

Event 31
27.04.2025 - 12:29

Women, 400m Freestyle

20 years and older
Results

Points: AQUA Master 2025

Rank	Age							Time		Pts
Kategoria "0" 20-24										
1.	PYTKA Katarzyna			21	Troclik Bielsko-Biala				5:41.33	410
	50m:	37.79	37.79	150m:	2:02.17	43.00	250m:	3:31.04	44.61	350m: 4:59.27 43.67
	100m:	1:19.17	41.38	200m:	2:46.43	44.26	300m:	4:15.60	44.56	400m: 5:41.33 42.06
Kategoria "A" 25-29										
1.	CHOJECKA Karolina			25	Warsaw Masters Team				5:07.38	562
	50m:	33.18	33.18	150m:	1:50.54	39.26	250m:	3:10.49	40.12	350m: 4:29.25 39.39
	100m:	1:11.28	38.10	200m:	2:30.37	39.83	300m:	3:49.86	39.37	400m: 5:07.38 38.13
Kategoria "B" 30-34										
1.	GAJDOWSKA Agnieszka			30	Water Squad				4:48.81	684
	50m:	33.08	33.08	150m:	1:47.39	37.59	250m:	3:02.96	37.61	350m: 4:17.26 36.97
	100m:	1:09.80	36.72	200m:	2:25.35	37.96	300m:	3:40.29	37.33	400m: 4:48.81 31.55
2.	JAMROZIK Aleksandra			34	KS Korona 1919 Krakow				5:35.77	435
	50m:	39.23	39.23	150m:	2:04.92	43.50	250m:	3:31.23	43.08	350m: 4:55.05 41.25
	100m:	1:21.42	42.19	200m:	2:48.15	43.23	300m:	4:13.80	42.57	400m: 5:35.77 40.72
Kategoria "C" 35-39										
1.	WIELECHOWSKA Anna			35	UKS Cityzen Poznan				5:34.60	468
	50m:	36.74	36.74	150m:	1:58.24	41.56	250m:	3:24.16	43.18	350m: 4:52.25 44.32
	100m:	1:16.68	39.94	200m:	2:40.98	42.74	300m:	4:07.93	43.77	400m: 5:34.60 42.35
Kategoria "D" 40-44										
1.	MAJEWSKI Michalina			41	MKP Gdansk				4:59.91	664
	50m:	33.79	33.79	150m:	1:47.68	37.60	250m:	3:04.75	38.79	350m: 4:23.04 39.11
	100m:	1:10.08	36.29	200m:	2:25.96	38.28	300m:	3:43.93	39.18	400m: 4:59.91 36.87
2.	JASIK Agata			41	JK Team Krakow				5:58.99	387
	50m:	38.01	38.01	150m:	2:05.30	44.63	250m:	3:38.27	46.96	350m: 5:13.54 47.78
	100m:	1:20.67	42.66	200m:	2:51.31	46.01	300m:	4:25.76	47.49	400m: 5:58.99 45.45
3.	DUSZA Agnieszka			42	Swim Club Masters Sleza				6:00.70	382
	50m:	40.50	40.50	150m:	2:11.66	46.03	250m:	3:44.35	46.25	350m: 5:16.44 45.68
	100m:	1:25.63	45.13	200m:	2:58.10	46.44	300m:	4:30.76	46.41	400m: 6:00.70 44.26
Kategoria "E" 45-49										
1.	MICHALIK Dominika			46	Masters Bialystok				5:08.30	634
	50m:	36.02	36.02	150m:	1:53.90	39.14	250m:	3:12.91	39.61	350m: 4:31.77 39.05
	100m:	1:14.76	38.74	200m:	2:33.30	39.40	300m:	3:52.72	39.81	400m: 5:08.30 36.53
2.	MROZ Edyta			46	UKS Wodnik Katowice				5:52.81	423
	50m:	39.19	39.19	150m:	2:08.06	45.09	250m:	3:38.78	45.61	350m: 5:08.98 45.27
	100m:	1:22.97	43.78	200m:	2:53.17	45.11	300m:	4:23.71	44.93	400m: 5:52.81 43.83
3.	PEREK Agnieszka			45	Swim Club Masters Sleza				7:32.73	200
	50m:	48.42	48.42	150m:	2:41.56	57.92	250m:	4:38.66	57.94	350m: 6:35.85 58.67
	100m:	1:43.64	55.22	200m:	3:40.72	59.16	300m:	5:37.18	58.52	400m: 7:32.73 56.88
4.	KLARECKA Monika			48	MUKS Zgierz				7:33.94	198
	50m:	50.75	50.75	150m:	2:45.97	57.85	250m:	4:41.84	58.01	350m: 6:38.32 57.92
	100m:	1:48.12	57.37	200m:	3:43.83	57.86	300m:	5:40.40	58.56	400m: 7:33.94 55.62

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Kategoria "F" 50-54

1.	SULEWSKA Beata	53	Weteran Zabrze	5:20.22	625
	50m: 36.91 36.91	150m: 1:57.67 40.83	250m: 3:19.84 40.97	350m: 4:41.59 40.84	
	100m: 1:16.84 39.93	200m: 2:38.87 41.20	300m: 4:00.75 40.91	400m: 5:20.22 38.63	
2.	STROSOVA Iva	52	KPS Ostrava	6:29.24	348
	50m: 41.58 41.58	150m: 2:17.45 49.23	250m: 3:57.97 50.77	350m: 5:40.28 50.89	
	100m: 1:28.22 46.64	200m: 3:07.20 49.75	300m: 4:49.39 51.42	400m: 6:29.24 48.96	

Kategoria "I" 65-69

1.	ZAGALA Joanna	66	Weteran Zabrze	7:03.70	362
	50m: 50.12 50.12	150m: 2:39.51 55.09	250m: 4:28.26 53.86	350m: 6:14.69 52.88	
	100m: 1:44.42 54.30	200m: 3:34.40 54.89	300m: 5:21.81 53.55	400m: 7:03.70 49.01	