

GDAŃSK



MEET INFORMATION

POLISH CUP IN MASTERS SWIMMING

GDAŃSK, 10–11 OCTOBER 2026



www.swimspot.pl



Gdański
Ośrodek Sportu

1. ORGANIZER

- MŁODZIEŻOWY KLUB PŁYWACKI GDAŃSK
- GDAŃSK OŚRODEK SPORTU

2. CHAIRMAN OF THE ORGANIZING COMMITTEE

JAROSŁAW BŁAŻEK
TEL. +48 785331511
E-MAIL: OBOZY.SM@GMAIL.COM

3. DATE AND VENUE

10-11 OCTOBER 2026
GOS "GDAŃSK CHEŁM" SWIMMING POOL
UL. CHAŁUBIŃSKIEGO 13
80-809 GDAŃSK, POLAND

4. POOL SPECIFICATIONS

- POOL LENGTH: 25 M
- NUMBER OF LANES: 6
- WATER TEMPERATURE: MINIMUM 27°C
- TIMING SYSTEM: ELECTRONIC (COLORADO)

5. PARTICIPATION

THE COMPETITION IS OPEN TO FEMALE AND MALE SWIMMERS BORN IN 2006 OR EARLIER.

WITHIN THE ENTRY FEE, EACH SWIMMER MAY PARTICIPATE:

- IN THE FIRST COMPETITION SESSION - SATURDAY: IN TWO INDIVIDUAL EVENTS AND ONE RELAY;
- IN THE SECOND COMPETITION SESSION - SUNDAY: IN TWO INDIVIDUAL EVENTS AND ONE RELAY

ONLY SWIMMERS WHO ARE MEMBERS OF AND ENTERED BY SWIMMING CLUBS MAY PARTICIPATE IN RELAY EVENTS.

BEFORE REGISTRATION, EVERY PARTICIPANT MUST READ THE CONTENT OF THE DECLARATION (AVAILABLE FOR DOWNLOAD ON LIVETIMING.PL). DURING REGISTRATION, EACH PARTICIPANT ONLY NEEDS TO SIGN A CONFIRMATION THAT THEY HAVE READ THE ABOVE DECLARATION, THAT THEIR HEALTH CONDITION ALLOWS THEM TO PARTICIPATE IN THE COMPETITION, AND THAT THEY COMPETE AT THEIR OWN RESPONSIBILITY. TO STREAMLINE THE REGISTRATION PROCESS, SWIMMERS DO NOT NEED TO COMPLETE THE DECLARATIONS; THEY ONLY NEED TO SIGN THAT THEY HAVE READ THEM.

SWIMMERS REPRESENTING CLUBS AND SECTIONS MAY REGISTER ONLY THROUGH CLUB ENTRIES.
UNAFFILIATED SWIMMERS REGISTER INDIVIDUALLY AND MUST PROVIDE THE CITY THEY REPRESENT.

6. ENTRIES

- CLUB ENTRIES, INCLUDING THE ENTRY TIMES OF EACH SWIMMER IN EVERY EVENT, MUST BE SUBMITTED EXCLUSIVELY IN ELECTRONIC FORM (SEL, ENTRY EDITOR OR EXCEL FILE) BY: 2 OCTOBER 2026 (FRIDAY), 23:59, E-MAIL ADDRESS: **ZAWODYPOZP@GMAIL.COM**
- THE ENTRY FORM IS AVAILABLE FOR DOWNLOAD ON WEBSITE **WWW.LIVETIMING.PL**.
- ENTRIES FOR UNAFFILIATED SWIMMERS MUST ALSO BE SUBMITTED EXCLUSIVELY IN ELECTRONIC FORM USING THE ENTRY EDITOR – SPLASH PROGRAM BY: 2 OCTOBER 2026 (FRIDAY), 23:59, E-MAIL ADDRESS: **ZAWODYPOZP@GMAIL.COM**

7. AGE GROUPS

A) INDIVIDUAL EVENTS

A 25-29	H 60-64
B 30-34	I 65-69
C 35-39	J 70-74
D 40-44	K 75-79
E 45-49	L 80-84
F 50-54	M 85-89
G 55-59	N 90-94

SWIMMERS IN CATEGORY “O” (20-24 YEARS) ARE ALSO PERMITTED TO PARTICIPATE IN INDIVIDUAL EVENTS.

B) RELAY EVENTS

A 100-119	D 200-239
B 120-159	E 240-279
C 160-199	F 280 +

- IN RELAY EVENTS, ALL SWIMMERS MUST REPRESENT THE SAME CLUB. THE COMBINED AGE (THE SUM OF THE AGES OF THE FOUR SWIMMERS) DETERMINES THE AGE CATEGORY IN WHICH THE RELAY WILL BE CLASSIFIED.
- SWIMMERS FROM CATEGORY “O” ARE NOT PERMITTED TO PARTICIPATE IN RELAY EVENTS.
- THE ENTRY MUST INCLUDE THE COMPOSITION OF THE RELAY TEAM AND SPECIFY THE CATEGORY IN WHICH THE TEAM WILL COMPETE.

8. TECHNICAL RULES

- THE COMPETITION WILL BE CONDUCTED AS TIMED HEATS.
- IN ALL EVENTS, HEATS WILL BE ARRANGED ACCORDING TO THE SUBMITTED ENTRY TIMES, STARTING WITH THE SLOWEST HEAT.
- DURING THE COMPETITION, THE FINA MASTERS SWIMMING RULES, AS PUBLISHED ON THE WEBSITE OF THE POLISH SWIMMING FEDERATION (PZP), WILL APPLY.

9.COMPETITION PROGRAMME:

10.10.2026 - SATURDAY

14:30-16:00 - SWIMMER REGISTRATION

15:35-16:15 - WARM-UP

16:20 - OFFICIAL OPENING CEREMONY

16:25 - START OF DAY 1 COMPETITION

EVENTS 1-2

50 M FREESTYLE - MEN/WOMEN

EVENTS 3-4

50 M BREASTSTROKE - MEN/WOMEN

EVENTS 5-6

100 M BUTTERFLY - MEN/WOMEN

EVENTS 7-8

100 M BACKSTROKE - MEN/WOMEN

EVENTS 9-10

200 M FREESTYLE - MEN/WOMEN

EVENTS 11-12

200 M BREASTSTROKE - MEN/WOMEN

EVENTS 13-14

100 M INDIVIDUAL MEDLEY - MEN/WOMEN

EVENT 15

4×50 M FREESTYLE MIXED RELAY

11.10.2026 - SUNDAY

08:45 - 09:25 - WARM-UP

09:30 - START OF DAY 2 COMPETITION

EVENTS 16-17

50 M BUTTERFLY - MEN/WOMEN

EVENTS 18-19

50 M BACKSTROKE - MEN/WOMEN

EVENTS 20-21

100 M BREASTSTROKE - MEN/WOMEN

EVENTS 22-23

100 M FREESTYLE - MEN/WOMEN

EVENTS 24-25

200 M BACKSTROKE - MEN/WOMEN

EVENTS 26-27

200 M INDIVIDUAL MEDLEY - MEN/WOMEN

EVENTS 28-29

400 M FREESTYLE - MEN/WOMEN

EVENT 30

4×50 M INDIVIDUAL MEDLEY MIXED RELAY

10. AWARDS

- MEDALS WILL BE AWARDED FOR 1ST-3RD PLACE IN EVERY INDIVIDUAL EVENT IN EVERY AGE CATEGORY.
- DIPLOMAS WILL BE AWARDED FOR 1ST-3RD PLACE IN EVERY RELAY EVENT IN EVERY AGE CATEGORY, PLUS A SWEET GIFT FOR THE WINNING RELAY TEAMS.
- THE THREE BEST FEMALE AND MALE SWIMMERS IN THE OPEN CATEGORY, ACCORDING TO THE MASTERS POINTS SCORING SYSTEM, WILL RECEIVE STATUETTES AND PRIZES FOR THEIR THREE BEST PERFORMANCES.
- THE THREE BEST TEAMS IN THE MEDAL CLASSIFICATION WILL RECEIVE TROPHIES.
- THE ORGANIZER RESERVES THE RIGHT TO AWARD ADDITIONAL PRIZES.

SPECIAL AWARDS

- **ALICJA PEĆZAK TROPHY** – FOR THE BEST FEMALE SWIMMER
 - **MAREK KRAWCZYK TROPHY** – FOR THE BEST MALE SWIMMER
- THE TROPHIES WILL BE AWARDED TO THE BEST SWIMMERS IN THE MULTI-EVENT, BASED ON THE TOTAL MASTERS POINTS OBTAINED IN THE 50 M, 100 M AND 200 M BREASTSTROKE EVENTS, PLUS A MATERIAL PRIZE.

11. FINANCIAL CONDITIONS

- THE ENTRY FEE IS DYNAMIC AND DEPENDS ON THE DATE OF THE SWIMMER'S REGISTRATION AND PAYMENT.
- ENTRY AND PAYMENT DEADLINES:
ENTRY AND PAYMENT MADE BY 20.09.2026: PLN 210
ENTRY AND PAYMENT MADE BY 02.10.2026: PLN 230

BANK DETAILS

- PAYMENT SHOULD BE MADE TO THE MKP GDAŃSK ACCOUNT AT: BANK SPÓŁDZIELCZY PRUSZCZ GDAŃSKI
- ACCOUNT NUMBER: 14 8335 0003 0800 0107 2000 0020
- IN THE PAYMENT TITLE, PLEASE INCLUDE: PPM, CLUB NAME AND THE NAMES OF THE PERSONS TO WHOM THE PAYMENT RELATES.
- FOR CLUB ENTRIES, THE ORGANIZER ASKS THAT ONE PAYMENT BE MADE FOR ALL REGISTERED SWIMMERS.
- AS PART OF THE ENTRY FEE, EVERY PARTICIPANT WILL RECEIVE A SOUVENIR RELATED TO THE EVENT AND WILL HAVE THE OPPORTUNITY TO TAKE PART IN A GUIDED TOUR OF GDAŃSK EVENING CITY TOUR - 10 OCTOBER 2026 AT 21:00 (REGISTRATION IS REQUIRED!)

12. INVOICES FOR ENTRY FEES:

PAYERS WHO REQUIRE AN INVOICE FOR THE ENTRY FEE ARE ASKED TO SEND THE NECESSARY INVOICE DETAILS TO:
OBOZY.SM@GMAIL.COM

13.FINAL PROVISIONS

- REGISTRATION FOR THE COMPETITION CONSTITUTES ACCEPTANCE OF THE PROVISIONS OF THIS MEET INFORMATION AND THE PZP COMPETITION REGULATIONS.
- DURING WARM-UP AND COMPETITION, SWIMMERS MAY USE ONLY THE DESIGNATED SWIMMING POOLS.
- THE ORGANIZER IS NOT RESPONSIBLE FOR BELONGINGS LEFT ON THE PREMISES.
- IN MATTERS NOT COVERED BY THE REGULATIONS, THIS MEET INFORMATION OR OTHER APPLICABLE PROVISIONS, THE PZP RULES CONCERNING THE ORGANIZATION OF COMPETITIONS SHALL APPLY.
- DECISIONS IN SUCH MATTERS SHALL BE MADE BY THE CHAIRMAN OF THE ORGANIZING COMMITTEE AND THE CHIEF REFEREE OF THE COMPETITION.
- **DURING THE COMPETITION, A STAND SELLING SWIMMING ACCESSORIES - SWIMSPOT.PL WILL BE AVAILABLE.**
- POOL ACCESS
SATURDAY: FROM 15:20
SUNDAY: FROM 08:30
- REGISTRATION FOR THE GUIDED CITY TOUR WILL BE AVAILABLE THROUGH THE REGISTRATION FORM ON THE WWW.LIVETIMING.PL WEBSITE AND WILL BE AVAILABLE ONLY TO COMPETITION PARTICIPANTS.



WE LOOK FORWARD TO WELCOMING YOU TO
GDAŃSK!