

Mistrzostwa Polski Juniorów Młodszych 15 lat
Lublin, 10. - 13.7.2025

Konkurencja 7
11.07.2025 - 10:01

Chłopców, 400m zmienny

15 lat
Wyniki Eliminacje

Rekord Polski Juniorów Mł. 4:30.55 KAŁUSOWSKI Jan 00905 Ostrowiec Sw 10.07.2015

Punkty: AQUA 2025

Pozycja			Wiek					Czas	Pkt.	CR
1.	LUTOMSKI Jan		15	OŚ AZS w Poznaniu				4:50.23	583A	+0,66
	50m: 30.49	30.49	150m: 1:44.62	38.95	250m: 3:03.48	41.00	350m: 4:18.68	33.36		
	100m: 1:05.67	35.18	200m: 2:22.48	37.86	300m: 3:45.32	41.84	400m: 4:50.23	31.55		
2.	STACHOWIAK Wiktor		15	KS Warta Poznań				4:53.58	563A	+0,69
	50m: 30.68	30.68	150m: 1:45.10	38.98	250m: 3:05.02	41.84	350m: 4:21.28	34.55		
	100m: 1:06.12	35.44	200m: 2:23.18	38.08	300m: 3:46.73	41.71	400m: 4:53.58	32.30		
3.	DZIEDZIC Karol		15	UKS SMS Galicja Kraków				4:55.19	554A	+0,74
	50m: 30.10	30.10	150m: 1:43.99	37.90	250m: 3:04.89	42.01	350m: 4:20.78	34.61		
	100m: 1:06.09	35.99	200m: 2:22.88	38.89	300m: 3:46.17	41.28	400m: 4:55.19	34.41		
4.	KWIATKOWSKI Jan		15	UKS GIM 92 Ursynów				4:55.43	553A	+0,74
	50m: 30.51	30.51	150m: 1:44.54	38.58	250m: 3:04.53	42.33	350m: 4:22.02	35.00		
	100m: 1:05.96	35.45	200m: 2:22.20	37.66	300m: 3:47.02	42.49	400m: 4:55.43	33.41		
5.	OSTASZEWSKI Szymon		15	UKS GIM 92 Ursynów				4:57.00	544A	+0,83
	50m: 30.43	30.43	150m: 1:45.25	38.61	250m: 3:06.11	42.78	350m: 4:23.68	34.64		
	100m: 1:06.64	36.21	200m: 2:23.33	38.08	300m: 3:49.04	42.93	400m: 4:57.00	33.32		
6.	OSAK Kacper		15	Stow. TEAM SPORT				4:58.21	537A	+0,73
	50m: 30.53	30.53	150m: 1:44.25	38.60	250m: 3:04.41	41.73	350m: 4:23.53	36.34		
	100m: 1:05.65	35.12	200m: 2:22.68	38.43	300m: 3:47.19	42.78	400m: 4:58.21	34.68		
7.	PARDO Kornel		15	UKS „Frog” Giżycko				5:01.26	521A	+0,66
	50m: 30.39	30.39	150m: 1:45.71	40.22	250m: 3:07.72	42.80	350m: 4:26.50	34.97		
	100m: 1:05.49	35.10	200m: 2:24.92	39.21	300m: 3:51.53	43.81	400m: 5:01.26	34.76		
8.	SKAWIŃSKI Aleksander		15	UKS 307 Warszawa				5:02.90	513A	+0,71
	50m: 29.61	29.61	150m: 1:46.36	40.63	250m: 3:08.36	41.92	350m: 4:28.14	36.65		
	100m: 1:05.73	36.12	200m: 2:26.44	40.08	300m: 3:51.49	43.13	400m: 5:02.90	34.76		
9.	MAKOWSKI Jakub		15	MKP Szczecin				5:03.15	511A	+0,72
	50m: 30.96	30.96	150m: 1:48.62	41.10	250m: 3:13.74	45.84	350m: 4:32.07	33.06		
	100m: 1:07.52	36.56	200m: 2:27.90	39.28	300m: 3:59.01	45.27	400m: 5:03.15	31.08		
10.	KRZEŚNIAK Jakub		15	OŚ AZS w Poznaniu				5:03.19	511A	+0,90
	50m: 31.44	31.44	150m: 1:48.76	40.30	250m: 3:12.26	45.04	350m: 4:31.27	34.04		
	100m: 1:08.46	37.02	200m: 2:27.22	38.46	300m: 3:57.23	44.97	400m: 5:03.19	31.92		
11.	KOWALCZYK Bartosz		15	MUKP Korona-Swim Kielce				5:03.56	509B	+0,77
	50m: 31.08	31.08	150m: 1:46.67	40.39	250m: 3:10.48	44.08	350m: 4:29.98	35.24		
	100m: 1:06.28	35.20	200m: 2:26.40	39.73	300m: 3:54.74	44.26	400m: 5:03.56	33.58		
12.	JAKUBCZYK Robert		15	UKS „Aligator” Gorzyce				5:08.75	484B	+0,72
	50m: 31.26	31.26	150m: 1:49.00	41.38	250m: 3:15.57	46.56	350m: 4:35.64	35.09		
	100m: 1:07.62	36.36	200m: 2:29.01	40.01	300m: 4:00.55	44.98	400m: 5:08.75	33.11		
13.	KOWALSKI Adrian		15	CSiR MOS w Dąbrowie Górniczej				5:10.00	478B	+0,70
	50m: 30.70	30.70	150m: 1:48.45	41.24	250m: 3:11.78	43.16	350m: 4:34.15	37.39		
	100m: 1:07.21	36.51	200m: 2:28.62	40.17	300m: 3:56.76	44.98	400m: 5:10.00	35.85		
14.	STARACHOWSKI Maciej		15	KS KSZO Ostrowiec Św.				5:12.81	465B	+0,70
	50m: 31.87	31.87	150m: 1:50.12	40.19	250m: 3:14.00	44.10	350m: 4:35.98	36.57		
	100m: 1:09.93	38.06	200m: 2:29.90	39.78	300m: 3:59.41	45.41	400m: 5:12.81	36.83		
15.	KRZĄKAŁA Dominik		15	UKS Manta Kochłowice Ruda Śląska				5:12.88	465B	+0,73
	50m: 32.32	32.32	150m: 1:50.15	40.23	250m: 3:17.44	45.17	350m: 4:38.67	35.56		
	100m: 1:09.92	37.60	200m: 2:32.27	42.12	300m: 4:03.11	45.67	400m: 5:12.88	34.21		



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Ministerstwo
Sportu i Turystyki

Mistrzostwa Polski Juniorów Młodszych 15 lat
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Pozycja					Wiek					Czas	Pkt.	CR
16.	PSODA Filip				15	MKS Jagiellonka Warszawa				5:14.93	456B	+0,72
	50m:	32.17	32.17	150m:	1:53.50	43.35	250m:	3:18.98	43.28	350m:	4:39.48	37.24
	100m:	1:10.15	37.98	200m:	2:35.70	42.20	300m:	4:02.24	43.26	400m:	5:14.93	35.45
17.	DUTKIEWICZ Miłosz				15	Sekcja Pływacka Meduza Pajęczno				5:15.23	455B	+0,74
	50m:	32.57	32.57	150m:	1:54.24	41.68	250m:	3:18.67	43.83	350m:	4:41.09	36.79
	100m:	1:12.56	39.99	200m:	2:34.84	40.60	300m:	4:04.30	45.63	400m:	5:15.23	34.14
18.	GODULA Karol				15	UKS Ósemka Oświęcim				5:16.82	448B	+0,68
	50m:	32.00	32.00	150m:	1:51.21	41.51	250m:	3:18.55	46.66	350m:	4:43.01	37.04
	100m:	1:09.70	37.70	200m:	2:31.89	40.68	300m:	4:05.97	47.42	400m:	5:16.82	33.81
19.	ZASADA Szymon				15	Sekcja Pływacka Meduza Pajęczno				5:17.09	447B	+0,77
	50m:	32.80	32.80	150m:	1:54.22	41.04	250m:	3:22.00	48.59	350m:	4:44.74	34.85
	100m:	1:13.18	40.38	200m:	2:33.41	39.19	300m:	4:09.89	47.89	400m:	5:17.09	32.35
20.	BRYDA Szymon				15	MKS SP 63 Bydgoszcz				5:18.79	440B	+0,75
	50m:	32.41	32.41	150m:	1:53.70	41.20	250m:	3:23.60	48.99	350m:	4:45.15	33.68
	100m:	1:12.50	40.09	200m:	2:34.61	40.91	300m:	4:11.47	47.87	400m:	5:18.79	33.64
21.	KRUK Mateusz				15	MTKP Delfin Toruń				5:18.87	439R	+0,85
	50m:	34.24	34.24	150m:	1:58.01	43.46	250m:	3:24.18	43.98	350m:	4:44.91	36.65
	100m:	1:14.55	40.31	200m:	2:40.20	42.19	300m:	4:08.26	44.08	400m:	5:18.87	33.96
22.	STEIER Michał				15	Swim Team MOSiR Kędzierzyn-Koźle				5:20.18	434R	+0,78
	50m:	32.06	32.06	150m:	1:55.66	43.26	250m:	3:25.36	48.18	350m:	4:47.68	35.30
	100m:	1:12.40	40.34	200m:	2:37.18	41.52	300m:	4:12.38	47.02	400m:	5:20.18	32.50
23.	DĄBROWSKI Jakub				15	MKS Park Wodny Tarnowskie Góry				5:25.92	411	+0,69
	50m:	34.85	34.85	150m:	1:56.64	42.37	250m:	3:26.92	49.57	350m:	4:51.75	35.70
	100m:	1:14.27	39.42	200m:	2:37.35	40.71	300m:	4:16.05	49.13	400m:	5:25.92	34.17
24.	SZYBURSKI Artur				15	UKS „Ósemka" Toruń				5:27.43	406	+0,65
	50m:	34.38	34.38	150m:	1:59.09	45.07	250m:	3:27.39	44.49	350m:	4:50.14	37.97
	100m:	1:14.02	39.64	200m:	2:42.90	43.81	300m:	4:12.17	44.78	400m:	5:27.43	37.29
25.	WAŚIŃSKI Dominik				15	MUKP Warszawianka- Wodny Park				5:27.88	404	+0,69
	50m:	33.55	33.55	150m:	1:55.25	40.61	250m:	3:23.08	48.83	350m:	4:51.51	39.80
	100m:	1:14.64	41.09	200m:	2:34.25	39.00	300m:	4:11.71	48.63	400m:	5:27.88	36.37
26.	JAKUBOWSKI Stanisław				15	UKS Ostrobramska				5:28.13	403	+0,67
	50m:	33.99	33.99	150m:	1:58.87	44.26	250m:	3:27.96	46.50	350m:	4:53.86	39.71
	100m:	1:14.61	40.62	200m:	2:41.46	42.59	300m:	4:14.15	46.19	400m:	5:28.13	34.27
27.	FOJT Wiktor				15	UKP Ruda Śląska				5:28.96	400	+0,78
	50m:	33.35	33.35	150m:	1:59.11	45.24	250m:	3:29.37	46.43	350m:	4:54.10	38.13
	100m:	1:13.87	40.52	200m:	2:42.94	43.83	300m:	4:15.97	46.60	400m:	5:28.96	34.86
28.	PYVOVAR Danylo				15	Klub Sportowy "H2O Bochnia"				5:31.92	389	+0,71
	50m:	32.67	32.67	150m:	1:58.97	44.58	250m:	3:26.96	44.78	350m:	4:54.47	40.51
	100m:	1:14.39	41.72	200m:	2:42.18	43.21	300m:	4:13.96	47.00	400m:	5:31.92	37.45
29.	SZYBURSKI Rafał				15	UKS „Ósemka" Toruń				5:52.45	325	+0,69
	50m:	36.28	36.28	150m:	2:07.60	45.26	250m:	3:41.12	48.17	350m:	5:11.62	41.99
	100m:	1:22.34	46.06	200m:	2:52.95	45.35	300m:	4:29.63	48.51	400m:	5:52.45	40.83
DYSKW.	CHMIELEWSKI Stanisław				15	KS Barakuda Mińsk Mazowiecki						
K15 - Pływak nie dotknął ściany dwiema dłońmi przy nawrocie lub na zakończeniu wyścigu - 7.6												

