



Pomorska
Federacja
Sportu



Liga Województwa Pomorskiego Juniorów i Młodzie ovców
Słupsk, 27.2. - 24.5.2026

Konkurencja 22
24.05.2026 - 9:05

Kobiet, 400m zmienny

14 - 23 lat
Wyniki

Punkty: AQUA 2025

Pozycja	Rok ur.	Czas	FINA	Pkt
14 lat				
1. Jó ko Julia	12 abianka Gda sk	5:32.82	452	15,00
50m: 33.70 33.70	150m: 1:58.83 41.88	250m: 3:27.59 47.80	350m: 4:55.01 38.78	
100m: 1:16.95 43.25	200m: 2:39.79 40.96	300m: 4:16.23 48.64	400m: 5:32.82 37.81	
2. Kłyszajko Natalia	12 Skalar Słupsk	6:08.29	333	12,00
50m: 42.83 42.83	150m: 2:16.62 45.11	250m: 3:51.92 49.75	350m: 5:26.12 43.10	
100m: 1:31.51 48.68	200m: 3:02.17 45.55	300m: 4:43.02 51.10	400m: 6:08.29 42.17	
3. Nowicka Maja	12 abianka Gda sk	6:12.11	323	11,00
50m: 38.53 38.53	150m: 2:12.24 45.33	250m: 3:53.80 57.27	350m: 5:34.09 41.78	
100m: 1:26.91 48.38	200m: 2:56.53 44.29	300m: 4:52.31 58.51	400m: 6:12.11 38.02	
4. Wons Martyna	12 Ósemka Starogard Gda ski	6:38.22	264	10,00
50m: 46.99 46.99	150m: 2:33.52 48.27	250m: 4:15.99 54.71	350m: 5:54.95 44.62	
100m: 1:45.25 58.26	200m: 3:21.28 47.76	300m: 5:10.33 54.34	400m: 6:38.22 43.27	
15 lat				
1. Palicka Patrycja	11 Skalar Słupsk	5:38.46	430	15,00
50m: 37.33 37.33	150m: 2:04.63 44.32	250m: 3:36.18 47.76	350m: 5:02.76 37.61	
100m: 1:20.31 42.98	200m: 2:48.42 43.79	300m: 4:25.15 48.97	400m: 5:38.46 35.70	
16 lat				
1. Paszek Lidia	10 Dwójka Tczew	5:15.91	528	15,00
50m: 33.55 33.55	150m: 1:52.58 41.42	250m: 3:18.45 46.33	350m: 4:41.57 37.01	
100m: 1:11.16 37.61	200m: 2:32.12 39.54	300m: 4:04.56 46.11	400m: 5:15.91 34.34	
2. Krawiec Selena	10 abianka Gda sk	5:28.45	470	12,00
50m: 37.33 37.33	150m: 2:03.09 43.20	250m: 3:29.73 45.65	350m: 4:52.99 37.61	
100m: 1:19.89 42.56	200m: 2:44.08 40.99	300m: 4:15.38 45.65	400m: 5:28.45 35.46	
17 - 18 lat				
1. Tatkowska Oliwia	09 MKP Gda sk	5:46.64	400	15,00
50m: 37.44 37.44	150m: 2:04.55 45.61	250m: 3:37.08 47.53	350m: 5:07.06 41.26	
100m: 1:18.94 41.50	200m: 2:49.55 45.00	300m: 4:25.80 48.72	400m: 5:46.64 39.58	
2. Sosnowska Urszula	09 Delfin Gdynia	5:56.13	369	12,00
50m: 38.18 38.18	150m: 2:10.69 47.38	250m: 3:42.52 46.28	350m: 5:14.11 43.08	
100m: 1:23.31 45.13	200m: 2:56.24 45.55	300m: 4:31.03 48.51	400m: 5:56.13 42.02	
19 - 23 lat				
1. Rudomina Agnieszka	06 MKP Gda sk	5:31.39	458	15,00
50m: 37.15 37.15	150m: 1:59.69 41.42	250m: 3:28.47 48.59	350m: 4:55.70 36.35	
100m: 1:18.27 41.12	200m: 2:39.88 40.19	300m: 4:19.35 50.88	400m: 5:31.39 35.69	