

Event 129
13.12.2025 - 12:00

Women, 400m Freestyle

25 - 49 years
Results

Points: AQUA Master 2025

rank	name	age	time	Pts	RT
Masters 25+					
1.	BATTISTONI Martina	29	Rari Master Pesaro	4:28.71	841 +0,81
	50m: 30.37 30.37 150m: 1:38.10 34.23 250m: 2:46.98 34.57 350m: 3:56.18 34.47				
	100m: 1:03.87 33.50 200m: 2:12.41 34.31 300m: 3:21.71 34.73 400m: 4:28.71 32.53				
2.	JOVER GALLEGGO Marina	25	CN Calvia	4:34.97	785 +0,73
	50m: 31.07 31.07 150m: 1:39.35 34.74 250m: 2:49.71 35.33 350m: 4:00.63 35.55				
	100m: 1:04.61 33.54 200m: 2:14.38 35.03 300m: 3:25.08 35.37 400m: 4:34.97 34.34				
3.	LOVATO Sara	29	Mantova Nuoto Master Asd	4:35.36	782 +0,76
	50m: 31.06 31.06 150m: 1:39.92 34.69 250m: 2:50.35 35.22 350m: 4:01.23 35.57				
	100m: 1:05.23 34.17 200m: 2:15.13 35.21 300m: 3:25.66 35.31 400m: 4:35.36 34.13				
4.	SARAC Hilal Zeyneb	27	Istanbul Yuzme Ihtisas Kulubu	4:35.52	780 +0,95
	50m: 31.65 31.65 150m: 1:40.05 34.59 250m: 2:50.24 35.18 350m: 4:01.27 35.65				
	100m: 1:05.46 33.81 200m: 2:15.06 35.01 300m: 3:25.62 35.38 400m: 4:35.52 34.25				
5.	MARINELLI Asia	27	Assisi Nuoto Master ASD	4:39.67	746 +0,81
	50m: 31.37 31.37 150m: 1:40.70 35.06 250m: 2:52.28 35.89 350m: 4:04.47 36.08				
	100m: 1:05.64 34.27 200m: 2:16.39 35.69 300m: 3:28.39 36.11 400m: 4:39.67 35.20				
6.	RIQUELME SAEZ Carmen	29	CN Aquamasters	4:46.35	695 +0,86
	50m: 33.61 33.61 150m: 1:44.52 35.48 250m: 2:56.37 35.89 350m: 4:09.89 36.99				
	100m: 1:09.04 35.43 200m: 2:20.48 35.96 300m: 3:32.90 36.53 400m: 4:46.35 36.46				
7.	GAUCHER Pauline	28	Optimax Training Natation 78	4:51.09	662 +0,81
	50m: 32.18 32.18 150m: 1:42.36 35.38 250m: 2:56.03 37.15 350m: 4:12.54 38.88				
	100m: 1:06.98 34.80 200m: 2:18.88 36.52 300m: 3:33.66 37.63 400m: 4:51.09 38.55				
8.	NOWAK Sonia	29	UKS Trojka Czestochowa	5:01.19	597 +0,94
	50m: 35.51 35.51 150m: 1:51.13 37.97 250m: 3:07.84 38.16 350m: 4:23.96 38.09				
	100m: 1:13.16 37.65 200m: 2:29.68 38.55 300m: 3:45.87 38.03 400m: 5:01.19 37.23				
9.	STASKOVA Paulina	28	TJ Dunaj Sturovo	5:01.63	595 +0,88
	50m: 34.75 34.75 150m: 1:50.96 38.20 250m: 3:08.11 38.93 350m: 4:25.20 38.43				
	100m: 1:12.76 38.01 200m: 2:29.18 38.22 300m: 3:46.77 38.66 400m: 5:01.63 36.43				
10.	CUENCA JIMENEZ Elia Maria	29	CDN Cordoba	5:16.28	516 +0,85
	50m: 34.80 34.80 150m: 1:54.00 40.12 250m: 3:15.42 40.91 350m: 4:37.39 40.86				
	100m: 1:13.88 39.08 200m: 2:34.51 40.51 300m: 3:56.53 41.11 400m: 5:16.28 38.89				

Masters 30+

1.	FATUM-BOKER Alisa	30	SSV Leutzsch	4:28.51	852 +0,80
	<i>European Masters Championships Record</i>				
	50m: 30.86 30.86 150m: 1:38.50 34.20 250m: 2:47.46 34.46 350m: 3:56.32 34.44				
	100m: 1:04.30 33.44 200m: 2:13.00 34.50 300m: 3:21.88 34.42 400m: 4:28.51 32.19				
2.	GAJDOWSKA Agnieszka	30	Water Squad	4:32.75	812 +0,74
	50m: 29.08 29.08 150m: 1:37.63 35.26 250m: 2:48.86 35.81 350m: 4:00.51 35.96				
	100m: 1:02.37 33.29 200m: 2:13.05 35.42 300m: 3:24.55 35.69 400m: 4:32.75 32.24				
3.	KACZMAREK Magdalena	33	Landsberg Crew Gorzow Wlkp.	4:48.84	684 +0,77
	50m: 32.25 32.25 150m: 1:43.47 36.09 250m: 2:57.48 37.30 350m: 4:12.92 37.90				
	100m: 1:07.38 35.13 200m: 2:20.18 36.71 300m: 3:35.02 37.54 400m: 4:48.84 35.92				
4.	AMES Svenja	34	SC Undine Neubeckum	4:56.90	630 +0,97
	50m: 34.37 34.37 150m: 1:48.88 37.62 250m: 3:04.21 37.55 350m: 4:19.86 37.82				
	100m: 1:11.26 36.89 200m: 2:26.66 37.78 300m: 3:42.04 37.83 400m: 4:56.90 37.04				
5.	KRYSIK Olga	34	Team Bochum	5:10.31	552 +0,76
	50m: 34.83 34.83 150m: 1:52.73 39.45 250m: 3:13.09 40.48 350m: 4:32.26 39.07				
	100m: 1:13.28 38.45 200m: 2:32.61 39.88 300m: 3:53.19 40.10 400m: 5:10.31 38.05				

Event 129, Women, 400m Freestyle, Masters 30+

rank	name	age	time	Pts	RT
6.	CHEVALIER Sarah	32	Saint Sebastien Natation	5:11.82	544 +0,79
	50m: 33.93 33.93	150m: 1:51.34 38.76	250m: 3:10.35 39.44	350m: 4:31.44 40.50	
	100m: 1:12.58 38.65	200m: 2:30.91 39.57	300m: 3:50.94 40.59	400m: 5:11.82 40.38	
7.	BRUGGE Johanna	34	Schwimm-Club Seevetal	5:25.77	477 +0,88
	50m: 36.42 36.42	150m: 1:58.42 41.23	250m: 3:21.42 41.40	350m: 4:45.18 42.09	
	100m: 1:17.19 40.77	200m: 2:40.02 41.60	300m: 4:03.09 41.67	400m: 5:25.77 40.59	
8.	GEORGIEVA Greta	33	SC Iris Ruse	5:28.16	466 +0,85
	50m: 36.38 36.38	150m: 1:58.34 41.22	250m: 3:23.05 41.93	350m: 4:48.34 42.97	
	100m: 1:17.12 40.74	200m: 2:41.12 42.78	300m: 4:05.37 42.32	400m: 5:28.16 39.82	
9.	ZADROZNA Karolina	33	HSC Bad Homburg	5:32.41	449 +0,89
	50m: 36.47 36.47	150m: 1:59.15 41.76	250m: 3:24.23 43.13	350m: 4:50.95 43.40	
	100m: 1:17.39 40.92	200m: 2:41.10 41.95	300m: 4:07.55 43.32	400m: 5:32.41 41.46	
10.	SLOWIK Magdalena	33	5Styl Sharks	6:46.78	245 +0,66
	50m: 42.30 42.30	150m: 2:24.65 52.79	250m: 4:10.73 53.24	350m: 5:58.43 53.46	
	100m: 1:31.86 49.56	200m: 3:17.49 52.84	300m: 5:04.97 54.24	400m: 6:46.78 48.35	

Masters 35+

1.	WACHSMUTH Jenny	37	USV TU Dresden	4:36.81	828 +0,85
	<i>European Masters Championships Record</i>				
	50m: 31.48 31.48	150m: 1:40.82 34.99	250m: 2:51.37 35.33	350m: 4:02.40 35.56	
	100m: 1:05.83 34.35	200m: 2:16.04 35.22	300m: 3:26.84 35.47	400m: 4:36.81 34.41	
2.	MCINTOSH Kelly	36	Silver City Blues Masters SC	4:49.76	722 +0,90
	50m: 32.25 32.25	150m: 1:44.62 36.67	250m: 2:58.82 37.20	350m: 4:14.24 37.82	
	100m: 1:07.95 35.70	200m: 2:21.62 37.00	300m: 3:36.42 37.60	400m: 4:49.76 35.52	
3.	BAAS Relinda	36	TriVia	4:59.55	653 +0,84
	50m: 33.49 33.49	150m: 1:46.60 36.98	250m: 3:02.71 38.16	350m: 4:20.82 39.31	
	100m: 1:09.62 36.13	200m: 2:24.55 37.95	300m: 3:41.51 38.80	400m: 4:59.55 38.73	
4.	PARABOSCHI Maria Giulia	39	Idea Sport Ssd	5:05.43	616 +0,93
	50m: 35.07 35.07	150m: 1:50.73 38.24	250m: 3:08.53 39.10	350m: 4:27.34 39.67	
	100m: 1:12.49 37.42	200m: 2:29.43 38.70	300m: 3:47.67 39.14	400m: 5:05.43 38.09	
5.	GAREIS Jana	37	Post SV Leipzig	5:09.67	591 +0,82
	50m: 35.08 35.08	150m: 1:51.75 38.20	250m: 3:09.52 39.46	350m: 4:30.37 40.72	
	100m: 1:13.55 38.47	200m: 2:30.06 38.31	300m: 3:49.65 40.13	400m: 5:09.67 39.30	
6.	GARCIA GUTIERREZ Patricia	35	Universidad de Granada	5:17.68	547 +0,84
	50m: 35.78 35.78	150m: 1:54.90 40.14	250m: 3:17.00 41.28	350m: 4:38.51 40.67	
	100m: 1:14.76 38.98	200m: 2:35.72 40.82	300m: 3:57.84 40.84	400m: 5:17.68 39.17	
7.	SEXTON Aoife	38	Cork Masters	5:18.36	544 +0,77
	50m: 34.56 34.56	150m: 1:54.56 40.37	250m: 3:16.14 40.89	350m: 4:38.71 41.23	
	100m: 1:14.19 39.63	200m: 2:35.25 40.69	300m: 3:57.48 41.34	400m: 5:18.36 39.65	
8.	MOLNAR Dalma	35	Debreceni Szenior uszoklub	5:49.54	411 +0,82
	50m: 36.97 36.97	150m: 2:03.63 43.95	250m: 3:33.77 45.59	350m: 5:04.55 45.40	
	100m: 1:19.68 42.71	200m: 2:48.18 44.55	300m: 4:19.15 45.38	400m: 5:49.54 44.99	
9.	YUCELENER Ozlem	39	Istanbul Yuzme Ihtisas Kulubu	6:24.70	308 +0,95
	50m: 42.64 42.64	150m: 2:18.89 48.84	250m: 3:56.96 49.23	350m: 5:36.57 50.41	
	100m: 1:30.05 47.41	200m: 3:07.73 48.84	300m: 4:46.16 49.20	400m: 6:24.70 48.13	

Event 129, Women, 400m Freestyle

Masters 40+

1.	MAJEWSKI Michalina	41	MKP Gdansk	4:49.82	736	+0,91
	50m: 33.04 33.04	150m: 1:45.02	36.19 250m: 2:58.89 37.08	350m: 4:13.69	37.37	
	100m: 1:08.83 35.79	200m: 2:21.81	36.79 300m: 3:36.32 37.43	400m: 4:49.82	36.13	
2.	BECKMANN Carla	41	Wfr. Bielefeld 1922	4:55.98	691	+0,87
	50m: 34.19 34.19	150m: 1:47.82	36.76 250m: 3:02.86 37.40	350m: 4:19.47	38.05	
	100m: 1:11.06 36.87	200m: 2:25.46	37.64 300m: 3:41.42 38.56	400m: 4:55.98	36.51	
3.	MARTINEZ Sabina	41	CN Aquamasters	4:56.63	687	+0,79
	50m: 34.88 34.88	150m: 1:51.06	37.98 250m: 3:06.13 37.19	350m: 4:20.34	37.19	
	100m: 1:13.08 38.20	200m: 2:28.94	37.88 300m: 3:43.15 37.02	400m: 4:56.63	36.29	
4.	SA MEDEIROS QUINTELA LUCAS Mar41a	41a	Clube de Natacao do Litoral Alentejano	4:59.81	665	+0,86
	50m: 33.51 33.51	150m: 1:47.77	37.64 250m: 3:04.51 38.10	350m: 4:21.93	38.73	
	100m: 1:10.13 36.62	200m: 2:26.41	38.64 300m: 3:43.20 38.69	400m: 4:59.81	37.88	
5.	GALVIN Johanna	40	Aer Lingus Masters	5:00.51	660	+0,90
	50m: 33.16 33.16	150m: 1:48.01	37.77 250m: 3:03.86 37.88	350m: 4:21.53	39.13	
	100m: 1:10.24 37.08	200m: 2:25.98	37.97 300m: 3:42.40 38.54	400m: 5:00.51	38.98	
6.	SCENDRATE Valentina	42	ASD Natatio Master Team	5:06.09	625	
	50m: 34.74 34.74	150m: 1:51.25	38.62 250m: 3:08.93 39.07	350m: 4:27.65	39.55	
	100m: 1:12.63 37.89	200m: 2:29.86	38.61 300m: 3:48.10 39.17	400m: 5:06.09	38.44	
7.	CARBONELL Maria	40	CE Marnaton	5:15.56	570	+0,89
	50m: 34.78 34.78	150m: 1:53.73	40.01 250m: 3:14.78 40.28	350m: 4:35.62	40.32	
	100m: 1:13.72 38.94	200m: 2:34.50	40.77 300m: 3:55.30 40.52	400m: 5:15.56	39.94	
8.	TIEDTKE Stefanie	42	SG Lunen	5:43.10	444	+0,87
	50m: 36.48 36.48	150m: 1:59.99	42.34 250m: 3:26.63 43.13	350m: 4:57.59	46.54	
	100m: 1:17.65 41.17	200m: 2:43.50	43.51 300m: 4:11.05 44.42	400m: 5:43.10	45.51	
9.	TARKOWSKA Iwona	43	Masters AVIA Swidnik	6:15.76	338	+0,95
	50m: 40.78 40.78	150m: 2:12.47	46.59 250m: 3:50.59 49.60	350m: 5:29.85	49.57	
	100m: 1:25.88 45.10	200m: 3:00.99	48.52 300m: 4:40.28 49.69	400m: 6:15.76	45.91	
10.	IAREMENKO Maryna	42	G-Udine	6:36.21	288	+0,83
	50m: 42.53 42.53	150m: 2:24.03	51.89 250m: 4:06.98 50.92	350m: 5:49.30	51.10	
	100m: 1:32.14 49.61	200m: 3:16.06	52.03 300m: 4:58.20 51.22	400m: 6:36.21	46.91	

Masters 45+

1.	ALFONSI Sara	45	Circolo Canottieri Aniene	4:41.71	831	+0,78
	<i>European Masters Championships Record</i>					
	50m: 31.94 31.94	150m: 1:42.06	35.50 250m: 2:53.82 35.98	350m: 4:06.28	36.44	
	100m: 1:06.56 34.62	200m: 2:17.84	35.78 300m: 3:29.84 36.02	400m: 4:41.71	35.43	
2.	VON REKOWSKI Annett	49	SV Gera	4:51.41	750	+0,85
	50m: 33.34 33.34	150m: 1:46.49	37.12 250m: 3:01.25 37.34	350m: 4:15.23	36.87	
	100m: 1:09.37 36.03	200m: 2:23.91	37.42 300m: 3:38.36 37.11	400m: 4:51.41	36.18	
3.	SMITH Rebecca	46	Tigersharks ASC	4:53.81	732	+0,96
	50m: 33.13 33.13	150m: 1:46.27	37.10 250m: 3:01.35 37.65	350m: 4:16.69	37.54	
	100m: 1:09.17 36.04	200m: 2:23.70	37.43 300m: 3:39.15 37.80	400m: 4:53.81	37.12	
4.	LUGANO Valentina	45	ASD Natatio Master Team	4:56.17	715	+0,87
	50m: 34.28 34.28	150m: 1:46.83	36.47 250m: 3:01.62 37.74	350m: 4:17.99	38.30	
	100m: 1:10.36 36.08	200m: 2:23.88	37.05 300m: 3:39.69 38.07	400m: 4:56.17	38.18	
5.	REULAND Carole	47	Swimming Club le Dauphin Ettelbruck	4:59.36	692	+0,89
	50m: 32.92 32.92	150m: 1:46.96	37.65 250m: 3:03.37 38.13	350m: 4:21.06	39.00	
	100m: 1:09.31 36.39	200m: 2:25.24	38.28 300m: 3:42.06 38.69	400m: 4:59.36	38.30	
6.	BORRELLO Clizia	49	ASD Natatio Master Team	5:07.72	637	+0,84
	50m: 34.45 34.45	150m: 1:51.66	39.06 250m: 3:09.79 39.00	350m: 4:28.86	39.63	
	100m: 1:12.60 38.15	200m: 2:30.79	39.13 300m: 3:49.23 39.44	400m: 5:07.72	38.86	

Event 129, Women, 400m Freestyle, Masters 45+

rank	name		age								time	Pts	RT
7.	JEROMEN Tina		48		SD Riba						5:08.79	631	+0,90
	50m:	33.80	33.80	150m:	1:50.90	39.26	250m:	3:09.62	39.37	350m:	4:28.97	39.80	
	100m:	1:11.64	37.84	200m:	2:30.25	39.35	300m:	3:49.17	39.55	400m:	5:08.79	39.82	
8.	SCHUTZENDUBEL Trixi		47		SG Hamburg-West						5:16.23	587	+0,92
	50m:	35.38	35.38	150m:	1:54.82	40.29	250m:	3:16.23	40.57	350m:	4:37.67	40.76	
	100m:	1:14.53	39.15	200m:	2:35.66	40.84	300m:	3:56.91	40.68	400m:	5:16.23	38.56	
9.	ARPINAR AVSAR Pinar		46		Turkish Swimming Fed.						5:23.19	550	+0,86
	50m:	34.08	34.08	150m:	1:50.89	39.36	250m:	3:12.56	41.33	350m:	4:39.43	44.01	
	100m:	1:11.53	37.45	200m:	2:31.23	40.34	300m:	3:55.42	42.86	400m:	5:23.19	43.76	
10.	BORYSHKEVYCH Nataliia		49		Ukraine Swim						5:26.83	532	+0,81
	50m:	37.66	37.66	150m:	2:00.52	41.61	250m:	3:23.82	41.51	350m:	4:46.99	41.32	
	100m:	1:18.91	41.25	200m:	2:42.31	41.79	300m:	4:05.67	41.85	400m:	5:26.83	39.84	
11.	LORENC Agnieszka		45		Uks Zsms						5:28.33	524	+0,94
	50m:	34.81	34.81	150m:	1:53.44	39.97	250m:	3:18.11	42.96	350m:	4:44.69	43.64	
	100m:	1:13.47	38.66	200m:	2:35.15	41.71	300m:	4:01.05	42.94	400m:	5:28.33	43.64	
12.	STEFKOVA Ivica		46		NVR swimming						5:39.26	475	+0,93
	50m:	36.65	36.65	150m:	1:59.19	42.45	250m:	3:27.78	44.60	350m:	4:57.58	45.11	
	100m:	1:16.74	40.09	200m:	2:43.18	43.99	300m:	4:12.47	44.69	400m:	5:39.26	41.68	
13.	BALOGH Anna		46		PK 11 April Beograd						5:53.37	421	+0,91
	50m:	38.12	38.12	150m:	2:03.84	43.40	250m:	3:33.96	45.60	350m:	5:08.25	47.15	
	100m:	1:20.44	42.32	200m:	2:48.36	44.52	300m:	4:21.10	47.14	400m:	5:53.37	45.12	
14.	BAUMAH Evelyne		47		SVSt. Gallen Wittenbach						5:53.74	419	+0,93
	50m:	38.84	38.84	150m:	2:07.83	45.32	250m:	3:39.46	45.77	350m:	5:10.61	45.41	
	100m:	1:22.51	43.67	200m:	2:53.69	45.86	300m:	4:25.20	45.74	400m:	5:53.74	43.13	
15.	KLARECKA Monika		48		MUKS Zgierz						6:35.86	299	+0,96
	50m:	42.73	42.73	150m:	2:21.34	50.34	250m:	4:02.77	50.69	350m:	5:47.34	52.09	
	100m:	1:31.00	48.27	200m:	3:12.08	50.74	300m:	4:55.25	52.48	400m:	6:35.86	48.52	