

Wojewódzka Liga Dzieci i Młodzików - IV runda
Lublin, 5.10.2025

Konkurencja 7
05.10.2025 - 12:10

Dziewcząt, 400m dowolny

10 - 12 lat
Wyniki

Punkty: AQUA 2024

Pozycja	Wiek								Czas	Pkt.	CR
10 lat											
1.	ŻAK Oliwia			10	UKS Olimpijczyk 23				5:59.51	266	+0,61
	50m: 39.34	39.34	150m: 2:12.39	46.97	250m: 3:46.26	47.17	350m: 5:17.80	45.17			
	100m: 1:25.42	46.08	200m: 2:59.09	46.70	300m: 4:32.63	46.37	400m: 5:59.51	41.71			
2.	SALASA Jagoda			10	MKS AVIA Świdnik				6:16.18	232	+0,73
	50m: 41.76	41.76	150m: 2:16.88	48.02	250m: 3:54.74	49.32	350m: 5:31.23	47.32			
	100m: 1:28.86	47.10	200m: 3:05.42	48.54	300m: 4:43.91	49.17	400m: 6:16.18	44.95			
3.	RUBAJ Antonina			10	UKP Fala Kraśnik				6:17.15	230	+0,71
	50m: 40.75	40.75	150m: 2:17.02	48.52	250m: 3:54.71	48.94	350m: 5:30.66	47.45			
	100m: 1:28.50	47.75	200m: 3:05.77	48.75	300m: 4:43.21	48.50	400m: 6:17.15	46.49			
4.	CISZ Pola			10	UKS Szkoła Pływania 23 Lublin				6:17.70	229	+0,53
	50m: 41.94	41.94	150m: 2:18.37	48.96	250m: 3:55.33	47.93	350m: 5:32.63	47.90			
	100m: 1:29.41	47.47	200m: 3:07.40	49.03	300m: 4:44.73	49.40	400m: 6:17.70	45.07			
5.	SUCHAŃSKA Zuzanna			10	UKS 51 Lublin				6:21.36	223	+0,79
	50m: 43.20	43.20	150m: 2:19.19	48.61	250m: 3:58.61	49.45	350m: 5:37.09	49.39			
	100m: 1:30.58	47.38	200m: 3:09.16	49.97	300m: 4:47.70	49.09	400m: 6:21.36	44.27			
6.	PRZYBYLSKA Anastazja			10	MKS AVIA Świdnik				6:31.65	205	+0,77
	50m: 43.42	43.42	150m: 2:21.61	49.50	250m: 4:01.82	50.38	350m: 5:44.15	51.67			
	100m: 1:32.11	48.69	200m: 3:11.44	49.83	300m: 4:52.48	50.66	400m: 6:31.65	47.50			
7.	WYREMBSKA Julia			10	MKS AVIA Świdnik				6:41.51	191	+0,74
	50m: 41.17	41.17	150m: 2:24.51	52.27	250m: 4:10.19	52.72	350m: 5:53.50	51.81			
	100m: 1:32.24	51.07	200m: 3:17.47	52.96	300m: 5:01.69	51.50	400m: 6:41.51	48.01			
8.	GUZ Zofia			10	KU AZS UMCS Lublin				6:43.82	187	+0,62
	50m: 44.20	44.20	150m: 2:26.68	52.01	250m: 4:11.70	52.60	350m: 5:56.23	52.13			
	100m: 1:34.67	50.47	200m: 3:19.10	52.42	300m: 5:04.10	52.40	400m: 6:43.82	47.59			
9.	MAKOSA Hanna			10	KU AZS UMCS Lublin				6:52.44	176	+0,85
	50m: 43.83	43.83	150m: 2:29.72	52.94	250m: 4:16.72	53.15	350m: 6:04.29	53.58			
	100m: 1:36.78	52.95	200m: 3:23.57	53.85	300m: 5:10.71	53.99	400m: 6:52.44	48.15			
10.	WARTACZ Róża			10	UKS SP5 Swim Lublin				6:57.94	169	+0,46
	50m: 48.96	48.96	150m: 2:37.63	55.03	250m: 4:25.03	53.11	350m: 6:09.38	52.43			
	100m: 1:42.60	53.64	200m: 3:31.92	54.29	300m: 5:16.95	51.92	400m: 6:57.94	48.56			
11.	NOWAK Amelia			10	UKS Olimpijczyk 23				6:59.20	167	
	50m: 45.00	45.00	150m: 2:30.89	53.41	250m: 4:20.78	56.11	350m: 6:08.40	53.00			
	100m: 1:37.48	52.48	200m: 3:24.67	53.78	300m: 5:15.40	54.62	400m: 6:59.20	50.80			
12.	FRAK Milena			10	UKS SP5 Swim Lublin				7:01.46	165	+0,97
	50m: 46.49	46.49	150m: 2:32.50	54.09	250m: 4:22.39	55.30	350m: 6:10.83	53.84			
	100m: 1:38.41	51.92	200m: 3:27.09	54.59	300m: 5:16.99	54.60	400m: 7:01.46	50.63			
13.	MIAZEK Aleksandra			10	MKS AVIA Świdnik				7:15.85	149	+0,63
	50m: 47.96	47.96	150m: 2:39.94	56.00	250m: 4:33.76	56.46	350m: 6:27.01	56.66			
	100m: 1:43.94	55.98	200m: 3:37.30	57.36	300m: 5:30.35	56.59	400m: 7:15.85	48.84			
14.	SZPURA Michalina			10	UKS SP5 Swim Lublin				7:16.01	149	+0,86
	50m: 44.60	44.60	150m: 2:33.46	56.32	250m: 4:28.50	57.46	350m: 6:23.24	57.74			
	100m: 1:37.14	52.54	200m: 3:31.04	57.58	300m: 5:25.50	57.00	400m: 7:16.01	52.77			
15.	WAJSZCZUK Aleksandra			10	UKS 51 Lublin				7:23.06	142	+0,68
	50m: 48.00	48.00	150m: 2:40.66	57.45	250m: 4:34.20	56.18	350m: 6:27.81	56.99			
	100m: 1:43.21	55.21	200m: 3:38.02	57.36	300m: 5:30.82	56.62	400m: 7:23.06	55.25			
16.	TERLECKA Barbara			10	KS OLIMPIA Lublin				7:31.01	134	+0,83
	50m: 49.36	49.36	150m: 2:44.96	58.62	250m: 4:42.76	57.92	350m: 6:39.20	56.75			
	100m: 1:46.34	56.98	200m: 3:44.84	59.88	300m: 5:42.45	59.69	400m: 7:31.01	51.81			
17.	BARAŃCZUK Zuzanna			10	KU AZS UMCS Lublin				7:32.16	133	+0,77
	50m: 48.11	48.11	150m: 2:43.94	59.07	250m: 4:41.59	59.14	350m: 6:39.85	59.31			
	100m: 1:44.87	56.76	200m: 3:42.45	58.51	300m: 5:40.54	58.95	400m: 7:32.16	52.31			

Wojewódzka Liga Dzieci i Młodzików - IV runda
Lublin, 5.10.2025

Konkurencja 7, Dziewcząt, 400m dowolny, 10 lat

Pozycja			Wiek						Czas	Pkt.	CR
18.	ADAMCZYK Alicja		10	MKS AVIA Świdnik					7:40.73	126	+0,69
	50m: 48.47	48.47	150m: 2:44.85	59.85	250m: 4:43.32	59.92	350m: 6:45.05	57.82			
	100m: 1:45.00	56.53	200m: 3:43.40	58.55	300m: 5:47.23	1:03.91	400m: 7:40.73	55.68			
19.	SKIWSKA Dominika		10	UKS SP5 Swim Lublin					8:09.31	105	
	50m: 48.47	48.47	150m: 2:47.29	1:00.29	250m: 4:51.08	1:00.99	350m: 6:59.89	1:05.60			
	100m: 1:47.00	58.53	200m: 3:50.09	1:02.80	300m: 5:54.29	1:03.21	400m: 8:09.31	1:09.42			
20.	MATYJASZCZYK Maria		10	UKS SP5 Swim Lublin					8:20.68	98	
	50m: 52.92	52.92	150m: 2:59.37	1:04.01	250m: 5:08.49	1:04.85	350m: 7:21.71	1:08.41			
	100m: 1:55.36	1:02.44	200m: 4:03.64	1:04.27	300m: 6:13.30	1:04.81	400m: 8:20.68	58.97			

11 lat

1.	KIJEK Martyna		11	MKS AVIA Świdnik					5:34.76	329	+0,50
	50m: 37.60	37.60	150m: 2:02.36	42.99	250m: 3:29.05	43.11	350m: 4:55.58	43.31			
	100m: 1:19.37	41.77	200m: 2:45.94	43.58	300m: 4:12.27	43.22	400m: 5:34.76	39.18			
2.	GAWRYLAK Maya		11	MKS AVIA Świdnik					5:43.01	306	+0,77
	50m: 37.43	37.43	150m: 2:03.18	42.96	250m: 3:31.57	45.01	350m: 5:02.30	45.64			
	100m: 1:20.22	42.79	200m: 2:46.56	43.38	300m: 4:16.66	45.09	400m: 5:43.01	40.71			
3.	KOWALSKA Maja		11	UKS ORKA Zamość					5:56.34	273	+0,81
	50m: 41.07	41.07	150m: 2:14.28	47.24	250m: 3:47.75	46.30	350m: 5:17.67	44.67			
	100m: 1:27.04	45.97	200m: 3:01.45	47.17	300m: 4:33.00	45.25	400m: 5:56.34	38.67			
4.	ZADURA Alicja		11	UKP Fala Kraśnik					5:59.68	265	+0,80
	50m: 41.40	41.40	150m: 2:14.35	47.04	250m: 3:48.08	46.21	350m: 5:19.18	45.11			
	100m: 1:27.31	45.91	200m: 3:01.87	47.52	300m: 4:34.07	45.99	400m: 5:59.68	40.50			
5.	WÓJCIK Lena		11	UKS Szkoła Pływania 23 Lublin					6:01.58	261	+0,85
	50m: 42.33	42.33	150m: 2:13.39	45.05	250m: 3:45.94	46.24	350m: 5:18.61	46.29			
	100m: 1:28.34	46.01	200m: 2:59.70	46.31	300m: 4:32.32	46.38	400m: 6:01.58	42.97			
6.	TKACZYK Alicja		11	UKS Olimpijczyk 23					6:02.09	260	+0,81
	50m: 39.75	39.75	150m: 2:12.41	46.79	250m: 3:47.46	47.59	350m: 5:22.25	47.69			
	100m: 1:25.62	45.87	200m: 2:59.87	47.46	300m: 4:34.56	47.10	400m: 6:02.09	39.84			
7.	POPKO Martyna		11	UKS Szkoła Pływania 23 Lublin					6:10.20	243	+0,71
	50m: 41.13	41.13	150m: 2:14.52	47.57	250m: 3:48.66	45.97	350m: 5:24.73	49.07			
	100m: 1:26.95	45.82	200m: 3:02.69	48.17	300m: 4:35.66	47.00	400m: 6:10.20	45.47			
8.	WENEK Wiktoria		11	RWKS Sparta Biłgoraj					6:11.27	241	
	50m: 40.85	40.85	150m: 2:16.13	47.67	250m: 3:52.63	48.18	350m: 5:28.08	47.49			
	100m: 1:28.46	47.61	200m: 3:04.45	48.32	300m: 4:40.59	47.96	400m: 6:11.27	43.19			
9.	SIEMBIDA Mila		11	UKS Szkoła Pływania 23 Lublin					6:13.33	237	+0,73
	50m: 41.46	41.46	150m: 2:18.55	48.06	250m: 3:55.11	47.93	350m: 5:29.15	47.24			
	100m: 1:30.49	49.03	200m: 3:07.18	48.63	300m: 4:41.91	46.80	400m: 6:13.33	44.18			
10.	TUSZEWSKA Róża		11	UKS 51 Lublin					6:20.98	223	+0,83
	50m: 40.83	40.83	150m: 2:16.90	48.69	250m: 3:55.20	50.16	350m: 5:35.44	50.17			
	100m: 1:28.21	47.38	200m: 3:05.04	48.14	300m: 4:45.27	50.07	400m: 6:20.98	45.54			
11.	ZDZIEBŁOWSKA Karina		11	MKS AVIA Świdnik					6:21.12	223	+0,89
	50m: 43.22	43.22	150m: 2:21.32	49.49	250m: 4:00.15	49.40	350m: 5:37.14	48.55			
	100m: 1:31.83	48.61	200m: 3:10.75	49.43	300m: 4:48.59	48.44	400m: 6:21.12	43.98			
12.	CYRANEK Anna		11	UKS Szkoła Pływania 23 Lublin					6:21.18	223	+0,81
	50m: 41.84	41.84	150m: 2:18.51	48.89	250m: 3:55.27	47.48	350m: 5:32.44	49.04			
	100m: 1:29.62	47.78	200m: 3:07.79	49.28	300m: 4:43.40	48.13	400m: 6:21.18	48.74			
13.	ULANICKA Marta		11	UKS Szkoła Pływania 23 Lublin					6:26.46	214	+0,70
	50m: 42.79	42.79	150m: 2:20.08	48.70	250m: 3:59.48	49.62	350m: 5:38.65	49.08			
	100m: 1:31.38	48.59	200m: 3:09.86	49.78	300m: 4:49.57	50.09	400m: 6:26.46	47.81			
14.	DOŁOWY Blanka		11	RWKS Sparta Biłgoraj					6:32.45	204	+0,88
	50m: 44.77	44.77	150m: 2:22.86	49.39	250m: 4:03.43	50.68	350m: 5:44.94	50.71			
	100m: 1:33.47	48.70	200m: 3:12.75	49.89	300m: 4:54.23	50.80	400m: 6:32.45	47.51			

Wojewódzka Liga Dzieci i Młodzików - IV runda
Lublin, 5.10.2025

Konkurencja 7, Dziewcząt, 400m dowolny, 11 lat

Pozycja			Wiek						Czas	Pkt.	CR
15.	HERETA Natalia		11	UKS ORKA Zamość					6:38.40	195	+0,77
	50m: 42.01	42.01	150m: 2:26.01	51.99	250m: 4:10.58	52.01	350m: 5:51.83	50.33			
	100m: 1:34.02	52.01	200m: 3:18.57	52.56	300m: 5:01.50	50.92	400m: 6:38.40	46.57			
16.	DROŹDZIEL Daria		11	UKS ORKA Zamość					6:38.92	194	+0,88
	50m: 46.32	46.32	150m: 2:27.82	51.09	250m: 4:08.00	48.86	350m: 5:52.99	51.31			
	100m: 1:36.73	50.41	200m: 3:19.14	51.32	300m: 5:01.68	53.68	400m: 6:38.92	45.93			
17.	GOLBA Bianka		11	UKS Szkoła Pływania 23 Lublin					6:41.84	190	+0,59
	50m: 43.11	43.11	150m: 2:29.65	53.81	250m: 4:14.17	50.08	350m: 5:57.50	51.70			
	100m: 1:35.84	52.73	200m: 3:24.09	54.44	300m: 5:05.80	51.63	400m: 6:41.84	44.34			
18.	NIEDZIELSKA Alicja		11	MKS AVIA Świdnik					6:49.24	180	+0,68
	50m: 46.23	46.23	150m: 2:31.10	53.28	250m: 4:17.87	53.15	350m: 6:00.61	50.10			
	100m: 1:37.82	51.59	200m: 3:24.72	53.62	300m: 5:10.51	52.64	400m: 6:49.24	48.63			
19.	WAŚKOWICZ Magda		11	KS OLIMPIA Lublin					7:04.11	162	+0,75
	50m: 45.96	45.96	150m: 2:36.52	57.18	250m: 4:27.60	56.01	350m: 6:15.95	53.64			
	100m: 1:39.34	53.38	200m: 3:31.59	55.07	300m: 5:22.31	54.71	400m: 7:04.11	48.16			
20.	MAŁYSZ Antonina		11	RWKS Sparta Biłgoraj					7:04.32	161	+0,56
	50m: 44.16	44.16	150m: 2:31.89	54.97	250m: 4:22.66	55.64	350m: 6:12.04	54.24			
	100m: 1:36.92	52.76	200m: 3:27.02	55.13	300m: 5:17.80	55.14	400m: 7:04.32	52.28			
21.	WROŃSKA Nadia		11	UKS Szkoła Pływania 23 Lublin					7:46.20	122	+0,67
	50m: 47.10	47.10	150m: 2:42.27	59.99	250m: 4:45.08	1:02.11	350m: 6:49.12	1:01.99			
	100m: 1:42.28	55.18	200m: 3:42.97	1:00.70	300m: 5:47.13	1:02.05	400m: 7:46.20	57.08			
22.	KORONA Hanna		11	MKS AVIA Świdnik					8:00.71	111	+0,73
	50m: 51.58	51.58	150m: 2:53.21	1:01.19	250m: 4:59.12	1:02.30	350m: 7:01.89	1:00.05			
	100m: 1:52.02	1:00.44	200m: 3:56.82	1:03.61	300m: 6:01.84	1:02.72	400m: 8:00.71	58.82			

12 lat

1.	PUCHACZ Zuzanna		12	KS OLIMPIA Lublin					4:52.33	495	+0,71
	50m: 33.06	33.06	150m: 1:47.14	37.18	250m: 3:02.10	37.31	350m: 4:16.92	36.89			
	100m: 1:09.96	36.90	200m: 2:24.79	37.65	300m: 3:40.03	37.93	400m: 4:52.33	35.41			
2.	MAGDZIARZ Marlena		12	RWKS Sparta Biłgoraj					5:19.77	378	+0,71
	50m: 35.80	35.80	150m: 1:56.85	41.11	250m: 3:19.08	40.97	350m: 4:40.25	40.40			
	100m: 1:15.74	39.94	200m: 2:38.11	41.26	300m: 3:59.85	40.77	400m: 5:19.77	39.52			
3.	GRUM Hanna		12	RWKS Sparta Biłgoraj					5:23.42	365	+0,78
	50m: 36.78	36.78	150m: 2:03.02	43.38	250m: 3:29.23	43.48	350m: 4:48.31	37.28			
	100m: 1:19.64	42.86	200m: 2:45.75	42.73	300m: 4:11.03	41.80	400m: 5:23.42	35.11			
4.	MAJEK Oliwia		12	KS OLIMPIA Lublin					5:23.55	365	+0,73
	50m: 36.06	36.06	150m: 2:00.18	42.42	250m: 3:24.74	42.24	350m: 4:47.35	40.41			
	100m: 1:17.76	41.70	200m: 2:42.50	42.32	300m: 4:06.94	42.20	400m: 5:23.55	36.20			
5.	GRABOWSKA Iga		12	UKS Olimpijczyk 23					5:26.33	356	+0,63
	50m: 36.93	36.93	150m: 1:59.91	42.19	250m: 3:25.21	42.99	350m: 4:49.16	41.36			
	100m: 1:17.72	40.79	200m: 2:42.22	42.31	300m: 4:07.80	42.59	400m: 5:26.33	37.17			
6.	ŻAK Julia		12	UKS Olimpijczyk 23					5:32.27	337	+0,81
	50m: 36.20	36.20	150m: 1:59.71	42.37	250m: 3:25.96	42.93	350m: 4:51.38	42.26			
	100m: 1:17.34	41.14	200m: 2:43.03	43.32	300m: 4:09.12	43.16	400m: 5:32.27	40.89			
7.	PIETROŃ Zuzanna		12	UKS Olimpijczyk 23					5:35.46	327	+0,76
	50m: 36.17	36.17	150m: 2:01.04	43.49	250m: 3:28.16	43.37	350m: 4:52.90	42.13			
	100m: 1:17.55	41.38	200m: 2:44.79	43.75	300m: 4:10.77	42.61	400m: 5:35.46	42.56			
8.	ŁADA Amelia		12	UKS Szkoła Pływania 23 Lublin					5:39.84	315	+0,66
	50m: 38.25	38.25	150m: 2:06.43	44.76	250m: 3:32.64	43.77	350m: 4:59.58	43.08			
	100m: 1:21.67	43.42	200m: 2:48.87	42.44	300m: 4:16.50	43.86	400m: 5:39.84	40.26			
9.	KASPRZAK Gabriela		12	UKS Szkoła Pływania 23 Lublin					5:46.22	298	+0,81
	50m: 38.43	38.43	150m: 2:06.42	44.16	250m: 3:34.83	44.47	350m: 5:04.39	45.15			
	100m: 1:22.26	43.83	200m: 2:50.36	43.94	300m: 4:19.24	44.41	400m: 5:46.22	41.83			

Wojewódzka Liga Dzieci i Młodzików - IV runda
Lublin, 5.10.2025

Konkurencja 7, Dziewcząt, 400m dowolny, 12 lat

Pozycja	Wiek								Czas	Pkt.	CR	
10.	TSINA Danai			12	UKS Szkoła Pływania 23 Lublin				5:51.83	284	+0,84	
	50m:	39.09	39.09	150m:	2:07.90	45.01	250m:	3:37.80	45.36	350m:	5:07.96	45.13
	100m:	1:22.89	43.80	200m:	2:52.44	44.54	300m:	4:22.83	45.03	400m:	5:51.83	43.87
11.	FURMAN Hanna			12	UKS ORKA Zamość				5:55.47	275	+0,81	
	50m:	40.88	40.88	150m:	2:12.18	45.94	250m:	3:42.90	45.44	350m:	5:14.34	45.23
	100m:	1:26.24	45.36	200m:	2:57.46	45.28	300m:	4:29.11	46.21	400m:	5:55.47	41.13
12.	PODGAJNA Oliwia			12	KS Narwał Międzyrzec Podl.				6:26.58	214	+0,68	
	50m:	42.38	42.38	150m:	2:18.20	48.74	250m:	3:58.63	50.11	350m:	5:39.32	50.02
	100m:	1:29.46	47.08	200m:	3:08.52	50.32	300m:	4:49.30	50.67	400m:	6:26.58	47.26
13.	MITURA Julia			12	UKS Olimpijczyk 23				6:30.74	207	+0,78	
	50m:	43.41	43.41	150m:	2:23.34	50.63	250m:	4:05.64	51.38	350m:	5:44.49	48.68
	100m:	1:32.71	49.30	200m:	3:14.26	50.92	300m:	4:55.81	50.17	400m:	6:30.74	46.25
14.	TERLECKA Karina			12	UKS ORKA Zamość				6:58.79	168	+0,73	
	50m:	44.59	44.59	150m:	2:28.83	52.81	250m:	4:18.73	53.75	350m:	6:09.24	54.59
	100m:	1:36.02	51.43	200m:	3:24.98	56.15	300m:	5:14.65	55.92	400m:	6:58.79	49.55
15.	FERENS Amelia			12	TSS TOMASOVIA Tomaszów Lub.				7:01.21	165	+0,74	
	50m:	46.86	46.86	150m:	2:35.26	55.33	250m:	4:23.47	54.18	350m:	6:11.15	54.29
	100m:	1:39.93	53.07	200m:	3:29.29	54.03	300m:	5:16.86	53.39	400m:	7:01.21	50.06