

Główne Mistrzostwa Województwa Lubelskiego
Lublin, 14. - 15.6.2025

Konkurencja 17
14.06.2025 - 16:18

Mężczyzn, 400m dowolny

12 lat i starsi
Wyniki

Rekord LOZP Open	3:50.57	ŚWITKOWSKI Jan	01003	London (GBR)	16.05.2016
Rekord LOZP 19 +	3:50.57	ŚWITKOWSKI Jan	01003	London (GBR)	16.05.2016
Rekord LOZP 18	3:57.56	ŚWITKOWSKI Jan	01003	Ostrowiec Sw.	02.06.2012
Rekord LOZP 17	3:59.00	HEBEL Maciej	03103	Oswiecim	21.07.2022
Rekord LOZP 16	4:02.81	KLIZA Mateusz	00303	Gorzow Wlkp.	10.07.2010
Rekord LOZP 15	4:06.84	ŻACZEK Hubert	00603	Lublin	15.07.2023
Rekord LOZP 14	4:11.78	HOŁUB Jan	00303	Debica	03.07.2010
Rekord LOZP 13	4:29.39	WIAK Jakub	00503	Oswiecim	26.06.2008
Rekord LOZP 12	4:45.31	ŚWITKOWSKI Jan	01003	Krasnik	17.06.2006

Punkty: AQUA 2025

Pozycja	Wiek	Czas	Pkt.	CR
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MŁODZIK

1. KOSOWSKI Bartosz	13	UKS Olimpijczyk 23	4:49.36	439	+0,64
50m: 31.45 31.45	150m: 1:44.75 37.51	250m: 3:00.77 38.23	350m: 4:15.94 37.23		
100m: 1:07.24 35.79	200m: 2:22.54 37.79	300m: 3:38.71 37.94	400m: 4:49.36 33.42		
2. SATKOWSKI Jakub	13	Uks Skarpa Lublin	4:58.75	399	+0,63
50m: 33.88 33.88	150m: 1:49.80 38.89	250m: 3:07.42 39.32	350m: 4:23.65 39.05		
100m: 1:10.91 37.03	200m: 2:28.10 38.30	300m: 3:44.60 37.18	400m: 4:58.75 35.10		
3. ZIĘBA Ignacy	13	UKS Szkoła Pływania 23 Lublin	5:00.55	392	+0,75
50m: 33.16 33.16	150m: 1:48.84 38.37	250m: 3:06.45 38.99	350m: 4:23.65 38.78		
100m: 1:10.47 37.31	200m: 2:27.46 38.62	300m: 3:44.87 38.42	400m: 5:00.55 36.90		
4. PALKA Dominik	13	RWKS Sparta Biłgoraj	5:10.35	356	+0,71
50m: 35.16 35.16	150m: 1:54.95 40.35	250m: 3:14.86 39.87	350m: 4:34.32 39.23		
100m: 1:14.60 39.44	200m: 2:34.99 40.04	300m: 3:55.09 40.23	400m: 5:10.35 36.03		
5. LIPIEC Filip	12	MKS AVIA Świdnik	5:29.05	299	+0,64
50m: 36.26 36.26	150m: 2:01.37 43.08	250m: 3:25.65 41.84	350m: 4:50.37 41.58		
100m: 1:18.29 42.03	200m: 2:43.81 42.44	300m: 4:08.79 43.14	400m: 5:29.05 38.68		
6. SZAFRAN Adam	13	Uks Skarpa Lublin	5:29.69	297	+0,67
50m: 36.43 36.43	150m: 2:00.87 42.87	250m: 3:25.23 42.53	350m: 4:51.77 43.35		
100m: 1:18.00 41.57	200m: 2:42.70 41.83	300m: 4:08.42 43.19	400m: 5:29.69 37.92		
7. KARAŚ Filip	12	UKS Olimpijczyk 23	5:29.97	296	
50m: 37.55 37.55	150m: 2:01.19 41.91	250m: 3:25.81 42.64	350m: 4:50.34 41.65		
100m: 1:19.28 41.73	200m: 2:43.17 41.98	300m: 4:08.69 42.88	400m: 5:29.97 39.63		
8. ŚLEDŹ Miłosz	13	UKS Szkoła Pływania 23 Lublin	5:38.03	275	+0,65
50m: 37.40 37.40	150m: 2:04.64 43.81	250m: 3:32.70 44.13	350m: 4:58.59 41.66		
100m: 1:20.83 43.43	200m: 2:48.57 43.93	300m: 4:16.93 44.23	400m: 5:38.03 39.44		
9. TERPIŁOWSKI Jeremi	12	UKS Szkoła Pływania 23 Lublin	5:38.63	274	+0,52
50m: 38.11 38.11	150m: 2:04.53 43.66	250m: 3:33.72 45.35	350m: 4:59.83 42.61		
100m: 1:20.87 42.76	200m: 2:48.37 43.84	300m: 4:17.22 43.50	400m: 5:38.63 38.80		
10. PATEREK Nikodem	12	KS „Wisła” Puławy	5:40.41	270	+0,70
50m: 37.18 37.18	150m: 2:03.66 44.25	250m: 3:33.23 44.30	350m: 5:01.48 43.08		
100m: 1:19.41 42.23	200m: 2:48.93 45.27	300m: 4:18.40 45.17	400m: 5:40.41 38.93		
11. JEREMICZ Miłosz	13	UKS Szkoła Pływania 23 Lublin	5:40.44	270	+0,67
50m: 38.34 38.34	150m: 2:05.01 43.76	250m: 3:34.11 45.11	350m: 5:02.06 42.76		
100m: 1:21.25 42.91	200m: 2:49.00 43.99	300m: 4:19.30 45.19	400m: 5:40.44 38.38		
12. MATA CZ Wiktor	13	UKP Fala Kraśnik	5:42.75	264	+0,83
50m: 38.32 38.32	150m: 2:06.54 44.15	250m: 3:35.74 44.16	350m: 5:01.96 42.32		
100m: 1:22.39 44.07	200m: 2:51.58 45.04	300m: 4:19.64 43.90	400m: 5:42.75 40.79		
13. GŁOS Jakub	13	MKS AVIA Świdnik	5:43.76	262	+0,71
50m: 37.46 37.46	150m: 2:05.72 45.05	250m: 3:34.96 44.66	350m: 5:02.86 43.34		
100m: 1:20.67 43.21	200m: 2:50.30 44.58	300m: 4:19.52 44.56	400m: 5:43.76 40.90		
14. TARGOŃSKI Cyprian	13	UKS Szkoła Pływania 23 Lublin	5:44.61	260	+0,77
50m: 38.52 38.52	150m: 2:08.07 44.32	250m: 3:38.11 45.25	350m: 5:02.71 41.04		
100m: 1:23.75 45.23	200m: 2:52.86 44.79	300m: 4:21.67 43.56	400m: 5:44.61 41.90		

Główne Mistrzostwa Województwa Lubelskiego
Lublin, 14. - 15.6.2025

Konkurencja 17, Chłopców, 400m dowolny, MŁODZIK

Pozycja		Wiek							Czas	Pkt.	CR
15.	NASKIEWICZ Konstanty	12	RWKS Sparta Biłgoraj						5:49.64	249	+0,76
	50m: 39.82 39.82	150m: 2:10.12	45.76	250m: 3:41.36	45.84	350m: 5:08.35	41.78				
	100m: 1:24.36 44.54	200m: 2:55.52	45.40	300m: 4:26.57	45.21	400m: 5:49.64	41.29				
16.	KŁOSOWSKI Antoni	13	UKS SP5 Swim Lublin						5:51.13	246	+0,76
	50m: 39.59 39.59	150m: 2:11.32	46.25	250m: 3:42.41	46.14	350m: 5:08.53	40.89				
	100m: 1:25.07 45.48	200m: 2:56.27	44.95	300m: 4:27.64	45.23	400m: 5:51.13	42.60				
17.	DOBROWOLSKI Leon	13	UKP Fala Kraśnik						5:51.60	245	+0,71
	50m: 38.34 38.34	150m: 2:07.37	44.74	250m: 3:37.21	44.93	350m: 5:07.14	45.64				
	100m: 1:22.63 44.29	200m: 2:52.28	44.91	300m: 4:21.50	44.29	400m: 5:51.60	44.46				
18.	CHAŁAT Adrian	13	Uks Skarpa Lublin						5:52.43	243	+0,80
	50m: 37.58 37.58	150m: 2:07.13	45.30	250m: 3:39.41	46.59	350m: 5:09.34	44.85				
	100m: 1:21.83 44.25	200m: 2:52.82	45.69	300m: 4:24.49	45.08	400m: 5:52.43	43.09				
19.	KOŁODZIEJCZYK Piotr	13	UKS Szkoła Pływania 23 Lublin						6:16.72	199	+0,63
	50m: 43.33 43.33	150m: 2:19.32	48.65	250m: 3:54.17	47.48	350m: 5:29.24	47.73				
	100m: 1:30.67 47.34	200m: 3:06.69	47.37	300m: 4:41.51	47.34	400m: 6:16.72	47.48				

JUNIOR MŁODSZY

1.	PIZOŃ Gabriel	15	MKS AVIA Świdnik						4:38.98	490	+0,75
	50m: 31.93 31.93	150m: 1:42.49	35.98	250m: 2:54.66	36.24	350m: 4:05.60	35.18				
	100m: 1:06.51 34.58	200m: 2:18.42	35.93	300m: 3:30.42	35.76	400m: 4:38.98	33.38				
2.	SOBEK Antoni	15	UKS Olimpijczyk 23						4:39.10	490	+0,91
	50m: 31.06 31.06	150m: 1:41.64	36.81	250m: 2:53.72	37.01	350m: 4:06.17	36.88				
	100m: 1:04.83 33.77	200m: 2:16.71	35.07	300m: 3:29.29	35.57	400m: 4:39.10	32.93				
3.	TARKOWSKI Michał	15	MKS AVIA Świdnik						4:47.00	450	+0,75
	50m: 33.00 33.00	150m: 1:45.82	36.46	250m: 2:59.58	36.92	350m: 4:12.87	36.25				
	100m: 1:09.36 36.36	200m: 2:22.66	36.84	300m: 3:36.62	37.04	400m: 4:47.00	34.13				
4.	ŚCIRKA Joachim	15	MKS AVIA Świdnik						4:47.03	450	+0,71
	50m: 32.79 32.79	150m: 1:45.95	36.14	250m: 2:58.74	36.71	350m: 4:12.53	36.75				
	100m: 1:09.81 37.02	200m: 2:22.03	36.08	300m: 3:35.78	37.04	400m: 4:47.03	34.50				
5.	CHAŁAT Adam	15	Uks Skarpa Lublin						4:49.86	437	+0,61
	50m: 32.41 32.41	150m: 1:47.09	37.76	250m: 3:02.41	37.48	350m: 4:16.14	35.32				
	100m: 1:09.33 36.92	200m: 2:24.93	37.84	300m: 3:40.82	38.41	400m: 4:49.86	33.72				
6.	UDALOV Vladyslav	14	KS AZS AWF Biała Podlaska						4:58.52	400	+0,80
	50m: 33.14 33.14	150m: 1:49.82	38.66	250m: 3:06.76	37.57	350m: 4:23.48	38.37				
	100m: 1:11.16 38.02	200m: 2:29.19	39.37	300m: 3:45.11	38.35	400m: 4:58.52	35.04				
7.	PAWLIK Nikodem	14	UKS Szkoła Pływania 23 Lublin						4:59.15	398	+0,80
	50m: 33.26 33.26	150m: 1:50.46	39.27	250m: 3:07.80	39.08	350m: 4:24.68	38.94				
	100m: 1:11.19 37.93	200m: 2:28.72	38.26	300m: 3:45.74	37.94	400m: 4:59.15	34.47				
8.	JAGIEŁŁO Mateusz	15	MKS AVIA Świdnik						5:00.62	392	+0,74
	50m: 33.35 33.35	150m: 1:48.82	38.09	250m: 3:05.55	38.56	350m: 4:22.25	37.20				
	100m: 1:10.73 37.38	200m: 2:26.99	38.17	300m: 3:45.05	39.50	400m: 5:00.62	38.37				
9.	WOJCIESZYN Mateusz	14	Uks Skarpa Lublin						5:06.23	371	+0,73
	50m: 33.48 33.48	150m: 1:51.45		250m: 3:11.22	41.19	350m:					
	100m:	200m: 2:30.03	38.58	300m: 3:50.23	39.01	400m: 5:06.23					
10.	KOZAK Mateusz	15	KS „Wisła” Puławy						5:09.62	359	+0,62
	50m: 33.09 33.09	150m: 1:49.49	39.56	250m: 3:10.15	40.97	350m: 4:32.27	41.52				
	100m: 1:09.93 36.84	200m: 2:29.18	39.69	300m: 3:50.75	40.60	400m: 5:09.62	37.35				
11.	RATAJ Damian	14	UKP Fala Kraśnik						5:09.87	358	+0,77
	50m: 35.15 35.15	150m: 1:54.85	40.20	250m: 3:14.53	39.71	350m: 4:33.56	38.52				
	100m: 1:14.65 39.50	200m: 2:34.82	39.97	300m: 3:55.04	40.51	400m: 5:09.87	36.31				

Główne Mistrzostwa Województwa Lubelskiego
Lublin, 14. - 15.6.2025

Konkurencja 17, Mężczyzn, 400m dowolny

OPEN

1.	RYNKIEWICZ Jakub	20	KU AZS UMCS Lublin	4:04.52	729	+0,67
	50m: 27.97 27.97	150m: 1:30.16 31.54	250m: 2:33.25 31.57	350m: 3:36.19 31.32		
	100m: 58.62 30.65	200m: 2:01.68 31.52	300m: 3:04.87 31.62	400m: 4:04.52 28.33		
2.	ŻACZEK Hubert	17	KS „Wisła” Puławy	4:04.98	724	+0,76
	50m: 28.47 28.47	150m: 1:31.25 31.57	250m: 2:34.41 31.68	350m: 3:36.49 30.95		
	100m: 59.68 31.21	200m: 2:02.73 31.48	300m: 3:05.54 31.13	400m: 4:04.98 28.49		
3.	JÓŹWIAK Tymoteusz	17	KU AZS UMCS Lublin	4:06.91	708	+0,78
	50m: 28.48 28.48	150m: 1:31.49 31.75	250m: 2:34.74 31.87	350m: 3:36.89 31.14		
	100m: 59.74 31.26	200m: 2:02.87 31.38	300m: 3:05.75 31.01	400m: 4:06.91 30.02		
4.	MRÓZ Adam	22	KU AZS UMCS Lublin	4:09.54	685	+0,82
	50m: 28.28 28.28	150m: 1:31.09 31.78	250m: 2:35.44 32.08	350m: 3:38.64 30.97		
	100m: 59.31 31.03	200m: 2:03.36 32.27	300m: 3:07.67 32.23	400m: 4:09.54 30.90		
5.	CHARKOT Krzysztof	17	KU AZS UMCS Lublin	4:16.37	632	+0,75
	50m: 28.94 28.94	150m: 1:33.00 32.30	250m: 2:38.37 32.72	350m: 3:44.55 32.91		
	100m: 1:00.70 31.76	200m: 2:05.65 32.65	300m: 3:11.64 33.27	400m: 4:16.37 31.82		
6.	SKOCZYLAS Bartosz	16	KU AZS UMCS Lublin	4:20.72	601	+0,69
	50m: 29.25 29.25	150m: 1:34.75 32.99	250m: 2:41.33 33.43	350m: 3:48.44 33.63		
	100m: 1:01.76 32.51	200m: 2:07.90 33.15	300m: 3:14.81 33.48	400m: 4:20.72 32.28		
7.	WÓJCIK Rafał	19	UKP Fala Kraśnik	4:22.26	590	+0,73
	50m: 28.71 28.71	150m: 1:32.74 32.23	250m: 2:39.11 33.71	350m: 3:47.98 34.58		
	100m: 1:00.51 31.80	200m: 2:05.40 32.66	300m: 3:13.40 34.29	400m: 4:22.26 34.28		
8.	WASILEWSKI Mateusz	17	KU AZS UMCS Lublin	4:27.97	553	+0,71
	50m: 29.37 29.37	150m: 1:35.76 33.59	250m: 2:44.71 34.79	350m: 3:54.50 34.93		
	100m: 1:02.17 32.80	200m: 2:09.92 34.16	300m: 3:19.57 34.86	400m: 4:27.97 33.47		
9.	FRONCZEK Błażej	16	KU AZS UMCS Lublin	4:28.40	551	+0,63
	50m: 30.43 30.43	150m: 1:38.04 34.20	250m: 2:47.23 35.04	350m: 3:55.74 33.85		
	100m: 1:03.84 33.41	200m: 2:12.19 34.15	300m: 3:21.89 34.66	400m: 4:28.40 32.66		
10.	PIZOŃ Gabriel	15	MKS AVIA Świdnik	4:38.98	490	+0,75
	50m: 31.93 31.93	150m: 1:42.49 35.98	250m: 2:54.66 36.24	350m: 4:05.60 35.18		
	100m: 1:06.51 34.58	200m: 2:18.42 35.93	300m: 3:30.42 35.76	400m: 4:38.98 33.38		
11.	SOBEK Antoni	15	UKS Olimpijczyk 23	4:39.10	490	+0,91
	50m: 31.06 31.06	150m: 1:41.64 36.81	250m: 2:53.72 37.01	350m: 4:06.17 36.88		
	100m: 1:04.83 33.77	200m: 2:16.71 35.07	300m: 3:29.29 35.57	400m: 4:39.10 32.93		
12.	TARKOWSKI Michał	15	MKS AVIA Świdnik	4:47.00	450	+0,75
	50m: 33.00 33.00	150m: 1:45.82 36.46	250m: 2:59.58 36.92	350m: 4:12.87 36.25		
	100m: 1:09.36 36.36	200m: 2:22.66 36.84	300m: 3:36.62 37.04	400m: 4:47.00 34.13		
13.	ŚCIRKA Joachim	15	MKS AVIA Świdnik	4:47.03	450	+0,71
	50m: 32.79 32.79	150m: 1:45.95 36.14	250m: 2:58.74 36.71	350m: 4:12.53 36.75		
	100m: 1:09.81 37.02	200m: 2:22.03 36.08	300m: 3:35.78 37.04	400m: 4:47.03 34.50		
14.	KOSOWSKI Bartosz	13	UKS Olimpijczyk 23	4:49.36	439	+0,64
	50m: 31.45 31.45	150m: 1:44.75 37.51	250m: 3:00.77 38.23	350m: 4:15.94 37.23		
	100m: 1:07.24 35.79	200m: 2:22.54 37.79	300m: 3:38.71 37.94	400m: 4:49.36 33.42		
15.	CHAŁAT Adam	15	Uks Skarpa Lublin	4:49.86	437	+0,61
	50m: 32.41 32.41	150m: 1:47.09 37.76	250m: 3:02.41 37.48	350m: 4:16.14 35.32		
	100m: 1:09.33 36.92	200m: 2:24.93 37.84	300m: 3:40.82 38.41	400m: 4:49.86 33.72		
16.	UDALOV Vladyslav	14	KS AZS AWF Biała Podlaska	4:58.52	400	+0,80
	50m: 33.14 33.14	150m: 1:49.82 38.66	250m: 3:06.76 37.57	350m: 4:23.48 38.37		
	100m: 1:11.16 38.02	200m: 2:29.19 39.37	300m: 3:45.11 38.35	400m: 4:58.52 35.04		
17.	SATKOWSKI Jakub	13	Uks Skarpa Lublin	4:58.75	399	+0,63
	50m: 33.88 33.88	150m: 1:49.80 38.89	250m: 3:07.42 39.32	350m: 4:23.65 39.05		
	100m: 1:10.91 37.03	200m: 2:28.10 38.30	300m: 3:44.60 37.18	400m: 4:58.75 35.10		
18.	PAWLIK Nikodem	14	UKS Szkoła Pływania 23 Lublin	4:59.15	398	+0,80
	50m: 33.26 33.26	150m: 1:50.46 39.27	250m: 3:07.80 39.08	350m: 4:24.68 38.94		
	100m: 1:11.19 37.93	200m: 2:28.72 38.26	300m: 3:45.74 37.94	400m: 4:59.15 34.47		

Główne Mistrzostwa Województwa Lubelskiego
Lublin, 14. - 15.6.2025

Konkurencja 17, Mężczyzn, 400m dowolny, OPEN

Pozycja	Wiek				Czas				Pkt.	CR
19.	MASTALERZ Jakub	16	KS „Wisła” Puławy		4:59.84	395	+0,82			
	50m: 32.46 32.46	150m: 1:47.72	39.05	250m: 3:06.09	38.67	350m: 4:24.80	39.70			
	100m: 1:08.67 36.21	200m: 2:27.42	39.70	300m: 3:45.10	39.01	400m: 4:59.84	35.04			
20.	ZIĘBA Ignacy	13	UKS Szkoła Pływania 23 Lublin		5:00.55	392	+0,75			
	50m: 33.16 33.16	150m: 1:48.84	38.37	250m: 3:06.45	38.99	350m: 4:23.65	38.78			
	100m: 1:10.47 37.31	200m: 2:27.46	38.62	300m: 3:44.87	38.42	400m: 5:00.55	36.90			
21.	JAGIEŁŁO Mateusz	15	MKS AVIA Świdnik		5:00.62	392	+0,74			
	50m: 33.35 33.35	150m: 1:48.82	38.09	250m: 3:05.55	38.56	350m: 4:22.25	37.20			
	100m: 1:10.73 37.38	200m: 2:26.99	38.17	300m: 3:45.05	39.50	400m: 5:00.62	38.37			
22.	WOJCIESZYN Mateusz	14	Uks Skarpa Lublin		5:06.23	371	+0,73			
	50m: 33.48 33.48	150m: 1:51.45		250m: 3:11.22	41.19	350m:				
	100m:	200m: 2:30.03	38.58	300m: 3:50.23	39.01	400m: 5:06.23				
23.	SOBOLEWSKI Igor	17	KS „OLIMPIA” Lublin		5:08.92	361	+0,81			
	50m: 35.27 35.27	150m: 1:54.56	39.85	250m: 3:14.99	40.23	350m: 4:32.35	38.08			
	100m: 1:14.71 39.44	200m: 2:34.76	40.20	300m: 3:54.27	39.28	400m: 5:08.92	36.57			
24.	KOZAK Mateusz	15	KS „Wisła” Puławy		5:09.62	359	+0,62			
	50m: 33.09 33.09	150m: 1:49.49	39.56	250m: 3:10.15	40.97	350m: 4:32.27	41.52			
	100m: 1:09.93 36.84	200m: 2:29.18	39.69	300m: 3:50.75	40.60	400m: 5:09.62	37.35			
25.	RATAJ Damian	14	UKP Fala Kraśnik		5:09.87	358	+0,77			
	50m: 35.15 35.15	150m: 1:54.85	40.20	250m: 3:14.53	39.71	350m: 4:33.56	38.52			
	100m: 1:14.65 39.50	200m: 2:34.82	39.97	300m: 3:55.04	40.51	400m: 5:09.87	36.31			
26.	PALKA Dominik	13	RWKS Sparta Biłgoraj		5:10.35	356	+0,71			
	50m: 35.16 35.16	150m: 1:54.95	40.35	250m: 3:14.86	39.87	350m: 4:34.32	39.23			
	100m: 1:14.60 39.44	200m: 2:34.99	40.04	300m: 3:55.09	40.23	400m: 5:10.35	36.03			
27.	LIPIEC Filip	12	MKS AVIA Świdnik		5:29.05	299	+0,64			
	50m: 36.26 36.26	150m: 2:01.37	43.08	250m: 3:25.65	41.84	350m: 4:50.37	41.58			
	100m: 1:18.29 42.03	200m: 2:43.81	42.44	300m: 4:08.79	43.14	400m: 5:29.05	38.68			
28.	SZAFRAN Adam	13	Uks Skarpa Lublin		5:29.69	297	+0,67			
	50m: 36.43 36.43	150m: 2:00.87	42.87	250m: 3:25.23	42.53	350m: 4:51.77	43.35			
	100m: 1:18.00 41.57	200m: 2:42.70	41.83	300m: 4:08.42	43.19	400m: 5:29.69	37.92			
29.	KARAŚ Filip	12	UKS Olimpijczyk 23		5:29.97	296				
	50m: 37.55 37.55	150m: 2:01.19	41.91	250m: 3:25.81	42.64	350m: 4:50.34	41.65			
	100m: 1:19.28 41.73	200m: 2:43.17	41.98	300m: 4:08.69	42.88	400m: 5:29.97	39.63			
30.	ŚLEDŹ Miłosz	13	UKS Szkoła Pływania 23 Lublin		5:38.03	275	+0,65			
	50m: 37.40 37.40	150m: 2:04.64	43.81	250m: 3:32.70	44.13	350m: 4:58.59	41.66			
	100m: 1:20.83 43.43	200m: 2:48.57	43.93	300m: 4:16.93	44.23	400m: 5:38.03	39.44			
31.	TERPIŁOWSKI Jeremi	12	UKS Szkoła Pływania 23 Lublin		5:38.63	274	+0,52			
	50m: 38.11 38.11	150m: 2:04.53	43.66	250m: 3:33.72	45.35	350m: 4:59.83	42.61			
	100m: 1:20.87 42.76	200m: 2:48.37	43.84	300m: 4:17.22	43.50	400m: 5:38.63	38.80			
32.	PATEREK Nikodem	12	KS „Wisła” Puławy		5:40.41	270	+0,70			
	50m: 37.18 37.18	150m: 2:03.66	44.25	250m: 3:33.23	44.30	350m: 5:01.48	43.08			
	100m: 1:19.41 42.23	200m: 2:48.93	45.27	300m: 4:18.40	45.17	400m: 5:40.41	38.93			
33.	JEREMICZ Miłosz	13	UKS Szkoła Pływania 23 Lublin		5:40.44	270	+0,67			
	50m: 38.34 38.34	150m: 2:05.01	43.76	250m: 3:34.11	45.11	350m: 5:02.06	42.76			
	100m: 1:21.25 42.91	200m: 2:49.00	43.99	300m: 4:19.30	45.19	400m: 5:40.44	38.38			
34.	MATACZ Wiktor	13	UKP Fala Kraśnik		5:42.75	264	+0,83			
	50m: 38.32 38.32	150m: 2:06.54	44.15	250m: 3:35.74	44.16	350m: 5:01.96	42.32			
	100m: 1:22.39 44.07	200m: 2:51.58	45.04	300m: 4:19.64	43.90	400m: 5:42.75	40.79			
35.	GŁOS Jakub	13	MKS AVIA Świdnik		5:43.76	262	+0,71			
	50m: 37.46 37.46	150m: 2:05.72	45.05	250m: 3:34.96	44.66	350m: 5:02.86	43.34			
	100m: 1:20.67 43.21	200m: 2:50.30	44.58	300m: 4:19.52	44.56	400m: 5:43.76	40.90			
36.	TARGOŃSKI Cyprian	13	UKS Szkoła Pływania 23 Lublin		5:44.61	260	+0,77			
	50m: 38.52 38.52	150m: 2:08.07	44.32	250m: 3:38.11	45.25	350m: 5:02.71	41.04			
	100m: 1:23.75 45.23	200m: 2:52.86	44.79	300m: 4:21.67	43.56	400m: 5:44.61	41.90			

Główne Mistrzostwa Województwa Lubelskiego
Lublin, 14. - 15.6.2025

Konkurencja 17, Mężczyzn, 400m dowolny, OPEN

Pozycja				Wiek					Czas	Pkt.	CR
37.	NASKIEWICZ Konstanty			12	RWKS Sparta Biłgoraj				5:49.64	249	+0,76
	50m: 39.82	39.82	150m: 2:10.12	45.76	250m: 3:41.36	45.84	350m: 5:08.35	41.78			
	100m: 1:24.36	44.54	200m: 2:55.52	45.40	300m: 4:26.57	45.21	400m: 5:49.64	41.29			
38.	KŁOSOWSKI Antoni			13	UKS SP5 Swim Lublin				5:51.13	246	+0,76
	50m: 39.59	39.59	150m: 2:11.32	46.25	250m: 3:42.41	46.14	350m: 5:08.53	40.89			
	100m: 1:25.07	45.48	200m: 2:56.27	44.95	300m: 4:27.64	45.23	400m: 5:51.13	42.60			
39.	DOBROWOLSKI Leon			13	UKP Fala Kraśnik				5:51.60	245	+0,71
	50m: 38.34	38.34	150m: 2:07.37	44.74	250m: 3:37.21	44.93	350m: 5:07.14	45.64			
	100m: 1:22.63	44.29	200m: 2:52.28	44.91	300m: 4:21.50	44.29	400m: 5:51.60	44.46			
40.	CHAŁAT Adrian			13	Uks Skarpa Lublin				5:52.43	243	+0,80
	50m: 37.58	37.58	150m: 2:07.13	45.30	250m: 3:39.41	46.59	350m: 5:09.34	44.85			
	100m: 1:21.83	44.25	200m: 2:52.82	45.69	300m: 4:24.49	45.08	400m: 5:52.43	43.09			
41.	KRYSA Antoni			16	UKS Olimpijczyk 23				5:58.02	232	+0,94
	50m: 36.92	36.92	150m: 2:02.49	44.20	250m: 3:36.44	47.13	350m: 5:11.35	48.04			
	100m: 1:18.29	41.37	200m: 2:49.31	46.82	300m: 4:23.31	46.87	400m: 5:58.02	46.67			
42.	KOŁODZIEJCZYK Piotr			13	UKS Szkoła Pływania 23 Lublin				6:16.72	199	+0,63
	50m: 43.33	43.33	150m: 2:19.32	48.65	250m: 3:54.17	47.48	350m: 5:29.24	47.73			
	100m: 1:30.67	47.34	200m: 3:06.69	47.37	300m: 4:41.51	47.34	400m: 6:16.72	47.48			
PK	SMYKIEWICZ Mateusz			16	SKP Delfin Kozienice				4:30.38	539	+0,73
	50m:		150m: 1:38.05	34.45	250m: 2:47.28	34.96	350m: 3:56.86	34.58			
	100m: 1:03.60		200m: 2:12.32	34.27	300m: 3:22.28	35.00	400m: 4:30.38	33.52			