



Liga Szkół Mistrzostwa Sportowego - II runda
Lublin, 7. - 8.3.2026

Konkurencja 3
07.03.2026 - 16:11

Kobiet, 400m zmienny

Open
Wyniki

Punkty: AQUA 2025

Pozycja			Wiek					Czas	Pkt.	CR	
1.	PRZYBYLSKA Oliwia		19	SMS Lublin				4:58.10	697	+0.88	
	50m:	31.54 31.54	150m:	1:46.05	38.67	250m:	3:04.93	41.57	350m:	4:22.66	35.66
	100m:	1:07.38 35.84	200m:	2:23.36	37.31	300m:	3:47.00	42.07	400m:	4:58.10	35.44
2.	BRZozowska Julia		18	SMS Lublin				5:06.10	644	+0.76	
	50m:	32.24 32.24	150m:	1:45.93	37.58	250m:	3:08.01	45.03	350m:	4:30.64	36.95
	100m:	1:08.35 36.11	200m:	2:22.98	37.05	300m:	3:53.69	45.68	400m:	5:06.10	35.46
3.	MILANCEJ El bieta		17	SMS Warszawa Konwiktorska				5:07.69	634	+0.74	
	50m:	31.69 31.69	150m:	1:49.38	41.25	250m:	3:13.03	42.63	350m:	4:32.74	36.53
	100m:	1:08.13 36.44	200m:	2:30.40	41.02	300m:	3:56.21	43.18	400m:	5:07.69	34.95
4.	DUDA Natalia		16	SMS Szczecin				5:09.49	623	+0.85	
	50m:	33.01 33.01	150m:	1:51.06	41.67	250m:	3:17.98	46.81	350m:	4:36.21	33.79
	100m:	1:09.39 36.38	200m:	2:31.17	40.11	300m:	4:02.42	44.44	400m:	5:09.49	33.28
5.	KUCZMAR Aleksandra		17	SMS Warszawa Konwiktorska				5:11.41	611	+0.75	
	50m:	32.56 32.56	150m:	1:51.14	41.07	250m:	3:15.59	45.31	350m:	4:36.85	35.37
	100m:	1:10.07 37.51	200m:	2:30.28	39.14	300m:	4:01.48	45.89	400m:	5:11.41	34.56
6.	MATYJASEK Olga		16	SMS Racibórz				5:13.52	599	+0.73	
	50m:	31.36 31.36	150m:	1:49.49	40.40	250m:	3:15.55	46.33	350m:	4:38.90	36.47
	100m:	1:09.09 37.73	200m:	2:29.22	39.73	300m:	4:02.43	46.88	400m:	5:13.52	34.62
7.	WO AKOWSKA Zofia		19	SMS Lublin				5:13.69	598	+0.75	
	50m:	33.21 33.21	150m:	1:53.56	41.87	250m:	3:17.39	43.05	350m:	4:37.57	36.68
	100m:	1:11.69 38.48	200m:	2:34.34	40.78	300m:	4:00.89	43.50	400m:	5:13.69	36.12
8.	POLAK Iga		17	SMS O wi cim				5:16.34	583	+0.84	
	50m:	32.96 32.96	150m:	1:51.78	41.00	250m:	3:19.89	48.82	350m:	4:42.57	34.57
	100m:	1:10.78 37.82	200m:	2:31.07	39.29	300m:	4:08.00	48.11	400m:	5:16.34	33.77
9.	KARPOWICZ Oliwia		17	SMS Ostrowiec				5:18.63	571	+0.79	
	50m:	32.65 32.65	150m:	1:52.72	42.50	250m:	3:18.08	44.50	350m:	4:41.78	39.08
	100m:	1:10.22 37.57	200m:	2:33.58	40.86	300m:	4:02.70	44.62	400m:	5:18.63	36.85
10.	PASTUSZUK Zuzanna		16	SMS Lublin				5:19.84	564	+0.81	
	50m:	33.04 33.04	150m:	1:52.26	42.44	250m:	3:19.67	47.12	350m:	4:43.25	36.61
	100m:	1:09.82 36.78	200m:	2:32.55	40.29	300m:	4:06.64	46.97	400m:	5:19.84	36.59
11.	NOWACKA Emilia		16	SMS Kraków				5:20.94	559	+0.81	
	50m:	33.16 33.16	150m:	1:54.89	42.81	250m:	3:20.38	44.16	350m:	4:43.65	38.08
	100m:	1:12.08 38.92	200m:	2:36.22	41.33	300m:	4:05.57	45.19	400m:	5:20.94	37.29
12.	SKRZYPCZAK Natalia		19	SMS Racibórz				5:21.06	558	+0.80	
	50m:	33.43 33.43	150m:	1:54.15	41.80	250m:	3:20.56	45.35	350m:	4:43.97	38.21
	100m:	1:12.35 38.92	200m:	2:35.21	41.06	300m:	4:05.76	45.20	400m:	5:21.06	37.09
13.	BADURA Oliwia		19	SMS Warszawa Bielany				5:21.68	555	+0.84	
	50m:	33.69 33.69	150m:	1:55.73	41.72	250m:	3:22.18	44.93	350m:	4:45.59	38.44
	100m:	1:14.01 40.32	200m:	2:37.25	41.52	300m:	4:07.15	44.97	400m:	5:21.68	36.09
14.	MAŁOLEPSZA Weronika		19	SMS Szczecin				5:21.90	554	+0.67	
	50m:	34.38 34.38	150m:	1:53.96	40.22	250m:	3:23.99	48.86	350m:	4:48.62	34.96
	100m:	1:13.74 39.36	200m:	2:35.13	41.17	300m:	4:13.66	49.67	400m:	5:21.90	33.28
15.	WIECZOREK Michalina		17	SMS O wi cim				5:26.47	531	+0.72	
	50m:	32.99 32.99	150m:	1:53.88	43.65	250m:	3:25.60	49.51	350m:	4:51.15	35.75
	100m:	1:10.23 37.24	200m:	2:36.09	42.21	300m:	4:15.40	49.80	400m:	5:26.47	35.32
16.	MŁOTEK Hanna		17	SMS Wrocław				5:26.79	529	+0.73	
	50m:	32.16 32.16	150m:	1:50.24	41.46	250m:	3:18.81	47.09	350m:	4:47.81	40.83
	100m:	1:08.78 36.62	200m:	2:31.72	41.48	300m:	4:06.98	48.17	400m:	5:26.79	38.98



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Pozycja			Wiek						Czas	Pkt.	CR
17.	KRAWIEC Selena		16	SMS Gda sk				5:27.39	526	+0.85	
	50m:	33.54 33.54	150m:	1:58.07 43.78	250m:	3:26.54 46.50	350m:	4:51.58 37.78			
	100m:	1:14.29 40.75	200m:	2:40.04 41.97	300m:	4:13.80 47.26	400m:	5:27.39 35.81			
18.	JANECKA Zuzanna		15	SMS Bydgoszcz				5:28.52	521	+0.72	
	50m:	33.00 33.00	150m:	1:54.25 41.17	250m:	3:22.96 46.85	350m:	4:51.00 39.14			
	100m:	1:13.08 40.08	200m:	2:36.11 41.86	300m:	4:11.86 48.90	400m:	5:28.52 37.52			
19.	PI TEK Nadia		16	SMS Wrocław				5:29.66	515	+0.65	
	50m:	33.22 33.22	150m:	1:57.94 45.21	250m:	3:25.94 44.34	350m:	4:51.73 39.80			
	100m:	1:12.73 39.51	200m:	2:41.60 43.66	300m:	4:11.93 45.99	400m:	5:29.66 37.93			
20.	WALCZYK Hanna		16	SMS Bydgoszcz				5:30.36	512	+0.79	
	50m:	32.66 32.66	150m:	1:53.86 43.29	250m:	3:25.53 49.29	350m:	4:53.33 38.17			
	100m:	1:10.57 37.91	200m:	2:36.24 42.38	300m:	4:15.16 49.63	400m:	5:30.36 37.03			
21.	KLAJMON Karolina		16	SMS Kraków				5:32.97	500	+0.79	
	50m:	32.75 32.75	150m:	1:54.13 43.96	250m:	3:25.90 48.47	350m:	4:54.59 39.75			
	100m:	1:10.17 37.42	200m:	2:37.43 43.30	300m:	4:14.84 48.94	400m:	5:32.97 38.38			
22.	JACIOW Magdalena		16	SMS Kraków				5:33.45	498	+0.85	
	50m:	34.26 34.26	150m:	1:59.64 45.69	250m:	3:29.03 45.46	350m:	4:55.97 40.07			
	100m:	1:13.95 39.69	200m:	2:43.57 43.93	300m:	4:15.90 46.87	400m:	5:33.45 37.48			
23.	ŁAZAR Milena		17	SMS Szczecin				5:36.50	484	+0.86	
	50m:	37.81 37.81	150m:	2:04.71 43.01	250m:	3:34.02 47.28	350m:	4:59.42 38.47			
	100m:	1:21.70 43.89	200m:	2:46.74 42.03	300m:	4:20.95 46.93	400m:	5:36.50 37.08			
24.	CHMIELEWSKA Maria		17	SMS Warszawa Bielany				5:40.23	469	+0.76	
	50m:	32.56 32.56	150m:	1:54.75 43.75	250m:	3:26.25 48.62	350m:	4:59.06 41.82			
	100m:	1:11.00 38.44	200m:	2:37.63 42.88	300m:	4:17.24 50.99	400m:	5:40.23 41.17			
25.	UK Hanna		16	SMS Pozna				5:49.28	433	+0.80	
	50m:	35.99 35.99	150m:	2:05.24 45.49	250m:	3:41.08 51.29	350m:	5:10.27 39.01			
	100m:	1:19.75 43.76	200m:	2:49.79 44.55	300m:	4:31.26 50.18	400m:	5:49.28 39.01			