



Liga Województwa Pomorskiego Juniorów i Młodzieżowców
Słupsk, 7.2. - 25.5.2025

Konkurencja 35
25.05.2025 - 12:16

Mężczyzn, 400m dowolny

14 - 23 lat
Wyniki

Punkty: AQUA 2024

Pozycja	Rok ur.								Czas	FINA	Pkt	
14 lat												
1.	Łuniewski Tymoteusz			11	Skalar Słupsk				4:28.68	492	15,00	
	50m:	30.63	30.63	150m:	1:39.10	33.97	250m:	2:49.09	35.61	350m:	3:57.43	32.93
	100m:	1:05.13	34.50	200m:	2:13.48	34.38	300m:	3:24.50	35.41	400m:	4:28.68	31.25
2.	Szargiej Maciej			11	Żabianka Gdańsk				4:33.53	467	12,00	
	50m:	30.97	30.97	150m:	1:40.68	34.73	250m:	2:49.95	34.34	350m:	3:59.60	34.62
	100m:	1:05.95	34.98	200m:	2:15.61	34.93	300m:	3:24.98	35.03	400m:	4:33.53	33.93
3.	Mazur Kajetan			11	Dwójka Morena Gdańsk				4:35.53	457	11,00	
	50m:	31.92	31.92	150m:	1:41.00	34.63	250m:	2:50.74	34.87	350m:	4:01.15	35.10
	100m:	1:06.37	34.45	200m:	2:15.87	34.87	300m:	3:26.05	35.31	400m:	4:35.53	34.38
4.	Gawlik Stanisław			11	Żabianka Gdańsk				4:44.79	413	10,00	
	50m:	31.16	31.16	150m:	1:42.83	36.19	250m:	2:56.55	37.19	350m:	4:09.78	36.22
	100m:	1:06.64	35.48	200m:	2:19.36	36.53	300m:	3:33.56	37.01	400m:	4:44.79	35.01
5.	Ronowski Szymon			11	Żabianka Gdańsk				4:49.18	395	9,00	
	50m:	32.80	32.80	150m:	1:44.69	35.75	250m:	2:59.54	37.62	350m:	4:11.76	36.44
	100m:	1:08.94	36.14	200m:	2:21.92	37.23	300m:	3:35.32	35.78	400m:	4:49.18	37.42
6.	Matylla Michał			11	Siódemka Sopot				4:55.71	369	8,00	
	50m:	33.98	33.98	150m:	1:49.66	38.18	250m:	3:05.81	38.33	350m:	4:21.02	37.11
	100m:	1:11.48	37.50	200m:	2:27.48	37.82	300m:	3:43.91	38.10	400m:	4:55.71	34.69
7.	Nowak Witold			11	Barrakuda Gdańsk				4:56.37	367	7,00	
	50m:	30.64	30.64	150m:	1:45.95	38.34	250m:	3:02.11	37.92	350m:	4:18.30	38.58
	100m:	1:07.61	36.97	200m:	2:24.19	38.24	300m:	3:39.72	37.61	400m:	4:56.37	38.07
8.	Posmyk Aleksander			11	Dwójka Morena Gdańsk				4:57.60	362	6,00	
	50m:	33.50	33.50	150m:	1:49.07	37.85	250m:	3:06.89	38.05	350m:	4:23.45	38.09
	100m:	1:11.22	37.72	200m:	2:28.84	39.77	300m:	3:45.36	38.47	400m:	4:57.60	34.15
9.	Muszyński Wojciech			11	Żabianka Gdańsk				5:03.45	342	5,00	
	50m:	34.83	34.83	150m:	1:53.26	39.28	250m:	3:10.97	38.33	350m:	4:26.73	37.46
	100m:	1:13.98	39.15	200m:	2:32.64	39.38	300m:	3:49.27	38.30	400m:	5:03.45	36.72
10.	May Jakub			11	Dwójka Morena Gdańsk				5:03.55	341	4,00	
	50m:	36.06	36.06	150m:	1:53.45	39.13	250m:	3:11.20	38.41	350m:	4:27.97	38.26
	100m:	1:14.32	38.26	200m:	2:32.79	39.34	300m:	3:49.71	38.51	400m:	5:03.55	35.58
11.	Szławski Patryk			11	Dwójka Morena Gdańsk				5:19.55	293	3,00	
	50m:	38.14	38.14	150m:	2:00.02	40.37	250m:	3:21.10	40.60	350m:	4:41.86	39.97
	100m:	1:19.65	41.51	200m:	2:40.50	40.48	300m:	4:01.89	40.79	400m:	5:19.55	37.69
12.	Józko Antoni			11	Żabianka Gdańsk				5:34.52	255	2,00	
	50m:	39.68	39.68	150m:	2:06.06	43.06	250m:	3:31.96	43.19	350m:	4:55.49	41.81
	100m:	1:23.00	43.32	200m:	2:48.77	42.71	300m:	4:13.68	41.72	400m:	5:34.52	39.03





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Konkurencja 35, Mężczyzn, 400m dowolny

15 lat

1.	Bielecki Konrad	10	Siódemka Sopot	4:19.83	545	15,00
	50m: 29.53 29.53	150m: 1:34.34 33.02	250m: 2:41.88 33.64	350m: 3:47.89 32.89		
	100m: 1:01.32 31.79	200m: 2:08.24 33.90	300m: 3:15.00 33.12	400m: 4:19.83 31.94		
2.	Wicher Dawid	10	Dwójka Tczew	4:27.09	501	12,00
	50m: 30.10 30.10	150m: 1:36.83 33.79	250m: 2:45.56 34.54	350m: 3:54.21 34.13		
	100m: 1:03.04 32.94	200m: 2:11.02 34.19	300m: 3:20.08 34.52	400m: 4:27.09 32.88		
3.	Kopacki Aleksander	10	Skalar Słupsk	4:29.32	489	11,00
	50m: 30.47 30.47	150m: 1:39.16 34.33	250m: 2:48.97 34.90	350m: 3:57.28 33.09		
	100m: 1:04.83 34.36	200m: 2:14.07 34.91	300m: 3:24.19 35.22	400m: 4:29.32 32.04		
4.	Stopiński Jakub	10	Delfin Gdynia	4:44.99	413	10,00
	50m: 31.46 31.46	150m: 1:42.72 36.12	250m: 2:56.44 36.74	350m: 4:09.80 36.35		
	100m: 1:06.60 35.14	200m: 2:19.70 36.98	300m: 3:33.45 37.01	400m: 4:44.99 35.19		
5.	Pachnik Szymon	10	Siódemka Sopot	4:49.00	396	9,00
	50m: 32.34 32.34	150m: 1:45.58 37.68	250m: 2:58.93 34.74	350m: 4:08.96 33.72		
	100m: 1:07.90 35.56	200m: 2:24.19 38.61	300m: 3:35.24 36.31	400m: 4:49.00 40.04		
6.	Pawłowski Dominik	10	Dwójka Morena Gdańsk	4:56.10	368	8,00
	50m: 32.99 32.99	150m: 1:48.85 38.06	250m: 3:05.92 38.69	350m: 4:22.06 38.25		
	100m: 1:10.79 37.80	200m: 2:27.23 38.38	300m: 3:43.81 37.89	400m: 4:56.10 34.04		
7.	Synakowski Bartosz	10	Dwójka Tczew	4:56.94	365	7,00
	50m: 33.67 33.67	150m: 1:49.34 38.37	250m: 3:05.77 38.22	350m: 4:21.56 37.64		
	100m: 1:10.97 37.30	200m: 2:27.55 38.21	300m: 3:43.92 38.15	400m: 4:56.94 35.38		
8.	Flis Jakub	10	Siódemka Sopot	5:00.05	353	6,00
	50m: 32.49 32.49	150m: 1:47.78 38.44	250m: 3:06.32 39.28	350m: 4:24.56 38.52		
	100m: 1:09.34 36.85	200m: 2:27.04 39.26	300m: 3:46.04 39.72	400m: 5:00.05 35.49		
9.	Chamski Fabian	10	Dwójka Tczew	5:04.43	338	5,00
	50m: 34.57 34.57	150m: 1:51.25 38.41	250m: 3:11.41 40.03	350m: 4:28.42 37.67		
	100m: 1:12.84 38.27	200m: 2:31.38 40.13	300m: 3:50.75 39.34	400m: 5:04.43 36.01		
10.	Piotrowski Tomasz	10	MKP Gdańsk	5:07.90	327	4,00
	50m: 34.56 34.56	150m: 1:52.80 39.87	250m: 3:12.92 40.16	350m: 4:31.39 38.65		
	100m: 1:12.93 38.37	200m: 2:32.76 39.96	300m: 3:52.74 39.82	400m: 5:07.90 36.51		
11.	Czapiewski Dawid	10	Dwójka Tczew	5:11.42	316	3,00
	50m: 35.91 35.91	150m: 1:55.46 39.98	250m: 3:15.17 40.05	350m: 4:33.84 39.02		
	100m: 1:15.48 39.57	200m: 2:35.12 39.66	300m: 3:54.82 39.65	400m: 5:11.42 37.58		
12.	Rudzki Jędrzej	10	Dwójka Morena Gdańsk	5:40.01	243	2,00
	50m: 37.80 37.80	150m: 2:03.42 42.96	250m: 3:29.08 42.82	350m: 4:57.21 44.15		
	100m: 1:20.46 42.66	200m: 2:46.26 42.84	300m: 4:13.06 43.98	400m: 5:40.01 42.80		

16 lat

1.	Nadaj Filip	09	Żabianka Gdańsk	4:21.51	534	15,00
	50m: 29.88 29.88	150m: 1:35.75 33.27	250m: 2:42.52 33.47	350m: 3:49.14 33.39		
	100m: 1:02.48 32.60	200m: 2:09.05 33.30	300m: 3:15.75 33.23	400m: 4:21.51 32.37		
2.	Mielcarek Filip	09	Skalar Słupsk	4:23.74	521	12,00
	50m: 29.45 29.45	150m: 1:34.71 32.97	250m: 2:43.03 34.58	350m: 3:51.32 34.45		
	100m: 1:01.74 32.29	200m: 2:08.45 33.74	300m: 3:16.87 33.84	400m: 4:23.74 32.42		





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Konkurencja 35, Chłopców, 400m dowolny, 16 lat

Pozycja				Rok ur.				Czas		FINA	Pkt				
3. Komar Mateusz				09 Skalar Słupsk				4:46.87		405	11,00				
50m:		31.77	31.77	150m:		1:43.62	35.75	250m:		2:56.88	36.39	350m:	4:10.94	37.25	
100m:		1:07.87	36.10	200m:		2:20.49	36.87	300m:		3:33.69	36.81	400m:		4:46.87	35.93

17 - 18 lat

1.	Bobek Witold			08	Żabianka Gdańsk				4:12.11	596	15,00	
	50m:	29.29	29.29	150m:	1:32.11	31.76	250m:	2:36.80	32.38	350m:	3:40.93	32.02
	100m:	1:00.35	31.06	200m:	2:04.42	32.31	300m:	3:08.91	32.11	400m:	4:12.11	31.18

