



Pomorska
Federacja
Sportu



Liga Województwa Pomorskiego Juniorów i Młodzie ovców
Słupsk, 27.2. - 24.5.2026

Konkurencja 35
24.05.2026 - 12:55

M czyzn, 400m dowolny

14 - 23 lat
Wyniki

Punkty: AQUA 2025

Pozycja	Rok ur.	Czas	FINA	Pkt
14 lat				
1. Kowalski Antoni	12 Dwójka Morena Gda sk	4:15.73	571	15,00
50m: 28.68 28.68	150m: 1:33.46 33.07	250m: 2:38.66 32.37	350m: 3:44.06 32.52	
100m: 1:00.39 31.71	200m: 2:06.29 32.83	300m: 3:11.54 32.88	400m: 4:15.73 31.67	
2. Głuszkiewicz Marcel	12 Dwójka Tczew	4:29.08	490	12,00
50m: 30.09 30.09	150m: 1:36.80 33.87	250m: 2:45.95 34.50	350m: 3:55.84 34.83	
100m: 1:02.93 32.84	200m: 2:11.45 34.65	300m: 3:21.01 35.06	400m: 4:29.08 33.24	
3. Krawczyk Jakub	12 Dwójka Morena Gda sk	4:34.75	461	11,00
50m: 32.07 32.07	150m: 1:41.97 35.07	250m: 2:52.73 35.40	350m: 4:02.61 34.66	
100m: 1:06.90 34.83	200m: 2:17.33 35.36	300m: 3:27.95 35.22	400m: 4:34.75 32.14	
4. Gutsman Dawyd	12 Siódemka Sopot	4:34.90	460	10,00
50m: 30.34 30.34	150m: 1:40.30 35.53	250m: 2:51.46 35.71	350m: 4:02.59 35.57	
100m: 1:04.77 34.43	200m: 2:15.75 35.45	300m: 3:27.02 35.56	400m: 4:34.90 32.31	
5. Szuwalski Bartosz	12 Skalar Słupsk	4:49.43	394	9,00
50m: 32.98 32.98	150m: 1:46.36 36.75	250m: 2:59.96 37.00	350m: 4:14.76 37.16	
100m: 1:09.61 36.63	200m: 2:22.96 36.60	300m: 3:37.60 37.64	400m: 4:49.43 34.67	
6. Borowski Piotr	12 Cartusia Kartuzy	4:50.21	391	8,00
50m: 33.12 33.12	150m: 1:47.35 36.95	250m: 3:02.71 37.50	350m: 4:18.02 37.51	
100m: 1:10.40 37.28	200m: 2:25.21 37.86	300m: 3:40.51 37.80	400m: 4:50.21 32.19	
7. Werner Karol	12 Dwójka Tczew	4:50.87	388	7,00
50m: 32.18 32.18	150m: 1:46.29 37.66	250m: 3:00.79 37.37	350m: 4:15.66 36.93	
100m: 1:08.63 36.45	200m: 2:23.42 37.13	300m: 3:38.73 37.94	400m: 4:50.87 35.21	
8. Jabło ski Jakub	12 abianka Gda sk	4:52.90	380	6,00
50m: 33.99 33.99	150m: 1:49.13 38.00	250m: 3:04.54 37.28	350m: 4:18.50 36.80	
100m: 1:11.13 37.14	200m: 2:27.26 38.13	300m: 3:41.70 37.16	400m: 4:52.90 34.40	
9. Gdanietz Oleg	12 Dwójka Tczew	4:53.12	379	5,00
50m: 32.55 32.55	150m: 1:47.16 37.38	250m: 3:02.32 37.69	350m: 4:17.70 37.50	
100m: 1:09.78 37.23	200m: 2:24.63 37.47	300m: 3:40.20 37.88	400m: 4:53.12 35.42	
10. Włodarczyk Jan	12 Dwójka Morena Gda sk	4:55.20	371	4,00
50m: 34.41 34.41	150m: 1:50.30 38.12	250m: 3:05.19 37.64	350m: 4:19.32 36.97	
100m: 1:12.18 37.77	200m: 2:27.55 37.25	300m: 3:42.35 37.16	400m: 4:55.20 35.88	
11. Rudzki Kacper	12 Dwójka Morena Gda sk	4:56.93	365	3,00
50m: 33.30 33.30	150m: 1:48.81 38.13	250m: 3:05.24 38.30	350m: 4:21.38 38.07	
100m: 1:10.68 37.38	200m: 2:26.94 38.13	300m: 3:43.31 38.07	400m: 4:56.93 35.55	
12. Suwara Konrad	12 Barrakuda Gda sk	5:11.16	317	2,00
50m: 34.02 34.02	150m: 1:51.09 39.09	250m: 3:10.58 39.77	350m: 4:31.97 40.52	
100m: 1:12.00 37.98	200m: 2:30.81 39.72	300m: 3:51.45 40.87	400m: 5:11.16 39.19	
13. Paulouski Yahor	12 Dwójka Morena Gda sk	5:15.64	304	1,00
50m: 36.27 36.27	150m: 1:57.29 40.85	250m: 3:19.22 41.56	350m: 4:38.53 38.77	
100m: 1:16.44 40.17	200m: 2:37.66 40.37	300m: 3:59.76 40.54	400m: 5:15.64 37.11	
14. Rewers Dawid	12 MKP Gda sk	5:27.11	273	1,00
50m: 36.02 36.02	150m: 1:59.12 41.93	250m: 3:24.21 42.94	350m: 4:50.27 43.56	
100m: 1:17.19 41.17	200m: 2:41.27 42.15	300m: 4:06.71 42.50	400m: 5:27.11 36.84	





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Słupsk, 27.2. - 24.5.2026

Konkurencja 35, Chłopców, 400m dowolny, 14 lat

Pozycja		Rok ur.						Czas	FINA	Pkt
15.	Brzozowski Tadeusz	12	WOPR Malbork					5:28.12	270	1,00
	50m: 36.33 36.33	150m: 1:58.27 42.09	250m: 3:23.49 42.62	350m: 4:47.88 42.03						
	100m: 1:16.18 39.85	200m: 2:40.87 42.60	300m: 4:05.85 42.36	400m: 5:28.12 40.24						
16.	Lech Mateusz	12	Dwójka Morena Gda sk					5:29.58	267	1,00
	50m: 37.05 37.05	150m: 1:59.76 42.38	250m: 3:26.10 43.30	350m: 4:49.18 41.17						
	100m: 1:17.38 40.33	200m: 2:42.80 43.04	300m: 4:08.01 41.91	400m: 5:29.58 40.40						
17.	Igli ski Mateusz	12	MKP Gda sk					5:34.42	255	1,00
	50m: 38.57 38.57	150m: 2:04.77 43.74	250m: 3:32.08 43.49	350m: 4:55.69 41.07						
	100m: 1:21.03 42.46	200m: 2:48.59 43.82	300m: 4:14.62 42.54	400m: 5:34.42 38.73						

15 lat

1.	Łuniewski Tymoteusz	11	Skalar Słupsk					4:23.36	523	15,00
	50m: 29.90 29.90	150m: 1:36.41 33.59	250m: 2:44.29 33.74	350m: 3:52.68 34.14						
	100m: 1:02.82 32.92	200m: 2:10.55 34.14	300m: 3:18.54 34.25	400m: 4:23.36 30.68						
2.	Mazur Kajetan	11	Dwójka Morena Gda sk					4:28.07	496	12,00
	50m: 30.21 30.21	150m: 1:37.38 34.02	250m: 2:46.20 34.35	350m: 3:54.67 34.44						
	100m: 1:03.36 33.15	200m: 2:11.85 34.47	300m: 3:20.23 34.03	400m: 4:28.07 33.40						
3.	Muszy ski Wojciech	11	abianka Gda sk					4:43.56	419	11,00
	50m: 31.85 31.85	150m: 1:43.54 36.22	250m: 2:57.52 36.83	350m: 4:10.21 36.27						
	100m: 1:07.32 35.47	200m: 2:20.69 37.15	300m: 3:33.94 36.42	400m: 4:43.56 33.35						
4.	Nowak Witold	11	Barrakuda Gda sk					4:43.66	418	10,00
	50m: 31.62 31.62	150m: 1:43.31 36.60	250m: 2:56.69 36.55	350m: 4:09.91 36.77						
	100m: 1:06.71 35.09	200m: 2:20.14 36.83	300m: 3:33.14 36.45	400m: 4:43.66 33.75						
5.	Ochenkowski Oliver	11	Dwójka Morena Gda sk					4:44.93	413	9,00
	50m: 32.40 32.40	150m: 1:44.89 36.70	250m: 2:57.54 35.77	350m: 4:10.69 37.08						
	100m: 1:08.19 35.79	200m: 2:21.77 36.88	300m: 3:33.61 36.07	400m: 4:44.93 34.24						
6.	Kula Jakub	11	abianka Gda sk					4:51.06	387	8,00
	50m: 31.99 31.99	150m: 1:45.35 37.19	250m: 3:00.85 37.91	350m: 4:16.07 37.54						
	100m: 1:08.16 36.17	200m: 2:22.94 37.59	300m: 3:38.53 37.68	400m: 4:51.06 34.99						
7.	May Jakub	11	Dwójka Morena Gda sk					4:54.16	375	7,00
	50m: 33.50 33.50	150m: 1:47.62 37.83	250m: 3:03.47 38.03	350m: 4:18.80 36.89						
	100m: 1:09.79 36.29	200m: 2:25.44 37.82	300m: 3:41.91 38.44	400m: 4:54.16 35.36						
8.	Jó ko Antoni	11	abianka Gda sk					5:09.96	321	6,00
	50m: 34.29 34.29	150m: 1:54.30 40.47	250m: 3:14.59 40.27	350m: 4:34.10 39.96						
	100m: 1:13.83 39.54	200m: 2:34.32 40.02	300m: 3:54.14 39.55	400m: 5:09.96 35.86						

16 lat

1.	Bielecki Konrad	10	Delfin Gdynia					4:18.19	555	15,00
	50m: 28.25 28.25	150m: 1:31.58 32.32	250m: 2:37.85 33.34	350m: 3:45.32 33.89						
	100m: 59.26 31.01	200m: 2:04.51 32.93	300m: 3:11.43 33.58	400m: 4:18.19 32.87						
2.	Górecki Wiktor	10	abianka Gda sk					4:25.15	512	12,00
	50m: 29.65 29.65	150m: 1:35.86 33.60	250m: 2:44.05 34.48	350m: 3:52.31 33.90						
	100m: 1:02.26 32.61	200m: 2:09.57 33.71	300m: 3:18.41 34.36	400m: 4:25.15 32.84						
3.	Flis Jakub	10	abianka Gda sk					4:35.42	457	11,00
	50m: 31.43 31.43	150m: 1:41.43 35.52	250m: 2:52.62 35.53	350m: 4:02.99 34.94						
	100m: 1:05.91 34.48	200m: 2:17.09 35.66	300m: 3:28.05 35.43	400m: 4:35.42 32.43						





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Konkurencja 35, Chłopców, 400m dowolny, 16 lat

Pozycja			Rok ur.					Czas	FINA	Pkt		
4.	Chuk Mikołaj		10	Delfin Gdynia				4:36.20	453	10,00		
	50m:	30.42	30.42	150m:	1:39.82	35.04	250m:	2:50.53	35.55	350m:	4:01.66	35.61
	100m:	1:04.78	34.36	200m:	2:14.98	35.16	300m:	3:26.05	35.52	400m:	4:36.20	34.54
5.	Łuba Aleksander		10	TRI-Team Rumia				4:51.97	384	9,00		
	50m:	33.21	33.21	150m:	1:45.97	36.84	250m:	3:01.29	37.86	350m:	4:17.05	37.70
	100m:	1:09.13	35.92	200m:	2:23.43	37.46	300m:	3:39.35	38.06	400m:	4:51.97	34.92
6.	Owczarek Mikołaj		10	abianka Gda sk				4:52.12	383	8,00		
	50m:	31.40	31.40	150m:	1:46.77	38.27	250m:	3:01.38	36.73	350m:	4:16.36	37.79
	100m:	1:08.50	37.10	200m:	2:24.65	37.88	300m:	3:38.57	37.19	400m:	4:52.12	35.76
7.	Szymandera Jakub		10	Aqua Ustka				4:55.23	371	7,00		
	50m:	33.80	33.80	150m:	1:50.06	38.95	250m:	3:07.47	38.74	350m:	4:22.71	36.78
	100m:	1:11.11	37.31	200m:	2:28.73	38.67	300m:	3:45.93	38.46	400m:	4:55.23	32.52

17 - 18 lat

1.	Bobek Witold		08	abianka Gda sk				4:12.37	594	15,00		
	50m:	29.59	29.59	150m:	1:33.21	31.79	250m:	2:36.66	31.55	350m:	3:41.33	32.74
	100m:	1:01.42	31.83	200m:	2:05.11	31.90	300m:	3:08.59	31.93	400m:	4:12.37	31.04
2.	Ja czak Michał		08	MKP Gda sk				4:21.84	532	12,00		
	50m:	30.47	30.47	150m:	1:36.20	33.04	250m:	2:42.80	33.42	350m:	3:49.49	33.27
	100m:	1:03.16	32.69	200m:	2:09.38	33.18	300m:	3:16.22	33.42	400m:	4:21.84	32.35
3.	Gajek Bartosz		08	MKP Gda sk				4:28.75	492	11,00		
	50m:	31.01	31.01	150m:	1:37.64	33.54	250m:	2:46.06	34.43	350m:	3:55.71	34.82
	100m:	1:04.10	33.09	200m:	2:11.63	33.99	300m:	3:20.89	34.83	400m:	4:28.75	33.04

19 - 23 lat

1.	Filipiak Mikołaj		06	Barrakuda Gda sk				3:49.93	786	15,00		
	50m:	26.68	26.68	150m:	1:24.26	29.04	250m:	2:23.45	29.57	350m:	3:22.24	29.07
	100m:	55.22	28.54	200m:	1:53.88	29.62	300m:	2:53.17	29.72	400m:	3:49.93	27.69
2.	Dworakowski Bła ej		07	Delfin Gdynia				4:01.59	678	12,00		
	50m:	27.76	27.76	150m:	1:28.40	30.53	250m:	2:30.10	30.87	350m:	3:31.94	30.88
	100m:	57.87	30.11	200m:	1:59.23	30.83	300m:	3:01.06	30.96	400m:	4:01.59	29.65
3.	Zdybel Adam		05	Delfin Gdynia				4:15.01	576	11,00		
	50m:	28.71	28.71	150m:	1:30.72	31.61	250m:	2:35.65	32.74	350m:	3:42.86	33.76
	100m:	59.11	30.40	200m:	2:02.91	32.19	300m:	3:09.10	33.45	400m:	4:15.01	32.15
4.	Serwi ski Kacper		07	MKP Gda sk				4:37.49	447	10,00		
	50m:	32.13	32.13	150m:	1:42.04	35.11	250m:	2:53.15	36.09	350m:	4:03.94	35.39
	100m:	1:06.93	34.80	200m:	2:17.06	35.02	300m:	3:28.55	35.40	400m:	4:37.49	33.55

