



Aqua Team Swim Cup V
Mikołów, 28.03.2026



Konkurencja 28
28.03.2026 - 17:49

M czynzn, 400m dowolny

2013 i starsi
Wyniki

Punkty: AQUA 2025

Pozycja	Rok ur.	Czas	Pkt.
Rocznik 2013			
1. Matuszczyk Adam	13	5:13.65	309
50m: 34.79 34.79	150m: 1:53.35 40.01	250m: 3:15.09 41.75	350m: 4:37.29 40.84
100m: 1:13.34 38.55	200m: 2:33.34 39.99	300m: 3:56.45 41.36	400m: 5:13.65 36.36
2. Avkson Hlib	13	5:51.68	219
50m: 37.89 37.89	150m: 2:07.68 45.65	250m: 3:38.76 45.25	350m: 5:10.56 45.45
100m: 1:22.03 44.14	200m: 2:53.51 45.83	300m: 4:25.11 46.35	400m: 5:51.68 41.12
Rocznik 2012			
1. Kupczak Andrzej	12	5:21.01	289
50m: 36.01 36.01	150m: 1:58.16 41.29	250m: 3:20.17 41.47	350m: 4:43.92 41.78
100m: 1:16.87 40.86	200m: 2:38.70 40.54	300m: 4:02.14 41.97	400m: 5:21.01 37.09
2. Nowak Szczepan	12	6:10.57	187
50m: 40.05 40.05	150m: 2:12.49 47.25	250m: 3:48.94 48.26	350m: 5:25.70 48.46
100m: 1:25.24 45.19	200m: 3:00.68 48.19	300m: 4:37.24 48.30	400m: 6:10.57 44.87
2011 i starsi			
1. Ignatenco Mykola	11	4:17.76	558
50m: 30.05 30.05	150m: 1:34.48 32.45	250m: 2:39.19 32.52	350m: 3:45.06 33.12
100m: 1:02.03 31.98	200m: 2:06.67 32.19	300m: 3:11.94 32.75	400m: 4:17.76 32.70
2. Sauk Jakub	11	4:28.86	491
50m: 30.74 30.74	150m: 1:38.51 34.16	250m: 2:46.62 34.02	350m: 3:55.30 34.25
100m: 1:04.35 33.61	200m: 2:12.60 34.09	300m: 3:21.05 34.43	400m: 4:28.86 33.56
3. Fojt Wiktor	10	4:36.62	451
50m: 31.25 31.25	150m: 1:41.56 35.92	250m: 2:52.26 35.45	350m: 4:04.04 35.69
100m: 1:05.64 34.39	200m: 2:16.81 35.25	300m: 3:28.35 36.09	400m: 4:36.62 32.58
4. Gajocha Nataniel	11	4:37.14	449
50m: 31.28 31.28	150m: 1:42.79 35.84	250m: 2:53.14 34.84	350m: 4:05.22 35.59
100m: 1:06.95 35.67	200m: 2:18.30 35.51	300m: 3:29.63 36.49	400m: 4:37.14 31.92
5. Moiseienko Valerii	11	4:43.76	418
50m: 32.06 32.06	150m: 1:42.38 35.85	250m: 2:53.93 34.98	350m: 4:08.52 37.43
100m: 1:06.53 34.47	200m: 2:18.95 36.57	300m: 3:31.09 37.16	400m: 4:43.76 35.24
6. Bartoszko Maciej	11	4:46.44	406
50m: 30.56 30.56	150m: 1:41.61 36.30	250m: 2:54.93 36.51	350m: 4:09.62 36.76
100m: 1:05.31 34.75	200m: 2:18.42 36.81	300m: 3:32.86 37.93	400m: 4:46.44 36.82
7. Szydłowski Wiktor	10	4:54.64	373
50m: 31.14 31.14	150m: 1:44.20 37.12	250m: 3:00.22 38.36	350m: 4:18.97 38.55
100m: 1:07.08 35.94	200m: 2:21.86 37.66	300m: 3:40.42 40.20	400m: 4:54.64 35.67
8. Ppek Wojciech	11	4:55.04	372
50m: 34.52 34.52	150m: 1:49.99 38.20	250m: 3:05.28 37.10	350m: 4:20.26 37.28
100m: 1:11.79 37.27	200m: 2:28.18 38.19	300m: 3:42.98 37.70	400m: 4:55.04 34.78
9. Kołodziejczyk Cezary	11	5:08.41	325
50m: 34.25 34.25	150m: 1:50.76 38.58	250m: 3:09.45 39.68	350m: 4:29.23 39.90
100m: 1:12.18 37.93	200m: 2:29.77 39.01	300m: 3:49.33 39.88	400m: 5:08.41 39.18
10. Biemek Kamil	07	5:16.61	301
50m: 34.71 34.71	150m: 1:55.77 41.26	250m: 3:20.17 42.60	350m: 4:41.74 39.90
100m: 1:14.51 39.80	200m: 2:37.57 41.80	300m: 4:01.84 41.67	400m: 5:16.61 34.87

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Konkurencja 28, M czynn, 400m dowolny, 2011 i starsi

Pozycja				Rok ur.					Czas	Pkt.		
11.	Karwat Stanisław			11	UKS Jedyńka Łazy				6:10.38	188		
	50m:	37.45	37.45	150m:	2:05.70	45.43	250m:	3:41.31	48.76	350m:	5:21.12	50.04
	100m:	1:20.27	42.82	200m:	2:52.55	46.85	300m:	4:31.08	49.77	400m:	6:10.38	49.26