

Główne Mistrzostwa Województwa Lubelskiego
Lublin, 30. - 31.5.2026

Konkurencja 17
30.05.2026 - 16:18

M czynn, 400m dowolny

12 lat i starsi
Wyniki

Rekord LOZP Open	3:50.57	WITKOWSKI Jan	01003	London (GBR)	16.05.2016
Rekord LOZP 19 +	3:50.57	WITKOWSKI Jan	01003	London (GBR)	16.05.2016
Rekord LOZP 18	3:57.56	WITKOWSKI Jan	01003	Ostrowiec Sw.	02.06.2012
Rekord LOZP 17	3:59.00	HEBEL Maciej	03103	Oswiecim	21.07.2022
Rekord LOZP 16	4:02.81	KLIZA Mateusz	00303	Gorzow Wlkp.	10.07.2010
Rekord LOZP 15	4:06.84	ACZEK Hubert	00603	Lublin	15.07.2023
Rekord LOZP 14	4:11.78	HOLUB Jan	00303	Debica	03.07.2010
Rekord LOZP 13	4:29.39	WIAK Jakub	00503	Oswiecim	26.06.2008
Rekord LOZP 12	4:45.31	WITKOWSKI Jan	01003	Krasnik	17.06.2006

Punkty: AQUA 2026

Pozycja			Wiek			Czas	Pkt.	CR
MŁODZIK								
1.	GRODECKI Tymon		13	KS OLIMPIA Lublin		4:48.33	443	
	50m:	32.36 32.36	150m:	1:45.07 36.77	250m:	2:58.66 36.77	350m:	4:12.46 36.48
	100m:	1:08.30 35.94	200m:	2:21.89 36.82	300m:	3:35.98 37.32	400m:	4:48.33 35.87
2.	GRODECKI Feliks		13	KS OLIMPIA Lublin		4:53.17	422	+0,68
	50m:	32.84 32.84	150m:	1:48.60 38.07	250m:	3:03.95 38.29	350m:	4:18.11 37.05
	100m:	1:10.53 37.69	200m:	2:25.66 37.06	300m:	3:41.06 37.11	400m:	4:53.17 35.06
3.	SIERPOWSKI Franciszek		13	UKS Olimpijczyk 23		4:59.55	395	
	50m:	32.52 32.52	150m:	1:48.37 38.56	250m:	3:05.64 38.73	350m:	4:22.49 38.24
	100m:	1:09.81 37.29	200m:	2:26.91 38.54	300m:	3:44.25 38.61	400m:	4:59.55 37.06
4.	LIPIEC Filip		13	MKS AVIA widnik		4:59.56	395	+0,77
	50m:	33.61 33.61	150m:	1:50.77 38.96	250m:	3:07.66 38.24	350m:	4:24.29 38.37
	100m:	1:11.81 38.20	200m:	2:29.42 38.65	300m:	3:45.92 38.26	400m:	4:59.56 35.27
5.	KOSIOR Kornel		12	KP Strzałka Puławy		5:01.08	389	+0,47
	50m:	34.39 34.39	150m:	1:51.15 38.51	250m:	3:08.17 38.60	350m:	4:24.85 38.45
	100m:	1:12.64 38.25	200m:	2:29.57 38.42	300m:	3:46.40 38.23	400m:	5:01.08 36.23
6.	KARA Filip		13	UKS Olimpijczyk 23		5:01.21	389	
	50m:	34.46 34.46	150m:	1:52.02 38.92	250m:	3:09.57 38.52	350m:	4:25.67 38.11
	100m:	1:13.10 38.64	200m:	2:31.05 39.03	300m:	3:47.56 37.99	400m:	5:01.21 35.54
7.	GÓRNY Nikodem		13	UKS Szkoła Pływania 23 Lublin		5:02.92	382	
	50m:	34.05 34.05	150m:	1:50.89 38.25	250m:	3:08.87 39.45	350m:	4:25.67 38.55
	100m:	1:12.64 38.59	200m:	2:29.42 38.53	300m:	3:47.12 38.25	400m:	5:02.92 37.25
8.	SZYC Olivier		13	KS AZS AWF Biała Podlaska		5:14.82	341	
	50m:	34.78 34.78	150m:	1:55.57 40.46	250m:	3:18.13 41.17	350m:	4:38.76 38.92
	100m:	1:15.11 40.33	200m:	2:36.96 41.39	300m:	3:59.84 41.71	400m:	5:14.82 36.06
9.	KRYSA Franciszek		13	UKS Olimpijczyk 23		5:40.83	268	
	50m:	35.48 35.48	150m:	2:01.86 45.16	250m:	3:29.36 43.68	350m:	5:00.29 44.88
	100m:	1:16.70 41.22	200m:	2:45.68 43.82	300m:	4:15.41 46.05	400m:	5:40.83 40.54
10.	ZARZYCKI Aleks		13	UKS Szkoła Pływania 23 Lublin		5:44.72	259	
	50m:	36.52 36.52	150m:	2:03.64 44.61	250m:	3:32.41 44.23	350m:	5:02.94 45.06
	100m:	1:19.03 42.51	200m:	2:48.18 44.54	300m:	4:17.88 45.47	400m:	5:44.72 41.78
11.	NASKIEWICZ Konstanty		13	RWKS Sparta Biłgoraj		5:56.26	235	+0,80
	50m:	38.73 38.73	150m:	2:08.54 45.32	250m:	3:40.93 46.01	350m:	5:13.08 46.08
	100m:	1:23.22 44.49	200m:	2:54.92 46.38	300m:	4:27.00 46.07	400m:	5:56.26 43.18
12.	JASIECZEK Maksymilian		12	MTP Lublinianka		6:31.25	177	
	50m:	40.57 40.57	150m:	2:19.78 51.12	250m:	4:02.74 51.50	350m:	5:43.98 49.86
	100m:	1:28.66 48.09	200m:	3:11.24 51.46	300m:	4:54.12 51.38	400m:	6:31.25 47.27

Główne Mistrzostwa Województwa Lubelskiego
Lublin, 30. - 31.5.2026

Konkurencja 17, M czynn, 400m dowolny

JUNIOR MŁODSZY

1.	KOSOWSKI Bartosz	14	UKS Olimpijczyk 23	4:30.71	536	+0,66
	50m: 31.39 31.39	150m: 1:41.21 35.22	250m: 2:51.03 35.45	350m: 3:59.43 33.76		
	100m: 1:05.99 34.60	200m: 2:15.58 34.37	300m: 3:25.67 34.64	400m: 4:30.71 31.28		
2.	MAKOWSKI Piotr	15	KU AZS UMCS Lublin	4:43.78	465	+0,75
	50m: 29.72 29.72	150m: 1:38.47 34.92	250m: 2:50.82 36.37	350m: 4:06.40 38.31		
	100m: 1:03.55 33.83	200m: 2:14.45 35.98	300m: 3:28.09 37.27	400m: 4:43.78 37.38		
3.	RATAJ Damian	15	UKP Fala Kra nik	4:48.73	442	
	50m: 32.78 32.78	150m: 1:46.88 37.45	250m: 3:01.97 37.24	350m: 4:14.94 35.66		
	100m: 1:09.43 36.65	200m: 2:24.73 37.85	300m: 3:39.28 37.31	400m: 4:48.73 33.79		
4.	RYBAK Anatol	15	MTP Lublinianka	4:49.05	440	+0,73
	50m: 30.96 30.96	150m: 1:43.91 37.76	250m: 2:59.96 37.86	350m: 4:15.65 37.76		
	100m: 1:06.15 35.19	200m: 2:22.10 38.19	300m: 3:37.89 37.93	400m: 4:49.05 33.40		
5.	WOJCIESZYN Mateusz	15	UKS SP5 Swim Lublin	4:51.05	431	
	50m: 32.32 32.32	150m: 1:47.75 38.65	250m: 3:03.72 37.73	350m: 4:16.70 35.80		
	100m: 1:09.10 36.78	200m: 2:25.99 38.24	300m: 3:40.90 37.18	400m: 4:51.05 34.35		
6.	SZAFRAN Adam	14	Uks Skarpa Lublin	4:56.87	406	+0,53
	50m: 32.67 32.67	150m: 1:46.03 37.77	250m: 3:02.14 38.43	350m: 4:19.47 39.13		
	100m: 1:08.26 35.59	200m: 2:23.71 37.68	300m: 3:40.34 38.20	400m: 4:56.87 37.40		
7.	PALKA Dominik	14	RWKS Sparta Biłgoraj	4:58.06	401	
	50m: 33.39 33.39	150m: 1:49.37 38.44	250m: 3:06.70 38.87	350m: 4:23.41 38.11		
	100m: 1:10.93 37.54	200m: 2:27.83 38.46	300m: 3:45.30 38.60	400m: 4:58.06 34.65		
8.	WRÓBEL Filip	14	KP Strzałka Puławy	5:00.68	391	
	50m: 33.06 33.06	150m: 1:49.31 38.51	250m: 3:07.27 39.01	350m: 4:24.68 38.41		
	100m: 1:10.80 37.74	200m: 2:28.26 38.95	300m: 3:46.27 39.00	400m: 5:00.68 36.00		
9.	DOBROWOLSKI Brunon	14	UKP Fala Kra nik	5:14.75	341	+0,65
	50m: 34.59 34.59	150m: 1:56.73 41.77	250m: 3:19.35 41.35	350m: 4:39.23 38.95		
	100m: 1:14.96 40.37	200m: 2:38.00 41.27	300m: 4:00.28 40.93	400m: 5:14.75 35.52		
10.	MATACZ Wiktor	14	UKP Fala Kra nik	5:14.97	340	
	50m: 34.35 34.35	150m: 1:56.69 42.07	250m: 3:19.69 41.69	350m: 4:39.03 38.87		
	100m: 1:14.62 40.27	200m: 2:38.00 41.31	300m: 4:00.16 40.47	400m: 5:14.97 35.94		
11.	CHMURA Szymon	14	UKS Olimpijczyk 23	5:16.28	336	+0,84
	50m: 37.11 37.11	150m: 1:58.13 40.56	250m: 3:19.82 40.97	350m: 4:39.42 39.74		
	100m: 1:17.57 40.46	200m: 2:38.85 40.72	300m: 3:59.68 39.86	400m: 5:16.28 36.86		
12.	WÓJCIK Michał	15	UKS Olimpijczyk 23	5:23.44	314	+0,75
	50m: 35.07 35.07	150m: 1:56.57 41.41	250m: 3:20.08 41.82	350m: 4:44.08 42.29		
	100m: 1:15.16 40.09	200m: 2:38.26 41.69	300m: 4:01.79 41.71	400m: 5:23.44 39.36		
13.	SZYKUŁA Igor	14	TSS TOMASOVIA Tomaszów Lub.	5:23.60	314	
	50m: 35.46 35.46	150m: 1:57.63 42.10	250m: 3:21.14 41.91	350m: 4:45.10 41.21		
	100m: 1:15.53 40.07	200m: 2:39.23 41.60	300m: 4:03.89 42.75	400m: 5:23.60 38.50		
14.	SZCZUCHNIAK Mateusz	14	KS OLIMPIA Lublin	5:30.34	295	
	50m: 36.57 36.57	150m: 2:00.50 41.91	250m: 3:27.33 43.32	350m: 4:52.45 42.44		
	100m: 1:18.59 42.02	200m: 2:44.01 43.51	300m: 4:10.01 42.68	400m: 5:30.34 37.89		
15.	JARZYŃKA Bartosz	15	UKS Trójka Puławy	5:30.65	294	+0,83
	50m: 34.83 34.83	150m: 1:58.13 42.13	250m: 3:24.56 43.50	350m: 4:51.59 43.20		
	100m: 1:16.00 41.17	200m: 2:41.06 42.93	300m: 4:08.39 43.83	400m: 5:30.65 39.06		
16.	PIETRO Michał	14	UKS Szkoła Pływania 23 Lublin	6:04.45	219	
	50m: 36.66 36.66	150m: 2:04.30 45.30	250m: 3:39.98 48.42	350m: 5:16.96 47.88		
	100m: 1:19.00 42.34	200m: 2:51.56 47.26	300m: 4:29.08 49.10	400m: 6:04.45 47.49		

Główne Mistrzostwa Województwa Lubelskiego
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Konkurencja 17, M czynn, 400m dowolny

OPEN

1.	PONIEWA Oliwier	19	KU AZS UMCS Lublin	4:05.07	723	+0,71
	50m: 28.53 28.53	150m: 1:30.30	30.64	250m: 2:31.78	30.86	350m: 3:34.97 31.52
	100m: 59.66 31.13	200m: 2:00.92	30.62	300m: 3:03.45	31.67	400m: 4:05.07 30.10
2.	JÓ WIAK Tymoteusz	18	KU AZS UMCS Lublin	4:06.31	712	+0,77
	50m: 28.82 28.82	150m: 1:30.56	30.64	250m: 2:32.36	30.82	350m: 3:34.88 30.79
	100m: 59.92 31.10	200m: 2:01.54	30.98	300m: 3:04.09	31.73	400m: 4:06.31 31.43
3.	NAWOJCZYK Michał	17	KU AZS UMCS Lublin	4:09.86	682	+0,70
	50m: 28.30 28.30	150m: 1:32.18	32.63	250m: 2:36.63	32.65	350m: 3:40.36 31.75
	100m: 59.55 31.25	200m: 2:03.98	31.80	300m: 3:08.61	31.98	400m: 4:09.86 29.50
4.	KRASKA Mateusz	19	KU AZS UMCS Lublin	4:10.18	679	+0,69
	50m: 28.78 28.78	150m: 1:32.10	32.16	250m: 2:36.06	31.88	350m: 3:39.96 31.93
	100m: 59.94 31.16	200m: 2:04.18	32.08	300m: 3:08.03	31.97	400m: 4:10.18 30.22
5.	RYNKIEWICZ Jakub	21	KU AZS UMCS Lublin	4:13.26	655	+0,49
	50m: 28.45 28.45	150m: 1:31.64	31.88	250m: 2:36.43	32.38	350m: 3:42.52 33.32
	100m: 59.76 31.31	200m: 2:04.05	32.41	300m: 3:09.20	32.77	400m: 4:13.26 30.74
6.	TRYDULSKI Wiktor	16	KU AZS UMCS Lublin	4:17.52	623	+0,57
	50m: 29.42 29.42	150m: 1:35.12	32.97	250m: 2:41.10	33.01	350m: 3:45.95 32.36
	100m: 1:02.15 32.73	200m: 2:08.09	32.97	300m: 3:13.59	32.49	400m: 4:17.52 31.57
7.	MARYJOWSKI Marcin	17	KU AZS UMCS Lublin	4:18.15	618	+0,65
	50m: 29.87 29.87	150m: 1:35.57	33.09	250m: 2:41.49	32.73	350m: 3:46.77 32.54
	100m: 1:02.48 32.61	200m: 2:08.76	33.19	300m: 3:14.23	32.74	400m: 4:18.15 31.38
8.	JABŁO SKI Maciej	16	MKS AVIA widnik	4:18.90	613	+0,77
	50m: 29.57 29.57	150m: 1:35.37	33.29	250m: 2:41.35	32.99	350m: 3:47.14 32.46
	100m: 1:02.08 32.51	200m: 2:08.36	32.99	300m: 3:14.68	33.33	400m: 4:18.90 31.76
9.	SZOREK Igor	16	KU AZS UMCS Lublin	4:18.93	613	+0,74
	50m: 29.20 29.20	150m: 1:34.23	32.91	250m: 2:40.58	33.35	350m: 3:47.07 33.08
	100m: 1:01.32 32.12	200m: 2:07.23	33.00	300m: 3:13.99	33.41	400m: 4:18.93 31.86
10.	KOROTENKO Dawyd	18	MTP Lublinianka	4:22.34	589	+0,84
	50m: 29.34 29.34	150m: 1:35.42	33.51	250m: 2:42.20	33.10	350m: 3:49.22 33.19
	100m: 1:01.91 32.57	200m: 2:09.10	33.68	300m: 3:16.03	33.83	400m: 4:22.34 33.12
11.	KOSOWSKI Bartosz	14	UKS Olimpijczyk 23	4:30.71	536	+0,66
	50m: 31.39 31.39	150m: 1:41.21	35.22	250m: 2:51.03	35.45	350m: 3:59.43 33.76
	100m: 1:05.99 34.60	200m: 2:15.58	34.37	300m: 3:25.67	34.64	400m: 4:30.71 31.28
12.	DUBAS Filip	16	KU AZS UMCS Lublin	4:30.91	535	+0,64
	50m: 30.24 30.24	150m: 1:39.15	34.51	250m: 2:49.26	34.89	350m: 3:58.82 34.25
	100m: 1:04.64 34.40	200m: 2:14.37	35.22	300m: 3:24.57	35.31	400m: 4:30.91 32.09
13.	JÓ WIAK Marcel	16	KU AZS UMCS Lublin	4:39.67	486	+0,59
	50m: 29.56 29.56	150m: 1:37.85	34.70	250m: 2:50.09	36.10	350m: 4:02.90 35.92
	100m: 1:03.15 33.59	200m: 2:13.99	36.14	300m: 3:26.98	36.89	400m: 4:39.67 36.77
14.	MAKOWSKI Piotr	15	KU AZS UMCS Lublin	4:43.78	465	+0,75
	50m: 29.72 29.72	150m: 1:38.47	34.92	250m: 2:50.82	36.37	350m: 4:06.40 38.31
	100m: 1:03.55 33.83	200m: 2:14.45	35.98	300m: 3:28.09	37.27	400m: 4:43.78 37.38
15.	GRODECKI Tymon	13	KS OLIMPIA Lublin	4:48.33	443	
	50m: 32.36 32.36	150m: 1:45.07	36.77	250m: 2:58.66	36.77	350m: 4:12.46 36.48
	100m: 1:08.30 35.94	200m: 2:21.89	36.82	300m: 3:35.98	37.32	400m: 4:48.33 35.87
16.	RATAJ Damian	15	UKP Fala Kra nik	4:48.73	442	
	50m: 32.78 32.78	150m: 1:46.88	37.45	250m: 3:01.97	37.24	350m: 4:14.94 35.66
	100m: 1:09.43 36.65	200m: 2:24.73	37.85	300m: 3:39.28	37.31	400m: 4:48.73 33.79
17.	RYBAK Anatol	15	MTP Lublinianka	4:49.05	440	+0,73
	50m: 30.96 30.96	150m: 1:43.91	37.76	250m: 2:59.96	37.86	350m: 4:15.65 37.76
	100m: 1:06.15 35.19	200m: 2:22.10	38.19	300m: 3:37.89	37.93	400m: 4:49.05 33.40
18.	PIZO Gabriel	16	MKS AVIA widnik	4:50.37	434	+0,76
	50m: 31.71 31.71	150m: 1:44.72	37.40	250m: 2:59.17	37.21	350m: 4:14.80 38.03
	100m: 1:07.32 35.61	200m: 2:21.96	37.24	300m: 3:36.77	37.60	400m: 4:50.37 35.57

Główne Mistrzostwa Województwa Lubelskiego
Lublin, 30. - 31.5.2026

Konkurencja 17, M czyzn, 400m dowolny, OPEN

Pozycja			Wiek					Czas	Pkt.	CR
19.	WOJCIESZYN Mateusz		15	UKS SP5 Swim Lublin				4:51.05	431	
	50m:	32.32 32.32	150m:	1:47.75	38.65	250m:	3:03.72	37.73	350m:	4:16.70 35.80
	100m:	1:09.10 36.78	200m:	2:25.99	38.24	300m:	3:40.90	37.18	400m:	4:51.05 34.35
20.	GRODECKI Kornel		16	KS OLIMPIA Lublin				4:51.21	430	+0,71
	50m:	32.06 32.06	150m:	1:45.78	37.48	250m:	3:01.44	37.90	350m:	4:16.03 37.26
	100m:	1:08.30 36.24	200m:	2:23.54	37.76	300m:	3:38.77	37.33	400m:	4:51.21 35.18
21.	GRODECKI Feliks		13	KS OLIMPIA Lublin				4:53.17	422	+0,68
	50m:	32.84 32.84	150m:	1:48.60	38.07	250m:	3:03.95	38.29	350m:	4:18.11 37.05
	100m:	1:10.53 37.69	200m:	2:25.66	37.06	300m:	3:41.06	37.11	400m:	4:53.17 35.06
22.	SZAFRAN Adam		14	Uks Skarpa Lublin				4:56.87	406	+0,53
	50m:	32.67 32.67	150m:	1:46.03	37.77	250m:	3:02.14	38.43	350m:	4:19.47 39.13
	100m:	1:08.26 35.59	200m:	2:23.71	37.68	300m:	3:40.34	38.20	400m:	4:56.87 37.40
23.	PALKA Dominik		14	RWKS Sparta Biłgoraj				4:58.06	401	
	50m:	33.39 33.39	150m:	1:49.37	38.44	250m:	3:06.70	38.87	350m:	4:23.41 38.11
	100m:	1:10.93 37.54	200m:	2:27.83	38.46	300m:	3:45.30	38.60	400m:	4:58.06 34.65
24.	SIERPOWSKI Franciszek		13	UKS Olimpijczyk 23				4:59.55	395	
	50m:	32.52 32.52	150m:	1:48.37	38.56	250m:	3:05.64	38.73	350m:	4:22.49 38.24
	100m:	1:09.81 37.29	200m:	2:26.91	38.54	300m:	3:44.25	38.61	400m:	4:59.55 37.06
25.	LIPIEC Filip		13	MKS AVIA widnik				4:59.56	395	+0,77
	50m:	33.61 33.61	150m:	1:50.77	38.96	250m:	3:07.66	38.24	350m:	4:24.29 38.37
	100m:	1:11.81 38.20	200m:	2:29.42	38.65	300m:	3:45.92	38.26	400m:	4:59.56 35.27
26.	WRÓBEL Filip		14	KP Strzałka Puławy				5:00.68	391	
	50m:	33.06 33.06	150m:	1:49.31	38.51	250m:	3:07.27	39.01	350m:	4:24.68 38.41
	100m:	1:10.80 37.74	200m:	2:28.26	38.95	300m:	3:46.27	39.00	400m:	5:00.68 36.00
27.	KOSIOR Kornel		12	KP Strzałka Puławy				5:01.08	389	+0,47
	50m:	34.39 34.39	150m:	1:51.15	38.51	250m:	3:08.17	38.60	350m:	4:24.85 38.45
	100m:	1:12.64 38.25	200m:	2:29.57	38.42	300m:	3:46.40	38.23	400m:	5:01.08 36.23
28.	KARA Filip		13	UKS Olimpijczyk 23				5:01.21	389	
	50m:	34.46 34.46	150m:	1:52.02	38.92	250m:	3:09.57	38.52	350m:	4:25.67 38.11
	100m:	1:13.10 38.64	200m:	2:31.05	39.03	300m:	3:47.56	37.99	400m:	5:01.21 35.54
29.	GÓRNY Nikodem		13	UKS Szkoła Pływania 23 Lublin				5:02.92	382	
	50m:	34.05 34.05	150m:	1:50.89	38.25	250m:	3:08.87	39.45	350m:	4:25.67 38.55
	100m:	1:12.64 38.59	200m:	2:29.42	38.53	300m:	3:47.12	38.25	400m:	5:02.92 37.25
30.	DOBROWOLSKI Brunon		14	UKP Fala Kra nik				5:14.75	341	+0,65
	50m:	34.59 34.59	150m:	1:56.73	41.77	250m:	3:19.35	41.35	350m:	4:39.23 38.95
	100m:	1:14.96 40.37	200m:	2:38.00	41.27	300m:	4:00.28	40.93	400m:	5:14.75 35.52
31.	SZYC Olivier		13	KS AZS AWF Biała Podlaska				5:14.82	341	
	50m:	34.78 34.78	150m:	1:55.57	40.46	250m:	3:18.13	41.17	350m:	4:38.76 38.92
	100m:	1:15.11 40.33	200m:	2:36.96	41.39	300m:	3:59.84	41.71	400m:	5:14.82 36.06
32.	MATACZ Wiktor		14	UKP Fala Kra nik				5:14.97	340	
	50m:	34.35 34.35	150m:	1:56.69	42.07	250m:	3:19.69	41.69	350m:	4:39.03 38.87
	100m:	1:14.62 40.27	200m:	2:38.00	41.31	300m:	4:00.16	40.47	400m:	5:14.97 35.94
33.	CHMURA Szymon		14	UKS Olimpijczyk 23				5:16.28	336	+0,84
	50m:	37.11 37.11	150m:	1:58.13	40.56	250m:	3:19.82	40.97	350m:	4:39.42 39.74
	100m:	1:17.57 40.46	200m:	2:38.85	40.72	300m:	3:59.68	39.86	400m:	5:16.28 36.86
34.	WÓJCIK Michał		15	UKS Olimpijczyk 23				5:23.44	314	+0,75
	50m:	35.07 35.07	150m:	1:56.57	41.41	250m:	3:20.08	41.82	350m:	4:44.08 42.29
	100m:	1:15.16 40.09	200m:	2:38.26	41.69	300m:	4:01.79	41.71	400m:	5:23.44 39.36
35.	SZYKUŁA Igor		14	TSS TOMASOVIA Tomaszów Lub.				5:23.60	314	
	50m:	35.46 35.46	150m:	1:57.63	42.10	250m:	3:21.14	41.91	350m:	4:45.10 41.21
	100m:	1:15.53 40.07	200m:	2:39.23	41.60	300m:	4:03.89	42.75	400m:	5:23.60 38.50
36.	SZCZUCHNIAK Mateusz		14	KS OLIMPIA Lublin				5:30.34	295	
	50m:	36.57 36.57	150m:	2:00.50	41.91	250m:	3:27.33	43.32	350m:	4:52.45 42.44
	100m:	1:18.59 42.02	200m:	2:44.01	43.51	300m:	4:10.01	42.68	400m:	5:30.34 37.89

Główne Mistrzostwa Województwa Lubelskiego
Lublin, 30. - 31.5.2026

Konkurencja 17, M czynn, 400m dowolny, OPEN

Pozycja			Wiek					Czas	Pkt.	CR		
37.	JARZYŃKA	Bartosz	15	UKS Trójka Puławy				5:30.65	294	+0,83		
	50m:	34.83	34.83	150m:	1:58.13	42.13	250m:	3:24.56	43.50	350m:	4:51.59	43.20
	100m:	1:16.00	41.17	200m:	2:41.06	42.93	300m:	4:08.39	43.83	400m:	5:30.65	39.06
38.	KRYSA	Franciszek	13	UKS Olimpijczyk 23				5:40.83	268			
	50m:	35.48	35.48	150m:	2:01.86	45.16	250m:	3:29.36	43.68	350m:	5:00.29	44.88
	100m:	1:16.70	41.22	200m:	2:45.68	43.82	300m:	4:15.41	46.05	400m:	5:40.83	40.54
39.	ZARZYCKI	Aleks	13	UKS Szkoła Pływania 23 Lublin				5:44.72	259			
	50m:	36.52	36.52	150m:	2:03.64	44.61	250m:	3:32.41	44.23	350m:	5:02.94	45.06
	100m:	1:19.03	42.51	200m:	2:48.18	44.54	300m:	4:17.88	45.47	400m:	5:44.72	41.78
40.	NASKIEWICZ	Konstanty	13	RWKS Sparta Biłgoraj				5:56.26	235	+0,80		
	50m:	38.73	38.73	150m:	2:08.54	45.32	250m:	3:40.93	46.01	350m:	5:13.08	46.08
	100m:	1:23.22	44.49	200m:	2:54.92	46.38	300m:	4:27.00	46.07	400m:	5:56.26	43.18
41.	PIETRO	Michał	14	UKS Szkoła Pływania 23 Lublin				6:04.45	219			
	50m:	36.66	36.66	150m:	2:04.30	45.30	250m:	3:39.98	48.42	350m:	5:16.96	47.88
	100m:	1:19.00	42.34	200m:	2:51.56	47.26	300m:	4:29.08	49.10	400m:	6:04.45	47.49
42.	JASIECZEK	Maksymilian	12	MTP Lublinianka				6:31.25	177			
	50m:	40.57	40.57	150m:	2:19.78	51.12	250m:	4:02.74	51.50	350m:	5:43.98	49.86
	100m:	1:28.66	48.09	200m:	3:11.24	51.46	300m:	4:54.12	51.38	400m:	6:31.25	47.27
PK	KOWALCZYK	Bartosz	16	MUKP Korona-Swim Kielce				4:15.81	635	+0,75		
	50m:	29.60	29.60	150m:	1:35.14	32.95	250m:	2:40.91	33.05	350m:	3:46.65	32.96
	100m:	1:02.19	32.59	200m:	2:07.86	32.72	300m:	3:13.69	32.78	400m:	4:15.81	29.16
PK	ANDRZEJCZAK	Maciej	16	MUKP Korona-Swim Kielce				4:16.18	632	+0,76		
	50m:	29.52	29.52	150m:	1:35.01	32.88	250m:	2:40.80	32.82	350m:	3:45.94	31.99
	100m:	1:02.13	32.61	200m:	2:07.98	32.97	300m:	3:13.95	33.15	400m:	4:16.18	30.24
PK	ZASADA	Szymon	16	SP Meduza Paj czno				4:18.45	616			
	50m:	29.46	29.46	150m:	1:34.67	32.77	250m:	2:40.99	33.17	350m:	3:46.59	32.34
	100m:	1:01.90	32.44	200m:	2:07.82	33.15	300m:	3:14.25	33.26	400m:	4:18.45	31.86
PK	KRZYSIEK	Oskar	16	MUKP Korona-Swim Kielce				4:27.10	558			
	50m:	31.30	31.30	150m:	1:39.18	34.17	250m:	2:47.94	34.42	350m:	3:55.19	33.09
	100m:	1:05.01	33.71	200m:	2:13.52	34.34	300m:	3:22.10	34.16	400m:	4:27.10	31.91
PK	WICIOK	Michał	16	KP SIKRET Gliwice				4:27.30	557	+0,82		
	50m:	30.24	30.24	150m:	1:36.95	33.50	250m:	2:45.84	34.16	350m:	3:54.51	34.40
	100m:	1:03.45	33.21	200m:	2:11.68	34.73	300m:	3:20.11	34.27	400m:	4:27.30	32.79
PK	PAWLAK	Mateusz	14	UKS 190 Łód				4:31.90	529			
	50m:	31.12	31.12	150m:	1:41.57	35.06	250m:	2:51.86	34.93	350m:	4:00.17	33.58
	100m:	1:06.51	35.39	200m:	2:16.93	35.36	300m:	3:26.59	34.73	400m:	4:31.90	31.73
PK	STANEK	Julian	16	MUKP Korona-Swim Kielce				4:33.64	519	+0,95		
	50m:	30.63	30.63	150m:	1:39.34	34.67	250m:	2:49.04	34.97	350m:	3:59.06	35.04
	100m:	1:04.67	34.04	200m:	2:14.07	34.73	300m:	3:24.02	34.98	400m:	4:33.64	34.58
PK	MUCHA	Kornel	14	MUKP Korona-Swim Kielce				4:59.63	395	+0,79		
	50m:	33.46	33.46	150m:	1:49.06	38.45	250m:	3:05.74	38.84	350m:	4:22.61	38.53
	100m:	1:10.61	37.15	200m:	2:26.90	37.84	300m:	3:44.08	38.34	400m:	4:59.63	37.02