

Puchar Polski w Pływaniu w Kategorii Masters
Gdańsk, 27. - 28.9.2025

Konkurencja 15
27.09.2025 - 18:38

Kobiet, 400m zmienny
SWIMSPOT TROPHY

20 - 94 lat
Wyniki

Punkty: AQUA Master 2025

Pozycja	Rok ur.										Czas	Pkt.
Kat. 0 20-24 lat												
1.	Panasiuk Natalia			05	NZ Lublin					6:07.16	467	
	50m:	38.20	38.20	150m:	2:09.07	44.82	250m:	3:45.71	51.87	350m:	5:23.60 46.04	
	100m:	1:24.25	46.05	200m:	2:53.84	44.77	300m:	4:37.56	51.85	400m:	6:07.16 43.56	
Kat. D 40-44 lat												
1.	Majewski Michalina			84	MKP Gdańsk					5:36.65	713	
	50m:	37.44	37.44	150m:	2:04.30	42.85	250m:	3:34.15	47.02	350m:	5:00.19 38.11	
	100m:	1:21.45	44.01	200m:	2:47.13	42.83	300m:	4:22.08	47.93	400m:	5:36.65 36.46	
Kat. E 45-49 lat												
1.	Szelągowska Katarzyna			79	MUKS Zgierz					6:25.10	474	
	50m:	39.52	39.52	150m:	2:12.78	47.73	250m:	3:59.69	57.33	350m:	5:40.93 44.40	
	100m:	1:25.05	45.53	200m:	3:02.36	49.58	300m:	4:56.53	56.84	400m:	6:25.10 44.17	
2.	Klarecka Monika			77	MUKS Zgierz					7:57.76	248	
	50m:	53.94	53.94	150m:	3:00.58	1:05.22	250m:	5:08.19	1:04.63	350m:	7:05.30 53.68	
	100m:	1:55.36	1:01.42	200m:	4:03.56	1:02.98	300m:	6:11.62	1:03.43	400m:	7:57.76 52.46	
Kat. F 50-54 lat												
1.	Sulewska Beata			72	Weteran Zabrze					5:43.58	741	
	50m:	39.06	39.06	150m:	2:06.80	45.47	250m:	3:37.50	46.53	350m:	5:04.90 41.11	
	100m:	1:21.33	42.27	200m:	2:50.97	44.17	300m:	4:23.79	46.29	400m:	5:43.58 38.68	
Kat. G 55-59 lat												
1.	Wypych-Staszewska Izabela			70	MUKS Zgierz					6:49.52	458	
	50m:	45.12	45.12	150m:	2:26.50	50.23	250m:	4:17.11	1:00.22	350m:	6:03.16 47.90	
	100m:	1:36.27	51.15	200m:	3:16.89	50.39	300m:	5:15.26	58.15	400m:	6:49.52 46.36	
Kat. H 60-64 lat												
1.	Putowska Małgorzata			62	Cityzen Poznań					8:47.97	229	
	50m:	1:02.10	1:02.10	150m:	3:24.16	1:08.51	250m:	5:40.58	1:09.09	350m:	7:48.97 59.61	
	100m:	2:15.65	1:13.55	200m:	4:31.49	1:07.33	300m:	6:49.36	1:08.78	400m:	8:47.97 59.00	