

Mistrzostwa Polski Juniorów Młodszych 15 lat  
Lublin, 10. - 13.7.2025

Konkurencja 21  
12.07.2025 - 16:58

Chłopców, 400m dowolny

15 lat  
Wyniki Finał

Rekord Polski Juniorów Mł. 4:00.04 DASZKIEWICZ Michał 01006 Oświęcim 14.07.2018

Punkty: AQUA 2025

Pozycja Wiek Czas Pkt. CR

Finał A

|     |                                                                                 |    |                            |                |     |       |
|-----|---------------------------------------------------------------------------------|----|----------------------------|----------------|-----|-------|
| 1.  | WISZNIOWSKI Tymoteusz                                                           | 15 | LKS Jedność 32 Przyszowice | <b>4:06.98</b> | 707 | +0,66 |
|     | 50m: 28.41 28.41 150m: 1:31.55 31.90 250m: 2:35.34 31.90 350m: 3:38.30 31.18    |    |                            |                |     |       |
|     | 100m: 59.65 31.24 200m: 2:03.44 31.89 300m: 3:07.12 31.78 400m: 4:06.98 28.68   |    |                            |                |     |       |
| 2.  | STACHOWIAK Adam                                                                 | 15 | MKP Szczecin               | <b>4:07.13</b> | 706 | +0,73 |
|     | 50m: 28.27 28.27 150m: 1:31.17 31.99 250m: 2:35.07 31.98 350m: 3:38.27 31.52    |    |                            |                |     |       |
|     | 100m: 59.18 30.91 200m: 2:03.09 31.92 300m: 3:06.75 31.68 400m: 4:07.13 28.86   |    |                            |                |     |       |
| 3.  | TRYDULSKI Wiktor                                                                | 15 | UKS GIM 92 Ursynów         | <b>4:10.88</b> | 674 | +0,76 |
|     | 50m: 28.54 28.54 150m: 1:31.85 32.25 250m: 2:36.12 32.46 350m: 3:40.05 31.71    |    |                            |                |     |       |
|     | 100m: 59.60 31.06 200m: 2:03.66 31.81 300m: 3:08.34 32.22 400m: 4:10.88 30.83   |    |                            |                |     |       |
| 4.  | TARASEK Igor                                                                    | 15 | UKS G-8 Bielany Warszawa   | <b>4:10.91</b> | 674 | +0,70 |
|     | 50m: 28.64 28.64 150m: 1:31.76 32.11 250m: 2:35.85 32.06 350m: 3:40.20 31.99    |    |                            |                |     |       |
|     | 100m: 59.65 31.01 200m: 2:03.79 32.03 300m: 3:08.21 32.36 400m: 4:10.91 30.71   |    |                            |                |     |       |
| 5.  | TOPA Daniel                                                                     | 15 | MTP Kormoran Olsztyn       | <b>4:14.21</b> | 648 | +0,79 |
|     | 50m: 28.41 28.41 150m: 1:31.70 32.19 250m: 2:36.45 32.28 350m: 3:42.12 32.79    |    |                            |                |     |       |
|     | 100m: 59.51 31.10 200m: 2:04.17 32.47 300m: 3:09.33 32.88 400m: 4:14.21 32.09   |    |                            |                |     |       |
| 6.  | KRZEŚNIAK Jakub                                                                 | 15 | OŚ AZS w Poznaniu          | <b>4:16.29</b> | 633 | +0,74 |
|     | 50m: 29.43 29.43 150m: 1:33.94 32.49 250m: 2:39.48 32.75 350m: 3:45.45 32.80    |    |                            |                |     |       |
|     | 100m: 1:01.45 32.02 200m: 2:06.73 32.79 300m: 3:12.65 33.17 400m: 4:16.29 30.84 |    |                            |                |     |       |
| 7.  | CHABOWSKI-PALONKA Krzysztof                                                     | 15 | MKP Szczecin               | <b>4:16.82</b> | 629 | +0,74 |
|     | 50m: 29.42 29.42 150m: 1:34.27 33.17 250m: 2:40.11 33.08 350m: 3:45.85 32.98    |    |                            |                |     |       |
|     | 100m: 1:01.10 31.68 200m: 2:07.03 32.76 300m: 3:12.87 32.76 400m: 4:16.82 30.97 |    |                            |                |     |       |
| 8.  | SYNOWIEC Szymon                                                                 | 15 | UKS SMS Galicja Kraków     | <b>4:18.77</b> | 615 | +0,78 |
|     | 50m: 29.38 29.38 150m: 1:33.64 32.48 250m: 2:39.59 33.03 350m: 3:46.06 33.08    |    |                            |                |     |       |
|     | 100m: 1:01.16 31.78 200m: 2:06.56 32.92 300m: 3:12.98 33.39 400m: 4:18.77 32.71 |    |                            |                |     |       |
| 9.  | KONOPKO Michał                                                                  | 15 | UKS Aqua Team Mikołów      | <b>4:20.60</b> | 602 | +0,68 |
|     | 50m: 28.72 28.72 150m: 1:32.66 32.50 250m: 2:39.76 33.87 350m: 3:47.88 34.26    |    |                            |                |     |       |
|     | 100m: 1:00.16 31.44 200m: 2:05.89 33.23 300m: 3:13.62 33.86 400m: 4:20.60 32.72 |    |                            |                |     |       |
| 10. | BIELECKI Konrad                                                                 | 15 | Stow. UKS Siódemka Sopot   | <b>4:21.31</b> | 597 | +0,80 |
|     | 50m: 28.89 28.89 150m: 1:34.20 33.27 250m: 2:41.66 33.28 350m: 3:48.32 33.60    |    |                            |                |     |       |
|     | 100m: 1:00.93 32.04 200m: 2:08.38 34.18 300m: 3:14.72 33.06 400m: 4:21.31 32.99 |    |                            |                |     |       |

Finał B

|     |                                                                                 |    |                       |                |     |       |
|-----|---------------------------------------------------------------------------------|----|-----------------------|----------------|-----|-------|
| 11. | WOJCIECHOWSKI Antoni                                                            | 15 | TP Zielona Góra       | <b>4:18.79</b> | 614 | +0,71 |
|     | 50m: 29.56 29.56 150m: 1:35.63 33.51 250m: 2:41.61 33.29 350m: 3:47.94 32.82    |    |                       |                |     |       |
|     | 100m: 1:02.12 32.56 200m: 2:08.32 32.69 300m: 3:15.12 33.51 400m: 4:18.79 30.85 |    |                       |                |     |       |
| 12. | GAJEWSKI Mateusz                                                                | 15 | UKS Delfin Tarnobrzeg | <b>4:19.10</b> | 612 | +0,81 |
|     | 50m: 29.51 29.51 150m: 1:35.28 33.23 250m: 2:42.02 33.35 350m: 3:48.53 32.86    |    |                       |                |     |       |
|     | 100m: 1:02.05 32.54 200m: 2:08.67 33.39 300m: 3:15.67 33.65 400m: 4:19.10 30.57 |    |                       |                |     |       |
| 13. | GRZYBOWSKI Jan                                                                  | 15 | UKS SP-149 Łódź       | <b>4:21.02</b> | 599 | +0,72 |
|     | 50m: 29.77 29.77 150m: 1:34.88 32.58 250m: 2:40.92 32.58 350m: 3:47.53 33.05    |    |                       |                |     |       |
|     | 100m: 1:02.30 32.53 200m: 2:08.34 33.46 300m: 3:14.48 33.56 400m: 4:21.02 33.49 |    |                       |                |     |       |
| 14. | SZOREK Igor                                                                     | 15 | KU AZS UMCS Lublin    | <b>4:21.50</b> | 596 | +0,81 |
|     | 50m: 29.62 29.62 150m: 1:35.38 33.47 250m: 2:42.22 33.68 350m: 3:49.50 33.70    |    |                       |                |     |       |
|     | 100m: 1:01.91 32.29 200m: 2:08.54 33.16 300m: 3:15.80 33.58 400m: 4:21.50 32.00 |    |                       |                |     |       |



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| Pozycja | Wiek                |         |       |       |                               |       |       |         | Czas    | Pkt.  | CR      |       |
|---------|---------------------|---------|-------|-------|-------------------------------|-------|-------|---------|---------|-------|---------|-------|
| 15.     | KUPISZEK Antoni     |         |       | 15    | UKP Polonia Warszawa          |       |       |         | 4:23.48 | 582   | +0,65   |       |
|         | 50m:                | 29.17   | 29.17 | 150m: | 1:35.97                       | 33.95 | 250m: | 2:42.88 | 33.16   | 350m: | 3:51.13 | 34.02 |
|         | 100m:               | 1:02.02 | 32.85 | 200m: | 2:09.72                       | 33.75 | 300m: | 3:17.11 | 34.23   | 400m: | 4:23.48 | 32.35 |
| 16.     | MAKOWSKI Jakub      |         |       | 15    | MKP Szczecin                  |       |       |         | 4:26.01 | 566   | +0,73   |       |
|         | 50m:                | 30.20   | 30.20 | 150m: | 1:37.82                       | 34.25 | 250m: | 2:46.59 | 34.22   | 350m: | 3:54.36 | 33.34 |
|         | 100m:               | 1:03.57 | 33.37 | 200m: | 2:12.37                       | 34.55 | 300m: | 3:21.02 | 34.43   | 400m: | 4:26.01 | 31.65 |
| 17.     | GŁADKOWSKI Olaf     |         |       | 15    | UKS G-8 Bielany Warszawa      |       |       |         | 4:26.89 | 560   | +0,77   |       |
|         | 50m:                | 29.57   | 29.57 | 150m: | 1:36.21                       | 33.34 | 250m: | 2:45.15 | 35.05   | 350m: | 3:53.30 | 33.59 |
|         | 100m:               | 1:02.87 | 33.30 | 200m: | 2:10.10                       | 33.89 | 300m: | 3:19.71 | 34.56   | 400m: | 4:26.89 | 33.59 |
| 18.     | WITECKI Wojciech    |         |       | 15    | CSiR MOS w Dąbrowie Górniczej |       |       |         | 4:28.05 | 553   | +0,75   |       |
|         | 50m:                | 28.73   | 28.73 | 150m: | 1:36.15                       | 34.55 | 250m: | 2:45.32 | 34.46   | 350m: | 3:54.63 | 33.96 |
|         | 100m:               | 1:01.60 | 32.87 | 200m: | 2:10.86                       | 34.71 | 300m: | 3:20.67 | 35.35   | 400m: | 4:28.05 | 33.42 |
| 19.     | MOCNY Dariusz       |         |       | 15    | "UKS - Jedyńka Kórnik"        |       |       |         | 4:28.09 | 553   | +0,65   |       |
|         | 50m:                | 30.38   | 30.38 | 150m: | 1:37.03                       | 33.70 | 250m: | 2:45.12 | 34.21   | 350m: | 3:54.63 | 34.96 |
|         | 100m:               | 1:03.33 | 32.95 | 200m: | 2:10.91                       | 33.88 | 300m: | 3:19.67 | 34.55   | 400m: | 4:28.09 | 33.46 |
| 20.     | DOROCIĄK Franciszek |         |       | 15    | KS Korona 1919                |       |       |         | 4:39.57 | 487   | +0,71   |       |
|         | 50m:                | 31.72   | 31.72 | 150m: | 1:42.35                       | 35.64 | 250m: | 2:53.59 | 35.68   | 350m: | 4:04.70 | 35.46 |
|         | 100m:               | 1:06.71 | 34.99 | 200m: | 2:17.91                       | 35.56 | 300m: | 3:29.24 | 35.65   | 400m: | 4:39.57 | 34.87 |

