



Aqua Team Swim Cup III
Mikołów, 23.03.2024



Konkurencja 28
29.03.2025 - 17:03

M czynn, 400m dowolny

2012 i starsi
Wyniki

Punkty: AQUA 2024

Pozycja	Rok ur.	Czas	Pkt.
Rocznik 2012			
1. Dzie a Antoni	12	4:43.43	419
50m: 33.05 33.05	150m: 1:47.34 36.92	250m: 2:57.45 34.73	350m: 4:09.51 36.12
100m: 1:10.42 37.37	200m: 2:22.72 35.38	300m: 3:33.39 35.94	400m: 4:43.43 33.92
2. Baran Radosław	12	5:20.11	291
50m: 36.33 36.33	150m: 1:57.49 40.89	250m: 3:19.01 40.85	350m: 4:41.25 41.02
100m: 1:16.60 40.27	200m: 2:38.16 40.67	300m: 4:00.23 41.22	400m: 5:20.11 38.86
3. Kupczak Andrzej	12	6:05.70	195
50m: 39.42 39.42	150m: 2:12.53 47.30	250m: 3:47.79 47.81	350m: 5:21.95 46.26
100m: 1:25.23 45.81	200m: 2:59.98 47.45	300m: 4:35.69 47.90	400m: 6:05.70 43.75
NW Skwara Stanisław	12		
Rocznik 2011			
1. Ignatenko Mykola	11	4:25.27	512
50m: 31.81 31.81	150m: 1:39.51 33.38	250m: 2:46.35 33.12	350m: 3:53.44 32.93
100m: 1:06.13 34.32	200m: 2:13.23 33.72	300m: 3:20.51 34.16	400m: 4:25.27 31.83
2. Lotko Oliwier	11	4:40.74	432
50m: 32.27 32.27	150m: 1:43.75 35.97	250m: 2:56.42 36.42	350m: 4:07.10 34.90
100m: 1:07.78 35.51	200m: 2:20.00 36.25	300m: 3:32.20 35.78	400m: 4:40.74 33.64
3. P pek Wojciech	11	5:18.75	295
50m: 35.71 35.71	150m: 1:56.62 41.08	250m: 3:19.54 41.73	350m: 4:41.68 40.32
100m: 1:15.54 39.83	200m: 2:37.81 41.19	300m: 4:01.36 41.82	400m: 5:18.75 37.07
4. Kołodziejczyk Cezary	11	5:20.25	291
50m: 35.80 35.80	150m: 1:56.42 40.98	250m: 3:20.34 42.47	350m: 4:41.88 40.10
100m: 1:15.44 39.64	200m: 2:37.87 41.45	300m: 4:01.78 41.44	400m: 5:20.25 38.37
DYSKW. Michalik Bartosz	11	4:43.74	
<i>O1 - Pływak zainicjował start przed sygnałem startu.</i>			
50m: 30.94 30.94	150m: 1:46.51 37.69	250m: 2:58.88 36.23	350m: 4:09.95 36.05
100m: 1:08.82 37.88	200m: 2:22.65 36.14	300m: 3:33.90 35.02	400m: 4:43.74 33.79
2010 i starsi			
1. Lesiak Piotr	09	4:18.36	554
50m: 29.59 29.59	150m: 1:37.17 33.56	250m: 2:42.43 31.90	350m: 3:46.78 32.09
100m: 1:03.61 34.02	200m: 2:10.53 33.36	300m: 3:14.69 32.26	400m: 4:18.36 31.58
2. Zdziechowski Jan	10	4:18.76	551
50m: 30.09 30.09	150m: 1:36.32 33.04	250m: 2:42.29 32.60	350m: 3:47.54 32.02
100m: 1:03.28 33.19	200m: 2:09.69 33.37	300m: 3:15.52 33.23	400m: 4:18.76 31.22
3. Myszkiewicz Paweł	10	4:22.65	527
50m: 30.31 30.31	150m: 1:36.19 33.20	250m: 2:42.54 33.01	350m: 3:49.59 33.57
100m: 1:02.99 32.68	200m: 2:09.53 33.34	300m: 3:16.02 33.48	400m: 4:22.65 33.06
4. Bem Maksymilian	08	4:41.18	430
50m: 31.43 31.43	150m: 1:39.55 34.74	250m: 2:51.56 36.17	350m: 4:05.09 37.19
100m: 1:04.81 33.38	200m: 2:15.39 35.84	300m: 3:27.90 36.34	400m: 4:41.18 36.09
5. Grymel Krzysztof	10	4:48.07	399
50m: 32.38 32.38	150m: 1:42.68 35.21	250m: 2:56.34 37.01	350m: 4:11.62 37.62
100m: 1:07.47 35.09	200m: 2:19.33 36.65	300m: 3:34.00 37.66	400m: 4:48.07 36.45



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Konkurencja 28, Mężczyzn, 400m dowolny, 2010 i starsi

Pozycja	Rok ur.								Czas	Pkt.	
6. Rapacki Jakub	10 UKS Delfin Legionowo								5:10.94	318	
50m:	32.74	32.74	150m:	1:49.68	39.38	250m:	3:11.31	40.82	350m:	4:33.35	41.16
100m:	1:10.30	37.56	200m:	2:30.49	40.81	300m:	3:52.19	40.88	400m:	5:10.94	37.59
NW Konopko Michał	10 UKS Aqua Team Mikołów										