



Liga Województwa Pomorskiego Młodzików  
Gdańsk, 1.2. - 24.5.2025

Konkurencja 7  
01.02.2025 - 10:58

Dziewczyna, 400m dowolny

12 - 13 lat  
Wyniki

Punkty: AQUA 2024

Pozycja	Rok ur.	Czas	Pkt.
12 lat			
1. Małecka Kaja	13	Dwójka Morena Gdańsk <b>4:56.05</b>	476 15,00
50m: 33.78 33.78	150m: 1:49.23 37.94	250m: 3:05.46 38.10	350m: 4:20.77 37.18
100m: 1:11.29 37.51	200m: 2:27.36 38.13	300m: 3:43.59 38.13	400m: 4:56.05 35.28
2. Garska Mariia	13	Dwójka Tczew <b>5:17.50</b>	386 12,00
50m: 35.18 35.18	150m: 1:56.94 41.43	250m: 3:19.41 41.24	350m: 4:40.32 39.65
100m: 1:15.51 40.33	200m: 2:38.17 41.23	300m: 4:00.67 41.26	400m: 5:17.50 37.18
3. Michałowska Emilia	13	Dwójka Morena Gdańsk <b>5:20.89</b>	374 11,00
50m: 37.22 37.22	150m: 2:00.64 42.39	250m: 3:24.27 41.64	350m: 4:44.58 39.56
100m: 1:18.25 41.03	200m: 2:42.63 41.99	300m: 4:05.02 40.75	400m: 5:20.89 36.31
4. Paszek Hanna	13	Dwójka Tczew <b>5:33.59</b>	333 10,00
50m: 36.82 36.82	150m: 2:02.29 42.94	250m: 3:29.35 43.31	350m: 4:54.11 41.20
100m: 1:19.35 42.53	200m: 2:46.04 43.75	300m: 4:12.91 43.56	400m: 5:33.59 39.48
5. Dembińska Maja	13	Delfin Gdynia <b>5:34.51</b>	330 9,00
50m: 37.04 37.04	150m: 2:02.36 43.40	250m: 3:29.57 43.73	350m: 4:55.18 42.31
100m: 1:18.96 41.92	200m: 2:45.84 43.48	300m: 4:12.87 43.30	400m: 5:34.51 39.33
6. Cabańska Natalia	13	Dwójka Morena Gdańsk <b>5:40.75</b>	312 8,00
50m: 39.51 39.51	150m: 2:06.66 43.63	250m: 3:33.93 42.90	350m: 5:00.61 42.47
100m: 1:23.03 43.52	200m: 2:51.03 44.37	300m: 4:18.14 44.21	400m: 5:40.75 40.14
7. Marcinkiewicz Maria	13	Skalar Słupsk <b>5:42.59</b>	307 7,00
50m: 40.28 40.28	150m: 2:06.42 43.83	250m: 3:33.04 43.07	350m: 4:59.31 43.32
100m: 1:22.59 42.31	200m: 2:49.97 43.55	300m: 4:15.99 42.95	400m: 5:42.59 43.28
8. Korolkiewicz Małgorzata	13	abianka Gdańsk <b>5:46.40</b>	297 6,00
50m: 37.88 37.88	150m: 2:05.51 44.34	250m: 3:35.96 45.44	350m: 5:05.71 44.02
100m: 1:21.17 43.29	200m: 2:50.52 45.01	300m: 4:21.69 45.73	400m: 5:46.40 40.69
9. Iakovenko Mariia	13	abianka Gdańsk <b>6:22.04</b>	221 5,00
50m: 40.76 40.76	150m: 2:18.72 49.62	250m: 3:57.37 48.57	350m: 5:35.64 49.17
100m: 1:29.10 48.34	200m: 3:08.80 50.08	300m: 4:46.47 49.10	400m: 6:22.04 46.40
10. Gocińska Nina	13	Barrakuda Gdańsk <b>6:45.58</b>	185 4,00
50m: 41.35 41.35	150m: 2:21.82 51.59	250m: 4:07.33 52.35	350m: 5:51.18 51.76
100m: 1:30.23 48.88	200m: 3:14.98 53.16	300m: 4:59.42 52.09	400m: 6:45.58 54.40
11. Szekalska Emilia	13	Barrakuda Gdańsk <b>7:28.32</b>	137 3,00
50m: 40.25 40.25	150m: 2:14.59 48.65	250m: 3:50.80 47.32	350m: 5:21.16 42.35
100m: 1:25.94 45.69	200m: 3:03.48 48.89	300m: 4:38.81 48.01	400m: 7:28.32 2:07.16
12. Szymańska Hanna	13	abianka Gdańsk <b>7:30.35</b>	135 2,00
50m: 39.45 39.45	150m: 2:17.30 50.25	250m: 3:57.28 48.96	350m: 5:35.59 46.53
100m: 1:27.05 47.60	200m: 3:08.32 51.02	300m: 4:49.06 51.78	400m: 7:30.35 1:54.76



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13 lat

1.	Gzella Kornelia		12	Dwójka Tczew		<b>4:58.97</b>	463	15,00
	50m: 35.58	35.58	150m: 1:55.54	40.09	250m: 3:11.57	37.66	350m: 4:24.29	35.89
	100m: 1:15.45	39.87	200m: 2:33.91	38.37	300m: 3:48.40	36.83	400m: 4:58.97	34.68
2.	Filipiak Liliana		12	Dwójka Morena Gdańsk		<b>4:59.05</b>	462	12,00
	50m: 34.64	34.64	150m: 1:51.39	38.10	250m: 3:08.39	37.67	350m: 4:23.77	36.74
	100m: 1:13.29	38.65	200m: 2:30.72	39.33	300m: 3:47.03	38.64	400m: 4:59.05	35.28
3.	Witkowska Blanka		12	Dwójka Morena Gdańsk		<b>5:10.94</b>	411	11,00
	50m: 35.33	35.33	150m: 1:54.91	40.01	250m: 3:14.91	39.62	350m: 4:34.23	39.36
	100m: 1:14.90	39.57	200m: 2:35.29	40.38	300m: 3:54.87	39.96	400m: 5:10.94	36.71
4.	Zielonka-Wyczliska Alicja		12	abianka Gdańsk		<b>5:22.07</b>	370	10,00
	50m: 35.42	35.42	150m: 1:56.60	41.30	250m: 3:19.62	41.40	350m: 4:42.31	41.74
	100m: 1:15.30	39.88	200m: 2:38.22	41.62	300m: 4:00.57	40.95	400m: 5:22.07	39.76
5.	Gdaniec Lena		12	Dwójka Tczew		<b>5:27.82</b>	351	9,00
	50m: 36.86	36.86	150m: 2:01.78	43.71	250m: 3:25.77	42.12	350m: 4:48.03	41.53
	100m: 1:18.07	41.21	200m: 2:43.65	41.87	300m: 4:06.50	40.73	400m: 5:27.82	39.79
6.	Jóko Julia		12	abianka Gdańsk		<b>5:29.72</b>	345	8,00
	50m: 36.07	36.07	150m: 2:00.23	42.68	250m: 3:24.95	42.26	350m: 4:49.60	42.55
	100m: 1:17.55	41.48	200m: 2:42.69	42.46	300m: 4:07.05	42.10	400m: 5:29.72	40.12
7.	Nowicka Maja		12	abianka Gdańsk		<b>5:39.89</b>	315	7,00
	50m: 38.24	38.24	150m: 2:05.82	44.41	250m: 3:34.24	43.62	350m: 5:00.82	42.82
	100m: 1:21.41	43.17	200m: 2:50.62	44.80	300m: 4:18.00	43.76	400m: 5:39.89	39.07
8.	Zastona Zofia		12	Barrakuda Gdańsk		<b>6:06.89</b>	250	6,00
	50m: 38.22	38.22	150m: 2:09.53	47.38	250m: 3:46.58	48.85	350m: 5:20.56	45.93
	100m: 1:22.15	43.93	200m: 2:57.73	48.20	300m: 4:34.63	48.05	400m: 6:06.89	46.33
9.	Zawierowska Alicja		12	Aqua Ustka		<b>6:13.14</b>	238	5,00
	50m: 40.14	40.14	150m: 2:14.39	48.33	250m: 3:50.49	48.82	350m: 5:28.17	48.09
	100m: 1:26.06	45.92	200m: 3:01.67	47.28	300m: 4:40.08	49.59	400m: 6:13.14	44.97
10.	Zapart Natalia		12	Dwójka Tczew		<b>6:32.80</b>	204	4,00
	50m: 42.40	42.40	150m: 2:20.90	50.25	250m: 4:03.40	52.00	350m: 5:44.19	49.58
	100m: 1:30.65	48.25	200m: 3:11.40	50.50	300m: 4:54.61	51.21	400m: 6:32.80	48.61