

Mistrzostwa Województwa Pomorskiego
Gdynia, 23. - 24.11.2024

Konkurencja 12
23.11.2024 - 11:32

M czynn, 400m zmienny

12 lat i starsi
Wyniki

Rekord Okr gu Open	4:09.29	Mali ski Marcin	FLGDY	Imperia (ITA)	06.02.1996
Rekord Okr gu - 18	4:25.60	Plaga Dawid	SKSLU	Gliwice	10.12.2021
Rekord Okr gu - 17	4:25.60	Plaga Dawid	SKSLU	Gliwice	10.12.2021
Rekord Okr gu - 16	4:25.60	Plaga Dawid	SKSLU	Gliwice	10.12.2021
Rekord Okr gu - 15	4:25.73	Kry Radosław	Rumia	Łód	22.10.2022
Rekord Okr gu - 14	4:29.52	Kry Radosław	TRRUM	Olsztyn	17.12.2021
Rekord Okr gu - 13	4:49.61	Maksajda Kacper	SKSLU	Gda sk	07.06.2019
Rekord Okr gu - 12	5:05.67	Kry Radosław	TRRUM	Olsztyn	15.12.2019

Punkty: AQUA 2024

Pozycja Rok ur. Czas Pkt.

12 - 13 lat

1. Mazur Kajetan	11	Dwójka Morena Gda sk	5:12.31	425
50m: 33.15 33.15	150m: 1:53.52 41.65	250m: 3:19.42 45.17	350m: 4:39.45 34.82	
100m: 1:11.87 38.72	200m: 2:34.25 40.73	300m: 4:04.63 45.21	400m: 5:12.31 32.86	
2. Saienko Oleg	11	Dwójka Morena Gda sk	5:30.90	357
50m: 34.63 34.63	150m: 2:00.57 44.30	250m: 3:28.16 44.78	350m: 4:52.37 37.78	
100m: 1:16.27 41.64	200m: 2:43.38 42.81	300m: 4:14.59 46.43	400m: 5:30.90 38.53	
3. Matylla Michał	11	Siódemka Sopot	5:46.92	310
50m: 37.93 37.93	150m: 2:07.17 45.39	250m: 3:40.13 48.19	350m: 5:09.32 40.61	
100m: 1:21.78 43.85	200m: 2:51.94 44.77	300m: 4:28.71 48.58	400m: 5:46.92 37.60	
4. Włodarczyk Jan	12	Dwójka Morena Gda sk	6:32.88	213
50m: 45.55 45.55	150m: 2:29.46 47.35	250m: 4:10.27 54.35	350m: 5:51.98 46.47	
100m: 1:42.11 56.56	200m: 3:15.92 46.46	300m: 5:05.51 55.24	400m: 6:32.88 40.90	

DYSKW. K sek Patryk	12	Neptun Gda sk	5:57.38	
<i>K1 - Pływak wykonał więcej niż jedno kopniecie delfinowe przed pierwszym kopnięciem do stylu klasycznego (Czas: 11:37)</i>				
50m: 39.18 39.18	150m: 2:12.63 47.31	250m: 3:48.59 49.85	350m: 5:19.79 41.00	
100m: 1:25.32 46.14	200m: 2:58.74 46.11	300m: 4:38.79 50.20	400m: 5:57.38 37.59	

14 - 16 lat

1. Balcerowicz Ryszard	08	abianka Gda sk	4:54.15	508
50m: 30.87 30.87	150m: 1:43.59 38.10	250m: 3:03.28 41.55	350m: 4:20.77 34.40	
100m: 1:05.49 34.62	200m: 2:21.73 38.14	300m: 3:46.37 43.09	400m: 4:54.15 33.38	
2. Agin Krzysztof	08	Neptun Gda sk	4:55.03	504
50m: 30.95 30.95	150m: 1:41.66 37.81	250m: 3:02.39 42.78	350m: 4:21.43 34.29	
100m: 1:03.85 32.90	200m: 2:19.61 37.95	300m: 3:47.14 44.75	400m: 4:55.03 33.60	
3. Ogrodnik Marcel	09	Delfin Gdynia	5:00.27	478
50m: 30.57 30.57	150m: 1:47.89 40.60	250m: 3:08.56 42.15	350m: 4:27.41 36.60	
100m: 1:07.29 36.72	200m: 2:26.41 38.52	300m: 3:50.81 42.25	400m: 5:00.27 32.86	
4. Kopacki Aleksander	10	Skalar Słupsk	5:21.97	387
50m: 35.67 35.67	150m: 2:00.27 43.40	250m: 3:26.10 44.89	350m: 4:47.73 36.39	
100m: 1:16.87 41.20	200m: 2:41.21 40.94	300m: 4:11.34 45.24	400m: 5:21.97 34.24	
5. Matylla Mateusz	10	Delfin Gdynia	5:23.88	381
50m: 32.52 32.52	150m: 1:54.13 44.01	250m: 3:22.26 44.79	350m: 4:47.04 39.38	
100m: 1:10.12 37.60	200m: 2:37.47 43.34	300m: 4:07.66 45.40	400m: 5:23.88 36.84	

17 - 18 lat

1. Ołownia Ignacy	07	Delfin Gdynia	4:43.42	568
50m: 29.00 29.00	150m: 1:38.85 36.26	250m: 2:56.57 41.42	350m: 4:11.18 33.08	
100m: 1:02.59 33.59	200m: 2:15.15 36.30	300m: 3:38.10 41.53	400m: 4:43.42 32.24	
2. Czarnota Kamil	06	WOPR Malbork	5:18.13	402
50m: 31.78 31.78	150m: 1:47.89 38.56	250m: 3:15.43 48.49	350m: 4:42.56 36.94	
100m: 1:09.33 37.55	200m: 2:26.94 39.05	300m: 4:05.62 50.19	400m: 5:18.13 35.57	

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1.	Ołownia Ignacy	07	Delfin Gdynia	4:43.42	568
	50m: 29.00 29.00	150m: 1:38.85 36.26	250m: 2:56.57 41.42	350m: 4:11.18 33.08	
	100m: 1:02.59 33.59	200m: 2:15.15 36.30	300m: 3:38.10 41.53	400m: 4:43.42 32.24	
2.	Balcerowicz Ryszard	08	abianka Gda sk	4:54.15	508
	50m: 30.87 30.87	150m: 1:43.59 38.10	250m: 3:03.28 41.55	350m: 4:20.77 34.40	
	100m: 1:05.49 34.62	200m: 2:21.73 38.14	300m: 3:46.37 43.09	400m: 4:54.15 33.38	
3.	A gin Krzysztof	08	Neptun Gda sk	4:55.03	504
	50m: 30.95 30.95	150m: 1:41.66 37.81	250m: 3:02.39 42.78	350m: 4:21.43 34.29	
	100m: 1:03.85 32.90	200m: 2:19.61 37.95	300m: 3:47.14 44.75	400m: 4:55.03 33.60	
4.	Ogrodnik Marcel	09	Delfin Gdynia	5:00.27	478
	50m: 30.57 30.57	150m: 1:47.89 40.60	250m: 3:08.56 42.15	350m: 4:27.41 36.60	
	100m: 1:07.29 36.72	200m: 2:26.41 38.52	300m: 3:50.81 42.25	400m: 5:00.27 32.86	
5.	Mazur Kajetan	11	Dwójka Morena Gda sk	5:12.31	425
	50m: 33.15 33.15	150m: 1:53.52 41.65	250m: 3:19.42 45.17	350m: 4:39.45 34.82	
	100m: 1:11.87 38.72	200m: 2:34.25 40.73	300m: 4:04.63 45.21	400m: 5:12.31 32.86	
6.	Czarnota Kamil	06	WOPR Malbork	5:18.13	402
	50m: 31.78 31.78	150m: 1:47.89 38.56	250m: 3:15.43 48.49	350m: 4:42.56 36.94	
	100m: 1:09.33 37.55	200m: 2:26.94 39.05	300m: 4:05.62 50.19	400m: 5:18.13 35.57	
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	100m: 1:16.87 41.20	200m: 2:41.21 40.94	300m: 4:11.34 45.24	400m: 5:21.97 34.24	
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	50m: 32.52 32.52	150m: 1:54.13 44.01	250m: 3:22.26 44.79	350m: 4:47.04 39.38	
	100m: 1:10.12 37.60	200m: 2:37.47 43.34	300m: 4:07.66 45.40	400m: 5:23.88 36.84	
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	100m: 1:21.78 43.85	200m: 2:51.94 44.77	300m: 4:28.71 48.58	400m: 5:46.92 37.60	
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DYSKW.	K sek Patryk	12	Neptun Gda sk	5:57.38	
	<i>K1 - Pływak wykonał wi cej ni jedno kopni cie delfinowe przed pierwszym kopni ciem do stylu klasycznego (Czas: 11:37)</i>				
	50m: 39.18 39.18	150m: 2:12.63 47.31	250m: 3:48.59 49.85	350m: 5:19.79 41.00	
	100m: 1:25.32 46.14	200m: 2:58.74 46.11	300m: 4:38.79 50.20	400m: 5:57.38 37.59	