

Zimowe Mistrzostwa Polski w pływaniu w kategoriach Masters
Suwałki, 1.12.2024

Konkurencja 4

M czyzn, 200m zmienny

20 lat i starsi

01.12.2024 - 16:00

Wyniki

| | | | | |
|--------------------------------|---------|------------------------|-----------|------------|
| Rekordy Polski Masters 85 - 89 | 4:20.52 | KROKOSZY SKI Stanisław | Gliwice | 13.11.2015 |
| Rekordy Polski Masters 80 - 84 | 3:39.09 | KROKOSZY SKI Stanisław | Katowice | 26.06.2010 |
| Rekordy Polski Masters 75 - 79 | 3:29.45 | KROKOSZY SKI Stanisław | Lublin | 14.11.2009 |
| Rekordy Polski Masters 70 - 74 | 3:07.91 | BASTEK Ewald | Gliwice | 23.05.2009 |
| Rekordy Polski Masters 65 - 69 | 2:47.83 | WARCHOŁ Mirosław | Łódź | 15.11.2019 |
| Rekordy Polski Masters 60 - 64 | 2:35.10 | MADEJ Leszek | Łódź | 10.11.2023 |
| Rekordy Polski Masters 55 - 59 | 2:25.61 | FORMAS Sławomir | eská Lípa | 09.11.2024 |
| Rekordy Polski Masters 50 - 54 | 2:23.10 | WOLNY Dariusz | Warszawa | 06.06.2010 |
| Rekordy Polski Masters 45 - 49 | 2:16.95 | BERWECKI Arkadiusz | Olsztyn | 16.11.2018 |
| Rekordy Polski Masters 40 - 44 | 2:13.04 | WOLNY Dariusz | Kraków | 21.10.2000 |
| Rekordy Polski Masters 35 - 39 | 2:10.93 | EMIER Karol | Olsztyn | 16.11.2018 |
| Rekordy Polski Masters 30 - 34 | 2:00.39 | KORZENIOWSKI Paweł | Olsztyn | 16.11.2018 |
| Rekordy Polski Masters 25 - 29 | 2:08.47 | GALON Michał | Łódź | 10.11.2023 |

Punkty: Rudolph Table 2022

| Pozycja | Rok ur. | | Czas | Pkt. | 50m | 100m | 150m | 200m | |
|--------------------|------------------------------|----|---------------------------|----------------|---------------|-------|---------|---------|-------|
| 25 - 29 lat | | | | | | | | | |
| 1. | GALON Michał | 95 | 5Styl Warszawa | 2:10.35 | 11,7 | 27.73 | 32.23 | 38.60 | 31.79 |
| 2. | GAWRON Oskar | 99 | Fundacja Power Swimming | 2:15.05 | 9,1 | 30.20 | 34.01 | 39.92 | 30.92 |
| 30 - 34 lat | | | | | | | | | |
| 1. | APTEWICZ Arkadiusz | 93 | Water Squad | 2:10.49 | 11,7 | 27.43 | 33.97 | 37.64 | 31.45 |
| 2. | BARNASIUK Michał | 92 | 5Styl Warszawa | 2:14.37 | 9,5 | 28.09 | 35.53 | 38.91 | 31.84 |
| 3. | SZCZUKA Paweł | 92 | Stowarzyszenie Pływackie | 2:26.12 | 02,9yn | 31.54 | 37.44 | 40.86 | 36.28 |
| 4. | KROGULEC Piotr | 91 | UKS "Dwójeczka" Cz stocho | 2:31.68 | | 32.16 | 36.89 | 45.08 | 37.55 |
| 5. | MILEWSKI Sebastian | 92 | Stowarzyszenie Pływackie | 2:36.63 | Olsztyn | 32.51 | 42.22 | 46.48 | 35.42 |
| 6. | KUREK Mateusz | 94 | UKS Trójka | 2:37.04 | | 32.40 | 42.64 | 45.21 | 36.79 |
| 7. | WANDZIOCH Krzysztof | 92 | NIEZRZESZENI | 2:53.39 | | | | | |
| 35 - 39 lat | | | | | | | | | |
| 1. | MATCZAK Mateusz | 89 | Muks Zgierz | 2:10.00 | 11,9 | 28.59 | 34.17 | 36.61 | 30.63 |
| | <i>Rekord Polski Masters</i> | | | | | | | | |
| 2. | ZIELONKA Rafał | 86 | Masters Avia widnik | 2:26.12 | 2,9 | 30.81 | 39.35 | 43.34 | 32.62 |
| 3. | GOŁ BIEWSKI Piotr | 86 | Gdynia Masters | 2:36.25 | | 32.56 | 39.98 | 44.50 | 39.21 |
| 4. | KU MIDER Przemysław | 89 | Muks Zgierz | 2:42.15 | | 33.35 | 40.19 | 50.73 | 37.88 |
| 5. | KRUPI SKI Paweł | 87 | Lubuska Akademia ratownic | 3:35.46 | portów Wodnyc | 41.50 | 1:01.21 | | |
| 40 - 44 lat | | | | | | | | | |
| 1. | KRÓLIKOWSKI Michał | 80 | NIEZRZESZENI | 2:32.88 | | 32.92 | 39.32 | 45.73 | 34.91 |
| 2. | PORADA Tomasz | 83 | Warsaw Masters Team | 2:34.43 | | 32.56 | 42.79 | 43.72 | 35.36 |
| 3. | WRÓBEL Artur | 82 | Orion Team Rzeszów | 2:41.14 | | 32.88 | 43.04 | 47.18 | 38.04 |
| 4. | KRUK Marcin | 82 | Koszali skie TKKF | 2:55.70 | | 33.95 | 47.16 | 53.18 | 41.41 |
| 5. | WO NIAK Jarosław | 80 | Muks Zgierz | 3:22.17 | | | | | |
| 45 - 49 lat | | | | | | | | | |
| 1. | KOLENKIEWICZ Paweł | 77 | Swim Club Masters I za | 2:24.58 | 3,8 | 30.76 | 38.47 | 41.05 | 34.30 |
| 2. | K SIK Krzysztof | 79 | Swim Club Masters I za | 2:24.74 | 3,7 | 30.14 | 36.55 | 44.63 | 33.42 |
| 3. | PIA CI SKI Daniel | 76 | Water Squad | 2:31.19 | | 31.94 | 37.20 | 46.84 | 35.21 |
| 4. | WILMOWICZ Adam | 79 | NIEZRZESZENI | 2:33.19 | | 33.00 | 39.51 | 45.25 | 35.43 |
| 5. | SARNA Tomasz | 75 | Orion Team Rzeszów | 2:33.32 | | 30.68 | 38.86 | 48.58 | 35.20 |
| 6. | DZIADOSZ Robert | 79 | 5Styl Warszawa | 2:38.72 | | 32.72 | 40.11 | 47.76 | 38.13 |
| 7. | GOGACZ Sebastian | 76 | UKS Trójka Puławy | 2:41.71 | | 32.87 | 45.68 | 44.97 | 38.19 |
| 8. | PIE LAK Mirosław | 79 | NIEZRZESZENI | 2:49.07 | | 35.83 | 45.46 | 49.27 | 38.51 |
| 9. | STEFANIAK Michał | 79 | Aquado | 2:52.68 | | 35.44 | 45.48 | 51.21 | 40.55 |
| 10. | KRUSZYNA-KOTULSKI J. | 79 | Masters Łódź | 2:54.95 | | 33.01 | 48.47 | 52.96 | 40.51 |
| 11. | GAJDA Tomasz | 78 | Muks Zgierz | 3:15.88 | | 36.84 | 48.90 | 56.25 | 53.89 |
| 12. | DZIEDZICZAK Marek | 77 | Muks Zgierz | 3:22.45 | | 39.10 | 54.21 | 1:00.98 | 48.16 |

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50 - 54 lat

| | | | | | | | | |
|-------------------------|----|----------------------------|----------------|-----|-------|----------|---------|-------|
| 1. DAROWSKI Piotr | 71 | Uks Delfin Masters Tarnobr | 2:29.53 | 1,0 | 32.92 | 37.61 | 43.59 | 35.41 |
| 2. L CZKA Krzysztof | 74 | Uks Delfin Masters Tarnobr | 2:32.63 | | 31.77 | 41.10 | 45.40 | 34.36 |
| 3. WIKŁA Grzegorz | 74 | Koszali skie TKKF | 2:49.96 | | 37.14 | 44.54 | 51.48 | 36.80 |
| 4. JAWIE Krzysztof | 71 | KS Korona 1919 Kraków | 2:54.53 | | 35.71 | 42.80 | 51.90 | 44.12 |
| 5. MAMROT Artur | 72 | Koszali skie TKKF | 3:06.31 | | 36.06 | 47.98 | 53.29 | 48.98 |
| 6. MATYSZEWSKI Grzegorz | 71 | Water Squad | 3:10.88 | | 41.75 | 51.77 | 49.80 | 47.56 |
| 7. K DZIOR Mateusz | 73 | K.S Warta Pozna | 3:20.83 | | 43.46 | 49.24 | 1:03.71 | 44.42 |
| 8. MATYSZCZAK Jacek | 70 | Uks Cityzen | 3:25.84 | | | | 1:01.81 | 45.01 |
| 9. Karczewski Piotr | 74 | ZMPM - STOWARZYSZENI | 3:43.08 | | 50.45 | K1:01.07 | 1:04.70 | 46.86 |

55 - 59 lat

| | | | | | | | | |
|------------------------|----|---------------------|----------------|--|-------|---------|---------|-------|
| 1. SKO KIEWICZ Rafał | 66 | Warsaw Masters Team | 2:32.34 | | 32.55 | 38.34 | 46.72 | 34.73 |
| 2. MONCZAK Piotr | 67 | Start Pozna | 2:36.55 | | 34.50 | 40.40 | 46.49 | 35.16 |
| 3. ŠKODNÝ Pavel | 69 | SPK KUPI Piestany | 2:39.39 | | 35.08 | 40.74 | 48.01 | 35.56 |
| 4. TWAROWSKI Andrzej | 65 | Masters Białystok | 3:26.97 | | 48.99 | 45.11 | 1:00.30 | 52.57 |
| 5. ŁOPUSZY SKI Andrzej | 69 | NIEZRZESZENI | 3:55.01 | | 52.87 | 1:01.92 | | |

60 - 64 lat

| | | | | | | | | |
|----------------------|----|--------------------------|----------------|---------|-------|-------|-------|-------|
| 1. MIEJKO Wojciech | 63 | NIEZRZESZENI | 2:43.84 | | 34.99 | 40.37 | | |
| 2. KO LIKOWSKI Marek | 61 | Stowarzyszenie Pływackie | 3:04.78 | Olsztyn | 39.30 | 53.49 | 50.82 | 41.17 |
| 3. JASI SKI Zdzisław | 60 | Muks Zgierz | 3:26.67 | | 42.42 | 58.68 | 59.82 | 45.75 |

65 - 69 lat

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|---------------------------|----|-----------------------------|----------------|-----------------------|-------|---------|---------|-------|
| 1. KATKEVICIUS Sigitas | 57 | Club "Dzukijos Vandenis" A2 | 4:19.44 | Rekord Polski Masters | 36.19 | 42.61 | 46.71 | 36.43 |
| 2. PRZYTULSKI Włodzimierz | 57 | Muks Zgierz | 3:13.13 | | 39.94 | 49.92 | 1:02.07 | 41.20 |
| 3. KORPETTA Wojciech | 59 | Water Squad | 3:27.33 | | 51.56 | 52.87 | 1:01.60 | 41.30 |
| 4. KOZYRA Daniel | 59 | 5Styl Warszawa | 3:45.63 | | 46.12 | 57.66 | 1:09.63 | 52.22 |
| 5. LIPKA Marek | 58 | NIEZRZESZENI | 3:51.82 | | 51.72 | 1:07.39 | | |
| 6. SAMONEK Krzysztof | 58 | Masterskrasnik | 4:09.74 | | 57.58 | 1:02.83 | | |

70 - 74 lat

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| 1. NOWAK Michał | 52 | Warsaw Masters Team | 3:26.44 | | 47.64 | 57.05 | 53.60 | 48.15 |
| 2. CIECIOR Jerzy | 53 | Rydułtowska Akademia Akty | 3:57.04 | Seniora 60+ | 53.93 | 57.55 | 1:13.15 | 52.41 |

75 - 79 lat

| | | | | | | | | |
|----------------------|----|------------------------|----------------|--|---------|---------|---------|---------|
| 1. BARTKOWIAK Roman | 49 | K.S Warta Pozna | 4:18.68 | | 1:11.44 | 1:05.56 | 1:06.71 | 54.97 |
| 2. DASZY SKI Andrzej | 48 | UKS ENERGETYK Zgorzele | 4:30.00 | | 1:05.48 | 1:04.96 | 1:17.37 | 1:02.19 |
| 3. PŁONKA Janusz | 48 | NIEZRZESZENI | 5:51.83 | | 1:13.53 | 1:43.52 | 1:42.72 | 1:12.06 |

80 - 84 lat

| | | | | | | | | |
|----------------------|----|--------------|----------------|--|--|--|--|--|
| 1. SZWOLGIN Grzegorz | 43 | NIEZRZESZENI | 6:04.20 | | | | | |
|----------------------|----|--------------|----------------|--|--|--|--|--|