



Memoriał Henryka Kosakowskiego i Witolda Ruzikowskiego  
Lublin, 16.5.2026

Konkurencja 3, Dziewcz t, 400m dowolny, 15 - 16 lat

Pozycja			Wiek					Czas	Pkt.	CR
8.	SZEWCZAK Weronika		16	UKS SP5 Swim Lublin				<b>5:15.75</b>	407	
	50m:	35.56 35.56	150m:	1:55.81	39.96	250m:	3:17.82	40.57	350m:	4:38.93 39.97
	100m:	1:15.85 40.29	200m:	2:37.25	41.44	300m:	3:58.96	41.14	400m:	5:15.75 36.82
9.	OLEKSIUK Natalia		15	KU AZS UMCS Lublin				<b>5:24.96</b>	374	+0,61
	50m:	35.04 35.04	150m:	1:55.39	40.50	250m:	3:19.57	42.43	350m:	4:44.30 42.30
	100m:	1:14.89 39.85	200m:	2:37.14	41.75	300m:	4:02.00	42.43	400m:	5:24.96 40.66
10.	NAZARKO Antonina		16	KS Swim2Win Krosno				<b>5:25.74</b>	371	
	50m:	33.85 33.85	150m:	1:52.31	40.46	250m:	3:17.89	43.38	350m:	4:44.07 42.60
	100m:	1:11.85 38.00	200m:	2:34.51	42.20	300m:	4:01.47	43.58	400m:	5:25.74 41.67
11.	WÓJTOWICZ Lena		15	KU AZS UMCS Lublin				<b>5:40.58</b>	325	+0,92
	50m:	37.61 37.61	150m:	2:02.20	42.45	250m:	3:30.53	44.25	350m:	5:00.14 45.30
	100m:	1:19.75 42.14	200m:	2:46.28	44.08	300m:	4:14.84	44.31	400m:	5:40.58 40.44
12.	WARTACZ Laura		15	MTP Lublinianka				<b>6:38.86</b>	202	
	50m:	44.97 44.97	150m:	2:25.78	51.06	250m:	4:08.48	52.31	350m:	5:52.49 52.01
	100m:	1:34.72 49.75	200m:	3:16.17	50.39	300m:	5:00.48	52.00	400m:	6:38.86 46.37

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1.	KAZANOWSKA Klaudia		18	KU AZS UMCS Lublin				<b>4:36.03</b>	610	+0,81
	50m:	33.00 33.00	150m:	1:42.67	35.33	250m:	2:52.78	35.30	350m:	4:01.79 35.17
	100m:	1:07.34 34.34	200m:	2:17.48	34.81	300m:	3:26.62	33.84	400m:	4:36.03 34.24
2.	BRZOZOWSKA Julia		18	KU AZS UMCS Lublin				<b>4:39.38</b>	588	+0,83
	50m:	31.75 31.75	150m:	1:41.06	34.98	250m:	2:51.58	35.39	350m:	4:03.71 36.53
	100m:	1:06.08 34.33	200m:	2:16.19	35.13	300m:	3:27.18	35.60	400m:	4:39.38 35.67
3.	JAŁOWIECKA Gabriela		18	KU AZS UMCS Lublin				<b>4:39.77</b>	586	
	50m:	30.61 30.61	150m:	1:40.62	35.57	250m:	2:51.73	35.72	350m:	4:03.99 35.95
	100m:	1:05.05 34.44	200m:	2:16.01	35.39	300m:	3:28.04	36.31	400m:	4:39.77 35.78
4.	WO AKOWSKA Zofia		19	KU AZS UMCS Lublin				<b>4:42.35</b>	570	+0,80
	50m:	30.97 30.97	150m:	1:40.40	35.30	250m:	2:52.27	36.04	350m:	4:06.31 36.94
	100m:	1:05.10 34.13	200m:	2:16.23	35.83	300m:	3:29.37	37.10	400m:	4:42.35 36.04
5.	MAZUREK Dagmara		17	KU AZS UMCS Lublin				<b>4:43.47</b>	563	+0,75
	50m:	30.59 30.59	150m:	1:40.45	35.55	250m:	2:52.45	36.16	350m:	4:06.10 36.84
	100m:	1:04.90 34.31	200m:	2:16.29	35.84	300m:	3:29.26	36.81	400m:	4:43.47 37.37
6.	STUKOVA Yevheniia		18	KS OLIMPIA Lublin				<b>4:43.89</b>	561	+0,74
	50m:	33.21 33.21	150m:	1:45.79	36.09	250m:	2:57.80	35.92	350m:	4:10.05 35.83
	100m:	1:09.70 36.49	200m:	2:21.88	36.09	300m:	3:34.22	36.42	400m:	4:43.89 33.84
7.	GAWEŁKO Zuzanna		20	KU AZS UMCS Lublin				<b>4:50.12</b>	525	
	50m:	32.56 32.56	150m:	1:45.05	36.69	250m:	2:58.91	37.20	350m:	4:13.54 37.40
	100m:	1:08.36 35.80	200m:	2:21.71	36.66	300m:	3:36.14	37.23	400m:	4:50.12 36.58
8.	BATYRA Julia		18	UKS SP5 Swim Lublin				<b>4:51.47</b>	518	+0,99
	50m:	33.70 33.70	150m:	1:47.26	37.59	250m:	3:02.06	37.72	350m:	4:17.08 37.00
	100m:	1:09.67 35.97	200m:	2:24.34	37.08	300m:	3:40.08	38.02	400m:	4:51.47 34.39
9.	ADAMEK Barbara		24	KS OLIMPIA Lublin				<b>5:02.68</b>	463	+0,88
	50m:	33.12 33.12	150m:	1:48.71	38.48	250m:	3:07.12	39.77	350m:	4:25.79 39.27
	100m:	1:10.23 37.11	200m:	2:27.35	38.64	300m:	3:46.52	39.40	400m:	5:02.68 36.89
10.	MAZUREK Martyna		17	MTP Lublinianka				<b>5:23.20</b>	380	+0,68
	50m:	33.35 33.35	150m:	1:54.77	42.06	250m:	3:20.24	43.10	350m:	4:44.66 42.45
	100m:	1:12.71 39.36	200m:	2:37.14	42.37	300m:	4:02.21	41.97	400m:	5:23.20 38.54