



Pomorska
Federacja
Sportu



Liga Województwa Pomorskiego Juniorów i Młodzie ovców
Słupsk, 27.2. - 24.5.2026

Konkurencja 34

Kobiet, 400m dowolny

14 - 23 lat

24.05.2026 - 12:25

Wyniki

Punkty: AQUA 2025

Pozycja	Rok ur.	Czas	FINA	Pkt
14 lat				
1. Filipiak Liliana	12 Dwójka Morena Gda sk	4:49.43	503	15,00
50m: 32.74 32.74	150m: 1:46.85 37.44	250m: 2:59.76 36.32	350m: 4:13.94 36.83	
100m: 1:09.41 36.67	200m: 2:23.44 36.59	300m: 3:37.11 37.35	400m: 4:49.43 35.49	
2. Gzella Kornelia	12 Dwójka Tczew	4:52.87	485	12,00
50m: 32.49 32.49	150m: 1:47.16 37.69	250m: 3:02.16 37.48	350m: 4:17.41 37.56	
100m: 1:09.47 36.98	200m: 2:24.68 37.52	300m: 3:39.85 37.69	400m: 4:52.87 35.46	
3. Witkowska Blanka	12 Dwójka Morena Gda sk	4:58.45	459	11,00
50m: 33.48 33.48	150m: 1:49.58 38.58	250m: 3:07.07 38.44	350m: 4:23.08 37.90	
100m: 1:11.00 37.52	200m: 2:28.63 39.05	300m: 3:45.18 38.11	400m: 4:58.45 35.37	
4. Janeczek Pola	12 Ósemka Starogard Gda ski	5:35.78	322	10,00
50m: 37.96 37.96	150m: 2:02.18 42.83	250m: 3:28.11 44.18	350m: 4:55.53 43.09	
100m: 1:19.35 41.39	200m: 2:43.93 41.75	300m: 4:12.44 44.33	400m: 5:35.78 40.25	
5. Ratajczak Gabriela	12 TRI-Team Rumia	5:50.38	283	9,00
50m: 40.91 40.91	150m: 2:11.24 44.81	250m: 3:41.05 44.75	350m: 5:10.40 44.30	
100m: 1:26.43 45.52	200m: 2:56.30 45.06	300m: 4:26.10 45.05	400m: 5:50.38 39.98	
15 lat				
1. Palicka Patrycja	11 Skalar Słupsk	4:34.45	590	15,00
50m: 32.51 32.51	150m: 1:41.39 34.97	250m: 2:51.37 35.01	350m: 4:01.48 34.85	
100m: 1:06.42 33.91	200m: 2:16.36 34.97	300m: 3:26.63 35.26	400m: 4:34.45 32.97	
2. Domeradzka Łucja	11 abianka Gda sk	4:57.84	462	12,00
50m: 34.36 34.36	150m: 1:49.61 38.02	250m: 3:06.02 38.01	350m: 4:21.78 37.45	
100m: 1:11.59 37.23	200m: 2:28.01 38.40	300m: 3:44.33 38.31	400m: 4:57.84 36.06	
3. Skierka Magdalena	11 Dwójka Morena Gda sk	4:59.41	454	11,00
50m: 32.35 32.35	150m: 1:46.62 37.40	250m: 3:03.25 38.19	350m: 4:22.75 40.27	
100m: 1:09.22 36.87	200m: 2:25.06 38.44	300m: 3:42.48 39.23	400m: 4:59.41 36.66	
4. Wójs Oliwia	11 Siódemka Sopot	5:08.82	414	10,00
50m: 34.31 34.31	150m: 1:50.26 38.12	250m: 3:09.43 39.49	350m: 4:29.40 40.27	
100m: 1:12.14 37.83	200m: 2:29.94 39.68	300m: 3:49.13 39.70	400m: 5:08.82 39.42	
5. Wieczorek Liliana	11 Dwójka Tczew	5:10.11	409	9,00
50m: 33.50 33.50	150m: 1:49.91 39.05	250m: 3:09.23 40.05	350m: 4:31.39 41.10	
100m: 1:10.86 37.36	200m: 2:29.18 39.27	300m: 3:50.29 41.06	400m: 5:10.11 38.72	
6. Radecka Helena	11 abianka Gda sk	5:20.47	370	8,00
50m: 35.18 35.18	150m: 1:55.79 41.23	250m: 3:18.33 40.97	350m: 4:42.00 41.77	
100m: 1:14.56 39.38	200m: 2:37.36 41.57	300m: 4:00.23 41.90	400m: 5:20.47 38.47	
7. Makarenkova Dominika	11 abianka Gda sk	5:24.20	358	7,00
50m: 36.81 36.81	150m: 1:58.42 41.20	250m: 3:21.73 41.87	350m: 4:44.58 41.82	
100m: 1:17.22 40.41	200m: 2:39.86 41.44	300m: 4:02.76 41.03	400m: 5:24.20 39.62	
8. Drozdowska Zofia	11 abianka Gda sk	5:25.93	352	6,00
50m: 36.72 36.72	150m: 1:58.10 41.02	250m: 3:21.34 41.62	350m: 4:45.01 41.84	
100m: 1:17.08 40.36	200m: 2:39.72 41.62	300m: 4:03.17 41.83	400m: 5:25.93 40.92	





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Konkurencja 34, Dziewcz t, 400m dowolny, 15 lat

Pozycja	Rok ur.	Czas	FINA	Pkt
9. Ró ycka Wiktoria	11 Siódemka Sopot	5:37.97	316	5,00
50m: 35.03 35.03	150m: 1:57.24 42.64	250m: 3:26.97 45.55	350m: 4:57.91 45.25	
100m: 1:14.60 39.57	200m: 2:41.42 44.18	300m: 4:12.66 45.69	400m: 5:37.97 40.06	
10. Makaruk Carmen	11 abianka Gda sk	6:11.14	238	4,00
50m: 40.68 40.68	150m: 2:14.22 46.97	250m: 3:52.13 48.83	350m: 5:28.49 46.16	
100m: 1:27.25 46.57	200m: 3:03.30 49.08	300m: 4:42.33 50.20	400m: 6:11.14 42.65	

16 lat

1. Krawczyk Aleksandra	10 Barrakuda Gda sk	4:36.31	578	15,00
50m: 31.58 31.58	150m: 1:40.55 34.84	250m: 2:51.16 35.38	350m: 4:02.19 35.43	
100m: 1:05.71 34.13	200m: 2:15.78 35.23	300m: 3:26.76 35.60	400m: 4:36.31 34.12	
2. Dubiel Liliana	10 abianka Gda sk	4:51.32	493	12,00
50m: 33.09 33.09	150m: 1:45.57 36.56	250m: 3:00.08 37.67	350m: 4:15.68 37.66	
100m: 1:09.01 35.92	200m: 2:22.41 36.84	300m: 3:38.02 37.94	400m: 4:51.32 35.64	
3. Krawiec Selena	10 abianka Gda sk	4:54.53	477	11,00
50m: 34.23 34.23	150m: 1:48.95 37.85	250m: 3:04.80 37.70	350m: 4:19.47 37.15	
100m: 1:11.10 36.87	200m: 2:27.10 38.15	300m: 3:42.32 37.52	400m: 4:54.53 35.06	
4. Giers Anna	10 MKP Gda sk	5:00.24	451	10,00
50m: 33.77 33.77	150m: 1:48.76 38.06	250m: 3:06.06 38.90	350m: 4:23.60 38.78	
100m: 1:10.70 36.93	200m: 2:27.16 38.40	300m: 3:44.82 38.76	400m: 5:00.24 36.64	
5. Krzy anowska Julia	10 abianka Gda sk	5:04.04	434	9,00
50m: 33.60 33.60	150m: 1:49.86 38.97	250m: 3:08.47 39.59	350m: 4:27.02 39.28	
100m: 1:10.89 37.29	200m: 2:28.88 39.02	300m: 3:47.74 39.27	400m: 5:04.04 37.02	
6. Głomska Maja	10 Dwójka Tczew	5:04.81	431	8,00
50m: 33.82 33.82	150m: 1:50.74 39.62	250m: 3:10.17 39.32	350m: 4:27.87 38.37	
100m: 1:11.12 37.30	200m: 2:30.85 40.11	300m: 3:49.50 39.33	400m: 5:04.81 36.94	

17 - 18 lat

1. Majewska Martyna	08 abianka Gda sk	4:28.88	627	15,00
50m: 29.97 29.97	150m: 1:35.12 33.03	250m: 2:42.66 33.89	350m: 3:53.06 35.76	
100m: 1:02.09 32.12	200m: 2:08.77 33.65	300m: 3:17.30 34.64	400m: 4:28.88 35.82	
2. Gna Nadia	09 TRI-Team Rumia	4:34.05	593	12,00
50m: 32.40 32.40	150m: 1:41.78 34.80	250m: 2:51.84 35.16	350m: 4:01.75 34.82	
100m: 1:06.98 34.58	200m: 2:16.68 34.90	300m: 3:26.93 35.09	400m: 4:34.05 32.30	

19 - 23 lat

1. Rudomina Agnieszka	06 MKP Gda sk	4:36.02	580	15,00
50m: 32.49 32.49	150m: 1:41.96 34.88	250m: 2:52.14 35.10	350m: 4:02.40 35.17	
100m: 1:07.08 34.59	200m: 2:17.04 35.08	300m: 3:27.23 35.09	400m: 4:36.02 33.62	
2. Siennicka Kornelia	05 MKP Gda sk	4:54.60	477	12,00
50m: 33.31 33.31	150m: 1:46.34 36.96	250m: 3:02.14 38.26	350m: 4:17.88 37.86	
100m: 1:09.38 36.07	200m: 2:23.88 37.54	300m: 3:40.02 37.88	400m: 4:54.60 36.72	
3. Dudek Antonina	05 MKP Gda sk	5:49.23	286	11,00
50m: 36.86 36.86	150m: 2:01.76 43.39	250m: 3:32.20 45.43	350m: 5:04.86 46.00	
100m: 1:18.37 41.51	200m: 2:46.77 45.01	300m: 4:18.86 46.66	400m: 5:49.23 44.37	

