06.2024 |
| RP Masters 45 - 49 | 2:05.18 | SZUTER Bolesław        | Gliwice         | 11.05.2016 |
| RP Masters 40 - 44 | 2:03.19 | STANEK Grzegorz        | Cadiz (ESP)     | 16.09.2009 |
| RP Masters 35 - 39 | 1:56.59 | KORZENIOWSKI Paweł     | Olsztyn         | 11.06.2022 |
| RP Masters 30 - 34 | 1:56.28 | DUBIEL Adam            | Warszawa        | 03.06.2023 |
| RP Masters 25 - 29 | 1:57.15 | LASSEK Bartłomiej      | Łódź            | 10.04.2022 |

Punkty: AQUA Master 2025

| Pozycja | Wiek |  | Czas | Pkt. | CR | 50m | 100m | 150m | 200m |
|---------|------|--|------|------|----|-----|------|------|------|
|---------|------|--|------|------|----|-----|------|------|------|

KATEGORIA MŁ

|                  |    |                   |                |           |  |       |       |       |       |
|------------------|----|-------------------|----------------|-----------|--|-------|-------|-------|-------|
| 1. KAŁEK Bartosz | 21 | KU AZS UAM Poznań | <b>2:16.90</b> | 529 +0,62 |  | 31.17 | 35.32 | 36.64 | 33.77 |
|------------------|----|-------------------|----------------|-----------|--|-------|-------|-------|-------|

KATEGORIA A

|                       |    |              |                |           |  |       |       |       |       |
|-----------------------|----|--------------|----------------|-----------|--|-------|-------|-------|-------|
| 1. ĆWIKLIŃSKI Mateusz | 27 | Water Squad  | <b>2:11.28</b> | 600 +0,74 |  | 30.23 | 33.89 | 34.73 | 32.43 |
| 2. GRYGLEWICZ Juliusz | 27 | Niezrzeszony | <b>2:26.08</b> | 435 +0,82 |  | 31.60 | 36.79 | 39.22 | 38.47 |

KATEGORIA B

|                        |    |                            |                |           |  |       |       |       |       |
|------------------------|----|----------------------------|----------------|-----------|--|-------|-------|-------|-------|
| 1. DUBIEL Adam         | 32 | Water Squad                | <b>1:57.51</b> | 810 +0,72 |  | 27.32 | 30.00 | 30.49 | 29.70 |
| 2. KARNASZEWSKI Konrad | 31 | Niezrzeszony               | <b>2:07.11</b> | 640 +0,67 |  | 28.95 | 31.83 | 34.00 | 32.33 |
| 3. WITT Piotr          | 34 | KS Warta Poznań            | <b>2:07.20</b> | 638 +0,75 |  | 29.24 | 32.68 | 33.64 | 31.64 |
| 4. EL SABBAHY Loay     | 32 | KS Warta Poznań            | <b>2:09.16</b> | 610 +0,74 |  | 29.66 | 31.93 | 33.35 | 34.22 |
| 5. KEMPIAK Amadeusz    | 31 | Niezrzeszony               | <b>2:11.90</b> | 573 +0,68 |  | 29.02 | 32.99 | 34.81 | 35.08 |
| 6. GAJDA Maciej        | 30 | MKP Wodnik 29 Tychy        | <b>2:12.12</b> | 570 +0,69 |  | 30.50 | 34.12 | 34.77 | 32.73 |
| 7. MAZUR Andrzej       | 30 | Masters Avia Świdnik       | <b>2:19.63</b> | 483 +0,72 |  | 29.76 | 33.79 | 37.96 | 38.12 |
| 8. MENDYK Przemysław   | 33 | MUKS Gilus Gilowice        | <b>2:20.14</b> | 477 +0,84 |  | 31.15 | 35.28 | 37.49 | 36.22 |
| 9. DZIEDZIC Andrzej    | 32 | Fundacja Palestra Pływania | <b>2:24.08</b> | 439 +0,81 |  | 33.23 | 36.18 | 37.52 | 37.15 |
| 10. KUREK Mateusz      | 31 | UKS Trójka Częstochowa     | <b>2:28.88</b> | 398 +0,69 |  | 32.01 | 38.28 | 40.21 | 38.38 |
| 11. SADOWY Bartosz     | 30 | Niezrzeszony               | <b>2:29.33</b> | 394 +0,79 |  | 30.97 | 35.31 | 40.38 | 42.67 |
| 12. KONIECZNIK P.      | 30 | Niezrzeszony               | <b>2:38.64</b> | 329 +0,85 |  | 37.57 | 40.50 | 40.81 | 39.76 |

KATEGORIA C

|                    |    |                       |                |           |  |       |       |       |       |
|--------------------|----|-----------------------|----------------|-----------|--|-------|-------|-------|-------|
| 1. ZIELONKA Rafał  | 39 | Masters Avia Świdnik  | <b>2:12.35</b> | 603 +0,74 |  | 31.42 | 34.29 | 33.70 | 32.94 |
| 2. BAŁKA Michał    | 38 | SMT Szczecin          | <b>2:26.95</b> | 440 +0,73 |  | 32.20 | 36.72 | 38.47 | 39.56 |
| 3. SZNAJDER Michał | 39 | Warsaw Masters Team   | <b>2:41.81</b> | 330 +0,70 |  | 35.55 | 40.43 | 44.09 | 41.74 |
| 4. GORBACZOW Jacek | 38 | Gdynia Masters        | <b>2:53.51</b> | 267 +0,76 |  | 37.64 | 44.95 | 47.13 | 43.79 |
| 5. WOŹNIAK Marcin  | 39 | Niezrzeszony Pruszków | <b>3:27.30</b> | 157 +0,95 |  | 43.93 | 52.24 | 55.20 | 55.93 |

KATEGORIA D

|                         |    |                            |                |           |  |       |       |       |       |
|-------------------------|----|----------------------------|----------------|-----------|--|-------|-------|-------|-------|
| 1. TYSZKOWSKI Sebastian | 42 | UKS KORAL Wrocław          | <b>2:13.57</b> | 616 +0,79 |  | 30.21 | 34.06 | 35.58 | 33.72 |
| 2. JUREK Przemysław     | 44 | UKS Trójka Puławy          | <b>2:22.71</b> | 505 +0,84 |  | 32.62 | 36.26 | 37.31 | 36.52 |
| 3. PORADA Tomasz        | 42 | Warsaw Masters Team        | <b>2:23.29</b> | 498 +0,74 |  | 32.80 | 36.45 | 37.67 | 36.37 |
| 4. AWRUK Bartosz        | 43 | Iswim Białystok            | <b>2:27.76</b> | 455 +0,90 |  | 33.16 | 37.27 | 39.15 | 38.18 |
| 5. TUSIŃSKI Mikołaj     | 42 | Stow. Pływ. SWIMMERS       | <b>2:29.61</b> | 438 +0,84 |  | 32.95 | 38.31 | 39.37 | 38.98 |
| 6. GRABKOWSKI Michał    | 44 | Stow. Pływ. Sebastiana Kar | <b>2:36.73</b> | 381 +0,86 |  | 35.12 | 39.43 | 41.72 | 40.46 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 27, Mężczyzn, 200m dowolny

KATEGORIA E

|     |                    |    |                          |                |           |       |       |       |       |
|-----|--------------------|----|--------------------------|----------------|-----------|-------|-------|-------|-------|
| 1.  | KRÓLIKOWSKI Michał | 45 | Niezrzeszony             | <b>2:17.40</b> | 592 +0,78 | 30.57 | 34.71 | 36.85 | 35.27 |
| 2.  | WILMOWICZ Adam     | 46 | Koszalińskie TKKF        | <b>2:19.88</b> | 561 +0,76 | 32.42 | 34.99 | 36.66 | 35.81 |
| 3.  | GŁOWA Michał       | 46 | UKS Sparta Grodzisk Mazo | <b>2:20.94</b> | 548 +0,88 | 33.83 | 36.18 | 36.94 | 33.99 |
| 4.  | DZIADOSZ Robert    | 46 | 5Styl Warszawa           | <b>2:23.48</b> | 520 +0,74 | 32.59 | 36.50 | 37.86 | 36.53 |
| 5.  | WACHOWSKI Błażej   | 45 | KS Warta Poznań          | <b>2:24.57</b> | 508 +0,81 | 33.47 | 37.31 | 37.79 | 36.00 |
| 6.  | PIEŚLAK Roman      | 46 | Koszalińskie TKKF        | <b>2:25.31</b> | 500 +0,78 | 32.77 | 36.63 | 38.50 | 37.41 |
| 7.  | DYCZEK Mariusz     | 46 | Masters Zdzeszowice      | <b>2:27.16</b> | 482 +0,92 | 33.32 | 38.17 | 39.65 | 36.02 |
| 8.  | SZYMAŃSKI Łukasz   | 47 | Niezrzeszony             | <b>2:37.10</b> | 396 +0,89 | 34.09 | 38.83 | 43.46 | 40.72 |
| 9.  | BIELSKI Dymitr     | 48 | Warsaw Masters Team      | <b>2:39.44</b> | 379 +0,89 | 35.98 | 41.46 | 41.26 | 40.74 |
| 10. | DZIEDZICZAK Marek  | 48 | MUKS Zgierz              | <b>3:02.24</b> | 253 +0,89 | 39.66 | 46.04 | 50.43 | 46.11 |

KATEGORIA F

|     |                              |    |                             |                |           |       |       |       |       |
|-----|------------------------------|----|-----------------------------|----------------|-----------|-------|-------|-------|-------|
| 1.  | HORBACZ Marcin               | 51 | Koszalińskie TKKF           | <b>2:06.73</b> | 820 +0,73 | 30.05 | 31.91 | 32.31 | 32.46 |
|     | <i>Rekord Polski Masters</i> |    |                             |                |           |       |       |       |       |
| 2.  | BERWECKI Arkadiusz           | 52 | SP Motyl Stalowa Wola       | <b>2:13.85</b> | 696 +0,78 | 31.34 | 34.31 | 34.84 | 33.36 |
| 3.  | SARNA Tomasz                 | 50 | KSW Stal Rzeszów            | <b>2:18.19</b> | 632 +0,75 | 31.83 | 35.97 | 36.44 | 33.95 |
| 4.  | ŚLĘCZKA Krzysztof            | 51 | UKS Delfin Masters Tarnob   | <b>2:18.68</b> | 625 +0,82 | 31.95 | 35.03 | 36.55 | 35.15 |
| 5.  | WINIARCZYK Jarosław          | 53 | Koszalińskie TKKF           | <b>2:19.80</b> | 610 +0,74 | 32.21 | 35.91 | 37.94 | 33.74 |
| 6.  | LIPIŃSKI Cezary              | 53 | Masters Avia Świdnik        | <b>2:25.78</b> | 538 +0,67 | 35.29 | 38.11 | 36.73 | 35.65 |
| 7.  | OPALIŃSKI Paweł              | 51 | SP Motyl Stalowa Wola       | <b>2:26.62</b> | 529 +0,91 | 33.02 | 36.70 | 39.15 | 37.75 |
| 8.  | DĄBROWSKI Paweł              | 51 | Stow. Pływ. Masters Olsztyr | <b>2:36.72</b> | 433 +0,89 | 36.61 | 41.37 | 41.09 | 37.65 |
| 9.  | MOROZOWSKI Wiktor            | 52 | MUKS Zgierz                 | <b>2:50.46</b> | 336       | 38.86 | 43.48 | 43.80 | 44.32 |
| 10. | PATERA Jacek                 | 54 | Niezrzeszony Bolesławiec    | <b>2:54.88</b> | 312       | 38.57 | 43.84 | 47.11 | 45.36 |
| 11. | MATYSZEWSKI Grzegorz         | 54 | Water Squad                 | <b>3:08.33</b> | 249 +0,50 | 40.16 | 47.85 | 50.72 | 49.60 |

KATEGORIA G

|    |                     |    |                             |                |           |       |       |       |       |
|----|---------------------|----|-----------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. | SZUTER Bolesław     | 55 | Water Squad                 | <b>2:13.40</b> | 803 +0,76 | 30.75 | 33.79 | 34.57 | 34.29 |
| 2. | MONCZAK Piotr       | 58 | KS Warta Poznań             | <b>2:18.66</b> | 715 +0,73 | 33.16 | 35.20 | 36.00 | 34.30 |
| 3. | HARENDĄ Andrzej     | 57 | Niezrzeszony Piła           | <b>2:54.80</b> | 357 +0,92 | 37.51 | 43.06 | 47.60 | 46.63 |
| 4. | STACHURSKI Ireneusz | 56 | Niezrzeszony Częstochowa    | <b>3:00.11</b> | 326       | 40.09 | 46.00 | 47.59 | 46.43 |
| 5. | BOLANOWSKI Bogdan   | 59 | Fundacja JK TEAM            | <b>3:10.51</b> | 275       | 43.07 | 47.73 | 50.77 | 48.94 |
| 6. | GOZDAN Dariusz      | 57 | Stow. Pływ. Masters Olsztyr | <b>3:22.22</b> | 230       | 43.71 | 50.94 | 53.79 | 53.78 |
| 7. | PALUSZAK Zbigniew   | 58 | Warsaw Masters Team         | <b>3:29.98</b> | 205 +0,79 | 46.83 | 54.69 | 55.70 | 52.76 |

KATEGORIA H

|    |                   |    |                      |                |           |       |       |       |       |
|----|-------------------|----|----------------------|----------------|-----------|-------|-------|-------|-------|
| 1. | KAMIŃSKI Robert   | 60 | Niezrzeszony         | <b>2:44.44</b> | 468 +0,95 | 38.32 | 42.40 | 43.80 | 39.92 |
| 2. | FAFF Mariusz      | 62 | KSW Stal Rzeszów     | <b>2:46.05</b> | 454 +0,81 | 36.72 | 42.15 | 44.83 | 42.35 |
| 3. | KONSTANCIUK Piotr | 64 | Masters Avia Świdnik | <b>2:53.27</b> | 400 +0,93 | 42.33 | 45.63 | 45.52 | 39.79 |
| 4. | WIERZCHOŃ Aleksy  | 63 | Koszalińskie TKKF    | <b>3:17.76</b> | 269       | 40.75 | 49.50 | 54.72 | 52.79 |
| 5. | PIÓRKOWSKI Marek  | 60 | Water Squad          | <b>3:20.43</b> | 258 +0,98 | 44.62 | 50.12 | 53.15 | 52.54 |
| 6. | BURZYŃSKI Piotr   | 63 | KS Waterpolo Poznań  | <b>3:27.48</b> | 233       | 44.62 | 53.57 | 55.29 | 54.00 |

KATEGORIA I

|    |                              |    |                        |                |           |       |       |       |       |
|----|------------------------------|----|------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. | MADEJ Leszek                 | 65 | Warsaw Masters Team    | <b>2:21.23</b> | 768 +0,71 | 34.37 | 36.35 | 35.73 | 34.78 |
|    | <i>Rekord Polski Masters</i> |    |                        |                |           |       |       |       |       |
| 2. | LAIKARI Jukka                | 66 | Meisterujumise U-Klubi | <b>2:48.19</b> | 455 +0,79 | 38.15 | 42.72 | 44.59 | 42.73 |
| 3. | LORKOWSKI Robert             | 65 | SP Motyl Stalowa Wola  | <b>2:52.10</b> | 424 +0,82 | 38.08 | 42.81 | 46.49 | 44.72 |
| 4. | KORPETTA Wojciech            | 66 | Water Squad            | <b>3:01.04</b> | 365       | 41.69 | 47.83 | 48.91 | 42.61 |
| 5. | TWARDYSKO Stanisław          | 69 | Weteran Zabrze         | <b>3:04.81</b> | 343       | 41.82 | 47.02 | 49.06 | 46.91 |
| 6. | KOZYRA Daniel                | 66 | 5Styl Warszawa         | <b>3:13.28</b> | 300       | 40.50 | 48.02 | 52.87 | 51.89 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 27, Mężczyzn, 200m dowolny

KATEGORIA J

|                           |    |                         |                |           |         |         |         |         |
|---------------------------|----|-------------------------|----------------|-----------|---------|---------|---------|---------|
| 1. LIETZ Krzysztof        | 73 | Toruń Multisport Team   | <b>3:17.32</b> | 379 +0,97 | 45.29   | 51.90   | 53.50   | 46.63   |
| 2. PIETRASZEWSKI Zbigniew | 70 | UKS Cityzen Poznań      | <b>3:31.35</b> | 308       | 48.90   | 55.03   | 55.45   | 51.97   |
| 3. LASOWY Marian          | 70 | Koszalińskie TKKF       | <b>3:39.79</b> | 274       | 48.97   | 55.99   | 59.08   | 55.75   |
| 4. SZCZUREK Bogdan        | 73 | IKS Druga Strona Sportu | <b>4:46.30</b> | 124       | 1:06.32 | 1:12.45 | 1:14.57 | 1:12.96 |

KATEGORIA K

|                              |    |                   |                |           |       |       |         |         |
|------------------------------|----|-------------------|----------------|-----------|-------|-------|---------|---------|
| 1. ZAŁUSKI Wiesław           | 75 | Koszalińskie TKKF | <b>3:05.20</b> | 486 +0,94 | 41.23 | 47.16 | 49.15   | 47.66   |
| <i>Rekord Polski Masters</i> |    |                   |                |           |       |       |         |         |
| 2. BARTKOWIAK Roman          | 76 | KS Warta Poznań   | <b>3:46.25</b> | 266 +0,97 | 47.61 | 58.24 | 1:00.25 | 1:00.15 |

KATEGORIA L

|                        |    |                    |                |           |       |         |         |         |
|------------------------|----|--------------------|----------------|-----------|-------|---------|---------|---------|
| 1. DEDESZKO-WIERCIŃSKI | 82 | KU AZS UMCS Lublin | <b>4:17.48</b> | 240 +0,94 | 54.35 | 1:02.86 | 1:10.55 | 1:09.72 |
| PK JONKISZ Marcin      | 46 | TRIFUN Łańcut      | <b>3:01.46</b> | 257       | 37.03 | 42.45   | 49.39   | 52.59   |

Konkurencja 28  
31.05.2025 - 17:48

Kobiet, 4 x 50m dowolny

AG 100 - 359  
Wyniki

Punkty: AQUA Master 2025

Pozycja Czas Pkt. CR

KATEGORIA B

|                        |    |       |                     |                          |                |       |       |
|------------------------|----|-------|---------------------|--------------------------|----------------|-------|-------|
| 1. Water Squad         |    |       | Water Squad         |                          | <b>1:52.99</b> | 898   | +0,72 |
| KOZAK Dominika         | 32 | +0,72 | 29.23               | WĘCŁAWIAK Rina           | 27             | +0,58 | 27.95 |
| SASIN Dominika         | 31 | +0,03 | 27.35               | GAJDOWSKA Agnieszka      | 30             | +0,42 | 28.46 |
| 2. 5Styl Warszawa 2    |    |       | 5Styl Warszawa      |                          | <b>1:59.44</b> | 760   | +0,82 |
| STACHOWICZ Lena        | 33 | +0,82 | 29.50               | JANCEWICZ Joanna         | 30             | +0,14 | 30.93 |
| KOLASA Magda           | 34 | +0,40 | 28.24               | PODGÓRSKA-GDAŃSKA Kamila | 42             | +0,57 | 30.77 |
| 3. Warsaw Masters Team |    |       | Warsaw Masters Team |                          | <b>1:59.65</b> | 756   | +0,64 |
| WIETRZYŃSKA Renata     | 26 | +0,64 | 29.89               | KOŚLA Marta              | 32             | +0,43 | 29.82 |
| DOBRASIEWICZ Marlena   | 37 | +0,55 | 31.33               | CHOJECKA Karolina        | 25             | +0,52 | 28.61 |
| 4. 5Styl Warszawa 1    |    |       | 5Styl Warszawa      |                          | <b>2:10.90</b> | 577   | +0,74 |
| WOLSKA Katarzyna       | 38 | +0,74 | 33.40               | GŁOWACKA Marta           | 40             | +0,52 | 31.36 |
| SŁOWIK Magdalena       | 33 | +0,43 | 33.36               | ZYGA Paulina             | 31             | +0,48 | 32.78 |

KATEGORIA C

|                               |    |       |                            |                  |                |       |       |
|-------------------------------|----|-------|----------------------------|------------------|----------------|-------|-------|
| 1. Masters Avia Świdnik 1     |    |       | Masters Avia Świdnik       |                  | <b>2:14.06</b> | 529   | +0,66 |
| LIPIEC Edyta                  | 52 | +0,66 | 35.67                      | DWORSKA Karolina | 31             | +0,49 |       |
| MARZENOWSKA Karolina          | 46 | +0,63 | 34.00                      | ZARZECZNA Kamila | 31             |       |       |
| 2. MUKS Zgierz 2              |    |       | MUKS Zgierz                |                  | <b>2:30.20</b> | 376   | +0,79 |
| KĄSKA-PAPIERNIK Joanna        | 49 | +0,79 | 33.77                      | BARAŃSKA Justyna | 48             | +0,41 | 40.03 |
| LUŻNIAKOWSKA Dagmara          | 45 | +0,41 | 36.94                      | ĆWIK Katarzyna   | 33             | +0,59 | 39.46 |
| 3. Fundacja Palestra Pływania |    |       | Fundacja Palestra Pływania |                  | <b>2:46.24</b> | 277   | +0,84 |
| LECH Monika                   | 41 | +0,84 | 43.65                      | FIGIEL Magda     | 44             | +0,12 | 43.23 |
| CYGAŃSKA Monika               | 46 | +0,43 | 44.76                      | GWIZDŹ Martyna   | 29             | +0,54 | 34.60 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 28, Kobiet, 4 x 50m dowolny

KATEGORIA D

|                           |    |       |       |                               |    |       |                |     |       |
|---------------------------|----|-------|-------|-------------------------------|----|-------|----------------|-----|-------|
| 1. MUKS Zgierz 1          |    |       |       | MUKS Zgierz                   |    |       | <b>2:23.49</b> | 502 | +0,91 |
| MRÓZ Urszula              | 63 | +0,91 | 35.60 | WYPYCH-STASZEWSKA Izabela     | 55 | +0,35 | 36.18          |     |       |
| SZELAŃGOWSKA Katarzyna    | 46 | +0,35 | 37.22 | REMBOWSKA-ŚWIEBODA Małgorzata | 57 | +0,45 | 34.49          |     |       |
| 2. SMT Szczecin           |    |       |       | SMT Szczecin                  |    |       | <b>2:29.28</b> | 446 | +0,69 |
| ZIELIŃSKA Dominika        | 45 | +0,69 | 33.86 | DAMLJANOVIC-WACŁAWIK Iwona    | 60 | +0,38 | 37.69          |     |       |
| KABAT-KOPERSKA Joanna     | 52 | +0,64 | 44.37 | KOWALCZYK Izabela             | 49 | +0,74 | 33.36          |     |       |
| 3. Masters Avia Świdnik 2 |    |       |       | Masters Avia Świdnik          |    |       | <b>2:47.27</b> | 317 |       |
| SKIBA Eliza               | 65 |       | 39.91 | ŁUBIŃSKA Anna                 | 57 | +0,42 | 39.26          |     |       |
| SEKUŁA Joanna             | 56 | +0,85 | 54.97 | KĘDZIERSKA Magdalena          | 38 | +0,71 | 33.13          |     |       |

Konkurencja 29  
31.05.2025 - 17:56

Mężczyzn, 4 x 50m dowolny

AG 100 - 359  
Wyniki

Punkty: AQUA Master 2025

Pozycja Czas Pkt. CR

KATEGORIA B

|                               |    |       |       |                            |    |       |                |     |       |
|-------------------------------|----|-------|-------|----------------------------|----|-------|----------------|-----|-------|
| 1. Water Squad 1              |    |       |       | Water Squad                |    |       | <b>1:39.37</b> | 815 | +0,72 |
| OLBORSKI Krzysztof            | 28 | +0,72 | 25.42 | CIEŻKOWSKI Dominik         | 29 | +0,26 | 24.89          |     |       |
| RĘBAS Igor                    | 36 | +0,07 | 25.14 | DUBIEL Adam                | 32 | +0,18 | 23.92          |     |       |
| 2. Warsaw Masters Team 1      |    |       |       | Warsaw Masters Team        |    |       | <b>1:46.31</b> | 666 | +0,76 |
| OSTROWSKI Bartosz             | 48 | +0,76 | 26.57 | OLSZEWSKI Krzysztof        | 36 | +0,27 | 26.32          |     |       |
| MIKOŁAJKÓW Aleksander         | 33 | +0,70 | 29.27 | KOSOWICZ Wojciech          | 28 | +0,19 | 24.15          |     |       |
| 3. KS Warta Poznań 1          |    |       |       | KS Warta Poznań            |    |       | <b>1:46.64</b> | 659 | +0,68 |
| WITT Piotr                    | 34 | +0,68 | 25.19 | WACHOWSKI Błażej           | 45 | +0,25 | 26.92          |     |       |
| RYBAK Tomasz                  | 45 | +0,37 | 26.44 | EL SABBAHY Loay            | 32 | +0,11 | 28.09          |     |       |
| 4. Fundacja Palestra Pływania |    |       |       | Fundacja Palestra Pływania |    |       | <b>2:00.35</b> | 459 | +0,71 |
| WALCZAK Aleks                 | 29 | +0,71 | 29.72 | DZIEDZIC Andrzej           | 32 | +0,26 | 30.31          |     |       |
| LEWANDOWSKI Andrzej           | 57 | +0,54 | 33.33 | BOCHNIA Piotr              | 36 | +0,24 | 26.99          |     |       |

DYSKW. 5Styl Warszawa 1

5Styl Warszawa

S6 - Pływak niewyznaczony do pływania danego odcinka sztafety wszedł do wody przed zakończeniem wyścigu przez wszystkie zespoły - 10.13

KIELIN Łukasz, GALON Michał, KORZENIOWSKI Paweł, CIEŚLAK Marcin

DYSKW. Masters Avia Świdnik 2

Masters Avia Świdnik

S6 - Pływak niewyznaczony do pływania danego odcinka sztafety wszedł do wody przed zakończeniem wyścigu przez wszystkie zespoły - 10.13

LIS Przemysław, PIK Paweł, LIS Patryk, MAZUR Andrzej

KATEGORIA C

|                          |    |       |       |                     |    |       |                |     |       |
|--------------------------|----|-------|-------|---------------------|----|-------|----------------|-----|-------|
| 1. SMT Szczecin          |    |       |       | SMT Szczecin        |    |       | <b>1:52.89</b> | 594 | +0,76 |
| BAŁKA Michał             | 38 | +0,76 | 29.08 | KASZYCA Jakub       | 30 | +0,45 | 27.22          |     |       |
| ZAJĄC Robert             | 59 | +0,56 | 32.07 | ZIELIŃSKI Dawid     | 33 | +0,64 | 24.52          |     |       |
| 2. Koszalińskie TKKF 1   |    |       |       | Koszalińskie TKKF   |    |       | <b>1:53.27</b> | 588 | +0,70 |
| WINIARCZYK Jarosław      | 53 | +0,70 | 28.76 | WILMOWICZ Adam      | 46 | +0,43 | 28.91          |     |       |
| PIEŚLAK Roman            | 46 | +0,45 | 28.77 | HORBACZ Marcin      | 51 | +0,34 | 26.83          |     |       |
| 3. Warsaw Masters Team 2 |    |       |       | Warsaw Masters Team |    |       | <b>1:55.56</b> | 554 | +0,82 |
| IWANIUK Damian           | 38 | +0,82 | 27.61 | BIELSKI Dymitr      | 48 | +0,77 | 31.36          |     |       |
| SKOŚKIEWICZ Rafał        | 59 | +0,13 | 28.36 | SZYMAŃSKI Marcin    | 44 | +0,33 | 28.23          |     |       |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 29, Mężczyzn, 4 x 50m dowolny, KATEGORIA C

| Pozycja |                                |    |       |                                |                     | Czas           | Pkt.  | CR    |
|---------|--------------------------------|----|-------|--------------------------------|---------------------|----------------|-------|-------|
| 4.      | UKS Sparta Grodzisk Mazowiecki |    |       | UKS Sparta Grodzisk Mazowiecki |                     | <b>1:58.24</b> | 517   | +0,86 |
|         | PLICH Jarosław                 | 47 | +0,86 | 29.91                          | PŁOTNICKI Andrzej   | 43             | +0,51 | 33.40 |
|         | ZIELIŃSKI Karol                | 45 | 0.00  | 28.69                          | GŁOWA Michał        | 46             | +0,41 | 26.24 |
| 5.      | Stow. Pływ. SWIMMERS           |    |       | Stow. Pływ. SWIMMERS           |                     | <b>1:58.29</b> | 516   | +0,95 |
|         | LIS Hubert                     | 50 | +0,95 | 32.02                          | LIS Roman           | 46             | +0,16 | 28.31 |
|         | TUSIŃSKI Mikołaj               | 42 | +0,28 | 30.84                          | DRYŃKOWSKI Łukasz   | 50             | +0,59 | 27.12 |
| 6.      | MUKS Gilus Gilowice            |    |       | MUKS Gilus Gilowice            |                     | <b>1:59.07</b> | 506   | +0,73 |
|         | FORMAS Sławomir                | 56 | +0,73 | 26.89                          | WYSOCKI Karol       | 42             | +0,02 | 30.64 |
|         | MENDYK Przemysław              | 33 | +0,56 | 28.04                          | BIALIK Grzegorz     | 37             | +0,24 | 33.50 |
| 7.      | KS Korona 1919 Kraków 1        |    |       | KS Korona 1919 Kraków          |                     | <b>2:00.37</b> | 490   | +0,79 |
|         | TOPORSKI Janusz                | 66 | +0,79 | 39.57                          | ŚLUSARCZYK Bartosz  | 40             | +0,21 | 26.15 |
|         | SZEWCZYK Maciej                | 29 | +0,20 | 26.88                          | JANKOWSKI Jędrzej   | 31             | +0,30 | 27.77 |
| 8.      | 5Styl Warszawa 2               |    |       | 5Styl Warszawa                 |                     | <b>2:01.89</b> | 472   | +0,80 |
|         | SANECKI Wojtek                 | 44 | +0,80 | 31.83                          | MAKOLSKI Tomasz     | 35             | +0,50 | 29.62 |
|         | RUTKOWSKI Daniel               | 41 | +0,03 | 31.12                          | FINDEL Paul         | 48             | +0,56 | 29.32 |
| 9.      | Water Squad 2                  |    |       | Water Squad                    |                     | <b>2:04.16</b> | 446   | +0,96 |
|         | PIÓRKOWSKI Marek               | 60 | +0,96 | 38.32                          | MOREŃ Wojciech      | 29             | +0,18 | 25.61 |
|         | KORPETTA Wojciech              | 66 | +0,14 | 35.14                          | ĆWIKLIŃSKI Mateusz  | 27             | +0,26 | 25.09 |
| 10.     | Fundacja JK TEAM               |    |       | Fundacja JK TEAM               |                     | <b>2:06.71</b> | 420   | +0,80 |
|         | ZAJĄC Ryszard                  | 41 | +0,80 | 32.66                          | BUKOWSKI Marcin     | 44             | +0,79 | 28.34 |
|         | BOLANOWSKI Bogdan              | 59 | +0,65 | 37.95                          | WOLAK Piotr         | 38             | +0,33 | 27.76 |
| 11.     | MUKS Zgierz 1                  |    |       | MUKS Zgierz                    |                     | <b>2:07.39</b> | 413   | +0,87 |
|         | ADAMCZYK Michał                | 49 | +0,87 | 32.30                          | MOROZOWSKI Wiktor   | 52             | +0,48 | 32.82 |
|         | LIS-PIWOWARSKI Przemysław      | 41 | +0,78 | 32.51                          | KUŚMIDER Przemysław | 36             | +0,63 | 29.76 |

KATEGORIA D

|    |                        |    |       |                       |                      |                |       |       |
|----|------------------------|----|-------|-----------------------|----------------------|----------------|-------|-------|
| 1. | Water Squad 3          |    |       | Water Squad           |                      | <b>1:52.42</b> | 667   | +0,78 |
|    | SZUTER Bolesław        | 55 | +0,78 | 27.38                 | MATYSZEWSKI Grzegorz | 54             | +0,43 | 32.25 |
|    | PIĄSCIŃSKI Daniel      | 49 | +0,55 | 27.34                 | KACZMAREK Marcin     | 48             | +0,29 | 25.45 |
| 2. | Masters Avia Świdnik 1 |    |       | Masters Avia Świdnik  |                      | <b>1:53.22</b> | 653   | +0,97 |
|    | STYPIŃSKI Zdzisław     | 69 | +0,97 | 30.97                 | SITKOWSKI Tomasz     | 51             | +0,14 | 27.20 |
|    | LIPIŃSKI Cezary        | 53 | +0,40 | 28.20                 | ZIELONKA Rafał       | 39             | +0,38 | 26.85 |
| 3. | SP Motyl Stalowa Wola  |    |       | SP Motyl Stalowa Wola |                      | <b>1:57.03</b> | 591   | +0,84 |
|    | OPALIŃSKI Paweł        | 51 | +0,84 | 29.13                 | PRZYBYLSKI Adam      | 58             | +0,33 | 29.73 |
|    | PAWŁOWSKI Krzysztof    | 48 | +0,42 | 30.04                 | BERWECKI Arkadiusz   | 52             | +0,61 | 28.13 |
| 4. | Gdynia Masters         |    |       | Gdynia Masters        |                      | <b>1:58.80</b> | 565   | +0,77 |
|    | GORBACZOW Jacek        | 38 | +0,77 | 30.06                 | GÓŹDŹ Maciej         | 49             | +0,41 | 28.20 |
|    | GORBACZOW Dariusz      | 67 | +0,63 | 30.23                 | WILKOWSKI Leszek     | 54             | +0,63 | 30.31 |
| 5. | MUKS Zgierz 2          |    |       | MUKS Zgierz           |                      | <b>2:11.50</b> | 416   | +0,86 |
|    | GAJDA Tomasz           | 47 | +0,86 | 32.53                 | DZIEDZICZAK Marek    | 48             | +0,32 |       |
|    | SEJMICKI Stanisław     | 64 | +0,76 | 37.13                 | KOTULSKI Michał      | 44             |       |       |
| 6. | Koszalińskie TKKF 2    |    |       | Koszalińskie TKKF     |                      | <b>2:18.93</b> | 353   |       |
|    | LASOWY Marian          | 70 |       | 41.04                 | WIERZCHOŃ Aleksy     | 63             | +0,37 | 35.55 |
|    | MAMROT Artur           | 53 | +0,71 | 32.92                 | KRUK Marcin          | 43             | +0,18 | 29.42 |





Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 30, Kobiet, 400m zmienny

KATEGORIA D

|    |                              |                       |                           |                     |     |       |
|----|------------------------------|-----------------------|---------------------------|---------------------|-----|-------|
| 1. | MAJEWSKI Michalina           | 41                    | MKP Gdańsk                | <b>5:41.87</b>      | 662 | +0,86 |
|    | <i>Rekord Polski Masters</i> |                       |                           |                     |     |       |
|    | 50m: 35.87 35.87             | 150m: 2:04.47 45.95   | 250m: 3:37.40 47.22       | 350m: 5:04.73 39.18 |     |       |
|    | 100m: 1:18.52 42.65          | 200m: 2:50.18 45.71   | 300m: 4:25.55 48.15       | 400m: 5:41.87 37.14 |     |       |
| 2. | DUDA Anna                    | 44                    | Rybnicki MKS              | <b>6:21.28</b>      | 477 | +0,87 |
|    | 50m: 38.64 38.64             | 150m: 2:18.32 52.88   | 250m: 4:04.30 57.11       | 350m: 5:42.83 43.33 |     |       |
|    | 100m: 1:25.44 46.80          | 200m: 3:07.19 48.87   | 300m: 4:59.50 55.20       | 400m: 6:21.28 38.45 |     |       |
| 3. | LARA Anna                    | 40                    | Niezrzeszony Jelenia Góra | <b>7:25.89</b>      | 298 |       |
|    | 50m: 49.89 49.89             | 150m: 2:50.85 1:03.84 | 250m: 4:49.52 57.89       | 350m: 6:37.82 48.26 |     |       |
|    | 100m: 1:47.01 57.12          | 200m: 3:51.63 1:00.78 | 300m: 5:49.56 1:00.04     | 400m: 7:25.89 48.07 |     |       |

KATEGORIA E

|    |                        |                       |                        |                     |     |       |
|----|------------------------|-----------------------|------------------------|---------------------|-----|-------|
| 1. | SZELAŃGOWSKA Katarzyna | 46                    | MUKS Zgierz            | <b>6:36.98</b>      | 494 | +0,76 |
|    | 50m: 40.04 40.04       | 150m: 2:19.55 53.37   | 250m: 4:11.18 58.69    | 350m: 5:53.80 44.94 |     |       |
|    | 100m: 1:26.18 46.14    | 200m: 3:12.49 52.94   | 300m: 5:08.86 57.68    | 400m: 6:36.98 43.18 |     |       |
| 2. | MRÓZ Edyta             | 46                    | UKS Wodnik 29 Katowice | <b>6:47.86</b>      | 455 | +0,95 |
|    | 50m: 46.33 46.33       | 150m: 2:31.53 52.03   | 250m: 4:23.63 1:01.20  | 350m: 6:05.82 42.06 |     |       |
|    | 100m: 1:39.50 53.17    | 200m: 3:22.43 50.90   | 300m: 5:23.76 1:00.13  | 400m: 6:47.86 42.04 |     |       |
| 3. | KLARECKA Monika        | 48                    | MUKS Zgierz            | <b>8:48.44</b>      | 209 | +0,89 |
|    | 50m: 58.80 58.80       | 150m: 3:19.30 1:10.99 | 250m: 5:43.49 1:13.43  | 350m: 7:53.77 59.17 |     |       |
|    | 100m: 2:08.31 1:09.51  | 200m: 4:30.06 1:10.76 | 300m: 6:54.60 1:11.11  | 400m: 8:48.44 54.67 |     |       |

KATEGORIA F

|    |                          |                     |                     |                     |     |       |
|----|--------------------------|---------------------|---------------------|---------------------|-----|-------|
| 1. | SULEWSKA Beata           | 53                  | Weteran Zabrze      | <b>6:01.81</b>      | 696 | +0,91 |
|    | 50m: 37.57 37.57         | 150m: 2:10.60 50.63 | 250m: 3:49.18 48.88 | 350m: 5:21.23 42.95 |     |       |
|    | 100m: 1:19.97 42.40      | 200m: 3:00.30 49.70 | 300m: 4:38.28 49.10 | 400m: 6:01.81 40.58 |     |       |
| 2. | RYBAK-STARCZAK Agnieszka | 50                  | UKS Cityzen Poznań  | <b>6:53.31</b>      | 467 |       |
|    | 50m: 42.12 42.12         | 150m: 2:27.84 57.36 | 250m: 4:22.86 58.00 | 350m: 6:08.17 46.18 |     |       |
|    | 100m: 1:30.48 48.36      | 200m: 3:24.86 57.02 | 300m: 5:21.99 59.13 | 400m: 6:53.31 45.14 |     |       |

KATEGORIA G

|    |                           |                     |                             |                     |     |       |
|----|---------------------------|---------------------|-----------------------------|---------------------|-----|-------|
| 1. | WYPYCH-STASZEWSKA Izabela | 55                  | MUKS Zgierz                 | <b>7:02.28</b>      | 445 | +0,89 |
|    | 50m: 45.13 45.13          | 150m: 2:32.78 54.97 | 250m: 4:25.64 1:00.57       | 350m: 6:15.92 50.25 |     |       |
|    | 100m: 1:37.81 52.68       | 200m: 3:25.07 52.29 | 300m: 5:25.67 1:00.03       | 400m: 7:02.28 46.36 |     |       |
| 2. | GOŹDZIEJEWSKA Anna        | 58                  | Stow. Pływ. Masters Olsztyn | <b>7:18.79</b>      | 396 |       |
|    | 50m: 50.58 50.58          | 150m: 2:48.99 57.37 | 250m: 4:46.08 1:00.09       | 350m: 6:33.19 48.00 |     |       |
|    | 100m: 1:51.62 1:01.04     | 200m: 3:45.99 57.00 | 300m: 5:45.19 59.11         | 400m: 7:18.79 45.60 |     |       |

KATEGORIA I

|    |                     |                     |                       |                     |     |  |
|----|---------------------|---------------------|-----------------------|---------------------|-----|--|
| 1. | SZAŁA Ewa           | 66                  | KS Warta Poznań       | <b>7:09.05</b>      | 665 |  |
|    | 50m: 48.90 48.90    | 150m: 2:38.26 54.27 | 250m: 4:31.66 1:00.89 | 350m: 6:23.38 49.40 |     |  |
|    | 100m: 1:43.99 55.09 | 200m: 3:30.77 52.51 | 300m: 5:33.98 1:02.32 | 400m: 7:09.05 45.67 |     |  |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 31  
31.05.2025 - 18:23

Mężczyzn, 400m zmienny

20 - 94 lat  
Wyniki

|                    |         |                        |                  |            |
|--------------------|---------|------------------------|------------------|------------|
| RP Masters 80 - 84 | 8:20.62 | KROKOSZYŃSKI Stanisław | Gliwice          | 18.06.2011 |
| RP Masters 75 - 79 | 8:13.09 | BASTEK Ewald           | Budapeszt (HUN)  | 16.08.2017 |
| RP Masters 70 - 74 | 7:01.33 | BASTEK Ewald           | Göteborg (SWE)   | 02.08.2010 |
| RP Masters 65 - 69 | 7:02.47 | PRZYTULSKI Włodzimierz | Warszawa         | 03.06.2023 |
| RP Masters 60 - 64 | 6:27.92 | RACZYŃSKI Marian       | Casablanca (MAR) | 21.06.1998 |
| RP Masters 55 - 59 | 6:09.16 | GABIEC Mariusz         | Szczecin         | 28.06.2015 |
| RP Masters 50 - 54 | 5:15.44 | WOLNY Dariusz          | Göteborg (SWE)   | 02.08.2010 |
| RP Masters 45 - 49 | 5:15.71 | BERWECKI Arkadiusz     | Poznań           | 23.06.2018 |
| RP Masters 40 - 44 | 4:49.62 | WOLNY Dariusz          | Monachium (GER)  | 02.08.2000 |
| RP Masters 35 - 39 | 4:46.79 | WOLNY Dariusz          | Casablanca (MAR) | 21.06.1998 |
| RP Masters 30 - 34 | 4:55.72 | APTEWICZ Arkadiusz     | Lublin           | 15.06.2024 |
| RP Masters 25 - 29 | 4:51.11 | APTEWICZ Arkadiusz     | Poznań           | 23.06.2018 |

Punkty: AQUA Master 2025

Pozycja Wiek Czas Pkt. CR

KATEGORIA A

|                     |                     |                         |                     |     |       |
|---------------------|---------------------|-------------------------|---------------------|-----|-------|
| 1. GAWRON Oskar     | 26                  | Fundacja Power Swimming | <b>4:59.78</b>      | 731 | +0,78 |
| 50m: 31.18 31.18    | 150m: 1:48.83 40.81 | 250m: 3:10.89 41.77     | 350m: 4:27.11 33.44 |     |       |
| 100m: 1:08.02 36.84 | 200m: 2:29.12 40.29 | 300m: 3:53.67 42.78     | 400m: 4:59.78 32.67 |     |       |

KATEGORIA B

|                        |                     |                        |                     |     |       |
|------------------------|---------------------|------------------------|---------------------|-----|-------|
| 1. GALON Michał        | 30                  | 5Styl Warszawa         | <b>5:08.11</b>      | 606 | +0,71 |
| 50m: 29.40 29.40       | 150m: 1:46.03 41.68 | 250m: 3:10.23 42.42    | 350m: 4:30.82 37.81 |     |       |
| 100m: 1:04.35 34.95    | 200m: 2:27.81 41.78 | 300m: 3:53.01 42.78    | 400m: 5:08.11 37.29 |     |       |
| 2. CHOWANIEC Mateusz   | 30                  | UKS Trójka Częstochowa | <b>5:45.62</b>      | 429 | +0,72 |
| 50m: 34.90 34.90       | 150m: 2:01.89 45.03 | 250m: 3:33.87 47.47    | 350m: 5:04.90 41.92 |     |       |
| 100m: 1:16.86 41.96    | 200m: 2:46.40 44.51 | 300m: 4:22.98 49.11    | 400m: 5:45.62 40.72 |     |       |
| 3. WANDZIOCH Krzysztof | 33                  | IKS Herkules Suwałki   | <b>6:29.25</b>      | 300 | +0,83 |
| 50m: 38.76 38.76       | 150m: 2:16.79 51.62 | 250m: 4:05.49 56.37    | 350m: 5:46.38 45.13 |     |       |
| 100m: 1:25.17 46.41    | 200m: 3:09.12 52.33 | 300m: 5:01.25 55.76    | 400m: 6:29.25 42.87 |     |       |

DYSKW. APTEWICZ Arkadiusz 32 Water Squad **4:58.69** +0,74

M1 - Pływak nie złamał powierzchni wody głową przed lub na lini 15 m po starcie lub nawrocie - 8.5

|                     |                     |                     |                     |
|---------------------|---------------------|---------------------|---------------------|
| 50m: 30.68 30.68    | 150m: 1:48.29 41.20 | 250m: 3:08.81 40.32 | 350m: 4:25.23 35.06 |
| 100m: 1:07.09 36.41 | 200m: 2:28.49 40.20 | 300m: 3:50.17 41.36 | 400m: 4:58.69 33.46 |

KATEGORIA C

|                     |                     |                     |                     |     |       |
|---------------------|---------------------|---------------------|---------------------|-----|-------|
| 1. SZEWCZYK Piotr   | 38                  | Warsaw Masters Team | <b>5:59.47</b>      | 455 | +0,88 |
| 50m: 36.94 36.94    | 150m: 2:04.48 45.32 | 250m: 3:45.23 55.47 | 350m: 5:20.81 41.32 |     |       |
| 100m: 1:19.16 42.22 | 200m: 2:49.76 45.28 | 300m: 4:39.49 54.26 | 400m: 5:59.47 38.66 |     |       |

KATEGORIA D

|                       |                     |                       |                     |     |       |
|-----------------------|---------------------|-----------------------|---------------------|-----|-------|
| 1. ŚLUSARCZYK Bartosz | 40                  | KS Korona 1919 Kraków | <b>6:18.23</b>      | 416 | +0,75 |
| 50m: 34.88 34.88      | 150m: 2:12.87 53.00 | 250m: 3:57.07 53.55   | 350m: 5:35.48 45.90 |     |       |
| 100m: 1:19.87 44.99   | 200m: 3:03.52 50.65 | 300m: 4:49.58 52.51   | 400m: 6:18.23 42.75 |     |       |
| 2. KRUK Marcin        | 43                  | Koszalińskie TKKF     | <b>6:27.09</b>      | 388 | +0,82 |
| 50m: 36.28 36.28      | 150m: 2:13.78 56.01 | 250m: 4:03.22 56.01   | 350m: 5:44.55 44.63 |     |       |
| 100m: 1:17.77 41.49   | 200m: 3:07.21 53.43 | 300m: 4:59.92 56.70   | 400m: 6:27.09 42.54 |     |       |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 31, Mężczyzn, 400m zmienny

KATEGORIA E

|                      |                     |                     |                     |     |       |
|----------------------|---------------------|---------------------|---------------------|-----|-------|
| 1. ROGOSZ Paweł      | 49                  | Warsaw Masters Team | <b>5:38.61</b>      | 588 | +0,80 |
| 50m: 35.93 35.93     | 150m: 2:03.00 46.06 | 250m: 3:32.89 44.25 | 350m: 4:58.71 40.30 |     |       |
| 100m: 1:16.94 41.01  | 200m: 2:48.64 45.64 | 300m: 4:18.41 45.52 | 400m: 5:38.61 39.90 |     |       |
| 2. OSTROWSKI Bartosz | 48                  | Warsaw Masters Team | <b>5:51.47</b>      | 526 | +0,82 |
| 50m: 36.59 36.59     | 150m: 2:08.77 50.08 | 250m: 3:45.16 47.88 | 350m: 5:14.23 40.40 |     |       |
| 100m: 1:18.69 42.10  | 200m: 2:57.28 48.51 | 300m: 4:33.83 48.67 | 400m: 5:51.47 37.24 |     |       |
| 3. GOGACZ Sebastian  | 49                  | UKS Trójka Puławy   | <b>5:58.97</b>      | 494 | +0,79 |
| 50m: 34.08 34.08     | 150m: 2:07.06 52.80 | 250m: 3:47.03 47.98 | 350m: 5:18.85 42.22 |     |       |
| 100m: 1:14.26 40.18  | 200m: 2:59.05 51.99 | 300m: 4:36.63 49.60 | 400m: 5:58.97 40.12 |     |       |

KATEGORIA F

|                        |                       |                             |                     |     |       |
|------------------------|-----------------------|-----------------------------|---------------------|-----|-------|
| 1. GREGOROWICZ Paweł   | 51                    | Stow. Pływ. Masters Olsztyn | <b>5:24.40</b>      | 682 | +0,76 |
| 50m: 34.27 34.27       | 150m: 2:26.11 46.10   | 250m: 3:26.11 46.10         | 350m: 4:48.91 37.77 |     |       |
| 100m: 1:11.49 37.22    | 200m: 2:40.01 45.03   | 300m: 4:11.14 45.03         | 400m: 5:24.40 35.49 |     |       |
| 2. WINIARCZYK Jarosław | 53                    | Koszalińskie TKKF           | <b>6:15.69</b>      | 439 | +0,77 |
| 50m: 35.82 35.82       | 150m: 2:14.09 53.09   | 250m: 3:59.32 54.52         | 350m: 5:35.58 43.55 |     |       |
| 100m: 1:21.00 45.18    | 200m: 3:04.80 50.71   | 300m: 4:52.03 52.71         | 400m: 6:15.69 40.11 |     |       |
| 3. ŁYSIAK Piotr        | 52                    | KS Korona 1919 Kraków       | <b>6:47.70</b>      | 343 | +0,93 |
| 50m: 42.85 42.85       | 150m: 2:30.94 56.24   | 250m: 4:19.00 53.19         | 350m: 6:01.29 48.86 |     |       |
| 100m: 1:34.70 51.85    | 200m: 3:25.81 54.87   | 300m: 5:12.43 53.43         | 400m: 6:47.70 46.41 |     |       |
| 4. WIERZBIK Bernard    | 50                    | Niezrzeszony Warszawa       | <b>7:09.21</b>      | 294 | +0,87 |
| 50m: 39.15 39.15       | 150m: 2:35.50 58.92   | 250m: 4:33.42 59.79         | 350m: 6:23.71 50.08 |     |       |
| 100m: 1:36.58 57.43    | 200m: 3:33.63 58.13   | 300m: 5:33.63 1:00.21       | 400m: 7:09.21 45.50 |     |       |
| 5. WILKOWSKI Leszek    | 54                    | Gdynia Masters              | <b>8:01.44</b>      | 208 |       |
| 50m: 50.33 50.33       | 150m: 3:01.56 1:03.88 | 250m: 5:10.72 1:09.05       | 350m: 7:12.10 51.26 |     |       |
| 100m: 1:57.68 1:07.35  | 200m: 4:01.67 1:00.11 | 300m: 6:20.84 1:10.12       | 400m: 8:01.44 49.34 |     |       |

KATEGORIA G

|                              |                       |                       |                       |     |       |
|------------------------------|-----------------------|-----------------------|-----------------------|-----|-------|
| 1. MONCZAK Piotr             | 58                    | KS Warta Poznań       | <b>5:47.77</b>        | 626 | +0,78 |
| <i>Rekord Polski Masters</i> |                       |                       |                       |     |       |
| 50m: 35.79 35.79             | 150m: 2:03.67 45.95   | 250m: 3:39.57 50.86   | 350m: 5:10.22 39.31   |     |       |
| 100m: 1:17.72 41.93          | 200m: 2:48.71 45.04   | 300m: 4:30.91 51.34   | 400m: 5:47.77 37.55   |     |       |
| 2. RUDZIŃSKI Michał          | 59                    | MUKS Zgierz           | <b>8:19.24</b>        | 211 |       |
| 50m: 53.82 53.82             | 150m: 3:05.57 1:04.85 | 250m: 5:12.97 1:02.53 | 350m: 7:20.07 1:00.53 |     |       |
| 100m: 2:00.72 1:06.90        | 200m: 4:10.44 1:04.87 | 300m: 6:19.54 1:06.57 | 400m: 8:19.24 59.17   |     |       |

KATEGORIA H

|                       |                       |                       |                     |     |       |
|-----------------------|-----------------------|-----------------------|---------------------|-----|-------|
| 1. BIAŁY Michał       | 63                    | 5Styl Warszawa        | <b>6:48.03</b>      | 430 | +0,51 |
| 50m: 43.60 43.60      | 150m: 2:31.09 52.33   | 250m: 4:20.39 55.42   | 350m: 6:01.91 46.53 |     |       |
| 100m: 1:38.76 55.16   | 200m: 3:24.97 53.88   | 300m: 5:15.38 54.99   | 400m: 6:48.03 46.12 |     |       |
| 2. AMBROZIAK Tomasz   | 61                    | UŚKS Ostrołęka        | <b>7:45.23</b>      | 290 | +0,89 |
| 50m: 50.76 50.76      | 150m: 3:00.27 1:03.14 | 250m: 5:07.62 1:05.87 | 350m: 6:58.73 48.60 |     |       |
| 100m: 1:57.13 1:06.37 | 200m: 4:01.75 1:01.48 | 300m: 6:10.13 1:02.51 | 400m: 7:45.23 46.50 |     |       |
| 3. BURZYŃSKI Piotr    | 63                    | KS Waterpolo Poznań   | <b>8:19.92</b>      | 234 |       |
| 50m: 57.18 57.18      | 150m: 3:20.39 1:12.97 | 250m: 5:32.82 1:03.19 | 350m: 7:27.23 51.03 |     |       |
| 100m: 2:07.42 1:10.24 | 200m: 4:29.63 1:09.24 | 300m: 6:36.20 1:03.38 | 400m: 8:19.92 52.69 |     |       |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 31, Mężczyzn, 400m zmienny

KATEGORIA I

|                              |         |                       |                |               |         |
|------------------------------|---------|-----------------------|----------------|---------------|---------|
| 1. LORKOWSKI Robert          | 65      | SP Motyl Stalowa Wola | <b>6:53.89</b> | 433           | +0,92   |
| <i>Rekord Polski Masters</i> |         |                       |                |               |         |
| 50m: 43.47                   | 43.47   | 150m: 2:27.39         | 52.50          | 250m: 4:20.44 | 1:01.49 |
| 100m: 1:34.89                | 51.42   | 200m: 3:18.95         | 51.56          | 300m: 5:20.98 | 1:00.54 |
|                              |         |                       |                | 350m: 6:08.69 | 47.71   |
|                              |         |                       |                | 400m: 6:53.89 | 45.20   |
| 2. TOPORSKI Janusz           | 66      | KS Korona 1919 Kraków | <b>8:20.92</b> | 244           | +0,75   |
| 50m: 55.41                   | 55.41   | 150m: 3:15.88         | 1:16.19        | 250m: 5:34.05 | 1:03.43 |
| 100m: 1:59.69                | 1:04.28 | 200m: 4:30.62         | 1:14.74        | 300m: 6:36.06 | 1:02.01 |
|                              |         |                       |                | 350m: 7:31.04 | 54.98   |
|                              |         |                       |                | 400m: 8:20.92 | 49.88   |

KATEGORIA J

|                 |         |                     |                |               |         |
|-----------------|---------|---------------------|----------------|---------------|---------|
| 1. NOWAK Michał | 73      | Warsaw Masters Team | <b>7:51.76</b> | 429           | +0,97   |
| 50m: 53.64      | 53.64   | 150m: 3:01.68       | 1:02.87        | 250m: 5:03.10 | 59.95   |
| 100m: 1:58.81   | 1:05.17 | 200m: 4:03.15       | 1:01.47        | 300m: 6:04.70 | 1:01.60 |
|                 |         |                     |                | 350m: 6:59.38 | 54.68   |
|                 |         |                     |                | 400m: 7:51.76 | 52.38   |

KATEGORIA K

|                      |         |                         |                 |                |         |
|----------------------|---------|-------------------------|-----------------|----------------|---------|
| 1. BARTKOWIAK Roman  | 76      | KS Warta Poznań         | <b>10:23.53</b> | 254            |         |
| 50m: 1:30.20         | 1:30.20 | 150m: 4:43.09           | 1:16.76         | 250m: 7:10.45  | 1:12.90 |
| 100m: 3:26.33        | 1:56.13 | 200m: 5:57.55           | 1:14.46         | 300m: 8:27.05  | 1:16.60 |
|                      |         |                         |                 | 350m: 9:27.20  | 1:00.15 |
|                      |         |                         |                 | 400m: 10:23.53 | 56.33   |
| 2. DASZYŃSKI Andrzej | 77      | UKS Energetyk Zgorzelec | <b>10:34.12</b> | 241            |         |
| 50m: 1:18.21         | 1:18.21 | 150m: 4:11.44           | 1:19.83         | 250m: 6:54.13  | 1:28.90 |
| 100m: 2:51.61        | 1:33.40 | 200m: 5:25.23           | 1:13.79         | 300m: 8:19.58  | 1:25.45 |
|                      |         |                         |                 | 350m: 9:26.31  | 1:06.73 |
|                      |         |                         |                 | 400m: 10:34.12 | 1:07.81 |

Konkurencja 32 Kobiet, 100m motylkowy 20 - 94 lat Wyniki

|                    |         |                      |                 |            |
|--------------------|---------|----------------------|-----------------|------------|
| RP Masters 75 - 79 | 1:57.97 | FECICA Krystyna      | Gliwice         | 02.06.2019 |
| RP Masters 70 - 74 | 1:52.18 | FECICA Krystyna      | Eindhoven (NED) | 03.09.2013 |
| RP Masters 65 - 69 | 1:39.89 | SZAŁA Ewa            | Lublin          | 15.06.2024 |
| RP Masters 60 - 64 | 1:30.10 | MRÓZ Urszula         | Olsztyn         | 12.06.2022 |
| RP Masters 55 - 59 | 1:25.90 | MRÓZ Urszula         | Budapeszt (HUN) | 15.08.2017 |
| RP Masters 50 - 54 | 1:12.01 | ŚCIBIOREK Małgorzata | Łódź            | 29.05.2021 |
| RP Masters 45 - 49 | 1:12.30 | ŚCIBIOREK Małgorzata | Łódź            | 22.04.2018 |
| RP Masters 40 - 44 | 1:10.62 | ŚCIBIOREK Małgorzata | Olsztyn         | 29.06.2014 |
| RP Masters 35 - 39 | 1:07.84 | GOŁĘBIEWSKA Joanna   | Poznań          | 24.06.2018 |
| RP Masters 30 - 34 | 1:07.13 | SASIN Dominika       | Doha            | 29.02.2024 |
| RP Masters 25 - 29 | 1:07.03 | SASIN Dominika       | Warszawa        | 04.06.2023 |

Punkty: AQUA Master 2025

| Pozycja                | Wiek |                 | Czas           | Pkt. | CR    | 50m   | 100m  |
|------------------------|------|-----------------|----------------|------|-------|-------|-------|
| KATEGORIA MŁ           |      |                 |                |      |       |       |       |
| 1. KOWALCZYK Katarzyna | 20   | Niezrzeszony    | <b>1:19.34</b> | 432  | +0,81 | 35.96 | 43.38 |
| 2. ZIELIŃSKA Oliwia    | 24   | KS Warta Poznań | <b>1:19.53</b> | 429  | +0,65 | 36.39 | 43.14 |

KATEGORIA A

|                         |    |                         |                |     |       |       |       |
|-------------------------|----|-------------------------|----------------|-----|-------|-------|-------|
| 1. WRÓBEL Angelika      | 28 | Fundacja Power Swimming | <b>1:10.70</b> | 610 | +0,76 | 33.47 | 37.23 |
| 2. SZYSZKOWSKA Karolina | 29 | Water Squad             | <b>1:10.90</b> | 605 | +0,78 | 33.21 | 37.69 |
| 3. KUREK Wiktoria       | 28 | UKS Trójka Częstochowa  | <b>1:13.57</b> | 542 | +0,79 | 33.28 | 40.29 |
| 4. BORCZYK Martyna      | 25 | Water Squad             | <b>1:13.74</b> | 538 | +0,74 | 33.99 | 39.75 |
| 5. WIETRZYŃSKA Renata   | 26 | Warsaw Masters Team     | <b>1:26.95</b> | 328 | +0,64 | 36.37 | 50.58 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 32, Kobiet, 100m motylkowy

KATEGORIA B

|                     |    |                      |                |     |       |       |       |
|---------------------|----|----------------------|----------------|-----|-------|-------|-------|
| 1. SASIN Dominika   | 31 | Water Squad          | <b>1:09.06</b> | 617 | +0,73 | 32.30 | 36.76 |
| 2. KOLASA Magda     | 34 | 5Styl Warszawa       | <b>1:13.39</b> | 514 | +0,74 | 33.66 | 39.73 |
| 3. DWORSKA Karolina | 31 | Masters Avia Świdnik | <b>1:18.93</b> | 413 | +0,88 | 35.78 | 43.15 |

KATEGORIA C

|                       |    |                             |                |     |       |       |       |
|-----------------------|----|-----------------------------|----------------|-----|-------|-------|-------|
| 1. ZALESKA Anna       | 37 | Stow. Pływ. Masters Olsztyn | <b>1:18.74</b> | 489 | +0,79 | 36.91 | 41.83 |
| 2. KOB-GOŁASZEWSKA K. | 39 | Fundacja Power Swimming     | <b>1:26.81</b> | 365 | +0,74 | 38.80 | 48.01 |

KATEGORIA D

|                           |    |                            |                |     |       |       |       |
|---------------------------|----|----------------------------|----------------|-----|-------|-------|-------|
| 1. DUDA Anna              | 44 | Rybnicki MKS               | <b>1:16.65</b> | 564 | +0,78 | 35.26 | 41.39 |
| 2. PALMOWSKA-LATUSZEK P.  | 40 | Stow. TEAM SPORT           | <b>1:19.23</b> | 511 | +0,75 | 38.03 | 41.20 |
| 3. DARGAS-MISZCZAK Monika | 44 | Warsaw Masters Team        | <b>1:32.11</b> | 325 | +0,83 | 40.31 | 51.80 |
| 4. LARA Anna              | 40 | Niezzrzeszony Jelenia Góra | <b>1:46.59</b> | 210 | +0,95 | 50.73 | 55.86 |

KATEGORIA E

|                           |    |              |                |     |       |       |       |
|---------------------------|----|--------------|----------------|-----|-------|-------|-------|
| 1. SZELAŁGOWSKA Katarzyna | 46 | MUKS Zgierz  | <b>1:24.02</b> | 462 | +0,78 | 38.26 | 45.76 |
| 2. KOWALCZYK Izabela      | 49 | SMT Szczecin | <b>1:26.71</b> | 420 | +0,97 | 40.29 | 46.42 |

KATEGORIA F

|                             |    |                     |                |     |       |       |       |
|-----------------------------|----|---------------------|----------------|-----|-------|-------|-------|
| 1. ŚCIBIOREK Małgorzata     | 54 | MUKS Zgierz         | <b>1:19.98</b> | 609 | +0,79 | 36.10 | 43.88 |
| 2. WOŹNIAK Dorota           | 52 | Masters Zdzeszowice | <b>1:29.74</b> | 431 | +0,97 | 40.05 | 49.69 |
| 3. RYBAK-STARCZAK Agnieszka | 50 | UKS Cityzen Poznań  | <b>1:31.50</b> | 406 | +0,98 | 43.08 | 48.42 |

KATEGORIA G

|                              |    |             |                |     |       |       |       |
|------------------------------|----|-------------|----------------|-----|-------|-------|-------|
| 1. WYPYCH-STASZEWSKA Izabela | 55 | MUKS Zgierz | <b>1:31.33</b> | 404 | +0,87 | 43.58 | 47.75 |
|------------------------------|----|-------------|----------------|-----|-------|-------|-------|

KATEGORIA H

|                  |    |                |                |     |       |       |         |
|------------------|----|----------------|----------------|-----|-------|-------|---------|
| 1. ŁATKOWSKA Ewa | 60 | 5Styl Warszawa | <b>2:09.53</b> | 146 | +0,86 | 56.86 | 1:12.67 |
|------------------|----|----------------|----------------|-----|-------|-------|---------|

KATEGORIA I

|                              |    |                         |                |     |       |         |         |
|------------------------------|----|-------------------------|----------------|-----|-------|---------|---------|
| 1. MACIERZEWSKA Agnieszka    | 65 | KS Korona 1919 Kraków   | <b>1:35.07</b> | 465 | +0,96 | 44.38   | 50.69   |
| <i>Rekord Polski Masters</i> |    |                         |                |     |       |         |         |
| 2. RUPP Ewa                  | 69 | IKS Druga Strona Sportu | <b>3:25.68</b> | 46  |       | 1:34.77 | 1:50.91 |

KATEGORIA L

|                    |    |                |                |     |  |         |         |
|--------------------|----|----------------|----------------|-----|--|---------|---------|
| 1. FECICA Krystyna | 82 | Weteran Zabrze | <b>2:14.26</b> | 591 |  | 1:01.98 | 1:12.28 |
|--------------------|----|----------------|----------------|-----|--|---------|---------|



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 33  
01.06.2025 - 9:08

Mężczyzn, 100m motylkowy

20 - 94 lat  
Wyniki

|                    |         |                        |                 |            |
|--------------------|---------|------------------------|-----------------|------------|
| RP Masters 80 - 84 | 2:10.56 | PRZĄDO Lucjan          | Gliwice         | 18.06.2011 |
| RP Masters 75 - 79 | 1:52.37 | KROKOSZYŃSKI Stanisław | Poznań          | 20.06.2009 |
| RP Masters 70 - 74 | 1:37.97 | MACIEJCZYK Zbigniew    | Warszawa        | 18.06.2017 |
| RP Masters 65 - 69 | 1:19.39 | GABIEC Mariusz         | Lublin          | 16.06.2024 |
| RP Masters 60 - 64 | 1:12.42 | ŻMIEJKO Wojciech       | Warszawa        | 04.06.2023 |
| RP Masters 55 - 59 | 1:06.66 | SKOŚKIEWICZ Rafał      | Rome            | 29.08.2022 |
| RP Masters 50 - 54 | 1:02.37 | BERWECKI Arkadiusz     | Warszawa        | 04.06.2023 |
| RP Masters 45 - 49 | 57.71   | KACZMAREK Marcin       | Rome            | 29.08.2022 |
| RP Masters 40 - 44 | 57.66   | KACZMAREK Marcin       | Budapeszt (HUN) | 17.08.2017 |
| RP Masters 35 - 39 | 53.63   | KORZENIOWSKI Paweł     | Warszawa        | 02.12.2023 |
| RP Masters 30 - 34 | 56.56   | BABUCHOWSKI Marcin     | Olsztyn         | 29.06.2014 |
| RP Masters 25 - 29 | 54.73   | BABUCHOWSKI Marcin     | Warszawa        | 27.05.2012 |

Punkty: AQUA Master 2025

| Pozycja | Wiek |  | Czas | Pkt. | CR | 50m | 100m |
|---------|------|--|------|------|----|-----|------|
|---------|------|--|------|------|----|-----|------|

KATEGORIA A

|    |                    |    |                      |                |     |       |       |       |
|----|--------------------|----|----------------------|----------------|-----|-------|-------|-------|
| 1. | ĆWIKLIŃSKI Mateusz | 27 | Water Squad          | <b>59.89</b>   | 696 | +0,72 | 27.52 | 32.37 |
| 2. | CIEŻKOWSKI Dominik | 29 | Water Squad          | <b>1:00.65</b> | 670 | +0,74 | 27.96 | 32.69 |
| 3. | LIS Patryk         | 27 | Masters Avia Świdnik | <b>1:03.31</b> | 589 | +0,74 | 29.56 | 33.75 |
| 4. | GRYGLEWICZ Juliusz | 27 | Niezrzeszony         | <b>1:11.28</b> | 413 | +0,86 | 32.48 | 38.80 |

KATEGORIA B

|    |                  |    |                     |                |     |       |       |       |
|----|------------------|----|---------------------|----------------|-----|-------|-------|-------|
| 1. | GAJDA Maciej     | 30 | MKP Wodnik 29 Tychy | <b>1:01.32</b> | 649 | +0,70 | 27.62 | 33.70 |
| 2. | JASNOS Adam      | 34 | TP Zielona Góra     | <b>1:01.83</b> | 633 | +0,72 | 28.28 | 33.55 |
| 3. | KIELIN Łukasz    | 31 | 5Styl Warszawa      | <b>1:02.48</b> | 613 | +0,73 | 28.21 | 34.27 |
| 4. | WITT Piotr       | 34 | KS Warta Poznań     | <b>1:03.47</b> | 585 | +0,72 | 29.29 | 34.18 |
| 5. | EL SABBAHY Loay  | 32 | KS Warta Poznań     | <b>1:05.30</b> | 537 | +0,60 | 30.38 | 34.92 |
| 6. | KEMPIAK Amadeusz | 31 | Niezrzeszony        | <b>1:07.46</b> | 487 | +0,65 | 30.78 | 36.68 |

KATEGORIA C

|        |                 |    |                   |                |     |       |       |       |
|--------|-----------------|----|-------------------|----------------|-----|-------|-------|-------|
| 1.     | SZWIEC Szymon   | 39 | UKS Peyomi Tarnów | <b>1:01.50</b> | 663 | +0,74 | 27.89 | 33.61 |
| 2.     | BAŁKA Michał    | 38 | SMT Szczecin      | <b>1:10.04</b> | 449 | +0,78 | 31.51 | 38.53 |
| 3.     | DAWIDEK Łukasz  | 39 | MASTERS Lublin    | <b>1:17.59</b> | 330 | +0,83 | 34.91 | 42.68 |
| DYSKW. | SIWKA Sebastian | 36 | Niezrzeszony      |                |     |       |       |       |

M10 - Pływak nie dotknął ściany dwiema dłońmi przy nawrocie lub na zakończenie wyścigu - 8.4

KATEGORIA D

|    |                                                     |    |                      |                |      |       |       |       |
|----|-----------------------------------------------------|----|----------------------|----------------|------|-------|-------|-------|
| 1. | KORZENIOWSKI Paweł                                  | 40 | 5Styl Warszawa       | <b>53.76</b>   | 1087 | +0,75 | 25.37 | 28.39 |
|    | <i>Rekord Polski Masters, Rekord Świata Masters</i> |    |                      |                |      |       |       |       |
| 2. | TYSZKOWSKI Sebastian                                | 42 | UKS KORAL Wrocław    | <b>1:00.61</b> | 759  | +0,76 | 28.29 | 32.32 |
| 3. | SANECKI Wojtek                                      | 44 | 5Styl Warszawa       | <b>1:18.52</b> | 349  | +0,82 | 36.59 | 41.93 |
| 4. | TUSIŃSKI Mikołaj                                    | 42 | Stow. Pływ. SWIMMERS | <b>1:18.66</b> | 347  | +0,86 | 38.75 | 39.91 |

KATEGORIA E

|    |                  |    |                 |                |     |       |       |       |
|----|------------------|----|-----------------|----------------|-----|-------|-------|-------|
| 1. | OLEJARCZYK Igor  | 46 | Masters Łódź    | <b>1:06.73</b> | 615 | +0,77 | 30.18 | 36.55 |
| 2. | RYBAK Tomasz     | 45 | KS Warta Poznań | <b>1:08.38</b> | 571 | +0,79 | 32.46 | 35.92 |
| 3. | FRĄCKOWIAK Artur | 47 | Masters Łódź    | <b>1:08.92</b> | 558 | +0,72 | 31.71 | 37.21 |
| 4. | WACHOWSKI Błażej | 45 | KS Warta Poznań | <b>1:11.91</b> | 491 | +0,86 | 33.29 | 38.62 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 33, Mężczyzn, 100m motylkowy

KATEGORIA F

|    |                    |    |                             |                |     |       |       |       |
|----|--------------------|----|-----------------------------|----------------|-----|-------|-------|-------|
| 1. | GREGOROWICZ Paweł  | 51 | Stow. Pływ. Masters Olsztyn | <b>1:03.07</b> | 737 | +0,71 | 29.33 | 33.74 |
| 2. | BERWECKI Arkadiusz | 52 | SP Motyl Stalowa Wola       | <b>1:04.90</b> | 677 | +0,76 | 30.42 | 34.48 |
| 3. | OPALIŃSKI Paweł    | 51 | SP Motyl Stalowa Wola       | <b>1:13.35</b> | 469 | +0,86 | 33.42 | 39.93 |
| 4. | KUBICA Ryszard     | 53 | KS Górnik Radlin            | <b>1:16.40</b> | 415 | +0,88 | 34.61 | 41.79 |
| 5. | WIERZBIK Bernard   | 50 | Niezrzeszony Warszawa       | <b>1:29.31</b> | 259 | +0,88 | 40.27 | 49.04 |

KATEGORIA G

|    |                   |    |                       |                |     |       |       |         |
|----|-------------------|----|-----------------------|----------------|-----|-------|-------|---------|
| 1. | FORMAS Sławomir   | 56 | MUKS Gilus Gilowice   | <b>1:07.46</b> | 723 | +0,77 | 32.27 | 35.19   |
| 2. | SKOŚKIEWICZ Rafał | 59 | Warsaw Masters Team   | <b>1:12.09</b> | 592 | +0,71 | 32.48 | 39.61   |
| 3. | PRZYBYLSKI Adam   | 58 | SP Motyl Stalowa Wola | <b>1:26.45</b> | 343 | +0,93 | 39.87 | 46.58   |
| 4. | RUDZIŃSKI Michał  | 59 | MUKS Zgierz           | <b>1:54.49</b> | 147 |       | 50.55 | 1:03.94 |

KATEGORIA H

|    |                  |    |                        |                |     |       |       |         |
|----|------------------|----|------------------------|----------------|-----|-------|-------|---------|
| 1. | ŻMIEJKO Wojciech | 62 | Niezrzeszony Białystok | <b>1:17.16</b> | 518 | +0,83 | 35.88 | 41.28   |
| 2. | BURZYŃSKI Piotr  | 63 | KS Waterpolo Poznań    | <b>2:08.21</b> | 113 |       | 57.89 | 1:10.32 |

KATEGORIA I

|        |                        |    |                        |                |     |       |       |         |
|--------|------------------------|----|------------------------|----------------|-----|-------|-------|---------|
| 1.     | GORBACZOW Dariusz      | 67 | Gdynia Masters         | <b>1:22.99</b> | 498 |       | 40.03 | 42.96   |
| 2.     | PRZYTULSKI Włodzimierz | 68 | MUKS Zgierz            | <b>1:30.49</b> | 384 | +0,93 | 44.07 | 46.42   |
| 3.     | TOPORSKI Janusz        | 66 | KS Korona 1919 Kraków  | <b>1:52.83</b> | 198 | +0,80 | 50.83 | 1:02.00 |
| DYSKW. | LAIKARI Jukka          | 66 | Meisterujumise U-Klubi |                |     |       |       |         |

M4 - Pływak wykonał nierównoczesne ruchy ramion - 8.2

KATEGORIA J

|    |                 |    |                            |                |     |       |       |         |
|----|-----------------|----|----------------------------|----------------|-----|-------|-------|---------|
| 1. | DUBIŃSKI Bogdan | 72 | Stow. Pływ. Legia Warszawa | <b>1:51.69</b> | 219 | +0,97 | 49.97 | 1:01.72 |
| 2. | CIECIOR Jerzy   | 72 | Rydułtowska AAS 60+        | <b>2:00.32</b> | 175 | +0,93 | 57.10 | 1:03.22 |

KATEGORIA K

|    |                   |    |                         |                |    |  |         |         |
|----|-------------------|----|-------------------------|----------------|----|--|---------|---------|
| 1. | DASZYŃSKI Andrzej | 77 | UKS Energetyk Zgorzelec | <b>2:45.97</b> | 99 |  | 1:15.47 | 1:30.50 |
| 2. | BARTKOWIAK Roman  | 76 | KS Warta Poznań         | <b>3:17.76</b> | 58 |  | 1:29.94 | 1:47.82 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 34  
01.06.2025 - 9:22

Kobiet, 200m grzbietowy

20 - 94 lat  
Wyniki

|                    |         |                        |                |            |
|--------------------|---------|------------------------|----------------|------------|
| RP Masters 85 - 89 | 6:35.02 | WALKOWICZ Urszula      | Warszawa       | 18.06.2017 |
| RP Masters 80 - 84 | 5:34.35 | WALKOWICZ Urszula      | Riccione (ITA) | 11.06.2012 |
| RP Masters 75 - 79 | 3:51.99 | BASTEK Renata          | Poznań         | 24.06.2018 |
| RP Masters 70 - 74 | 3:44.90 | BASTEK Renata          | Olsztyn        | 29.06.2014 |
| RP Masters 65 - 69 | 3:19.46 | SZAŁA Ewa              | Belgrad        | 29.06.2024 |
| RP Masters 60 - 64 | 3:07.79 | SZAŁA Ewa              | Gliwice        | 02.06.2019 |
| RP Masters 55 - 59 | 3:03.88 | SZAŁA Ewa              | Szczecin       | 27.06.2015 |
| RP Masters 50 - 54 | 3:00.47 | SERBIN Małgorzata      | Warszawa       | 18.06.2017 |
| RP Masters 45 - 49 | 2:45.67 | FAJKOWSKA Daria        | Warszawa       | 30.11.2019 |
| RP Masters 40 - 44 | 2:42.29 | FAJKOWSKA Daria        | Szczecin       | 27.06.2015 |
| RP Masters 35 - 39 | 2:40.53 | KACZMAREK Agnieszka    | Lublin         | 16.06.2024 |
| RP Masters 30 - 34 | 2:40.04 | KACZMAREK Agnieszka    | Gliwice        | 12.06.2016 |
| RP Masters 25 - 29 | 2:33.59 | BARTNIKOWSKA Agnieszka | Poznań         | 24.06.2018 |

Punkt: AQUA Master 2025

| Pozycja                      | Wiek |                      | Czas           | Pkt.      | CR | 50m     | 100m    | 150m    | 200m  |
|------------------------------|------|----------------------|----------------|-----------|----|---------|---------|---------|-------|
| KATEGORIA MŁ                 |      |                      |                |           |    |         |         |         |       |
| 1. WIĘCKOWSKA Alicja         | 22   | UKS Delfin Garwolin  | <b>2:46.97</b> | 507       |    | 39.32   | 42.16   | 43.66   | 41.83 |
| 2. DENISIEWICZ Natalia       | 24   | Niezrzeszony Opole   | <b>3:22.50</b> | 284       |    | 48.48   | 51.34   | 53.55   | 49.13 |
| KATEGORIA A                  |      |                      |                |           |    |         |         |         |       |
| 1. BORCZYK Martyna           | 25   | Water Squad          | <b>2:41.02</b> | 565 +0,74 |    | 37.66   | 42.07   | 42.96   | 38.33 |
| 2. RUPA Patrycja             | 29   | KS PRESTIGE Rzeszów  | <b>2:50.54</b> | 476 +0,63 |    | 41.07   | 43.49   | 44.09   | 41.89 |
| KATEGORIA B                  |      |                      |                |           |    |         |         |         |       |
| 1. MAZUREK-FRANKOWSKA34      |      | Fala Masters Kraśnik | <b>2:36.67</b> | 677 +0,74 |    | 35.53   | 40.05   | 41.67   | 39.42 |
| <i>Rekord Polski Masters</i> |      |                      |                |           |    |         |         |         |       |
| 2. ZARZECZNA Kamila          | 31   | Masters Avia Świdnik | <b>2:51.63</b> | 515 +0,79 |    | 40.83   | 43.39   | 44.68   | 42.73 |
| 3. ZYGA Paulina              | 31   | 5Styl Warszawa       | <b>3:08.16</b> | 391 +0,71 |    | 45.28   | 47.17   | 48.77   | 46.94 |
| 4. WOJNICKA Joanna           | 31   | MUKS HURAGAN Koło    | <b>3:40.46</b> | 243 +0,74 |    | 50.30   | 57.93   | 58.74   | 53.49 |
| KATEGORIA C                  |      |                      |                |           |    |         |         |         |       |
| 1. WIELECHOWSKA Anna         | 35   | UKS Cityzen Poznań   | <b>3:02.40</b> | 434 +0,85 |    | 42.72   | 45.98   | 47.50   | 46.20 |
| 2. MARDZIEL Aleksandra       | 38   | Koszalińskie TKKF    | <b>3:38.02</b> | 254 +0,75 |    | 50.14   | 54.96   | 57.04   | 55.88 |
| KATEGORIA D                  |      |                      |                |           |    |         |         |         |       |
| 1. PALMOWSKA-LATUSZEK        | 40   | Stow. TEAM SPORT     | <b>2:51.38</b> | 553 +0,67 |    | 40.53   | 43.39   | 44.73   | 42.73 |
| 2. TARKOWSKA Iwona           | 43   | Swim Team Lubartów   | <b>3:24.44</b> | 326 +0,83 |    | 49.72   | 52.66   | 53.02   | 49.04 |
| KATEGORIA E                  |      |                      |                |           |    |         |         |         |       |
| 1. ZIELIŃSKA Dominika        | 45   | SMT Szczecin         | <b>3:05.90</b> | 465 +0,73 |    | 42.34   | 47.80   | 49.36   | 46.40 |
| 2. SZELAŃGOWSKA Katarzyna    | 46   | MUKS Zgierz          | <b>3:08.96</b> | 443 +0,78 |    | 45.28   | 47.66   | 48.48   | 47.54 |
| 3. BARAŃSKA Justyna          | 48   | MUKS Zgierz          | <b>3:46.44</b> | 257 +0,74 |    | 53.84   | 58.69   | 58.86   | 55.05 |
| 4. KLARECKA Monika           | 48   | MUKS Zgierz          | <b>4:15.22</b> | 179 +0,60 |    | 1:03.76 | 1:06.54 | 1:05.44 | 59.48 |
| 5. ŁAWNICZAK Aleksandra      | 46   | MUKS Zgierz          | <b>4:15.66</b> | 178 +0,91 |    | 1:03.28 | 1:09.25 | 1:07.11 | 56.02 |
| KATEGORIA F                  |      |                      |                |           |    |         |         |         |       |
| 1. ŚCIBIOREK Małgorzata      | 54   | MUKS Zgierz          | <b>3:06.81</b> | 478 +0,76 |    | 43.51   | 48.60   | 49.11   | 45.59 |
| 2. WOŹNIAK Dorota            | 52   | Masters Zdzeszowice  | <b>3:13.31</b> | 432       |    | 45.81   | 48.95   | 50.11   | 48.44 |
| 3. WÓJCICKA Anna             | 50   | MASTERS Lublin       | <b>3:23.53</b> | 370 +0,94 |    | 47.33   | 51.34   | 53.12   | 51.74 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 34, Kobiety, 200m grzbietowy

KATEGORIA G

|                            |                             |                |           |       |       |       |       |
|----------------------------|-----------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. WYPYCH-STASZEWSKA I.55  | MUKS Zgierz                 | <b>3:18.07</b> | 450 +0,77 | 48.90 | 50.61 | 51.17 | 47.39 |
| 2. PIWOWARCZYK Elżbieta 59 | Iswim Białystok             | <b>3:25.71</b> | 401 +0,74 | 48.29 | 51.78 | 53.77 | 51.87 |
| 3. GOŹDZIEJEWSKA Anna 58   | Stow. Pływ. Masters Olsztyn | <b>3:39.89</b> | 328 +0,92 | 51.07 | 56.39 | 57.63 | 54.80 |

KATEGORIA I

|              |    |                         |                |           |         |         |         |         |
|--------------|----|-------------------------|----------------|-----------|---------|---------|---------|---------|
| 1. SZAŁA Ewa | 66 | KS Warta Poznań         | <b>3:21.83</b> | 573 +0,88 | 48.35   | 51.34   | 53.28   | 48.86   |
| 2. RUPP Ewa  | 69 | IKS Druga Strona Sportu | <b>4:59.74</b> | 175       | 1:12.17 | 1:15.00 | 1:17.16 | 1:15.41 |

KATEGORIA J

|                            |    |                       |                |           |         |         |         |         |
|----------------------------|----|-----------------------|----------------|-----------|---------|---------|---------|---------|
| 1. CHOMICKA Barbara        | 73 | Gdynia Masters        | <b>4:58.51</b> | 182 +0,71 | 1:09.57 | 1:19.04 | 1:19.39 | 1:10.51 |
| 2. SEROŻYŃSKA Lucyna       | 70 | Toruń Multisport Team | <b>5:08.43</b> | 165 +0,75 | 1:13.34 | 1:18.57 | 1:20.94 | 1:15.58 |
| 3. ŁASIŃSKA-BŁACHOWICZ 71. |    | UKS Cityzen Poznań    | <b>5:14.28</b> | 156 +0,90 | 1:12.03 | 1:23.57 | 1:22.98 | 1:15.70 |

KATEGORIA K

|                   |    |                     |                |           |         |         |         |         |
|-------------------|----|---------------------|----------------|-----------|---------|---------|---------|---------|
| 1. ŁUTOWICZ Maria | 75 | UKS Cityzen Poznań  | <b>5:25.61</b> | 220 +0,86 | 1:17.05 | 1:24.36 | 1:25.10 | 1:19.10 |
| 2. LIPPA Maria    | 79 | Rydułtowska AAS 60+ | <b>8:34.35</b> | 56 +0,84  | 2:01.17 | 2:15.05 | 2:12.21 | 2:05.92 |

Konkurencja 35

Mężczyzn, 200m grzbietowy

20 - 94 lat

01.06.2025 - 9:46

Wyniki

|                    |         |                        |                    |            |
|--------------------|---------|------------------------|--------------------|------------|
| RP Masters 85 - 89 | 4:57.69 | PRZĄDO Lucjan          | Budapeszt (HUN)    | 15.08.2017 |
| RP Masters 80 - 84 | 4:27.65 | SZWOLGIN Grzegorz      | Lublin             | 16.06.2024 |
| RP Masters 75 - 79 | 3:41.99 | WICZEL Roman           | Warszawa           | 04.06.2023 |
| RP Masters 70 - 74 | 2:56.06 | WARCHOŁ Mirosław       | Warszawa           | 04.06.2023 |
| RP Masters 65 - 69 | 2:44.88 | WARCHOŁ Mirosław       | Poznań             | 24.06.2018 |
| RP Masters 60 - 64 | 2:30.15 | JANUSZKIEWICZ Zbigniew | Warszawa           | 04.06.2023 |
| RP Masters 55 - 59 | 2:26.32 | JANUSZKIEWICZ Zbigniew | Kranj (SLO)        | 06.09.2018 |
| RP Masters 50 - 54 | 2:25.15 | WOLNY Dariusz          | Göteborg (SWE)     | 01.08.2010 |
| RP Masters 45 - 49 | 2:22.74 | ROTHER Marek           | Eindhoven (NED)    | 05.09.2013 |
| RP Masters 40 - 44 | 2:17.29 | WOLNY Dariusz          | Christchurch (NZL) | 27.03.2002 |
| RP Masters 35 - 39 | 2:16.35 | TATARYNOWICZ Piotr     | Kranj              | 06.09.2018 |
| RP Masters 30 - 34 | 2:18.77 | KACZMAREK Marcin       | Gliwice            | 08.05.2010 |
| RP Masters 25 - 29 | 2:14.89 | ŻEMIER Karol           | Perth (AUS)        | 19.04.2008 |

Punkt: AQUA Master 2025

| Pozycja | Wiek |  | Czas | Pkt. | CR | 50m | 100m | 150m | 200m |
|---------|------|--|------|------|----|-----|------|------|------|
|---------|------|--|------|------|----|-----|------|------|------|

KATEGORIA A

|                    |    |                      |                |           |       |       |       |       |
|--------------------|----|----------------------|----------------|-----------|-------|-------|-------|-------|
| 1. MOREŃ Wojciech  | 29 | Water Squad          | <b>2:27.04</b> | 581 +0,71 | 33.26 | 36.55 | 38.54 | 38.69 |
| 2. SPRINGER Adrian | 28 | Niezzreszony         | <b>2:29.75</b> | 550 +0,53 | 35.08 | 37.23 | 38.94 | 38.50 |
| 3. LIS Przemysław  | 29 | Masters Avia Świdnik | <b>2:49.49</b> | 379 +0,74 | 37.80 | 40.56 | 45.30 | 45.83 |

KATEGORIA B

|                              |    |                      |                |           |       |       |       |       |
|------------------------------|----|----------------------|----------------|-----------|-------|-------|-------|-------|
| 1. DUBIEL Adam               | 32 | Water Squad          | <b>2:15.54</b> | 742 +0,64 | 31.65 | 34.10 | 35.35 | 34.44 |
| <i>Rekord Polski Masters</i> |    |                      |                |           |       |       |       |       |
| 2. PYDA Jakub                | 31 | Masters Avia Świdnik | <b>2:30.59</b> | 541 +0,66 | 34.19 | 38.49 | 39.53 | 38.38 |
| 3. CIEPIELA Kacper           | 31 | Kajman Połaniec      | <b>2:33.11</b> | 515       | 34.91 | 39.05 | 40.79 | 38.36 |
| 4. MAZUR Andrzej             | 30 | Masters Avia Świdnik | <b>2:40.70</b> | 445 +0,67 | 35.35 | 41.65 | 43.11 | 40.59 |
| 5. GROCHOWSKI Łukasz         | 34 | Warsaw Masters Team  | <b>2:50.70</b> | 371 +0,80 | 41.34 | 42.94 | 43.65 | 42.77 |
| 6. MENDYK Przemysław         | 33 | MUKS Gilus Gilowice  | <b>2:54.83</b> | 346       | 39.68 | 44.27 | 45.96 | 44.92 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 35, Mężczyzn, 200m grzbietowy

KATEGORIA C

|                        |    |                      |                |           |       |       |       |       |
|------------------------|----|----------------------|----------------|-----------|-------|-------|-------|-------|
| 1. OLSZEWSKI Krzysztof | 36 | Warsaw Masters Team  | <b>2:40.79</b> | 429       | 36.84 | 40.95 | 43.69 | 39.31 |
| 2. SZEWCZYK Piotr      | 38 | Warsaw Masters Team  | <b>2:41.49</b> | 423 +0,80 | 39.41 | 41.37 | 41.59 | 39.12 |
| 3. PIETRZAK Adam       | 37 | Masters Avia Świdnik | <b>2:48.17</b> | 375 +0,73 | 39.75 | 42.56 | 43.50 | 42.36 |

KATEGORIA D

|                     |    |                   |                |           |       |       |       |       |
|---------------------|----|-------------------|----------------|-----------|-------|-------|-------|-------|
| 1. HASIK Konrad     | 42 | Masters Łódź      | <b>2:39.46</b> | 517 +0,70 | 38.58 | 40.90 | 41.12 | 38.86 |
| 2. JUREK Przemysław | 44 | UKS Trójka Puławy | <b>2:52.70</b> | 407 +0,80 | 40.17 | 43.99 | 45.73 | 42.81 |

KATEGORIA E

|                        |    |                       |                |           |       |       |       |       |
|------------------------|----|-----------------------|----------------|-----------|-------|-------|-------|-------|
| 1. PIĄSCIŃSKI Daniel   | 49 | Water Squad           | <b>2:33.20</b> | 633 +0,75 | 35.10 | 38.42 | 40.28 | 39.40 |
| 2. DZIADOSZ Robert     | 46 | 5Styl Warszawa        | <b>2:43.46</b> | 521 +0,62 | 37.00 | 41.56 | 42.88 | 42.02 |
| 3. PAWŁOWSKI Krzysztof | 48 | SP Motyl Stalowa Wola | <b>2:58.35</b> | 401 +0,77 | 40.17 | 44.88 | 47.59 | 45.71 |

KATEGORIA F

|                         |    |                             |                |           |       |       |       |       |
|-------------------------|----|-----------------------------|----------------|-----------|-------|-------|-------|-------|
| 1. SITKOWSKI Tomasz     | 51 | Masters Avia Świdnik        | <b>2:57.63</b> | 434 +0,69 | 38.89 | 45.09 | 47.59 | 46.06 |
| 2. DĄBROWSKI Paweł      | 51 | Stow. Pływ. Masters Olsztyn | <b>2:58.10</b> | 430 +0,78 | 42.52 | 44.73 | 46.19 | 44.66 |
| 3. WINIARCZYK Jarosław  | 53 | Koszalińskie TKKF           | <b>2:59.94</b> | 417 +0,68 | 39.67 | 45.80 | 48.38 | 46.09 |
| 4. KUBICA Ryszard       | 53 | KS Górnik Radlin            | <b>3:03.17</b> | 396 +0,74 | 42.04 | 46.29 | 48.75 | 46.09 |
| 5. PŁANETA Maciej       | 51 | UKS Delfin Masters Tarnob   | <b>3:15.84</b> | 324 +0,77 | 46.73 | 50.50 | 51.83 | 46.78 |
| 6. ŁYSIAK Piotr         | 52 | KS Korona 1919 Kraków       | <b>3:19.55</b> | 306 +0,72 | 45.67 | 49.41 | 52.62 | 51.85 |
| 7. MATYSZEWSKI Grzegorz | 54 | Water Squad                 | <b>3:29.25</b> | 265 +0,76 | 50.28 | 52.43 | 54.02 | 52.52 |

KATEGORIA G

|                      |    |                     |                |           |       |       |         |         |
|----------------------|----|---------------------|----------------|-----------|-------|-------|---------|---------|
| 1. ROTHER Marek      | 57 | WKS Śląsk Wrocław   | <b>2:32.42</b> | 788 +0,64 | 36.29 | 40.20 | 38.70   | 37.23   |
| 2. SKOŚKIEWICZ Rafał | 59 | Warsaw Masters Team | <b>2:58.61</b> | 490 +0,82 | 41.10 | 46.76 | 47.78   | 42.97   |
| 3. RUDZIŃSKI Michał  | 59 | MUKS Zgierz         | <b>3:55.34</b> | 214 +0,35 | 52.61 | 59.23 | 1:01.77 | 1:01.73 |

KATEGORIA H

|                      |    |                       |                |           |       |       |       |       |
|----------------------|----|-----------------------|----------------|-----------|-------|-------|-------|-------|
| 1. PISZCZEK Waldemar | 63 | KS Korona 1919 Kraków | <b>3:01.50</b> | 521 +0,77 | 41.27 | 46.16 | 47.71 | 46.36 |
| 2. KAMIŃSKI Robert   | 60 | Niezrzeszony          | <b>3:10.73</b> | 449 +0,80 | 45.65 | 48.76 | 48.75 | 47.57 |
| 3. BIAŁY Michał      | 63 | 5Styl Warszawa        | <b>3:20.15</b> | 389 +0,73 | 47.47 | 50.51 | 53.14 | 49.03 |
| 4. PIÓRKOWSKI Marek  | 60 | Water Squad           | <b>3:46.31</b> | 269 +0,66 | 54.70 | 56.89 | 58.82 | 55.90 |

KATEGORIA I

|                        |    |                       |                |           |       |         |         |         |
|------------------------|----|-----------------------|----------------|-----------|-------|---------|---------|---------|
| 1. LORKOWSKI Robert    | 65 | SP Motyl Stalowa Wola | <b>3:13.62</b> | 480 +0,80 | 45.19 | 48.44   | 50.27   | 49.72   |
| 2. KORPETTA Wojciech   | 66 | Water Squad           | <b>3:26.33</b> | 396 +0,72 | 49.50 | 53.11   | 54.48   | 49.24   |
| 3. CIS Andrzej         | 65 | Masters Krasnik       | <b>3:43.40</b> | 312 +0,79 | 53.76 | 58.95   | 1:00.85 | 49.84   |
| 4. TWARDYSKO Stanisław | 69 | Weteran Zabrze        | <b>3:47.99</b> | 294 +0,81 | 53.95 | 59.23   | 1:00.84 | 53.97   |
| 5. JASIŃSKI Zdzisław   | 65 | MUKS Zgierz           | <b>3:51.85</b> | 279       | 52.11 | 1:00.14 | 1:02.34 | 57.26   |
| 6. SAMONEK Krzysztof   | 68 | Masters Krasnik       | <b>4:11.87</b> | 218 +0,80 | 59.31 | 1:05.23 | 1:06.56 | 1:00.77 |

KATEGORIA J

|                           |    |                         |                |           |         |         |         |         |
|---------------------------|----|-------------------------|----------------|-----------|---------|---------|---------|---------|
| 1. SERAFIN Andrzej        | 73 | KS Korona 1919 Kraków   | <b>3:49.11</b> | 317 +0,85 | 54.44   | 58.02   | 1:01.83 | 54.82   |
| 2. CIECIOR Jerzy          | 72 | Rydułtowska AAS 60+     | <b>3:50.93</b> | 310 +0,95 | 53.20   | 1:00.20 | 1:01.89 | 55.64   |
| 3. PIETRASZEWSKI Zbigniew | 70 | UKS Cityzen Poznań      | <b>3:54.77</b> | 295 +0,89 | 57.07   | 59.46   | 59.80   | 58.44   |
| 4. SZCZUREK Bogdan        | 73 | IKS Druga Strona Sportu | <b>4:52.68</b> | 152 +0,97 | 1:09.19 | 1:14.56 | 1:15.92 | 1:13.01 |

KATEGORIA K

|                    |    |                   |                |           |       |       |       |       |
|--------------------|----|-------------------|----------------|-----------|-------|-------|-------|-------|
| 1. ZAŁUSKI Wiesław | 75 | Koszalińskie TKKF | <b>3:34.21</b> | 502 +0,79 | 50.45 | 53.56 | 55.14 | 55.06 |
|--------------------|----|-------------------|----------------|-----------|-------|-------|-------|-------|

*Rekord Polski Masters*



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 35, Mężczyzn, 200m grzbietowy, KATEGORIA K

| Pozycja             | Wiek |                     | Czas           | Pkt. | CR    | 50m   | 100m    | 150m    | 200m    |
|---------------------|------|---------------------|----------------|------|-------|-------|---------|---------|---------|
| 2. POLOCZEK Bernard | 78   | Rydułtowska AAS 60+ | <b>4:02.59</b> | 345  | +0,79 | 53.05 | 1:00.69 | 1:05.40 | 1:03.45 |

KATEGORIA L

|                          |                    |                |     |       |         |         |         |         |
|--------------------------|--------------------|----------------|-----|-------|---------|---------|---------|---------|
| 1. DEDESZKO-WIERCIŃSKI82 | KU AZS UMCS Lublin | <b>5:33.71</b> | 168 | +0,76 | 1:16.45 | 1:24.83 | 1:26.66 | 1:25.77 |
|--------------------------|--------------------|----------------|-----|-------|---------|---------|---------|---------|

Konkurencja 36

Kobiet, 50m klasyczny

20 - 94 lat

01.06.2025 - 10:18

Wyniki

|                    |         |                      |          |            |
|--------------------|---------|----------------------|----------|------------|
| RP Masters 85 - 89 | 1:40.82 | KOWALEWSKA Danuta    | Gdynia   | 06.09.2008 |
| RP Masters 80 - 84 | 1:03.27 | FECICA Krystyna      | Belgrad  | 29.06.2024 |
| RP Masters 75 - 79 | 53.75   | FECICA Krystyna      | Gliwice  | 02.06.2019 |
| RP Masters 70 - 74 | 51.87   | FECICA Krystyna      | Olsztyn  | 29.06.2014 |
| RP Masters 65 - 69 | 46.76   | BUCZKOWSKA Maria     | Gliwice  | 18.06.2011 |
| RP Masters 60 - 64 | 43.18   | DRELA Grażyna        | Warszawa | 18.06.2017 |
| RP Masters 55 - 59 | 39.10   | KULIŚ Mariola        | Rome     | 02.09.2022 |
| RP Masters 50 - 54 | 36.99   | KULIŚ Mariola        | Gliwice  | 12.06.2016 |
| RP Masters 45 - 49 | 36.95   | KULIŚ Mariola        | Szczecin | 27.06.2015 |
| RP Masters 40 - 44 | 36.20   | SIKORA Sabina        | Žilina   | 07.04.2024 |
| RP Masters 35 - 39 | 35.28   | GOŁĘBIEWSKA Joanna   | Poznań   | 24.06.2018 |
| RP Masters 30 - 34 | 34.46   | BYSTRZYCKA Agnieszka | Warszawa | 26.05.2012 |
| RP Masters 25 - 29 | 33.36   | WIŚNIEWSKA Natalia   | Belgrad  | 01.07.2024 |

Punkt: AQUA Master 2025

| Pozycja           | Wiek |              | Czas         | Pkt. | CR    |
|-------------------|------|--------------|--------------|------|-------|
| 1. MARKUNAS Julia | 24   | MKP Szczecin | <b>37.82</b> | 583  | +0,75 |
| 2. DECHNIK Anna   | 24   | Niezrzeszony | <b>40.37</b> | 479  | +0,82 |

KATEGORIA A

|                         |    |                            |              |     |       |
|-------------------------|----|----------------------------|--------------|-----|-------|
| 1. WIŚNIEWSKA Natalia   | 28 | KS Warta Poznań            | <b>33.67</b> | 826 | +0,75 |
| 2. SZYSZKOWSKA Karolina | 29 | Water Squad                | <b>35.38</b> | 712 | +0,75 |
| 3. KUREK Wiktoria       | 28 | UKS Trójka Częstochowa     | <b>37.98</b> | 575 | +0,83 |
| 4. RUPA Patrycja        | 29 | KS PRESTIGE Rzeszów        | <b>42.91</b> | 399 | +0,69 |
| 5. GWIŹDŹ Martyna       | 29 | Fundacja Palestra Pływania | <b>46.18</b> | 320 | +0,88 |

KATEGORIA B

|                        |    |                   |              |     |       |
|------------------------|----|-------------------|--------------|-----|-------|
| 1. GAJDOWSKA Agnieszka | 30 | Water Squad       | <b>39.10</b> | 559 | +0,69 |
| 2. KUCHARSKA Magdalena | 31 | 5Styl Warszawa    | <b>42.37</b> | 439 | +0,72 |
| 3. ĆWIK Katarzyna      | 33 | MUKS Zgierz       | <b>42.55</b> | 434 | +0,75 |
| 4. WEJNEROWSKA Klaudia | 32 | Koszalińskie TKKF | <b>42.99</b> | 420 | +0,88 |

KATEGORIA C

|                             |    |                         |                |     |       |
|-----------------------------|----|-------------------------|----------------|-----|-------|
| 1. MAZUREK-ŚWISTAK Karolina | 36 | Fala Masters Kraśnik    | <b>36.88</b>   | 614 | +0,74 |
| 2. KĘDZIERSKA Magdalena     | 38 | Masters Avia Świdnik    | <b>42.54</b>   | 400 | +0,82 |
| 3. KOBASZCZAK Katarzyna     | 39 | Fundacja Power Swimming | <b>42.58</b>   | 399 | +0,84 |
| 4. JANAS Karolina           | 35 | Koszalińskie TKKF       | <b>43.70</b>   | 369 | +0,97 |
| 5. MARDZIEL Aleksandra      | 38 | Koszalińskie TKKF       | <b>45.60</b>   | 324 | +0,89 |
| 6. SOBCZAK- PORADA Joanna   | 38 | Warsaw Masters Team     | <b>50.44</b>   | 240 | +0,82 |
| 7. KOENIG Agnieszka         | 38 | UKS Wodnik 29 Katowice  | <b>1:03.67</b> | 119 |       |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 36, Kobiet, 50m klasyczny

KATEGORIA D

|                           |    |                            |              |     |       |
|---------------------------|----|----------------------------|--------------|-----|-------|
| 1. SIKORA Sabina          | 41 | UKS Jasień Sucha Beskidzka | <b>36.59</b> | 695 | +0,75 |
| 2. MAJEWSKI Michalina     | 41 | MKP Gdańsk                 | <b>40.83</b> | 500 | +0,67 |
| 3. GŁOWACKA Marta         | 40 | 5Styl Warszawa             | <b>43.19</b> | 422 | +0,82 |
| 4. DARGAS-MISZCZAK Monika | 44 | Warsaw Masters Team        | <b>45.55</b> | 360 | +0,81 |
| 5. JASIK Agata            | 41 | Fundacja JK TEAM           | <b>46.51</b> | 338 | +0,83 |
| 6. GRYCZ Urszula          | 40 | Ursynów Masters            | <b>46.65</b> | 335 | +0,83 |
| 7. FIGIEL Magda           | 44 | Fundacja Palestra Pływania | <b>57.74</b> | 177 |       |
| 8. JANAS-SANECKA Anna     | 44 | 5Styl Warszawa             | <b>59.44</b> | 162 | +0,99 |

KATEGORIA E

|                            |    |                                |              |     |       |
|----------------------------|----|--------------------------------|--------------|-----|-------|
| 1. KAŃSKA-PAPIERNIK Joanna | 49 | MUKS Zgierz                    | <b>41.15</b> | 542 | +0,73 |
| 2. ŁUKASIUK Ewa            | 45 | Stow. Pływ. Sebastiana Karasia | <b>42.75</b> | 483 | +0,68 |
| 3. DUSZAK Dominika         | 47 | GKP 7 Zdrój Trzebnica          | <b>44.48</b> | 429 | +0,85 |
| 4. MARZENOWSKA Karolina    | 46 | Masters Avia Świdnik           | <b>46.09</b> | 386 | +0,71 |
| 5. JAROSZ Izabela          | 49 | MUKS Gilus Gilowice            | <b>46.26</b> | 381 | +0,89 |
| 6. BARAŃSKA Justyna        | 48 | MUKS Zgierz                    | <b>46.92</b> | 365 | +0,60 |
| 7. ŁAWNICZAK Aleksandra    | 46 | MUKS Zgierz                    | <b>50.87</b> | 287 |       |
| 8. CYGAŃSKA Monika         | 46 | Fundacja Palestra Pływania     | <b>56.94</b> | 204 | +0,95 |

KATEGORIA F

|                          |    |                      |              |     |       |
|--------------------------|----|----------------------|--------------|-----|-------|
| 1. SULEWSKA Beata        | 53 | Weteran Zabrze       | <b>40.41</b> | 605 | +0,83 |
| 2. BALAJCZA Timea        | 54 | Water Squad          | <b>42.05</b> | 537 | +0,81 |
| 3. LIPIEC Edyta          | 52 | Masters Avia Świdnik | <b>46.66</b> | 393 | +0,75 |
| 4. WÓJCICKA Anna         | 50 | MASTERS Lublin       | <b>47.97</b> | 361 | +0,97 |
| 5. KABAT-KOPERSKA Joanna | 52 | SMT Szczecin         | <b>50.22</b> | 315 | +0,87 |

KATEGORIA G

|                  |    |                       |                |     |       |
|------------------|----|-----------------------|----------------|-----|-------|
| 1. KULIŚ Mariola | 59 | KS Korona 1919 Kraków | <b>40.63</b>   | 672 | +0,74 |
| 2. PETECKA Maria | 58 | SP Motyl Stalowa Wola | <b>48.55</b>   | 393 | +0,81 |
| 3. ŁUBIŃSKA Anna | 57 | Masters Avia Świdnik  | <b>49.90</b>   | 362 | +0,91 |
| 4. AYOMO Bożena  | 59 | Water Squad           | <b>53.60</b>   | 292 | +0,86 |
| 5. SEKUŁA Joanna | 56 | Masters Avia Świdnik  | <b>1:06.93</b> | 150 |       |

KATEGORIA H

|                               |    |                 |              |     |       |
|-------------------------------|----|-----------------|--------------|-----|-------|
| 1. DAMLJANOVIC-WACŁAWIK Iwona | 60 | SMT Szczecin    | <b>46.78</b> | 512 | +0,75 |
| 2. MRÓZ Urszula               | 63 | MUKS Zgierz     | <b>47.81</b> | 479 |       |
| 3. TARASIEWICZ Małgorzata     | 62 | Iswim Białystok | <b>58.60</b> | 260 | +0,76 |

KATEGORIA I

|                           |    |                       |              |     |       |
|---------------------------|----|-----------------------|--------------|-----|-------|
| 1. SKIBA Eliza            | 65 | Masters Avia Świdnik  | <b>47.01</b> | 611 | +0,94 |
| 2. MACIERZEWSKA Agnieszka | 65 | KS Korona 1919 Kraków | <b>48.66</b> | 551 | +0,96 |
| 3. WASILEWICZ Joanna      | 66 | Masters Białystok     | <b>54.36</b> | 395 | +0,77 |
| 4. DĄBROWSKA Zofia        | 67 | Weteran Zabrze        | <b>58.74</b> | 313 | +0,97 |

KATEGORIA J

|                                   |    |                         |                |     |       |
|-----------------------------------|----|-------------------------|----------------|-----|-------|
| 1. HEISLER Grażyna                | 74 | Gdynia Masters          | <b>1:01.11</b> | 317 |       |
| 2. ŁASIŃSKA-BŁACHOWICZ Małgorzata | 71 | UKS Cityzen Poznań      | <b>1:03.13</b> | 287 |       |
| 3. ŁABUZ Ewa                      | 70 | Swim Club Masters Ślęza | <b>1:03.47</b> | 282 | +0,99 |
| 4. SEROŻYŃSKA Lucyna              | 70 | Toruń Multisport Team   | <b>1:13.60</b> | 181 |       |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 36, Kobiet, 50m klasyczny

KATEGORIA K

|                |    |                     |                |    |
|----------------|----|---------------------|----------------|----|
| 1. LIPPA Maria | 79 | Rydułtowska AAS 60+ | <b>1:57.62</b> | 52 |
|----------------|----|---------------------|----------------|----|

KATEGORIA L

|                                                    |    |                |              |     |
|----------------------------------------------------|----|----------------|--------------|-----|
| 1. FECICA Krystyna<br><i>Rekord Polski Masters</i> | 82 | Weteran Zabrze | <b>59.95</b> | 480 |
|----------------------------------------------------|----|----------------|--------------|-----|

KATEGORIA M

|                                                    |    |                        |                |     |
|----------------------------------------------------|----|------------------------|----------------|-----|
| 1. NICPOŃ Krystyna<br><i>Rekord Polski Masters</i> | 85 | UKS Wodnik 29 Katowice | <b>1:33.59</b> | 169 |
|----------------------------------------------------|----|------------------------|----------------|-----|

|                    |                         |             |
|--------------------|-------------------------|-------------|
| Konkurencja 37     | Mężczyzn, 50m klasyczny | 20 - 94 lat |
| 01.06.2025 - 10:30 |                         | Wyniki      |

|                    |         |                        |                  |            |
|--------------------|---------|------------------------|------------------|------------|
| RP Masters 90 - 94 | 1:15.15 | KROKOSZYŃSKI Stanisław | Oświęcim         | 11.06.2021 |
| RP Masters 85 - 89 | 55.77   | PRZĄDO Lucjan          | Łódź             | 21.04.2018 |
| RP Masters 80 - 84 | 48.84   | PRZĄDO Lucjan          | Gliwice          | 08.05.2010 |
| RP Masters 75 - 79 | 40.53   | KLUKOWSKI Józef        | Rome             | 02.09.2022 |
| RP Masters 70 - 74 | 37.63   | KLUKOWSKI Józef        | Londyn (GBR)     | 26.05.2016 |
| RP Masters 65 - 69 | 35.93   | KLUKOWSKI Józef        | Montreal (CAN)   | 06.08.2014 |
| RP Masters 60 - 64 | 34.70   | KLUKOWSKI Józef        | Elektrenai (LTU) | 02.12.2006 |
| RP Masters 55 - 59 | 30.88   | FORMAS Sławomir        | Belgrad          | 01.07.2024 |
| RP Masters 50 - 54 | 31.02   | FORMAS Sławomir        | Warszawa         | 04.06.2023 |
| RP Masters 45 - 49 | 31.93   | FORMAS Sławomir        | Poznań           | 24.06.2018 |
| RP Masters 40 - 44 | 29.96   | ZNACHOWSKI Arkadiusz   | Rome             | 02.09.2022 |
| RP Masters 35 - 39 | 30.21   | SAFRONCZYK Piotr       | Warszawa         | 04.06.2023 |
| RP Masters 30 - 34 | 28.77   | GORCZYCA Przemysław    | Warszawa         | 04.06.2023 |
| RP Masters 25 - 29 | 29.32   | SZULICH Dawid          | Poznań           | 24.06.2018 |

Punkt: AQUA Master 2025

|         |      |  |      |      |    |
|---------|------|--|------|------|----|
| Pozycja | Wiek |  | Czas | Pkt. | CR |
|---------|------|--|------|------|----|

KATEGORIA MŁ

|                      |    |             |              |     |       |
|----------------------|----|-------------|--------------|-----|-------|
| 1. MELNYCHUK Dmytrii | 21 | Water Squad | <b>34.44</b> | 493 | +0,61 |
|----------------------|----|-------------|--------------|-----|-------|

KATEGORIA A

|                       |    |                         |              |     |       |
|-----------------------|----|-------------------------|--------------|-----|-------|
| 1. KOSOWICZ Wojciech  | 28 | Warsaw Masters Team     | <b>29.69</b> | 769 | +0,67 |
| 2. LIS Przemysław     | 29 | Masters Avia Świdnik    | <b>32.38</b> | 593 | +0,67 |
| 3. LIS Patryk         | 27 | Masters Avia Świdnik    | <b>32.60</b> | 581 | +0,76 |
| 4. SZEWCZYK Maciej    | 29 | KS Korona 1919 Kraków   | <b>33.49</b> | 536 | +0,65 |
| 5. GRYGLEWICZ Juliusz | 27 | Niezrzeszony            | <b>37.62</b> | 378 | +0,80 |
| 6. ŻRÓDLAK Patryk     | 28 | Fundacja Power Swimming | <b>37.76</b> | 374 | +0,76 |

KATEGORIA B

|                       |    |                        |              |     |       |
|-----------------------|----|------------------------|--------------|-----|-------|
| 1. APTEWICZ Arkadiusz | 32 | Water Squad            | <b>31.30</b> | 690 | +0,66 |
| 2. WEISS Aleksander   | 31 | TRI Starogard Gdański  | <b>31.52</b> | 676 | +0,73 |
| 3. BARNASIUK Michał   | 33 | 5Styl Warszawa         | <b>32.72</b> | 604 | +0,68 |
| 4. KASZYCA Jakub      | 30 | SMT Szczecin           | <b>32.77</b> | 602 | +0,72 |
| 5. CHOWANIEC Mateusz  | 30 | UKS Trójka Częstochowa | <b>33.25</b> | 576 | +0,72 |
| 6. CIEPIELA Kacper    | 31 | Kajman Połaniec        | <b>33.36</b> | 570 | +0,64 |
| 7. JASNOS Adam        | 34 | TP Zielona Góra        | <b>35.61</b> | 469 | +0,71 |
| 8. KAMIŃSKI Patryk    | 30 | Niezrzeszony           | <b>36.52</b> | 434 | +0,71 |
| 9. JANKOWSKI Jędrzej  | 31 | KS Korona 1919 Kraków  | <b>36.91</b> | 421 | +0,89 |
| 10. KUREK Mateusz     | 31 | UKS Trójka Częstochowa | <b>37.01</b> | 417 | +0,65 |

Splash Meet Manager, 11.81803



Registered to Piotr Bujak

01.06.2025 12:55 - Strona 73

Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 37, Mężczyzn, 50m klasyczny, KATEGORIA B

| Pozycja | Wiek |                                              | Czas         | Pkt. | CR    |
|---------|------|----------------------------------------------|--------------|------|-------|
| 11.     | 33   | MIKOŁAJKÓW Aleksander<br>Warsaw Masters Team | <b>37.10</b> | 414  | +0,89 |

KATEGORIA C

|    |    |                                             |              |     |       |
|----|----|---------------------------------------------|--------------|-----|-------|
| 1. | 37 | PIK Paweł<br>Masters Avia Świdnik           | <b>31.40</b> | 696 | +0,76 |
| 2. | 39 | SZWIEC Szymon<br>UKS Peyomi Tarnów          | <b>32.52</b> | 626 | +0,73 |
| 3. | 36 | BOCHNIA Piotr<br>Fundacja Palestra Pływania | <b>34.56</b> | 522 | +0,73 |
| 4. | 36 | OLSZEWSKI Krzysztof<br>Warsaw Masters Team  | <b>35.20</b> | 494 | +0,69 |
| 5. | 35 | MAKOLSKI Tomasz<br>5Styl Warszawa           | <b>37.20</b> | 418 | +0,72 |
| 6. | 37 | BIALIK Grzegorz<br>MUKS Gilus Gilowice      | <b>38.93</b> | 365 | +0,74 |

KATEGORIA D

|    |    |                                                     |              |     |       |
|----|----|-----------------------------------------------------|--------------|-----|-------|
| 1. | 42 | PORADA Tomasz<br>Warsaw Masters Team                | <b>33.44</b> | 641 | +0,71 |
| 2. | 44 | SERAFIN Sebastian<br>Niezrzeszony Lublin            | <b>33.53</b> | 636 | +0,80 |
| 3. | 42 | JANKOWSKI Tobiasz<br>Niezrzeszony                   | <b>35.81</b> | 522 | +0,81 |
| 4. | 42 | WYSOCKI Karol<br>MUKS Gilus Gilowice                | <b>36.75</b> | 483 | +0,70 |
| 5. | 44 | KOTULSKI Michał<br>MUKS Zgierz                      | <b>37.90</b> | 440 | +0,74 |
| 6. | 43 | PŁOTNICKI Andrzej<br>UKS Sparta Grodzisk Mazowiecki | <b>39.66</b> | 384 | +0,89 |
| 7. | 44 | SANECKI Wojtek<br>5Styl Warszawa                    | <b>40.76</b> | 354 | +0,81 |

KATEGORIA E

|     |    |                                                   |              |     |       |
|-----|----|---------------------------------------------------|--------------|-----|-------|
| 1.  | 45 | KRÓLIKOWSKI Michał<br>Niezrzeszony                | <b>34.30</b> | 618 | +0,75 |
| 2.  | 46 | PIEŚLAK Roman<br>Koszalińskie TKKF                | <b>35.15</b> | 574 | +0,70 |
| 3.  | 45 | ZIELIŃSKI Karol<br>UKS Sparta Grodzisk Mazowiecki | <b>35.41</b> | 561 | +0,78 |
| 4.  | 48 | BIELSKI Dymitr<br>Warsaw Masters Team             | <b>38.07</b> | 452 | +0,93 |
| 5.  | 48 | PAWŁOWSKI Krzysztof<br>SP Motyl Stalowa Wola      | <b>38.13</b> | 450 | +0,69 |
| 6.  | 46 | SERAFIN Mariusz<br>5Styl Warszawa                 | <b>38.48</b> | 437 | +0,86 |
| 7.  | 46 | DYCZEK Mariusz<br>Masters Zdzeszowice             | <b>39.74</b> | 397 | +0,88 |
| 8.  | 46 | LIS Roman<br>Stow. Pływ. SWIMMERS                 | <b>39.79</b> | 396 | +0,80 |
| 9.  | 47 | GAJDA Tomasz<br>MUKS Zgierz                       | <b>40.50</b> | 375 | +0,81 |
| 10. | 47 | ORSZULAK Maciej<br>UKS Peyomi Tarnów              | <b>41.28</b> | 354 | +0,76 |
| 11. | 49 | ADAMCZYK Michał<br>MUKS Zgierz                    | <b>44.81</b> | 277 | +0,86 |

KATEGORIA F

|    |    |                                                    |              |     |       |
|----|----|----------------------------------------------------|--------------|-----|-------|
| 1. | 51 | ŚLĘCZKA Krzysztof<br>UKS Delfin Masters Tarnobrzeg | <b>34.80</b> | 592 | +0,81 |
| 2. | 51 | OPALIŃSKI Paweł<br>SP Motyl Stalowa Wola           | <b>36.21</b> | 526 | +0,83 |
| 3. | 54 | MATYSZEWSKI Grzegorz<br>Water Squad                | <b>38.20</b> | 448 | +0,78 |
| 4. | 52 | MOROZOWSKI Wiktor<br>MUKS Zgierz                   | <b>40.02</b> | 389 | +0,89 |
| 5. | 52 | ŁYSIAK Piotr<br>KS Korona 1919 Kraków              | <b>41.94</b> | 338 | +0,88 |
| 6. | 53 | MAMROT Artur<br>Koszalińskie TKKF                  | <b>42.89</b> | 316 | +0,80 |
| 7. | 51 | PŁANETA Maciej<br>UKS Delfin Masters Tarnobrzeg    | <b>42.98</b> | 314 | +0,81 |

KATEGORIA G

|    |    |                                                   |              |     |       |
|----|----|---------------------------------------------------|--------------|-----|-------|
| 1. | 56 | FORMAS Sławomir<br>MUKS Gilus Gilowice            | <b>31.72</b> | 847 | +0,72 |
| 2. | 57 | LEWANDOWSKI Andrzej<br>Fundacja Palestra Pływania | <b>40.09</b> | 419 | +0,92 |
| 3. | 57 | GOZDAN Dariusz<br>Stow. Pływ. Masters Olsztyn     | <b>43.69</b> | 324 | +0,93 |
| 4. | 57 | HARENDA Andrzej<br>Niezrzeszony Piła              | <b>44.62</b> | 304 | +0,90 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 37, Mężczyzn, 50m klasyczny

KATEGORIA H

|                           |    |                        |              |     |       |
|---------------------------|----|------------------------|--------------|-----|-------|
| 1. PISZCZEK Waldemar      | 63 | KS Korona 1919 Kraków  | <b>38.36</b> | 506 | +0,87 |
| 2. ŻMIEJKO Wojciech       | 62 | Niezrzeszony Białystok | <b>38.58</b> | 497 | +0,82 |
| 3. WARACZEWSKI Przemysław | 63 | KS Warta Poznań        | <b>40.72</b> | 423 | +0,90 |
| 4. SKRZYPCZAK Marek       | 62 | KS KSZO Ostrowiec Św.  | <b>41.64</b> | 395 | +0,90 |
| 5. SEJMICKI Stanisław     | 64 | MUKS Zgierz            | <b>43.71</b> | 342 | +0,97 |

KATEGORIA I

|                        |    |                                |              |     |       |
|------------------------|----|--------------------------------|--------------|-----|-------|
| 1. MROZIŃSKI Jerzy     | 66 | UKS Wodnik 29 Katowice         | <b>37.17</b> | 719 | +0,82 |
| 2. PAVLIK Rastislav    | 65 | PSK Zilina                     | <b>37.42</b> | 704 | +0,83 |
| 3. MATUSIK Mirosław    | 69 | Masters Białystok              | <b>45.32</b> | 396 | +0,85 |
| 4. TOPORSKI Janusz     | 66 | KS Korona 1919 Kraków          | <b>46.94</b> | 357 | +0,66 |
| 5. JASIŃSKI Zdzisław   | 65 | MUKS Zgierz                    | <b>48.54</b> | 322 | +0,82 |
| 6. PRZENIOSŁO Grzegorz | 65 | UKS Sparta Grodzisk Mazowiecki | <b>49.81</b> | 298 |       |
| 7. MICHALCZYK Jerzy    | 69 | Masters Krasnik                | <b>56.85</b> | 200 |       |

KATEGORIA J

|                           |    |                        |              |     |       |
|---------------------------|----|------------------------|--------------|-----|-------|
| 1. NOWAK Michał           | 73 | Warsaw Masters Team    | <b>39.19</b> | 693 | +0,78 |
| 2. GRZESZEWSKI Sławomir   | 72 | MKP Szczecin           | <b>43.37</b> | 511 | +0,71 |
| 3. VALLEMAA Ossi          | 71 | Meisterujumise U-Klubi | <b>45.67</b> | 438 | +0,77 |
| 4. KALETA Janusz          | 73 | KS Warta Poznań        | <b>48.14</b> | 374 |       |
| 5. PIETRASZEWSKI Zbigniew | 70 | UKS Cityzen Poznań     | <b>49.54</b> | 343 |       |
| 6. LASOWY Marian          | 70 | Koszalińskie TKKF      | <b>54.92</b> | 252 |       |

KATEGORIA K

|                            |    |                       |                |     |       |
|----------------------------|----|-----------------------|----------------|-----|-------|
| 1. WOJCIECHOWSKI Krzysztof | 76 | MUKS Zgierz           | <b>44.19</b>   | 641 |       |
| 2. WICZEL Roman            | 77 | MUKS Zgierz           | <b>45.41</b>   | 591 |       |
| 3. ZIENTARA Henryk         | 79 | Toruń Multisport Team | <b>58.85</b>   | 271 | +0,89 |
| 4. BOBOLI Jan              | 77 | Gdynia Masters        | <b>1:12.55</b> | 145 | +0,89 |

KATEGORIA L

|                   |    |                     |                |     |  |
|-------------------|----|---------------------|----------------|-----|--|
| 1. RÓŻAŁSKI Józef | 80 | MOSiR Ostrowiec Św. | <b>1:03.65</b> | 280 |  |
|-------------------|----|---------------------|----------------|-----|--|

KATEGORIA M

|                              |    |                |                |     |  |
|------------------------------|----|----------------|----------------|-----|--|
| 1. FECICA Daniel             | 85 | Weteran Zabrze | <b>54.49</b>   | 579 |  |
| <i>Rekord Polski Masters</i> |    |                |                |     |  |
| 2. SKWARŁO Andrzej           | 86 | Gdynia Masters | <b>1:07.40</b> | 306 |  |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 38  
01.06.2025 - 10:46

Mieszane, 4 x 50m zmienny

AG 100 - 359  
Wyniki

Punkty: AQUA Master 2025

Pozycja Czas Pkt. CR

KATEGORIA A

|                      |    |       |       |                    |    |       |                |     |       |
|----------------------|----|-------|-------|--------------------|----|-------|----------------|-----|-------|
| 1. Water Squad 1     |    |       |       | Water Squad        |    |       | <b>1:59.04</b> | 732 | +0,65 |
| BORCZYK Martyna      | 25 | +0,65 | 32.49 | CIEŻKOWSKI Dominik | 29 | +0,35 | 26.24          |     |       |
| SZYSZKOWSKA Karolina | 29 | +0,45 | 34.88 | ĆWIKLIŃSKI Mateusz | 27 | +0,30 | 25.43          |     |       |

KATEGORIA B

|                                 |    |       |       |                            |    |       |                |     |       |
|---------------------------------|----|-------|-------|----------------------------|----|-------|----------------|-----|-------|
| 1. Water Squad 2                |    |       |       | Water Squad                |    |       | <b>2:01.03</b> | 742 | +0,75 |
| MOREŃ Wojciech                  | 29 | +0,75 | 31.19 | SASIN Dominika             | 31 | +0,38 | 29.67          |     |       |
| APTEWICZ Arkadiusz              | 32 | +0,35 | 31.06 | GAJDOWSKA Agnieszka        | 30 | +0,21 | 29.11          |     |       |
| 2. SMT Szczecin 1               |    |       |       | SMT Szczecin               |    |       | <b>2:08.27</b> | 623 | +0,67 |
| ZIELIŃSKA Dominika              | 45 | +0,67 | 39.33 | ZIELIŃSKI Dawid            | 33 | +0,30 | 26.23          |     |       |
| KASZYCA Jakub                   | 30 | +0,21 | 31.74 | SZATANEK Julia             | 26 | +0,59 | 30.97          |     |       |
| 3. Fundacja Power Swimming      |    |       |       | Fundacja Power Swimming    |    |       | <b>2:09.06</b> | 612 | +0,71 |
| KOBA-GOŁASZEWSKA Katarzyna      | 39 | +0,71 | 37.95 | SOKULSKI Jacek             | 34 |       | 26.31          |     |       |
| ŻRÓDLAK Patryk                  | 28 |       | 36.78 | WRÓBEL Angelika            | 28 |       | 28.02          |     |       |
| 4. Masters Avia Świdnik 2       |    |       |       | Masters Avia Świdnik       |    |       | <b>2:11.08</b> | 584 | +0,66 |
| PIETRZAK Adam                   | 37 | +0,66 | 35.09 | DWORSKA Karolina           | 31 | +0,36 | 34.28          |     |       |
| PIK Paweł                       | 37 | +0,42 | 31.19 | ZARZECZNA Kamila           | 31 | +0,28 | 30.52          |     |       |
| 5. Warsaw Masters Team          |    |       |       | Warsaw Masters Team        |    |       | <b>2:18.50</b> | 495 | +0,94 |
| MIKOŁAJKÓW Aleksander           | 33 | +0,94 | 41.64 | DARGAS-MISZCZAK Monika     | 44 | +0,42 | 38.06          |     |       |
| KOSOWICZ Wojciech               | 28 | 0.00  | 29.00 | WIETRZYŃSKA Renata         | 26 | +0,23 | 29.80          |     |       |
| 6. 5Styl Warszawa 2             |    |       |       | 5Styl Warszawa             |    |       | <b>2:21.39</b> | 465 | +0,24 |
| ZYGA Paulina                    | 31 | +0,24 | 40.82 | JANCEWICZ Joanna           | 30 |       | 37.53          |     |       |
| SERAFIN Mariusz                 | 46 |       | 37.19 | BARNASIUK Michał           | 33 |       | 25.85          |     |       |
| 7. Fundacja Palestra Pływania 1 |    |       |       | Fundacja Palestra Pływania |    |       | <b>2:33.32</b> | 365 | +0,67 |
| WALCZAK Aleks                   | 29 | +0,67 | 32.72 | BOCHNIA Piotr              | 36 |       | 30.95          |     |       |
| GWIZDŻ Martyna                  | 29 |       | 44.77 | CYGAŃSKA Monika            | 46 |       | 44.88          |     |       |

KATEGORIA C

|                                   |    |       |       |                                |    |       |                |     |       |
|-----------------------------------|----|-------|-------|--------------------------------|----|-------|----------------|-----|-------|
| 1. Water Squad 3                  |    |       |       | Water Squad                    |    |       | <b>2:08.40</b> | 686 |       |
| PIĄSCIŃSKI Daniel                 | 49 |       | 31.28 | RĘBAS Igor                     | 36 | +0,16 | 26.75          |     |       |
| BALAJCZA Timea                    | 54 | +0,62 | 41.70 | KOZAK Dominika                 | 32 | +0,43 | 28.67          |     |       |
| 2. Masters Avia Świdnik 1         |    |       |       | Masters Avia Świdnik           |    |       | <b>2:19.01</b> | 540 | +0,65 |
| PYDA Jakub                        | 31 | +0,65 | 29.57 | LIS Patryk                     | 27 | +0,06 | 26.62          |     |       |
| ŁUBIŃSKA Anna                     | 57 | +0,59 | 48.73 | MARZENOWSKA Karolina           | 46 | +0,64 | 34.09          |     |       |
| 3. Koszalińskie TKKF              |    |       |       | Koszalińskie TKKF              |    |       | <b>2:22.61</b> | 500 | +0,78 |
| JANAS Karolina                    | 35 | +0,78 | 41.48 | WINIARCZYK Jarosław            | 53 | +0,47 | 32.16          |     |       |
| PIEŚLAK Roman                     | 46 | +0,42 | 35.45 | WEJNEROWSKA Klaudia            | 32 | +0,80 | 33.52          |     |       |
| 4. 5Styl Warszawa 1               |    |       |       | 5Styl Warszawa                 |    |       | <b>2:25.89</b> | 467 | +0,60 |
| DZIADOSZ Robert                   | 46 | +0,60 | 33.29 | KOLASA Magda                   | 34 | +0,45 | 31.46          |     |       |
| FINDEL Paul                       | 48 | +0,34 | 40.57 | ŁATKOWSKA Ewa                  | 60 | +0,30 | 40.57          |     |       |
| 5. Stow. Pływ. Sebastiana Karasia |    |       |       | Stow. Pływ. Sebastiana Karasia |    |       | <b>2:29.32</b> | 436 |       |
| DIABY-LIPKA Anna                  | 45 |       | 38.80 | NYKOWSKI Andrzej               | 42 | +0,42 | 37.59          |     |       |
| ŁUKASIUŁ Ewa                      | 45 | +0,34 | 42.63 | KAIM Ignacy                    | 36 | +0,36 | 30.30          |     |       |
| 6. KS Warta Poznań                |    |       |       | KS Warta Poznań                |    |       | <b>2:30.07</b> | 429 | +0,84 |
| BABICA Izabela                    | 46 | +0,84 | 43.27 | WIŚNIEWSKA Natalia             | 28 |       | 31.23          |     |       |
| KALETA Janusz                     | 73 |       | 48.66 | RYBAK Tomasz                   | 45 |       | 26.91          |     |       |

Splash Meet Manager, 11.81803



Registered to Piotr Bujak

01.06.2025 12:55 - Strona 76

Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 38, Mieszane, 4 x 50m zmienny, KATEGORIA C

| Pozycja |                              |    |       |                            |                  |    | Czas           | Pkt.  | CR    |
|---------|------------------------------|----|-------|----------------------------|------------------|----|----------------|-------|-------|
| 7.      | MUKS Zgierz 3                |    |       | MUKS Zgierz                |                  |    | <b>2:44.10</b> | 328   | +0,89 |
|         | ŁAWNICZAK Aleksandra         | 46 | +0,89 | 47.69                      | ADAMCZYK Michał  | 49 |                | 42.66 |       |
|         | ĆWIK Katarzyna               | 33 |       | 43.74                      | KOTULSKI Michał  | 44 |                | 30.01 |       |
| 8.      | Fundacja Palestra Pływania 2 |    |       | Fundacja Palestra Pływania |                  |    | <b>2:46.60</b> | 314   | +0,64 |
|         | LECH Monika                  | 41 | +0,64 | 50.77                      | DZIEDZIC Andrzej | 32 | +0,31          | 31.60 |       |
|         | LEWANDOWSKI Andrzej          | 57 | +0,50 | 41.11                      | FIGIEL Magda     | 44 | +0,40          | 43.12 |       |

KATEGORIA D

|    |                            |    |       |                       |                        |    |                |       |       |
|----|----------------------------|----|-------|-----------------------|------------------------|----|----------------|-------|-------|
| 1. | KS Korona 1919 Kraków      |    |       | KS Korona 1919 Kraków |                        |    | <b>2:19.98</b> | 596   | +0,59 |
|    | KULIŚ Mariola              | 59 | +0,59 | 38.77                 | PISZCZEK Waldemar      | 63 | +0,40          | 32.13 |       |
|    | SZEWczyk Maciej            | 29 | +0,35 | 33.57                 | MACIERZEWSKA Agnieszka | 65 | +0,50          | 35.51 |       |
| 2. | Masters Avia Świdnik 3     |    |       | Masters Avia Świdnik  |                        |    | <b>2:28.82</b> | 496   | +0,84 |
|    | LIPIEC Edyta               | 52 | +0,84 | 42.16                 | ZIELONKA Rafał         | 39 |                | 28.43 |       |
|    | SKIBA Eliza                | 65 |       | 46.61                 | KONSTANCIUK Piotr      | 64 |                | 31.62 |       |
| 3. | SMT Szczecin 2             |    |       | SMT Szczecin          |                        |    | <b>2:31.68</b> | 469   | +0,74 |
|    | BAŁKA Michał               | 38 | +0,74 | 35.67                 | ZAJĄC Robert           | 59 |                | 34.94 |       |
|    | DAMLJANOVIC-WACŁAWIK Iwona | 60 |       | 47.39                 | KOWALCZYK Izabela      | 49 |                | 33.68 |       |
| 4. | MUKS Zgierz 2              |    |       | MUKS Zgierz           |                        |    | <b>2:41.21</b> | 390   | +0,69 |
|    | SZELAŃGOWSKA Katarzyna     | 46 | +0,69 | 40.01                 | MOROZOWSKI Wiktor      | 52 |                | 36.57 |       |
|    | BARAŃSKA Justyna           | 48 |       | 47.21                 | SEJMICKI Stanisław     | 64 |                | 37.42 |       |

KATEGORIA E

|    |                            |     |       |             |                           |    |                |       |       |
|----|----------------------------|-----|-------|-------------|---------------------------|----|----------------|-------|-------|
| 1. | MUKS Zgierz 1              |     |       | MUKS Zgierz |                           |    | <b>2:40.37</b> | 503   | +0,73 |
|    | REMBOWSKA-ŚWIEBODA Małgor. | 57a | +0,73 | 40.26       | WYPYCH-STASZEWSKA Izabela | 55 |                | 39.85 |       |
|    | WICZEL Roman               | 77  |       | 45.63       | JASIŃSKI Zdzisław         | 65 |                | 34.63 |       |

KATEGORIA F

|    |                 |    |       |                |                  |    |                |         |       |
|----|-----------------|----|-------|----------------|------------------|----|----------------|---------|-------|
| 1. | Gdynia Masters  |    |       | Gdynia Masters |                  |    | <b>4:08.21</b> | 176     | +0,74 |
|    | HEISLER Grażyna | 74 | +0,74 | 1:01.13        | CHOMICKA Barbara | 73 |                | 1:15.07 |       |
|    | SKWARŁO Andrzej | 86 | +0,84 | 1:12.09        | BOBOLI Jan       | 77 |                | 39.92   |       |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 39  
01.06.2025 - 10:58

Kobiet, 400m dowolny

20 - 94 lat  
Wyniki

|                    |         |                     |                     |            |
|--------------------|---------|---------------------|---------------------|------------|
| RP Masters 80 - 84 | 8:49.69 | FECICA Krystyna     | Lublin              | 30.05.2025 |
| RP Masters 75 - 79 | 7:32.11 | GAWLIK-BUCAR Ewa    | Rome                | 29.08.2022 |
| RP Masters 70 - 74 | 7:12.91 | BASTEK Renata       | Warszawa            | 18.06.2017 |
| RP Masters 65 - 69 | 6:28.11 | SZAŁA Ewa           | Lublin              | 16.06.2024 |
| RP Masters 60 - 64 | 6:10.50 | SZAŁA Ewa           | Gliwice             | 02.06.2019 |
| RP Masters 55 - 59 | 5:17.95 | SERBIN Małgorzata   | Poznań              | 26.06.2021 |
| RP Masters 50 - 54 | 5:10.21 | SERBIN Małgorzata   | Kranj (SLO)         | 05.09.2018 |
| RP Masters 45 - 49 | 5:07.02 | SULEWSKA Beata      | Poznań              | 24.06.2018 |
| RP Masters 40 - 44 | 4:53.06 | SERBIN Małgorzata   | San Francisco (USA) | 10.08.2006 |
| RP Masters 35 - 39 | 5:01.62 | MICHALIK Dominika   | Montreal (CAN)      | 09.08.2014 |
| RP Masters 30 - 34 | 5:04.51 | MICHALIK Dominika   | Eindhoven (NED)     | 01.09.2013 |
| RP Masters 25 - 29 | 4:33.90 | KACZMAREK Magdalena | Budapeszt (HUN)     | 20.08.2017 |

Punkty: AQUA Master 2025

Pozycja Wiek Czas Pkt. CR

KATEGORIA MŁ

|                      |                     |                     |                     |     |       |
|----------------------|---------------------|---------------------|---------------------|-----|-------|
| 1. WIECKOWSKA Alicja | 22                  | UKS Delfin Garwolin | <b>5:06.26</b>      | 588 | +0,82 |
| 50m: 33.78 33.78     | 150m: 1:50.37 39.25 | 250m: 3:09.16 39.39 | 350m: 4:28.83 40.04 |     |       |
| 100m: 1:11.12 37.34  | 200m: 2:29.77 39.40 | 300m: 3:48.79 39.63 | 400m: 5:06.26 37.43 |     |       |
| 2. ZIELIŃSKA Oliwia  | 24                  | KS Warta Poznań     | <b>5:08.44</b>      | 575 | +0,67 |
| 50m: 34.26 34.26     | 150m: 1:52.11 40.09 | 250m: 3:12.31 40.31 | 350m: 4:32.36 40.26 |     |       |
| 100m: 1:12.02 37.76  | 200m: 2:32.00 39.89 | 300m: 3:52.10 39.79 | 400m: 5:08.44 36.08 |     |       |
| 3. MARKUNAS Julia    | 24                  | MKP Szczecin        | <b>5:36.20</b>      | 444 | +0,82 |
| 50m: 36.15 36.15     | 150m: 2:00.90 42.91 | 250m: 3:28.05 43.61 | 350m: 4:55.97 43.80 |     |       |
| 100m: 1:17.99 41.84  | 200m: 2:44.44 43.54 | 300m: 4:12.17 44.12 | 400m: 5:36.20 40.23 |     |       |
| 4. DECHNIK Anna      | 24                  | Niezzrzeszony       | <b>5:54.38</b>      | 379 | +0,85 |
| 50m: 37.69 37.69     | 150m: 2:04.97 44.60 | 250m: 3:36.13 46.30 | 350m: 5:09.47 46.72 |     |       |
| 100m: 1:20.37 42.68  | 200m: 2:49.83 44.86 | 300m: 4:22.75 46.62 | 400m: 5:54.38 44.91 |     |       |

KATEGORIA A

|                       |                     |                            |                     |     |       |
|-----------------------|---------------------|----------------------------|---------------------|-----|-------|
| 1. CHOJECKA Karolina  | 25                  | Warsaw Masters Team        | <b>5:15.22</b>      | 539 | +0,74 |
| 50m: 33.89 33.89      | 150m: 1:51.95 39.78 | 250m: 3:14.11 41.33        | 350m: 4:37.97 41.74 |     |       |
| 100m: 1:12.17 38.28   | 200m: 2:32.78 40.83 | 300m: 3:56.23 42.12        | 400m: 5:15.22 37.25 |     |       |
| 2. WIŚNIEWSKA Natalia | 28                  | KS Warta Poznań            | <b>5:21.15</b>      | 510 | +0,80 |
| 50m: 35.30 35.30      | 150m: 1:55.07 40.49 | 250m: 3:18.48 41.74        | 350m: 4:41.76 41.58 |     |       |
| 100m: 1:14.58 39.28   | 200m: 2:36.74 41.67 | 300m: 4:00.18 41.70        | 400m: 5:21.15 39.39 |     |       |
| 3. GWIŹDŹ Martyna     | 29                  | Fundacja Palestra Pływania | <b>6:37.85</b>      | 268 | +0,89 |
| 50m: 44.37 44.37      | 150m: 2:22.37 49.79 | 250m: 4:06.13 52.67        | 350m: 5:49.53 51.57 |     |       |
| 100m: 1:32.58 48.21   | 200m: 3:13.46 51.09 | 300m: 4:57.96 51.83        | 400m: 6:37.85 48.32 |     |       |

KATEGORIA B

|                              |                     |                     |                     |     |       |
|------------------------------|---------------------|---------------------|---------------------|-----|-------|
| 1. GAJDOWSKA Agnieszka       | 30                  | Water Squad         | <b>4:54.62</b>      | 676 | +0,71 |
| <i>Rekord Polski Masters</i> |                     |                     |                     |     |       |
| 50m: 31.92 31.92             | 150m: 1:46.13 38.95 | 250m: 3:04.41 39.19 | 350m: 4:22.06 38.69 |     |       |
| 100m: 1:07.18 35.26          | 200m: 2:25.22 39.09 | 300m: 3:43.37 38.96 | 400m: 4:54.62 32.56 |     |       |
| 2. KOZAK Dominika            | 32                  | Water Squad         | <b>5:42.09</b>      | 432 | +0,72 |
| 50m: 37.06 37.06             | 150m: 2:02.39 42.99 | 250m: 3:31.07 44.59 | 350m: 5:00.55 43.99 |     |       |
| 100m: 1:19.40 42.34          | 200m: 2:46.48 44.09 | 300m: 4:16.56 45.49 | 400m: 5:42.09 41.54 |     |       |
| 3. WEJNEROWSKA Klaudia       | 32                  | Koszalińskie TTKF   | <b>6:11.41</b>      | 337 | +0,84 |
| 50m: 40.40 40.40             | 150m: 2:13.06 47.67 | 250m: 3:49.60 48.51 | 350m: 5:26.40 48.43 |     |       |
| 100m: 1:25.39 44.99          | 200m: 3:01.09 48.03 | 300m: 4:37.97 48.37 | 400m: 6:11.41 45.01 |     |       |



Splash Meet Manager, 11.81803

Registered to Piotr Bujak

01.06.2025 12:55 - Strona 78

Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 39, Kobiet, 400m dowolny, KATEGORIA B

| Pozycja            | Wiek    |       |       |         | Czas              |       |         |       | Pkt.           | CR            |
|--------------------|---------|-------|-------|---------|-------------------|-------|---------|-------|----------------|---------------|
| 4. WOJNICKA Joanna | 31      |       |       |         | MUKS HURAGAN Koło |       |         |       | <b>6:17.08</b> | 322 +0,82     |
| 50m:               | 41.18   | 41.18 | 150m: | 2:18.07 | 49.42             | 250m: | 3:55.88 | 49.21 | 350m:          | 5:33.27 48.69 |
| 100m:              | 1:28.65 | 47.47 | 200m: | 3:06.67 | 48.60             | 300m: | 4:44.58 | 48.70 | 400m:          | 6:17.08 43.81 |

KATEGORIA C

|                           |         |       |       |         |                             |       |         |       |                |               |
|---------------------------|---------|-------|-------|---------|-----------------------------|-------|---------|-------|----------------|---------------|
| 1. ZALESKA Anna           | 37      |       |       |         | Stow. Pływ. Masters Olsztyn |       |         |       | <b>5:41.77</b> | 472 +0,78     |
| 50m:                      | 38.71   | 38.71 | 150m: | 2:05.65 | 44.12                       | 250m: | 3:33.78 | 44.20 | 350m:          | 5:01.38 43.60 |
| 100m:                     | 1:21.53 | 42.82 | 200m: | 2:49.58 | 43.93                       | 300m: | 4:17.78 | 44.00 | 400m:          | 5:41.77 40.39 |
| 2. WIELECHOWSKA Anna      | 35      |       |       |         | UKS Cityzen Poznań          |       |         |       | <b>5:54.63</b> | 422 +0,88     |
| 50m:                      | 38.65   | 38.65 | 150m: | 2:06.97 | 45.67                       | 250m: | 3:38.35 | 46.02 | 350m:          | 5:11.05 46.22 |
| 100m:                     | 1:21.30 | 42.65 | 200m: | 2:52.33 | 45.36                       | 300m: | 4:24.83 | 46.48 | 400m:          | 5:54.63 43.58 |
| 3. JANAS Karolina         | 35      |       |       |         | Koszalińskie TKKF           |       |         |       | <b>6:14.83</b> | 358 +0,99     |
| 50m:                      | 40.13   | 40.13 | 150m: | 2:12.32 | 47.40                       | 250m: | 3:49.68 | 49.21 | 350m:          | 5:28.14 49.31 |
| 100m:                     | 1:24.92 | 44.79 | 200m: | 3:00.47 | 48.15                       | 300m: | 4:38.83 | 49.15 | 400m:          | 6:14.83 46.69 |
| 4. SOBCZAK- PORADA Joanna | 38      |       |       |         | Warsaw Masters Team         |       |         |       | <b>6:51.21</b> | 271 +0,83     |
| 50m:                      | 44.64   | 44.64 | 150m: | 2:27.69 | 52.31                       | 250m: | 4:14.45 | 53.34 | 350m:          | 6:00.99 53.58 |
| 100m:                     | 1:35.38 | 50.74 | 200m: | 3:21.11 | 53.42                       | 300m: | 5:07.41 | 52.96 | 400m:          | 6:51.21 50.22 |

KATEGORIA D

|                       |         |       |       |         |                            |       |         |       |                |               |
|-----------------------|---------|-------|-------|---------|----------------------------|-------|---------|-------|----------------|---------------|
| 1. MAJEWSKI Michalina | 41      |       |       |         | MKP Gdańsk                 |       |         |       | <b>5:09.34</b> | 613 +0,84     |
| 50m:                  | 34.15   | 34.15 | 150m: | 1:51.08 | 39.36                      | 250m: | 3:11.47 | 40.47 | 350m:          | 4:31.79 39.96 |
| 100m:                 | 1:11.72 | 37.57 | 200m: | 2:31.00 | 39.92                      | 300m: | 3:51.83 | 40.36 | 400m:          | 5:09.34 37.55 |
| 2. SIKORA Sabina      | 41      |       |       |         | UKS Jasień Sucha Beskidzka |       |         |       | <b>5:54.03</b> | 409 +0,82     |
| 50m:                  | 38.19   | 38.19 | 150m: | 2:07.08 | 45.05                      | 250m: | 3:38.90 | 46.39 | 350m:          | 5:11.84 46.40 |
| 100m:                 | 1:22.03 | 43.84 | 200m: | 2:52.51 | 45.43                      | 300m: | 4:25.44 | 46.54 | 400m:          | 5:54.03 42.19 |
| 3. LARA Anna          | 40      |       |       |         | Niezrzeszony Jelenia Góra  |       |         |       | <b>6:06.59</b> | 368 +0,87     |
| 50m:                  | 40.78   | 40.78 | 150m: | 2:11.97 | 46.55                      | 250m: | 3:46.34 | 47.31 | 350m:          | 5:21.13 47.38 |
| 100m:                 | 1:25.42 | 44.64 | 200m: | 2:59.03 | 47.06                      | 300m: | 4:33.75 | 47.41 | 400m:          | 6:06.59 45.46 |
| 4. JASIK Agata        | 41      |       |       |         | Fundacja JK TEAM           |       |         |       | <b>6:09.64</b> | 359 +0,87     |
| 50m:                  | 38.51   | 38.51 | 150m: | 2:09.76 | 46.98                      | 250m: | 3:45.61 | 48.35 | 350m:          | 5:23.28 48.89 |
| 100m:                 | 1:22.78 | 44.27 | 200m: | 2:57.26 | 47.50                      | 300m: | 4:34.39 | 48.78 | 400m:          | 6:09.64 46.36 |
| 5. GRYCZ Urszula      | 40      |       |       |         | Ursynów Masters            |       |         |       | <b>6:31.81</b> | 301 +0,88     |
| 50m:                  | 42.36   | 42.36 | 150m: | 2:16.96 | 48.31                      | 250m: | 3:58.14 | 51.60 | 350m:          | 5:42.35 52.17 |
| 100m:                 | 1:28.65 | 46.29 | 200m: | 3:06.54 | 49.58                      | 300m: | 4:50.18 | 52.04 | 400m:          | 6:31.81 49.46 |

KATEGORIA E

|                      |         |       |       |         |                          |       |         |       |                |               |
|----------------------|---------|-------|-------|---------|--------------------------|-------|---------|-------|----------------|---------------|
| 1. KÜTTEL Dorota     | 48      |       |       |         | Svommeklubben Sonderborg |       |         |       | <b>5:07.13</b> | 684 +0,68     |
| 50m:                 | 34.30   | 34.30 | 150m: | 1:51.44 | 39.20                    | 250m: | 3:10.86 | 39.80 | 350m:          | 4:29.70 39.18 |
| 100m:                | 1:12.24 | 37.94 | 200m: | 2:31.06 | 39.62                    | 300m: | 3:50.52 | 39.66 | 400m:          | 5:07.13 37.43 |
| 2. MICHALIK Dominika | 46      |       |       |         | Masters Białystok        |       |         |       | <b>5:11.10</b> | 658 +0,71     |
| 50m:                 | 34.33   | 34.33 | 150m: | 1:51.14 | 38.89                    | 250m: | 3:10.94 | 40.27 | 350m:          | 4:32.11 41.00 |
| 100m:                | 1:12.25 | 37.92 | 200m: | 2:30.67 | 39.53                    | 300m: | 3:51.11 | 40.17 | 400m:          | 5:11.10 38.99 |
| 3. BABICA Izabela    | 46      |       |       |         | KS Warta Poznań          |       |         |       | <b>5:47.99</b> | 470 +0,87     |
| 50m:                 | 38.51   | 38.51 | 150m: | 2:06.75 | 45.01                    | 250m: | 3:37.92 | 45.96 | 350m:          | 5:07.86 44.43 |
| 100m:                | 1:21.74 | 43.23 | 200m: | 2:51.96 | 45.21                    | 300m: | 4:23.43 | 45.51 | 400m:          | 5:47.99 40.13 |
| 4. MRÓZ Edyta        | 46      |       |       |         | UKS Wodnik 29 Katowice   |       |         |       | <b>5:49.41</b> | 464 +0,90     |
| 50m:                 | 39.47   | 39.47 | 150m: | 2:08.33 | 45.03                    | 250m: | 3:38.36 | 45.43 | 350m:          | 5:08.19 45.23 |
| 100m:                | 1:23.30 | 43.83 | 200m: | 2:52.93 | 44.60                    | 300m: | 4:22.96 | 44.60 | 400m:          | 5:49.41 41.22 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 39, Kobiety, 400m dowolny, KATEGORIA E

| Pozycja            | Wiek    |       |       |         |       |       |         |       | Czas        | Pkt.    | CR    |       |
|--------------------|---------|-------|-------|---------|-------|-------|---------|-------|-------------|---------|-------|-------|
| 5. KLARECKA Monika | 48      |       |       |         |       |       |         |       | MUKS Zgierz | 7:36.42 | 208   | +0,83 |
| 50m:               | 48.13   | 48.13 | 150m: | 2:44.06 | 57.82 | 250m: | 4:42.62 | 59.45 | 350m:       | 6:40.63 | 58.92 |       |
| 100m:              | 1:46.24 | 58.11 | 200m: | 3:43.17 | 59.11 | 300m: | 5:41.71 | 59.09 | 400m:       | 7:36.42 | 55.79 |       |

KATEGORIA F

|    |                       |         |         |       |         |                |       |         |         |         |         |         |
|----|-----------------------|---------|---------|-------|---------|----------------|-------|---------|---------|---------|---------|---------|
| 1. | SULEWSKA Beata        |         |         |       | 53      | Weteran Zabrze |       |         |         | 5:32.59 | 600     | +0,92   |
|    | 50m:                  | 37.91   | 37.91   | 150m: | 2:02.08 | 42.40          | 250m: | 3:27.54 | 42.61   | 350m:   | 4:52.69 | 42.49   |
|    | 100m:                 | 1:19.68 | 41.77   | 200m: | 2:44.93 | 42.85          | 300m: | 4:10.20 | 42.66   | 400m:   | 5:32.59 | 39.90   |
| 2. | BALAJCZA Timea        |         |         |       | 54      | Water Squad    |       |         |         | 6:09.73 | 437     | +0,87   |
|    | 50m:                  | 41.24   | 41.24   | 150m: | 2:14.93 | 47.61          | 250m: | 3:50.45 | 47.63   | 350m:   | 5:25.18 | 47.02   |
|    | 100m:                 | 1:27.32 | 46.08   | 200m: | 3:02.82 | 47.89          | 300m: | 4:38.16 | 47.71   | 400m:   | 6:09.73 | 44.55   |
| 3. | KABAT-KOPERSKA Joanna |         |         |       | 52      | SMT Szczecin   |       |         |         | 7:57.26 | 203     | +0,84   |
|    | 50m:                  | 54.30   | 54.30   | 150m: | 2:55.23 | 1:00.58        | 250m: | 4:57.06 | 1:01.53 | 350m:   | 6:58.90 | 1:01.24 |
|    | 100m:                 | 1:54.65 | 1:00.35 | 200m: | 3:55.53 | 1:00.30        | 300m: | 5:57.66 | 1:00.60 | 400m:   | 7:57.26 | 58.36   |

KATEGORIA G

|    |                    |         |         |       |                             |         |       |         |          |       |          |         |
|----|--------------------|---------|---------|-------|-----------------------------|---------|-------|---------|----------|-------|----------|---------|
| 1. | SERBIN Małgorzata  |         |         | 59    | MKP Szczecin                |         |       |         | 5:46.37  |       | 547      | +0,81   |
|    | 50m:               | 38.33   | 38.33   | 150m: | 2:06.22                     | 44.43   | 250m: | 3:35.11 | 44.40    | 350m: | 5:03.77  | 44.07   |
|    | 100m:              | 1:21.79 | 43.46   | 200m: | 2:50.71                     | 44.49   | 300m: | 4:19.70 | 44.59    | 400m: | 5:46.37  | 42.60   |
| 2. | GOŹDZIEJEWSKA Anna |         |         | 58    | Stow. Pływ. Masters Olsztyn |         |       |         | 6:19.40  |       | 416      | +0,85   |
|    | 50m:               | 42.76   | 42.76   | 150m: | 2:19.63                     | 49.07   | 250m: | 3:56.63 | 48.33    | 350m: | 5:32.88  | 47.91   |
|    | 100m:              | 1:30.56 | 47.80   | 200m: | 3:08.30                     | 48.67   | 300m: | 4:44.97 | 48.34    | 400m: | 6:19.40  | 46.52   |
| 3. | ŁUBIŃSKA Anna      |         |         | 57    | Masters Avia Świdnik        |         |       |         | 8:13.27  |       | 189      |         |
|    | 50m:               | 48.75   | 48.75   | 150m: | 2:54.53                     | 1:03.92 | 250m: | 5:04.09 | 1:04.49  | 350m: | 7:14.49  | 1:04.83 |
|    | 100m:              | 1:50.61 | 1:01.86 | 200m: | 3:59.60                     | 1:05.07 | 300m: | 6:09.66 | 1:05.57  | 400m: | 8:13.27  | 58.78   |
| 4. | SEKUŁA Joanna      |         |         | 56    | Masters Avia Świdnik        |         |       |         | 10:07.13 |       | 101      | +0,96   |
|    | 50m:               | 57.60   | 57.60   | 150m: | 3:26.90                     | 1:17.29 | 250m: | 6:08.53 | 1:20.73  | 350m: | 8:51.84  | 1:22.59 |
|    | 100m:              | 2:09.61 | 1:12.01 | 200m: | 4:47.80                     | 1:20.90 | 300m: | 7:29.25 | 1:20.72  | 400m: | 10:07.13 | 1:15.29 |

KATEGORIA H

|    |                            |         |       |       |         |                             |       |         |       |         |         |       |       |
|----|----------------------------|---------|-------|-------|---------|-----------------------------|-------|---------|-------|---------|---------|-------|-------|
| 1. | VILIMIENE Ada              |         |       |       | 63      | Plaukimo Veteranu SK Nendre |       |         |       | 5:44.36 |         | 588   | +0,78 |
|    | 50m:                       | 37.07   | 37.07 | 150m: | 2:02.84 | 43.79                       | 250m: | 3:31.70 | 44.60 | 350m:   | 5:01.40 | 44.65 |       |
|    | 100m:                      | 1:19.05 | 41.98 | 200m: | 2:47.10 | 44.26                       | 300m: | 4:16.75 | 45.05 | 400m:   | 5:44.36 | 42.96 |       |
| 2. | DAMLJANOVIC-WACŁAWIK Iwona |         |       |       | 60      | SMT Szczecin                |       |         |       | 6:38.36 |         | 380   | +0,89 |
|    | 50m:                       | 41.88   | 41.88 | 150m: | 2:20.91 | 50.42                       | 250m: | 4:03.74 | 51.47 | 350m:   | 5:48.74 | 52.70 |       |
|    | 100m:                      | 1:30.49 | 48.61 | 200m: | 3:12.27 | 51.36                       | 300m: | 4:56.04 | 52.30 | 400m:   | 6:38.36 | 49.62 |       |
| 3. | ŁATKOWSKA Ewa              |         |       |       | 60      | 5Styl Warszawa              |       |         |       | 7:18.33 |         | 285   | +0,87 |
|    | 50m:                       | 48.02   | 48.02 | 150m: | 2:38.87 | 56.90                       | 250m: | 4:32.72 | 57.12 | 350m:   | 6:27.21 | 57.13 |       |
|    | 100m:                      | 1:41.97 | 53.95 | 200m: | 3:35.60 | 56.73                       | 300m: | 5:30.08 | 57.36 | 400m:   | 7:18.33 | 51.12 |       |

KATEGORIA I

|                       |         |         |       |         |                 |       |         |         |         |         |         |       |
|-----------------------|---------|---------|-------|---------|-----------------|-------|---------|---------|---------|---------|---------|-------|
| 1. SZALA Ewa          | 66      |         |       |         | KS Warta Poznań |       |         |         | 6:25.04 |         | 536     |       |
| Rekord Polski Masters |         |         |       |         |                 |       |         |         |         |         |         |       |
| 50m:                  | 43.21   | 43.21   | 150m: | 2:21.90 | 50.08           | 250m: | 4:01.14 | 49.30   | 350m:   | 5:39.12 | 48.92   |       |
| 100m:                 | 1:31.82 | 48.61   | 200m: | 3:11.84 | 49.94           | 300m: | 4:50.20 | 49.06   | 400m:   | 6:25.04 | 45.92   |       |
| 2. DĄBROWSKA Zofia    | 67      |         |       |         | Weteran Zabrze  |       |         |         | 9:07.03 |         | 186     | +0,71 |
| 50m:                  | 1:00.63 | 1:00.63 | 150m: | 3:22.69 | 1:11.22         | 250m: | 5:44.70 | 1:10.97 | 350m:   | 8:05.50 | 1:09.77 |       |
| 100m:                 | 2:11.47 | 1:10.84 | 200m: | 4:33.73 | 1:11.04         | 300m: | 6:55.73 | 1:11.03 | 400m:   | 9:07.03 | 1:01.53 |       |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 39, Kobiety, 400m dowolny

KATEGORIA J

|                       |                       |                         |                       |     |       |
|-----------------------|-----------------------|-------------------------|-----------------------|-----|-------|
| 1. ŁABUZ Ewa          | 70                    | Swim Club Masters Ślęza | <b>8:50.33</b>        | 222 | +0,91 |
| 50m: 57.11 57.11      | 150m: 3:14.06 1:07.16 | 250m: 5:30.68 1:08.76   | 350m: 7:46.87 1:07.44 |     |       |
| 100m: 2:06.90 1:09.79 | 200m: 4:21.92 1:07.86 | 300m: 6:39.43 1:08.75   | 400m: 8:50.33 1:03.46 |     |       |

KATEGORIA K

|                       |                       |                       |                        |     |  |
|-----------------------|-----------------------|-----------------------|------------------------|-----|--|
| 1. SZEMBERG Anna      | 76                    | Warsaw Masters Team   | <b>10:02.85</b>        | 235 |  |
| 50m: 1:07.32 1:07.32  | 150m: 3:43.50 1:18.49 | 250m: 6:16.84 1:15.31 | 350m: 8:49.61 1:16.61  |     |  |
| 100m: 2:25.01 1:17.69 | 200m: 5:01.53 1:18.03 | 300m: 7:33.00 1:16.16 | 400m: 10:02.85 1:13.24 |     |  |

Konkurencja 40  
01.06.2025 - 11:39

Mężczyzn, 400m dowolny

20 - 94 lat  
Wyniki

|                    |          |                        |              |            |
|--------------------|----------|------------------------|--------------|------------|
| RP Masters 90 - 94 | 11:34.19 | MRÓWCZYŃSKI Kazimierz  | Londyn (GBR) | 27.05.2016 |
| RP Masters 85 - 89 | 8:01.90  | KROKOSZYŃSKI Stanisław | Szczecin     | 27.06.2015 |
| RP Masters 80 - 84 | 6:58.79  | KROKOSZYŃSKI Stanisław | Gliwice      | 09.05.2010 |
| RP Masters 75 - 79 | 6:31.82  | BASTEK Ewald           | Olsztyn      | 29.06.2014 |
| RP Masters 70 - 74 | 5:53.54  | BASTEK Ewald           | Gdynia       | 27.06.2009 |
| RP Masters 65 - 69 | 5:30.75  | WARCHOŁ Mirosław       | Warszawa     | 05.12.2020 |
| RP Masters 60 - 64 | 5:01.55  | MADEJ Leszek           | Lublin       | 16.06.2024 |
| RP Masters 55 - 59 | 4:49.84  | MADEJ Leszek           | Gliwice      | 12.06.2016 |
| RP Masters 50 - 54 | 4:40.69  | GREGOROWICZ Paweł      | Lublin       | 16.06.2024 |
| RP Masters 45 - 49 | 4:37.07  | BERWECKI Arkadiusz     | Poznań       | 24.06.2018 |
| RP Masters 40 - 44 | 4:21.40  | STANEK Grzegorz        | Cadiz (ESP)  | 17.09.2009 |
| RP Masters 35 - 39 | 4:23.70  | KACZMAREK Stanisław    | Londyn (GBR) | 27.05.2016 |
| RP Masters 30 - 34 | 4:13.24  | LASSEK Bartłomiej      | Lublin       | 16.06.2024 |
| RP Masters 25 - 29 | 4:13.52  | PIÓRO Artur            | Gliwice      | 02.06.2019 |

Punkty: AQUA Master 2025

Pozycja Wiek Czas Pkt. CR

KATEGORIA A

|                     |                     |                         |                     |     |       |
|---------------------|---------------------|-------------------------|---------------------|-----|-------|
| 1. GAWRON Oskar     | 26                  | Fundacja Power Swimming | <b>4:30.60</b>      | 706 | +0,76 |
| 50m: 29.83 29.83    | 150m: 1:37.02 33.97 | 250m: 2:45.95 34.45     | 350m: 3:55.67 35.15 |     |       |
| 100m: 1:03.05 33.22 | 200m: 2:11.50 34.48 | 300m: 3:20.52 34.57     | 400m: 4:30.60 34.93 |     |       |

KATEGORIA B

|                              |                     |                     |                     |     |       |
|------------------------------|---------------------|---------------------|---------------------|-----|-------|
| 1. DUBIEL Adam               | 32                  | Water Squad         | <b>4:12.72</b>      | 836 | +0,72 |
| <i>Rekord Polski Masters</i> |                     |                     |                     |     |       |
| 50m: 27.98 27.98             | 150m: 1:31.62 32.23 | 250m: 2:36.74 32.77 | 350m: 3:42.18 32.74 |     |       |
| 100m: 59.39 31.41            | 200m: 2:03.97 32.35 | 300m: 3:09.44 32.70 | 400m: 4:12.72 30.54 |     |       |
| 2. APTEWICZ Arkadiusz        | 32                  | Water Squad         | <b>4:24.17</b>      | 732 | +0,67 |
| 50m: 29.46 29.46             | 150m: 1:36.01 33.70 | 250m: 2:44.45 34.25 | 350m: 3:52.28 33.66 |     |       |
| 100m: 1:02.31 32.85          | 200m: 2:10.20 34.19 | 300m: 3:18.62 34.17 | 400m: 4:24.17 31.89 |     |       |
| 3. EL SABBAHY Loay           | 32                  | KS Warta Poznań     | <b>4:39.34</b>      | 619 | +0,77 |
| 50m: 30.90 30.90             | 150m: 1:41.35 35.85 | 250m: 2:52.93 36.31 | 350m: 4:04.48 35.55 |     |       |
| 100m: 1:05.50 34.60          | 200m: 2:16.62 35.27 | 300m: 3:28.93 36.00 | 400m: 4:39.34 34.86 |     |       |
| 4. WITT Piotr                | 34                  | KS Warta Poznań     | <b>4:47.28</b>      | 569 | +0,74 |
| 50m: 30.62 30.62             | 150m: 1:42.61 36.59 | 250m: 2:55.92 36.80 | 350m: 4:11.02 38.06 |     |       |
| 100m: 1:06.02 35.40          | 200m: 2:19.12 36.51 | 300m: 3:32.96 37.04 | 400m: 4:47.28 36.26 |     |       |
| 5. GAJDA Maciej              | 30                  | MKP Wodnik 29 Tychy | <b>4:58.97</b>      | 505 | +0,70 |
| 50m: 34.54 34.54             | 150m: 1:51.48 39.04 | 250m: 3:09.48 39.30 | 350m: 4:25.36 37.23 |     |       |
| 100m: 1:12.44 37.90          | 200m: 2:30.18 38.70 | 300m: 3:48.13 38.65 | 400m: 4:58.97 33.61 |     |       |



Splash Meet Manager, 11.81803

Registered to Piotr Bujak

01.06.2025 12:55 - Strona 81

Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 40, Mężczyzn, 400m dowolny, KATEGORIA B

| Pozycja                   | Wiek          |                            |               |       | Czas          |                |     |       | Pkt. | CR |
|---------------------------|---------------|----------------------------|---------------|-------|---------------|----------------|-----|-------|------|----|
| 6. MENDYK Przemysław      | 33            | MUKS Gilus Gilowice        |               |       |               | <b>5:02.89</b> | 485 | +0,84 |      |    |
| 50m: 31.80 31.80          | 150m: 1:46.71 | 38.23                      | 250m: 3:05.54 | 39.36 | 350m: 4:25.53 | 39.67          |     |       |      |    |
| 100m: 1:08.48 36.68       | 200m: 2:26.18 | 39.47                      | 300m: 3:45.86 | 40.32 | 400m: 5:02.89 | 37.36          |     |       |      |    |
| 7. KEMPIAK Amadeusz       | 31            | Niezrzeszony               |               |       |               | <b>5:09.49</b> | 455 | +0,69 |      |    |
| 50m: 32.35 32.35          | 150m: 1:50.13 | 39.69                      | 250m: 3:11.64 | 41.05 | 350m: 4:33.72 | 41.11          |     |       |      |    |
| 100m: 1:10.44 38.09       | 200m: 2:30.59 | 40.46                      | 300m: 3:52.61 | 40.97 | 400m: 5:09.49 | 35.77          |     |       |      |    |
| 8. DZIEDZIC Andrzej       | 32            | Fundacja Palestra Pływania |               |       |               | <b>5:12.02</b> | 444 | +0,80 |      |    |
| 50m: 34.16 34.16          | 150m: 1:49.91 | 39.00                      | 250m: 3:09.37 | 40.30 | 350m: 4:31.28 | 41.12          |     |       |      |    |
| 100m: 1:10.91 36.75       | 200m: 2:29.07 | 39.16                      | 300m: 3:50.16 | 40.79 | 400m: 5:12.02 | 40.74          |     |       |      |    |
| 9. GROCHOWSKI Łukasz      | 34            | Warsaw Masters Team        |               |       |               | <b>5:20.74</b> | 409 | +0,77 |      |    |
| 50m: 36.75 36.75          | 150m: 1:57.73 | 40.76                      | 250m: 3:19.33 | 40.95 | 350m: 4:40.93 | 40.95          |     |       |      |    |
| 100m: 1:16.97 40.22       | 200m: 2:38.38 | 40.65                      | 300m: 3:59.98 | 40.65 | 400m: 5:20.74 | 39.81          |     |       |      |    |
| 10. KUREK Mateusz         | 31            | UKS Trójka Częstochowa     |               |       |               | <b>5:24.61</b> | 394 | +0,67 |      |    |
| 50m: 33.92 33.92          | 150m: 1:54.73 | 41.06                      | 250m: 3:17.85 | 41.85 | 350m: 4:44.91 | 43.02          |     |       |      |    |
| 100m: 1:13.67 39.75       | 200m: 2:36.00 | 41.27                      | 300m: 4:01.89 | 44.04 | 400m: 5:24.61 | 39.70          |     |       |      |    |
| 11. CHOWANIEC Mateusz     | 30            | UKS Trójka Częstochowa     |               |       |               | <b>5:34.93</b> | 359 | +0,76 |      |    |
| 50m: 35.29 35.29          | 150m: 1:56.80 | 41.71                      | 250m: 3:24.32 | 44.51 | 350m: 4:52.29 | 42.80          |     |       |      |    |
| 100m: 1:15.09 39.80       | 200m: 2:39.81 | 43.01                      | 300m: 4:09.49 | 45.17 | 400m: 5:34.93 | 42.64          |     |       |      |    |
| 12. KONIECZNIK Przemysław | 30            | Niezrzeszony               |               |       |               | <b>5:45.87</b> | 326 | +0,87 |      |    |
| 50m: 39.85 39.85          | 150m: 2:06.48 | 43.65                      | 250m: 3:35.69 | 44.55 | 350m: 5:04.37 | 44.41          |     |       |      |    |
| 100m: 1:22.83 42.98       | 200m: 2:51.14 | 44.66                      | 300m: 4:19.96 | 44.27 | 400m: 5:45.87 | 41.50          |     |       |      |    |

KATEGORIA C

|                        |               |                                |               |       |               |                |     |       |  |  |
|------------------------|---------------|--------------------------------|---------------|-------|---------------|----------------|-----|-------|--|--|
| 1. ZIELONKA Rafał      | 39            | Masters Avia Świdnik           |               |       |               | <b>4:51.47</b> | 563 | +0,77 |  |  |
| 50m: 33.39 33.39       | 150m: 1:46.26 | 36.12                          | 250m: 3:00.17 | 36.92 | 350m: 4:15.70 | 37.78          |     |       |  |  |
| 100m: 1:10.14 36.75    | 200m: 2:23.25 | 36.99                          | 300m: 3:37.92 | 37.75 | 400m: 4:51.47 | 35.77          |     |       |  |  |
| 2. KUŚMIDER Przemysław | 36            | MUKS Zgierz                    |               |       |               | <b>5:09.68</b> | 470 | +0,77 |  |  |
| 50m: 32.56 32.56       | 150m: 1:49.41 | 38.90                          | 250m: 3:09.38 | 40.32 | 350m: 4:30.59 | 40.49          |     |       |  |  |
| 100m: 1:10.51 37.95    | 200m: 2:29.06 | 39.65                          | 300m: 3:50.10 | 40.72 | 400m: 5:09.68 | 39.09          |     |       |  |  |
| 3. SZEWCZYK Piotr      | 38            | Warsaw Masters Team            |               |       |               | <b>5:09.98</b> | 468 | +0,79 |  |  |
| 50m: 34.13 34.13       | 150m: 1:51.47 | 39.71                          | 250m: 3:12.04 | 40.61 | 350m: 4:32.92 | 40.26          |     |       |  |  |
| 100m: 1:11.76 37.63    | 200m: 2:31.43 | 39.96                          | 300m: 3:52.66 | 40.62 | 400m: 5:09.98 | 37.06          |     |       |  |  |
| 4. KAIM Ignacy         | 36            | Stow. Pływ. Sebastiana Karasia |               |       |               | <b>5:41.19</b> | 351 | +0,67 |  |  |
| 50m: 37.72 37.72       | 150m: 2:01.55 | 42.51                          | 250m: 3:29.94 | 44.74 | 350m: 4:59.64 | 45.19          |     |       |  |  |
| 100m: 1:19.04 41.32    | 200m: 2:45.20 | 43.65                          | 300m: 4:14.45 | 44.51 | 400m: 5:41.19 | 41.55          |     |       |  |  |
| 5. SZNAJDER Michał     | 39            | Warsaw Masters Team            |               |       |               | <b>6:03.61</b> | 290 | +0,77 |  |  |
| 50m: 39.40 39.40       | 150m: 2:08.76 | 45.48                          | 250m: 3:42.68 | 46.85 | 350m: 5:17.84 | 47.11          |     |       |  |  |
| 100m: 1:23.28 43.88    | 200m: 2:55.83 | 47.07                          | 300m: 4:30.73 | 48.05 | 400m: 6:03.61 | 45.77          |     |       |  |  |

KATEGORIA D

|                     |               |                     |               |       |               |                |     |       |  |  |
|---------------------|---------------|---------------------|---------------|-------|---------------|----------------|-----|-------|--|--|
| 1. JUREK Przemysław | 44            | UKS Trójka Puławy   |               |       |               | <b>5:01.05</b> | 550 | +0,87 |  |  |
| 50m: 33.40 33.40    | 150m: 1:48.36 | 38.09               | 250m: 3:06.08 | 38.71 | 350m: 4:23.42 | 38.43          |     |       |  |  |
| 100m: 1:10.27 36.87 | 200m: 2:27.37 | 39.01               | 300m: 3:44.99 | 38.91 | 400m: 5:01.05 | 37.63          |     |       |  |  |
| 2. PORADA Tomasz    | 42            | Warsaw Masters Team |               |       |               | <b>5:06.78</b> | 520 | +0,71 |  |  |
| 50m: 34.46 34.46    | 150m: 1:50.86 | 38.71               | 250m: 3:09.48 | 39.23 | 350m: 4:28.43 | 39.63          |     |       |  |  |
| 100m: 1:12.15 37.69 | 200m: 2:30.25 | 39.39               | 300m: 3:48.80 | 39.32 | 400m: 5:06.78 | 38.35          |     |       |  |  |
| 3. KRUK Marcin      | 43            | Koszalińskie TKKF   |               |       |               | <b>5:31.37</b> | 412 | +0,82 |  |  |
| 50m: 35.78 35.78    | 150m: 1:58.10 | 41.86               | 250m: 3:22.83 | 42.78 | 350m: 4:50.45 | 44.22          |     |       |  |  |
| 100m: 1:16.24 40.46 | 200m: 2:40.05 | 41.95               | 300m: 4:06.23 | 43.40 | 400m: 5:31.37 | 40.92          |     |       |  |  |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 40, Mężczyzn, 400m dowolny, KATEGORIA D

| Pozycja |                     | Wiek          |                                | Czas                | Pkt. | CR    |
|---------|---------------------|---------------|--------------------------------|---------------------|------|-------|
| 4.      | ZIMKOWSKI Dawid     | 44            | Weteran Zabrze                 | <b>6:07.40</b>      | 302  | +0,92 |
|         | 50m: 39.09 39.09    | 150m: 2:10.73 | 46.82 250m: 3:45.76 48.79      | 350m: 5:22.25 48.99 |      |       |
|         | 100m: 1:23.91 44.82 | 200m: 2:56.97 | 46.24 300m: 4:33.26 47.50      | 400m: 6:07.40 45.15 |      |       |
| 5.      | GRABKOWSKI Michał   | 44            | Stow. Pływ. Sebastiana Karasia | <b>6:14.44</b>      | 286  | +0,83 |
|         | 50m: 39.43 39.43    | 150m: 2:11.44 | 47.28 250m: 3:47.66 48.36      | 350m: 5:27.07 49.90 |      |       |
|         | 100m: 1:24.16 44.73 | 200m: 2:59.30 | 47.86 300m: 4:37.17 49.51      | 400m: 6:14.44 47.37 |      |       |

KATEGORIA E

|    |                     |               |                           |                     |     |       |
|----|---------------------|---------------|---------------------------|---------------------|-----|-------|
| 1. | WILMOWICZ Adam      | 46            | Koszalińskie TKKF         | <b>5:07.84</b>      | 533 | +0,83 |
|    | 50m: 33.76 33.76    | 150m: 1:50.56 | 39.16 250m: 3:10.77 40.40 | 350m: 4:30.59 39.61 |     |       |
|    | 100m: 1:11.40 37.64 | 200m: 2:30.37 | 39.81 300m: 3:50.98 40.21 | 400m: 5:07.84 37.25 |     |       |
| 2. | ROGOSZ Paweł        | 49            | Warsaw Masters Team       | <b>5:13.10</b>      | 506 | +0,80 |
|    | 50m: 36.36 36.36    | 150m: 1:57.12 | 40.80 250m: 3:17.38 39.88 | 350m: 4:36.23 39.26 |     |       |
|    | 100m: 1:16.32 39.96 | 200m: 2:37.50 | 40.38 300m: 3:56.97 39.59 | 400m: 5:13.10 36.87 |     |       |
| 3. | WACHOWSKI Błażej    | 45            | KS Warta Poznań           | <b>5:15.75</b>      | 494 | +0,85 |
|    | 50m: 36.07 36.07    | 150m: 1:56.95 | 40.66 250m: 3:17.71 40.13 | 350m: 4:37.90 40.18 |     |       |
|    | 100m: 1:16.29 40.22 | 200m: 2:37.58 | 40.63 300m: 3:57.72 40.01 | 400m: 5:15.75 37.85 |     |       |
| 4. | DYCZEK Mariusz      | 46            | Masters Zdzeszowice       | <b>5:15.90</b>      | 493 | +0,95 |
|    | 50m: 33.54 33.54    | 150m: 1:51.33 | 39.74 250m: 3:14.15 41.80 | 350m: 4:38.03 41.73 |     |       |
|    | 100m: 1:11.59 38.05 | 200m: 2:32.35 | 41.02 300m: 3:56.30 42.15 | 400m: 5:15.90 37.87 |     |       |
| 5. | DZIADOSZ Robert     | 46            | 5Styl Warszawa            | <b>5:20.21</b>      | 473 | +0,72 |
|    | 50m: 34.64 34.64    | 150m: 1:54.15 | 40.68 250m: 3:17.27 42.13 | 350m: 4:40.26 41.56 |     |       |
|    | 100m: 1:13.47 38.83 | 200m: 2:35.14 | 40.99 300m: 3:58.70 41.43 | 400m: 5:20.21 39.95 |     |       |
| 6. | PIEŚLAK Roman       | 46            | Koszalińskie TKKF         | <b>5:22.06</b>      | 465 | +0,77 |
|    | 50m: 35.59 35.59    | 150m: 1:55.76 | 40.84 250m: 3:18.74 41.52 | 350m: 4:42.59 41.54 |     |       |
|    | 100m: 1:14.92 39.33 | 200m: 2:37.22 | 41.46 300m: 4:01.05 42.31 | 400m: 5:22.06 39.47 |     |       |
| 7. | BIELSKI Dymitr      | 48            | Warsaw Masters Team       | <b>5:48.52</b>      | 367 | +0,89 |
|    | 50m: 38.66 38.66    | 150m: 2:06.89 | 44.90 250m: 3:37.51 44.78 | 350m: 5:06.87 44.62 |     |       |
|    | 100m: 1:21.99 43.33 | 200m: 2:52.73 | 45.84 300m: 4:22.25 44.74 | 400m: 5:48.52 41.65 |     |       |

KATEGORIA F

|    |                     |               |                             |                     |     |       |
|----|---------------------|---------------|-----------------------------|---------------------|-----|-------|
| 1. | GREGOROWICZ Paweł   | 51            | Stow. Pływ. Masters Olsztyn | <b>4:41.20</b>      | 753 | +0,70 |
|    | 50m: 31.90 31.90    | 150m: 1:42.61 | 35.76 250m: 2:55.10 36.27   | 350m: 4:07.02 35.66 |     |       |
|    | 100m: 1:06.85 34.95 | 200m: 2:18.83 | 36.22 300m: 3:31.36 36.26   | 400m: 4:41.20 34.18 |     |       |
| 2. | SARNA Tomasz        | 50            | KSW Stal Rzeszów            | <b>5:00.81</b>      | 615 | +0,78 |
|    | 50m: 32.24 32.24    | 150m: 1:47.07 | 37.70 250m: 3:03.93 38.42   | 350m: 4:22.65 39.58 |     |       |
|    | 100m: 1:09.37 37.13 | 200m: 2:25.51 | 38.44 300m: 3:43.07 39.14   | 400m: 5:00.81 38.16 |     |       |
| 3. | LIPIŃSKI Cezary     | 53            | Masters Avia Świdnik        | <b>5:05.40</b>      | 588 | +0,66 |
|    | 50m: 33.95 33.95    | 150m: 1:49.55 | 38.43 250m: 3:06.50 38.43   | 350m: 4:26.43 40.13 |     |       |
|    | 100m: 1:11.12 37.17 | 200m: 2:28.07 | 38.52 300m: 3:46.30 39.80   | 400m: 5:05.40 38.97 |     |       |
| 4. | WINIARCZYK Jarosław | 53            | Koszalińskie TKKF           | <b>5:09.68</b>      | 564 | +0,71 |
|    | 50m: 34.04 34.04    | 150m: 1:52.18 | 39.91 250m: 3:13.15 40.76   | 350m: 4:32.73 37.92 |     |       |
|    | 100m: 1:12.27 38.23 | 200m: 2:32.39 | 40.21 300m: 3:54.81 41.66   | 400m: 5:09.68 36.95 |     |       |
| 5. | DĄBROWSKI Paweł     | 51            | Stow. Pływ. Masters Olsztyn | <b>5:38.54</b>      | 432 | +0,88 |
|    | 50m: 37.27 37.27    | 150m: 2:02.56 | 43.32 250m: 3:29.29 43.65   | 350m: 4:57.63 44.31 |     |       |
|    | 100m: 1:19.24 41.97 | 200m: 2:45.64 | 43.08 300m: 4:13.32 44.03   | 400m: 5:38.54 40.91 |     |       |
| 6. | MOROZOWSKI Wiktor   | 52            | MUKS Zgierz                 | <b>6:06.43</b>      | 340 |       |
|    | 50m: 40.68 40.68    | 150m: 2:12.42 | 46.47 250m: 3:45.91 45.69   | 350m: 5:22.28 47.60 |     |       |
|    | 100m: 1:25.95 45.27 | 200m: 3:00.22 | 47.80 300m: 4:34.68 48.77   | 400m: 6:06.43 44.15 |     |       |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 40, Mężczyzn, 400m dowolny, KATEGORIA F

| Pozycja           | Wiek    |       |       |         | Czas              |       |         |       | Pkt.           | CR            |
|-------------------|---------|-------|-------|---------|-------------------|-------|---------|-------|----------------|---------------|
| 7. WÓJCICKI Rafał | 50      |       |       |         | MASTERS Lublin    |       |         |       | <b>6:10.92</b> | 328 +0,89     |
| 50m:              | 38.51   | 38.51 | 150m: | 2:07.69 | 46.15             | 250m: | 3:45.56 | 49.04 | 350m:          | 5:25.69 49.68 |
| 100m:             | 1:21.54 | 43.03 | 200m: | 2:56.52 | 48.83             | 300m: | 4:36.01 | 50.45 | 400m:          | 6:10.92 45.23 |
| 8. MAMROT Artur   | 53      |       |       |         | Koszalińskie TKKF |       |         |       | <b>6:28.15</b> | 286 +0,83     |
| 50m:              | 38.52   | 38.52 | 150m: | 2:11.48 | 48.60             | 250m: | 3:55.10 | 51.66 | 350m:          | 5:39.22 51.74 |
| 100m:             | 1:22.88 | 44.36 | 200m: | 3:03.44 | 51.96             | 300m: | 4:47.48 | 52.38 | 400m:          | 6:28.15 48.93 |

KATEGORIA G

|                    |         |       |       |         |                   |       |         |       |                |               |
|--------------------|---------|-------|-------|---------|-------------------|-------|---------|-------|----------------|---------------|
| 1. SZUTER Bolesław | 55      |       |       |         | Water Squad       |       |         |       | <b>4:52.62</b> | 721 +0,78     |
| 50m:               | 32.37   | 32.37 | 150m: | 1:46.25 | 37.59             | 250m: | 3:01.45 | 37.49 | 350m:          | 4:16.36 37.73 |
| 100m:              | 1:08.66 | 36.29 | 200m: | 2:23.96 | 37.71             | 300m: | 3:38.63 | 37.18 | 400m:          | 4:52.62 36.26 |
| 2. MONCZAK Piotr   | 58      |       |       |         | KS Warta Poznań   |       |         |       | <b>5:00.56</b> | 666 +0,75     |
| 50m:               | 34.34   | 34.34 | 150m: | 1:50.44 | 38.14             | 250m: | 3:07.72 | 38.30 | 350m:          | 4:23.94 37.38 |
| 100m:              | 1:12.30 | 37.96 | 200m: | 2:29.42 | 38.98             | 300m: | 3:46.56 | 38.84 | 400m:          | 5:00.56 36.62 |
| 3. HARENDA Andrzej | 57      |       |       |         | Niezrzeszony Piła |       |         |       | <b>6:20.62</b> | 327 +0,67     |
| 50m:               | 41.11   | 41.11 | 150m: | 2:15.22 | 48.55             | 250m: | 3:53.62 | 49.15 | 350m:          | 5:33.41 49.93 |
| 100m:              | 1:26.67 | 45.56 | 200m: | 3:04.47 | 49.25             | 300m: | 4:43.48 | 49.86 | 400m:          | 6:20.62 47.21 |

KATEGORIA H

|                      |         |       |       |         |                      |       |         |       |                |               |
|----------------------|---------|-------|-------|---------|----------------------|-------|---------|-------|----------------|---------------|
| 1. FAFF Mariusz      | 62      |       |       |         | KSW Stal Rzeszów     |       |         |       | <b>5:50.93</b> | 456 +0,79     |
| 50m:                 | 36.91   | 36.91 | 150m: | 2:05.83 | 45.21                | 250m: | 3:37.52 | 46.23 | 350m:          | 5:08.85 45.06 |
| 100m:                | 1:20.62 | 43.71 | 200m: | 2:51.29 | 45.46                | 300m: | 4:23.79 | 46.27 | 400m:          | 5:50.93 42.08 |
| 2. KAMIŃSKI Robert   | 60      |       |       |         | Niezrzeszony         |       |         |       | <b>5:52.54</b> | 449 +0,94     |
| 50m:                 | 39.33   | 39.33 | 150m: | 2:08.31 | 45.45                | 250m: | 3:40.36 | 46.16 | 350m:          | 5:12.47 46.08 |
| 100m:                | 1:22.86 | 43.53 | 200m: | 2:54.20 | 45.89                | 300m: | 4:26.39 | 46.03 | 400m:          | 5:52.54 40.07 |
| 3. KONSTANCIUK Piotr | 64      |       |       |         | Masters Avia Świdnik |       |         |       | <b>6:14.04</b> | 376 +0,98     |
| 50m:                 | 43.37   | 43.37 | 150m: | 2:21.59 | 49.69                | 250m: | 3:59.34 | 47.96 | 350m:          | 5:33.93 46.11 |
| 100m:                | 1:31.90 | 48.53 | 200m: | 3:11.38 | 49.79                | 300m: | 4:47.82 | 48.48 | 400m:          | 6:14.04 40.11 |
| 4. PIÓRKOWSKI Marek  | 60      |       |       |         | Water Squad          |       |         |       | <b>7:09.39</b> | 249 +0,94     |
| 50m:                 | 45.37   | 45.37 | 150m: | 2:29.84 | 54.02                | 250m: | 4:20.64 | 55.58 | 350m:          | 6:14.11 57.33 |
| 100m:                | 1:35.82 | 50.45 | 200m: | 3:25.06 | 55.22                | 300m: | 5:16.78 | 56.14 | 400m:          | 7:09.39 55.28 |

KATEGORIA I

|    |                       |         |       |       |         |                        |       |         |         |                |         |       |       |         |         |       |
|----|-----------------------|---------|-------|-------|---------|------------------------|-------|---------|---------|----------------|---------|-------|-------|---------|---------|-------|
| 1. | MADEJ Leszek          |         |       |       | 65      | Warsaw Masters Team    |       |         |         | <b>5:07.28</b> | 738     | +0,72 |       |         |         |       |
|    | Rekord Polski Masters |         |       |       |         |                        |       |         |         |                |         |       |       |         |         |       |
|    | 50m:                  | 36.34   | 36.34 | 150m: |         | 1:55.40                | 39.74 | 250m:   | 3:15.00 |                |         |       | 39.72 | 350m:   | 4:31.67 | 37.81 |
|    | 100m:                 | 1:15.66 | 39.32 | 200m: | 2:35.28 | 39.88                  | 300m: | 3:53.86 | 38.86   | 400m:          | 5:07.28 | 35.61 |       |         |         |       |
| 2. | LAIKARI Jukka         |         |       |       | 66      | Meisterujumise U-Klubi |       |         |         | <b>6:14.52</b> | 407     | +0,81 |       |         |         |       |
|    | 50m:                  | 41.24   | 41.24 | 150m: |         | 2:15.62                | 47.93 | 250m:   | 3:51.86 |                |         |       | 48.04 | 350m:   | 5:28.26 | 48.11 |
|    | 100m:                 | 1:27.69 | 46.45 | 200m: |         | 3:03.82                | 48.20 | 300m:   | 4:40.15 |                |         |       | 48.29 | 400m:   | 6:14.52 | 46.26 |
| 3. | KORPETTA Wojciech     |         |       |       | 66      | Water Squad            |       |         |         | <b>6:32.97</b> | 352     |       |       |         |         |       |
|    | 50m:                  | 43.05   | 43.05 | 150m: |         | 2:24.97                | 51.55 | 250m:   | 4:09.00 |                |         | 52.10 | 350m: | 5:48.40 | 47.41   |       |
|    | 100m:                 | 1:33.42 | 50.37 | 200m: |         | 3:16.90                | 51.93 | 300m:   | 5:00.99 |                |         | 51.99 | 400m: | 6:32.97 | 44.57   |       |
| 4. | TWARDYSKO Stanisław   |         |       |       | 69      | Weteran Zabrze         |       |         |         | <b>6:41.30</b> | 331     |       |       |         |         |       |
|    | 50m:                  | 42.72   | 42.72 | 150m: |         | 2:22.57                | 50.98 | 250m:   | 4:07.77 |                |         | 52.28 | 350m: | 5:53.39 | 52.53   |       |
|    | 100m:                 | 1:31.59 | 48.87 | 200m: |         | 3:15.49                | 52.92 | 300m:   | 5:00.86 |                |         | 53.09 | 400m: | 6:41.30 | 47.91   |       |
| 5. | KOZYRA Daniel         |         |       |       | 66      | 5Styl Warszawa         |       |         |         | <b>6:51.54</b> | 307     | +0,91 |       |         |         |       |
|    | 50m:                  | 42.44   | 42.44 | 150m: |         | 2:27.63                | 53.97 | 250m:   | 4:15.09 |                |         |       | 53.69 | 350m:   | 6:01.69 | 53.04 |
|    | 100m:                 | 1:33.66 | 51.22 | 200m: |         | 3:21.40                | 53.77 | 300m:   | 5:08.65 |                |         |       | 53.56 | 400m:   | 6:51.54 | 49.85 |



Letnie Mistrzostwa Polski w Pływaniu w Kategoriach Masters  
Lublin, 30.5. - 1.6.2025

Konkurencja 40, Mężczyzn, 400m dowolny

KATEGORIA J

|    |                       |                       |                            |                     |     |       |
|----|-----------------------|-----------------------|----------------------------|---------------------|-----|-------|
| 1. | LIETZ Krzysztof       | 73                    | Toruń Multisport Team      | <b>7:02.84</b>      | 349 | +0,94 |
|    | 50m: 46.09 46.09      | 150m: 2:34.53 55.47   | 250m: 4:24.97 55.98        | 350m: 6:13.43 54.16 |     |       |
|    | 100m: 1:39.06 52.97   | 200m: 3:28.99 54.46   | 300m: 5:19.27 54.30        | 400m: 7:02.84 49.41 |     |       |
| 2. | DUBIŃSKI Bogdan       | 72                    | Stow. Pływ. Legia Warszawa | <b>7:07.43</b>      | 338 | +0,99 |
|    | 50m: 45.39 45.39      | 150m: 2:32.60 55.20   | 250m: 4:25.25 57.16        | 350m: 6:17.00 56.56 |     |       |
|    | 100m: 1:37.40 52.01   | 200m: 3:28.09 55.49   | 300m: 5:20.44 55.19        | 400m: 7:07.43 50.43 |     |       |
| 3. | LASOWY Marian         | 70                    | Koszalińskie TKKF          | <b>7:29.07</b>      | 291 |       |
|    | 50m: 46.62 46.62      | 150m: 2:42.61 58.97   | 250m: 4:38.72 58.62        | 350m: 6:34.32 58.06 |     |       |
|    | 100m: 1:43.64 57.02   | 200m: 3:40.10 57.49   | 300m: 5:36.26 57.54        | 400m: 7:29.07 54.75 |     |       |
| 4. | SZCZUREK Bogdan       | 73                    | IKS Druga Strona Sportu    | <b>10:29.57</b>     | 105 | +0,87 |
|    | 50m: 1:06.63 1:06.63  | 150m: 3:41.98 1:18.91 | 250m: 6:22.69 1:20.79      | 350m:               |     |       |
|    | 100m: 2:23.07 1:16.44 | 200m: 5:01.90 1:19.92 | 300m: 7:46.25 1:23.56      | 400m: 10:29.57      |     |       |

KATEGORIA K

|    |                     |                       |                       |                       |     |       |
|----|---------------------|-----------------------|-----------------------|-----------------------|-----|-------|
| 1. | ZAŁUSKI Wiesław     | 75                    | Koszalińskie TKKF     | <b>6:44.48</b>        | 484 | +0,90 |
|    | 50m: 44.75 44.75    | 150m: 2:26.83 52.36   | 250m: 4:11.45 52.48   | 350m: 5:55.22 52.02   |     |       |
|    | 100m: 1:34.47 49.72 | 200m: 3:18.97 52.14   | 300m: 5:03.20 51.75   | 400m: 6:44.48 49.26   |     |       |
| 2. | BARTKOWIAK Roman    | 76                    | KS Warta Poznań       | <b>7:51.01</b>        | 307 | +0,98 |
|    | 50m: 50.32 50.32    | 150m: 2:47.70 1:00.40 | 250m: 4:52.47 1:01.79 | 350m: 6:55.17 1:01.30 |     |       |
|    | 100m: 1:47.30 56.98 | 200m: 3:50.68 1:02.98 | 300m: 5:53.87 1:01.40 | 400m: 7:51.01 55.84   |     |       |

