

Event 29
 13.12.2025 - 10:25

Women, 400m Freestyle

 50 - 104 years
 Results

Points: AQUA Master 2025

| rank | name | age | time | Pts | RT |
|--------------------|--|-------|------------------------------|----------------|---------------|
| Masters 50+ | | | | | |
| 1. | JOLING Liselotte | 50 | PSV | 4:46.84 | 870 +0,89 |
| | <i>European Masters Championships Record</i> | | | | |
| | 50m: 33.12 | 33.12 | 150m: 1:45.45 | 36.40 | 250m: 2:58.81 |
| | 100m: 1:09.05 | 35.93 | 200m: 2:22.42 | 36.97 | 300m: 3:35.42 |
| | | | | 350m: 4:11.49 | 36.07 |
| | | | | 400m: 4:46.84 | 35.35 |
| 2. | NILSSON Malin | 52 | Goteborg Sim | 4:52.56 | 820 +0,76 |
| | 50m: 32.58 | 32.58 | 150m: 1:45.45 | 37.03 | 250m: 3:00.12 |
| | 100m: 1:08.42 | 35.84 | 200m: 2:22.76 | 37.31 | 300m: 3:37.61 |
| | | | | 350m: 4:15.39 | 37.78 |
| | | | | 400m: 4:52.56 | 37.17 |
| 3. | PARTRIDGE Jessica | 50 | Stroud Masters Swimming Club | 4:53.86 | 809 +0,76 |
| | 50m: 34.19 | 34.19 | 150m: 1:47.43 | 36.78 | 250m: 3:02.02 |
| | 100m: 1:10.65 | 36.46 | 200m: 2:24.63 | 37.20 | 300m: 3:39.44 |
| | | | | 350m: 4:17.00 | 37.56 |
| | | | | 400m: 4:53.86 | 36.86 |
| 4. | STARK Sofia | 50 | Pitea Sim | 5:00.18 | 759 +0,68 |
| | 50m: 34.61 | 34.61 | 150m: 1:50.72 | 38.42 | 250m: 3:06.84 |
| | 100m: 1:12.30 | 37.69 | 200m: 2:29.05 | 38.33 | 300m: 3:45.14 |
| | | | | 350m: 4:23.20 | 38.06 |
| | | | | 400m: 5:00.18 | 36.98 |
| 5. | VILA FORTUNY Marta | 53 | C.E.N. Cabrera de Mar | 5:15.93 | 651 +0,76 |
| | 50m: 35.30 | 35.30 | 150m: 1:52.83 | 39.46 | 250m: 3:13.18 |
| | 100m: 1:13.37 | 38.07 | 200m: 2:33.12 | 40.29 | 300m: 3:53.99 |
| | | | | 350m: 4:35.14 | 41.15 |
| | | | | 400m: 5:15.93 | 40.79 |
| 6. | VALENCIANO BARBA Raquel | 50 | CN Mediterraneo Valencia | 6:18.02 | 380 +0,96 |
| | 50m: 40.17 | 40.17 | 150m: 2:14.04 | 47.71 | 250m: 3:52.08 |
| | 100m: 1:26.33 | 46.16 | 200m: 3:02.61 | 48.57 | 300m: 4:41.84 |
| | | | | 350m: 5:30.74 | 48.90 |
| | | | | 400m: 6:18.02 | 47.28 |
| 7. | WOJCICKA Anna | 50 | SP Masters Lublin | 6:24.44 | 361 |
| | 50m: 38.62 | 38.62 | 150m: 2:11.97 | 48.20 | 250m: 3:51.86 |
| | 100m: 1:23.77 | 45.15 | 200m: 3:01.28 | 49.31 | 300m: 4:42.86 |
| | | | | 350m: 5:34.41 | 51.55 |
| | | | | 400m: 6:24.44 | 50.03 |
| 8. | VAN LINDT Kathy | 54 | C.N.S.W | 6:42.39 | 315 +0,97 |
| | 50m: 45.03 | 45.03 | 150m: 2:26.48 | 51.51 | 250m: 4:12.06 |
| | 100m: 1:34.97 | 49.94 | 200m: 3:19.63 | 53.15 | 300m: 5:05.27 |
| | | | | 350m: 5:55.83 | 50.56 |
| | | | | 400m: 6:42.39 | 46.56 |
| 9. | COLAIANNI Silvia | 52 | My Sport SSD | 7:00.31 | 276 +0,94 |
| | 50m: 43.92 | 43.92 | 150m: 2:27.83 | 52.83 | 250m: 4:17.22 |
| | 100m: 1:35.00 | 51.08 | 200m: 3:21.01 | 53.18 | 300m: 5:13.28 |
| | | | | 350m: 6:00.00 | 56.06 |
| | | | | 400m: 7:00.31 | |
| 10. | FRITZ Britta | 54 | SC Janus Koln | 7:07.57 | 262 |
| | 50m: 49.51 | 49.51 | 150m: 2:35.89 | 53.87 | 250m: 4:24.58 |
| | 100m: 1:42.02 | 52.51 | 200m: 3:29.76 | 53.87 | 300m: 5:19.04 |
| | | | | 350m: 6:14.07 | 55.03 |
| | | | | 400m: 7:07.57 | 53.50 |
| 11. | HUMM Tina | 50 | WSV Schermbeck | 7:13.80 | 251 +0,94 |
| | 50m: 44.28 | 44.28 | 150m: 2:29.35 | 54.39 | 250m: 4:21.67 |
| | 100m: 1:34.96 | 50.68 | 200m: 3:25.07 | 55.72 | 300m: 5:19.70 |
| | | | | 350m: 6:16.19 | 56.49 |
| | | | | 400m: 7:13.80 | 57.61 |
| Masters 55+ | | | | | |
| 1. | ZIEGLER Ina | 59 | Berliner TSC | 4:55.69 | 825 +0,83 |
| | 50m: 33.82 | 33.82 | 150m: 1:47.59 | 37.11 | 250m: 3:02.34 |
| | 100m: 1:10.48 | 36.66 | 200m: 2:24.90 | 37.31 | 300m: 3:40.27 |
| | | | | 350m: 4:18.29 | 38.02 |
| | | | | 400m: 4:55.69 | 37.40 |
| 2. | HRYTSIUK Olena | 55 | Ukraine Swim | 4:57.22 | 812 +0,89 |
| | 50m: 33.89 | 33.89 | 150m: 1:47.23 | 37.35 | 250m: 3:03.32 |
| | 100m: 1:09.88 | 35.99 | 200m: 2:25.36 | 38.13 | 300m: 3:42.04 |
| | | | | 350m: 4:19.91 | 37.87 |
| | | | | 400m: 4:57.22 | 37.31 |
| 3. | DELAENDER Katrien | 59 | Dzv | 5:01.17 | 780 +0,80 |
| | 50m: 33.50 | 33.50 | 150m: 1:48.54 | 38.18 | 250m: 3:06.11 |
| | 100m: 1:10.36 | 36.86 | 200m: 2:27.26 | 38.72 | 300m: 3:45.09 |
| | | | | 350m: 4:24.12 | 39.03 |
| | | | | 400m: 5:01.17 | 37.05 |
| 4. | SNELL Carol | 59 | CN Mediterraneo Valencia | 5:08.29 | 728 +0,86 |
| | 50m: 35.05 | 35.05 | 150m: 1:53.43 | 39.53 | 250m: 3:11.48 |
| | 100m: 1:13.90 | 38.85 | 200m: 2:33.08 | 39.65 | 300m: 3:50.41 |
| | | | | 350m: 4:30.26 | 39.85 |
| | | | | 400m: 5:08.29 | 38.03 |

Event 29, Women, 400m Freestyle, Masters 55+

| rank | name | age | time | Pts | RT |
|------|---|-----|-------------------------------|----------------|-----------|
| 5. | VAN BON-ROSENBRAND Lidia | 55 | ZPC AMERSFOORT | 5:11.58 | 705 +0,82 |
| | 50m: 35.29 35.29 150m: 1:54.08 39.88 250m: 3:14.53 39.49 350m: 4:33.94 39.85 | | | | |
| | 100m: 1:14.20 38.91 200m: 2:35.04 40.96 300m: 3:54.09 39.56 400m: 5:11.58 37.64 | | | | |
| 6. | ASHAUER Katharina | 55 | SG Wuppertal | 5:36.90 | 557 +0,75 |
| | 50m: 39.39 39.39 150m: 2:04.67 43.04 250m: 3:30.72 42.96 350m: 4:56.07 42.67 | | | | |
| | 100m: 1:21.63 42.24 200m: 2:47.76 43.09 300m: 4:13.40 42.68 400m: 5:36.90 40.83 | | | | |
| 7. | CAMPILLO VALLMAJOR Nuria | 56 | C.E.N. Cabrera de Mar | 5:51.65 | 490 +0,58 |
| | 50m: 39.84 39.84 150m: 2:08.80 44.75 250m: 3:39.62 45.36 350m: 5:09.06 44.12 | | | | |
| | 100m: 1:24.05 44.21 200m: 2:54.26 45.46 300m: 4:24.94 45.32 400m: 5:51.65 42.59 | | | | |
| 8. | LUBINSKA Anna | 57 | Masters AVIA Swidnik | 7:41.70 | 216 +0,87 |
| | 50m: 44.72 44.72 150m: 2:39.76 59.06 250m: 4:40.94 1:01.03 350m: 6:45.16 1:03.20 | | | | |
| | 100m: 1:40.70 55.98 200m: 3:39.91 1:00.15 300m: 5:41.96 1:01.02 400m: 7:41.70 56.54 | | | | |
| 9. | DE MOOR Fulya Gumusburun | 56 | Istanbul Yuzme Ihtisas Kulubu | 7:45.37 | 211 |
| | 50m: 51.40 51.40 150m: 2:44.50 57.15 250m: 4:43.19 1:00.18 350m: 6:42.38 59.50 | | | | |
| | 100m: 1:47.35 55.95 200m: 3:43.01 58.51 300m: 5:42.88 59.69 400m: 7:45.37 1:02.99 | | | | |

Masters 60+

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|----|---|----|--------------------------------|----------------|-----------|
| 1. | THEATE Françoise | 62 | Royal Castor Club Mons | 5:29.03 | 633 +0,92 |
| | 50m: 37.75 37.75 150m: 2:00.29 41.86 250m: 3:23.62 41.62 350m: 4:47.76 41.98 | | | | |
| | 100m: 1:18.43 40.68 200m: 2:42.00 41.71 300m: 4:05.78 42.16 400m: 5:29.03 41.27 | | | | |
| 2. | VILIMIENE Aida | 63 | Klaipėdos plaukimo klubas | 5:42.70 | 560 +0,87 |
| | 50m: 37.70 37.70 150m: 2:02.47 43.00 250m: 3:30.40 44.27 350m: 4:59.29 44.28 | | | | |
| | 100m: 1:19.47 41.77 200m: 2:46.13 43.66 300m: 4:15.01 44.61 400m: 5:42.70 43.41 | | | | |
| 3. | FRIGOLA PEREZ Carme | 60 | CN L'Escala-Empuries | 5:50.04 | 526 +0,94 |
| | 50m: 39.92 39.92 150m: 2:07.45 44.40 250m: 3:37.23 45.35 350m: 5:06.34 44.22 | | | | |
| | 100m: 1:23.05 43.13 200m: 2:51.88 44.43 300m: 4:22.12 44.89 400m: 5:50.04 43.70 | | | | |
| 4. | LENDVAYNE HAVASI Henriette | 62 | Torokbalinti Szenior Uszo Club | 6:07.14 | 455 +0,99 |
| | 50m: 39.04 39.04 150m: 2:11.38 47.73 250m: 3:48.13 47.68 350m: 5:25.07 48.40 | | | | |
| | 100m: 1:23.65 44.61 200m: 3:00.45 49.07 300m: 4:36.67 48.54 400m: 6:07.14 42.07 | | | | |
| 5. | MAIN Gillian | 62 | Silver City Blues Masters SC | 6:11.87 | 438 +0,90 |
| | 50m: 41.30 41.30 150m: 2:13.21 46.58 250m: 3:47.92 47.48 350m: 5:24.15 48.42 | | | | |
| | 100m: 1:26.63 45.33 200m: 3:00.44 47.23 300m: 4:35.73 47.81 400m: 6:11.87 47.72 | | | | |
| 6. | PUFFING Dagmar | 63 | ATUS Judenburg | 6:19.88 | 411 |
| | 50m: 41.45 41.45 150m: 2:17.42 48.09 250m: 3:54.00 48.32 350m: 5:32.01 49.22 | | | | |
| | 100m: 1:29.33 47.88 200m: 3:05.68 48.26 300m: 4:42.79 48.79 400m: 6:19.88 47.87 | | | | |
| 7. | KOTECKA Anna | 60 | KS Warta Poznan | 6:28.44 | 384 |
| | 50m: 43.20 43.20 150m: 2:18.91 48.78 250m: 3:58.81 50.31 350m: 5:40.02 50.53 | | | | |
| | 100m: 1:30.13 46.93 200m: 3:08.50 49.59 300m: 4:49.49 50.68 400m: 6:28.44 48.42 | | | | |
| 8. | AKARPINAR Zehra | 62 | Uskudar Su Sporlari Kulubu | 6:44.20 | 341 +0,90 |
| | 50m: 43.27 43.27 150m: 2:21.80 50.04 250m: 4:05.29 51.47 350m: 5:52.17 53.47 | | | | |
| | 100m: 1:31.76 48.49 200m: 3:13.82 52.02 300m: 4:58.70 53.41 400m: 6:44.20 52.03 | | | | |
| 9. | ALKAN Keriman | 60 | Frekans Yuzme Akademisi S.K. | 7:10.57 | 282 |
| | 50m: 48.93 48.93 150m: 2:40.99 55.96 250m: 4:29.97 54.16 350m: 6:19.08 54.10 | | | | |
| | 100m: 1:45.03 56.10 200m: 3:35.81 54.82 300m: 5:24.98 55.01 400m: 7:10.57 51.49 | | | | |

Masters 65+

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|----|---|----|-------------------------------|----------------|-----------|
| 1. | RENGA Simonetta | 65 | Gryphus Sporting Club Perugia | 5:48.19 | 653 +0,77 |
| | <i>European Masters Championships Record</i> | | | | |
| | 50m: 40.85 40.85 150m: 2:07.88 44.31 250m: 3:36.85 44.11 350m: 5:04.84 44.03 | | | | |
| | 100m: 1:23.57 42.72 200m: 2:52.74 44.86 300m: 4:20.81 43.96 400m: 5:48.19 43.35 | | | | |

Event 29, Women, 400m Freestyle, Masters 65+

| rank | name | age | time | Pts | RT |
|------|------------------------|-----------------------|-------------------------------------|-----------------------|-----------|
| 2. | UHLIG Kerstin Marcella | 65 | SG Wetterau | 5:53.43 | 624 +0,91 |
| | 50m: 38.47 38.47 | 150m: 2:04.02 43.73 | 250m: 3:34.98 45.75 | 350m: 5:07.71 46.44 | |
| | 100m: 1:20.29 41.82 | 200m: 2:49.23 45.21 | 300m: 4:21.27 46.29 | 400m: 5:53.43 45.72 | |
| 3. | OMAN Barbara | 65 | SD Riba | 6:18.60 | 507 |
| | 50m: 41.01 41.01 | 150m: 2:13.50 47.75 | 250m: 3:51.45 48.85 | 350m: 5:29.67 49.49 | |
| | 100m: 1:25.75 44.74 | 200m: 3:02.60 49.10 | 300m: 4:40.18 48.73 | 400m: 6:18.60 48.93 | |
| 4. | BEREZVAI Arpadne | 68 | Szentesi Delfin ESC | 6:23.25 | 489 |
| | 50m: 42.13 42.13 | 150m: 2:17.85 49.01 | 250m: 3:56.86 49.78 | 350m: 5:36.10 49.60 | |
| | 100m: 1:28.84 46.71 | 200m: 3:07.08 49.23 | 300m: 4:46.50 49.64 | 400m: 6:23.25 47.15 | |
| 5. | HARTLE Catherine | 67 | City of Sheffield | 6:28.92 | 468 +0,93 |
| | 50m: 42.16 42.16 | 150m: 2:17.44 48.97 | 250m: 3:56.84 50.15 | 350m: 5:38.74 50.97 | |
| | 100m: 1:28.47 46.31 | 200m: 3:06.69 49.25 | 300m: 4:47.77 50.93 | 400m: 6:28.92 50.18 | |
| 6. | BIEGLER Ilse | 68 | Schwimmunion Modling | 7:11.86 | 342 |
| | 50m: 46.12 46.12 | 150m: 2:36.83 56.50 | 250m: 4:28.58 56.38 | 350m: 6:19.97 55.17 | |
| | 100m: 1:40.33 54.21 | 200m: 3:32.20 55.37 | 300m: 5:24.80 56.22 | 400m: 7:11.86 51.89 | |
| 7. | PEREZ Chantal | 69 | Masters Natation Langon Sud Gironde | 8:29.88 | 207 +0,93 |
| | 50m: 56.76 56.76 | 150m: 3:04.86 1:05.37 | 250m: 5:16.11 1:05.35 | 350m: 7:26.97 1:05.02 | |
| | 100m: 1:59.49 1:02.73 | 200m: 4:10.76 1:05.90 | 300m: 6:21.95 1:05.84 | 400m: 8:29.88 1:02.91 | |

Masters 70+

| | | | | | |
|----|--|-----------------------|-------------------------|-----------------------|-----------|
| 1. | PASMA Margriet | 70 | TriVia | 6:09.62 | 638 +0,97 |
| | <i>European Masters Championships Record</i> | | | | |
| | 50m: 42.78 42.78 | 150m: 2:16.67 47.47 | 250m: 3:51.67 47.47 | 350m: 5:26.03 46.89 | |
| | 100m: 1:29.20 46.42 | 200m: 3:04.20 47.53 | 300m: 4:39.14 47.47 | 400m: 6:09.62 43.59 | |
| 2. | STOCKINGER Michaela | 70 | SC Hakoah Wien | 6:42.76 | 493 |
| | 50m: 44.81 44.81 | 150m: 2:26.39 51.76 | 250m: 4:09.62 51.55 | 350m: 5:53.06 51.81 | |
| | 100m: 1:34.63 49.82 | 200m: 3:18.07 51.68 | 300m: 5:01.25 51.63 | 400m: 6:42.76 49.70 | |
| 3. | VOOLMAA Sirje | 72 | Meisterujumise U-Klubi | 7:51.14 | 308 +0,84 |
| | 50m: 49.01 49.01 | 150m: 2:46.31 1:00.63 | 250m: 4:49.73 1:00.95 | 350m: 6:53.87 1:01.47 | |
| | 100m: 1:45.68 56.67 | 200m: 3:48.78 1:02.47 | 300m: 5:52.40 1:02.67 | 400m: 7:51.14 57.27 | |
| 4. | SCHREINER Christine | 70 | Salzburger TV Schwimmen | 8:33.51 | 238 |
| | 50m: 55.30 55.30 | 150m: 3:00.62 1:03.80 | 250m: 5:13.36 1:07.44 | 350m: 7:28.85 1:08.60 | |
| | 100m: 1:56.82 1:01.52 | 200m: 4:05.92 1:05.30 | 300m: 6:20.25 1:06.89 | 400m: 8:33.51 1:04.66 | |
| 5. | MEERWALDT Geerdien | 73 | De Geul | 9:29.30 | 174 +0,97 |
| | 50m: 1:03.19 1:03.19 | 150m: 3:24.49 1:11.40 | 250m: 5:49.10 1:12.38 | 350m: 8:17.17 1:13.74 | |
| | 100m: 2:13.09 1:09.90 | 200m: 4:36.72 1:12.23 | 300m: 7:03.43 1:14.33 | 400m: 9:29.30 1:12.13 | |

Masters 75+

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|----|--|-----------------------|-------------------------|-----------------------|-----------|
| 1. | BOER-BUIJS Conny | 75 | ZV Vlaardingen-Schiedam | 6:17.55 | 931 +0,95 |
| | <i>European Masters Championships Record</i> | | | | |
| | 50m: 41.00 41.00 | 150m: 2:15.90 48.89 | 250m: 3:54.33 49.22 | 350m: 5:31.94 48.52 | |
| | 100m: 1:27.01 46.01 | 200m: 3:05.11 49.21 | 300m: 4:43.42 49.09 | 400m: 6:17.55 45.61 | |
| 2. | NESTOR Irene | 75 | Basel Aquatics | 6:52.36 | 715 |
| | 50m: 49.81 49.81 | 150m: 2:35.65 53.40 | 250m: 4:21.45 53.00 | 350m: 6:04.23 51.01 | |
| | 100m: 1:42.25 52.44 | 200m: 3:28.45 52.80 | 300m: 5:13.22 51.77 | 400m: 6:52.36 48.13 | |
| 3. | SIIKARLA Pirkko | 79 | Uintiklubi Nereus | 8:16.01 | 410 |
| | 50m: 55.32 55.32 | 150m: 2:59.32 1:02.81 | 250m: 5:06.85 1:03.94 | 350m: 7:14.43 1:03.08 | |
| | 100m: 1:56.51 1:01.19 | 200m: 4:02.91 1:03.59 | 300m: 6:11.35 1:04.50 | 400m: 8:16.01 1:01.58 | |
| 4. | SZEMBERG Anna | 76 | Warsaw Masters Team | 9:59.47 | 232 |
| | 50m: 1:06.08 1:06.08 | 150m: 3:40.61 1:17.84 | 250m: 6:16.33 1:17.95 | 350m: 8:46.73 1:14.19 | |
| | 100m: 2:22.77 1:16.69 | 200m: 4:58.38 1:17.77 | 300m: 7:32.54 1:16.21 | 400m: 9:59.47 1:12.74 | |

Event 29, Women, 400m Freestyle

Masters 80+

| | | | | | |
|----|----------------------------|---------------|-------------------------------|----------------|-----------------------|
| 1. | LETTSTROM RAYNAUD Marianne | 81 | Boulogne Billancourt Natation | 8:58.21 | 360 |
| | 50m: 55.02 55.02 | 150m: 3:07.68 | 1:05.53 250m: 5:27.12 | 1:09.79 | 350m: 7:46.14 1:09.64 |
| | 100m: 2:02.15 1:07.13 | 200m: 4:17.33 | 1:09.65 300m: 6:36.50 | 1:09.38 | 400m: 8:58.21 1:12.07 |
| 2. | VAN HUISSTEDEN Loekie | 80 | ZPC AMERSFOORT | 9:38.41 | 290 |
| | 50m: 1:00.64 1:00.64 | 150m: 3:22.36 | 1:10.97 250m: 5:50.68 | 1:14.35 | 350m: 8:23.24 1:16.57 |
| | 100m: 2:11.39 1:10.75 | 200m: 4:36.33 | 1:13.97 300m: 7:06.67 | 1:15.99 | 400m: 9:38.41 1:15.17 |