

Mistrzostwa Województwa Podlaskiego w pływaniu o Puchar Prezydenta Miasta Suwałki. Suwałki, 28. - 29.11.2025												
Konkurencja 9 28.11.2025 - 14:35				Mężczyzn, 400m dowolny						12 lat i starsi Wyniki		
Punkty: Rudolph Table 2022												
				Rok ur.						Czas	Pkt.	
12 - 13 lat												
1.	WILUK Szymon			12	UKS Juvenia iSwim Białystok				4:47.39		10,0	
	50m:	31.60	31.60	150m:	1:42.55	36.43	250m:	2:56.36	36.88	350m:	4:11.11	37.40
	100m:	1:06.12	34.52	200m:	2:19.48	36.93	300m:	3:33.71	37.35	400m:	4:47.39	36.28
2.	EKIERT Dominik			12	UKS Juvenia iSwim Białystok				5:04.05		5,7	
	50m:	33.48	33.48	150m:	1:51.33	39.61	250m:	3:09.86	39.72	350m:	4:28.19	39.08
	100m:	1:11.72	38.24	200m:	2:30.14	38.81	300m:	3:49.11	39.25	400m:	5:04.05	35.86
3.	TWORKOWSKI Maciej			12	UKS Juvenia iSwim Białystok				5:05.13		5,4	
	50m:	33.74	33.74	150m:	1:51.05	40.01	250m:	3:09.36	38.14	350m:	4:27.83	38.82
	100m:	1:11.04	37.30	200m:	2:31.22	40.17	300m:	3:49.01	39.65	400m:	5:05.13	37.30
4.	JURASZ Ignacy			12	UKS Juvenia iSwim Białystok				5:16.16		2,5	
	50m:	36.36	36.36	150m:	1:55.82	40.19	250m:	3:16.58	40.76	350m:	4:37.43	40.08
	100m:	1:15.63	39.27	200m:	2:35.82	40.00	300m:	3:57.35	40.77	400m:	5:16.16	38.73
5.	GRZYSZAK Szymon			12	Stowarzyszenie 3T Total Tri Training Białystok				5:46.83			
	50m:	38.39	38.39	150m:	2:05.74	44.65	250m:	3:36.15	45.43	350m:	5:05.63	44.68
	100m:	1:21.09	42.70	200m:	2:50.72	44.98	300m:	4:20.95	44.80	400m:	5:46.83	41.20
6.	DEMBIŃSKI Antoni			13	UKS Juvenia iSwim Białystok				5:54.87			
	50m:	36.20	36.20	150m:	2:04.35	45.60	250m:	3:37.40	46.98	350m:	5:11.79	47.51
	100m:	1:18.75	42.55	200m:	2:50.42	46.07	300m:	4:24.28	46.88	400m:	5:54.87	43.08
7.	ŻOCHOWSKI Jan			13	UKS Juvenia iSwim Białystok				5:57.62			
	50m:	39.42	39.42	150m:	2:10.92	46.67	250m:	3:44.03	47.03	350m:	5:13.99	44.24
	100m:	1:24.25	44.83	200m:	2:57.00	46.08	300m:	4:29.75	45.72	400m:	5:57.62	43.63
8.	PUCZKO Denis			12	MKP Wodnik Bielsk Podlaski				6:06.99			
	50m:	40.09	40.09	150m:	2:13.16	46.77	250m:	3:49.29	49.03	350m:	5:22.82	48.11
	100m:	1:26.39	46.30	200m:	3:00.26	47.10	300m:	4:34.71	45.42	400m:	6:06.99	44.17
9.	WASILEWSKI Nikodem			13	MKP Wodnik Bielsk Podlaski				6:35.26			
	50m:	41.78	41.78	150m:	2:22.48	51.80	250m:	4:06.70	52.12	350m:	5:49.56	50.39
	100m:	1:30.68	48.90	200m:	3:14.58	52.10	300m:	4:59.17	52.47	400m:	6:35.26	45.70
10.	SZERSZUN Aleksander			13	UKS Butterfly Łomża				6:42.50			
	50m:	43.27	43.27	150m:	2:26.89	52.26	250m:	4:12.80	52.81	350m:	5:57.22	51.64
	100m:	1:34.63	51.36	200m:	3:19.99	53.10	300m:	5:05.58	52.78	400m:	6:42.50	45.28
11.	NOWOSAD Witold			13	MKP Wodnik Bielsk Podlaski				6:43.96			
	50m:	43.35	43.35	150m:	2:23.16	50.87	250m:	4:06.19	51.79	350m:	5:50.30	51.87
	100m:	1:32.29	48.94	200m:	3:14.40	51.24	300m:	4:58.43	52.24	400m:	6:43.96	53.66
12.	BONDARUK Jakub			12	MKP Wodnik Bielsk Podlaski				6:45.38			
	50m:	43.34	43.34	150m:	2:27.07	53.47	250m:	4:12.27	53.09	350m:	5:55.69	50.79
	100m:	1:33.60	50.26	200m:	3:19.18	52.11	300m:	5:04.90	52.63	400m:	6:45.38	49.69
13.	TOKARSKI Aleksander			13	"KS Michałowo"				7:15.11			
	50m:	45.88	45.88	150m:	2:36.74	55.19	250m:	4:31.52	57.28	350m:		
	100m:	1:41.55	55.67	200m:	3:34.24	57.50	300m:	5:29.58	58.06	400m:	7:15.11	
14.	MARKIEWICZ Marcel			12	MKP Wodnik Bielsk Podlaski				7:30.34			
	50m:	49.74	49.74	150m:	2:45.76	59.06	250m:	4:43.20	58.09	350m:	6:38.39	56.96
	100m:	1:46.70	56.96	200m:	3:45.11	59.35	300m:	5:41.43	58.23	400m:	7:30.34	51.95
15.	SADOWSKI Gabriel			13	"KS Michałowo"				7:46.71			
	50m:	47.27	47.27	150m:	2:45.19	1:00.76	250m:	4:49.00	1:02.57	350m:		
	100m:	1:44.43	57.16	200m:	3:46.43	1:01.24	300m:	5:49.33	1:00.33	400m:	7:46.71	
Splash Meet Manager, 11.79834				Registered to MUKS Olimpijczyk Suwałki				29.11.2025 12:38 - Strona 1				

Konkurencja 9, Mężczyzn, 400m dowolny

14 lat i starsi

1.	WRÓBLEWSKI Igor	09	MKP Wodnik Bielsk Podlaski	4:39.17	6,6
	50m: 30.72 30.72	150m: 1:41.23 36.23	250m: 2:53.74 36.68	350m: 4:06.19 35.33	
	100m: 1:05.00 34.28	200m: 2:17.06 35.83	300m: 3:30.86 37.12	400m: 4:39.17 32.98	
2.	BALKIEWICZ Ignacy	07	UKS Butterfly Łomża	4:43.22	3,1
	50m: 29.90 29.90	150m: 1:38.67 35.21	250m: 2:51.89 36.47	350m: 4:07.22 36.89	
	100m: 1:03.46 33.56	200m: 2:15.42 36.75	300m: 3:30.33 38.44	400m: 4:43.22 36.00	
3.	BALKIEWICZ Kajetan	11	UKS Butterfly Łomża	4:57.98	5,0
	50m: 31.92 31.92	150m: 1:49.68 40.20	250m: 3:07.43 38.23	350m: 4:25.14 39.11	
	100m: 1:09.48 37.56	200m: 2:29.20 39.52	300m: 3:46.03 38.60	400m: 4:57.98 32.84	
4.	GÓRSKI Maciej	08	MKP Wodnik Bielsk Podlaski	5:14.66	
	50m: 33.02 33.02	150m: 1:51.45 40.45	250m: 3:11.94 39.90	350m: 4:34.56 41.52	
	100m: 1:11.00 37.98	200m: 2:32.04 40.59	300m: 3:53.04 41.10	400m: 5:14.66 40.10	
5.	AWRUK Jan	10	Stowarzyszenie 3T Total Tri Training Białystok	5:49.64	
	50m: 38.59 38.59	150m: 2:05.54 44.70	250m: 3:37.28 45.81	350m: 5:07.65 44.78	
	100m: 1:20.84 42.25	200m: 2:51.47 45.93	300m: 4:22.87 45.59	400m: 5:49.64 41.99	
6.	SZULAK Hubert	09	"KS Michałowo"	6:08.44	
	50m: 40.10 40.10	150m: 2:12.84 47.10	250m: 3:49.76 48.73	350m: 5:30.00 40.00	
	100m: 1:25.74 45.64	200m: 3:01.03 48.19	300m: 4:38.33 48.57	400m: 6:08.44 36.00	
7.	MISIUK Gabriel	10	MKP Wodnik Bielsk Podlaski	6:27.46	
	50m: 41.82 41.82	150m: 2:19.94 49.62	250m: 4:00.76 49.83	350m: 5:40.53 50.87	
	100m: 1:30.32 48.50	200m: 3:10.93 50.99	300m: 4:49.66 48.90	400m: 6:27.46 46.93	
8.	ULJANOW Bartłomiej	11	MKP Wodnik Bielsk Podlaski	6:28.83	
	50m: 43.92 43.92	150m: 2:22.92 50.21	250m: 4:03.60 49.91	350m: 5:42.99 50.54	
	100m: 1:32.71 48.79	200m: 3:13.69 50.77	300m: 4:52.45 48.85	400m: 6:28.83 45.84	
9.	KONDRATOWICZ Szymon	11	"KS Michałowo"	6:30.94	
	50m: 40.41 40.41	150m: 2:19.32 50.68	250m: 4:01.65 51.25	350m: 5:41.38 50.10	
	100m: 1:28.64 48.23	200m: 3:10.40 51.08	300m: 4:51.28 49.63	400m: 6:30.94 49.56	
10.	RZEPNIEWSKI Wojciech	11	MKP Wodnik Bielsk Podlaski	6:38.02	
	50m: 40.47 40.47	150m: 2:17.55 50.15	250m: 3:59.53 52.70	350m: 5:45.38 53.18	
	100m: 1:27.40 46.93	200m: 3:06.83 49.28	300m: 4:52.20 52.67	400m: 6:38.02 52.64	
11.	IGNATOWICZ Bartosz	11	MKP Wodnik Bielsk Podlaski	6:50.23	
	50m: 44.51 44.51	150m: 2:22.95 50.59	250m: 4:10.70 53.65	350m: 5:57.44 53.13	
	100m: 1:32.36 47.85	200m: 3:17.05 54.10	300m: 5:04.31 53.61	400m: 6:50.23 52.79	
12.	PUCZKO Filip	10	MKP Wodnik Bielsk Podlaski	7:41.28	
	50m: 40.35 40.35	150m: 2:21.35 51.17	250m: 4:09.30 54.36	350m: 5:53.52 50.78	
	100m: 1:30.18 49.83	200m: 3:14.94 53.59	300m: 5:02.74 53.44	400m: 7:41.28 1:47.76	
	FIEDOROWICZ Filip	11	MKP Wodnik Bielsk Podlaski		