



**Pomorska  
Federacja  
Sportu**



Liga Województwa Pomorskiego Młodzików  
Gdańsk, 21.2. - 19.4.2026

Konkurencja 7  
21.02.2026 - 11:06

Dziewczyna, 400m dowolny

12 - 13 lat  
Wyniki

Punkty: AQUA 2025

Pozycja			Rok ur.					Czas	Pkt.	
<b>12 lat</b>										
1.	Kumkowska Michalina		14	WOPR Malbork				<b>5:20.56</b>	370	15,00
	50m:	36.57 36.57	150m:	1:58.06	41.22	250m:	3:20.95	40.74	350m:	4:43.56 40.70
	100m:	1:16.84 40.27	200m:	2:40.21	42.15	300m:	4:02.86	41.91	400m:	5:20.56 37.00
2.	mudzi ska Katarzyna		14	Trójmiejska Akademia Triathlon				<b>5:21.39</b>	367	12,00
	50m:	37.11 37.11	150m:	1:59.46	42.08	250m:	3:22.74	41.57	350m:	4:44.18 40.19
	100m:	1:17.38 40.27	200m:	2:41.17	41.71	300m:	4:03.99	41.25	400m:	5:21.39 37.21
3.	Kortalla Zofia		14	Siódemka Sopot				<b>5:21.70</b>	366	11,00
	50m:	37.31 37.31	150m:	2:00.10	41.88	250m:	3:22.93	41.15	350m:	4:43.98 39.81
	100m:	1:18.22 40.91	200m:	2:41.78	41.68	300m:	4:04.17	41.24	400m:	5:21.70 37.72
4.	Przybylska Paulina		14	abianka Gdańsk				<b>5:22.16</b>	365	10,00
	50m:	34.25 34.25	150m:	1:55.41	41.97	250m:	3:19.15	42.20	350m:	4:43.24 41.09
	100m:	1:13.44 39.19	200m:	2:36.95	41.54	300m:	4:02.15	43.00	400m:	5:22.16 38.92
5.	Gołu ska Alicja		14	Delfin Gdynia				<b>5:29.78</b>	340	9,00
	50m:	36.05 36.05	150m:	1:58.08	41.33	250m:	3:21.30	41.66	350m:	4:47.50 43.72
	100m:	1:16.75 40.70	200m:	2:39.64	41.56	300m:	4:03.78	42.48	400m:	5:29.78 42.28
6.	Meyer Pola		14	Delfin Gdynia				<b>5:40.29</b>	309	8,00
	50m:	36.49 36.49	150m:	2:01.93	43.10	250m:	3:31.43	44.73	350m:	4:59.19 42.70
	100m:	1:18.83 42.34	200m:	2:46.70	44.77	300m:	4:16.49	45.06	400m:	5:40.29 41.10
7.	Ziółkowska-Cielak Helena		14	Siódemka Sopot				<b>5:40.82</b>	308	7,00
	50m:	38.67 38.67	150m:	2:06.45	44.51	250m:	3:35.11	44.71	350m:	5:01.25 43.00
	100m:	1:21.94 43.27	200m:	2:50.40	43.95	300m:	4:18.25	43.14	400m:	5:40.82 39.57
8.	Buzuk Aleksandra		14	Siódemka Sopot				<b>5:43.79</b>	300	6,00
	50m:	39.91 39.91	150m:	2:06.86	43.21	250m:	3:35.83	44.63	350m:	5:03.16 43.40
	100m:	1:23.65 43.74	200m:	2:51.20	44.34	300m:	4:19.76	43.93	400m:	5:43.79 40.63
9.	Pawłowska Eliza		14	Cartusia Kartuszy				<b>6:08.03</b>	244	5,00
	50m:	39.71 39.71	150m:	2:13.95	47.09	250m:	3:50.73	48.80	350m:	5:25.62 46.73
	100m:	1:26.86 47.15	200m:	3:01.93	47.98	300m:	4:38.89	48.16	400m:	6:08.03 42.41
10.	Wesserling Agata		14	Delfin Gdynia				<b>6:09.96</b>	241	4,00
	50m:	39.86 39.86	150m:	2:13.67	46.88	250m:	3:50.49	48.23	350m:	5:26.11 46.95
	100m:	1:26.79 46.93	200m:	3:02.26	48.59	300m:	4:39.16	48.67	400m:	6:09.96 43.85
11.	Marocka Oliwia		14	Ósemka Starogard Gdański				<b>6:11.65</b>	237	3,00
	50m:	39.39 39.39	150m:	2:13.70	47.90	250m:	3:51.78	49.44	350m:	5:28.56 47.72
	100m:	1:25.80 46.41	200m:	3:02.34	48.64	300m:	4:40.84	49.06	400m:	6:11.65 43.09
12.	Wachowiak Natalia		14	Trójmiejska Akademia Triathlon				<b>6:16.14</b>	229	2,00
	50m:	42.03 42.03	150m:	2:18.08	48.30	250m:	3:55.35	48.70	350m:	5:32.83 48.71
	100m:	1:29.78 47.75	200m:	3:06.65	48.57	300m:	4:44.12	48.77	400m:	6:16.14 43.31
13.	Zasłona Barbara		14	Barrakuda Gdańsk				<b>6:16.29</b>	229	1,00
	50m:	40.96 40.96	150m:	2:19.33	50.15	250m:	3:59.01	49.83	350m:	5:34.21 46.90
	100m:	1:29.18 48.22	200m:	3:09.18	49.85	300m:	4:47.31	48.30	400m:	6:16.29 42.08
14.	Topolewska Maja		14	Dwójka Morena Gdańsk				<b>6:19.47</b>	223	1,00
	50m:	41.34 41.34	150m:	2:16.34	47.89	250m:	3:56.77	52.96	350m:	5:35.06 47.59
	100m:	1:28.45 47.11	200m:	3:03.81	47.47	300m:	4:47.47	50.70	400m:	6:19.47 44.41





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Gdańsk, 21.2. - 19.4.2026

Konkurencja 7, Dziewcząt, 400m dowolny, 12 lat

Pozycja	Rok ur.				Czas				Pkt.	
15.	Nowakowska Zuzanna 14 abianka Gdańsk				<b>6:20.05</b>				222	1,00
	50m: 40.97	40.97	150m: 2:16.34	48.58	250m: 3:53.88	48.31	350m: 5:27.42	43.66		
	100m: 1:27.76	46.79	200m: 3:05.57	49.23	300m: 4:43.76	49.88	400m: 6:20.05	52.63		
16.	ylla Marcelina 14 Tri-Team Rumia				<b>6:21.71</b>				219	1,00
	50m: 43.74	43.74	150m: 2:21.42	49.28	250m: 4:00.55	50.01	350m: 5:38.64	49.38		
	100m: 1:32.14	48.40	200m: 3:10.54	49.12	300m: 4:49.26	48.71	400m: 6:21.71	43.07		
17.	Polatewicz Edyta 14 Kociwska Akademia Pływania				<b>6:30.03</b>				205	1,00
	50m: 43.04	43.04	150m: 2:21.31	48.88	250m: 4:02.63	49.79	350m: 5:44.23	49.56		
	100m: 1:32.43	49.39	200m: 3:12.84	51.53	300m: 4:54.67	52.04	400m: 6:30.03	45.80		
18.	Klejbach Lena 14 Barrakuda Gdańsk				<b>6:35.43</b>				197	1,00
	50m: 43.00	43.00	150m: 2:23.78	51.16	250m: 4:07.99	52.54	350m: 5:49.33	50.39		
	100m: 1:32.62	49.62	200m: 3:15.45	51.67	300m: 4:58.94	50.95	400m: 6:35.43	46.10		
19.	Zapadka Michalina 14 Dwójka Morena Gdańsk				<b>6:38.59</b>				192	1,00
	50m: 42.17	42.17	150m: 2:22.98	51.43	250m: 4:07.06	53.57	350m: 5:50.87	51.56		
	100m: 1:31.55	49.38	200m: 3:13.49	50.51	300m: 4:59.31	52.25	400m: 6:38.59	47.72		
20.	Kobiela Zuzanna 14 Cartusia Kartuzy				<b>6:38.76</b>				192	1,00
	50m: 44.14	44.14	150m: 2:25.84	52.16	250m: 4:08.49	52.36	350m: 5:51.56	51.41		
	100m: 1:33.68	49.54	200m: 3:16.13	50.29	300m: 5:00.15	51.66	400m: 6:38.76	47.20		
21.	Simon Julia 14 Siódemka Gdynia				<b>6:47.76</b>				180	1,00
	50m: 43.56	43.56	150m: 2:27.44	53.17	250m: 4:14.11	53.46	350m: 6:04.09	54.98		
	100m: 1:34.27	50.71	200m: 3:20.65	53.21	300m: 5:09.11	55.00	400m: 6:47.76	43.67		
22.	Tyrkiel Iga 14 Cartusia Kartuzy				<b>6:56.57</b>				168	1,00
	50m: 43.37	43.37	150m: 2:29.99	54.33	250m: 4:18.66	54.67	350m: 6:06.70	54.85		
	100m: 1:35.66	52.29	200m: 3:23.99	54.00	300m: 5:11.85	53.19	400m: 6:56.57	49.87		

13 lat

1.	Małecka Kaja 13 Dwójka Morena Gdańsk				<b>4:44.84</b>				528	15,00
	50m: 32.48	32.48	150m: 1:45.01	36.38	250m: 2:58.51	36.18	350m: 4:10.95	35.99		
	100m: 1:08.63	36.15	200m: 2:22.33	37.32	300m: 3:34.96	36.45	400m: 4:44.84	33.89		
2.	Paszek Hanna 13 Dwójka Tczew				<b>5:03.50</b>				436	12,00
	50m: 35.48	35.48	150m: 1:55.41	40.35	250m: 3:13.10	38.40	350m: 4:28.75	37.15		
	100m: 1:15.06	39.58	200m: 2:34.70	39.29	300m: 3:51.60	38.50	400m: 5:03.50	34.75		
3.	Paszek Magdalena 13 Dwójka Tczew				<b>5:07.31</b>				420	11,00
	50m: 34.18	34.18	150m: 1:53.39	39.88	250m: 3:14.62	41.03	350m: 4:32.59	37.68		
	100m: 1:13.51	39.33	200m: 2:33.59	40.20	300m: 3:54.91	40.29	400m: 5:07.31	34.72		
4.	Marcinkiewicz Maria 13 Skalar Słupsk				<b>5:09.55</b>				411	10,00
	50m: 36.09	36.09	150m: 1:53.31	38.94	250m: 3:12.47	39.81	350m: 4:32.05	39.55		
	100m: 1:14.37	38.28	200m: 2:32.66	39.35	300m: 3:52.50	40.03	400m: 5:09.55	37.50		
5.	Dembińska Maja 13 Delfin Gdynia				<b>5:11.37</b>				404	9,00
	50m: 33.73	33.73	150m: 1:52.60	40.26	250m: 3:13.63	39.81	350m: 4:34.70	40.17		
	100m: 1:12.34	38.61	200m: 2:33.82	41.22	300m: 3:54.53	40.90	400m: 5:11.37	36.67		
6.	Michałowska Emilia 13 Dwójka Morena Gdańsk				<b>5:14.65</b>				391	8,00
	50m: 35.25	35.25	150m: 1:55.72	40.63	250m: 3:15.97	39.90	350m: 4:37.21	40.28		
	100m: 1:15.09	39.84	200m: 2:36.07	40.35	300m: 3:56.93	40.96	400m: 5:14.65	37.44		





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Gdańsk, 21.2. - 19.4.2026

Konkurencja 7, Dziewcząt, 400m dowolny, 13 lat

Pozycja	Rok ur.				Czas				Pkt.		
7. Bączek Helena	13				Dwójka Morena Gdańsk				<b>5:15.92</b>	387	7,00
50m:	35.18	35.18	150m:	1:56.67	41.11	250m:	3:19.29	40.85	350m:	4:37.96	39.03
100m:	1:15.56	40.38	200m:	2:38.44	41.77	300m:	3:58.93	39.64	400m:	5:15.92	37.96
8. Cabańska Natalia	13				Dwójka Morena Gdańsk				<b>5:22.87</b>	362	6,00
50m:	37.49	37.49	150m:	1:59.49	42.51	250m:	3:22.76	41.85	350m:	4:44.23	39.56
100m:	1:16.98	39.49	200m:	2:40.91	41.42	300m:	4:04.67	41.91	400m:	5:22.87	38.64
9. Czerniawska Zuzanna	13				Dwójka Morena Gdańsk				<b>5:25.76</b>	353	5,00
50m:	36.81	36.81	150m:	1:58.58	41.40	250m:	3:22.31	41.87	350m:	4:46.79	42.66
100m:	1:17.18	40.37	200m:	2:40.44	41.86	300m:	4:04.13	41.82	400m:	5:25.76	38.97
10. Szekalska Emilia	13				Barrakuda Gdańsk				<b>5:28.87</b>	343	4,00
50m:	36.23	36.23	150m:	1:58.70	41.94	250m:	3:22.85	41.60	350m:	4:50.02	43.80
100m:	1:16.76	40.53	200m:	2:41.25	42.55	300m:	4:06.22	43.37	400m:	5:28.87	38.85
11. Langa Liliana	13				Tri-Team Rumia				<b>5:44.91</b>	297	3,00
50m:	39.02	39.02	150m:	2:08.53	45.36	250m:	3:37.63	44.14	350m:	5:04.70	42.91
100m:	1:23.17	44.15	200m:	2:53.49	44.96	300m:	4:21.79	44.16	400m:	5:44.91	40.21
12. Buraczewska Malwina	13				Delfin Gdynia				<b>5:47.75</b>	290	2,00
50m:	37.68	37.68	150m:	2:06.68	44.59	250m:	3:37.94	45.86	350m:	5:08.14	45.32
100m:	1:22.09	44.41	200m:	2:52.08	45.40	300m:	4:22.82	44.88	400m:	5:47.75	39.61
13. Talaga Lidia	13				Trójmiejska Akademia Triathlon				<b>5:57.75</b>	266	1,00
50m:	38.68	38.68	150m:	2:09.01	46.46	250m:	3:41.73	47.22	350m:	5:15.41	46.34
100m:	1:22.55	43.87	200m:	2:54.51	45.50	300m:	4:29.07	47.34	400m:	5:57.75	42.34
14. Chepyk Anna	13				abianka Gdańsk				<b>5:59.85</b>	261	1,00
50m:	37.56	37.56	150m:	2:09.60	46.60	250m:	3:43.09	46.85	350m:	5:15.62	45.83
100m:	1:23.00	45.44	200m:	2:56.24	46.64	300m:	4:29.79	46.70	400m:	5:59.85	44.23
15. Jakubik Lena	13				1 Solex L bork				<b>6:28.87</b>	207	1,00
50m:	40.12	40.12	150m:	2:16.43	49.44	250m:	3:57.61	52.02	350m:	5:41.30	52.09
100m:	1:26.99	46.87	200m:	3:05.59	49.16	300m:	4:49.21	51.60	400m:	6:28.87	47.57
16. Chabinka Krystyna	13				Trójmiejska Akademia Triathlon				<b>6:29.95</b>	205	1,00
50m:	42.43	42.43	150m:	2:22.20	50.19	250m:	4:03.58	51.25	350m:	5:43.97	50.17
100m:	1:32.01	49.58	200m:	3:12.33	50.13	300m:	4:53.80	50.22	400m:	6:29.95	45.98
17. Piwka Lena	13				1 Solex L bork				<b>7:17.22</b>	146	1,00
50m:	45.51	45.51	150m:	2:35.77	55.93	250m:	4:30.05	57.38	350m:	6:22.62	55.78
100m:	1:39.84	54.33	200m:	3:32.67	56.90	300m:	5:26.84	56.79	400m:	7:17.22	54.60
18. Traskowska Róża	13				1 Solex L bork				<b>7:44.89</b>	121	1,00
50m:	48.18	48.18	150m:	2:38.52	57.05	250m:	4:32.42	56.46	350m:	6:25.12	56.03
100m:	1:41.47	53.29	200m:	3:35.96	57.44	300m:	5:29.09	56.67	400m:	7:44.89	1:19.77

