



Aqua Team Swim Cup V
Mikołów, 28.03.2026



Konkurencja 27
28.03.2026 - 17:23

Kobiet, 400m dowolny

2015 i starsi
Wyniki

Punkty: AQUA 2025

Pozycja	Rok ur.	Czas	Pkt.
Rocznik 2013 - 2015			
1. Dobrasz Magdalena	13 LKS Jedno 32 Przyszowice	5:01.37	445
50m: 35.69 35.69	150m: 1:52.14 38.38	250m: 3:09.74 38.54	350m: 4:26.30 37.89
100m: 1:13.76 38.07	200m: 2:31.20 39.06	300m: 3:48.41 38.67	400m: 5:01.37 35.07
2. Nowicka Lena	13 KP Sukces Chorzów	5:06.39	424
50m: 33.97 33.97	150m: 1:53.25 40.31	250m: 3:12.37 39.28	350m: 4:30.97 39.30
100m: 1:12.94 38.97	200m: 2:33.09 39.84	300m: 3:51.67 39.30	400m: 5:06.39 35.42
3. Król Antonina	13 UKS Aqua Team Mikołów	5:40.66	308
50m: 36.39 36.39	150m: 2:03.01 44.54	250m: 3:31.24 44.88	350m: 5:00.08 43.33
100m: 1:18.47 42.08	200m: 2:46.36 43.35	300m: 4:16.75 45.51	400m: 5:40.66 40.58
4. Bernowicz Maja	13 UKS Dragon B dzin	6:04.57	251
50m: 40.89 40.89	150m: 2:14.68 46.59	250m: 3:47.91 46.68	350m: 5:20.74 46.51
100m: 1:28.09 47.20	200m: 3:01.23 46.55	300m: 4:34.23 46.32	400m: 6:04.57 43.83
NW Tomaszewska Zofia	13 UKS Jedyńka Łazy		
Rocznik 2012			
1. Jastrzebska Aneta	12 UKS Aqua Team Mikołów	5:00.91	448
50m: 33.39 33.39	150m: 1:50.33 38.76	250m: 3:08.00 38.75	350m: 4:25.36 38.58
100m: 1:11.57 38.18	200m: 2:29.25 38.92	300m: 3:46.78 38.78	400m: 5:00.91 35.55
2. ymełka Antonina	12 LKS Jedno 32 Przyszowice	5:00.92	447
50m: 34.47 34.47	150m: 1:50.28 38.41	250m: 3:07.69 39.26	350m: 4:24.89 38.55
100m: 1:11.87 37.40	200m: 2:28.43 38.15	300m: 3:46.34 38.65	400m: 5:00.92 36.03
3. Cielniaszek Natasza	12 CSiR MOS D browa Górnicza	5:02.44	441
50m: 33.93 33.93	150m: 1:51.18 39.04	250m: 3:09.23 38.70	350m: 4:26.03 38.35
100m: 1:12.14 38.21	200m: 2:30.53 39.35	300m: 3:47.68 38.45	400m: 5:02.44 36.41
4. Wojtecka Julia	12 KP Sukces Chorzów	5:09.94	409
50m: 34.80 34.80	150m: 1:51.75 38.92	250m: 3:11.12 40.06	350m: 4:31.69 40.39
100m: 1:12.83 38.03	200m: 2:31.06 39.31	300m: 3:51.30 40.18	400m: 5:09.94 38.25
5. Wojtyczka Martyna	12 UKS Aqua Team Mikołów	5:26.77	349
50m: 36.23 36.23	150m: 1:57.90 41.42	250m: 3:22.05 41.76	350m: 4:46.22 42.59
100m: 1:16.48 40.25	200m: 2:40.29 42.39	300m: 4:03.63 41.58	400m: 5:26.77 40.55
6. Nowak Kaja	12 Ognisko TKKF Szczygłowice	5:39.67	311
50m: 37.99 37.99	150m: 2:03.92 43.20	250m: 3:30.84 43.85	350m: 4:58.52 43.78
100m: 1:20.72 42.73	200m: 2:46.99 43.07	300m: 4:14.74 43.90	400m: 5:39.67 41.15
2011 i starsi			
1. Jakubczyk Natalia	08 CSiR MOS D browa Górnicza	4:35.52	583
50m: 31.12 31.12	150m: 1:40.41 34.57	250m: 2:50.45 34.93	350m: 4:01.24 35.33
100m: 1:05.84 34.72	200m: 2:15.52 35.11	300m: 3:25.91 35.46	400m: 4:35.52 34.28
2. Pi tek Maja	10 KS Górnik Sosnowiec	4:48.86	506
50m: 33.08 33.08	150m: 1:46.58 37.25	250m: 2:59.97 36.62	350m: 4:13.47 36.45
100m: 1:09.33 36.25	200m: 2:23.35 36.77	300m: 3:37.02 37.05	400m: 4:48.86 35.39
3. Nowi ska Nina	11 UKS Huragan SP nr 45 Sosnowiec	4:51.63	492
50m: 31.89 31.89	150m: 1:44.14 36.83	250m: 2:59.61 38.11	350m: 4:15.43 37.97
100m: 1:07.31 35.42	200m: 2:21.50 37.36	300m: 3:37.46 37.85	400m: 4:51.63 36.20



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Pozycja				Rok ur.					Czas	Pkt.		
4.	Wójcik Maja			11	UKS Huragan SP nr 45 Sosnowiec				4:55.95	470		
	50m:	34.56	34.56	150m:	1:50.00	37.95	250m:	3:05.55	37.48	350m:	4:19.71	36.44
	100m:	1:12.05	37.49	200m:	2:28.07	38.07	300m:	3:43.27	37.72	400m:	4:55.95	36.24
5.	Jureczka Alicja			11	UKS Huragan SP nr 45 Sosnowiec				5:08.80	414		
	50m:	34.64	34.64	150m:	1:53.11	39.62	250m:	3:12.59	39.25	350m:	4:31.30	39.61
	100m:	1:13.49	38.85	200m:	2:33.34	40.23	300m:	3:51.69	39.10	400m:	5:08.80	37.50
6.	Kolanowska Zofia			11	KS Górnik Sosnowiec				5:22.59	363		
	50m:	36.67	36.67	150m:	1:58.85	41.24	250m:	3:21.30	41.44	350m:	4:43.83	40.97
	100m:	1:17.61	40.94	200m:	2:39.86	41.01	300m:	4:02.86	41.56	400m:	5:22.59	38.76
7.	Mazur Maria			11	Sekcja Pływacka Meduza Paj czno				5:22.72	363		
	50m:	34.48	34.48	150m:	1:57.10	41.67	250m:	3:20.87	42.12	350m:	4:43.60	41.03
	100m:	1:15.43	40.95	200m:	2:38.75	41.65	300m:	4:02.57	41.70	400m:	5:22.72	39.12
8.	Nosol Joanna			10	KS Victoria Zawiercie				5:26.88	349		
	50m:	35.12	35.12	150m:	1:54.98	40.80	250m:	3:18.51	42.42	350m:	4:43.90	42.51
	100m:	1:14.18	39.06	200m:	2:36.09	41.11	300m:	4:01.39	42.88	400m:	5:26.88	42.98
9.	Laszczak Julia			11	UKS Nowy KP Bielsko-Biała				5:32.76	331		
	50m:	37.20	37.20	150m:	2:01.77	42.97	250m:	3:28.57	43.15	350m:	4:54.42	42.59
	100m:	1:18.80	41.60	200m:	2:45.42	43.65	300m:	4:11.83	43.26	400m:	5:32.76	38.34
10.	Ry Oliwia			11	Sekcja Pływacka Meduza Paj czno				5:35.66	322		
	50m:	38.71	38.71	150m:	2:04.44	42.96	250m:	3:29.94	42.81	350m:	4:55.78	42.25
	100m:	1:21.48	42.77	200m:	2:47.13	42.69	300m:	4:13.53	43.59	400m:	5:35.66	39.88
NW	Boszczyk Zuzanna			11	MUKP MOSiR Orka Kielce							
PK	Pałys Kinga			15	Sikret Gliwice				5:59.92	261		
	50m:	39.79	39.79	150m:	2:11.04	47.04	250m:	3:45.66	47.14	350m:	5:19.48	46.21
	100m:	1:24.00	44.21	200m:	2:58.52	47.48	300m:	4:33.27	47.61	400m:	5:59.92	40.44